

1975 STATE TRACK MEET RESULTS  
MEMORIAL STADIUM, BAKERSFIELD

May 31, 1975

FIELD EVENTS

- JAVELIN: (1) Jeff Garcia, Hartnell, 217'1"  
(2) Mike Selman, Desert, 212'0"  
(3) Bill Staengel, El Camino, 208'1"  
(4) Tom Walker, Chabot, 207'5"  
(5) Fred Vance, Moorpark, 202'3"  
(6) Greg Bodmer, Skyline, 193'0"
- POLE VAULT: (1) Jim Knaub, El Camino, 16'8" \*  
(2) Craig Robinson, Trade Tech, 16'0"  
(3) Tori Lewis, Alan Hancock, 15'6"  
(4) Kevin French, Mt. SAC, 15'0"  
(5) Ryan Paton, San Mateo, 15'0"  
(6) Keith Adams, Trade Tech, 15'0"  
\* STATE MEET RECORD: Old record, 16'6 1/4", Bob Flint, Fresno  
and Roger Martin, West Valley, 1974
- LONG JUMP: (1) Bruce Smith, Ventura, 24'8"  
(2) Harold Carter, Citrus, 24'4"  
(3) Mark Givens, Fresno, 24'3 1/2"  
(4) Dave Brown, Victor Valley, 23'5 1/2"  
(5) Cecil Overstreet, San Jose, 23'5 1/2"  
(6) Emil Shaffer, Alameda, 23'1 3/4"
- SHOT PUT: (1) John Nomis, L.A. Pierce, 55'1"  
(2) Lon Iacopetti, Glendale, 54'6"  
(3) Curt Hampton, Grossmont, 52'5"  
(4) Bob Gummerson, Santa Rosa, 51'10 1/2"  
(5) Paul Santiago, American River, 51'8"  
(6) Mark Doll, Cosumnes River, 51'7"
- HIGH JUMP: (1) Steve Laursch, Glendale, 6'10"  
(2) Charles Hatch, Cuesta, 6'10"  
(3) Bill Bunting, Grossmont, 6'8"  
(4) Rick Parks, Glendale, 6'8"  
(5) Keith Brown, Cuesta, 6'6"  
(6) Victor Churchill, Canyons, 6'6"
- DISCUS: (1) Marcus Gordien, San Bernardino, 172'5"  
(2) Jay Pushkin, Foothill, 167'8"  
(3) Ron Engle, Canyons, 163'6"  
(4) Dave Hickson, San Jose, 162'8"  
(5) Coleman Kells, Fullerton, 154'11"  
(6) Willie Harris, Bakersfield, 153'9"
- TRIPLE JUMP: (1) Mike Marlow, Cosumnes River, 51'8 1/4" W  
(2) Stan Bland, Mt. SAC, 50'4 3/4"  
(3) Emil Shaffer, Alameda, 50'3"  
(4) Larry Johnson, Fresno, 50'1 1/2"  
(5) John Le Grande, West Valley, 49' 3/4"  
(6) Greg Magee, Trade Tech, 49' 1/2"  
(7) O.C. Wyatt, Bakersfield, 48'8 3/4" W

TRACK EVENTS

3000 METER STEEPLECHASE:

- (1) Richard Langford, American River, 9:08.4 \*
  - (2) Rick Hart, Foothill, 9:14.7
  - (3) Dennis Wilson, Grossmont, 9:18.3
  - (4) Gil Brooks, San Jose, 9:21.2
  - (5) Humberto Barajas, Palomar, 9:26.6
  - (6) Jack Reime, Cabrillo, 9:30.0
- \* STATE MEET RECORD: Old mark, 9:14.2, Emil Magallenes,  
Monterey Peninsula, 1974

- 440 RELAY:
- (1) Alameda, 40.7  
(Emil Shaffer, Mike Shavers, Mark Cleghorn, Jerry Jordan)
  - (2) Santa Barbara, 40.7
  - (3) Contra Costa, 41.0
  - (4) L.A. Harbor, 41.1
  - (5) San Francisco CC, 41.9
  - (6) American River, 42.1

- MILE RUN:
- (1) Terry Cotton, Grossmont, 4:06.0
  - (2) John Nilsson, Palomar, 4:08.7
  - (3) George Pullen, Grossmont, 4:09.2
  - (4) Bob Deis, American River, 4:09.3
  - (5) Richard Burns, Canyons, 4:10.0
  - (6) Loran Ringo, American River, 4:10.3

- 120 H.H.:
- (1) Mike Crittenden, Contra Costa, 14.2
  - (2) Paul White, L.A. Southwest, 14.2
  - (3) Clarence Rapides, Los Medanos, 14.3
  - (4) Ike Almond, Skyline, 14.4
  - (5) Andre Hall, Mt. SAC, 14.6
  - (6) Arthur Richardson, East L.A., 14.7

