

Gauchos Win NCS

By KIT STIER
Tribune Sports Writer.

El Cerrito High captured the team title yesterday at the 58th North Coast Section Track and Field Championships at Cal State Hayward while Albany, which is located just blocks from the Gaucho campus, finished second.

The Gauchos rolled up 36 points and will send participants in seven individual events and two relay teams to next weekend's State Meet in Oroville.

Tony Lawson of Pittsburg blazed to a new North Coast record in the 440 with a 47.6, only two-tenths of a second off his own Eastbay best.

Lawson's win was also notable in that he beat El Cerrito's Dale Scott (48.0). Scott hadn't lost an individual event this season in either the 440 or the 880.

In one of the day's most exciting races, El Cerrito's 440 relay team narrowly clipped Albany. A perfect baton pass from Phil Walker to anchorman Mel Watson kept Albany's speedy Mike Shavers from winning in the final leg.

Chris Schneider tied the meet record with a 6-8 high jump, his best of the season.

In the half time, Scott won easily (1:53.7) and his teammate, Rich Sproul, came from behind in the last 100 yards to take second.

Canyon's Ron Luschar, who had a neck and neck battle with Ygnacio Valley's Joe Brennick, took the lead for good in the final turn and won the mile run in 4:18.0.

Remus Glaude of Berkeley pole vaulted 14-0 for his lifetime best.

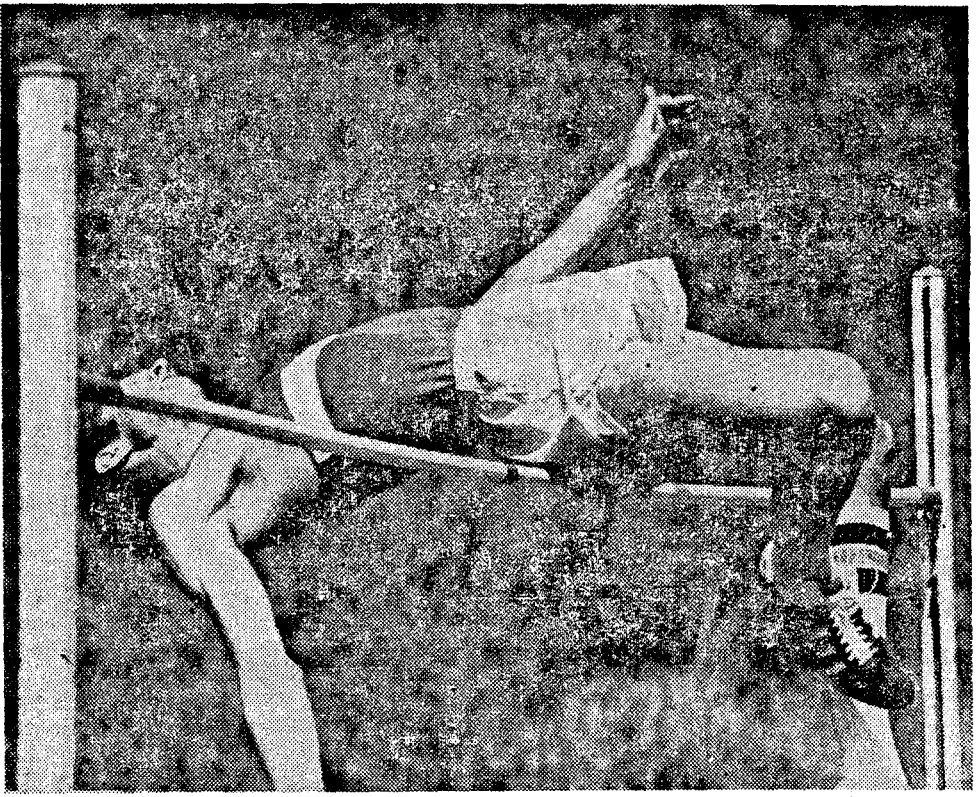
Washington's Bob Grubbs set a new meet record in the two-mile in 9:05.0.

NORTH COAST CHAMPIONSHIPS At Cal State Hayward

First four varsity place winners qualify for CIF State meet Friday at Oroville, but the triple jump will be excluded.

