

DISCUS, continued

<u>Name</u>	<u>School</u>	<u>Distance</u>
Robin Mitchell	Cupertino	83' 11-3/4"
Kathy Hungeiford	Hilcox	84'
Brenda Jamrus	Oak Grove	84'
Kathy Fitzpatrick	San Mateo	84' 3"
Patricia Warrick	N. Salinas	84' 3-3/4"
Jamie Guthrie	Lynbrook	84' 4"
Patrice Rickard	Pioneer	84' 5 1/2"
Judy Lynch	Ravenswood	84' 7"
Carolyn Smith	Cupertino	85' 1"
Danisa Thorangkoon	Carmel	85' 5"
Luan Sheldon	Salinas	85' 11 1/4"
Kathy Van Gastel	Leigh	86'
Becky Cubrera	Alisal	86' 1/2"
Karen John	Pioneer	86' 1/2"
Nancy Magoun	Cupertino	86' 1"
Kathy McNamera	Carlmont	86' 11 1/2"
Ruth Smith	Wm. Overfelt	87' 5"
Linda McDermot	Gunn	87' 10 1/2"
Kate Leonard	St. Francis	87' 10 1/2"
Kathy Shelby	James Dick	88' 9-3/4"
Renee Allegre	Aptos	88' 11"
Bonnie Coursey	Piedmont Hills	88' 11"
Ali McAlister	Salinas	89' 1 1/2"
Maurice Valencia	Andrew Hill	89' 4"
Vicki Mandy	Woodside	89' 11"

DISCUS (75 meters)

CENTRAL COAST SECTION

MAY 22, 1975

*GIRLS TRIALS*  
*Reg Meet 2:15*

<u>Name</u>	<u>School</u>	<u>Distance</u>
Leiland	San Benito	82'
Lincoln	San Carlos	82'
Live Oak	San Jose	82'
Los Altos	San Lorenzo Valley	82'
Lynbrook	San Mateo	82'
Marejo	Santa Clara	82'
Mento-Alherton	Saratoga	82'
Mitigas	Silver Creek	82'
N. Salinas	St. Francis	82'
St. Francis	St. Francis	82'
Watsonville	Watsonville	82'
Hilcox	Hilcox	82'
William Overfelt	William Overfelt	82'
Willow Glen	Willow Glen	82'
Woodside	Woodside	82'
Yerba Buena	Yerba Buena	82'
Ravenswood	Ravenswood	82'
Salinas	Salinas	82'
Samuel Ayer	Samuel Ayer	82'

DISCUS (75 meters)

PARTICIPATING HIGH SCHOOLS

Alisal	Leland	San Benito
Andrew Hill	Lincoln	San Carlos
Aptos	Live Oak	San Jose
Aragon	Los Altos	San Lorenzo Valley
Branham	Lynbrook	San Mateo
Buchser	Marelo	Santa Clara
Camden	Menlo-Atherton	Saratoga
Capuchino	Milpitas	Silver Creek
Carlmont	Mt. Pleasant	S. San Francisco
Carmel	N. Salinas	St. Francis
Cubberley	Oak Grove	Watsonville
Cupertino	Pacific Grove	Willcox
Gilroy	Palo Alto	William Overfelt
Gunn	Piedmont Hills	Willow Glen
Harbor	Pioneer	Woodside
James Lick	Ravenswood	Yerba Buena
King City	Salinas	
Leigh	Samuel Ayer	

