

Apr 30, 1975

GOLDEN GATE CONFERENCE MEET "TRIALS"

WEDNESDAY, APRIL 30, 1975

At Diablo Valley College

MILE	HEAT # 1		
1.	Damon Wood	CSM	4:22.1
2.	Rich McCandless	WV	4:22.1
3.	Doug Padilla	Ch	4:24.0
4.	Bernie Babos	Uak	4:24.5
5.	Matt Logan	F	4:24.4
6.	John Bettencourt	SJ	4:28.0

HEAT # 2

1.	Lynn Ryan	SJ	4:19.4
2.	Craig Sullivan	WV	4:20.2
3.	Ernie Farrel	SJ	4:21.3
4.	Bruce Sayre	CSM	4:22.6
5.	Dark Schloff	Dea	4:23.3
6.	Gordon MacMitchell	F	4:29.3

120 HIGH BURLIES HEAT # 1

1.	Roy Gaines	SF	14.5w
2.	Gerald Bennett	L	14.8
3.	Thermond Wells	SF	15.0
4.	Steve Nelson	SJ	15.3
5.	Johmiel Conner	WV	16.0
6.	Tom Rinker	DVC	19.5

HEAT # 2

1.	Dave Cameron	SJ	14.7 w
2.	Dwight Williams	SF	15.0
3.	Kevin Warren	L	15.1
4.	Norvel Hammond	SF	15.3
5.	Ron Bramlett	CSM	15.3
6.	Len Eisen	Ch	15.4

440 HEAT # 1

1.	Ken Williams	SJ	49.6
2.	Chris Penny	CSM	50.2
3.	Dennis Craine	WV	50.9
4.	Phil Hazelwood	Ch	51.8

HEAT # 2

1.	Jose Madruga	DVC	48.3
2.	Ed Duponstein	SF	49.7
3.	Kent Wigton	Dea	50.7
4.	Ralph Dangerfield	L	51.5

HEAT # 3

1.	Ivory Hammond	SF	48.5
2.	Steve Syth	WV	50.9
3.	Ed Cravillo	F	51.0
4.	Gerald Brown	Ch	51.1

100	HEAT # 1		
1.	Mike Farmer	SF	9.4 w
2.	Jim Douglas	SJ	9.7
3.	Doug Hill	F	9.8
4.	Bandy Nordman	Ch	9.8

HEAT # 2

1.	Calvin Corker	Ch	9.8 w
2.	Don Livers	SJ	9.8
3.	Joe Kioa	DVC	10.1
4.	Jerry Bell	SF	10.3

HEAT # 3

1.	Cecil Overstreet	SJ	9.4 w
2.	Marty Krules	WV	9.6
3.	Fred Adams	Ch	9.6
4.	Norvell Hammond	SF	10.0

HIGH JUMP

Fritz Moga	WV	6-2
King Wiley	SF	6-2
John Voha	DVC	6-0
Rich Allen	SJ	6-2
Sheldon Castain	Ch	6-2
Dennis Abbott	DVC	6-0
Mike Owings	WV	6-2
Bruce Mallory	WV	6-2
John Littleboy	F	6-2

880 HEAT # 1

1.	George Manriques	SJ	1:54.8
2.	Gary McManus	DVC	1:54.8
3.	Tom Tatus	WV	1:55.3
4.	Jeff Parks	F	2:00.1

HEAT # 2

1.	Roderick Lewis	L	1:55.5
2.	Mike Jones	DVC	1:56.1
3.	Dave Nolte	Dea	1:56.1
4.	Ave Lustranon	SF	1:59.3

HEAT # 3

1.	Jeff Searle	DVC	1:59.5
2.	Domenic Marcheschi	Ch	2:00.2
3.	Artis Pios	WV	2:01.1
4.	Dave Paddequie	Dea	2:01.1

JAVELIN

1.	Jay Gall	DeA	197-7*
2.	Tom Walker	Ch	197-5
3.	Gary Ferdinand	Ch	190-9
4.	Jim Herron	DVC	185-2
5.	Mike Shank	SJ	181-5
6.	Robin Herfort	SF	179-7
7.	Tim Bergtresser	DeA	173-11
8.	Kim Redington	DeA	170-2
9.	Larry Nord	DVC	169-6

440 INTERMEDIATES HEAT # 1

1.	Steve Nelson	SJ	54.5
2.	Dwight Williams	SF	55.0
3.	Roy Gaines	SF	55.4
4.	Ken Barranti	CSM	57.3
5.	Greg Canfield	Ch	57.4

