

Blossom Relays Action Today ⁴⁻¹⁵

SAN JOSE — More than 70 high schools, including Woodside, San Carlos and Sequoia, are entered in today's Blossom Hill Track and Field Relays, annually one of the prep season's biggest events, at Leigh High here.

Action begins with 9 a.m. trials and continues throughout most of the afternoon. Finals begin at about 1 p.m. Competition will be on both varsity and frosh-soph levels.

Scot Track ⁴⁻¹⁷ Aces Dominate NorCal Meets

When Carlmont High's track team takes to the road, it doesn't like to waste the gas.

The Scots made fine use of their time and money Friday and Saturday in Northern California meets while collecting their usual quota of medals.

Junior Steve Miller and pole vaulter Paul Dempster had Carlmont's best performances in both the Sacramento Invitational Friday and the Shasta Invitational in Redding Saturday.

Miller, battling a severe headache and other ailments Friday, proved a pain for the rest of the Sacramento mile field with a first place 4:16.7 clocking, just one-tenth of a second off the school record he set in last week's Carlmont Relays.

Dempster was second in the pole vault at 14-0, only three inches short of his best. Chris Willett (13-6), Jack Lennen (13-6) and Jim Katches (13-0) finished three-four-seven.

Paul Brandow also took a Scot medal, flinging the shot put 56-4 for third place, three inches short of his top effort.

While the Sacramento field was top-notch, the four-team competition at Redding wasn't nearly as tough and the Scots cleaned up, taking most of the first place medals.

Miller (1:58.9) led an 880 sweep that included Bruce Sayre (personal best 1:59.0) and Bill Lator (2:01.5); Chuck Oliver won the two-mile in a strong 9:35.4 with Ed Barney third; and Russ Black and Carl Cattarin tied in the mile at 4:36.5.

Brandow won the shot (53-10 $\frac{1}{4}$), Paul Stolle the discus (144-5), Dempster the pole vault (14-0), Mik Mullins the

long jump (20-9 $\frac{1}{2}$) and Ervin Brown the high jump (6-0). Lennen took both sprints and ran on a victorious 440 relay team.

Dana Carvey (4:38.0 mile), Henry Templeman (10:31 two-mile), Larry Gullette (12-6 pole vault) and Mark Luce (2:04.4 half-mile) topped a winning Scot junior varsity contingent.

Local competitors at the Blossom Hill Relays at Leigh High in San Jose — San Carlos, Ravenswood, Woodside, Sequoia from the SPAL — weren't as fortunate.

Menlo School's Tim Griffith, though, provided the Acorns with some glory with a fine 45-3 $\frac{3}{4}$ triple jump for third place among competitors from more than 70 schools.

St. Francis' two-mile relay team, paced by sophomore Mike Kasser of Redwood City, claimed a victory in 8:04.5 and San Carlos was fifth in the mile relay at 3:29.0 for the only other local paces.

Following is the latest list of top SPAL track and field marks this season: