

100 YARD DASH

National Interscholastic Record---9.3, William Gaines, Clearview Regional HS, Mullica Hill, NJ, 1967; Carter Suggs, Tarboro, North Carolina, 1973; (pending) Greg Edmond, Ball-Galveston, Texas, 1974.

California Best---9.4, James Jackson, Alameda, 1954; Forrest Beaty, Hoover-Glendale, 1962; James Hines, McClymonds-Oakland, 1964; Mel Gray, Montgomery-Santa Rosa, 1967; George Reddick, Hamilton-LA, 1971.

CIF Meet Record---9.4, Mel Gray, Montgomery-Santa Rosa, 1967.

1973 Finish---1-Elijah Jefferson, Crawford-SD 9.6w; 2-Clarence Edwards, Santa Ana, 9.6w
3-Howard Redmond, Sacramento, 9.6w; 4-Roy Clark, Harry Ellis-Richmond, 9.7w;
5-Millard Hampton, Silver Creek-SJ, 9.7w.

9.4w Mike Farmer (522) Wilson-SF, SF City Champ, LA Sunkist Indoor 60yd champ *Penalosa*
9.5 Millard Hampton (129) Silver Creek-San Jose, Cen Coast Champ, 5th '73 St. Meet.
9.5 Mike Simmons (149) Carson-LA, LA City Champ.
9.5w *Joel Andrews (67) West-Bakersfield, WCR Champ
9.5w *Elijah Jefferson (465) Crawford-SD, Defending Champion
9.6w **Glen Cannon (111) Mt. Pleasant-San Jose
9.7 Richard Anderson (410) Highland-Sacramento, Sac-Joaquin Champ
9.7 Russell Royston (630) Victor Valley, So Cal 3A Champ
9.7 Jim Rohrig (606) Santa Ana Valley, So Cal 4A 100 & 220 Champ
9.7 David Duffy (198) University-LA
9.7 Clyde Burgan (202) Washington -LA
9.8 Virgil Jackson (28) Edison-Fresno, Valley Champ
9.8 Vincent Walker (17) Dos Palos
9.8 Tim Saffold (408) Franklin-Stockton
9.8 Mark Carley (384) Burbank-Stockton
9.8 Jim Straw (550) Garden Grove, So Cal CIF Champ
9.8 Roderick Robinson (170) Gardena-LA
9.9 Ridgeway Robinson (568) Long Beach Poly
9.9 Walter Woodward (609) San Bernardino
9.9 Paul Jackson (297) Kennedy-Richmond, No Coast Champ
9.9 Charles Johnson (298) Kennedy-Richmond
9.9 Jim Frankson (505) Sweetwater-National City
10.0 Roosevelt Denhams (346) Castlemont-Oakland, Oakland City Champ
10.0 Doug Hill (96) Los Altos
10.0 Les Buckner (268) Clearlake-Lakeport
10.0 Eric Brown (269) De Anza-Richmond
10.3 Curt Parks (230) No Sec Champ

California Class Records

Fr. 9.7 Leamon King, Delano, 1951
So. 9.5 Howard Williams, Muir-Pasa., 1976--Mike Shavers, Albany, 1971--
Elijah Jefferson, Crawford-SD, 1973
Jr. 9.5 Hubie Watson, Jordan-LA, 1959--Jerry Williams, Berkeley, 1962
Sammie Burnes, El Cerrito, 1970--Larry Kirk, Dominguez, Compton, 1970--
Mike Shavers, Albany, 1972
Sr. 9.4 James Jackson, Alameda, 1954--Forrest Beaty, Hoover-Glendale, 1962--
James Hines, McClymonds-Oakland, 1964--Mel Gray, Montgomery-Santa Rosa, 1967
George Reddick, Hamilton-Los Angeles, 1971

220 YARD DASH (TURN)

National Interscholastic Record---20.2, Forrest Beaty, Hoover-Glendale, 1961.
(Straight)

California Best---20.7, Phil Underwood, Dorsey-LA, 1966; Mel Gray, Montgomery-Santa Rosa,
(Turn) 1967.

CIF Meet Record---20.7, Mel Gray, Montgomery-Santa Rosa, 1967.
(Turn)

1973 Finish---1-Clarence Edwards, Santa Ana, 21.2; 2-Millard Hampton, Silver Creek-San
(Turn) Jose, 21.5; 3-Deveryle Jones, Palisades-LA, 21.7; 4-Maurice Glass,
Castlemont-Oakland, 21.7; 5-Elijah Jefferson, Crawford-SD, 21.8

20.8 Mike Farmer (522) Wilson-SF, SF City Champ
20.9 Millard Hampton (129) Silver Creek-San Jose, Cen Coast Champ *2nd 73 st. meet*
21.4 Mike Harris, (552) Indio, So Cal 2A Champ
21.4 Mike Simmons (149) Carson-LA, LA City Champ
21.5 *Elijah Jefferson (465) Crawford-S n Diego, San Diego City Champ, 5th '73.
21.6 Jim Rohrig (606) Santa Ana Valley, So Cal CIF Champ, So Cal 4A 100 & 220 Champ
21.7 *Darryl Brown (181) Monroe-LA
21.7 David Duffy (198) University-LA
21.8 **Glenn Cannon (111) Mt Pleasant-San Jose
21.7 Clyde Burgan (202) Washington-LA
21.9 Paul Jackson (297) Kennedy-Richmond, No Coast Champ
21.9 Pat Cranor (577) Monrovia, So Cal 3A Champ
21.5 Doug Hill (96) Los Altos
22.0 ** Jason Law (534) Chino
~~22.0~~ Calvin Cazenave (429) Norte Del Rio-Sacramento, Sac-Joaquin Champ
~~22.0~~ Don Tavie (502) San Diego Military Academy
22.1 Vincent Walker (17) Dos Palos, Valley Champ
22.3 Ardes Gardner (61) South-Bakersfield
22.3 Richard Anderson (410) Highland
22.3 Tim Saffold (408) Franklin-Stockton
22.4 Danny Williams (45) Hoover-Fresno
22.0 Ridgeway Robinson (568) Long Beach Poly
22.5 Les Buckner (268) Clear Lake-Lakeport
22.6 William White (262) Berkeley
22.8 Wally Winzer (364) Skyline-Oakland, Oakland City Champ
23.0 Keith Book (220) Chico, No Sec Champ

