

SPAL spikers in best CCS effort

By KEVIN DOYLE
Tribune Sports Writer

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VARSIITY

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20 HH—Florant (PA) 14.1, Allmond (Serramonte) 14.1, LaMont (San Mateo) 14.4, Kolesnikow (Burl) 14.4, tie between Lynch (Home) and Rodriguez (Sara) 14.6.

100—Hampton (Sil. Cr.) 9.7mtr, Sumpster (Mont) 9.8, Hill (LA) 9.9, Ragland (Ray) 9.9, Westfall (Oceans) 10.1.

880—Cleary (RLS) 1:53.2, Kasser (SF) 1:54.5, Pabst (WG) 1:54.9, Nolte (Cup) 1:55.4, Hamilton (Leigh) 1:55.7.

Dis — Hickson (Leland) 189-11, McGowan (Fre) 180-4, Allen (Lyn) 173-7, Abbott (Wood) 172-6, Pushkin (LA) 170-7.

LJ—Thorp (Cup) 23-2, LeGrande (West) 23-0½, Robinson (Sil. Cr) 22-10½, Carter (Mont) 22-9½, Nakada (SM) 22-8.

SP—Sizemore (Lin) 56-6½, McGowan (Fre) 55-2½, Oberhelman (Gunn) 54-10½, Filice (Gil) 54-5½, Karakozoff (SI) 54-3.

440—Siirila (Buc) 49.1, Villareal (MV) 49.5, Henkle (SSF) 49.9, Harris (Sil Cr) 50.0, Popin (Ara) 50.2.

Two mile—MacMitchell (Gunn) 9:01.6mtr, Kingery (San Carlos) 9:09.4, Geiken (Cubb) 9:12.5, Kennedy (Lyn) 9:14.9, Sommer (Leigh) 9:16.8.

180 LH—Napier (Lyn) 19.0, Florant (PA) 19.1, Allmond (Serramonte) 19.2, Robinson (Sil Cr) 19.2, LaMont (SM) 19.3.

HJ—Collins (Mont) 6-4, Lema (Cup) 6-4, Insley (Cup) 6-2, Littleboy (Gunn) 6-2, Farmer (Cubb) 6-2.

PV—Turner (DelMar) 15-0n Lennen (Carl) 14-6, Paton (SM) 14-6, Hintz (Buc) 14-0, Linn (Buc) 13-6.

220—Hampton (Sil Cr) 21.6, Lloyd (SI) 21.9, Ragland (Ray) 21.9, Hill (LA) 21.9, Villareal (MV) 21.9.

Mile—Crowley (Gunn) 4:12.6, Fotinos (SI) 4:16.4, Gruber (Aptos) 4:17.2, Suhr (Bran) 4:22.6, Stuart (Lyn) 4:22.6.

Mile relay—Buchser 3:23.7, South San Francisco 3:25.6, Westmont 3:26.0, St. Ignatius 3:25.8, Lynbrook 3:26.0.

TEAM SCORING: Cupertino 24, Silver Creek 22, Gunn, Monterey 16, Lynbrook 14, Los Altos 12.

FROSH-SOPH

HJ — Wright (Carl) 6-0, Webster (Lick) 6-0, Sackinger (Lyn) 6-0, Malveaux (San Carlos) 6-0, Zizzo (Gil) 5-10.

TJ — Malveaux (San Carlos) 46-3½mtr, Steward (Sea.) 46-1½, Easley (Wood) 45-8½, Gustavson (SM) 44-9¾, Zizzo (Gil) 44-8.

PV — Mederios (Cup) 13-4, Clay (HMB) 13-0¾, Fisher (Lyn) 13-0¾, Jackson (SM) 12-6.

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440 — Lloyd (Pete) 50.8, Coulter (Harbor) 51.0, McLeod (Cap) 51.6, Jones (Ray) 51.8, Robinson (MA) 52.2.

SP — Bersano (LG) 61-6, Watkins (Mitty) 56-10, Sackinger (Lyn) 54-11, Greco (Camden) 54-9, Long (LA) 54-5.