- 440 DASH:
- (1) Donald Miller, L.A. CC, 47.1
  - (2) Bennie Myles, L.A. Harbor, 47.2
  - (3) Art Bell, Bakersfield, 47.4
  - (4) Jose Martinez, Santa Rosa, 47.9
  - (5) Jose Madruga, Diablo Valley, 48.2
  - (6) Rick Monseth, Cosumnes River, 48.8

- 100 YD. DASH:
- (1) Cecil Overstreet, San Jose, 9.4
  - (2) Bob Triplett, Bakersfield, 9.5
  - (3) Greg County, Santa Barbara, 9.6
  - (4) Mike Shavers, Alameda, 9.7
  - (5) Don Livers, San Jose, 9.8
  - (6) Pat Cranor, Citrus, 9.8

- 880 RUN:
- (1) Jeff Haynes, Long Beach CC, 1:49.2
  - (2) Gary McManus, Diablo Valley, 1:49.3
  - (3) Glenn Fox, Rio Hondo, 1:50.6
  - (4) Robert Lewis, Laney, 1:51.2
  - (5) David Wells, Redwoods, 1:51.6
  - (6) Dan Barry, Pierce, 1:51.8

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- 440 I.H.: (1) Grant Neiderhaus, Pasadena, 50.8 \*  
 (2) Rick Steele, Glendale, 51.3  
 (3) Rhan Sheffield, East L.A., 53.3  
 (4) Steve Nelson, San Jose, 53.5  
 (5) Calvert Jones, Delta, 53.5  
 (6) Tony Estaban, Glendale, 53.8  
 \* NATIONAL J.C. RECORD: Old record, 51.0, John Rudd,  
 New Mexico J.C., 1975  
 \* NEW STATE RECORD: Old record, 52.1, Rick Steele,  
 Glendale, 1974
- 220 DASH: (1) Don Livers, San Jose, 20.9 \*  
 (2) Jerry Jordan, Alameda, 21.1  
 (3) Pat Cranor, Citrus, 21.2  
 (4) James Perry, East L.A., 21.3  
 (5) Doug Parrell, Santa Ana, 21.3  
 (6) Mike Cornell, S.D. Mesa, 21.5  
 WIND: 3.355  
 \* STATE MEET RECORD: Old record, :21.1, Bob Griffin,  
 Contra Costa, 1968
- 3 MILE RUN: (1) Henry Perez, Delta, 13:56.1  
 (2) Rich McCandles, West Valley, 14:00.4  
 (3) Vicken Simonian, L.A. CC, 14:12.5  
 (4) Armondo Cendejas, Fullerton, 14:16.4  
 (5) Cliff Morden, L.A. Valley, 14:23.2  
 (6) Bob Thomas, Glendale, 14:23.3
- MILE RELAY: (1) Bakersfield, 3:11.5  
 (Jesse Pena, 48.2, Bob Triplett, 47.5, John Greasham, 49.2,  
 Art Bell, 46.6)  
 (2) Mt. SAC, 3:12.4  
 (3) Pasadena, 3:13.4  
 (4) L.A. Harbor, 3:15.4  
 (5) Contra Costa, 3:16.6  
 (6) Long Beach CC, 3:16.9  
 (7) Alameda, 3:16.9  
 Disqualified - Santa Rosa, CC San Francisco

TEAM SCORES

1. 32 - Glendale	11 - L.A. Pierce	8 - Foothill
32 - San Jose	18. 10 - Hartnell	34. 6 - Los Medanos
3. 29 - Alameda	10 - Fresno CC	6 - Rio Hondo
4. 28 - Grossmont	10 - Ventura	6 - Fullerton
5. 25 - Bakersfield	10 - Los Angeles CC	6 - Alan Hancock
6. 22 - Mt. SAC	10 - Diablo Valley	38. 5 - Skyline
7. 18 - Contra Costa	10 - Cuesta	39. 4 - Laney
8. 17 - East L.A.	10 - San Bernardino	4 - Victor Valley
9. 16 - Pasadena	10 - L.A. Trade Tech	4 - Chabot
16 - El Camino	10 - West Valley	42. 2 - Moorpark
16 - L.A. Harbor	27. 9 - Canyons	2 - CC San Francisco
12. 15 - Citrus	28. 8 - American River	2 - Redwoods
13. 14 - Santa Barbara	8 - Desert	2 - Santa Ana
14. 12 - S.J. Delta	8 - Santa Rosa	2 - San Mateo
12 - Cosumnes River	8 - Palomar	2 - L.A. Valley
16. 11 - Long Beach CC	8 - L.A. Southwest	48. 1 - S.D. Mesa