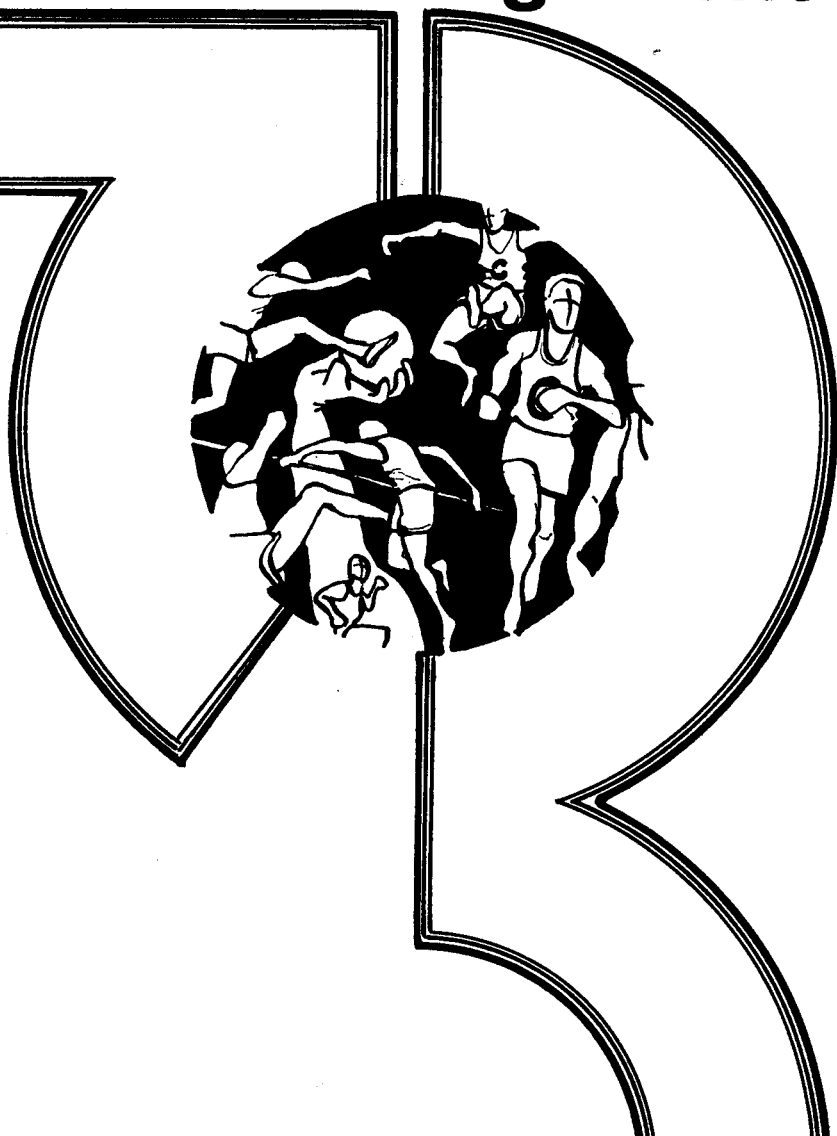




carlmont high school track.....

spring 1973



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CARLMONT HIGH SCHOOL

George P. Chaffey.....Superintendent, Sequoia Union High School District
 Dr. William Craig.....Principal, Carlmont High School
 Fred Mangini.....Dean of Boys, Carlmont High School, President SPAL Board
 Ron Sweet.....Director of Athletics
 Loren L. Lansberry.....Track Coach, Carlmont High School (home phone 591-0417)
 Dr. James Bradshaw.....Track Coach, Carlmont High School (home phone 851-1705)
 Bruce Usher.....Track Coach, Carlmont High School
 Dave Merta.....Track Coach, Carlmont High School
 Jerry Rose.....Track Coach, Carlmont High School
 School Address.....Alameda & San Carlos Avenue, Belmont, California 94002
 School Phone.....369-1411, Boys' Gym, extension 13
 Enrollment.....2,350
 Nickname.....SCOTS
 School Colors.....Blue and White
 League.....South Peninsula Athletic League
 Other Member Schools.....Cubberley, Gunn, Menlo Atherton, Palo Alto, Ravenswood,
 San Carlos, Sequoia, and Woodside. (Jordan, Terman, Wilbur)

-CARLMONT'S WON LOSS RECORD-

VARSITY DIVISION

<u>Practice Meets</u>			<u>League Meets</u>			<u>VARSITY RECORD</u>	
<u>Won</u>	<u>Loss</u>	<u>Tied</u>	<u>Won</u>	<u>Loss</u>	<u>Tied</u>		
1958	3	1	0	5	3	0	1. Total of 123 victories & 24 defeats
1959	* 2	1	0	6	0	0	2. Total of 97 SPAL victories & 14 defeats
1960	* 3	1	0	7	0	0	3. Twelve (12) Sequoia District Championships
1961	* 2	0	0	7	0	0	4. Ten (10) SPAL Championships
1962	* 2	0	0	7	0	0	5. Six (6) League Meet Championships (finals)
1963	* 1	0	0	7	0	0	6. One (1) Region Meet Championship (C.C.S.)
1964	* 2	0	0	7	0	0	
1965	* 1	1	0	8	0	0	
1966	* 1	1	0	7	0	1	
1967	2	1	0	7	1	0	
1968	* 0	2	0	8	0	0	
1969	1	1	0	4	3	1	
1970	2	0	0	3	5	0	
1971	1	1	0	6	2	0	
1972	* 3	0	0	8	0	0	
	<u>26</u>	<u>10</u>	<u>0</u>	<u>97</u>	<u>14</u>	<u>2</u>	

<u>B & JV DIVISION</u>		<u>Won</u>	<u>Loss</u>	<u>C-FROSH DIVISION</u>		<u>Won</u>	<u>Loss</u>	<u>Tied</u>
1958		6	6	1958		3	7	
1959		5	4	1959	*	7	2	
1960		6	4	1960		5	6	
1961	*	8	1	1961		5	4	
1962		6	3	1962	*	7	2	
1963		6	3	1963		2	7	
1964		5	4	1964		5	4	
1965		3	6	1965		3	6	
1966	*	8	2	1966	*	8	2	
1967		6	5	1967		5	6	
1968	*	9	0	1968	*	8	1	
1969		7	3	1969		8	2	
1970	(JV)	8	2	1970	(Frosh)	7	2	
1971		9	1	1971	*	10	0	
1972	*	<u>11</u>	<u>1</u>	1972	*	<u>8</u>	<u>1</u>	<u>1</u>
		<u>103</u>	<u>44</u>			<u>93</u>	<u>51</u>	<u>1</u>

*League Championship

CARLMONT HIGH SCHOOL TRACK AND FIELD RECORDS

VARSITY DIVISION

120 Yd High Hurdles	Gary Gaskill	:14.3	5/13/61	Fresno Relays
880 Yd Run	Tom Wake	1:56.1	5/14/66	SPAL Finals
100 Yd Dash	Andy Sears	:09.8	5/ 3/63	Sequoia Dist. Meet
440 Yd Run	Roger Royal	:49.2	5/22/65	NCS Division II
Two Mile Run	Chris Carey	9:12.2	12/16/67	Indoor Qualifying
Two Mile Run (Indoor)	Chris Carey	9:28.4	1/ 4/69	All American Games
180 Yd Low Hurdles	Gary Gaskill	:18.9	5/21/61	Sequoia Dist. Meet
220 Yd Dash	Andy Sears	:21.7	3/30/63	Palo Alto
	Jerry Rose	:21.7	4/ 1/62	Ravenswood
220 Yd Dash (turn)	Andy Sears	:22.0	4/21/64	Palo Alto
One Mile Run	Steve Miller	4:10.7	6/ 3/72	State Meet
Three Mile Run	Carl Cattarin	14:15.0	12/ 2/72	San Jose State
330 Intermediate Hurdles	Rich Nominni	:40.5	4/13/69	Palo Alto Jubilee
One Mile Steeplechase	Bill Bradfield	5:05.9	5/24/65	El Cerrito Relays
High Jump	Todd Gaskill	6' 5 1/4"	4/18/59	Davis Picnic Relays
Long Jump	Gary Gaskill	22' 10 3/4"	3/29/61	Palo Alto Relays
Triple Jump	Mike Hall	47' 5"	5/14/71	SPAL
Shotput	Jim Penrose	59' 10 3/4"	5/ 3/68	Sequoia Dist. Meet
Discus	Jim Penrose	193' 1/2"	6/15/68	Golden West
				Invitational
Collegiate Discus	Jim Penrose	156' 4"	5/11/68	Carlmont
Pole Vault	Paul Dempster	14' 6 3/4"	4/27/72	Sequoia Dist. Meet
440 Yd Relay.	Gary Olivieri, Jules Rovere	:43.2	4/11/63	Carlmont Invitational
	John Cornelius, Andy Sears			
880 Yd Relay.	Ron Landini, Bob Sawyer	1:29.0	5/27/61	NCS Finals
	Craig Dulis, Gary Gaskill			
One Mile Relay.	Ron Landini, Barry Sheldon	3:23.2	6/ 4/60	California State Meet
	Jim Day, Tod Ragsdale			
Two Mile Relay.	Hans Templeman, Bill Helbush	8:07.2	3/27/61	Carlmont Invitational
	Larry Regaldo, Roark Mulligan			
Four Mile Relay	Steve Miller, Carl Cattarin	17:47.8	4/ 8/72	Carlmont Invitational
	Chuck Oliver, Ed Barney			
Eight Mile Relay.	Steve Miller, Russ Black	39:53.0	4/11/70	Carlmont Invitational
	Ralph Furnari, Carl Cattarin			
Ten Mile (2 man) Relay. .	Martin & Mike McCann	44:09.7	12/10/64	Carlmont Invitational
Sprint Medley	Jim McNeil, Roy Horn	2:36.7	6/ 4/65	Hollister
(110-220-330-660)	Roger Royal, Ken Nichols			
Distance Medley	Mark Roberts, Roger Royal	7:42.5	6/ 4/65	Hollister
(220-440-880-Mile)	John Mills, Martin McCann			
Distance Medley	Mike Hall, Roark Mulligan	10:21.4	4/24/65	El Cerrito Relays
(440-880-1320-Mile)	Steve Miller, Hans Templeman			
280 Yd H.H. Shuttles. . .	Gary Gaskill, Jim Goerke	:36.4	4/15/61	El Cerrito Relays
	Bob Sawyer, Al Rockwell			
480 Yd H.H. Shuttles. . .	Gordon Crowell, Madsen	1:04.1	4/16/66	Carlmont Invitational
	Doug Rolly, Davis			
480 Yd L.H. Shuttles. . .	Gary Gaskill, Jim Goerke	:55.1	4/15/61	El Cerrito Relays
	Bob Sawyer, Al Rockwell			
720 Yd L.H. Shuttles. . .	Gordon Crowell, Davis	1:24.2	4/16/66	Carlmont Invitational
	Mark Roberts, Doug Rolly			
High Jump Relay	Mike Hall, Wayne Mott	23' 2"	4/11/70	Carlmont Invitational
	Jerry Griffin, Gary Norris			
Long Jump Relay	Jerry Griffin, Gary Norris	75' 6"	4/11/70	Carlmont Invitational
	Dave Kato, Mike Mullins			
Triple Jump Relays. . . .	Kent Allen, Steve Agni	156' 7 1/4"	3/27/71	Carlmont Invitational
	Rich McClay, Mike Hall			

CARLMONT HIGH SCHOOL TRACK AND FIELD RECORDS (continued)

Shotput Relays.	Jim Penrose, Jim Stolle	191' 5"	3/30/68	Carlmont Invitational
	Bill Duplissea, Jim Cullen			
Discus Relay.	Jim Penrose, Dan Bell	574' 11½"	3/30/68	Carlmont Invitational
	Ralph Althouse, Jim Stolle			
Pole Vault Relay.	Jim Katches, Chris Willett	55' 9"	5/20/72	Region II
	Paul Dempster, Jack Lennen			

JUNIOR VARSITY DIVISION

120 Yd High Hurdles	Bob Sawyer	:14.6	1961	State Meet
880 Yd Run	Jack Sandin	1:56.4	1962	Region II
100 Yd Dash	Andy Sears	:09.8	1963	District Meet
440 Yd Run	Tod Ragsdale	:50.4	1959	League Meet
Two Mile	Chris Carey	9:12.2	1967	Postal
180 Yd Low Hurdles	Bob Sawyer	:19.7	1961	Carlmont vs Cubberley
220 Yd Dash	Andy Sears	:22.4	1963	District Meet
One Mile Run	Steve Miller	4:18.0	1971	CCS Finals
High Jump	Steve Agni	6' 2"	1971	SPAL Finals
Long Jump	Bob Washmundt	22' 6 3/4"	5/26/62	NCS Finals
Triple Jump	Mike Hall	46'	1970	Carlmont vs Menlo-Ath.
Shotput	Jim Penrose	55' 5½"	1967	Section Meet
Discus	Jim Penrose	178'	1967	State Meet
Pole Vault	Jack Lennen	14' 1"	1972	Menlo-Atherton
440 Yd Relay	Jules Rovere, Gary Olivieri	:43.2	4/11/63	Carlmont Invitational
	Andy Sears			
880 Yd Relay	Gary Olivieri, Roger Royal	1:33.8	5/20/63	El Cerrito Relays
	Roy Horn, John Cornelius			
One Mile Relay	Ricky Day, Mark Luce	3:35.9	5/21/71	Region II
	Bruce Sayre, Vence Ketchens			
Distance Medley Relay	Jim Dixon, Ron Hegarty	5:46.3	4/15/61	El Cerrito Relays
(220-330-660-1320)	Doug Merritt, Fred Atkinson			
Sprint Relay	Jim Churchill, Jim Day	2:43.6	4/10/63	El Cerrito Relays
(110-220-330-660)	Barry Sheldon, Ron Hegarty			
1-1½ Mile Relay	Ken Nichols, John Mills	6:02.1	4/20/63	El Cerrito Relays
	Steve Fong, Don Frost			
Distance Medley Relay	Ken Dodge, Scott Carvey	10:31.8	4/25/70	El Cerrito Relays
	Steve Miller, Hans Templeman			
280 Yd H.H. Shuttles	Ron Tredway, Don Trekell	:41.6	4/15/61	El Cerrito Relays
	Stan Stone, Lynn Arneson			
480 Yd H.H. Shuttles	Ron Tredway, Don Trekell	1:00.6	4/15/61	El Cerrito Relays
	Stan Stone, Lynn Arneson			
480 Yd L.H.	Anderson, Seales	71.6	4/11/70	Carlmont Invitational
	Eich, Proctor			
2 Mile Relay	Mulligan, Helbush	8:29.4	4/11/70	Carlmont Invitational
	Freeman, Sylvester			
720 Yd L.H.	Anderson, Ahlert,	1:34.1	4/11/70	Carlmont Invitational
	Eich, Paul Hall			
4 Mile Relay	Templeman, Thomas	18:19.0	4/11/70	Carlmont Invitational
	Regalado, Carvey			
Pole Vault	Paul Dempster, Jack Lennen	50' 6"	3/27/71	Carlmont Invitational
	Chris Willett, Jim Katches			

CARLMONT HIGH SCHOOL TRACK AND FIELD RECORDS (continued)

FROSH DIVISION

70 Yd High Hurdles	Gordan Urry	:10.3	1970	S.P.A.L. Trials
880 Yd Run	Steve Miller	2:04.2	1970	Carlmont vs Cubberley
100 Yd Dash	Bob Stevens	:10.3	1957	Carlmont vs Burlingame
440 Yd Run	Pete Miele, Bill Donohue	:53.7	1966	Carlmont vs Woodside
			1972	District Meet
Two Mile Run	Steve Miller	9:39.9	1970	Carlmont vs Aragon
180 Yd Low Hurdles	Gary Gaskill	:21.5	1958	Carlmont vs Sequoia
220 Yd Dash	Ron Dodgen	:23.7	1970	Carlmont vs Sequoia
One Mile Run	Steve Miller	4:23.9	1970	Sectional
High Jump	Larry Wright	6'	1972	SPAL
Long Jump	Mike Mullins	19' 8 1/2"	1970	Carlmont vs M.A.
Triple Jump	Aaron Brisbane	41' 2"	1972	
Shotput	Tim Kobayashi	44' 4 1/2"	1972	Carlmont vs M.A.
Discus	Joe Calloway	128' 11"	1971	Carlmont vs Palo Alto
Pole Vault	Jack Lennen	12' 3"	1970	Hollister
440 Yd Relay	Mike Citara, Aaron Brisbane, Kurt Allen, Jack Miller	:45.7	1972	SPAL
One Mile Relay	Vence Ketchens, Joe Castagno, Mark Luce, Bob Daniels	3:46.5	1971	Sequoia District