HIGH JUMP, continued

<u>Name</u>	<u>School</u>	<u>Dist</u>
Terri Parker	San Mateo	4'7"
Sheila Caviel	Carlmont	4'7"
Debbie Edwards	Branham	4'7"
Natalie Vogel	Gilroy	4'7"
Bonnie Conrsey	Piedmont Hills	4'7"
Michelle McDonald	St. Francis	4'7"
Claudia Hawkins	St. Francis	4'7"
Kelly Scoffone	Willow Glen	4'7"
Denise Sanders	Yerba Buena	4'7"
<u>DISCUS (72 Quaifiers)</u>		
<u>Name</u>	<u>School</u>	<u>Dist</u>
Maxine Epstein	Willow Glen	80'7"
Laurie Pura	King City	80'11"
Mary Tofield	Salinas	81'1 1/2"
Karen Logan	James Lick	81'4"
Kathy Kunmura	Gilroy	81'4 1/2"
Debbie Zamagni	Lynbrook	81'5"
Karen Bodden	Carlmont	81'10"
Terry Herbert	Woodside	82'1 1/2"
Karen Winn	Oak Grove	82'2"
Jean Crackshank	Piedmont Hills	82'4"
Lorri Cuffaro	San Jose	82'6"
Lorraine Azevedo	San Jose	82'8"
Anna Siaz	Alisal	82'8"
Rita Tilery	Silver Creek	83'5"
Debbie Souza	James Lick	83'8"

**880 YARD MEDLEY RELAY (33 Qualifiers)**

Time	School	Name
2:04.3	Los Altos	Emily Green
2:04.9	Cubberley	Julie Amy
2:05.0	Santa Clara	Jennifer
2:06	Mt. Pleasant	Marka Gray
2:06.2	San Carlos	Renee Amy
2:06.7	Woodside	Patti D'Ar
2:06.9	Gunn	Cheryl Cla
2:06.9	Andrew Hill	Julie Tet
2:07	St. Francis	Lisa Benar

**SHOT PUT (37 Qualifiers)**

Name	School	Distance
Denise Buckner	Piedmont Hills	30'11"
Sue Webb	Silver Creek	30'8"
Jane Macke	Lynbrook	30'6"
Betsy Shehon	San Mateo	30'2"
Debbie Owens	King City	30'1-3/4"
Joanna McVay	San Lorenzo Valley	30'
Patty James	San Carlos	30'
Adrienne Roth	Leigh	30'
Stephanie Morales	Carlmont	30"

**HIGH JUMP (50 QUALIFIERS)**

Name	School	Distance
Suzzanna Slebir	Marello	4'7 1/2"
Jerri Mack	Mt. Pleasant	4'7"
Patrice Campbell	Mt. Pleasant	4'7"
Marian Reich	Lynbrook	4'7"
Bev Groot	Oak Grove	4'7"
Angel Lumas	Andrew Hill	4'7"
Nancy Stevens	San Mateo	4'7"
Cathia Mulligan	Gunn	4'7"
MeLinda Schmidt	San Carlos	4'7"
Mary Jo Nicholleti	Carlmont	4'7"

**OFFICIALS**

**TIMERS:**

Carl Hoch	Val Donaire	HEAD: Mar Vera Pu
Penny LeVitis	Larry Wagner	Dave Pr
Bob Leighton	Evonne Welsh	Larry F
Jan Leach	Harry Samuelson	Stacey
Frank Lynch	Virginia Peterson	Sandy :
Ron Jones	Donna Carter	
Sue Hunt	Kathy Self	

**FINISH JUDGES:**

Ken Forfman	Marie Wright	HEAD: Dick DeLal
Jay Russell	Diane Iverson	
Mat Berwald	Jean Steckel	
Darlene Keith	Georgianna Hays	
Linda McOwen	Murtle Berry	

**CLERK: Bill Pitcher**

OFFICIALS continued

SHOT PUT:

Charlie Cordova  
Gail Meser  
Chuck Gary

LONG JUMP:

Mike Clampitt  
Bill Parker  
Debbie Adams

DISCUS:

Jim Ferguson  
Nan Goree  
Dave Moreland  
Tom Malloy

HIGH JUMP:

Courtney Wells  
Jim McGuire  
Betty Seltz

MILE RUN (45 Qualifiers)

Name

Emily Greenland  
Julie Amaya  
Jennifer Schneider  
Meike Grawert  
Renee Amparardo  
Patti D'Ardenne  
Ginger Cisi  
Julie Tetzloff  
Lisa Benaron  
Karen Richards  
Amaya Blanca  
Alicia Munoz  
Alicia Grimos  
Linda Hickey

