

21st ANNUAL

NORTHERN

CALIFORNIA

COMMUNITY

COLLEGES

TRACK

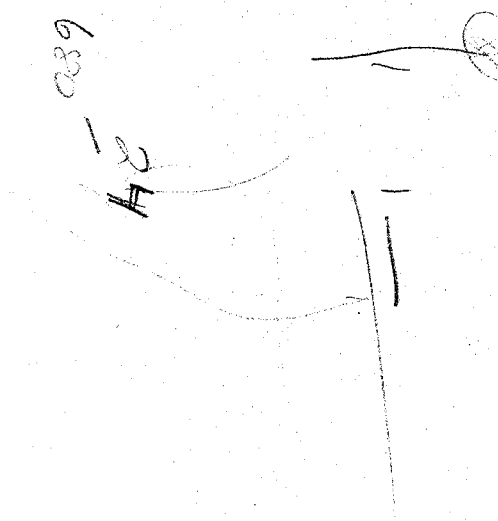
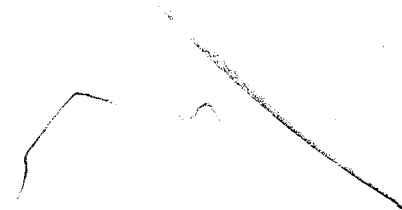
CHAMPIONSHIPS

DIABLO VALLEY COLLEGE

MAY 18, 1974

0889

AL



WE, THE TRACK COACHES AND MEMBERS OF DIABLO VALLEY COLLEGE TRACK TEAMS (PAST, PRESENT, & FUTURE) WOULD LIKE TO DEDICATE THIS 1974 NORCAL CHAMPIONSHIP MEET TO TONY BARLETTANI.

TONY HAS BEEN A PART OF DIABLO VALLEY COLLEGE SINCE 1952 WORKING AS A CARPENTER IN OUR MAINTENANCE DEPARTMENT. IN HONORING TONY, WE ARE ALSO HONORING SO MANY OF THOSE MEN AND WOMEN, HERE AT DVC, WHO YEAR AFTER YEAR AND DAY BY DAY "DO THE JOB" ABOVE AND BEYOND THEIR REGULAR DUTIES ENABLING OUR TRACK PROGRAM TO MOVE FORWARD.

CRAFTSMEN IN ANY FIELD ARE AN ASSET TO ANY SOCIETY AND WE, HERE AT DVC, HAVE BEEN VERY FORTUNATE TO HAVE A MAN LIKE TONY, WHO HAS CREATED, BUILT, AND REPAIRED MUCH OF THE EQUIPMENT AND FACILITIES NECESSARY FOR A COMPLETE TRACK PROGRAM.

SO MANY TIMES, WE WAIT UNTIL SUCH A PERSON RETIRES BEFORE WE RECOGNIZE HIS CONTRIBUTIONS--WE DO NOT WANT TO DO THIS.

WE KNOW THAT ALL COACHES AND ATHLETES, ESPECIALLY THOSE WHO HAVE USED OUR FACILITIES JOIN WITH US IN HONORING SUCH A MAN.

TIME SCHEDULE

NORTHERN CALIFORNIA TRACK FINALS

DIABLO VALLEY COLLEGE May 18, 1974

6:15	JAVELIN
6:45	POLE VAULT
6:45	LONG JUMP
7:00	DISCUS
7:00	HIGH JUMP
7:10	3000 meter STEEPLECHASE
7:30	440 RELAY
7:40	MILE RUN
7:50	120 HIGH HURDLES
8:00	440 DASH
8:10	100 DASH
8:15	SHOT PUT
8:15	TRIPLE JUMP
8:20	880 RUN
8:30	440 INTERMEDIATE HURDLES
8:40	220 DASH
8:50	THREE MILE RUN
9:10	MILE RELAY

NORCAL CHAMPIONSHIP MEET OFFICIALS

ANNOUNCER:

Fred Baer

STARTER:

Charlie Karp

RECALL STARTER:

Chuck Caulk

GAMES COMMITTEE:

NorCal Conference  
Representatives

MEET DIRECTORS:

Gay Bryan  
Mike Maramonte

CLERK OF COURSE:

Frank Sutton

HEAD FIELD JUDGE:

Fred Ludeke

SCORER & RECORDER:

Tom Bowie  
Kay Power  
Jim Bryan

AWARDS:

Jerry Jones  
Lee Ann Maramonte

WIND GAUGE:

Dr. Leon C. Glover

WEIGHTS & MEASURES:

Norman Morrison  
Hank Pistochni

DOCTOR:

Dr. Fiorca

TRAINER:

Dan LaConte

BLOCK CREW:

Nina Wilson  
Linda Hill  
Sue Davis  
Fiona McCallum  
Janet Lax  
Becky Loehr  
Karen Petch

FINISH LINE TAPE:

Linda Hillis  
Susan Stuart

RUNNERS:

Rick Bryan  
Alan Maramonte

HEAD TIMER:

Ed Knott

ASSISTANT HEAD TIMER & LAP TIMER:

Ken Hallstone

TIMERS:

Peggy Newhouse  
Jim Townley  
Ralph Herbert  
Dan Dotta  
Delos Dotta  
Ed Hicks  
Linda Sawyer

HEAD FINISH JUDGE:

Lee Odom

FINISH JUDGES:

Jim Shettler  
Howard Knight  
George Darrow  
Clint Reimer  
Harry Byrne  
Jim Slusser  
Harvey Wall

HEAD INSPECTOR:

Dick Ellis

INSPECTORS:

Keith Dawson  
Jim Handel  
Tim Jordan  
Thurban Warrick  
Don Hawley  
Gayle Rucker  
Kurt Schroers

LONG & TRIPLE JUMP:

Fred Ludeke (Head)  
Chuck Wheeler  
Dave Tracht  
Bill Miller

POLE VAULT:

Bill Dickinson (Head)  
Hal Wilkerson

HIGH JUMP:

Phil Collins (Head)  
Kathy Abell  
Gail Redmond

SHOT PUT & DISCUS:

Hal Oxsen (Head)  
Jim Gray  
Russ Honsowetz

JAVELIN:

Ray Marchan (Head)  
Bob Chance

### HIGH JUMP

1973 Meet Winner	6' 8"	Cliff Ross	San Jose	
NorCal Meet Record	6' 10"	Max Lowe Don Pierce	Foothill Diablo Valley	66 68
DVC Stadium Record	7' 0"	Greg Redmond	Diablo Valley	72
National J.C. Record	7' 1½"	Ed Caruthers	Santa Ana	65

<u>NAME</u>	<u>BEST 1974 MARK</u>	<u>COLLEGE</u>	<u>PLACE</u>	<u>MARK</u>
Pete McMurrin	6-8	Menlo	<u>4</u>	<u>6-6</u>
Lloyd Williams	6-9	Fresno	<u>5</u>	<u>6-6</u>
Dennis Little	6-7	Modesto	_____	_____
Bill Erbes	6-5	De Anza	_____	_____
Tim Ross	6-6½	Chabot	← <u>2</u>	<u>6-6</u>
Greg Arcidiacono	6-8	Diablo Valley	<u>2</u>	_____
Rich Geske	6-9	Solano	<u>1</u>	<u>6-8</u>
Cliff Ross	6-7	San Jose	_____	_____
Morris Kauffman	6-4	Fresno	_____	_____
Randy Minnix	6-7	San Francisco	<u>6</u>	<u>6-4</u>
Bob Christenson	6-6	West Valley	_____	_____
Joe Wyrick	6-5	De Anza	_____	_____

### POLE VAULT

1973 Meet Winner	15' 7"	Randy Kearns	Modesto	
NorCal Meet Record	16' 1"	Russ Royal	De Anza	71
DVC Stadium Record	15' 1½"	Joe Verstrepen	San Jose	73
National J.C. Record	16' 8"	Dennis Phillips	San Mateo	66