22.3 Jerry Robinson (263) Cardinal Newman-Santa Rosa

California Class Records

Fr. 22.0 Charles Mock, Adams Jr. High-Los Angeles, 1963
So. 21.2 Millard Hampton, Silver Creek-San Jose, 1972
Jr. 21.0 Mike Shavers, Albany, 1972
Sr. 20.7 Phil Underwood, Dorsey-Los Angeles, 1966
Mel Gray, Montgomery-Santa Rosa, 1967

440 YARD DASH

National Interscholastic Record---45.8, Ronald Ray, Ferguson HS, Newport News, Virginia 1972.

California Best---46.1, Ullis Williams, Compton, 1961.

CIF Meet Record---46.6, Larance Jones, Lemoore, 1969.

1973 Finish---1-Ron Whitaker, Wilson-SF, 47.0; 2-Tom Andrews, West-Bakersfield, 48.3;
3-Jeff Leeds, Beverly Hills, 48.4; 4-Rod Connors, Rancho Cordova, 48.5
5-Glenn Christopher, Washington-LA, 48.6

47.7 *Brian Theriot (594) Newport Harbor, So Cal & 4A Champ.
48.0 Rod Connors (389) Rancho Cordova, Sac Joaquin Champ, 4th '73 State Meet.
48.1 *Dedy Cooper (290) Harry Ells-Richmond, No Coast Champ.
48.3 Donald Moore (493) Morse-San Diego, San Diego City Champ.
48.5 *Tom Lloy (547) Edison-Huntington Beach, 2d So Cal 4A.
48.6 Roth Hyght (613) San Geronio-San Bernardino
48.6 Bill Haddad (151) Chatsworth, LA City Champ.
48.6 Roy Haggerty (564) Long Beach Poly
48.7 Mike Bartlett (315) Piedmont
48.7 William Hunt (186) North Hollywood
48.7 Edward Ruppenstein (518) Galilio-SF, SF City Champ.
48.9 Calvin Cazenave (429) Norte Del Rio
49.0 Everett Adams (572) Lynwood, So Cal 3A Champ.
49.3 *Joel Andrews (67) West-Bakersfield, Valley Champ.
49.3 Steve Porter (259) Berkeley
49.4 Rod Brown (294) Kennedy-Richmond
49.5 Don MacKenzie (103) Menlo-Atherton, Cen Coast Champ.
49.5 Vinson Cotton (60) South-Bakersfield
49.7 Richard LaVatte (381) Atwater
49.7 Steve Riggins (474) Helix-San Diego
49.9 *Joe Garcia (12) Central-Fresno
50.0 Wyatt Bishop (71) Carlmont
50.1 Mitch Parlett (87) Homestead
50.1 Alrick King (147) Carson-LA
50.4 Mark Elwell (240) Shasta, No Sec Champ
50.5 Ken Ransfer (168) Gardena
50.8 Raymond Horne (350) Fremont-Oakland, Oakland City Champ

California Class Record

Fr.	49.3	Larry Boaen, West Bakersfield, 1969
So.	48.1	Rod Connors, Cordova-Rancho Cordova, 1972
Jr.	46.8	Ray Johnson, Blair-Pasadena, 1971
Sr.	46.1	Ullis Williams, Compton, 1961

880 YARD RUN

National Interscholastic Record---1:48.8, Richard Joyce, Sierra-Whittier, 1965.

California Best---1:48.5, Dale Scott, El Cerrito, 1972.

CIF Meet Record---1:48.8, Richard Joyce, Sierra-Whittier, 1965.

1973 Finish--- 1-Randy Lopez, Alhambra, 1:52.4; 2-Gary McManus, Ygnacio Valley, 1:53.6;
3-Dan Lagorio, Taft-LA, 1:53.8; 4-Francois Wolman, Fairfax-LA, 1:53.8;
5-Barry Johnson, Aviation, 1:54.1.

- 1:52.2 *Tom Lloy(547) Edison-Huntington Beach-SoCal CIF Champ
John Musich(532) Burbank-2nd SoCal CIF
- 1:52.5 George Cagle(311) Novato-North Coast Champ
- 1:52.6 Mark Hadley(343) Vintage-Napa
Francios Wolman(165) Fairfax-Los Angeles-2 times LA City Champ
4th in 1973 State Meet
- 1:52.8 Brian Donohue(195) Taft- Los Angeles
- 1:53.2 Steve Scott(621) Upland
- 1:53.3 Lynn Ryan(291) Irvington-Freemont
- 1:53.4 Dave Hamilton(90) Leigh-San Jose-Central Coast Champ
- 1:53.5 Mike Kasser(132) St Francis -~~mt view~~ -Finalist 73 St Meet
~~*Jon Cook(576) Mission Viejo~~
- 1:53.9 Jim Huebner(11) Bullard-Fresno-Valley Champ
- 1:54.4 Mike DeGrace(430) Norte Del Rio-Sac Joaquin Champ
- 1:54.6 Mark Schrantz(332) San Ramon-Danville or Lloyd Johnson(333) Santa Rosa
- 1:54.7 Richard Taylor(614) Serra
- 1:54.9 Mark Wagner(136) Soquel
- ~~1:55.6~~ 1:53.9 *Tom Hacche(143) Birmingham-Los Angeles
- 1:55.7 Bryan Boyd(445) Oakmont
- 1:55.9 Quinard McDonald(492) Morse-San Diego-San Diego City Champ
- 1:56.0 Rob Erb(232) Paradise-North Section Champ
Ron Tolliver(141) Banning-Los Angeles
- 1:56.1 Mats Klavmark(499) Patrick Henry-San Diego
- 1:56.6 Herny Perez(404) Edison-Stockton
- 1:56.9 ***Larry Gonzales(29) Exeter
Mike Edwards(20) East Bakersfield
- 1:58.1 Roderick Lewis(372) Oakland Tech-Oakland City Champ
- 1:58.4 Jim Abendroth(519) Lowe-San Francisco- San Francisco City Champ