CARLMONT AND NOVA DUAL TRACK AND FIELD RECORDS

FROSH DIVISION

440 Yd Relay	BRECKENRIDGE, CARLSON	CARLMONT	:47.7	1971
	OLIVE, DANIELS			
70 Yd High Hurdles	Osborne	Nova	:09.6	1972
880 Yd Run	Jensen	Nova	2:10.3	1971
100 Yd Dash	RON DODGEN	CARLMONT	:10.6	1970
440 Yd Run	STEVE MILLER	CARLMONT	:54.4	1970
One & 1/2 Mile Run	STEVE MILLER	CARLMONT	7:37.0	1970
120 Yd Low Hurdles	Osborne	Nova	:14.5	1972
220 Yd Dash	RON DODGEN	CARLMONT	:23.7	1970
1320 Yd Run	DANA CARVEY	CARLMONT	3:34.5	1970
High Jump	BOB BROWN	CARLMONT	5' 4"	1972
Long Jump	Hoen	Nova	18' 6"	1970
Shotput	Bortelleto	Nova	49' 3"	1972
Discus	Webb	Nova	117' 5"	1971
Pole Vault	LARRY GUILLETTE	CARLMONT	11' 1"	1971
One Mile Relay	Frieble, Haskins, Jensen, Long	Nova	3:49.4	1971

1970	CARLMONT	60	Nova	62	1971	CARLMONT	57	Nova	70 (disputed)
1972	CARLMONT	58	Nova	58	1973				

CARLMONT HIGH SCHOOL FIELD RECORDS

VARSITY DIVISION

440 Yd Relay	El Cerrito	:42.4	CARLMONT INVITATIONAL	1971
120 Yd High Hurdles	GARY GASKILL	:14.5	CARLMONT vs S.J.S. Frosh	1961
880 Yd Run	TOM WAKE	1:56.6	CARLMONT vs Palo Alto	1966
100 Yd Dash	ANDY SEARS	:09.8	CARLMONT vs Palo Alto	1964
440 Yd Run	Darryl White	:50.3	CARLMONT vs Sequoia	1968
Two Mile Run	Mike Ryan (Wilcox)	8:59.0	Postal Meet	1964
180 Yd Low Hurdles	BOB SAWYER	:19.7	CARLMONT vs Cubberley	1961
220 Yd Dash	JERRY ROSE	:21.7	CARLMONT vs Menlo Atherton	1962
220 Yd Dash (turn)	ANDY SEARS	:22.0	CARLMONT vs Palo Alto	1964
One Mile Run	STEVE MILLER	4:18.7	CARLMONT vs San Mateo	1972
High Jump	John Radetich (San Carlos)	6' 8"	CARLMONT INVITATIONAL	1966
Long Jump	Elonzo Emery (San Mateo)	23' 2"	CARLMONT INVITATIONAL	1969
Triple Jump	Steve Arkley (Los Altos)	46' 6½"	CARLMONT INVITATIONAL	1969
Shotput	Chris Adams (Los Altos)	61' 9¾"	CARLMONT INVITATIONAL	1970
Discus	Scott Overton (Los Altos)	197' 3"	CARLMONT INVITATIONAL	1972
Pole Vault	PAUL DEMPSTER	14' 6 3/4"	CARLMONT vs Sequoia	1972
One Mile Relay	Los Altos	3:18.2	CARLMONT INVITATIONAL	1970

JUNIOR VARSITY & B DIVISION

440 Yd Relay	Cubberley	:45.8	CARLMONT vs Cubberley	1963
120 Yd High Hurdles	Dilg	:15.9	CARLMONT vs San Carlos	1971
880 Yd Run	STEVE MILLER	2:00.0	CARLMONT vs San Carlos	1971
100 Yd Dash	GREG FOBBS	:10.5	CARLMONT vs San Carlos	1971
440 Yd Run	Bruce Veal	51.1	CARLMONT vs San Carlos	1971
Two Mile Run	CHRIS CAREY	9:41.0	CARLMONT vs Westmoor	1967
	CHUCK OLIVER	9:41.0	CARLMONT vs San Carlos	1971
180 Yd Low Hurdles	Dilg	:20.8	CARLMONT vs San Carlos	1971
220 Yd Dash	GREG FOBBS	:23.0	CARLMONT vs Gunn	1971
One Mile Run	CHRIS CAREY	4:27.5	CARLMONT vs San Mateo	1967
High Jump	Bob Timmons	5' 11"	CARLMONT vs Menlo Atherton	1961
Long Jump	KERRY JONES	21' 4"	CARLMONT vs Woodside	1972
Triple Jump	STEVE AGNI	41' 9"	CARLMONT vs Gunn	1971
Shotput	PAUL BRANDOW	48' ½"	CARLMONT vs San Carlos	1971
Discus	PAUL STOLLE	145' 5½"	CARLMONT vs Ravenswood	1971
Pole Vault	JACK LENNEN	14' 1"	CARLMONT vs Menlo Atherton	1972
One Mile Relay	STEVE STRADLEY, SONNET STERN, BRAD CARVEY, LEX FLETCHER	3:40.9	CARLMONT vs Menlo Atherton	1968

FROSH DIVISION

440 Yd Relay	MIKE MULLINS, JACK LENNEN, HOWARD AVILA, RON DODGEN	:46.6	CARLMONT vs Sequoia	1970
70 Yd High Hurdles	Murphy	:10.0	CARLMONT vs Sequoia	1970
880 Yd Run	C. Taylor	2:06.6	CARLMONT vs Woodside	1972
100 Yd Dash	RON DODGEN	:10.6	CARLMONT vs Menlo Atherton	1970
440 Yd Run	Don Robinson	:54.2	CARLMONT vs Menlo Atherton	1971
Two Mile Run	STEVE MILLER	9:43.0	CARLMONT vs Woodside	1970
180 Yd Low Hurdles	Easley	:22.9	CARLMONT vs Woodside	1970
220 Yd Dash	Don Robinson	:24.3	CARLMONT vs Menlo Atherton	1972
One Mile Run	STEVE MILLER	4:28.8	CARLMONT vs Sequoia	1970
High Jump	LARRY WRIGHT	6'	CARLMONT vs Woodside	1972
Long Jump	AARON BRISBANE	19' 5"	CARLMONT vs Palo Alto	1970
Triple Jump	AARON BRISBANE	39' 11"	CARLMONT vs Wilbur	1972
Shotput	Ezell	46' 10 3/4"	CARLMONT vs Woodside	1972
Discus	Stein	128' 9"	CARLMONT vs Terman	1971
Pole Vault	LARRY GULLETTE	11' 6"	CARLMONT vs Ravenswood	1971
One Mile Relay	Woodside	3:49.0	CARLMONT vs Woodside	1972

CARLMONT HONOR ROLL * ALL - TIME

440 Yd Relay

1. Gary Olivieri, Jules Rovere, John Cornelius, Andy Sears	:43.2	1963
2. Jim Penrose, Jim Miller, Dan Bell, Rudy Jackson	:44.2	1968
3. Mike Mullins, Howard Avila, Jack Lennen, Greg Fobbs	:44.4	1972
4. Howard Avila, Bob Weaving, Jack Lennen, Greg Fobbs	:44.4	1972
5. Lee Baker, Gary Norris, Steve Schmidt, Ron Dodgen	:44.4	1970

120 High Hurdles

1. Gary Gaskill	:14.3	1961
2. Jim Miller	:14.5	1968
3. Bob Sawyer	:14.6	1961
4. Al Rockwell	:14.7	1962
5. Ron Valentine	:14.8	1958

880 Yd Run

1. Tom Wake	1:56.1	1966
2. Jack Sandin	1:56.3	1964
3. Steve Miller	1:57.4	1972
4. Roark Mulligan	1:57.4	1971
5. Hans Templeman	1:57.5	1970
Ken Nichols	1:57.5	1965

100 Yd Dash

1. Andy Sears	:09.8	1963
2. Greg Fobbs	:10.0	1972
3. Jules Rovere	:10.0	1963
4. Jerry Rose	:10.0	1962
5. Ron Landini	:10.0	1960
Robert Stevens	:10.0	1958

440 Yd Run

1. Roger Royal	:49.2	1965
2. Todd Ragsdale	:49.7	1960
3. Barry Sheldon	:50.3	1960
4. Jim Day	:50.4	1960
5. Jim Dixon	:50.6	1963

Two Mile

1. Chris Carey	9:12.2	1967
2. Hans Templeman	9:14.0	1971
3. Steve Miller	9:14.4	1972
4. Carl Cattarin	9:14.4	1972
5. Mike McCann	9:18.1	1964

180 Yd Low Hurdles

1. Gary Gaskill	:18.9	1961
2. Ron Valentine	:19.6	1956
3. Bob Sawyer	:19.7	1961
4. Jim Miller	:19.8	1968
5. Gordon Crowell	:19.8	1966

One Mile Relay

1. Ron Landini, Barry Sheldon, Jim Day, Todd Ragsdale	3:23.2	1960
2. Roger Royal, Ron Merz, Roy Horn, Bill Darling	3:27.2	1965
3. Hans Templeman, Bill Helbush, Mike Hall, Roark Mulligan	3:28.6	1971
4. Jim Grimand, Bill Darling, Roy Horn, Roger Royal	3:29.4	1964
5. Chris Carey, Dan Woods, Mark Allen, Leg Baker	3:29.7	1969

220 Yd Dash

1. Andy Sears	:22.0	1964
2. Lee Baker	:22.3	1970
3. Roger Royal	:22.6	1965
4. Jerry Rose	:22.6	1962
5. Greg Fobbs	:23.0	1971
Gary Olivieri	:23.0	1964

One Mile Run

1. Steve Miller	4:10.7	1972
2. Chris Carey	4:17.2	1969
3. Mike McCann	4:18.0	1964
4. Dave Kamrar	4:18.5	1961
5. Charles Oliver	4:20.5	1972

High Jump

1. Todd Gaskill	6' 5 1/2"	1959
2. Ervin Brown	6' 4"	1972
3. Steve Agni	6' 2 1/2"	1971
4. Jerry Griffin	6' 2 1/2"	1970
5. Stan Stone	6' 2 1/2"	1964

Long Jump

1. Gary Gaskill	22' 10 3/4"	1961
2. Bob Wasmundt	22' 6 3/4"	1962
3. Mike Hall	22' 3 1/2"	1971
4. Ervin Brown	22' 1 1/4"	1972
5. Gordon Crowell	21' 9"	1966

Triple Jump

1. Mike Hall	47' 5"	1971
2. Steve Agni	43' 4"	1972
3. Rich Butler	42' 10 1/4"	1972
4. Rich McClay	41' 10 1/2"	1971
5. Kent Allen	41' 6"	1971

Shotput

1. Jim Penrose	59' 10 3/4"	1968
2. Paul Brandow	57' 4"	1972
3. Chris Jessen	55' 11 1/2"	1959
4. Jim Stolle	52' 10"	1968
5. Ron Miller	52' 3"	1961

Discus

1. Jim Penrose	193' 0 1/2"	1968
2. Tom Grimm	169' 3 1/2"	1964
3. Ron Miller	167' 7"	1961
4. Jim Stolle	167' 6"	1968
5. Dave Galbraith	162' 7 3/4"	1964

Pole Vault

1. Paul Dempster	14' 6 3/4"	1972
2. Dennis Phillips	14' 6"	1964
3. Eric Reich	14' 4 1/2"	1969
4. Tom White	14' 1 1/2"	1965
5. Jack Lennen	14' 1"	1972

CARLMONT HONOR ROLL * SENIORS

440 Yd Relay

1. Mullins (J), Avila (J), Lennen (J), Fobbs	:44.4	1972
2. Mullins (J), Avila (J), Weaving (J), Fobbs	:44.4	1972
3. Baker, Norris, Dodgen, Schmidt	:44.4	1970
4. Penrose, Miller, Jecklin, Bell	:44.8	1968
5. Sears, Roberts, Cornelius, Horn	:45.0	1964

120 Yd High Hurdles

1. Gary Gaskill	:14.3	1961
2. Jim Miller	:14.5	1968
3. Al Rockwell	:14.7	1962
4. Ron Valentine	:14.8	1958
5. Ervin Brown	:14.9	1972

880 Yd Run

1. Tom Wake	1:56.1	1966
2. Jack Sandin	1:56.3	1964
3. Ken Nichols	1:57.3	1965
4. Roark Mulligan	1:57.4	1971
5. Hans Templeman	1:57.5	1971

100 Yd Dash

1. Andy Sears	:09.8	1964
2. Greg Fobbs	:10.0	1972
3. Jerry Rose	:10.0	1962
4. Ron Landini	:10.0	1960
5. Bob Stevens	:10.0	1958

440 Yd Run

1. Roger Royal	:49.2	1965
2. Todd Ragsdale	:49.7	1960
3. Barry Sheldon	:50.4	1960
4. Jim Day	:50.4	1960
5. Jim Dixon	:50.6	1963

Two Mile Run

1. Chris Carey	9:12.6	1967
2. Hans Templeman	9:14.0	1971
3. Carl Cattarin	9:14.4	1972
4. Mike McCann	9:18.1	1964
5. Russ Black	9:20.7	1971

180 Yd Low Hurdles

1. Gary Gaskill	:18.9	1961
2. Ron Valentine	:19.6	1956
3. Jim Miller	:19.8	1968
4. Gordon Crowell	:19.8	1966
5. Doug Rolly	:20.2	1966

220 Yd Dash

1. Andy Sears	:22.0	1964
2. Lee Baker	:22.3	1970
3. Roger Royal	:22.6	1965
4. Jerry Rose	:22.6	1962
5. Gary Olivieri	:23.0	1964

One Mile

1. Chris Carey	4:17.2	1969
2. Mike McCann	4:18.5	1964
3. Dave Kamrar	4:20.4	1961
4. Charles Oliver	4:20.5	1972
5. Hans Templeman	4:20.6	1971

High Jump

1. Todd Gaskill	6' 5 1/2"	1959
2. Ervin Brown	6' 4"	1972
3. Stan Stone	6' 2 1/2"	1964
4. Jerry Griffin	6' 2 1/2"	1970
5. Robert Divirid	6' 1"	1963

Long Jump

1. Gary Gaskill	22' 10 3/4"	1961
2. Mike Hall	22' 3 1/2"	1971
3. Ervin Brown	22' 1 1/4"	1972
4. Gordon Crowell	21' 9"	1966
5. Fred Atkinson	21' 6 3/4"	1962

Triple Jump

1. Mike Hall	47' 5"	1971
2. Steve Agni	43' 4"	1972
3. Kent Allen	41' 6"	1971
4. Rich McClay	41' 4"	1972
5. Dan Bell	41' 1/4"	1968

Shotput

1. Jim Penrose	59' 10 3/4"	1968
2. Paul Brandow	57' 4"	1972
3. Chris Jessen	55' 11 1/2"	1959
4. Jim Stolle	52' 10"	1968
5. Ron Miller	52' 3"	1961

Discus

1. Jim Penrose	193' 1/2"	1968
2. Tom Grimm	169' 3 1/2"	1964
3. Ron Miller	167' 7"	1961
4. Jim Stolle	167' 6"	1968
5. Dave Galbraith	162' 7 3/4"	1964

Pole Vault

1. Paul Dempster	14' 6 3/4"	1972
2. Dennis Phillips	14' 6"	1964
3. Eric Reich	14' 4 1/2"	1969
4. Tom White	14' 1 1/2"	1965
5. Jim Ketches	14' 0"	1972
Chris Willett	14' 0"	1972

One Mile Relay

1. Barry Sheldon, Ron Landini, Jim Day, Todd Ragsdale	3:23.2	1960
2. Roger Royal, Ron May, Roy Horn, Bill Darling	3:27.2	1965
3. Hans Templeman, Bill Helbush, Mike Hall, Roark Mulligan	3:28.6	1971
4. Chris Carey, Dan Woods, Mark Allen, Lee Baker	3:29.7	1969

CARLMONT HONOR ROLL * JUNIORS

440 Yd Relay

1. Olivieri, Rovere, Cornelius, Sears	:43.2	1963
2. Campbell, Stern, Lindsay, Stradley	:45.9	1970
3. Jones, Visintin, Elder, H. Butler	:46.0	1972
4. Avila, Eich, H. Butler, Lowe	:46.2	1971

120 Yd High Hurdles

1. Bob Sawyer	:14.5	1961
2. Gary Gaskill	:15.0	1960
3. Doug Rolly	:15.3	1966
4. Al Rockwell	:15.5	1961
5. Stan Stone	:15.6	1963

100 Yd Dash

1. Andy Sears		
2. Jules Rovere	:10.0	1963
3. Bob Stevens	:10.0	1958
4. Greg Fobbs	:10.1	1971
5. Jack Lennen	:10.3	1972
Bob Weaving	:10.3	1972
Howard Avila	:10.3	1972

440 Yd Run

1. Todd Ragsdale	:50.4	1959
2. Roger Royal	:51.4	1964
3. Jack Sandin	:51.9	1963
4. Bruce Sayre	:52.3	1972
5. Jim Dixon	:52.3	1960