120 HH — 1. Dan Koko, Sunset, 14.5; 2. Lindsey Busby, Pittsburg, 14.5; 3. Derek Ligons, Mt. Eden, 14.6; 4. Jeff Barnes, Hayward, 14.8; 5. Clarence Rapides, Kennedy (Rich), 15.1.

440 Relay — 1. El Cerrito (Steve Willis, Willie Joe Wallace, Phil Walker,



Tribune photo by Lonnie Wilson

CHRIS SCHNEIDER'S 6-8 JUMP TIES NORTH COAST SECTION RECORD

Win by Canyon jumper puts him in next week's State meet at Oroville

42.2; 2. Albany, 42.3; 3. Pittsburg, 42.8; 4. Pinole Valley, 43.3; 5. Hogan, 43.4.

880 — 1. Dale Scott, El Cerrito, 1:53.7; 2. Rich Sproul, El Cerrito, 1:56.0; 3. Lyn Ryan, Irvington, 1:56.0; 4. Tom Prness, Amador, 1:56.2; 5. Mark Robinson, Pleasant Hill, 1:57.3.

Shot put — 1. Ralph Fruguglietti, Albany, 57.4; 2. Steve McGee, Redwood, 56.0; 3. Charles Jackson, Berkeley, 54.9; 4. D. Gonzaga, Pacific, 54.7; 5. Jim Glantz, Monte Vista, 53.6.

100 — 1. Mike Shavers, Albany, 9.6; 2. Dotsen Wilson, Albany, 9.8; 3. Dave Saylor, Washington, 9.9; 4. Mel Watson, El Cerrito, 10.0; 5. Paul Jackson, Kennedy (Rich), 10.1.

Mile — 1. Ron Luschar, Canyon, 4:18.0; 2. Joe Brennick, Ygnacio Valley, 4:19.9; 3. Brian King, Mt. Diablo, 4:24.4; 4. Barry Anderson, Arcata, 4:24.7; 5. James Hughes, Richmond, 4:26.7.

440 — 1. Tony Lawson, Pittsburg, 47.6 (meet record; old, 48.0, Joe DeDora, Santa Rosa, 1971); 2. Dale Scott, El Cerrito, 48.0; 3. Tom Callihan, Campolindo, 49.4; 4. Paul Demeduk, Mt. Eden, 49.7; 5. Sid Ennis, El Cerrito, 49.9.

180 LH — 1. Derek Ligons, Mt. Eden, 19.7; 2. Lindsey Busby, Pittsburg, 19.8; 3. Roland Young, Salesian, 19.9; 4. Dan Koko, Sunset, 20.1; 5. Jeff Barnes, Hayward, 20.3.

220 — 1. Mike Shavers, Albany, 21.4; 2. Dotsen Wilson, Albany, 21.7; 3. Dave Saylor, Washington, 21.8; 4. Mel Watson, El Cerrito, 22.0; 5. Paul Jackson, Kennedy-Richmond, 22.6.

Two-mile — 1. Bob Grubbs, Washington, 9:05.0 (meet record, old, 9:05.2, Ralph Gomez, Berkeley, 1968); 2. Tom Burrough, De Anza, 9:21.2; 3. Clark Bailey, El Cerrito, 9:21.8; 4. Don Curtis, Campolindo, 9:26.3; 5. Jon Moler, Redwood, 9:35.9.

High jump — 1. Chris Schneider, Canyon, 6-8 (ties meet record of, 6-8, by Ed

Miller, Pleasant Hill, 1971); 2. Richard Moore, Berkeley, 6-6; 3. Brian Shaw, Pittsburg, 6-6; 4. John Barnes, Berkeley, 6-4; 5. Gary Worth, Pleasant Hill, 6-4.

Discus — 1. Doug Otterstetter, Marina, 179-8; 2. Don Dyer, Newark, 171-1; 3. Jan Desoto, Santa Rosa, 165-4; 4. Mike Keener, Fortuna, 165-2 1/2; 5. Jeff Zander, Arroyo, 163-5/2.

Pole vault — 1. Remus Glaude, Berkeley, 14-0; 2. Bill Andrews, Castro Valley, 13-6; 3. Mark Mehr, Miramonte, 13-6; 4. Mike Martin, El Cerrito, 13-0; 5. Dan Williges, Acalanes, 13-0.

