

1973 SPAL track list of top marks

SPAL track bests

4-12

Following are the best SPAL track and field marks to date:

VARSITY

440 Relay — Ravenswood (Ragland, Jones, Tingle, Christian) 45.2; Sequoia (Oravillo, Lilly, Patrick, Murphy), Woodside (Abbott, Robinson, March, Sweet), and Carlmont (Avila, Lennen, Mullins, Butler) 45.3; Palo Alto (Iki, Domer, Boyett, Florant) and Gunn (Watts, Murray, Harris, Campbell) 45.5.

120 High Hurdles — Carl Florant (PA) and Wm. Watts (G) 14.7; Carl Johnk (MA) 15.1; Jeff Wilcox (W) 15.4; Rick Sulphen (G) 15.9; Marlon Murphy (S) 16.2.

880 — Bruce Sayre (Ca) 1:59.5; Steve Crowley (G) 2:01.2; Don MacKenzie (MA) 2:03.3; Hank Lawson (G) 2:04.0; Arnie Nelson (G) 2:04.3; Tom Jones (G) 2:05.0.

100 — James Ragland (R) 10.1; Pete Butler (SC) and Murphy (S) 10.2; Tom Morgan (Cu) and Rob Sweet (W) 10.4; Harvey Butler (Ca) and Bill Murks (MA) 10.5.

440 — Larry Noble (MA) 52.2; Steve Jaki (Cu) 52.9; Charles Jones (R) 53.3; Mike Pecot (Cu) 53.8; Bill Donohue (Ca) 53.9; Al Robinson (MA) and Steve Patrick (S) 54.0.

2 Mile — Crowley (G) 9:27.4; Stacy Geiken (Cu) 9:28.0; Lawson (G) 9:47.4; Jerry Emery (G) 9:48.0; Dana Carvey (Ca) 9:49.6; Mitch Kingery (SC) and Matt Yeo (SC) 9:49.8.

180 Low Hurdles — Watts (G) 19.4; Florant (PA) 19.9; Johnk (MA) 20.0; Sulphen (G) 20.5; Murphy (S) 20.7; Eric Carlson (Ca) 21.1.

220 — Sweet (W) 22.5; MacKenzie (MA) 23.2; Butler (Ca) and Morgan (Cu) 23.4; Ed Oravillo (S) 23.5; Butler (SC)

23.8; Burks (MA) 23.9; Mike Campbell (G) 24.0.

Mile — Crowley (G) 4:31.0; Geiken (Cu) 4:32.0; Kingery (SC) 4:34.0; Yeo (SC) 4:35.7; Lawson (G) 4:38.6; Carvey (Ca) 4:39.5; Emery (G) 4:40.8.

Mile Relay — Menlo-Atherton (Robinson, Tibbals, Noble, MacKenzie) 3:35.0; Ravenswood (Jones, Ragland, Fitcher, Christian) 3:36.2; Carlmont (Donohue, Luce, Sayre, Ketchens) 3:36.9; Gunn 3:41.2.

Shot Put — Jeff Vetrovec (SC) 53.0; Tom Oberhelman (G) 52.6¼; Bob Abbott (W) 51-10½; Howard Avila (Ca) 49-0¾; Greg Deaton (PA) 48-11; Jim Data (S) 48-8.

Discus — Ron Chamness (S) 157-9; Scott Wells (PA) 156-11; Bob Rice (PA) 147-3; Abbott (W) 145-6; Pat McCall (W) 144-6; Oberhelman (G) 144-0; Roger Varwig (Ca) 143-3; Bruce Jaffe (G) 141-6; Vetrovec (SC) 135-3.

High Jump — Lang Farmer (Cu) and Jim Orr (W) 6-4; John Littlebow (G) 6-3; Larry Wright (Ca) 6-2; Greg Malveaux (SC), Tasley (W), and Braithwaite (SC) 6-0.

Pole Vault — Jack Lennen (Ca) 13-9; Larry Gullette (Ca) and Al Bay (G) 13-0; Tom Dixon (S) and Larry Stock (S) 12-6; Walt Bogue (MA) and Jesse Gomez (G) 12-0.

Long Jump — Kevin Whitney (SC) 21-5; Ragland (R) 20-9½; Mike Mullins (Ca) 20-7; Bill Robinson (W) 20-4; Jamie Toloritis (W) 20-3; Lars Combs (G) 20-2.