California Class Record

- Fr. 1:56.6 Harry Nicholas, Reedley, 1968
- So. 1:52.7 Larry Davis, Los Altos, 1970
- Jr. 1:51.0 James Baxter, Los Angeles, 1969
- Sr. 1:48.5 Dale Scott, El Cerrito, 1972

MILE RUN

National Interscholastic Record---3:58.3, Jim Ryun, East HS, Wichita, Kan, 1965

California Best---3:59.4, Tim Danielson, Chula Vista, 1966

CIF Meet Record---4:05.4, Mark Schilling, Garden Grove, 1972.

1973 Finish---1-Alvin Gilmore, Lompoc, 4:11.4; 2-Steve Crowley, Gunn-Palo Alto, 4:11.9;
3-Bob O'Brien, Bellflower, 4:11.9; 4-Andy Clifford, Sunny Hills, 4:13.7;
5-Rusty Nahirny, Washington-Fremont, 4:14.0.

-
- 4:02.4 Rich Kimball(274) DeLaSalle-Concord-North Coast Champ mile & 2 mile
Oakland Indoor 1500m Champ-2nd all time Calif mile
list
 - 4:07.1 Andy Clifford(616) Sunnyhills^{Fullerton} SoCal CIF Champ-4th in 1973 State Meet
 - 4:07.6 *Ralph Serna(560) Loara-Anaheim, Mt Sac 2 Mile Champ-Finalist '73 St. Meet
 - 4:10.8 Ray Wicksell (632) West Covina
 - 4:10.8 Tom Colley (612) San Gorgonio-San Bernardino
 - 4:11.4 Rusty Nahirny (344) Washington-Fremont, Sunkist indoor mile champ,
Examiner indoor 2 mile champ, 5th '73 State meet
 - 4:12.0 Tom Smith (470) Granite Hills-San Diego
 - 4:12.5 Matt Bell (548) Foothill
 - 4:13.1 David Diekmeyer (457) Stagg-Stockton, Sac-Joaquin Champ
 - 4:13.8 Conrad Shur (91) Leigh-San Jose, Cent Coast Champ
 - 4:14.9 Bill LaForge (116) Oceanina
 - 4:15.1 Paul Frederickson (86) Homestead
 - 4:15.3 Jay Woods (509) Vista-San Diego, San Diego City Champ
 - 4:17.4 Ray Green (327) San Rafael
 - 4:18.3 Mike Emery (266) Clayton Valley
 - 4:18.7 Bill DeLaTorre (140) Banning-Los Angeles, Los Angeles City Champ
 - ~~4:18.7 4:14.9~~ Richard Nance (185) Monroe-Los Angeles
 - ~~4:19.1 4:11.9~~ *John Johnson (362) Skyline-Oakland, Oakland City Champ
 - 4:19.7 Tom Elieff (36) Highland-Bakersfield, Valley Champ
 - 4:20.1 Art Baudenstal (411) Highlands
 - 4:20.2 Robby Bray (51) North-Bakersfield
 - 4:20.4 Bod Deis (458) San Juan-Sacramento
 - ~~4:21.2 4:20.3~~ Ron Young(142) Bell-Los Angeles
 - 4:22.0 John Sweeney(515) Balboa-San Francisco-San Francisco City Champ
 - 4:22.6 Ken Hammer(144) Canoga Park
 - ~~4:25.4 4:24.5~~ Bob Gillette(46) Lemoore
 - 4:27.5 Tom Olsen(217) Central Valley-North Section Champ

California Class Records

- Fr. 4:17.2 Harry Nicholas, Reedley, 1968
- So. 4:09.1 Eric Hulst, Laguna Beach, 1974
- Jr. 4:04.2 Curtis Beck, Santa Monica, 1972
- Sr. 3:59.4 Tim Danielson, Chula Vista, 1965

TWO MILE RUN

National Interscholastic Record---8:41.5, Steve Prefontaine, Marshfield HS, Coos Bay, Oregon, 1969.

California Best---8:48.8, Curtis Beck, Santa Monica, 1972

CIF Meet Record---8:52.3, Curtis Beck, Santa Monica, 1972

1973 Finish---1-Terry Williams, Lompoc, 8:54.8; 2-Dave Taylor, Merced, 9:00.2;
3-Steve Martin, Davis, 9:02.1; 4-Curtis Beck, Santa Monica, 9:02.8;
5-Gordon MacMitchell, Gunn-Palo Alto, 9:07.4.

8:51.0 Rich Kimball(274) DeLaSalle-Concord-North Coast Champ-Oakland 1500
Champ-#2 on the AllTime Calif List

8:54.0 **★**Eric Hultz(557) Laguna Beach-SoCal CIF Champ-SoCal 1 & 2 Mile Champ
Nat. Soph Record holder in 2 Mile (16 yrs old)

8:59.4 Jim Schankel(561) Lompoc-SoCal 3A Mile & 2Mile Champ-Sunkist 2Mile

9:00.6 Guy Arbogast(541) Crespi-Encino 2nd in SoCal 3A

9:00.8 Gary Blume(573) Marina-Huntington Beach-2nd SoCal 4A

9:01.6 Mark Washburn(531) Bloomington-2nd SoCal 1 & 2 Mile

9:03.8 Benton Hart(427) Modesto-Sac Joaquin Champ-WCR Champ

9:05.2 Kirk Pfeffer(467) Crawford-San Diego-San Diego City Champ

9:07.2 Steve Mowry(482)Madison-San Diego

9:09.8 **★**Mitch Kingery(120) San Carlos-Central Coast Champ-2nd Examiner Indoor