880 Yd Run

1. Steve Miller	1:57.4	1972
2. Jack Sandin	1:57.4	1963
3. Tom Wake	1:57.8	1965
4. Hans Templeman	1:58.3	1970
5. Bruce Sayre	1:59.0	1972

Two Mile Run

1. Chris Carey	9:12.2	1967
2. Steve Miller	9:14.4	1972
3. Carl Cattarin	9:20.1	1972
4. Mike McCann	9:28.6	1963
5. Hans Templeman	9:30.3	1970

180 Yd Low Hurdles

1. Bob Sawyer	:19.7	1961
2. Gary Gaskill	:19.9	1960
3. Jim Miller	:19.9	1967
4. Doug Rolly	:20.1	1966
5. Gordon Crowell	:20.5	1965

220 Yd Dash

1. Andy Sears	:22.4	1963
2. Greg Fobbs	:23.0	1971
3. Gordon Campbell	:23.3	1969
4. Chris Crowell	:23.3	1967
5. Jack Lennen	:23.5	1972

One Mile Run

1. Steve Miller	4:10.7	1972
2. Chris Carey	4:23.7	1968
3. Mike McCann	4:23.8	1964
4. Martin McCann	4:23.8	1964
5. Hans Templeman	4:24.5	1970

High Jump

1. Steve Agni	6' 2 1/2"	1971
2. Mike Hall	6' 3/4"	1970
3. Bob Divirid	6' 0"	1962
4. Stan Stone	5' 11"	1963
5. Bob Black	5' 10"	1971
Jerry Griffin	5' 10"	1969
Jim Bettinger	5' 10"	1969
Joe Wynne	5' 10"	1960

Long Jump

1. Kerry Jones	21' 4"	1972
2. Bob Weaving	21' 1/2"	1972
3. Mike Mullins	20' 11"	1972
4. Ervin Brown	20' 6 1/2"	1971
5. Fred Atkinson	20' 5"	1961

Triple Jump

1. Mike Hall	46' 0"	1970
2. Rich McClay	41' 10 1/2"	1971
3. Steve Agni	41' 9"	1971
4. Kerry Jones	40' 11"	1972
5. Bob Weaving	40' 3"	1972

Shotput

1. Jim Penrose	55' 5 1/2"	1967
2. Dave Galbraith	51' 3"	1963
3. Chris Jessen	50' 4 1/2"	1958
4. Paul Brandow	49' 9 1/2"	1971
5. Jim Wright	48' 10"	1958

Discus

1. Jim Penrose	178' 0"	1967
2. Dave Galbraith	159' 6 1/2"	1963
3. Jim Stolle	152' 2"	1967
4. Tom Grimm	150' 6 3/4"	1963
5. Paul Stolle	145' 5 1/2"	1971

Pole Vault

1. Jack Lennen	14' 1"	1972
2. Paul Dempster	14' 0"	1971
3. Eric Reich	13' 8 1/4"	1966
4. Chris Willett	13' 6 1/2"	1971
5. Tom White	13' 2 1/4"	1964

CARLMONT HONOR ROLL * SOPHOMORES

440 Yd Relay

1. Jack Lennen, Howard Avila, Ron Dodgen, Mike Mullins	:45.7	1970
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120 Yd High Hurdles

1. Stan Stone	:15.6	1962
2. Gary Gaskill	:15.9	1959
3. Eric Carlson	:16.1	1972
4. Darryl Ewing	:17.0	1972
5. Rod Anderson	:17.1	1970

880 Yd Run

1. Jack Sandin	1:56.4	1962
2. Bruce Sayre	2:00.7	1971
3. Steve Miller	2:01.5	1971
4. Mark Luce	2:01.7	1972
5. Tom Wake	2:03.1	1964

100 Yd Dash

1. John Cornelius	:10.3	1964
2. Jules Rovere	:10.4	1963
3. Andy Sears	:10.4	1960
4. Gordon Campbell	:10.5	1968
5. Mike Norris	:10.6	1970

440 Yd Dash

1. Vence Ketchens	:52.1	1972
2. Jim Dixon	:52.2	1961
3. Roger Royal	:53.0	1963
4. Jack Sandin	:53.2	1962
5. Todd Ragsdale	:53.3	1958

Two Mile Run

1. Steve Miller	9:18.2	1970
2. Chris Carey	9:29.9	1967
3. Carl Cattarin	9:42.2	1971
4. Hans Templeman	9:44.5	1969
5. Bill Lator	9:50.2	1971

180 Yd Low Hurdles

1. Gary Gaskill	:20.9	1962
2. Doug Rolly	:21.1	1965
3. Eric Carlson	:21.4	1972
4. Rod Anderson	:21.4	1970
5. Stan Stone	:21.9	1962

220 Yd Dash

1. Vence Ketchens	:23.4	1972
2. Roger Royal	:23.8	1963
3. Gordon Campbell	:23.9	1968
4. Gary Cronin	:24.1	1970
5. Chris Crowell	:24.5	1970

One Mile Run

1. Steve Miller	4:18.0	1971
2. Mike McCann	4:26.1	1963
3. Chris Carey	4:27.5	1967
4. Grant Long	4:35.6	1961
5. Carl Cattarin	4:36.0	1971
Hans Templeman	4:36.0	1968

High Jump

1. Todd Gaskill	6' 0 1/2"	1957
2. Mike Hall	5' 10"	1970
3. Rich Butler	5' 8"	1972
4. Tom Mills	5' 8"	1967
5. Joe Wynne	5' 6"	1959

Long Jump

1. Bob Wesmundt	22' 6 3/4"	1962
2. Bob Weaving	20' 11 3/4"	1971
3. Kerry Jones	20' 6 1/2"	1971
4. Mike Norris	20' 4"	1970
5. Dave Kato	19' 9"	1970

Triple Jump

1. Rich Butler	42' 10 1/4"	1972
2. Harvey Butler	41' 2"	1971
3. Mike Hall	40' 8 1/2"	1969
4. Scott Hazelton	39' 6"	1972
5. Mike Norris	39' 3"	1970

Shotput

1. Chris Jessen	48' 2"	1957
2. Bob Hoey	45' 10 3/4"	1972
3. Joe Callaway	44' 11 1/2"	1972
4. Steve Lee	44' 8"	1971
5. Jim Penrose	41' 6"	1966

Discus

1. Dave Galbraith	153' 6"	1962
2. Dan Bell	139' 6"	1966
3. Henry Barents	136' 3"	1963
4. Jim Penrose	134' 5"	1966
5. Mike Weber	134' 2 1/2"	1972

Pole Vault

1. Jack Lennen	13' 7"	1971
2. Chris Willett	13' 5 1/2"	1970
3. Larry Gullette	13' 0"	1972
4. Paul Dempster	13' 0"	1970
5. Eric Reich	13' 0"	1967

Mile Relay

1. Ricky Day, Bruce Sayre, Mark Luce (F), Vence Ketchens (F)	3:35.9	1971
2. Rich Ferranti, Jim Scales, Ken Dodge, Hans Templeman	3:39.8	1969
3. Vence Ketchens, Mark Luce, Joe Castagno, Bill Donohue (F)	3:40.6	1972
4. Bill Donohue (F), Mark Luce, Bruce Wernick, Vence Ketchens	3:41.0	1972
5. Carl Uhlig, Dave Freeman, Jim Sylvestri, Al Dagg	3:47.0	1970

CARLMONT HONOR ROLL * FRESHMEN

440 Yd Relay

1. Jack Miller, Kurt Allen,	:45.7	1972
Aaron Brisbane, Mike Citara		
2. Mike Mullins, Jack Lennen,	:46.6	1970
Howard Avila, Ron Dodgen		
3. Keith Breckenridge, Eric Carlson,	:47.1	1971
Cordell Olive, Bob Daniels		
4. Harvey Butler, Mike Mullins,		
Jack Lennen, Howard Avila		

70 Yd High Hurdles

1. Eric Carlson	:10.2	1971
2. Gordon Urray	:10.3	1970
3. Larry Wright	:10.4	1972
4. Derryl Ewing	:10.6	1971
5. Jack Miller	:10.7	1972

880 Yd Run

1. Steve Miller	2:04.0	1970
2. Mark Luce	2:05.4	1971
3. Jeff Hill	2:05.4	1968
4. John Quick	2:09.5	1957
5. Bill Lator	2:10.0	1970

100 Yd Dash

1. Bob Stevens	:10.3	1957
2. Ron Dodgen	:10.5	1970
3. Mike Citara	:10.6	1972
4. Jack Miller	:10.7	1972
5. Cordell Olive	:10.9	1971
Keith Breckinridge	:10.9	1971
Jack Lennen	:10.9	1970
Mark Hahn	:10.9	1969

440 Yd Run

1. Bill Donohue	:53.7	1972
2. Pete Miele	:53.7	1966
3. Vence Ketchens	:55.1	1971
4. Steve Miller	:55.2	1970
5. Bob Daniels	:56.0	1971
Ricky Day	:56.0	1970

Two Mile Run

1. Steve Miller	9:39.9	1970
2. Hans Templeman	10:05.4	1968
3. Chris Carey	10:09.8	1966
4. Russ Black	10:10.5	1969
5. Carl Cattarin	10:11.0	1970

180 Yd Low Hurdles

1. Gary Gaskill	:21.5	1958
2. Jack Miller	:22.1	1972
3. Larry Gullette	:22.8	1971
4. John Ross	:23.0	1972
5. Eric Carlson	:23.4	1971

Mile Relay

1. Vence Ketchens, Mark Luce, Joe Castagno, Bob Daniels		
2. Bill Lator, Howard Avila, Ricky Day, Dane Carvey		
3. John Ross, Aaron Brisbane, Bill Donohue, Brian Hurdal		

220 Yd Dash

1. Ron Dodgen	:23.7	1970
2. Mike Citara	:24.5	1972
3. Bob Daniels	:24.5	1971
4. Cordell Olive	:24.5	1971
5. Jack Miller	:24.7	1972
Pete Miele	:24.7	1966

One Mile Run

1. Steve Miller	4:23.9	1970
2. Ed Young	4:37.3	1972
3. Chris Carey	4:40.0	1966
4. Carl Cattarin	4:51.5	1970
5. Paul Jennings	4:53.8	1967

High Jump

1. Larry Wright	6' 0"	1972
2. Ron Dodgen	5' 11"	1970
3. Bob Brown	5' 5"	1972
4. Keith Breckinridge	5' 5"	1971
5. Todd Gaskill	5' 5"	1956

Long Jump

1. Mike Mullins	19' 8½"	1970
2. Aaron Brisbane	19' 5"	1972
3. John Ross	18' 6"	1972
4. Larry Wright	18' 5"	1972
5. Mark Hahn	18' 5"	1969

Triple Jump

1. Aaron Brisbane	41' 2"	1972
2. Scott Hazelton	38' 9"	1971
3. Harvey Butler	38' 7½"	1970
4. Rich Butler	38' 6"	1971
5. Darryl Ewing	37' 9"	1970

Shotput

1. Tim Kobayashi	44' 4½"	1972
2. Joe Callaway	44' 0"	1971
3. Mike Lorenzen	43' 1½"	1972
4. Jim Atkins	42' 9½"	1971
5. Steve Lee	40' 10½"	1970

Discus

1. Joe Callaway	128' 11"	1971
2. Tim Kobayashi	128' 7"	1972
3. Mike Weber	118' 8½"	1971
4. Jim Stolle	116' 3½"	1965
5. Tim Russell	112' 5"	1972

Pole Vault

1. Jack Lennen	12' 3"	1970
2. Larry Gullette	11' 6"	1971
3. Paul Dempster	11' 3/4"	1969
4. Scott Hazelton	10' 6"	1971
5. Eric Reich	10' 0"	1971
Tom White	10' 0"	1962

3:46.5	1971
3:50.8	1970
3:52.7	1972

SAN MATEO COUNTY HIGH SCHOOL TRACK AND FIELD HONOR ROLL

440 Yd Relay

1. Menlo Atherton	:42.6	1970
2. Menlo Atherton	:42.6	1968
3. Menlo Atherton	:42.6	1960
4. Hillsdale	:42.7	1969
5. Ravenswood	:42.8	1971

*120 Yd High Hurdles

1. Ike Allmond	Serra Monte	:14.1	1972
2. Randy Weil	Burlingame	:14.2	1966
3. GARY GASKILL	CARLMONT	:14.3	1961
4. Bart Pierce	Crestmoor	:14.3	1972
5. JIM MILLER	CARLMONT	:14.5	1968
6. Bob Newman	Burlingame	:14.5	1954
7. Bob Little	San Mateo	:14.5	1960

880 Yd Run

1. Ralph Lee	San Mateo	1:52.1	1960
2. Jerry Tallon	Serra	1:52.5	1966
3. John Lilly	San Carlos	1:53.2	1966
4. Dave Dunbar	Westmoor	1:53.2	1959
5. Mike Jacobs	Burlingame	1:54.2	1964

100 Yd Dash

1. Chuck Bommarito	Crestmoor	:09.6	1971
2. Bill Rupp	Sequoia	:09.7	1952
3. Dick Burns	Menlo Ather.	:09.7	1960
4. Jim Cheatham	Menlo Ather.	:09.7	1961
5. Steve Firenze	Serra	:09.7	1963

440 Yd Run

1. Randy White	Mills	:48.7	1967
2. Darryl White	Sequoia	:48.9	1968
3. Willie Waller	Menlo Ather.	:49.0	1960
4. ROGER ROYAL	CARLMONT	:49.2	1965
5. Jim Shirley	Ravenswood	:49.2	1971

Two Mile Run

1. Arvid Kretz	Mills	9:10.9	1968
2. Eugenio Amaya	Burlingame	9:11.0	1969
3. CHRIS CAREY	CARLMONT	9:12.2	1967
4. Mitch Kingrey	San Carlos	9:12.5	1972
5. HANS TEMPLEMAN	CARLMONT	9:14.0	1970
6. Matt Yoe	San Carlos	9:14.0	1972

180 Yd Low Hurdles

1. GARY GASKILL	CARLMONT	:18.9	1961
2. Ashland Whitfield	SSF	:19.0	1968
3. Ceazar Oravillo	Sequoia	:19.1	1971
4. Bart Pierce	Crestmoor	:19.1	1972
5. Jim Luttrell	Sequoia	:19.2	1952
6. Randy Weill	Burlingame	:19.2	1966

220 Yd Dash

1. Chuck Bommarito	Crestmoor	:21.2	1971
2. Bill Hatcher	Menlo Ather.	:21.8	1968
3. Dick Burns	Menlo Ather.	:21.9	1960
4. ANDY SEARS	CARLMONT	:22.0	1964
5. Joe Prince	Ravenswood	:22.1	1972

One Mile Run

1. STEVE MILLER	CARLMONT	4:10.7	1972
2. Eugenio Amaya	Burlingame	4:11.0	1969
3. Dave Montoya	Burlingame	4:16.0	1971
4. CHRIS CAREY	CARLMONT	4:17.2	1969
5. Tom Tuite	Serra	4:17.8	1961

*8. Bob Sawyer	Carlmont	:14.5	1961
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High Jump

1. John Radetich	San Carlos	6' 9 3/4"	196
2. Jim May	Sequoia	6' 6"	197
3. Ron Bosch	Sequoia	6' 6"	197
4. TODD GASKILL	CARLMONT	6' 5 1/4"	195
5. Steve Kelly	Hillsdale	6' 5 1/4"	196
6. Terry Llewlyn	San Mateo	6' 5 1/4"	196

Long Jump

1. Lynn Swann	Serra	24' 10"	197
2. Alonzo Emery	San Mateo	23' 8"	196
3. Jim Fergosi	Serra	23' 8"	196
4. Charles Johnson	Sequoia	23' 6 3/4"	196
5. Ken Murphy	Menlo Ather.	23' 5 3/4"	197

Triple Jump

1. MIKE HALL	CARLMONT	47' 5"	197
2. Mike Hughes	Sequoia	47' 5"	197
3. John Silver	Woodside	45' 0"	197
4. Johnson	Woodside	45' 5 1/4"	197
5. Jim Watts	Menlo Ather.	45' 1"	197

Shotput

1. Bob Merlo	San Mateo	59'11 3/4"	196
2. JIM PENROSE	CARLMONT	59'10 3/4"	196
3. Tom Banducci	Serra	58' 8 1/4"	197
4. Larry Kennedy	Menlo Ather.	57'10 1/2"	196
5. PAUL BRANDOW	CARLMONT	57' 4"	197

Discus

1. JIM PENROSE	CARLMONT	193' 1/2"	196
2. Mike Davis	Hillsdale	185' 7"	196
3. Marc Douglas	Sequoia	181' 1"	196
4. Mike Hickey	Hillsdale	174' 11"	196
5. Ben Welch	Woodside	174' 6"	196