Triple Jump — Kerry Jones (Ca) 43-8¾; Ed Van Brenk (S) 43-4; Myrl Easley (W) 43-2; Combs (G) 42-6½; Chris Marrow (G) 42-2½; Doug Peck (PA) 41-5; Mark Parnes (SC) 41-2½; Mullins (Ca) 40-11¾; Wright (Ca) 40-11; John Bow (PA) 40-5½.

JUNIOR VARSITY

440 Rel — Carlmont (Miller, Reams, Brisbane, Citara) 46.7; 120 HH — Hicks (W) 16.6; 880 — Hurdal (Ca) 2:07.2; 100 — Martinelli (S) 10.6; 440 — Halsted (W) 55.3; 2 Mile — R. Wernick (Ca) 10:09.0; 180 LH — Gerkensmeyer (MA) 22.3; 220 — Young (W) 23.5; Mile — B. Wernick (Ca) 4:53.0; Mile Relay — Carlmont (Tolibas, Hurdal, Guerlin, Regalado) 3:46.0.

Shot Put — Winter (Ca) 42-6; Discus — McCall (W) 132-5; HJ — Bowen (W) and McAdams (Ca) 5-8; PV — Nolan (SC) and Larkin (MA) 11-5; LJ — Hicks (W) 20-5; TJ — Burns (PA) 40-3.

FRESHMEN

440 Rel — Terman (Bader, Drackovitch, Nash, Williams) 47.3; 70 HH — Bader (Ter) 10.5; 880 — Ebaugh (MA) 2:12.1; 100 — Doyle (W) 10.4; 440 — Taylor (Ca) 55.8; 2 Mile — Magoon (MA) 10:34.9; 180 LH — Smith (MA) 23.1; 220 — Doyle (W) 23.6; Mile — Magoon (MA) and Samuels (MA) 4:56.0; Mile Rel — Carlmont (Taylor, Fitch, Walker, Dolezal) 3:52.4.

Shot — Carlyle (SC) 43-1½; Dis — Dudley (Ter) 110-11; HJ — Williams (Ter), Goode (W), Montero (Ca), and Drackovitch (Ter) all at 5-6; PV — Bradley (Ca) 10-6; LJ — Williams (Ter) 19-3; TJ — Buckley (SC) 39-11¼.

Compiled by "Split" Lynch

Following are the top SPAL track and field marks to date:

440 Relay — Carlmont (Avila, Lennen, Mullins, Butler) 44.7; Sequoia (Oravillo, Dixon, Patrick, Murphy) 44.8; Ravenswood (Ragland, Jones, Tingle, Christian) 45.2; Palo Alto (Iki, Domer, Boyett, Florant) 45.3; Gunn (Watts, Murray, Harris, Campbell) 45.5.

120 High Hurdles — Carl Florant (PA) 14.1; Wm. Watts (G) 14.3; Steve DePanther (P) 14.8; Carl Johnk (MA) 15.1; Jeff Wilcox (W) 15.4; Draper (SC) 15.6; Rick Sulphen (G) 15.9.

880 — Bruce Sayre (Ca) 1:59.3; Mitch Kingery (SC) 1:59.8; Tom Jones (G) 2:00.8; Steve Crowley (G) 2:01.2; Doug Peck (PA) 2:02.9; Hank Lawson (G) 2:03.2.

100 — James Ragland (R) and Pete Butler (SC) 10.1; Marlon Murphy (S), Tom Morgan (Cu), and Williams (R) 10.2; Rob Sweet (W) and Iki (PA) 10.4.

440 — Bob Murray (G) 51.7; Dennis Murphy (SC) 51.8; Larry Noble (MA) 52.2; Murphy (S) 52.4; Ragland (R) 52.8; Steve Jaki (Cu) 52.9.

2 Mile — Kingery (SC) 9:19.0; Crowley (G) 9:21.5; Matt Yeo (SC) 9:26.7; Stacy Geiken (Cu) 9:28.0; Lawson (G) 9:47.4; Jerry Emery (G) 9:48.0.

180 Low Hurdles — Watts (G) 19.4; Florant (PA) 19.5; Johnk (MA) 20.0; DePanther (CA) 20.1; Sulphen (G) 20.5; Eric Carlson (Ca) 20.6.