School

Gunni  
Harbor  
Carmel  
Los Altos  
Alisal  
Leland  
Pioneer  
San Mateo  
Lynbrook  
Lynbrook  
Milpitas  
Watsonville  
Pioneer  
San Carlos

440 YARD RUN (30 Qualifiers)

Name

Karen Noland  
Nancy Cole  
Kathy Turkington  
Lisa MacClean  
Patti D'Ardenne  
Alison Jeffrey  
Laurie Tichenor

School

Cupertino  
Cupertino  
Watsonville  
Leland  
Leland  
Carlmont  
Gilroy

LONG JUMP (37 Qualifiers)

Name

Robyn Heen  
Sally Menaul  
Ritia Holiday  
Kathy Vopat  
Dea Toutoungy  
Chris Tuggle  
Kathy London  
Paula Dodge  
Shari Segger

School

Woodside  
Lynbrook  
Ravenswood  
San Carlos  
Salinas  
Piedmont Hills  
Pioneer  
Watsonville  
Saratoga

Due to the many girls that qualified for the C.C.S. Qualifying Meet, it was necessary to re-establish entry marks that would enable the completion of the meet at a reasonable time for all participants and coaches.

We would like to recognize and honor the following girls who were unable to participate in today's meet. CONGRATULATIONS ON YOUR FINE TRACK SEASON.

80 YARD HURDLES (46 Qualifiers)

Name	School	Time	FLIGHT
Kathy Powell	Alisal	12.7	I
Karen Eichhoren	Watsonville	12.7	2
Vickie Riggins	Yerba Buena	12.8	3
Paula Moore	Woodside	12.8	4
Leslie Pope	King City	12.8	5
Brenda Damon	Menlo-Atherton	12.8	6
Annette Wafter	Mt. Pleasant	12.8	
Sue Dalton	Wilcox	12.8	
Robin Morris	Carmel	12.9	
Jennifer Bradley	Willow Glen	12.9	
Diane Chin	Watsonville	13.0	
Vera Otto	Carlmont	13.0	
Diana Howder	Aptos	13.0	
Adrian Jones	Carlmont	13.0	
Joyce Coleman	Cupertino	13.0	
Jan Baca	Gunn	13.0	
Julie Moo	Lynbrook	13.0	
Edie Avey	N. Salinas	13.0	
JoAnn Atwell	Ravenswood	13.0	
Connie Colline	San Carlos	13.0	
Kathy Bodine	St. Francis	13.0	
Sue Cass	St. Francis	13.0	

80 YARD HURDLES (Record: 11.1) Susie Nichues - Cubberley  
Kathy Schentrup - Willow Glen

Heat	Lane	Name	School
I	1	Leanna MacGowan <sup>11.4</sup>	Gunn
	2	Cheryl Phifer	James Lick
	3	Sharon Nichols <sup>11.5</sup>	Menlo-Atherton
	4	Kathy Schentrup	Willow Glen
	5	Pam Blackburn <sup>11.6</sup>	Cubberley
	6	Bebe Bryans	Los Altos
	7	Kurt Wilcox	San Mateo
	8	Danita Ross	Aptos

II	1	Kathie Gardner	Silver Creek
	2	Pam Sellers	Andrew Hill
	3	Tina Pisetti <sup>11.7</sup>	N. Salinas
	4	Loretta Stewart <sup>11.8</sup>	Aptos
	5	Chris Gustafson	Saratoga
	6	Helinda Schmidt	San Carlos
	7	Jennifer Kelly	Leland
	8	Diane Grimando	Aragon

III	1	Linda Leedham	King City
	2	Lori Anderson	Salinas
	3	Vicki Boyett	Palo Alto
	4	Jeani Horn <sup>11.6</sup>	Cupertino
	5	Carrie Cavanah <sup>11.7</sup>	Harbor
	6	Carol Bollinger	Watsonville
	7	Jacque Chambers	Ravenswood
	8	Kathy Lomibao	Milpitas

QUALIFIERS

1	
2	
3	
4	
5	
6	
7	
8	

440 YARD DASH (Record: 61.6 - Sharon Nichols - Menlo-Atherton)

Heat	Lane	Name	School	Time
I	1	Wende Sawyer	San Mateo	64.1
	2	Barbe Little	Menlo-Atherton	63.3
	3	Paula Jackson	Live Oak	61.3
	4	Lezli Peterson	Harbor	58.0
	5	Sharon Nichols	Menlo-Atherton	61.2
	6	Laurie Somers	Capuchino	63.0
	7	Tonette Williams	Silver Creek	64.1
	8	Lisa Ross	Saratoga	65.0

Heat	Lane	Name	School	Time
III	1	Lisa Snyder	Camden	64.2
	2	Debbie Edwards	Branham	63.5
	3	Lori Anderson	Salinas	61.8
	4	Christine Samilwood	James Lick	58.3
	5	Nancy Hart	Aptos	60.5
	6	Annette Hammonds	Silver Creek	62.9
	7	Perry Lemmon	Willow Glen	64.0

Heat	Lane	Name	School	Time
III	1	Grace Bandong	Atisa	64.2
	2	Karen Hardy	Aptos	63.6
	3	Pam Kershner	Pioneer	62.3
	4	Julie Peterson	Harbor	59.9
	5	Francine Hard	Milpitas	60.1
	6	Erin VanRheenen	Ravenswood	62.8
	7	Lori Damweg	Los Altos	63.9

QUALIFIERS	TIME
1	50.7
2	51.
3	51.1
4	51.2
5	M.A. 51.3
6	P.H. 51.6
7	
8	

DISCUS, continued

FLIGHT	Lane	Name	School
IV	1	Marilyn Maida	Willow Glen
	2	Annette Hammonds	Silver Creek
	3	Sheila Pannell	Leland
	4	Michelle Harvey	Pioneer
	5	Liz Mee	Menlo-Atherton
	6	Norma Williamson	Lynbrook
	7	Mary Colontuono	Milpitas

FLIGHT	Time	School	
V	1	Cassie Walz	Samuel Ayer
	2	Sue Marisko	Woodside
	3	Cathy Hargens	Harbor
	4	Fai Tuimavave	Wm. Overfelt
	5	Marta Kuchi	N. Salinas
	6	Kathy Kuchta	King City

QUALIFIERS	TIME	School
1	51.0	Willow Glen
2	51.0	Carmon
3	51.0	Carmon
4	51.0	Cupertino
5	51.0	Gunn
6	51.0	Lynbrook
7	51.0	N. Salinas
8	51.0	Ravenswood
9	51.0	San Carlos
10	51.0	St. Francis
11	51.0	St. Francis

**DISCUS**

FLIGHT	Lane	Name	School	Distance
I	1	Stephanie Morales	Carlmont	90' 6"
	2	Julie McGavern	Pioneer	90' 2"
	3	Debbie DuImage	Leland	90' 6"
	4	Jill Fredlund	Leland	90' 11"
	5	Chris Chandler	Mt. Pleasant	91' 7"

FLIGHT	Lane	Name	School	Distance
II	1	Kathy Kent	Lynbrook	92' 6"
	2	Debbie Chapman	Wilcox	94'
	3	Claudia Harvey	Pioneer	94' 7"
	4	Karen Christiansen	Salinas	94' 9"
	5	Denise Beacom	Watsonville	94' 10"
	6	Kathie Gutierrez	Branham	94' 11"

FLIGHT	Lane	Name	School	Distance
III	1	Stacey Bergstedt	Aragon	95' 2"
	2	Marie Garcia	Harbor	95' 2-3/4"
	3	Kathy Korach	Watsonville	95' 3"
	4	Patty James	San Carlos	95' 8-3/4"
	5	Debbie Vargas	Yerba Buena	96' 3"
	6	Laura Sanchez	Pioneer	97' 1"