9:11.0 Stacy Geiken(74) Cubberly

9:11.2 Juan Garcia(54) Redwood-Visalia-Valley XC Champ

9:15.1 Craig Kennedy(100) Lynnbrook

9:15.4 **★**Roy Kissin(331) San Ramon-Danville

9:16.8 John Sisler(314) Petaluma-Oakland Indoor 3000M Champ

9:17.0 Doug Padilla(305) Marina-San Leandro

9:20.6 Gerardo Canchola(199) Van Nuy-Los Angeles-Los Angeles City Champ

9:23.2 John Avila(1) Avenal-Valley Champ

9:23.9 Richard Bega(423) Merced

9:24.6 Jim Mebust(382)Bella Vista

9:26.0 Vicken Simonian(172) Hollywood-Los Angeles

~~9:31.6~~ 9:24.4 David Villarreal(150) Carson-Los Angeles

9:35.3 Ken Hendrick(35) Highland-Bakersfield

9:42.7 John Sweeney(515) Balboa-San Francisco-SF City Champ 1 & 2 miles

~~9:46.0~~ 9:27.4 Steve Bitterly(191) Taft-Los Angeles

9:50.4 Steve Henson(216) Big Valley-North Section Champ

9:57.5 Duane Booth(358) Skyline-Oakland-Oakland City Champ

California Class Record

Fr. 9:04.4 Eric Hulst,Laguna Beach, 1973
So. 8:54.0 Eric Hulst,Laguna Beach, 1974
Jr. 8:48.8 Curtis Beck,Santa Monica, 1972
Sr. 8:53.4 Marc Genet,Santa Ana, 1972

120 YARD HIGH HURDLES

National Interscholastic Record---13.5, Richmond Flowers, Lanier HS, Montgomery, Ala, 1965; Bill Tipton, Central HS, Pontaic, Mich, 1967; Randy Lightfoot, Plainview, Tex, 1971.

California Best---13.6, Charles Jackson, Lompoc, 1971; Dan Jones, Palo Verde-Blythe, 1972; Carl Florant, Palo Alto, 1973; Tom Andrews, West-Bakersfield, 1973. *Mike Harris, Indio, 1974*

CIF Meet Record---13.6, Charles Jackson, Lompoc, 1971; Dan Jones, Palo Verde-Blythe, 1972; Tom Andrews, West-Bakersfield, 1973.

1973 Finish---1-Mike Johnson, Pasadena, 13.6w; 2-Carl Florant, Palo Alto, 13.7w; 3-Randall Jeffrey, Los Angeles, 13.8w; 4-James Owens, Norte Del Rio-Sac, 13.9w; 5-Tom Andrews, West-Bakersfield, 14.0w.

-
- 13.6 Mike Harris(552) Indio, SoCal 2A Champ
13.7 *Dedy Cooper(290) Harry Ells-Richmond-North Coast & WCR Champ *Finalist 73 St Meet*
13.8 Rich Graybell(301) Las Lomas-Walnut Creek
*Robert Gaines(296) Kennedy-Richmond
13.9 Jim Austin(580) Muir-Pasadena-SoCal CIF Champ
Fred Shaw(587) Muir-Pasadena-SoCal 4A Champ-Mt Sac Champ *Finalist 73 St Meet*
James Owens(431) Norte Del Rio-Sacramento *4th 73 St Meet*
14.0 Trennis Jackson(608)-San Bernardino-SoCal 3A Champ
14.0w Roland Solomon(533) Cabrillo-Lompoc-2nd SoCal 3A
~~14.0~~ *13.3w* Mike Kirtman(524) Wilson-San Francisco-San Francisco City Champ
14.0w Mark Carle(384) Burbank-Stockton-Sac Joaquin Champ
14.2 Eddie Harper(6) Bakersfield-Valley Champ
w Ivory Jones(409) Grant-Sacramento
14.3 Phil Branson(49) Monache-Porterville
Vic White(44) Hoover- Fresno
Mike Crittenden(295) Kennedy-Richmond
14.4 Charles Coleman(353) McClymonds-Oakland-Oakland City Champ
Mark Mildebradt(77) Cupertino-Central Coast Champ
Willie Banks(496) Oceanside-San Diego City Champ
14.3 Ken Smith(171) Gardena-Los Angeles-Los Angeles City Champ
14.6 Bob Garlick(70) Campbell
14.1 Ernie Crew(190) San Pedro-Los Angeles
14.7 Bill Napier(101) Lynbrook
14.5 Antonine Richardson(169) Gardena-Los Angeles
14.7 Lyndon Crow(192) Taft-Los Angeles
15.2 Al Morton(244) Wheatland-North Section Champ

14.6 Wayne Saxton(480) Kearney-San Diego

California Class Records

- Fr.
So. 14.2 Ron Cox, Fresno, 1969
Jr. 13.7 Dedy Cooper, Harry Ells-Richmond, 1974
Sr. 13.6 ~~Al Hall, Morningside-Inglewood, 1970~~ ~~McKenley Mosley, Bakersfield, 1970~~
~~James Owens, Norte Del Rio-Sacramento, 1973~~ - Mike Harris, Indio, 1974
~~Tom Andrews, West-Bakersfield, 1973~~

180 YARD LOW HURDLES (TURN)

National Interscholastic Record---18.1, Steve Caminiti, Crespi Carmelite HS, Encino 1964;
(Straight) Don Castronovo, Oceanside, NY, 1964;
Earl McCullouch, Long Beach Poly, 1964.

California Best---18.6, Wayne Collett, Gardena, 1967.
(Turn)

CIF Meet Record---18.7, Jerry Proctor, Muir-Pasadena, 1967.
(Turn)

1973 Finish---1-Randall Jeffrey, Los Angeles, 18.4; 2-Fred Shaw, Muir-Pasadena, 18.7;
(Straight) 3-Rick Walker, Apple Valley, 18.8; 4-Bill Parmer, Lemoore, 18.9;
5-Jack Mosby, Los Angeles, 19.1.

18.5w	Fred Shaw(587) Muir-Pasadena-SoCal CIF Champ-2nd in 1973 State Meet
18.6	Rich Graybell(301) Los Lomas-Walnut Creek-North Coast Champ
18.8	Jim Austin(580) Muir-Pasadena-SoCal CIF Champ
18.9w	Mark Uribe(457) Roseville-Sac Joaquin Champ
18.9	<u>Dave Jakle(98) Las Altos-Central Coast Champ</u>
19.0	Mike Kirtman(324) Wilson-San Francisco-San Francisco Champ
19.0w	James Owens(431) Norte Del Rio-Sacramento
19.0 w	Trennis Jackson(608) San Bernardino-2nd SoCal 3A
19.1 t	John Foye(179) Locke-Los Angeles-Los Angeles City Champ
19.1	Dale Walters(559) Lakewood
19.0 w	Roland Solomon(533) Cabrillo-Lompoc-SoCal 3A Champ
19.3	Ed Mann(461) Vacaville
19.4	Mike Crittenden(259) Kennedy-Richmond
19.5	Steve Herman(303) Las Lomas-Walnut Creek
19.6	Larry Richardson(283) El Molino-Forrestville
19.5s 19.7c	Antonien Richardson(169) Gardena-Los Angeles
19.7 t	Phil Branson(49) Monache-Porterville-Valley Champ
19.8	<u>Mark Midlebrandt(77) Cupertino</u>
19.8 t 19.5s	Ronnie Lee(213) West Chester-Los Angeles
19.9	Wayne Saxton(480) Kearney-San Diego-San Diego City Champ
19.8 t	Ken Smith(171) Gardena-Los Angeles
20.0	Keith Miles(466) Crawford-San Diego
20.1 t	Eddie Harper(6) Bakersfield
20.1 t	John Harrick(66) Wasco
20.1	<u>Savann Thompson(121) San Carlos</u>
20.2	Al Morton(244) Wheatland-North Section Champ
20.3	Charles Coleman(353) McClymonds-Oakland-Oakland City Champ

California Class Records (Turn)

Fr.	:20.0	Joel Andrews, West Bakersfield, 1972
	:19.6	Bill Palmer, Lemoore, 1971
		David Turner, Shafter, 1972
		Joel Andrews, West Bakersfield, 1973
Jr.	:19.0	Ed Johnson, Grant-Sacramento, 1967
Sr.	:18.6	Wayne Collett, Gardena, 1967

440 YARD RELAY

National Interscholastic Record - 40.2, Lincoln HS, Dallas Texas, 1970.

California Best - 41.0, Wilson-SF, (Farmer, Whitaker, Kirtman, Walker), 1973.

CIF Meet Record - 41.0, Wilson-SF, (Farmer, Whitaker, Kirtman, Walker), 1973.

1973 Finish - 1- Wilson-SF, 41.5; 2-Edison-Fresno, 41.6; 3-Sacramento, 41.7;
4- Compton, 41.9; 5-Monrovia, 42.0.

42.0 Kennedy-Richmond, North Coast Champ.
42.1 Carson-LA, LA City Champ.
42.1 Gardena-LA
42.3 Wilson-SF, SF City Champ & Defending St Champ.
42.2 Morse-SD, San Diego City Champ.
42.3 Muir-Pasadena, So Cal CIF Champ
42.3 Edison-Fresno, Valley Champ.
42.5 Crawford-SD
42.5 Roosevelt-Fresno
42.5 Hoover-Fresno
42.6 Yerba Buena, Cen Coast Champ.
42.6 Jefferson-LA
42.7 Skyline-Oakland, Oakland City Champ.
42.5 Monroe-LA
42.7 Mt Pleasant-San Jose
42.5 Los Altos
43.0 Sunnyhills
42.8 Pius X-Downey, So Cal 2A Champ.
43.0 Verbun Dei-LA
43.2 ~~San Bernardino, So Cal 3A Champ.~~
43.2 Highlands, Sac-Joaquin Champ
43.2 DeAnza-Richmond
43.3 Franklin-Stockton
43.4 Stagg-Stockton
43.6 Ferndale
43.6 Pittsburg
44.3 Paradise, No Sec Champ.
42.2 Poly-Long Beach

MILE RELAY

National Interscholastic Record - 3:11.8, Memorial HS, Houston, Texas, 1967,
Killian HS, Miami, Florida, 1969.

California Best - 3:13.2, Castlemont-Oakland, (Roberts, Morgan, Curry, Rodgers) 1971.

CIF Meet Record - 3:13.2, Castlemont-Oakland, (Roberts, Morgan, Curry, Rodgers) 1971.

1973 Finish - 1-Rancho Cordova, 3:17.4; 2-Muir-Pasadena, 3:18.0; 3-Berkeley, 3:18.4;
4-Wilson-SF, 3:18.4; 5-Bakersfield, 3:18.5.

3:18.6	Muir-Pasadena-SoCal CIF Champ, SoCal 4A Champ
3:18.8	South Bakersfield-Valley Champ Bakersfield Long Beach Poly
3:18.9	Compton
3:19.3	Norte Del Rio-Sac Joaquin Champ
3:19.6	East Bakersfield
3:19.6	Morse-San Diego-San Diego City Champ
3:19.7	Dominquez-Compton Kennedy-Richmond-North Coast Champ
3:20.3	Los Lomas-Walnut Creek
3:20.5	Newport Harbor-Newport Beach
3:20.7	Gardena-Los Angeles
3:20.8	Westchester-Los Angeles
3:21.0	Washington-Los Angeles
3:21.1	Taft-Los Angeles
3:21.2	<u>Cupertino-Central Coast Champ</u>
3:21.7	Vallejo
3:22.2	Johnson-Sacramento
3:22.3	<u>San Mateo</u>
3:22.9	Helix-San Diego
3:23.0	Rancho Cordova
3:23.5	El Cerrito
3:24.2	<u>Gilroy</u>
3:25.6	Oakland Tech-Oakland City Champ
3:27.5	Chico-No Section Champ
3:29.3	Balboa-San Francisco-San Francisco City Champ

HIGH JUMP

National Interscholastic Record - 7-1½, Dwight Stones, Glendale, 1971.
 (pending) - 7-1 3/4, Mark Wilson, Monte Vista-Danville, 1974.
 " " 7 1 3/4 Herzog, Lansing, Kansas 1974

California Best - 7-3, Reynaldo Brown, Compton, 1968.

CIF Meet Record - 7-1½, Dwight Stones, Glendale, 1971

1973 Finish - 1-Randy Turner, Wilson-SF, 6-6; 2-Jim Geddes, La Jolla, & Brian Shaw, Pittsburg, 6-6; 4-George Phillips, El Camino-Sacramento, 6-6; 5-Greg Kraft, Mission-San Jose, 6-4.



- 7-1 3/4 Mark Wilson (307) Monte Vista-Danville, WCR Champ, Pending Nat HS Record.
- 7-0 Clark Beedle (421) La Sierra- Sacramento, Sac-Joaquin Champ.
- 7-0 Mark Ridge (425) Merced
- 6-10½ Doug Case (556) Laguna Beach, So Cal 2A Champ, Second.
- 6-10½ Vic Churchill (528) Alemany-Mission Hills, So Cal 3A Champ.
- 6-10 Dave Haber (250) Alameda
- 6-9½ Rick Parks (540) Crescenta Valley, So Cal Champ.
- 6-9½ Charles Hatch (523) Wilson-SF, SF City Champ.
- 6-8 3/4 Bruce Smith (624) Ventura
- 6-8 3/4 Steve LaRusch (551) Glendale, So Cal 4A Champ.
- 6-8 3/4 *John Washington (157) Fremont-LA, LA City Champ.
- 6-8½ Terry Morrow (47) McLane-Fresno, Valley Champ.
- 6-8 *Bill Scarborough (14) Clovis
- 6-7½ Willard Epps (65) Tulare Union
- 6-8½ Mark Insley (78) Cupertino, Cen Coast Champ.
- 6-6 Coart Owens (347) Castlemont-Oakland, Oak City Champ.
- 6-8 Reggie Givins (162) Gardena-LA
- 6-6 Scott Young (462) Bonita Vista-Chula Vista, San Diego City Champ.
- 6-5 Greg Bullard (226) Enterprise, No Sec Champ.
- 6-5 Ed Cloud (416) John Swett-Sacramento
- 6-4 Larry Wright (72) Claremont
- 6-4 Kirk Collins (110) Monterey.
- 6-4 Bob Montgomery (252) Analy-Sebastapol
- 6-4 Dennis Abbott (330) San Ramon-Danville
- 6-4 Kenton Doyle (183) Monroe-LA
- 6-8 Bill Bunting (485) Monte Vista-Spring Valley
- 6-6 Dwayne Joseph (164) Gardena-LA

California Class Record

- Fr. 6-5 Reynaldo Brown, Willowbrook-Jr. High-Los Angeles, 1966
- So. 6-9½ Reynaldo Brown, Compton, 1967
- Jr. 7-0 3/4 Reynaldo Brown, Compton, 1968
- Sr. 7-3 Reynaldo Brown, Compton, 1969

appur 12

POLE VAULT

National Interscholastic Record - 16-7, Robert Pullard, Los Angeles, 1969
Casey Carrigan, Orting, Wash, 1969

California Best - 16-8 3/4, Steve Smith, South-Torrance. 1969.

CIF Meet Record - 16-2 3/4, Tim Curran, Crespi-Encino, 1973.

1973 Finish---1-Tim Curran, Crespi-Encino, 16-2 3/4; 2-Scott Turner, Del Mar-San Jose, 14-6;
3-Wayne Hardison, McLane-Fresno, 14-0; 4-Vince Stephens, Manuel Arts-LA, 14-0;
5-Jack Lennan, Carlmont-Belmont, 14-0.

- 16-4 Mike Tully(575) Millikan-Long Beach-SoCal CIF & 4A Champ
- 15-6 Jim Knaub(558) Lakewood-Sunkist Indoor Champ
- 14-10 Tim Vahlstrom(631) Villa Park-2nd SoCal CIF Champ
- 14-8 1/2 Bob Folsom(13) Clovis-Valley Champ
- 14-7 John Bell(99) Lynbrook-San Jose-Central Coast Champ
- 14-6 James Killeen(623) Valencia-2nd SoCal 2A
- 14-5 1/2 Scott Bootman(50) North Bakersfield
- 14-4 Burt Sutherland(178) Kennedy-Los Angeles-Los Angeles City Champ
- 14-3 3/4 Terry Markou(312) Pacifica-Pittsburg
- 14-3 Bob Olsen(320) Pleasant Hill-North Coast Champ
- 14-0 Kris Van Elswyck(43) Hoover-Fresno
- Bill Gervasi(122) San Lorenzo Valley
- 14-4 Ralph Baker(81) Del Mar
- 14-3 John Barrows(483) Mar Vista-Imperial Beach-San Diego City Champ
- 14-0 Ray Gullion(426) Mira Loma-Sacramento-Sac Joaquin Champ
- Tom Curran(542) Crespi-Encino
- Curtis Caldwell(270) DeAnza-Richmond
- Bob Paffenberger(253) Antioch-WCR Champ
- 13-8 1/2 Scott Fairley(227) Los Plumas-North Section Champ
- ~~13-6~~ 14-0 Bruce Gogon(446) Oakmont
- 13-6 Randy Foyil(379) Amador City
- Rahn Sheffield(152) Crenshaw-Los Angeles
- Dave Phillips(473) Helix-La Mesa
- 13-0 David Johnson(510) Balboa-San Francisco-San Francisco City Champ
- Steve Pedretti(155) El Camino Real-Los Angeles
- 13-6 Wilson Jung(165) Gardena-Los Angeles
- ~~10-3~~ 13-6 Roger McEllroy(363) Skyline-Oakland-Oakland City Champ

California Class Records

- Fr. 13-3 1/2 Mike Kelley, Sierra Jr. High-Fresno, 1966
- So. 15-0 Tim Curran, Crespi-Encino, 1971
- Jr. 16-0 Paul Wilson, Warren-Downey, 1964
- Sr. 16-8 3/4 Steve Smith, South Torrence, 1969

LONG JUMP

National Interscholastic Record - 25-9½, Gerald Hardeman, Edison-Fresno, 1972.