Two mile — Emory (Gunn) 9:25.6, DeLaGarza (Wats) 9:34.0, Fritzsche (Leigh) 9:35.2, Lease (Wood) 9:45.0, Munoz (Wats) 9:52.6.

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LJ — Barker (Pion.) 21-7½, Vazquez (Mills) 21-0¾, Baton (Serramonte) 20-7¾, Bender (TN) 20-6, Brisbane (Carl) 20-5.

100 — Cannon (Mt. Pleasant) 10.0, Ramsour (Over) 10.0, Jesse (Comp) 10.2, Wellborn (Mont) 10.2, Abruzzini (Gil) 10.2.

Mile — Hubbard (Lyn) 4:25.6, Schreck (Menlo) 4:31.4, Young (Carl) 4:31.5, Holst (Mitty) 4:32.8, DeLaGarza (Wats) 4:33.3.

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Woodside officially JV champ

Woodside High officially holds the Central Coast Section frosh-soph team track and field title, while Palo Alto's Carl Florant has the CCS varsity high hurdles meet record all to himself.

The Wildcats officially scored 18 points Friday night at San Jose City College to confirm the early totals and edge Overfelt (17), Lynbrook (16½) and Mitty (16) for the frosh-soph crown.

Sophomore Myrt Easley made Woodside's crown possible with first in the 180 low hurdles, fourth in the 70 highs, third in the triple jump and part of third in the mile relay. Tim Lease's fourth place in the two-mile and a third in the 440 relay also provided vital.

Florant, who will bid for a state title Friday and Saturday in the State Meet in Woodland, was first given a 14.1 winning clocking for the 120 highs, tying the meet record.

A re-check showed Florant should have been credited with a 14.0. His season best is 13.9, the all-time SPAL record.

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Florant Sets Record ... A Day After Run

By FRAN ERROTA

Staff Writer

Palo Alto and Gunn claimed the only record breakers in Friday's Central Coast Section Track & Field Championships and both loom as solid contenders for gold medals in the California State meet Saturday in Woodland.

Don Bell, Leland coach and meet director of the CCS event, said Saturday a recheck of results showed Carl Florant of Palo Alto should have been credited with a 14.0 instead of 14.1 in the 120-yard high hurdles.

Instead of a co-record holder. Florant now owns the CCS meet record and gives the CCS its best chance for a State title in the event since 1941 when another Palo Altan, Omar Cowles, won with a 14.3 clocking, which at the time was a State Meet mark.

"He's really a fluid hurdler" said Bell Saturday. "His 13.7 in the trials may have been better — I really don't think the wind aided him that much and I've always had the feeling a wind over the allowable may even have a detrimental effect in the high hurdles."

Another strong booster of the Viking timber-topper is his coach, Forrest Jamieson, who has piloted many nationally known distance runners through the years, including state mile king Ron Larrieu in 1956.

"He's one of the toughest competitors I've seen" stated

the Vike boss, "and the amazing thing about his 14.0 is the horrible start he had to overcome — he had one false start against him so was left in the blocks — he also hit a hurdle along the way."

Florant skipped over the barriers in 13.7 with a wind reading of 7.5 mph in the prelims. His 14.0 in the finals saw him pressed by Ike Almond, who nipped Florant in 14.1 in last year's CCS finals. Almond did 14.1 again, but that was good only for the runnerup berth.

Headliners Florant will face in Woodland include James Owens of Norte Del Rio of the Sacramento area

who has a windy 13.8 and legal 14.0 to his credit, along with Tom Andrews of West Bakersfield, whose 13.8 at the West Coast Relays in Fresno was legal.

Gunn claimed the other meet record breaker in Gordon MacMitchell whose 9:01.6 is the second best two-mile in CCS annals and the third best in California this season. Only Terry Williams of Lompoc (8:59.2) and Rich Kimball of De La Salle of Concord (9:01.4) have done better this season, but last year's one-two finishers return to make the eight-lapper one of the feature events at Woodland.