Pole Vault

1. Jim Lydon	San Mateo	15' 2"	196
2. Carl Goldstone	San Mateo	14'10"	197
3. PAUL DEMPSTER	CARLMONT	14'6 3/4"	197
4. DENNIS PHILLIPS	CARLMONT	14' 6"	196
5. Terry Webb	Hillsdale	14' 6"	197

One Mile Relay

1. Crestmoor		3:20.5	197
2. Sequoia		3:20.8	196
3. Menlo Atherton		3:21.6	196
4. Aragon		3:22.9	196
5. CARLMONT		3:23.2	196
Ravenswood		3:23.2	197

1. CARLMONT	(18)	10. San Carlos	(4)
2. Menlo Atherton	(11)	11. Woodside	(3)
3. Sequoia	(10)	12. Mills	(2)
4. San Mateo	(8)	13. S.S.F.	(1)
5. Burlingame	(6)	Westmoor	(1)
6. Serra	(6)	Aragon	(1)
7. Hillsdale	(5)	Serramonte	(1)
8. Crestmoor	(5)		
9. Ravenswood	(4)		

LEAGUE TOTALS:

SPAL-(49), MPL-(27), WCAL-(6), NPAL-(3)

CARLMONT AND SAN MATEO
DUAL TRACK AND FIELD RECORDS

Varsity Division

440 Yd Relay	WEAVING, LENNEN FOBBS, AVILA BAKER, SCHMIDT, MILLER, PENROSE	CARLMONT CARLMONT	:44.9 :44.9	1972 1968
120 Yd High Hurdles	RON VALENTINE	San Mateo	:44.9	1968
880 Yd Run	JACK SANDIN	CARLMONT	:14.8	1956
100 Yd Dash	ANDY SEARS	CARLMONT	1:57.9	1963
440 Yd Run	ROGER ROYAL	CARLMONT	:09.9	1963
Two Mile Run	MIKE McCANN	CARLMONT	:50.9	1964
180 Yd Low Hurdles	Bob Kile	CARLMONT	9:35.0	1964
220 Yd Dash	Floyd Arteburn	San Mateo	:19.8	1957
220 Yd Dash (turn)	ROGER ROYAL	San Mateo	:22.0	1955
One Mile Run	STEVE MILLER	CARLMONT	:23.3	1965
High Jump	Jordan	CARLMONT	4:18.7	1972
Long Jump	Alonzo Emery	San Mateo	6' 2"	1969
Triple Jump	MIKE HALL	San Mateo	22' 9"	1968
Shotput	Bob Merlo	CARLMONT	45' 4"	1971
Discus	JIM PENROSE	San Mateo	55' 1"	1960
Pole Vault	PAUL DEMPSTER	CARLMONT	176' 3"	1968
One Mile Relay		CARLMONT	14' 1"	1972
		San Mateo	3:33.2	1968

Junior Varsity Division

440 Yd Relay		San Mateo	:47.2	1971
120 Yd High Hurdles	ERIC CARLSON	CARLMONT	:17.4	1972
880 Yd Run	MARK LUCE	CARLMONT	2:07.6	1972
100 Yd Dash	HARVEY BUTLER	CARLMONT	:10.9	1972
440 Yd Run	Kreyling	San Mateo	:54.4	1971
Two Mile Run	ED BARNEY	CARLMONT	10:22.0	1971
180 Yd Low Hurdles	ERIC CARLSON	CARLMONT	:22.4	1972
220 Yd Dash	DAVE VISINTIN	CARLMONT	:24.9	1972
One Mile Run	BILL LATOR	CARLMONT	4:49.0	1971
High Jump	RICH BUTLER	CARLMONT	5' 5"	1972
Long Jump	KERRY JONES	CARLMONT	19' 8"	1972
Triple Jump	KERRY JONES	CARLMONT	39' 3"	1972
Shotput	STEVE LEE	CARLMONT	44' 6"	1971
Discus	MIKE WEBER	CARLMONT	123' 0"	1972
Pole Vault	LARRY GULLETTE	CARLMONT	11' 6"	1972
One Mile Relay	CARVEY-DAGG	CARLMONT	3:42.1	1971
	UHLIG-DAY			

Freshmen Division

440 Yd Relay	BRECKENRIDGE-DANIELS VISINTIN-CARLSON	CARLMONT	:48.3	1971
70 Yd High Hurdles	ERIC CARLSON	CARLMONT	:10.8	1971
880 Yd Run	MARK LUCE	CARLMONT	2:10.8	1971
100 Yd Dash	JACK MILLER	CARLMONT	:11.1	1972
	Moretti	San Mateo	:11.1	1970
440 Yd Run	VENCE KETCHENS	CARLMONT	:55.5	1971
Two Mile Run	CARL CATTARIN	CARLMONT	10:43.0	1970
180 Yd Low Hurdles	Croon	San Mateo	:23.9	1970
220 Yd Dash	BOB DANIELS	CARLMONT	:25.1	1971
One Mile Run	HENRY TEMPLEMAN	CARLMONT	5:03.2	1971
High Jump	LARRY WRIGHT	CARLMONT	5' 5"	1972
Long Jump	MIKE MULLINS	CARLMONT	18' 10"	1970
Triple Jump	Gustafson	San Mateo	38'	1972
Shotput	MIKE LORENZEN	CARLMONT	40' 9"	1972
Discus	JEFF RUSSELL	CARLMONT	104' 7"	1972
Pole Vault	LARRY GULLETTE	CARLMONT	10' 6"	1971
One Mile Relay	KETCHENS, CASTAGNO, LUCE. R. WERNICK	CARLMONT	3:49.4	1971

CARLMONT AND BALBOA
DUAL TRACK AND FIELD RECORDS

VARSITY DIVISION

440 Yd Relay				
120 Yd High Hurdles	Tony Bass	Balboa	:15.5	1972
880 Yd Run	STEVE MILLER	CARLMONT	1:58.0	1972
100 Yd Dash	Moodey	Balboa	:09.9	1972
440 Yd Run	Watkins	Balboa	:51.8	1966
Two Mile Run	CHRIS CAREY	CARLMONT	9:41.0	1966
180 Yd Low Hurdles	WAYNE EICH	CARLMONT	:21.0	1972
220 Yd Dash	Watkins	Balboa	:23.1	1966
One Mile Run	RON WHITE	CARLMONT	4:32.4	1966
One Mile Relay		Balboa	3:33.9	1972
Shotput	JIM PENROSE	CARLMONT	52' 4"	1966
Discus	JIM PENROSE	CARLMONT	174' 1"	1966
High Jump	R. Minix	Balboa	6' 0"	1972
Triple Jump	R. Minix	Balboa	42' 6"	1972
Long Jump	Burleson	Balboa	21' ½"	1972
	BOB WEAVING	CARLMONT		
Pole Vault	PAUL DEMPSTER	CARLMONT	14' 3"	1972

JUNIOR VARSITY

440 Yd Relay		Balboa	:47.4	1972
120 Yd High Hurdles	ERIC CARLSON	CARLMONT	:17.0	1972
880 Yd Run	TIM REGALADO	CARLMONT	2:12.0	1972
100 Yd Dash	HARVEY BUTLER	CARLMONT	:10.6	1972
440 Yd Run	Cannon	Balboa	:54.0	1972
Two Mile Run	RICH WERNICK	CARLMONT	10:55.0	1972
180 Yd Low Hurdles	Anderson	Balboa	:22.0	1972
220 Yd Dash	VENCE KETCHENS	CARLMONT	:24.5	1972
One Mile Run	AL CLIFF	CARLMONT	4:55.2	1972
One Mile Relay	Ketchens, Donohue, Gonzales, Castagno	CARLMONT	3:44.0	1972
Shotput	Nevals	Balboa	45' 5"	1972
Discus	Neveis	Balboa	121' 11½"	1972
Triple Jump	RICH BUTLER	CARLMONT	42' 0"	1972
Long Jump	Melvin	Balboa	14' 9"	1972
High Jump	McGee	Balboa	5' 6"	1972
Pole Vault	LARRY GULLETTE	CARLMONT	12' 0"	1972

FRESHMAN DIVISION

70 Yd High Hurdles	LARRY WRIGHT	CARLMONT	:11.1	1972
880 Yd Run	GLEN HURDEL	CARLMONT	2:21.3	1972
100 Yd Dash	JACK MILLER	CARLMONT	:11.0	1972
440 Yd Run	B. HURDAL	CARLMONT	:63.4	1972
180 Yd Low Hurdles	MIKE MILLER	CARLMONT	:24.9	1972
220 Yd Dash	JACK MILLER	CARLMONT	:25.0	1972
One Mile Run	BEN THOMAS	CARLMONT	5:15.4	1972
Discus	TIM KOBAYASHI	CARLMONT	111' 2"	1972
Shotput	TIM KOBAYASHI	CARLMONT	39' 0"	1972
Long Jump	KURT ALLEN	CARLMONT	16' 10"	1972
Triple Jump	LARRY WRIGHT	CARLMONT	36' 6"	1972

CARLMONT AND SEQUOIA
DUAL TRACK AND FIELD RECORDS

Varsity Division

440 Yd Relay		Sequoia	:43.6	1971
120 Yd High Hurdles	GARY GASKILL	CARLMONT	:14.8	1967
880 Yd Run	JACK SANDIN	CARLMONT	1:59.9	1963
100 Yd Dash	ANDY SEARS	CARLMONT	:10.0	1964
	JERRY ROSE	CARLMONT	:10.0	1962
	Horace White	Sequoia	:10.0	1968
440 Yd Run	Darryl White	Sequoia	:50.3	1968
Two Mile Run	MIKE McCANN	CARLMONT	9:45.9	1965
180 Yd Low Hurdles	JIM MILLER	CARLMONT	:19.9	1968
220 Yd Dash	Horace White	Sequoia	:22.3	1960
220 Yd Dash (turn)	Tim O'Connor	Sequoia	:23.0	1968
One Mile Run	STEVE MILLER	CARLMONT	4:25.7	1971
High Jump	Ron Bosch	Sequoia	6' 2"	1970
	Jim May	Sequoia		1971
Long Jump	Mike Hughes	Sequoia		1971
Shotput	Mike Cantwell	Sequoia	54' 8 1/2"	1971
Discus	JIM PENROSE	CARLMONT	176' 3 1/2"	1968
Pole Vault	PAUL DEMPSTER	CARLMONT	14' 6 3/4"	1972
Triple Jump	Mike Hughes	Sequoia	45' 4 1/2"	1971
One Mile Relay		Sequoia	3:27.8	1968

Junior Varsity

440 Yd Relay	LOWE, BUTLER	CARLMONT	:46.4	1971
	HAHN, WEAVING			
120 Yd High Hurdles	ROD ANDERSON	CARLMONT	:17.1	1970
880 Yd Run	BRUCE SAYRE	CARLMONT	2:05.7	1971
100 Yd Dash	DAVE VISINTIN	CARLMONT	:10.8	1972
	O'Connor	Sequoia	:10.8	1970
440 Yd Run	AL DAGG	CARLMONT	:55.1	197
Two Mile Run	ED BARNEY	CARLMONT	10:13.4	1971
180 Yd Low Hurdles	ROD ANDERSON	CARLMONT	:21.9	1970
220 Yd Dash	Childs	Sequoia	:24.1	1971
One Mile Run	BILL LATOR	CARLMONT	4:46.0	1971
High Jump	Bob Black	Sequoia	5' 10"	1971
Long Jump	Suerra	Sequoia	19' 2"	1970
Triple Jump	DAVE KATO	CARLMONT	37' 6"	1971
Shotput	MARK GRAHAM	CARLMONT	44' 0"	1970
Discus	Krigbaum	Sequoia	137' 4"	1971
Pole Vault	JIM KATCHES	CARLMONT	12' 0"	1971
One Mile Relay	UHLIG, DAY, DAGG, SAYRE	CARLMONT	3:48.5	1971

Frosh Division

440 Yd Relay	MULLING, LENNEN	CARLMONT	:46.9	1970
	AVILA, DODGEN			
70 Yd High Hurdles	Murphy	Sequoia	:10.0	1970
880 Yd Run	MARK LUCE	CARLMONT	2:13.4	1971
100 Yd Dash	Rehbein	Sequoia	:10.5	1972
	RON DODGEN	CARLMONT	:10.5	1970
440 Yd Run	De Moss	Sequoia	:55.3	1970
Two Mile Run	DANA CARVEY	CARLMONT	10:28.0	1970
180 Yd Low Hurdles	LARRY GULLETTE	CARLMONT	:23.1	1971
220 Yd Dash	RON DODGEN	CARLMONT	:24.1	1970
One Mile Run	Cortez	Sequoia	4:58.8	1970
High Jump	LARRY WRIGHT	CARLMONT	5' 9 1/2"	1972
Long Jump	AARON BRISBANE	CARLMONT	19' 1"	1972
Triple Jump	AARON BRISBANE	CARLMONT	38' 10"	197
Shotput	Data	Sequoia	50' 2"	1971
Discus	Chamness	Sequoia	122' 1 3/4"	1971
Pole Vault	JACK LENNEN	CARLMONT	10' 6"	1970
One Mile Relay		Sequoia	3:56.7	1970

CARLMONT AND RAVENSWOOD
DUAL TRACK AND FIELD RECORDS

Varsity Division

440 Yd Relay		Ravenswood	:44.7	1971
120 Yd High Hurdles	Wilbert Webster	Ravenswood	:15.0	1964
880 Yd Run	TOM WAKE	CARLMONT	1:58.8	1965
100 Yd Dash	ANDY SEARS	CARLMONT	:09.8	1965
	Jim Marshall	Ravenswood	:09.8	1966
440 Yd Run	TOD RAGSDALE	CARLMONT	:49.7	1960
Two Mile Run	STEVE MILLER	CARLMONT	9:14.4	1972
180 Yd Low Hurdles	GORDON CROWELL	CARLMONT	:19.9	1966
220 Yd Dash (turn)	ANDY SEARS	CARLMONT	:22.1	1964
One Mile Run	MARTIN McCANN	CARLMONT	4:26.7	1965
High Jump	STAN STONE	CARLMONT	6'2 $\frac{1}{2}$ "	1964
	Don Brown	Ravenswood	6'2 $\frac{1}{2}$ "	1964
Long Jump	Elton Harrison	Ravenswood	21'7"	1963
Triple Jump	MIKE HALL	CARLMONT	43'3"	1971
Shotput	JIM PENROSE	CARLMONT	55'2 $\frac{1}{2}$ "	1968
Discus	JIM PENROSE	CARLMONT	162'4"	1968
Pole Vault	PAUL DEMPSTER	CARLMONT	13'7"	1971
	JACK LENNEN			
One Mile Relay		Ravenswood	3:30.2	1971

Junior Varsity

440 Yd Relay		Ravenswood	:46.1	1970
120 Yd High Hurdles	STEVE AHLERT	CARLMONT	:18.2	1971
880 Yd Run	DANA CARVEY	CARLMONT	2:10.3	1971
100 Yd Dash	Spencer	Ravenswood	:10.0	1970
440 Yd Run	KEN DODGE	CARLMONT	:54.8	1970
Two Mile Run	BRUCE WERNICK	CARLMONT	10:34.0	1972
180 Yd Low Hurdles	Spencer	Ravenswood	:20.9	1970
220 Yd Dash	VENCE KETCHENS	CARLMONT	:24.6	1972
One Mile Run	MARK LUCE	CARLMONT	4:51.5	1972
High Jump	Puckett	Ravenswood	5'6"	1970
Long Jump	BOB WEAVING	CARLMONT	20'11 3/4"	1971
Triple Jump	HARVEY BUTLER	CARLMONT	37'3"	1971
Shotput	STEVE LEE	CARLMONT	43'9 $\frac{1}{2}$ "	1971
Discus	ROGER VARWIG	CARLMONT	131'7"	1971
Pole Vault	JIM KATCHES	CARLMONT	12'	1971
One Mile Relay	DAY-SAYRE-UHLIG-DAGG	CARLMONT	3:42.3	1971

Frosh Division

440 Yd Relay	MULLIN-AVILA	CARLMONT	:46.6	1970
	LENNEN-DODGEN			
70 Yd High Hurdles	DARRYL EWING	CARLMONT	:10.9	1971
880 Yd Run	BRIAN HURDAL	CARLMONT	2:15.9	1972
100 Yd Run	RON DODGEN	CARLMONT	:10.2	1970
440 Yd Run	BILL DONOHUE	CARLMONT	:56.6	1972
Two Mile Run	HENRY TEMPLEMAN	CARLMONT	10:58.0	1971
180 Yd Low Hurdles	LARRY GULLETTE	CARLMONT	:23.2	1971
220 Yd Dash	MIKE CITARA	CARLMONT	:25.1	1972
One Mile Run	GLEN HURDAL, DANA CARVEY	CARLMONT	5:09.0	1970 & 72
High Jump	LARRY WRIGHT	CARLMONT	5'8"	1972
Long Jump	MIKE MULLINS	CARLMONT	19' $\frac{1}{4}$ "	1970
Triple Jump	SCOTT HAZELTON	CARLMONT	36' 10 $\frac{1}{4}$ "	1971
Shotput	JIM ATKINS	CARLMONT	41' 6 $\frac{1}{4}$ "	1971
Discus	JOE CALLAWAY	CARLMONT	115' 4"	1971
Pole Vault	LARRY GULLETTE	CARLMONT	11' 6"	1971
One Mile Relay		Ravenswood	3:53.8	1970

