

Record

Mile in

NCS Meet

Rusty Nahirny of Washington High in Fremont stepped to a 4:13.7 mile to break the meet record yesterday at the North Coast Section High School track and field championships at Cal State-Hayward.

Nahirny's effort erased Alhambra's Broth Morgan's 12-year standard of 4:14.4.

De La Salle distance ace Rich Kimball ripped off a 9:02.2 clocking in the two mile. Kimball, a junior is the second fastest prep two miler in California behind Santa Monica's Curtis Beck.

Albany, which placed second with 26 points behind Berkeley's 39, was paced by double winners Mike Shavers and Ralph Fruguglietti.

Shavers, defending state champion in the 100 dashed to a 9.7 in the century then returned with a 21.5 in the 220. Fruguglietti won the shot with a 61-6 effort before tossing the discus 193-10 to set an NCS record.

(Qualifiers for State Meet)

120 HH — 1. Cooper (Ells) 14.2; 2. Barnes (Hayward) 14.3; 3. Benetee (Berk) 14.3; 4. Kraft (Pleasant Hill) 14.4.

440 relay — 1. Kennedy (Rich) 42.1; 2. Hayward 42.5; 3. Berkeley 42.6; 4. Cardinal Newman 43.1.

Shot — 1. Fruguglietti (Albany) 61-6; 2. Johnson (Berk) 56-6; 3. Elder (Redwood) 56-5; 4. Zeck (Antioch) 56-2.

880 — 1. Ramsey (Mont) 1:55.0; 4. Whitehead (Ukiah) 1:57.3.

100 — 1. Shavers (Albany) 9.7; 2. Jackson (Kenn.) 9.8; 3. Clark (Ells) 9.8; 4. Key (Hay) 9.8.

LJ — 1. Cleghorn (Berk) 23-8½; 2. Shafer (Berk) 23-5¾; 3. Hollmer (San Ramon) 23-1¾; 4. Huey (Vallejo) 22-9¾.

Mile — 1. Naharni (Wash-Fre) 4:13.7 (NCS record); 2. Tracy (Red) 4:17.0; 3. Burrough (DeAnza) 4:17.1; 4. Hadley (Vint) 4:19.5.

440 — 1. Byrd (Card. New.) 48.6; 2. Cleghorn (Berk) 48.9; 3. Hazelwood (Moreau) 49.0; 4. Pulley (St. Mary's) 49.0.

Discus — Fruguglietti (Albany) 193-10 (NCS record); 2. Ottersteter (Marina) 184-11; 3. Faulk (Mont) 173-9; 4. Walker (Amador) 168-3.

180 LH — 1. Greybehl (Las Lomas) 19.4; 2. Huey (Vall) 19.4; 3. Barnes (Hay) 19.4; 4. Woods (El Cerrito) 19.5.

220 — 1. Shavers (Albany) 21.5; 2. Jackson (Denn) 21.8; 3. Jordan (Berk) 21.9; 4. Madruga (YV) 22.1.

HJ — 1. Shaw (Pitt) 6-7; 2. Cummings (Irv) 6-6; 3. Buzzard (Mont) 6-6; 4. Kraft (Mission SJ) 6-4.

2 mile — 1. Kimball (De La Salle) 9:02.2; 2. Quintana (San Loren) 9:11.6; 3. Ruffato (Wash) 9:12.4; 4. Kissen (San Ramon) 9:17.3.

TJ — 1. Shafer (Berk) 47-5; 2. Smith (Hay) 46-11¼; 3. Haynes (EC) 46-5; 4. Roy (Alb) 46-2¾.

PV — 1. Lewis (Wash) 14-0; 2. Williges (Acal) 14-0; 3. Christensen (Del Valle) 13-9; 4. Lawry (Mont) 13-9.

Mile relay — 1. Berkeley 3:19.7; 2. Cardinal Newman 3:21.5; 3. El Cerrito 3:21.6; 4. Montgomery 3:22.6.

Team Scoring

Berkeley 39; Albany 26; Montgomery and Hayward 18; Washington 15; Kennedy (Rich) 14; Los Lomas 9; Redwood 8; El Cerrito, Ygnacio Valley, Pittsburg and De La Salle 6; San Ramon 5; San Lorenzo, Acalanes, Moreau, Irvington and Marina 4; Novato, Del Valle, Amador, Vintage and De Anza 3; Antioch, Eureka, St. Mary's and Mission S.J. 2; Del Norte, Newark, Pinole Valley and College Park 1.