California Best - 26-2½, Ken Duncan, McClatchy-Sacramento, 1972.

CIF Meet Record - 25-4½, Jerry Proctor, Muir-Pasadena, 1967.

1973 Finish - 1-Jerry Herndon, Cajon-San Bernardino, 25-4½w; 2-Ted Hammond, Compton, 25-4½w;
3-Mark Cleghorn, Berkeley, 25-½w; 4-Gerald Hardeman, Edison-Fresno, 24-9w;
5-EB Shaffer, Berkeley, 23-9½w.

24-4 3/4	James Lofton(206) Washington-Los Angeles-LA City Champ-Sunkist Champ
24-2½	*John Sutton(579) Morning Side-Inglewood-SoCal 3A Champ
24-2	Kevin Cole(161) Gardena-Los Angeles Bob Jones(163) Gardena-Los Angeles
24-1½	Willie Banks(496) Oceanside-San Diego City Champ
23-11	Gordon Kurz(610) Santa Clara-Oxnard-SoCal 2A Champ
23-10½w	Raymond Reeb(530) Bassett-La Puente
23-10	Mike Jennings(629) Victor Valley-SoCal CIF Champ
23-9½ 24-2½"	Danny Williams(45) Hoover-Fresno- Valley Champ-WCR LJ & TJ Champ
23-9	Don Bryson(354) Oakland-Oakland Indoor Inv. Champ, Oakland City Champ John Dunn(380) Armijo-Sac Joaquin Champ
23-6	*Larry Johnson(68) Washington Union-Fresno
23-6w	Rich Graybell(301) Las Lomas-Walnut Creek
23-5	*Bill Smith(589) Muir-Pasadena-SoCal 4A Champ Carl Mellion(334) St Mary's-Berkley-North Coast Champ
23-3 3/4	Ken Brooks(497) Oceanside
23-2½	<u>Phil Robinson(135) Woodside-Central Coast Champ</u>
23-½	*Ron Malone(56) Roosevelt-Fresno
23-¼	<u>Don Finley(75) Cupertino</u>
22-9½	<u>Gary Gomes(309) Montgomery-Santa Rosa</u>
22-9	<u>Ken Vasquez(108) Mills</u> Richard Inks(383) Bret Hart
22-8 3/4	Mike Ryan(415) Jackson
22-5½ 22-7	Richard Howard(146) Carson-Los Angeles
22-3	Mark Kilmer(323) Redwood-Larkspur
22-½	Issac Gillmore(520) Mission-San Francisco-San Francisco City Champ
21-3½	Marvin Belvin(239) Quincy-North Section Champ

California Class Records

Fr.	23-10½	Johnny Johnson, Pacific Grove, 1963
So.	25-2½	Johnny Johnson, Pacific Grove, 1964
Jr.	25-10 3/4	Heulon Hewitt, Merced, 1968
Sr.	26-2½	Ken Duncan, McClatchy-Sacramento, 1972

TRIPLE JUMP

National Interscholastic Record - 52-6 $\frac{1}{4}$, David Tucker, San Joaquin Memorial-Fresno, 1970.

California Best - 52-6 $\frac{1}{4}$, David Tucker, San Joaquin Memorial-Fresno, 1970.

CIF Meet Record - 49-1, Willie Banks, Oceanside, 1973.

1973 Finish - 1-Willie Banks, Oceanside, 49-7 $\frac{1}{2}$ w; 2-Lewis Tucker, Washington Union-Fresno, 49- $\frac{1}{2}$ w; 3-Clint Harrell, Edison-Stockton, 48-3w; 4- Thermond Wells, Balboa-SF, 48- $\frac{1}{2}$ w; 5-Mark Thorp, Cupertino, 47-7 $\frac{1}{2}$ w.

50-10 $\frac{1}{2}$ Willie Banks (496) Oceanside, Defending Champ, San Diego City Champ
48-10 Danny Williams (45) Hoover-Fresno, WCR Champ Long Jump & Triple Jump
48-2 Nathan Johnson (128) Seaside, Cen Coast Champ
48-1 $\frac{1}{2}$ Dan Jackson (356) Oakland, Oakland City Champ
47-11 $\frac{1}{2}$ John Haynes (280) El Cerrito, No Coast Champ
47-11 Larry Johnson (34) Fresno, Valley Champ
47-10 3/4w Mike Marlo (386) Burbank-Sacramento, Sac-Joaquin Sec Champ
47-8 $\frac{1}{2}$ w Mike Dobbins (424) Merced
47-7 Marvin Blackwell (18) East-Bakersfield
47-6 Alton Page (133) St Francis
47-4 Dave Haber (250) Alameda
47-2 Bob Willis (92) Leigh-San Jose
47-0 Bruce Smith (624) Ventura, So Cal Champ
46-9 3/4 Keith Miles (466) Crawford-San Diego
46-3 Ernest Parker (607) Santa Barbara
46-2 Howie Marlow (289) Granada-Livermore
46-1 Terry Mooring (403) Edison-Stockton
46-0 Kevin Morning (596) Pasadena
45-11 $\frac{1}{2}$ Teddy Banayat (521) Wilson-SF, SF City Champ
45-9 Ed Miller (529) Atascadero
45-6 David Burch (595) Orange
45-4 3/4 Bob Jones (163) Gardena, LA City Champ
45-4 3/4 James Lofton (206) Washington-LA
45-4 Rick Williams (310) Montgomery-San Jose
45-2 $\frac{1}{4}$ Keith Taylor (167) Gardena -LA
44-5 $\frac{1}{4}$ Richard Howard (146) Carson-LA
44-1 3/4 Paul Henderson (234) Paradise, No. Sec Champ

California Class Record

Fr.	48-4	David Tucker, Memorial-Fresno, 1968
So.	50-0 $\frac{1}{2}$	David Tucker, Memorial-Fresno, 1969
Jr.	52-6 $\frac{1}{4}$	David Tucker, Memorial-Fresno, 1970
Sr.	52-3 $\frac{1}{2}$	Randy Williams, Edison-Fresno, 1971

SHOT PUT

National Interscholastic Record - 72-3½, Sam Walker, Samuel HS, Ft Worth, Texas, 1968.