CARLMONT AND MENLO-ATHERTON
FAL TRACK & FIELD RECORDS

VARSITY DIVISION

440 Yd Relay	LENNEN-AVILA-FOBBS-WEAVING	CARLMONT	:44.6	1972
		Menlo-Atherton	:44.6	1970
120 Yd High Hurdles	JIM MILLER-GARY GASKILL	CARLMONT	:14.8	1961-1968
880 Yd Run	HANS TEMPLEMAN	CARLMONT	1:59.1	1971
100 Yd Dash	Hill Hatcher-Dick Burns	Menlo-Atherton	:09.9	1968-1959
440 Yd Run	TOD RAGSDALE	CARLMONT	:50.5	1960
Two Mile Run	MARTIN McCANN	CARLMONT	9:37.7	1965
180 Yd Low Hurdles	GARY GASKILL-GORDON CROWELL	CARLMONT	:19.9	1960-1966
	Ken Murphy	Menlo-Atherton	:19.9	1970
220 Yd Dash	JERRY ROSE	CARLMONT	:21.9	1962
	Willie Waller	Menlo-Atherton	:21.9	1962
220 Yd Dash (turn)	Bert Warden	Menlo-Atherton	:22.9	1964
One Mile Run	STEVE MILLER	CARLMONT	4:27.8	1972
High Jump	MIKE HALL-BOB DIVIRD-ERVAN BROWN	CARLMONT	6' 0"	1962-1970
	Tom Graves	Menlo-Atherton	6' 0"	1968
Long Jump	Jim Cheatham	Menlo-Atherton	21' 11"	1960
Shotput	Bob Kennedy	Menlo-Atherton	56' 0"	1960
Discus	TOM GRIMM	CARLMONT	167' 11 1/2"	1964
Pole Vault	JACK LENNEN	CARLMONT	14' 1"	1972
One Mile Relay		Menlo-Atherton	3:28.0	1970
Triple Jump	MIKE HALL	CARLMONT	46' 0"	1970

JUNIOR VARSITY

440 Yd Relay	CRONIN-HAHN-KATO-DODGE	CARLMONT	:46.4	1970
120 Yd High Hurdles	Carl Johnks	Menlo-Atherton	:16.4	1972
880 Yd Run	MARK LUCE	CARLMONT	2:05.8	1972
100 Yd Dash	Kemp Miller	Menlo-Atherton	:10.7	1972
440 Yd Run	KEN DODGE	CARLMONT	:54.0	1970
Two Mile Run	ED BARNEY	CARLMONT	10:23.0	1971
180 Yd Low Hurdles	ERIC CARLSON	CARLMONT	:21.6	1972
220 Yd Dash	K. Miller	Menlo-Atherton	:24.3	1972
One Mile Run	GREG FONDACABE	CARLMONT	4:49.0	1970
High Jump	RICH BUTLER	CARLMONT	5' 8"	1972
Long Jump	KERRY JONES	CARLMONT	20' 6 1/2"	1972
Triple Jump	RICH BUTLER	CARLMONT	41' 4"	1972
Shotput	Tondino	Menlo-Atherton	47' 3/4"	1972
Discus	Aldrich	Menlo-Atherton	129' 2 1/2"	1972
Pole Vault	LARRY GULLETTE	CARLMONT	12' 0"	1972
One Mile Relay	SYLVESTRI-DODGE-UHLIG-DAGG	CARLMONT	3:40.0	1970

FRESHMAN DIVISION

440 Yd Relay	ALLEN-MILLER-BRISBANE-CITARA	CARLMONT	:47.6	1972
70 Yd High Hurdles	Johnks	Menlo-Atherton	:10.9	1971
880 Yd Run	MARK LUCE	CARLMONT	2:10.7	1971
100 Yd Dash	Brown	Menlo-Atherton	:11.0	1970
440 Yd Run	Robinson	Menlo-Atherton	:54.2	1972
Two Mile Run	RICH WERNICK	CARLMONT	10:42.0	1971
180 Yd Low Hurdles	Mitchell	Menlo-Atherton	:23.1	1970
220 Yd Dash	Robinson	Menlo-Atherton	:24.3	1972
One Mile Run	CARL CATTARIN	CARLMONT	4:48.7	1970
High Jump	LARRY WRIGHT	CARLMONT	5' 10"	1972
Long Jump	MIKE MULLINS	CARLMONT	19' 8 1/2"	1970
Triple Jump	Mitchell	Menlo-Atherton	36' 8"	1970
Shotput	STEVE LEE	CARLMONT	40' 10 1/2"	1970
Discus	TIM KOBAYASHI	CARLMONT	123' 1 1/2"	1972
Pole Vault	JACK LENNEN	CARLMONT	10' 6"	1970
One Mile Relay	KETCHENS-VISINTIN CASTAGNO-LUCE	CARLMONT	3:48.8	1971

CARLMONT AND WOODSIDE
DUAL TRACK AND FIELD RECORDS

VARSIITY DIVISION

440 Yd Relay	Burke, Bedell, Mullet, Fischer	Woodside	:44.2	1970
120 Yd High Hurdles	JIM MILLER	CARLMONT	:15.0	1968
880 Yd Run	JACK SANDIN	CARLMONT	1:58.4	1963
100 Yd Dash	ANDY SEARS	CARLMONT	:09.8	1964
440 Yd Run	ROGER ROYAL	CARLMONT	:50.4	1965
Two Mile Run	CHRIS CAREY	CARLMONT	9:25.0	1968
180 Yd Low Hurdles	JIM MILLER	CARLMONT	:19.6	1968
220 Yd Dash	ANDY SEARS	CARLMONT	:21.3	1964
220 Yd Dash (turn)	Fred Storek	Woodside	:22.8	1966
One Mile Run	MARTIN McCANN	CARLMONT	4:26.5	1965
High Jump	Jeff Dunkers	Woodside	6' 2"	1966
Long Jump	MIKE HALL	CARLMONT	22' 2 3/4"	1971
Triple Jump	MIKE HALL	CARLMONT	45' 1 1/2"	1971
Shotput	PAUL BRANDOW	CARLMONT	56' 7"	1972
Discus	JIM PENROSE	CARLMONT	175' 9"	1968
Pole Vault	CHRIS WILLETT, ERIC REICH	CARLMONT	13' 6"	1969 & 1972
One Mile Relay		Woodside	3:30.3	1971

JUNIOR VARSITY DIVISION

440 Yd Relay	BUTLER, PEARCE, AVILA, HAHN	CARLMONT	:46.4	1971
120 Yd High Hurdles	Brunsting	Woodside	:16.4	1972
880 Yd Run	MARK LUCE	CARLMONT	2:06.5	1972
100 Yd Dash	HOWARD AVILA	CARLMONT	:10.7	1971
	Flynn	Woodside	:10.7	1970
440 Yd Run	Fuller	Woodside	:53.5	1970
Two Mile Run	ED BARNEY	CARLMONT	10:19.3	1971
180 Yd Low Hurdles	VREEBURG	Woodside	:21.8	1972
220 Yd Dash	Fitch	Woodside	:24.2	1970
One Mile Run	BILL LATOR	CARLMONT	4:46.2	1971
High Jump	Crocker & Moonie	Woodside	5' 8"	1970 & 1971
Long Jump	KERRY JONES	CARLMONT	21' 4"	1972
Triple Jump	KERRY JONES	CARLMONT	40' 11"	1972
Shotput	STEVE LEE	CARLMONT	46' 3 1/2"	1972
Discus	ROGER VARWIG	CARLMONT	133' 4 1/2"	1972
Pole Vault	LARRY GULLETTE	CARLMONT	12' 0"	1972
One Mile Relay	DAY, UHLIG, CARVEY, SAYRE	CARLMONT	3:41.5	1971

FRESHMEN DIVISION

440 Yd Relay	BRISBANE, MILLER, ALLEN, CITARA	CARLMONT	:47.8	1972
70 Yd High Hurdles	Easley	Woodside	:10.2	1972
880 Yd Run	C. Taylor	Woodside	2:06.4	1972
100 Yd Dash	Sweet	Woodside	:10.8	1972
440 Yd Run	BILL DONOHUE	CARLMONT	:54.8	1972
Two Mile Run	CARL CATTARIN	CARLMONT	10:27.0	1970
180 Yd Low Hurdles	Easley, Myrt	Woodside	:22.9	1972
220 Yd Dash	R. Sweet	Woodside	:24.8	1972
One Mile Run	Mark Mangini	Woodside	5:00.7	1972
High Jump	LARRY WRIGHT	CARLMONT	6' 0"	1972
Long Jump	Totoritis	Woodside	18' 9 1/2"	1972
Triple Jump	Totoritis	Woodside	39' 8"	1972
Shotput	Ezell	Woodside	46' 10 3/4"	1972
Discus	TIM KOBAYASHI	CARLMONT	128' 7"	1972
Pole Vault	JACK LENNEN	CARLMONT	9' 6"	1970
	LARRY GULLETTE	CARLMONT	9' 6"	1971
One Mile Relay		Woodside	3:49.0	1972

CARLMONT AND CUBBERLEY
DUAL TRACK & FIELD RECORDS

Varsity Division

440 Yd Relay	BAKER, HALL, SCHMIDT, NORRIS	CARLMONT	:45.0	1970
120 Yd High Hurdles	BOB SAWYER	CARLMONT	:14.7	1961
880 Yd Run	STEVE MILLER	CARLMONT	1:57.4	1972
100 Yd Dash	Ernie Stevensen	Cubberley	:09.8	1958
440 Yd Run	TOD RAGSDALE	CARLMONT	:50.2	1960
Two Mile Run	HANS TEMPLEMAN	CARLMONT	9:40.2	1971
180 Yd Low Hurdles	Bob Evers	Cubberley	:19.3	1967
220 Yd Dash	ANDY SEARS	CARLMONT	:22.0	1963
220 Yd Dash (turn)	ANDY SEARS	CARLMONT	:22.6	1964
One Mile Run	MARTIN McCANN	CARLMONT	4:26.6	1965
High Jump	ERVAN BROWN	CARLMONT	6' 2"	1972
Long Jump	GARY GASKILL	CARLMONT	21' 7"	1961
* Triple Jump	MIKE HALL	CARLMONT	42' 11"	1971
Shotput	Don Castle	Cubberley	60' 9"	1961
Discus	Don Castle	Cubberley	170' 6"	1961
Pole Vault	STAN PHILLIPS	CARLMONT	13' 6"	1961
One Mile Relay	P. CAREY, ALLEN, WOOD, JECKLIN	CARLMONT	3:38.7	1968

Junior Varsity

440 Yd Relay	CRONIN, NORRIS	CARLMONT	:46.7	1970
120 Yd High Hurdles	HAHN, DODGE			
880 Yd Run	ROD ANDERSON	CARLMONT	:17.3	1970
100 Yd Dash	BRUCE SAYRE	CARLMONT	2:09.4	1971
440 Yd Run	MIKE NORRIS	CARLMONT	:10.6	1970
Two Mile Run	KEN DODGE	CARLMONT	:55.5	1970
180 Yd Low Hurdles	BILL LATOR	CARLMONT	10:17.0	1971
220 Yd Dash	PAUL HALL	CARLMONT	:22.8	1970
One Mile Run	GARY CRONIN	CARLMONT	:24.5	1970
High Jump	RUSS BLACK	CARLMONT	4:48.8	1970
Long Jump	STEVE AGNI	CARLMONT	5' 7"	1971
Triple Jump	KERRY JONES	CARLMONT	18' 7 1/2"	1972
Shotput	Gong	Cubberley	37' 9"	1971
Discus	STEVE LEE	CARLMONT	44' 4"	1972
Pole Vault	ROGER VARWIG	CARLMONT	126' 10"	1971
One Mile Relay	CHRIS WILLETT	CARLMONT	12' 0"	1970
	PAGOLA, UHLIG, DODGE, SYLVESTRI	CARLMONT	3:47.0	1970

Frosh Division (Wilbur)

440 Yd Relay	MULLING, LENNEN, AVILA, DODGEN	CARLMONT	:47.1	1970
70 Yd High Hurdles	GORDON URRY	CARLMONT	:10.8	1970
880 Yd Run	Spring	Wilbur	:10.8	1972
100 Yd Dash	Felsch	Wilbur	2:11.6	1972
440 Yd Run	RON DODGEN	CARLMONT	:10.6	1970
Two Mile Run	BILL DONOHUE	CARLMONT	:56.4	1972
180 Yd Low Hurdles	CARL CATTARIN	CARLMONT	10:25.9	1970
220 Yd Dash	Young	Wilbur	:23.6	1970
One Mile Run	RON DODGEN	CARLMONT	:24.2	1970
High Jump	Stacy Geiken	Wilbur	4:52.5	1971
Long Jump	Farmer	Wilbur	5' 5"	1970
Triple Jump	Phillips	Wilbur	18' 4"	1970
Shotput	AARON BRISBANE	CARLMONT	36' 3 1/2"	1972
Discus	JIM ATKINS	CARLMONT	39' 5 1/2"	1971
Pole Vault	Stevens	Wilbur	116' 0"	1971
One Mile Relay	LARRY GULLETTE	CARLMONT	10' 6"	1971
	CARVEY, AVILA, DEROSSI, CATTARIN	CARLMONT	4:01.7	1970

CARLMONT AND SAN CARLOS
DUAL TRACK AND FIELD RECORDS

Varsity Division

440 Yd Relay		San Carlos	:44.3	1970
120 Yd High Hurdles	AL ROCKWELL	CARLMONT	:15.1	1962
880 Yd Run	John Lilly	San Carlos	1:56.5	1966
100 Yd Dash	ANDY SEARS	CARLMONT	:09.9	1964
440 Yd Run	Bruce Veal	San Carlos	:51.1	1971
Two Mile Run	SCOTT CARVEY	CARLMONT	9:40.3	1971
180 Yd Low Hurdles	GORDON CROWELL	CARLMONT	:19.8	1966
220 Yd Dash	ANDY SEARS	CARLMONT	:22.0	1963
220 Yd Dash (turn)	ROGER ROYAL	CARLMONT	:22.9	1965
	Mike Langley	San Carlos	:22.9	1966
One Mile Run	MIKE McCANN	CARLMONT	4:25.7	1965
High Jump	John Radetich	San Carlos	6' 4"	1966
Long Jump	Dave Pina	San Carlos	22' 6 1/4"	1970
Triple Jump	Dave Pina	San Carlos	44' 3 1/2"	1970
Shotput	PAUL BRANDOW	CARLMONT	54' 11 1/2"	1972
Discus	JIM PENROSE	CARLMONT	178' 1"	1968
Pole Vault	TOM WHITE	CARLMONT	14' 1/2"	1965
One Mile Relay	MULLIGAN, TEMPLEMAN, MILLER, HALL	CARLMONT	3:28.8	1971

Junior Varsity

440 Yd Relay		San Carlos	:46.3	1971
120 Yd High Hurdles	Dilg	San Carlos	:15.9	1971
880 Yd Run	BILL LATOR	CARLMONT	2:06.7	1971
100 Yd Dash	HARVEY BUTLER	CARLMONT	:10.8	1971
440 Yd Run	Weir	San Carlos	:53.8	1971
Two Mile Run	ED BARNEY	CARLMONT	10:22.0	1971
180 Yd Low Hurdles	Dilg	San Carlos	:20.8	1971
220 Yd Dash	Gomez	San Carlos	:24.3	1970
One Mile Run	DANA CARVEY	CARLMONT	4:45.5	1971
High Jump	Mateson	San Carlos	5' 8"	1972
Long Jump	DAVE KATO	CARLMONT	19' 10"	1971
Triple Jump	SCOTT HAZELTON	CARLMONT	39' 6"	1972
Shotput	MIKE COX	CARLMONT	43' 9"	1970
Discus	Fitzpatrick	San Carlos	133' 7"	1971
Pole Vault	LARRY GULLETTE	CARLMONT	11' 6"	1971
	JIM KATCHES		11' 6"	1972
One Mile Relay	DAY, LATOR, UHLIG, SAYRE	CARLMONT	3:43.2	1971

