

47TH ANNUAL WEST COAST RELAYS

Fresno, California, May 10th and 11th, 1974

Junior College Division

SCORING - Fullerton, 43; L. A. Southwest 38; L. A. City, 27; L. A. Harbor 26; El Camino 17 1/2; Contra Costa 16; L. A. Pierce 16 (tie); (tie) San Jose 13; Glendale 13; Laney 12; Long Beach 11 1/2; Cerritos 10; (tie) Fresno City 9; College of Sequoias 9; Chabot 9; (tie) Moorpark 8; Foothill 8; Mt. San Antonio 5; (tie) Skyline 4; West L.A. 4; West Valley 4; Solano 4; American River 4; Rio Hondo 4; Citrus 4; Lassen 4; (tie) Merced 3; Diablo Valley 3; (tie) Palomar 1; Bakersfield 1; San Francisco CC 1; De Anza 1.

100 Yard Dash - 1st Heat - Mel Watson, Contra Costa, 9.7; Rich Wilmoth, Citrus, 9.7; Michael Lay, West L.A., 9.8; 2nd Heat - (Tie) Frank Jackson, Moorpark & Don Livers, San Jose CC, 9.7; Allen Browning, Citrus, 9.9; 3rd Heat - Willie White, L. A. Southwest, 9.6; Charles Johnson, Solano, 9.8; and Randy Benson, Fullerton 9.9; Finals - Mel Watson, Contra Costa, 9.5; Willie White, L. A. Southwest, 9.6; Rick Wilmoth, Citrus, 9.7; Don Livers, San Jose CC, 9.7; Michael Lay, West L. A., 9.8.

120 Yd. High Hurdles - 1st Heat - Derek Ligons, Chabot, 13.9; Bill Ardary, Fullerton, 14.5; Clarence Rapides, Diablo Valley, 14.6; 2nd Heat - Dave Gaeta, Bakersfield, 14.7; Dwight Owens, Mt. Sac, 14.8; Willie McLaurin, Citrus, 14.9; 3rd Heat - John Foster, Foothill, 14.4; Ike Allmond, Skyline, 14.6; Chris Hallman, Grossmont, 14.7; Finals - Derek Ligons, Chabot, 14.3; Bill Ardary, Fullerton, 14.3; Clarence Rapides, Diablo Valley, 14.4; John Foster, Foothill, 14.4; Ike Allmond, Skyline, 14.5.

440 Yd. Inter. Hurdles - 1st Section - Jim Wyatt, Skyline, 53.4; Willie Williamson, San Joaquin Delta, 54.1, Chuck Lowe, Santa Barbara, 54.3; John Kirkpatrick, 55.0; Randy Smith, Los Angeles Pierce, 55.1; 2nd Section - Rick Steele, Glendale, 52.7; Otis Fisher, L. A. Harbor, 53.3; Mark Van Iderstein, Fullerton, 53.4; Rich Hall, L. A. City, 53.9; Grant N ierderhaus, Pasadena, 54.4. Combined Placings - Rick Steele, Glendale, 52.7; Otis Fisher, L. A. Harbor, 53.3; (Tie) Jim Wyatt, Skyline, & Mark Van Iderstein, Fullerton, 53.4; Rich Hall, L. A. City, 53.9.

Two Mile Run - Harold Marshall, El Camino, 9:03.8; Mike Aurea, El Camino, 9:06.0; Ted Quintana, Chabot, 9:06.0; Bruce Caputo, Lassen, 9:07.8; Dick Lee, Palomar, 9:10.0.

2 Mile Relay - L. A. Pierce (Dan LaGorio, Randy Smith, Steve Wulf, Dan Barry) 7:37.4; L. A. City, 7:39.8; L. A. Harbor, 7:42.2; American River, 7:44.5; Long Beach City, 7:47.0.

440 Yard Relay - 1st Section - Los Angeles City (Greg Mason, George Reddick, Ken Mathis, Don Miller) 42.0; San Joaquin Delta, 42.4; Chabot, 42.7; Los Angeles Valley, 43.0; 2nd Section - Contra Costa (Gary Moore, Linch Chatman, Rick Eastman; Mel Watson) 41.7; Long Beach City, 42.0; Los Angeles Trade Tech., 42.1; Fresno City, 43.1, Diablo Valley, 43.5; 3rd Section - L. A. Southwest (Ed Solomon, Karl Farmer, Michael McZeal, William White) 41.7; Laney, 41.8; San Jose City, 42.0; West Los Angeles, 42.1, Mt. San Antonio, 42.3; Grossmont, 43.7. Combined Placings - (Tie) Los Angeles Southwest and Contra Costa, 41.7; Laney, 41.8; (Tie) San Jose City, Long Beach City, & Los Angeles City, 42.0.