<u>NAME</u>	<u>BEST 1974 MARK</u>	<u>COLLEGE</u>	<u>PLACE</u>	<u>MARK</u>
Mike Middleton	14-0	Lassen	_____	_____
✓ Bill Andrews	14-6	Chabot	_____	_____
Paul Klepp	14-0	Antelope Valley	_____	_____
Mark Behr	14-6	Diablo Valley	_____	_____
✓ Bob Flint	15-0	Fresno	_____	_____
✓ Robert Martin	15-6	West Valley	_____	_____
Vince Sampson	14-0	Cosumnes River	_____	_____
✓ Leo Linn	14-6	West Valley	_____	_____
Mark Bell	14-3	American River	_____	_____
Bryan McDowell	14-6	Foothill	_____	_____
Scott Turner	14-10	West Valley	_____	_____
✓ Dick Parr	14-6	Cuesta	_____	_____

**SHOT PUT**

1973 Meet Winner	53' 3/4"	Jeff Miller	Redwoods	
NorCal Meet Record	55' 10"	Dan Mosley	Merritt	69
DVC Stadium Record	55' 5/2"	Charles Montgomery	Merritt	71
National J.C. Record	62' 1"	Spike Walker	Spokane Falls-Wash.	71

<u>NAME</u>	<u>BEST MARK</u>	<u>COLLEGE</u>	<u>PLACE</u>	<u>MARK</u>
Lon Sizemore	54-3 3/4	San Jose	_____	_____
Ira Gorbet	53-7	Lassen	_____	_____
Dave Wigton	49-6 1/2	Merced	_____	_____
Dan Lewis	49-4	Cuesta	_____	_____
Bob Gummerson	49-5	Santa Rosa	_____	_____
Jim Glantz	48-9 1/2	Diablo Valley	_____	_____
Tim Haag	48-5 1/2	Hartnell	_____	_____
Ken Watkins	48-8	Sequoias	_____	_____
Jim Schmidt	48-10	Modesto	_____	_____
Bill Victorino	48-9	Hartnell	_____	_____

**DISCUS**

1973 Meet Winner	166' 10"	Dan Gardner	Chabot	
NorCal Meet Record	187' 5"	Les Mills	Foothill	63
DVC Stadium Record	171' 1"	Dan Gardner	Chabot	73
National J.C. Record	187' 5"	Les Mills	Foothill	63

<u>NAME</u>	<u>BEST MARK</u>	<u>COLLEGE</u>	<u>PLACE</u>	<u>MARK</u>
Jay Pushkin	173-2	Foothill	<u>1</u>	<u>165-7 1/2</u>
Jamie Groover	170-2	West Valley	<u>3</u>	<u>159-1 1/2</u>
Lon Sizemore	160-1	San Jose	<u>5</u>	<u>153-10</u>
Randy Patterson	163-5	Foothill	<u>4</u>	<u>157-10 1/2</u>
Steve Frankiewich	174-0	Merced	<u>2</u>	<u>165-2</u>
Paul Wilder	157-10	West Hills	_____	_____
John Harbottle	160-1	West Valley	_____	_____
Doug Ernst	151-9	West Valley	_____	_____
Ken Watkins	153-8	Sequoias	<u>6</u>	<u>146-3 1/2</u>
Robert Hall	160-2	Butte	_____	_____

LONG JUMP

1973 Meet Winner	23' 7-3/4"	Curtis Davis	San Francisco	
NorCal Meet Record	24' 11 1/2"	Hewlen Hewitt	Merced	71
DVC Stadium Record	24' 4-3/4"	Heulon Hewitt	Merced	72
National J.C. Record	26' 2-3/4"	Henry Hines	Sacramento	69

<u>NAME</u>	<u>BEST MARK</u>	<u>COLLEGE</u>	<u>PLACE</u>	<u>MARK</u>
Jon Taplac	24-2 3/4	Reedley		
Mark Givens	23-10 3/4	Fresno	<u>3</u>	<u>22-9 1/2</u>
Cecil Overstreet	24-7 3/4	San Jose	<u>1</u>	<u>23-3</u>
Carlton Shaw	24-6 1/2	Foothill	<u>5</u>	
Harry Mathews	23-6	Monterey Peninsula	<u>2</u>	<u>23-2</u>
Mark Cleghorn	23-4 1/2	North Peralta	<u>4</u>	<u>22-9</u>
Sylvester Abrahams	23-11	Fresno		
Frank Perry	23-2 1/4	Alameda		
Mike Harris	23-9 3/4	San Jose		
Mike Gilmore	22-8 1/4	Skyline		

TRIPLE JUMP

1973 Meet Winner	49' 0"	Dale Krebs	Foothill	
NorCal Meet Record	51' 11 1/2"	Dale Krebs	Foothill	
DVC Stadium Record	52' 0"	Ralph Byrd	Chabot	73
National J.C. Record	52' 4 1/2"	Clarence Taylor	Forest Park	73

<u>NAME</u>	<u>BEST MARK</u>	<u>COLLEGE</u>	<u>PLACE</u>	<u>MARK</u>
Steve Porter	49-0 3/4	Foothill		
Rod Blakeney	48-6 1/4	Monterey Peninsula		
Thermond Wells	48-5 1/4	San Francisco		
James Thompson	48-0	Hartnell		
Allen Goodlow	49-0 1/2	Laney		
John Triplett	49-6 1/2	West Valley		
Jake Torrence	48-11	Sequoias		
Clint Harrell	50-2 1/2	San Joaquin Delta		
Sylvester Abrahams	49-10	Fresno		
Ricky Richardson	47-4	American River		

**JAVELIN**

1973 Meet Winner	185' 10½"	Barry Ryan	Foothill	
NorCal Meet Record	197' 7"	Richard Nielson	Sequoias	74
DVC Stadium Record	184' 8"	Bill Edminster	Sequoias	74
National J.C. Record	273' 0"	Mike Murro	Mesa-Arizona	68

<u>NAME</u>	<u>BEST MARK</u>	<u>COLLEGE</u>	<u>PLACE</u>	<u>MARK</u>
Richard Nielson	197-7	Sequoias	_____	_____
Doug Ladd	203-8	Modesto	<u>1</u>	<u>199-5</u>
Barry Ryan	190-0	Foothill	<u>6</u>	<u>184-0</u>
Bill Chandon	186-10	American River	<u>2</u>	<u>197-11</u>
Steve Schmidt	200-0	Antelope Valley	<u>3</u>	<u>191-1</u>
Chris Hunt	187-7	Sequoias	<u>4</u>	<u>184-10</u>
Keith Farlow	183-10	San Francisco	_____	_____
Jeff Garcia	189-0	Hartnell	_____	_____
Tom Swartzell	177-9	Skyline	_____	_____
Mike Langford	174-1	Merced	_____	_____

**3000 meter STEEPLECHASE**

1973 Meet Winner	9:21.3	Pat Phelan	American River	
NorCal Meet Record	9:21.3	Pat Phelan	American River	73
DVC Stadium Record	9:38.0	Emil Magallenes	Monterey Peninsula	74
National J.C. Record	8:57.8	Dick Krenzer	L. A. Valley	63

<u>NAME</u>			_____	_____
Tom Pelton	9:44.0	Monterey Peninsula	_____	_____
Emil Magallenes	9:38.0	Monterey Peninsula	_____	_____
Bruce Caputo	9:47.2	Lassen	_____	_____
Dean Pearson	9:29.4	Diablo Valley	_____	_____
Jack Reime	9:54.0	Cabrillo	_____	_____
Andy Betschart	10:04.6	Sacramento	_____	_____
Ed Barney	9:42.0	San Mateo	_____	_____
Gil Brooks	9:39.6	San Jose	_____	_____
Dan Turek	10:04.4	Marin	_____	_____
Mark Dawson	10:05.8	Santa Rosa	_____	_____
Greg Sullivan	9:35.6	American River	_____	_____
Steve Williams	10:02.0	American River	_____	_____



### 440 RELAY

1973 Meet Winner	41.8	SAN FRANCISCO	
NorCal Meet Record	40.8	MERRITT	70
DVC Stadium Record	41.1	MERRITT	71
National J.C. Record	40.4	MERRITT	69

<u>LANE</u>	<u>COLLEGE</u>	<u>BEST 1974 TIME</u>	<u>PLACE</u>	<u>MARK</u>
1	COSUMNES RIVER	<u>J</u> <u>S</u> 42.3	<u>4</u>	<u>42.5</u>
2	SAN JOSE	41.5	<u>1</u>	<u>41.9</u>
3	MONTEREY PENINSULA	42.1	<u>3</u>	<u>42.3</u>
4	LANEY	1 41.6	_____	_____
5	CONTRA COSTA	<u>J</u> 41.9	_____	_____
6	SAN JOAQUIN DELTA	42.2	<u>2</u>	<u>42.1</u>
7	CHABOT	42.3	<u>6</u>	<u>42.5</u>
8	FRESNO	42.0	<u>5</u>	<u>42.5</u>
9	ALAMEDA	42.2	_____	_____

### MILE

1973 Meet Winner	4:08.9	Al Buenrostro	San Juoquin Delta
NorCal Meet Record	4:08.9	Al Buenrostro	San Juoquin Delta 73
DVC Stadium Record	4:13.0	Jack Bentz	Diablo Valley 72
National J.C. Record	3:56.1	Neill Duggan	Allan Hancock 66

<u>LANE</u>	<u>NAME</u>	<u>BEST 1974 TIME</u>	<u>COLLEGE</u>	<u>PLACE</u>	<u>MARK</u>
1	Gary Sanchez	4:13.9	San Jose	_____	_____
2	James Hughes	4:15.3	Contra Costa	<u>3</u>	<u>4:16.1</u>
3	Mike Schaecher	4:14.0	West Valley <u>S</u>	<u>1</u>	<u>4:11.3</u>
4	Tony Ramirez	4:17.9	Fresno	_____	_____
5	Roger Gates	4:16.6	American River	_____	_____
6	Jeff Vrismo	4:15.8	San Joaquin Delta	_____	_____
7	Ned Baird	4:16.2	Fresno	<u>5</u>	<u>4:17.8</u>
8	Dave Boyet	4:16.9	Sacramento <u>J</u>	<u>6</u>	<u>4:18.3</u>
9	Ernie Ferrel	4:18.8	San Jose	<u>4</u>	<u>4:16.6</u>
10	Harry Ellis	4:18.4	American River	_____	_____
11	Brian Flynn	4:16.1	Chabot	_____	_____
12	Tony Fotinas	4:15.3	Skyline	<u>2</u>	<u>4:15.8</u>

120 HIGH HURDLES

1973 Meet Winner	14.6	John Foster	Foothill	
NorCal Meet Record	13.9	Jerry Wilson	Fresno	71
DVC Stadium Record	13.9	Jerry Wilson	Fresno	71
National J.C. Record	13.5	Charles Rich	L. A. Southwest	71

<u>LANE</u>	<u>NAME</u>	<u>1974 BEST</u>	<u>COLLEGE</u>	<u>PLACE</u>	<u>MARK</u>
1	Mike Harris	14.8	San Jose	_____	_____
2	Robert Sparks	14.7	Monterey Peninsula	_____	_____
3	John Foster	14.1	Foothill J	<u>3</u>	<u>14.4</u>
4	Derek Ligons	13.8	Chabot S	<u>2</u>	<u>14.3</u>
5	Mark Davie	14.2	Antelope Valley	<u>1</u>	<u>14.1</u>
6	Al Kellough	14.5	Marin	<u>5</u>	<u>14.5</u>
7	Ike Almond	14.4	Skyline	<u>4</u>	<u>14.5</u>
8	Steve Porter	14.7	Foothill	<u>6</u>	<u>14.8</u>
9	Ron Relles	14.7	Sacramento	_____	_____

440

1973 Meet Record	49.2	Mel Washington	San Francisco	
NorCal Meet Record	47.4	Jim Hatcher	Allan Hancock	67
DVC Stadium Record	47.6	Maxie Parks	Fresno	71
National J.C. Record	46.1	Lee Evans	San Jose	66

<u>LANE</u>	<u>NAME</u>	<u>1974 BEST</u>	<u>COLLEGE</u>	<u>PLACE</u>	<u>MARK</u>
1	Oliver Hudson	49.2	North Peralta	_____	_____
2	Ed Peters	49.2	Laney	<u>6</u>	<u>49.9</u>
3	Jose Madruaga	48.8	Diablo Valley	_____	_____
4	Charles Ross	48.7	Fresno S	_____	_____
5	Randall Jefferey	48.8	San Joaquin Delta	<u>1</u>	<u>48.4</u>
6	Roy Larry	48.9	Cosummes River	<u>2</u>	<u>48.6</u>
7	Ken Williams	49.2	San Jose J	<u>4</u>	<u>49.0</u>
8	Jim Deckard	49.2	Laney	<u>5</u>	<u>49.2</u>
9	Steve Harrell	49.5	Alameda	<u>3</u>	<u>48.7</u>

1973 Meet Winner	9.8	Mel Watson	Contra Costa	
NorCal Meet Record	9.4	Sam Davis	Fresno	67
DVC Stadium Record	9.5	Phil Chewning	San Juoquin Delta	72
National J.C. Record	9.3	Travis Williams	Contra Costa	64
		Fred Kuller	Santa Ana	65
		Mel Gray	Ft.Scott-Kansas	68
		Warren Edmonson	Merritt	69

<u>LANE</u>	<u>NAME</u>	<u>BEST</u>	<u>COLLEGE</u>	<u>PLACE</u>	<u>MARK</u>
1	Nick Eastman	9.7	Contra Costa	_____	_____
2	Darryl Craven	9.9	San Jose	_____	_____
3	Lionel Chatman	9.6	Contra Costa	_____	_____
4	Don Livers	9.6	San Jose	<u>3</u>	<u>10.0</u>
5	Mel Watson	9.6	Contra Costa J	<u>1</u>	<u>9.9</u>
6	Charlie Johnson	9.7	Solano S	<u>6</u>	<u>10.0</u>
7	Mark Givens	9.8	Fresno	<u>4</u>	<u>10.0</u>
8	Tony Bartholomew	9.9	Laney	<u>2</u>	<u>9.9</u>
9	Robert Sparks	9.9	Monterey Peninsula	_____	_____

1973 Meet Winner	1:52.1	Jim Robinson	Laney	
NorCal Meet Record	1:50.7	Bob Martin	Sacramento	68
DVC Stadium Record	1:49.1	Jim Robinson	Laney	73
National J.C. Record	1:48.6	Ray VanAsten	Mt. San Antonio	62

<u>LANE</u>	<u>NAME</u>	<u>BEST</u>	<u>COLLEGE</u>	<u>PLACE</u>	<u>MARK</u>
1	Gary McManus	1:52.7	Diablo Valley	<u>4</u>	<u>1:53.5</u>
2	Jeff Ramsey	1:54.1	Santa Rosa	<u>3</u>	<u>1:53.3</u>
3	Mike Pick	1:54.4	San Jose	_____	_____
4	Tim Bryan	1:52.5	American River J	<u>2</u>	<u>1:52.7</u>
5	James Robinson	1:48.4	Laney S	<u>1</u>	<u>1:51.8</u>
6	George Manriquez	1:52.8	San Jose	<u>5</u>	<u>1:55.5</u>
7	Dave Nolte	1:56.0	De Anza J	_____	<u>1:54.7</u>
8	Ed Spolarich	1:54.0	Sacramento	<u>6</u>	<u>1:54.7</u>
9	Rich Barraza	1:56.5	Monterey Peninsula	_____	_____

440 INTERMEDIATE HURDLES

1973 Meet Winner	52.9	Rich Roesky	De Anza	
NorCal Meet Record	52.9	Rich Roesky	De Anza	73
DVC Stadium Record	53.5	Will Fields	San Francisco	73
National J.C. Record	51.2	Geoffrey Vanderstock	Mt. San Antonio	66

<u>LANE</u>	<u>NAME</u>	<u>1974 BEST</u>	<u>COLLEGE</u>	<u>PLACE</u>	<u>MARK</u>
1	Ike Almond	54.2	Skyline	<u>4</u>	<u>54.4</u>
2	Rich Roesky	53.4	De Anza J	---	---
3	Mark Davie	54.5	Antelope Valley	<u>5</u>	<u>54.6</u>
4	Jim Wyatt	53.3	Skyline	<u>1</u>	<u>53.5</u>
5	John Foster	54.1	Foothill	<u>2</u>	<u>54.1</u>
6	Willie Williamson	53.8	San Joaquin Delta	<u>3</u>	<u>54.3</u>
7	Gary Biber	55.0	Marin	---	---
8	John Kirkpatrick	53.9	Laney	<u>6</u>	<u>55.2</u>
9	Tom Swartzell	55.8	Skyline	---	---