Frosh Division

440 Yd Relay		San Carlos	:46.8	1971
70 Yd High Hurdles	ERIC CARLSON	CARLMONT	:10.9	1971
880 Yd Run	MARK LUCE	CARLMONT	2:08.8	1971
100 Yd Dash	Butler	San Carlos	:10.7	1971
440 Yd Run	VENCE KETCHENS	CARLMONT	:55.2	1971
Two Mile Run	CARL CATTARIN	CARLMONT	10:11.2	1970
180 Yd Low Hurdles	Hill	San Carlos	:22.2	1972
220 Yd Dash	Butler	San Carlos	:24.5	1971
One Mile Run	DANA CARVEY	CARLMONT	4:53.8	1970
High Jump	LARRY WRIGHT	CARLMONT	5' 7"	1972
Long Jump	LARRY WRIGHT	CARLMONT	18' 5"	1972
Triple Jump	AARON BRISBANE	CARLMONT	41' 2"	1972
Shotput	Jeff Vetroves	San Carlos	44' 6"	1970
Discus	MIKE WEBER	CARLMONT	118' 8 1/2"	1971
Pole Vault	LARRY GULLETTE	CARLMONT	11' 6"	1971
One Mile Relay	LATOR, AVILA, CATTARIN, DAY	CARLMONT	3:51.3	1970

CARLMONT AND PALO ALTO
DUAL TRACK AND FIELD RECORDS

Varsity Division

440 Yd Relay		Palo Alto	:44.8	1969
120 Yd High Hurdles	GARY GASKILL	CARLMONT	:14.4	1961
880 Yd Run	Dennis Milligan	Palo Alto	1:56.4	1965
100 Yd Dash	ANDY SEARS	CARLMONT	:09.8	1964
440 Yd Run	ROGER ROYAL	CARLMONT	:51.4	1965
Two Mile Run	CHRIS CAREY	CARLMONT	9:35.5	1967
180 Yd Low Hurdles	GORDON CROWELL	CARLMONT	:19.7	1966
220 Yd Dash	JERRY ROSE	CARLMONT	:21.7	1962
220 Yd Dash (turn)	ANDY SEARS	CARLMONT	:22.0	1964
One Mile Run	CHRIS CAREY	CARLMONT	4:17.2	1969
High Jump	STAN STONE	CARLMONT	6' 1/4"	1964
Long Jump	Steve Rogaway	Palo Alto	21' 10"	1967
Shotput	JIM PENROSE	CARLMONT	55' 8 1/2"	1968
Discus	Winston Landez	Palo Alto	170' 7 1/2"	1967
Pole Vault	Steve Weed	Palo Alto	13' 7 1/4"	1964
Triple Jump	Jim Austin	Palo Alto	44' 5 3/4"	1971
One Mile Relay		Palo Alto	3:32.5	1969

Junior Varsity

440 Yd Relay	CRONIN, NORRIS	CARLMONT	:46.8	1970
	HAHN, DODGE			
120 Yd High Hurdles	WAYNE EICH	CARLMONT	:16.5	1971
880 Yd Run	CARL UHLIG	CARLMONT	2:09.4	1971
100 Yd Dash	DAVE VISINTIN	CARLMONT	:10.9	1972
440 Yd Run	RICKY DAY	CARLMONT	:55.4	1971
Two Mile Run	DANA CARVEY	CARLMONT	10:27.0	1972
180 Yd Low Hurdles	WAYNE EICH	CARLMONT	:22.0	1971
220 Yd Dash	KEN DODGE	CARLMONT	:24.5	1970
One Mile Run	CHUCK OLIVER	CARLMONT	4:54.2	1970
High Jump	BOB BLACK	CARLMONT	5' 7"	1971
Long Jump	DAVE KATO	CARLMONT	18' 8"	1970
Triple Jump	Burns	Palo Alto	38' 4"	1972
Shotput	BOB HOEY	CARLMONT	42' 7"	1972
Discus	ERNIE KATCHES	CARLMONT	135' 8 1/2"	1972
Pole Vault	LARRY GULLETTE	CARLMONT	12' 6"	1972
One Mile Relay	DAY, SAYRE	CARLMONT	3:44.5	1971
	DEIROSSI			

Frosh Division (Jordan Jr. High)

440 Yd Relay	BRECKENRIDGE, CARLSON	CARLMONT	:47.4	1971
	OLIVE, DANIELS			
70 Yd High Hurdles	Dave Johnson	Jordan	:10.5	1971
880 Yd Run	STEVE MILLER	CARLMONT	2:12.5	1970
100 Yd Dash	RON DODGEN	CARLMONT	:10.7	1970
440 Yd Run	STEVE MILLER	CARLMONT	:56.0	1970
Two Mile Run	DANA CARVEY	CARLMONT	10:47.0	1970
180 Yd Low Hurdles	LARRY GULLETTE	CARLMONT	:23.0	1971
220 Yd Dash	MIKE CITARA, RON DODGEN	CARLMONT	:24.5	1970 & 72
One Mile Run	CARL CATTARIN	CARLMONT	4:56.0	1970
High Jump	LARRY WRIGHT	CARLMONT	5' 10"	1972
Long Jump	MIKE MULLINS	CARLMONT	19' 7"	1970
Triple Jump	AARON BRISBANE	CARLMONT	39' 11"	1972
Shotput	STEVE LEE	CARLMONT	38' 10 1/2"	1970
Discus	Green	Palo Alto	119' 1"	1972
Pole Vault	JACK LENNEN	CARLMONT	10' 6"	1970
One Mile Relay	LUCE, DANIELS	CARLMONT	3:49.9	1971
	VISINTIN, KETCHENS			

CARLMONT AND GUNN
DUAL TRACK AND FIELD RECORDS

Varsity Division

440 Yd Relay	PENROSE, MILLER, JACKLIN, BELL	CARLMONT	:44.5	1970
120 Yd High Hurdles	Dave Bagshaw	Gunn	:14.6	1970
880 Yd Run	Bob Piatt	Gunn	1:58.4	1968
100 Yd Dash	Julian Lucas	Gunn	:10.1	1970
440 Yd Run	Julian Lucas	Gunn	:50.4	1970
Two Mile Run	STEVE MILLER	CARLMONT	9:38.1	1972
180 Yd Low Hurdles	JIM MILLER	CARLMONT	:19.9	1967
	Keith Peters	Gunn	:19.9	1969
220 Yd Dash (turn)	ROGER ROYAL	CARLMONT	:22.6	1965
One Mile Run	CARL CATTARIN	CARLMONT	4:25.6	1972
High Jump	Littleboy, John	Gunn	6' 0"	1972
Long Jump	ERVAN BROWN	CARLMONT	21' 1 1/4"	1972
Shotput	JIM PENROSE	CARLMONT	54' 9 1/2"	1968
Discus	Tom Bertwhistle	Gunn	185' 9"	1969
Pole Vault	TOM WHITE	CARLMONT	14' 1 1/2"	1965
Triple Jump	Dale Krebs	Gunn	46' 4 1/2"	1971
One Mile Relay		Gunn	3:30.5	1971

Junior Varsity

440 Yd Relay	CRONIN, NORRIS, HAHN, DODGE	CARLMONT	:46.3	1970
120 Yd High Hurdles	Neumann	Gunn	:16.4	1972
880 Yd Run	BRUCE SAYRE	CARLMONT	2:06.7	1971
100 Yd Dash	MIKE NORRIS	CARLMONT	:10.7	1970
	HARVEY BUTLER	CARLMONT	:10.7	1971
440 Yd Run	JOE CASTAGNO	CARLMONT	:55.9	1972
Two Mile Run	CHUCK OLIVER	CARLMONT	10:19.0	1970
180 Yd Low Hurdle	Stephens	Gunn	:22.2	1971
220 Yd Dash	GARY CRONIN	CARLMONT	:24.9	1970
One Mile Run	GREG FONDACABE	CARLMONT	4:50.7	1970
High Jump	BOB BLACK	CARLMONT	5' 2"	1970
	Kellog	Gunn	5' 2"	1971
Long Jump	MIKE NORRIS	CARLMONT	18' 11 1/4"	1970
Triple Jump	MIKE PARSONS	CARLMONT	37' 7 3/4"	1971
Shotput	Zamora	Gunn	42' 11 3/4"	1971
Discus	ERNIE KATCHES	CARLMONT	131' 8 1/4"	1972
Pole Vault	JIM KATCHES	CARLMONT	12' 0"	1971
One Mile Relay	DAY, UHLIG, SAYRE, DAGG	CARLMONT	3:45.2	1971

Frosh Division (Terman)

440 Yd Relay	MULLINS, LENNON, AVILA, DODGEN	CARLMONT	:46.7	1970
70 Yd High Hurdles	Watts	Terman	:09.9	1970
880 Yd Run	DANA CARVEY	CARLMONT	2:10.2	1970
100 Yd Dash	RON DODGEN	CARLMONT	:10.7	1970
440 Yd Run	Gordon McMitchell	Terman	:54.5	1970
Two Mile Run	Emory	Terman	10:15.0	1972
180 Yd Low Hurdles	Hearn	Terman	:22.4	1970
220 Yd Dash	Campbell	Terman	:24.4	1972
One Mile Run	STEVE MILLER	CARLMONT	4:38.6	1970
High Jump	LARRY WRIGHT	CARLMONT	5' 6"	1970
Long Jump	Meyers	Terman	19' 9 1/4"	1972
Triple Jump	AARON BRISBANE	CARLMONT	38' 9 3/4"	1972
Shotput	Oberhelman	Terman	44' 9 1/2"	1970
Discus	Oberhelman	Terman	118' 10"	1970
Pole Vault	Bay	Terman	9' 6"	
One Mile Relay		Terman	3:48.2	1970

DUAL MEET TEAM SCORES

CARLMONT vs Cubberley

VARSITY DIVISION

1958	66	-	58
1959	73½	-	39½
1960	57½	-	55½
1961	62	-	51
1962	86	-	27
1963	83	-	30
1964	67	-	55
1966	61	-	55
1967	69	-	61
1967	69	-	53
1968	85	-	42
1969	94	-	42
1970	83	-	53
1971	69	-	49
1972	102	-	34

B DIVISION + J.V.

1958	52	-	61
1959	76½	-	36½
1960	45	-	59
1961	86 1/3	-	29 2/3
1962	69	-	44
1963	47	-	65
1964	30	-	83
1965	48	-	63
1966	72 2/3	-	41 1/3
1967	69	-	53
1968	99	-	27
1969	91	-	43
1970-J116	-	-	20
1971-J 99	-	-	19
1972-J133	-	-	1

C DIVISION (Wilber)

1958	46	-	41
1959	CARL. by forfeit		
1960	CARL. by forfeit		
1961	CARL. by forfeit		
1962	48	-	29
1963	22	-	64
1964	33	-	43
1965	64	-	22
1966	CARL. by forfeit		
1967	43	-	0
1968	CARL. by forfeit		
1969	CARL. by forfeit		
1970-F 85	-	-	50
1971-F 99	-	-	19
1972-F 93	-	-	43

CARLMONT vs Gunn

VARSITY DIVISION

1965	90	-	32
1966	77	-	45
1967	92	-	30
1968	75	-	52
1969	65	-	71
1970	46	-	90
1971	61	-	75
1972	70½	-	65½

B DIVISION + J.V.

1965	42	-	71
1966	CARL. by forfeit		
1967	90	-	26
1968	92	-	27
1970-J130	-	-	6
1971-J 95	-	-	41
1972-J103	-	-	20

C DIVISION (Terman)

1965	CARL. by forfeit		
1966	CARL. by forfeit		
1967	92	-	0
1968	92	-	0
1969	CARL. by forfeit		
1970	62½	-	72½
1971-F 86	-	-	50
1972-F 87	-	-	49

CARLMONT vs Menlo Atherton

VARSITY DIVISION

1958	41½	-	71½
1959	72 1/3	-	40 2/3
1960	61 2/3	-	51 1/3
1961	81 1/3	-	51 2/3
1962	93 2/3	-	19 2/3
1963	89	-	23
1964	83	-	34
1965	71	-	51
1966	84	-	38
1967	69	-	53
1968	67	-	60
1969	58	-	77
1970	66	-	70
1971	87	-	49
1972	108	-	26

B DIVISION + J.V.

1958	21	-	90
1959	47	-	65
1960	54 1/3	-	57 2/3
1961	81½	-	37 2/3
1962	52	-	61
1963	72	-	40
1964	74	-	35
1965	85	-	23
1966	74	-	48
1967	36	-	85
1968	65	-	62
1969	65	-	70
1970-F 86	-	-	50
1971	92	-	44
1972	79	-	57

C DIVISION + FROSH

1958	17	-	60
1959	38	-	39
1960	33	-	44
1961	33	-	44
1962	42	-	35
1963	33	-	33
1964	63	-	23

1965	55	-	31
1966	56	-	30
1967	47	-	48
1968	63	-	33
1969	101	-	8
1970-F 79	-	-	52
1971-F 83	-	-	53
1972	98	-	38

CARLMONT vs Palo Alto

VARSITY DIVISION

1958	49 5/6	-	63 1/6
1959	68	-	44
1960	61½	-	51½
1961	70	-	43
1962	58½	-	54½
1963	67	-	46
1964	83	-	39
1965	70	-	52
1966	79	-	43
1967	47	-	75
1968	95	-	32
1969	70	-	66
1970	91	-	45
1971	80	-	56
1972	101	-	35

B DIVISION + J.V.

1958	70	-	40
1959	68	-	44
1960	89	-	23
1961	84	-	29
1962	65	-	48
1963	82	-	32
1964	61	-	48
1965	54	-	54
1966	95½	-	30½
1967	61	-	59
1968	72	-	56
1969	104	-	32
1970-J CARL. by forfeit			
1971-J CARL. by forfeit			
1972-J105	-	-	28

C DIVISION (Jordan)

1958	CARL. by forfeit		
1959	58	-	2
1960	74	-	0
1961	34½	-	51½
1962	41	-	25
1963	33	-	53
1964	74	-	11
1965	75	-	11
1966	83	-	0
1967	CARL. by forfeit		
1968	97	-	3
1969	CARL. by forfeit		
1970-F 89	-	-	47
1971-F 97	-	-	39
1972-F100	-	-	25

Dual Meet Team Scores - Cont'd (2)

CARLMONT vs Ravenswood

VARSITY DIVISION

1959	105	-	6
1960	107½	-	4½
1961	76	-	37
1962	88	-	25
1963	81	-	32
1964	92	-	30
1965	78	-	44
1966	72	-	50
1967	77	-	45
1968	82	-	45
1969	89	-	47
1970	74	-	62
1971	94	-	42
1972	117	-	15

B DIVISION + J.V.

1959	60	-	51
1960	55	-	58
1961	80 2/3	-	32 1/3
1962	47	-	66
1963	46	-	63
1964	78	-	31
1965	62	-	50
1966	73	-	49
1967	76	-	45
1968	65	-	62
1969	88	-	48
1970-JV74	-	-	62
1971-JV105	-	-	21
1972-J120	-	-	14

C DIVISION + FROSH

1959	44	-	33
1960	29	-	48
1961	43½	-	33½
1962	58	-	19
1963	42	-	36
1964	39	-	47
1965	52	-	34
1966	56	-	30
1967	25	-	70
1968	40	-	60
1969	61	-	48
1970-F111	-	-	24
1971-F CARL. by forfeit	-	-	
1972-F124	-	-	3

CARLMONT vs San Carlos

VARSITY DIVISION

1961	89½	-	22½
1962	87	-	26
1963	73	-	40
1964	104	-	18
1965	83	-	39
1966	67	-	55
1967	78	-	44
1968	71	-	46
1969	76	-	60
1970	55	-	81

1971	70	-	66
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1972	85	-	51
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B DIVISION + J.V.

1961	101	-	11
1962	65½	-	47½
1963	75	-	38
1964	41	-	72
1965	36	-	77
1966	57	-	65
1967	35	-	87
1968	72	-	46
1969	58	-	78
1970-J	61	-	75
1971-J	97	-	39
1972-J	83	-	52

C DIVISION + FROSH

1961	35	-	42
1962	42	-	31
1963	19	-	58
1964	29	-	55
1965	68	-	18
1966	46	-	32
1967	34	-	63
1968	62	-	29
1969	88	-	20
1970-F	78	-	58
1971-F	86	-	50
1972-F	80½	-	50½

CARLMONT vs San Mateo

VARSITY DIVISION

1955	48	-	60
1956	50½	-	62½
1958	47 2/3	-	71 1/3
1959	45	-	68
1960	46 1/3	-	66 2/3
1961	70½	-	42½
1962	69 3/5	-	42 3/5
1963	69	-	44
1964	84	-	41
1965	70	-	52
1966	71	-	51
1967	57	-	65
1968	51	-	76
1969	59	-	68
1970	76	-	60
1971	85	-	50
1972	98	-	38

B DIVISION + J.V.