Distance Medley Relay - 1st Section - Golden West (Bob Schenk, Jim Keathley, Chuck Cernicky, Steve Reed) 10:19.4; Bakersfield, 10:22.8; Citrus, 10:22.4; Mt. San Antonio, 10:28.4; Rio Hondo, 10:30.4. 2nd Section - Fullerton (Brad Bradford, Steve Gallegos, Randy Benson, Dan Rock) 10:00.8; Moorpark, 10:01.8; L. A. Harbor, 10:04.8; Cerritos, 10:08.8; San Jose City, 10:10.0; Combined Placings - Same as Second Section.

880 Yard Relay - 1st Section - Santa Barbara (Charles Jones, Terry Stark, Phil Pugh, Phil Pipersburg) 1:29.5; Los Angeles Trade Tech., 1:30.2; Second Section: West Los Angeles (Orlando Johnson, Michael Bush, Michael Lay, Deveryl Jones) 1:26.8; Contra Costa, 1:27.4; San Joaquin Delta, 1:28.2; Mt. San Antonio, 1:29.3; Los Angeles Valley, 1:29.3; 3rd Section - Los Angeles Southwest (Michael McZeal, William White, Jim Smith, Karl Farmer) 1:26.0; Los Angeles City, 1:26.5; Long Beach City, 1:26.8; Laney, 1:27.4; Los Angeles Harbor, 1:27.4; Combined Placings - Los Angeles Southwest, 1:26.0; Los Angeles City, 1:26.5; (tie) Long Beach & West Los Angeles, 1:26.8; (tie) Contra Costa & Laney 1:27.4.

Mile Relay - 1st Section - West Valley ( Mark Bailey, Dennis Crane, Rick Gonzales, Dennis Cavaco) 3:18.5; Citrus, 3:20.2; Grossmont, 3:21.5; De Anza, 3:21.5; Golden West, 3:21.9; 2nd Section - Bakersfield (Frank Durham, Daley Brown, Art Bell, Larry Boaen) 3:16.8; Diablo Valley, 3:18.6; San Jose City, 3:18.7; Santa Barbara, 3:21.3; 3rd Section - L. A. Southwest (William White, Michael McZeal, Jim Smith, Karl Farmer) 3:11.8; Los Angeles Harbor, 3:12.5; Los Angeles City, 3:14.2; Fullerton, 3:15.0; Laney, 3:15.0. Combined Placings - Same as 3rd Section.

440 Yard Relay - Junior Colleges Under 3,000 - Cosumnes River (Wilbert Berry, Howard Redmond, Roy Larry) 42.9; Alameda, 43.0; Yuba, 44.2;

Distance Medley Relay - Junior Colleges under 3,000 - Monterey Peninsula (John Maust, Don Royston, Rich Barraza, Tom Pelton) 10:14.8. NEW WEST COAST RELAYS RECORD. College of the Desert, 10:23.0; Allan Hancock, 10:25.0; Cabrillo, 10:28.6; Skyline, 10:30.0.

Mile Relay - Junior Colleges under 3,000 - Cosumnes River (Wilbert Berry, Howard Redmond, Mark Sullivan, Ray Larry) 3:20.1; Skyline, 3:20.8; Monterey Peninsula, 3:21.1, Alameda, 3:23.1; College of the Desert, 3:29.4.

Pole Vault - Larry Johnson, Glendale, 16-2 1/4; (NEW WEST COAST RELAYS RECORD); Bob Flint, Fresno City, 16-0; Roger Martin, West Valley, 15-6; Hubert Black, L. A. City, 15-6; Carlos Garcia, Glendale, 15-6.

Discus - Jay Pushkin, Foothill, 163-4; Marl Murray, Fullerton, 162-0; Steve Frankiewich, Merced, 160-6; Lon Sizemore, San Jose City, 159-4; Ron Allen, De Anza, 151-8.

Javelin - Mike Spoolstra, Cerritos, 221-1; Larry Shively, Rio Hondo, 219-11; Steve Jarvis, Citrus, 219-7; John Macrorie, Fullerton, 200-4; Jeff Russell, Citrus, 199-5.

Triple Jump - Jake Torrence, College of Sequoias, 50-1; John Triplett, West Valley, 49-2 1/4; Jeff Hutton, Fullerton, 48-7 1/2; Ehrich Scott, Mt. San Antonio, 47-10; Thermond Wells, CC of San Francisco, 47-7 1/4.

High Jump - Tony Madau, Fullerton, 6-10; Rich Geske, Solano, 6-10; Steve Miller, Mt. San Antonio, 6-10; (tie) Mike Franz, El Camino, & Terry Gardner, Long Beach CC, 6-6;

Long Jump - Don Carter, El Camino, 24-1 1/2; Mark Givens, Fresno City, 23-10 1/4; Alan Hollis, West Los Angeles, 23-7; Cecil Overstreet, San Jose City, 23-4 3/4; Sylvester Abraham, Fresno City, 23-3 3/4.

Shot Put - Marl Murray, Fullerton, 54-11; John Nomis, L. A. Pierce, 54-10 1/2; Lon Sizemore, San Jose CC, 53-5; Ira Gorbet, Lassen, 52-9 1/2; Bill Muxlow, Bakers - field, 51-6 1/2.