- 220 -

1973 Meet Winner	21.6	Will Wilder	San Francisco	
NorCal Meet Record	20.8	Mike Miller	San Jose	69
		Warren Edmonson	Merritt	69,70
DVC Stadium Record	21.1	Don Ward	Fresno	71
		Royce Ford	Merritt	71
National J.C. Record	20.6	Melvin Gray	Ft. Scott-Kansas	68

<u>LANE</u>	<u>NAME</u>	<u>1974 BEST</u>	<u>COLLEGE</u>	<u>PLACE</u>	<u>MARK</u>
1	Al Smith	21.8	Modesto	---	---
2	Ken Williams	22.2	San Jose	---	---
3	Mel Watson	21.7	Contra Costa S	<u>2</u>	<u>22.2</u>
4	Don Livers	21.7	San Jose	<u>1</u>	<u>22.1</u>
5	Randall Jefferey	21.7	San Joaquin Delta	<u>3</u>	<u>22.3</u>
6	Dennis Cavaco	21.8	West Valley J	---	---
7	Nick Eastman	22.0	Contra Costa	---	---
8	Darryl Craven	22.0	San Jose	<u>4</u>	<u>22.3</u>
9	Don Royston	21.8	Monterey Peninsula	---	---

**THREE MILE**

1973 Meet Winner	14:08.8	Greg Hall	Fresno	
NorCal Meet Record	14:08.8	Greg Hall	Fresno	73
DVC Stadium Record	14:14.4	Jim Van Dine	San Mateo	73
National J.C. Record	13:39.1	Ed Mendoza	Grossmont	73

<u>LANE</u>	<u>NAME</u>	<u>1974 BEST</u>	<u>COLLEGE</u>	<u>PLACE</u>	<u>MARK</u>
1	Steve Brooks	13:58.2	San Jose	_____	_____
2	Jim Hartig	14:20.0	Fresno	_____	_____
3	Daryl Fitzgerald	14:42.6	Cabrillo	_____	_____
4	Rick Hart	14:39.4	Foothill S	_____	_____
5	Richard VanSlyke	14:40.8	San Joaquin Delta	_____	_____
6	Gary Green	14:35.8	American River	_____	_____
7	Ben DeLaGarza	14:28.2	Cabrillo	_____	_____
8	Ted Quintana	14:01.0	Chabot J	_____	_____
9	Pete Sweeney	14:42.2	Marin	_____	_____
10	Hank Lawson	14:48.4	De Anza	_____	_____
11	Bill Horn	14:31.0	Antelope Valley	_____	_____
12	Bruce Caputo	14:33.0	Lassen	_____	_____

*Lawson splits*

70 - 2:20 - 3:31 - 4:41 - 5:53 - 7:09 - 8:28 - 9:46 - 11:05 - 12:24 - 13:44 - 14:58.2

**MILE RELAY**

1973 Meet Winner	3:14.2	SAN FRANCISCO	
NorCal Meet Record	3:13.6	MERRITT	71
DVC Stadium Record	3:13.6	MERRITT	71
National J.C. Record	3:08.2	MERRITT	69

<u>LANE</u>	<u>COLLEGE</u>	<u>1974 BEST</u>	<u>PLACE</u>	<u>MARK</u>
1	SACRAMENTO	3:19.2	_____	_____
2	AMERICAN RIVER	3:18.5	_____	_____
3	DIABLO VALLEY	3:18.3	_____	_____
4	LANEY	3:13.4 SJ	_____	_____
5	SAN JOSE	3:16.5	_____	_____
6	COSUMNES RIVER	3:18.8	_____	_____
7	WEST VALLEY	3:20.4 J	_____	_____
8	MONTEREY PENINSULA	3:18.4	_____	_____
9	MODESTO	3:19.6	_____	_____

*S - L - SJ - DVC - WVC  
J - L - WVC - SJ - CR*