1955	43	-	69
1956	32	-	81
1957	60	-	16
1959	16	-	96
1960	24	-	86
1961	33	-	80
1962	35½	-	77 3/4
1963	65	-	48

1964	48	-	65
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1965	30	-	56
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1966	48	-	38
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1967	49	-	73
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1968	64	-	63
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1969	73½	-	53½
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1970-JV90	-	-	46
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1971-JV68½	-	-	67½
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1972	106	-	30
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C DIVISION + FROSH

1955	55	-	17
1956	22	-	43
1957	16	-	60
1959	24	-	53
1960	10	-	67
1961	3	-	68
1962	16	-	57
1963	32	-	44
1964	25	-	61
1965	37	-	49
1966	35	-	42
1967	42	-	49
1968	69	-	22
1969	68	-	41
1970-F	61	-	63
1971-F116	-	-	18
1972-F	91	-	44

CARLMONT vs Sequoia

VARSITY DIVISION

1958	72	-	41
1959	63	-	50
1960	71	-	42
1961	80	-	33
1962	83	-	29
1963	80	-	33
1964	73	-	49
1965	113	-	9
1966	90	-	32
1967	63	-	56
1968	71	-	55
1969	53½	-	82½
1970	62	-	74
1971	57	-	79
1972	84	-	51

B DIVISION + J.V.

1958	49	-	64
1959	39½	-	73 3/4
1960	83	-	30
1961	83 1/6	-	25 5/6
1962	68 1/6	-	44 5/6
1963	71	-	42
1964	41	-	72
1965	48	-	65
1966	43	-	79
1967	63	-	56
1968	85	-	42

Dual Meet Team Scores - Cont'd (3)

CARLMONT vs Sequoia (cont'd)

B DIVISION + J.V.

1969	70	-	66
1970-J	86	-	50
1971-J106		-	30
1972-J	80	-	52

C DIVISION + FROSH

1958	11	-	66
1959	44	-	33
1960	36	-	41
1961	43	-	34
1962	44½	-	33½
1963	34	-	43
1964	20	-	60
1965	30	-	56
1966	48	-	38
1967	48	-	37
1968	54	-	46
1969	52	-	57
1970-F	81	-	55
1971-F	95	-	39
1972-F114½		-	20½

CARLMONT vs Woodside

VARSITY DIVISION

1959	95	-	13
1960	98	-	15
1961	102	-	11
1962	91 2/3	-	21 1/3
1963	65	-	48
1964	81	-	41
1965	93	-	29
1966	75	-	47
1967	87	-	35
1968	93	-	37
1969	68	-	68
1970	58	-	78
1971	70	-	60
1972	90	-	46

B DIVISION + J.V.

1959	78½	-	34½
1960	87	-	26
1961	79	-	34
1962	53½	-	59½
1963	41	-	72
1964	76	-	36
1965	65	-	46
1966	79	-	43
1967	72	-	50
1968	69	-	53
1969	36	-	100
1970-J	36	-	100
1971-J	66	-	70
1972-J	72	-	64

C DIVISION + FROSH

1959	48	-	20
1960	42	-	35
1961	16	-	60
1962	31	-	60
1963	16	-	61
1964	50	-	34
1965	48	-	38
1966	61	-	25
1967	44	-	51
1968	86	-	14
1969	50	-	59
1970-F	93	-	43
1971-F125		-	11
1972-F	68	-	68

CARLMONT -- WON -- LOSS

S.P.A.L.

VARSITY

97-----14-----2

B + J.V. DIVISION

76-----31-----1

C + FROSH DIVISION

77-----29-----1

(1958 ---- 1972)

TOTAL FOR VARSITY, B,C,
JUNIOR VARSITY & FROSH

S.P.A.L. RECORD

245 Victories

74 Defeats

3 Ties

SEQUOIA DISTRICT MEET RECORDS

VARSITY DIVISION

440 Yd Relay	Murphy-Everheardt	Menlo Atherton	:43.0	1970
	Kirkman, Reese			
120 Yd High Hurdles	GARY GASKILL	CARLMONT	:14.6	1961
	Leslie, Frazier	Woodside	:14.6	1968
880 Yd Run	John Lilly	San Carlos	1:53.3	1965
100 Yd Dash	ANDY SEARS	CARLMONT	:09.8	1963
440 Yd Run	Willie Waller	Menlo Atherton	:49.1	1960
Two Mile Run	CARL CATTARIN	CARLMONT	9:38.8	1972
180 Yd Low Hurdles	GARY GASKILL	CARLMONT	:18.9	1961
220 Yd Dash (turn)	Dick Burns	Menlo Atherton	:21.9	1960
One Mile Run	STEVE MILLER	CARLMONT	4:19.4	1972
High Jump	John Radetich	San Carlos	6' 8"	1966
Long Jump	Ken Murphy	Menlo Atherton	23' 9"	1970
Triple Jump	MIKE HALL	CARLMONT	46' 11"	1971
Shotput	JIM PENROSE	CARLMONT	59' 10 3/4"	1968
Discus	Marc Douglas	Sequoia	177' 4"	1969
Pole Vault	JIM KATCHES	CARLMONT	13' 9"	1972
One Mile Relay	Hill-Augman	Ravenswood	3:27.8	1971
	Fitzhugh-Prince			

JUNIOR VARSITY

440 Yd Relay		Ravenswood	:44.4	1970
120 Yd High Hurdles	Cezar Oravillo	Sequoia	:15.4	1970
880 Yd Run	Schyler	San Carlos	2:02.1	1972
100 Yd Dash	Paul Mullet	Woodside	:10.1	1970
440 Yd Run	Don MacKenzie	Menlo Atherton	:51.7	1972
Two Mile Run	CARL CATTARIN	CARLMONT	9:46.9	1971
180 Yd Low Hurdles	Cezar Oravillo	Sequoia	:19.9	1970
220 Yd Dash	Paul Mullet	Woodside	:22.9	1970
One Mile Run	BILL LATOR	CARLMONT	4:36.6	1972
High Jump	Jim Orr	Woodside	6' 1"	1971
	STEVE AGNI	CARLMONT	6' 1"	1971
Long Jump	Herman Jackson	San Carlos	21' 4 1/4"	1970
Triple Jump	Herman Jackson	San Carlos	42' 11"	1970
Shotput	Jim Data	Sequoia	51' 10 3/4"	1972
Discus	Bob Abbott	Woodside	146' 7 1/2"	1972
Pole Vault	LARRY GULLETTE	CARLMONT	13' 0"	1972
One Mile Relay		Woodside	3:33.6	1970

FROSH DIVISION

440 Yd Relay	DODGEN, MULLINS	CARLMONT	:46.1	1970
	LENNEN, AVILA			
70 Yd High Hurdles	Myrt Easley	Woodside	:09.5	1972
	Marlan Murphy	Sequoia	:09.5	1970
880 Yd Run	Connor Taylor	Woodside	2:06.9	1972
100 Yd Dash	Bruce Veal	San Carlos	:10.5	1970
440 Yd Run	Don Robinson	Menlo Atherton	:53.6	1972
Two Mile Run	Killy Lawson	San Carlos	10:14.0	1971
180 Yd Low Hurdles	Marlan Murphy	Sequoia	:21.8	1970
220 Yd Dash	Bruce Veal	San Carlos	:23.6	1970
One Mile Run	Matt Yeo	San Carlos	4:41.6	1970
High Jump	LARRY WRIGHT	CARLMONT	6' 0"	1972
Long Jump	A. Katz	Woodside	19' 7 1/2"	1970
Triple Jump	Van Breck	Sequoia	41' 3 3/4"	1972
Shotput	Jim Data	Sequoia	50' 4 1/2"	1971
Discus	Ezell	Woodside	130' 8 1/2"	1972
Pole Vault	LARRY GULLETTE	CARLMONT	11' 6"	1971
One Mile Relay	Jonk-Lyle	Menlo Atherton	3:44.5	1971
	Noble-Baltz			

SEQUOIA DISTRICT HONOR ROLL

440 Yd Relay

1. Menlo Atherton	:42.6	1968
2. Menlo Atherton	:42.6	1960
3. Menlo Atherton	:42.6	1970
4. Ravenswood	:42.8	1971
5. Menlo Atherton	:43.1	1969

120 Yd High Hurdles

1. GARY GASKILL	CARLMONT	:14.3	1961
2. JIM MILLER	CARLMONT	:14.5 ^y	1968
3. BOB SAWYER	CARLMONT	:14.5	1961
4. Frazier Leslie	Woodside	:14.6	1968
5. Ceazar Oravillo	Sequoia	:14.6	1971
6. Rich Jones	Woodside	:14.6	1971

880 Yd Run

1. John Lilly	San Carlos	1:53.2	1966
2. TOM WAKE	CARLMONT	1:56.1	1966
3. JACK SANDIN	CARLMONT	1:56.3	1964
4. Henry Cross	San Carlos	1:56.4	1962
5. Teal Messer	Woodside	1:56.4	1963

100 Yd Dash

1. Bill Rupp	Sequoia	:09.7	1952
2. Dick Burns	Menlo Ath.	:09.7	1960
3. Jim Cheatham	Menlo Ath.	:09.7	1961
4. ANDY SEARS	CARLMONT	:09.8	1963
5. Jim Marshall	Ravenswood	:09.8	1966
6. Bill Hatcher	Menlo Ath.	:09.8	1968

440 Yd Run

1. Darryl White	Sequoia	:48.9	1968
2. Willie Waller	Menlo Ath.	:49.0	1960
3. ROGER ROYAL	CARLMONT	:49.2	1965
4. Jim Shirley	Ravenswood	:49.2	1971
5. Bill Rupp	Sequoia	:49.4	1952

Two Mile Run

1. CHRIS CAREY	CARLMONT	9:12.2	1967
2. Mitch Kingrey	San Carlos	9:12.5	1972
3. HANS TEMPLEMAN	CARLMONT	9:14.0	1970
4. Matt Yoe	San Carlos	9:14.0	1972
5. CARL CATTARIN	CARLMONT	9:14.4	1972
6. STEVE MILLER	CARLMONT	9:14.4	1972

180 Yd Low Hurdles

1. GARY GASKILL	CARLMONT	:18.9	1961
2. Ceazar Oraville	Sequoia	:19.1	1971
3. Jim Luttrell	Sequoia	:19.2	1952
4. Frazier Leslie	Woodside	:19.4	1968
5. RON VALENTINE	CARLMONT	:19.6	1956
6. BOB SAWYER	CARLMONT	:19.6	1961

220 Yd Dash (turn)

1. Bill Hatcher	Menlo Ath.	:21.9	1968
2. Dick Burns	Menlo Ath.	:21.9	1960
3. ANDY SEARS	CARLMONT	:22.0	1964
4. Ernie Reese	Menlo Ath.	:22.0	1969
5. Joe Prince	Ravenswood	:22.1	1972

One Mile Run

1. STEVE MILLER	CARLMONT	4:10.7	1972
2. CHRIS CAREY	CARLMONT	4:17.2	1969
3. MIKE MCCANN	CARLMONT	4:18.5	1964
4. DAVE KAMRAR	CARLMONT	4:20.4	1961
5. HANS TEMPLEMAN	CARLMONT	4:20.5	1971
6. CHUCK OLIVER	CARLMONT	4:20.5	1972

High Jump

1. John Radetich	San Carlos	6'9 3/4"	1966
2. Jim May	Sequoia	6'6"	1970
3. Ron Bosch	Sequoia	6'6"	1970
4. TODD GASKILL	CARLMONT	6'5 1/4"	1
5. Don Brown	Ravenswood	6'4 1/2"	1964

Long Jump

1. Ken Murphy	Menlo Ath.	23' 9"	1970
2. Charles Johnson	Sequoia	23' 6 3/4"	1967
3. Terry Baker	Menlo Ath.	23' 4 3/4"	1958
4. Bob Washington	Ravenswood	23' 0"	1961
5. Jim Cheatham	Menlo Ath.	23' 0"	1961

Triple Jump

1. MIKE HALL	CARLMONT	47' 5"	1971
2. Mike Hughes	Sequoia	47' 5"	1970
3. Johnson	Woodside	45' 5 1/4"	1971
4. Jim Watts	Menlo Ath.	45' 0"	1972
5. John Silver	Woodside	45' 0"	1970

Shotput

1. JIM PENROSE	CARLMONT	59' 10 3/4"	1968
2. Larry Kennedy	Menlo Ath.	57' 10 1/2"	1961
3. PAUL BRANDOOW	CARLMONT	57' 4"	1972
4. Jeff Dunkers	Woodside	56' 8 1/4"	1966
5. Bob Atkinson	Menlo Ath.	56' 6 3/4"	1957

Discus

1. JIM PENROSE	CARLMONT	193' 1 1/2"	1968
2. Marc Douglas	Sequoia	181' 1"	1969
3. Ben Welch	Woodside	174' 6"	1966
4. TOM GRIMM	CARLMONT	169' 3 1/2"	1964
5. RON MILLER	CARLMONT	167' 7"	1

Pole Vault

1. PAUL DEMPSTER	CARLMONT	14' 6 3/4"	1972
2. DENNIS PHILLIPS	CARLMONT	14' 6"	1964
3. ERIC REICH	CARLMONT	14' 4 1/4"	1969
4. TOM WHITE	CARLMONT	14' 1 1/2"	1965
5. JACK LENNEN	CARLMONT	14' 1"	1972

One Mile Relay

1. Sequoia	3:20.8	1968
2. Menlo Atherton	3:21.6	1959
3. CARLMONT	3:23.2	1960
4. Ravenswood	3:23.2	1971
5. Woodside	3:23.6	1965
6. Menlo Atherton	3:23.6	1959

1. CARLMONT-----	34
2. Menlo Atherton-----	18
3. Sequoia-----	12
4. Woodside-----	8
5. Ravenswood-----	6
6. San Carlos-----	5

S.P.A.L. TRACK AND FIELD CHAMPIONSHIP MEET RECORDS

VARSITY DIVISION

440 Yd Relay	Murphy, Reese, Kirkman, Everhardt	Menlo Atherton	:42.6	1970
120 Yd High Hurdles	Carl Florant	Palo Alto	:14.3	1972
880 Yd Run	Bill Respini	Palo Alto	1:55.1	1968
100 Yd Dash	Dick Burns	Menlo Atherton	:09.7	1960
440 Yd Run	Willie Waller	Menlo Atherton	:49.0	1960
Two Mile Run	CHRIS CAREY	CARLMONT	9:27.1	1968
180 Yd Low Hurdles	Julian Lucas	Gunn	:18.9	1970
220 Yd Dash	Dick Burns	Menlo Atherton	:21.4	1960
220 Yd Dash (turn)	Bill Hatcher & Ernie Reese	Menlo Atherton	:22.0	1968 & 7
One Mile Run	STEVE MILLER	CARLMONT	4:15.2	1972
High Jump	John Radetich	San Carlos	6' 8 1/2"	1966
Long Jump	Julian Lucas	Gunn	23' 3 3/4"	1970
Triple Jump	Dale Krebs	Gunn	47' 5 1/2"	1970
Shotput	Don Castle	Cubberley	64' 3"	1964
Discus	Winston Landis	Palo Alto	175' 8 1/2"	1967
Pole Vault	TOM WHITE	CARLMONT	14' 1 1/2"	1965
One Mile Relay	Currey, White, D. Willis, G. Willis	Sequoia	3:23.0	1969

FROSH SOPH DIVISION

440 Yd Relay	Butler, McNesby, Uhlig, Veal	San Carlos	:45.1	1971
70 Yd High Hurdle	Terry Adams	Gunn	:08.8	1970
880 Yd Run	John Bay	Gunn	2:00.4	1970
100 Yd Dash	Puckett	Ravenswood	:10.1	1970
440 Yd Run	Don Mackenzie	Menlo Atherton	:51.0	1972
Two Mile Run	Gordon MacMitchell	Terman	9:56.2	1970
180 Yd Low Hurdles	Terry Adams	Gunn	:20.5	1971
220 Yd Dash	Lamont Willey & Don Mackenzie	Woodside & Menlo Ath.	:23.3	1971 & 72
One Mile Run	STEVE MILLER	CARLMONT	4:27.0	1970
High Jump	Mark Wilmarth, John Littleboy & LARRY WRIGHT	San Carlos, Gunn & CARLMONT	6' 0"	1972
Long Jump	Herman Jackson	San Carlos	22' 1 1/2"	1971
Triple Jump	Mitchell	Menlo Atherton	43' 1 1/2"	1971
Shotput	Jeff Vetovec	San Carlos	55' 1 1/2"	1971
Discus	George Stein	Gunn	153' 6 1/2"	1972
Pole Vault	CHRIS WILLETT	CARLMONT	13' 5 1/2"	1970
One Mile Relay	Ray, Puckett, Fitzhugh, Augmon	Ravenswood	3:34.9	1970

S.P.A.L. HONOR ROLL

440 Yd Relay

1. Menlo Atherton	:42.6	1970
2. Menlo Atherton	:42.6	1968
3. Menlo Atherton	:42.6	1960
4. Ravenswood	:42.8	1971
5. Menlo Atherton	:43.1	1969