220 — Sweet (W) 22.5; Don MacKenzie (MA) 23.2; Butler (SC) and Iki (PA) 23.3; Morgan (Cu) 23.4; Ragland (R) and Ed Oravillo (S) 23.5.

Mile — Kingery (SC) 4:24.9; Geiken (Cu) 4:27.0; Crowley (G) 4:30.1; Yeo (SC) 4:38.4; Lawson (G) 4:38.6; Carvey (Ca) and Sayre (Ca) 4:39.0.

Mile Relay — Gunn (MacMitchell, Bay, Murray, Crowley) 3:30.1; Menlo-Atherton (Robinson, Tibbals, Noble, MacKenzie) 3:32.4; Carlmont (Donohue, Luce, Sayre, Ketchens) 3:35.8; Ravenswood (Jones, Ragland, Fitcher, Christian) 3:36.2; San Carlos 3:37.7.

Shot Put — Bob Abbott (W) 53-11½; Tom Oberhelman (G) 53-4½; Jeff Vetrovec (SC) 53-0; Rockwood (SC) 51-0¾; Bob Rice (PA) 50-3; Howard Avila (Ca) 50-3½.

Discus — Ron Chamness (S) 157-9;

Scott Wells (PA) 156-11; Abbott (W) 151-3; Weber (Ca) 147-4; Rice (PA) 147-3; Pat McCall (W) 144-6; Oberhelman (G) 144-0.

High Jump — Jim Orr (W) 6-5; Lang Farmer (Cu) and John Littlebow (G) 6-4; Larry Wright (Ca) 6-2; Greg Malveaux (SC) Easley (W), and Braithwaite (SC) 6-0.

Pole Vault — Jack Lennen (Ca) 14-1½; Al Bay (G) 14-0; Larry Gullette (Ca) and Tom Dixon (S) 13-0; Larry Stock (S) and Young (W) 12-6.

Long Jump — Kevin Whitney (SC) 21-5½; Ragland (R) 20-9½; Mike Mullins (Ca) 20-7½; Domer (PA) 20-8; Bill Robinson (W) 20-4; James Goudeau (S) and Jamie Toloritis (W) 20-3; Lars Combs (G) 20-2.

Triple Jump — Malveaux (SC) 45-0; Ed Van Brenk (S) and Myrl Easley (W) 43-11; Kerry Jones (Ca) 43-8¾; Bombs (G) and Peck (PA) 42-6½.

JUNIOR VARSITY

440 Relay — Carlmont (Miller, Reams, Brisbane, Citara) 46.7; 120 HH — Hicks (W) 16-0; 880 — Hurdal (Ca) 2:06.4; 100 — Citara (G) and Heatherington (S) 10.5; 440 — Halsted (W) and Regalado (Ca) 55.3; 2 Mile — R. Wernick (Ca) 10:09.0; 180 LH — Miller (Ca) 21.6; 220 Young (W) 23.5; Mile — B. Wernick (Ca) 4:44.9; Mile Relay — Carlmont (Tolibas, Hurdal, Guerlin, Regalado) 3:46.0.

Shot Put — Ezell (W) 45-3½; Discus — McCall (W) 132-5; HJ — Brown (Ca) 6-0½; PV — Nolan (SC), Larkin (MA), and Young (W) 11-6; LJ — Brisbane (Ca) 20-10; TJ — Hazeltin (Ca) 41-5½.

FRESHMEN

440 Rel — Woodside (Williams, Booker, Atkinson, Hill) 46.9; 70 HH — Smith (MA) 9.9; 880 — Taylor (Ca) 2:09.8; 100 — Doyle (W) 10.4; 440 — Bishop (Ca) 54.9; 2 Mile — Magoon (MA) 10:34.9; 180 LH — Smith (MA) 22.5; 220 — Doyle (W) 23.6; Mile — Farwell (W) 4:42.2; Mile Rel — Carlmont (Taylor, Fitch, Walker, Bishop) 3:46.6.

Shot Put — Carlyle (SC) 46-10¼; Discus — Gemella (Ter) 111-10; HJ — Drackovitch (Ter) 5-8; PV — Bradley (Ca) 10-6; LJ — Williams (Ter) 19-3; TJ — Buckley (SC) 40-0.

Compiled by "Split" Lynch and Neil Smith