## HEAT # 2

1.	Dave Cameron	SJ	55.3
2.	Don Carroll	F	55.7
3.	Rich McGee	SF	56.7
4.	Joe Demers	SJ	56.8
5.	Tom Rinker	DVC	57.8

220 HEAT # 1 (into 7.8mph wind)

1.	Don Livers	SJ	21.6
2.	Calvin Corker	Ch	22.2
3.	Marty Krulee	WV	22.4
4.	Joe Kiou	DVC	23.0

## HEAT # 2 (into 10.2mph wind)

1.	Mike Farmer	SF	21.9
2.	Cecil Overstreet	SJ	21.9
3.	Ralph Dangerfield	L	22.8
4.	Ed Cravillo	F	22.9

## HEAT # 3 (into 10.8mph wind)

1.	Jim Douglas	SJ	22.5
2.	Fred Adams	Ch	22.6
3.	Doug Hill	F	23.0
4.	Dwight Odons	SF	23.5

\* Gall's javelin throw betters GGC record of 175-3, Keith Farlow, SF, 1974)

Meet (GGC) record tie in 100 disallowed by wind.

LONG JUMP (All Wind-aided)

1.	Ralph Dangerfield	L	23-6 1/4
2.	James Holt	Ch	23-3 3/4
3.	Cecil Overstreet	SJ	23-4 1/2
4.	Ken Wun	Ch	22-3 1/2
5.	Tim Eckford	SF	22-2 3/4
6.	Johannel Ganner	WV	22-1 1/2
7.	Keith Bynum	Ch	22-1 1/4
8.	Joe Kiou	DVC	21-10 1/4
9.	Ulysses Allen	SJ	21-7 3/4

DISCUS

1.	Jay Pushkin	F	163-11
2.	Ron Allen	DeA	162-3
3.	Dave Hickson	SJ	161-6
4.	Robert Mapp	SF	159-9
5.	Glen Moore	SJ	150-6
6.	Chris See	DVC	149-1
7.	Kurt Vonagas	F	148-5
8.	Tim Bergtresser	DeA	147-4
9.	Jeff Vetovec	CSM	147-1

SHOT PUT

1.	Jack Sitton	DVC	51-8 3/4
2.	Greg Deaton	F	49-11 1/4
3.	Roy Schablaake	DeA	48-2 3/4
4.	Len Sigmore	SJ	47-10
5.	Dave Hickson	SJ	47-6
6.	Jay Pushkin	F	47-2
7.	Mark Rockwood	CSM	46-6 1/4
8.	Rick Davis	WV	46-2 1/4
9.	Jeff Vetovec	CSM	45-10 3/4

POLE VAULT

Dennis Wiley	SF	13-6
Leo Linn	WV	14-0
Mark Ligotte	F	14-0
Earle Caldwell	CSM	13-6
Bill Gervasi	SJ	14-0
Walt Bogue	CSM	13-6
Ryon Paton	CSM	14-0
Tim Iverson	SJ	14-0
Lionel Collins	SF	13-6
Doug Phillips	DVC	14-0
Richard Snook	SJ	13-6
Jeff Silveria	SJ	13-6

TRIPLE JUMP

1.	Thermond Walls	SF	47-8 3/4
2.	Ken Wun	Ch	46-11 1/4
3.	Cal Walker	SJ	46-11
4.	James Holt	Ch	46-10 1/4
5.	Paul Louen	DVC	46-9
6.	Brent Holden	F	46-8 1/2
7.	Sheldon Castain	Ch	46-8
8.	Stan Fincher	SJ	46-5 1/4
9.	Rich McGee	SF	45-7 1/4

# Golden Gate Conference Trials

## De Anza Qualifiers

Javelin - Jay Gall 197-7 (New School Record)  
Tim Bergstresser 173-11 (Meet Record)  
Kim Redington 170-2

Discus - Ron Allen 162-3  
Tim Bergstresser 147-4

Shot Put - Roy Schablaske 48-2<sup>3/4</sup>

Mile - Bernie Mahon (4:24.3)  
Dirk Rohloff (4:23.8)

440 - Kent Wigton (50.7)

880 - Dave Nolte (1:56.2)

3 mile - Paul Frederickson  
Greg Eger  
HANK LAWSON

Steeplechase - HANK LAWSON

440 Relay - Jeff Jenkins, Steve Lambson,  
Murray Jones, Brian Saunders

1 Mile Relay - Kent Wigton, Dave Nolte,  
Alex Gomez, Murray Jones