Long jump — 1. Mark Cleghorn, Berkeley, 22-10 3/4; 2. Regie Huey, Vallejo, 22-10; 3. Greg Hay, Concord, 22-10; 4. Steve Nicholas, Pacific, 22-4; 5. Pete Oliver, Del Valle, 22-3/4.

Mile relay — 1. El Cerrito (Sidney Ennis, Lonnie Washington, Richard Sproul, Dale Scott), 3:18.7; 2. Cardinal Newman, 3:21.9; 3. Vallejo, 3:22.2; 4. Campolindo, 3:22.2; 5. Mt. Diablo, 3:22.6.

Triple jump — 1. Greg Hay, Concord, 48-5 1/2 (meet record, new event); 2. Marcus Bryant, Berkeley, 46-2 3/4; 3. Roy Rueben, Albany, 45-7 3/4; 4. Adrian Smith, Hayward, 44-7 1/4; 5. Greg Ackerman, Cloverdale, 43-10 1/2.

Team Scores: El Cerrito 36; Albany 33; Berkeley 25; Pittsburg 20; Canyon and Washington 12; Mt. Eden 11; Concord 9; Sunset 8; Campolindo and Vallejo 7; Marina 6; Redwood and Hayward; 5 Cardinal Newman, Castro Valley, Newark, Pacific, deAnza, Mt. Diablo, Ygnacio Valley 4; Miramonte, Salesian, Irvington, Santa Rosa 3; Fortuna, Pinole Valley, Amador, Arcata, Pleasant Hill, Kennedy-Richmond 2; Del Valle, Cloverdale, Arroyo, Acalanes, Richmond, Monte Vista, Hogan, Petaluma 1.

Frost-Soph-B
70 HH—(Unofficial) Warner, Santa Rosa, 9.3; Elsen, Logan, 9.3; Pleyte, Washington, 9.4; Nave, Mission San

Jose, 9.4; tie: Johnson, Sonoma and Leach, Acalanes, 9.4.

440 Relay—Kennedy-Richmond (Dean Greene, Richard Gerry), 43.6; Logan, 43.7; Richmond, 44.0; San Ramon, 44.6; Eureka, 44.6.

880—Dolin, Las Lomas, 1:59.2; Bordi, Marina, 1:59.8; Balsamo, Kennedy-Fremont, 1:59.8; Thomas, Pacific, 1:59.8; Woods, Sonoma, 1:59.9.

100—Harris, Logan, 10.2; Johnson, Terra Linda, 10.3; Ashley, Hayward, 10.3; Poovey, Winship, 10.3; Graybehl, Las Lomas, 10.3.

Mile—Sisler, Petaluma, 4:28.5; Brauer, Redwood, 4:29.8; Wilkens, Amador, 4:30.6; Quiroga, Healdsburg, 4:33.3; McDowell, Pinole Valley, 4:33.4.

440—Williams, Richmond, 50.5; Hoyt, Piedmont, 50.8; Dolin, Las Lomas, 50.9; Martinez, Petaluma, 51.2; Johnson, Santa Rosa, 51.6.

180 LH—Adams, Tamalpais, 21; Gaines, Kennedy-Richmond, 21.1; Marton, Granada, 21.2; Warner, San Ramon, 21.3; Brown, Irvington, 21.4.

220—Graybehl, Las Lomas, 22.5 (meet record; old, 22.6, Mike Shavers, Albany, 1970); Harris, Logan, 22.8; Johnson, Terra Linda, 23.0; Gerry, Kennedy-Richmond, 23.1; Burt, Newark, 23.1.

Two-mile—Martinez, Alameda, 9:36.0; Nahirphy, Washington, 9:39.2; Reed, Mission San Jose, 9:41.1; Ureski, Richmond, 9:43.9; Kissin, San Ramon, 9:47.2.

Mile relay—Richmond (Weaver, Jackson, Moore, Williams), 3:25.8 (meet record; old, 3:27.5 El Cerrito-Shahroch, Sproul, Llovd, Peterson, 1968); Kennedy-Richmond, 3:26.7; Pacific, 3:28.8; El Cerrito, 3:29.0; Kennedy-Fremont, 3:29.2.

Team Scores: Washington and Richmond 25; Las Lomas 20; San Ramon and Logan 19; Redwood, 13; Kennedy-Richmond 12; Petaluma 8 1/2; Alameda 6 1/2; Del Valle 6; Amador, El Cerrito, Sunset 5.