120 Yd High Hurdles

1. Carl Florant	Palo Alto	:14.2	1972
2. Dave Bagshaw	Gunn	:14.2	1971
3. GARY GASKILL	CARLMONT	:14.3	1961
4. Omar Cowles	Palo Alto	:14.3	1941
5. Keith Peters	Gunn	:14.4	1969

880 Yd Run

1. John Lilly	San Carlos	1:53.2	1966
2. Bill Respini	Palo Alto	1:55.0	1968
3. Dennis Milligan	Palo Alto	1:55.4	1964
4. George Linn	Palo Alto	1:55.9	1959
5. TOM WAKE	CARLMONT	1:56.1	1966

100 Yd Dash

1. Bill Rupp	Sequoia	:09.7	1952
2. Dick Burns	Menlo Ath.	:09.7	1960
3. Jim Cheatham	Menlo Ath.	:09.7	1961
4. ANDY SEARS	CARLMONT	:09.8	1963
5. E. Stevenson	Cubberley	:09.8	1958
6. Bill Hatcher	Menlo Ath.	:09.8	1969
7. Jim Marshall	Ravenswood	:09.8	1966

440 Yd Run

1. Julian Lucas	Gunn	:48.3	1970
2. Darryl White	Sequoia	:48.9	1968
3. Willie Waller	Menlo Ath.	:49.0	1960
4. ROGER ROYAL	CARLMONT	:49.2	1965
5. Jim Shirley	Ravenswood	:49.2	1971

Two Mile Run

1. CHRIS CAREY	CARLMONT	9:12.2	1967
2. Mitch Kingrey	San Carlos	9:12.5	1972
3. Steve Crowley	Gunn	9:13.5	1972
4. HANS TEMPLEMAN	CARLMONT	9:14.0	1970
5. Matt Yoe	San Carlos	9:14.0	1972

180 Yd Low Hurdles

1. GARY GASKILL	CARLMONT	:18.9	1961
2. Julian Lucas	Gunn	:18.9	1970
3. Ceazar Oravillo	Sequoia	:19.1	1971
4. Jim Luttrell	Sequoia	:19.2	1952
5. Bob Evers	Cubberley	:19.3	1967

220 Yd Dash (turn)

1. Dick Burns	Menlo Ath.	:21.9	1960
2. Bill Hatcher	Menlo Ath.	:21.9	1968
3. ANDY SEARS	CARLMONT	:22.0	1964
4. Ernie Reese	Menlo Ath.	:22.0	1970
5. Joe Prince	Ravenswood	:22.1	1972

One Mile Run

1. STEVE MILLER	CARLMONT	4:10.7	1972
2. Jon Enscoe	Palo Alto	4:15.4	1966
3. Steve Crowley	Gunn	4:16.0	1972
4. CHRIS CAREY	CARLMONT	4:17.2	1969
5. Ron Coleman	Palo Alto	4:17.5	1965

High Jump

1. John Radetich	San Carlos	6'9 3/4"	1966
2. Les Steers	Palo Alto	6'6 1/2"	1937
3. Ron Bosch	Sequoia	6'6"	1970
4. Jim May	Sequoia	6'6"	1970
5. TODD GASKILL	CARLMONT	6'5 1/4"	1972

Long Jump

1. Ken Murphy	Menlo Ath.	23'9"	1970
2. Charles Johnson	Sequoia	23'6 3/4"	1967
3. Terry Baker	Menlo Ath.	23'4 3/4"	1958
4. Julian Lucas	Gunn	23'3 3/4"	1970
5. Bob Washington	Ravenswood	23'3 1/2"	1963

Triple Jump

1. Dale Krebs	Gunn	49'4 1/2"	1971
2. MIKE HALL	CARLMONT	47'5"	1970
3. Mike Hughes	Sequoia	47'5"	1971
4. John Bay	Gunn	46'5 3/4"	1972
5. Julian Lucas	Gunn	46'	1971

Shotput

1. Don Castle	Cubberley	65'7 1/4"	1961
2. JIM PENROSE	CARLMONT	59'10 3/4"	1968
3. B. Mitchell	Cubberley	59'3 1/4"	1964
4. Larry Kennedy	Menlo Ath.	57'10 1/2"	1961
5. PAUL BRANDOW	CARLMONT	57'4"	1972

Discus

1. Tom Birtwhistle	Gunn	195'4"	1969
2. JIM PENROSE	CARLMONT	193'1/2"	1968
3. Winston Landes	Palo Alto	184'7 1/2"	1967
4. Marc Douglas	Sequoia	181'1"	1969
5. Ben Welch	Woodside	174'6"	1966

Pole Vault

1. PAUL DEMPSTER	CARLMONT	14'6 3/4"	1972
2. DENNIS PHILLIPS	CARLMONT	14'6"	1964
3. ERIC REICH	CARLMONT	14'4 1/2"	1969
4. Ken Weed	Gunn	14'3"	1967
5. TOM WHITE	CARLMONT	14'1 1/2"	1965

One Mile Relay

1. Sequoia	3:20.8	1968
2. Menlo Atherton	3:21.6	1960
3. CARLMONT	3:23.2	1960
4. Ravenswood	3:23.2	1971
5. Woodside	3:23.6	1965
6. Menlo Atherton	3:23.6	1959

1. CARLMONT-----	19
2. Menlo Atherton-----	16
3. Gunn-----	11
4. Sequoia-----	10
5. Palo Alto-----	9
6. Ravenswood-----	6
7. San Carlos-----	4
8. Cubberley-----	4
9. Woodside-----	2

REGION II TRACK and FIELD RECORDS

VARSITY DIVISION

440 Yd Relay		Los Altos	SCVAL	:43.1	1972
120 Yd High Hurdles	Dave Bagshaw	Gunn	SPAL	:14.2	1971
880 Yd Run	Rick Brown	Los Altos	SCVAL	1:56.4	1970
100 Yd Dash	John Paul	Gunn	SPAL	:10.1	1971
	Fowler	Cupertino	SCVAL	:10.1	1970
440 Yd Run	Rick Brown	Los Altos	SCVAL	:47.2	1970
Two Mile Run	HANS TEMPLEMAN	CARLMONT	SPAL	9:24.5	1971
180 Yd Low Hurdles	Ceazar Oravillo	Sequoia	SPAL	:19.7	1971
220 Yd Dash	Benny Brown	Sunnyvale	SCVAL	:21.9	1971
One Mile Run	STEVE MILLER	CARLMONT	SPAL	4:19.1	1972
High Jump	Ron Bosch	Sequoia	SPAL	6' 6"	1970
Long Jump	Dave Pina	San Carlos	SPAL	22' 6 1/4"	1970
Triple Jump	Dale Krebs	Gunn	SPAL	46' 9 3/4"	1971
Shotput	Chris Adams	Los Altos	SCVAL	62' 7 1/2"	1970
Discus	Chris Adams	Los Altos	SCVAL	194' 3 1/2"	1970
Pole Vault	Ceglia	Homestead	SCVAL	14' 1/2"	1970
One Mile Relay		Los Altos	SCVAL	3:18.1	1970

FROSH-SOPH DIVISION

440 Yd Relay		Cupertino	SDVAL	:44.7	1970
70 Yd High Hurdles	Carl Florant	Palo Alto	SPAL	:08.8	1971
880 Yd Run	Carroll	Lynbrook	SCVAL	2:00.4	1971
100 Yd Dash	Adams	Wilcox	SCVAL	:10.5	1971
440 Yd Run	Hitt	Gunn	SPAL	:51.3	1970
Two Mile Run	CARL CATTARIN	CARLMONT	SPAL	9:50.4	1971
180 Yd Low Hurdles	Nakamura	Monte Vista	SCVAL	:20.8	1970
220 Yd Dash (turn)	Kimbal	Los Altos	SCVAL	:23.5	1971
	Wiley	Woodside	SPAL	:23.5	1970
One Mile Run	STEVE MILLER	CARLMONT	SPAL	4:28.0	1970
High Jump	John Littleboy	Gunn	SPAL	6' 4 3/4"	1972
Long Jump	Herman Jackson	San Carlos	SPAL	21' 6 1/4"	1970
Triple Jump	Munson	Sunnyvale	SCVAL	46' 1 1/2"	1970
Shotput	McGowen	Fremont	SCVAL	57' 1"	1971
Discus	McGowen	Fremont	SCVAL	159' 7 3/4"	1971
Pole Vault	Hintz	Buckser	SCVAL	13' 3 1/2"	1971
One Mile Relay		Ravenswood	SPAL	3:33.6	1970

CARLMONT INVITATIONAL RECORDS

<u>MEET RECORDS</u>	<u>School</u>	<u>Record</u>	<u>Year</u>	<u>Average</u>
Discus	Los Altos	656' 9"	1972	164' 2 1/4"
Shotput	Los Altos	211' 10 1/2"	1963	52' 11 1/2"
High Jump	Pittsburg	24'	1966	6'
	Berkeley	24'	1965 & 72	6'
Long Jump	Berkeley	84' 4 1/2"	1963	21' 1"
Triple Jump	Cupertino	172' 10 3/4"	1971	43' 2 1/2"
Pole Vault	El Cerrito	51' 11"	1965	12' 11 1/2"
480 Yd H.H. Shuttles	Pittsburg	:61.6	1969	:15.4
Two Mile Relay	El Cerrito	7:54.9	1972	1:59.0
440 Yd Relay	Berkeley	:42.4	1970	:10.6
	El Cerrito	:42.4	1971	:10.6
Eight Mile Relay	CARLMONT	39:53.0	1970	9:58.0
720 Yd L.H. Shuttles	El Cerrito	1:22.3	1966	:20.6
Four Mile Relay	CARLMONT	17:47.8	1972	4:26.9
880 Yd Relay	El Cerrito	1:28.1	1970	:22.0
One Mile Relay	Los Altos	3:18.2	1970	:49.6

CENTRAL COAST SECTION TRACK AND FIELD RECORDS

VARSITY DIVISION

440 Yd Relay		Silver Creek	MNAL	:42.1	1972
120 Yd High Hurdles	Ike Allmond	Serramonte	MPL	:14.1	1972
880 Yd Run	Rick Brown	Los Altos	SCVAL	1:50.7	1970
100 Yd Dash	Chuck Bommarito	Crestmoor	MPL	:09.7	1970
	Bill Rupp	Sequoia	SPAL	:09.7	1952
	Brad Lyman	Los Altos	SCVAL	:09.7	1967
440 Yd Run	Rick Brown	Los Altos	SCVAL	:47.1	1970
Two Mile Run	Steve Brooks	Mt. Pleasant	MHAL	9:07.8	1972
180 Yd Low Hurdles	Mark Skilman	Campbell	WVAL	:18.9	1971
220 Yd Dash	Lee Evans	Overfelt	MHAL	:20.8	1965
220 Yd Dash (turn)	Chuck Bommarito	Crestmoor	MPL	:21.4	1971
One Mile Run	Mike Ryan	Wilcox	SCVAL	4:09.5	1965
High Jump	John Raditch	San Carlos	SPAL	6'9 3/4"	1966
Long Jump	John Johnson	Pacific Grove	MBL	24'7 1/2"	1964
Triple Jump	Greg Conway	Cupertino	SCVAL	49'5"	1971
Shotput	Bob Brannen	Los Gatos	WVAL	63'9"	1964
Discus	Scott Overton	Los Altos	SCVAL	191'0"	1972
Pole Vault	Roger Martin	Camden	MBL	15'6"	1971
One Mile Relay	Thompson, Andrew, Davis, Brown	Los Altos	SCVAL	3:15.8	1970

FROSH-SOPH DIVISION

440 Yd Relay	Thorp, Jones, Kawashimo, Cabellero	Cupertino	SCVAL	:44.3	1970
70 Yd High Hurdles	Bob Washington	Salinas	MBL	:08.6	1970
880 Yd Run	Kleary	Stevenson	MBL	1:59.5	1971
100 Yd Dash	Ashman, Mark Fanning	Saratoga, Prospect	WVAL	:10.1	1970 & 1972
440 Yd Run	Rick Gonzales	Branham	WVAL	:50.1	1970
Two Mile Run	Kennedy	Lynbrook	SCVAL	9:35.1	1972
180 Yd Low Hurdles	Bob Washington	Salinas	MBL	:19.9	1970
220 Yd Dash	Rosenberg	Del Mar	WVAL	:22.4	1972
One Mile Run	Suhr	Branham	WVAL	4:23.6	1972
High Jump	True	Monte Vista	MBL	6'6"	1971
Long Jump	Marki	Buchser	SCVAL	21'4 1/4"	1970
Triple Jump	Walker	Piedmont Hills	MHAL	45'8 1/2"	1972
Shotput	Bill Popin	Aragon	SCVAL	58'7"	1971
Discus	Allen	Lynbrook	SCVAL	156'11"	1971
Pole Vault	PAUL DEMPSTER	CARLMONT	SPAL	13'0"	1970
	Dave McLennon	Blackford	WVAL	13'0"	1970
	Paton	San Mateo	MPL	13'0"	1971
One Mile Relay	Chorpening, Carpella, B. Popin, Matis	Aragon	MPL	3:30.0	1971

COMPARISON OF CARLMONT HIGH SCHOOL RECORDS - 1958 through 1972

<u>VARSITY DIVISION</u>	<u>1958 RECORD</u>	<u>1972 RECORD</u>	<u>IMPROVEMENT</u>	<u>SUBTOTALS</u>
*440 Yd Relay	:43.2	:43.2	:00.0	:00.0
120 Yd High Hurdles	:14.8	:14.3	:00.5	:00.5
880 Yd Run	1:56.1	1:56.1	:03.4	:03.9
100 Yd Dash	:10.3	:09.8	:00.5	:04.4
440 Yd Run	:51.0	:49.2	:01.8	:06.2
Two Mile Run	10:10.0	9:12.2	:57.8	1:04.0
180 Yd Low Hurdles	:19.6	:18.9	:00.7	1:04.7
220 Yd Dash	:23.1	:21.7	:01.4	1:06.1
One Mile Run	4:23.8	4:10.7	:15.0	1:19.2
*One Mile Relay	3:23.2	3:23.2	:00.0	1:19.2
High Jump	6' 1/4"	6' 5/4"	5"	5"
Long Jump	21' 6"	22' 10 3/4"	1' 4 3/4"	1' 9 3/4"
*Triple Jump	41' 1/4"	47' 5"	6' 4 3/4"	8' 2 1/2"
Shotput	48' 2"	59' 10 3/4"	11' 8 3/4"	19' 11 1/4"
Discus	119' 6"	193' 1/2"	73' 6 1/2"	93' 5 3/4"
Pole Vault	10' 11"	14' 6 3/4"	3' 7 3/4"	97' 1 1/2"

<u>JUNIOR VARSITY DIVISION</u>	<u>1970 RECORD</u>	<u>1972 RECORD</u>		
440 Yd Relay	:43.2	:43.2		
120 Yd High Hurdles	:14.6	:14.6		
*880 Yd Run	1:56.4	1:56.4		
*100 Yd Dash	:09.8	:09.8		
*440 Yd Run	:50.4	:50.4		
*Two Mile Run	9:12.2	9:12.2		
*180 Yd Low Hurdles	:19.7	:19.7		
*220 Yd Dash (turn)	:22.4	:22.4		
*One Mile Run	4:23.7	4:23.7		
*One Mile Relay	3:36.5	3:35.9	:00.6	:00.6
High Jump	6' 3/4"	6' 2"	1 1/4"	1 1/4"
Long Jump	22' 6 3/4"	22' 6 3/4"		1 1/4"
Shotput	55' 5 1/2"	55' 5 1/2"		1 1/4"
Discus	178'	178'		1 1/4"
Pole Vault	13' 8 1/4"	14' 1"	4 3/4"	6' 0"
*Triple Jump	46'	46'	:00.0	6' 0"

<u>FROSH DIVISION</u>				
440 Yd Relay	:46.6	:45.7	.9	.9
70 Yd High Hurdles	:10.3	:10.3	:00.0	.9
*880 Yd Run	2:04.2	2:04.2		.9
*100 Yd Dash	:10.3	:10.3		.9
*440 Yd Run	:53.7	:53.7		.9
*Two Mile Run	9:39.9	9:39.9		.9
*180 Yd Low Hurdles	:21.5	:21.5		.9
*220 Yd Dash (turn)	:23.7	:23.7		.9
*One Mile Run	4:23.9	4:23.9		.9
*One Mile Relay	3:50.8	3:46.5	:04.3	:05.2
High Jump	5' 11"	6'	1"	1"
Long Jump	19' 8 1/2"	19' 8 1/2"		1"
Triple Jump	38' 7 1/4"	41' 2"	2' 6 3/4"	2' 7 3/4"
Shotput	40' 10 1/2"	44' 4 1/2"	3' 6"	6' 1 3/4"
Discus	116' 3 1/2"	128' 11"	12' 7 1/2"	18' 9 1/4"
Pole Vault	12' 3"	12' 3"		18' 9 1/4"

*New events since 1966