

DeAnza

Results : West Coast Relays

Javelin

Jay Gall -

2nd place

209-8

New School Record

2 mile Relay

Dave Nolte

Bernie Mahon

Kent Wighton

Dirk Rohloff

4th place

7:48.1

3000 m. Steeple chase

Hank Lawson

8th place

9:48.7

WCR Splits

HANK 3000 m Steeplechase

① 69.7

② 2:21.3

③ 3:37.4

④ 4:55.6

⑤ 6:15.8

⑥ 7:37.4

8:29.4

⑦ 8:59.2

9:48.7

Perez 9:14

Hart 9:22

Rheime 9:27.6

Brooks 9:34.2

Caputo 9:39.8

2 mR

Dave 56.7 - 1:55.6

Bernie 55.2 - 1:56.3

Hert 57.5 - 1:58.9

Dirk 54.7 - 1:56.9

Pierce 7:37.5

Harbor 7:44.6

Cerritos 7:46.9

De A 7:48.1 ←

Wuc 7:48.2

BRIAN

100	11.8
15	21-2
SHOT	29-8
HS	5-11
400	53.0

110 HH	16.5
DISCUS	88-9
PV	10-10
JAV	148-5
1500	4:44.9

5858