California Best - 69-6 3/4, Jim Neidhart, Newport Harbor-Newport Beach, 1973

CIF Meet Record - 67-3½, Jim Neidhart, Newport Harbor-Newport Beach, 1973

1973 Finish - 1-Jim Neidhart, Newport Harbor, 67-3½; 2-Dave Doupe, Inglewood, 65-11½;
3-Lonnie Shelton, Foothill-Bakersfield, 65-2½; 4-Ralph Fruguglieti,
Albany, 60-9½; 5-Bruce Rothchild, North Hollywood, 59-9½.

64-8½	*Dave Kurrasch(605) Santa Anna-SoCal CIF Champ-MtSac Champ
64-5 3/4	Curt Hampton(468) ElCajon-San Diego-San Diego City Champ
62-5	Russ Brown(38) Hoover-Fresno
61-2	* <u>Gary Bersano(93) Los Gatos-Central Coast Champ</u>
60-10 61'8½	Richard Torbet(571) Lowell-Whittier
60-3	Bruce Rothschild(187) North Hollywood-5th in 1973 State Meet
59-11	Darrel Elder(322) Redwood-Larkspur-North Coast Champ
59-10	Brad Vassar(459) Sonora-Sac Joaquin Champ
59-9½	Pat Zech(254) Antioch-WCR Champs
59-8½	Mark Brouhard(153) El Camino Real-Los Angeles-Los Angeles City Champ
59-8½	*Dave Laut(611) Santa Clara-Oxnard-SoCal 2A Champ
59-7½	Mark McNaughton(41) Hoover-Fresno-Valley Champ
59-2½	Richard Paxton(506) University-San Diego
58-10 3/4	Curtis Yarbrough(158) Fremont-Los Angeles
58-7	Sam Alexander(64) Tulare Western
58-3½	<u>Otis Page(127) Saratoga</u>
57-7	Angelo Dillon(517) Galileo-San Francisco-San Francisco City Champ
	Ray Schaplaske(80) <u>Cupertino</u>
57-4 59'2½	Dan Lindquister(615) Simi Valley
56-7½ 57-2½	Mark Madison(565) Long Beach Poly
56-5½ 57-3½	Bob Bushman(154) El Camino Real
56-4½	Russ Pierce(401) Dixon
54-11	Sid Webb(444) Oakdale
54-7½ 57'7½	Bill Ackerman(335) Sunset-Hayward
54-2 3/4	Mike Stapleton(313) Pacifica-Pittsburg
52-3	Carl Hudson(355) Oakland-Oakland City Champ
49-11½	Paul Cummings(228) Lassen-North Section Champ

California Class Record

Fr.	52-5 3/4	Curt Hampton, ElCajon, 1971
So.	61-1	Dave Kurrasch, Santa Ana, 1973
Jr.	64-8½	Dave Kurrasch, Santa Ana, 1974
Sr.	69-6 3/4	Jim Neidhart, Newport Harbor, 1973

DISCUS

National Interscholastic Record - 201-3, Chris Adams, Los Altos, 1970
201-6 (pending), Ray Burton, Vacaville, 1974.

California Best - 201-6, Ray Burton, Vacaville, 1974.

CIF Meet Record - 201-3, Chris Adams, Los Altos, 1970.

1973 Finish - 1-Lonnie Shelton, Foothill-Bakersfield, 195-5; 2-Ray Burton, Vacaville, 188-1
3-Ralph Fruguglieti, Albany, 184-9; 4-Dave Hickson, Leland-San Jose, 183-1;
5-Kim Harvey, Fremont-Sunnyvale, 181-5.

201-6	Ray Burton(460) Vacaville-Sac joaquin Champ-WCR Champ-Nat Prep Record
194-2	Darrel Elder(322) Redwood-Larkspur
185-5	Mark McNaughton(41) Hoover-Fresno-Valley Champ
184-2	Glenn Moore(114) MtPleasant-San Jose-Central Coast Champ
181-3	<u>Ron Grant(53) Riverdale</u>
176-0 180-11	<u>Craig Watkins(109) Mitty -SJ</u>
174-0	Mark Malone(469) ElCajon-San Diego-San Diego City Champ
173-11 174-1	<u>Scott Wells(117) Palo Alto</u>
173-6	Randy White(402) Downy-Modesto
171-9	Niels Mortensen(508) Vista
170-11	Sam Alexander(64) Tulare Western-2nd WCR
170-4	Mike Tinsley(428) Nevada Union-Grass Valley
170-2	Loren Schendal(275) Del Norte-Crescent City
169-11	Willie Nevels(514) Balboa-San Francisco-San Francisco City Champ
167-10	Dean Singleton(292) Irvington-Fremont
166-5 178-9	John Walker(251) Amador
164-9 168-5	Larry Schrader(574) Mayfair -Lakewood-SoCal CIF Champ
161-2	Reed Wold(238) Pleasant Valley-North Section Champ
161-0 168-9	Burt Ellenberg(539) Costa Mesa-2 nd Mt Sac
160-4	Mark Baughman(553) Katella-Anaheim
159-11 164-8	Richard Stewart(554) LaQuina-West Minister
155-5	Dan Hengglar(633) West Torrence

California Class Record

Fr. ~~180-7~~

California Class Record

Fr.		
So.	180-7	Mark McNaughton, McLane-Fresno, 1972
Jr.	194-10	Ray Burton, Vacaville, 1973
Sr.	201-6	Ray Burton, Vacaville, 1974