

## MILLBRAE RELAYS

Millbrae, California, April 12:-Distance runner Judy Graham and discus ace Linda Langford had the top performances at the Annual Millbrae Relays. Graham beat a strong field over two miles in a fine 10:25.6 and Langford spun the disc 165'8. Another fine mark was the two mile relay where the San Jose Cindergals showed unbelievable strength with teams placing 1-2-4-5, three of them under ten minutes.

5000mWalk, 1-Chris Sakelarios (Redwood City Flyers) 28:51.6, 2-Diana Dimmick (SJC) 28:53.2; SP, 1-Cel Rutledge (ML) 46'0, 2-Denise Holloway (SJC) 42 7, 3-Kathy Trout (ML) 40 6; JT, 1-Lynn Cannon (ML) 174'0, 2-Nadine Bowers (SJC) 156 4, 3-Cathy Sulinski (ML) 148'6; 440yR, 1-Millbrae Lions 48.5, 2-Berkeley TC 48.8; DT, Linda Langford (MDYF) 165'8; 2M, 1-Judy Graham (SJC) 10:25.6, 2-Cyndy Poor (SJC) 10:36.6, 3-Pam Bowers (SJC) 10:49.4, 4-Susi Greenberg (SJC) 10:54.8, 5-Dominique Carron (ML) 11:06.8, 6-Lisa Greenberg (SJC) 11:12.8; 2MR, 1-SJC "A" 9:21.2, 2-SJC "C" 9:40.0, 3-Millbrae Lions 9:41.4, 4-SJC "B" 9:51.6, 5-SJC "D" 10:19.5; MileR, 1-Millbrae Lions 3:57.8.