**880 YARD RUN (Record: 2:28.3 - Amy Huyck - Aptos)**

Heat	Lane	Name	School
I	1	Lucy Ahrens	Pacific Grove
	2	Jeanne Day	Aptos
	3	Francine Ward	Milpitas
	4	Amy Huyck	Aptos
	5	Joanne McFate	Menlo-Atherton
	6	Renee Mallet	Branham
	7	Kim Karnkyte	King City
	8	Lori Pappa	Carlmont
II	1	Marian Green	San Lorenzo Vall
	2	Megan Hayes	Lincoln
	3	Jundy Sambrailo	Watsonville
	4	Sue Neary	Aptos
	5	Vickie Strong	Branham
	6	Julie Prado	Aptos
	7	Rene Tuscher	Cupertino
	8	Cassandra Eaglia	Silver Creek
III	1	Diana Witt	Menlo-Atherton
	2	Claudia Messenger	Saratoga
	3	Kim McDonald	St. Francis
	4	Paula Jackson	Live Oak
	5	Kathy Tarkington	Watsonville
	6	Karen Hardy	Aptos
	7	Susan Bailey	King City
	8		

**QUALIFIERS**

1	St. Francis
2	Aptos
3	Mt. Pleasant
4	Live Oaks
5	San Carlos
6	Watsonville
7	Aptos
8	Aptos

**100 YARD DASH** (Record: 11.4 Sandy Noll - Leland) **Robbin Holiday - Ravenswood**

Heat	Lane	Name	School	Time
I	1	Jill McPherson	Branham	11.9
	2	Gina Hendy	Wilcox	11.7
	3	Karen Rudolf	Pioneer	11.5
	4	Beverly James	Silver Creek	11.0
	5	Peaches Palmer	Piedmont Hills	11.4
	6	Laura Camacho	N. Salinas	11.7
	7	Janet Sevely	St. Francis	11.9
	8	Erin VanRheenen	Ravenswood	11.9
II	1	Barbara Finger	St. Francis	11.9
	2	Sue Marisko	Woodside	11.8
	3	Karen Taylor	Piedmont Hills	11.5
	4	Letitica Sherrill	Milpitas	11.2
	5	Eloise Mallory	Overfelt	11.4
	6	Laura Wilbur	Branham	11.7
	7	Jacque Chambers	Ravenswood	11.8
	8	Clair Corsick	Santa Clara	11.9
III	1	Laurel McKenzie	Cupertino	11.9
	2	Janet Marazzo	Watsonville	11.8
	3	Isaura Servin	Santa Clara	11.6
	4	Sonia Randolph	Milpitas	11.2
	5	Robbin Holiday	Ravenswood	11.4
	6	Dana Doheny	Samuel Ayer	11.6
	7	Nancy Springhorn	Cubberley	11.8
	8	Denise Jones	San Carlos	11.9

**HIGH JUMP, continued**

FLIGHT	Lane	Name	School
IV	1	Chris Gustafson	Saratoga
	2	Cathi Parker	San Mateo
	3	Carrie Cavanah	Harbor
	4	Linda Birkel	Gunn
	5	JoAnne Zwieg	Cupertino
	6	Jennifer Bradley	Willow Glen

FLIGHT	Lane	Name	School
V	1	Tanja White	Leland
	2	Roberta Hodges	Cupertino
	3	Sandy Ferreira	King City
	4	Julie Moo	Lynbrook
	5	Denise Cornnell	King City
	6	Pam Blackburn	Cubberley

QUALIFIERS	Lane	Name	School
1			
2			
3			
4			
5			
6			
7			
8			



**HIGH JUMP (Record: 5'3" - Pam Blackburn - Cubberley)**

FLIGHT I	Name	School	Height
	Colleen Russell	Mareño	4'8"
	Paula Dodge	Watsonville	4'8"
	Jerri Moo	Lynbrook	4'8"
	Tylen Stringfield	Carimont	4'8"
	Peggy Pollock	Cupertino	4'8"
	Tonette Williams	Silver Creek	4'8"
<b>FLIGHT II</b>			
	Patti Zwieg	Cupertino	4'8"
	Grace Ann Pederson	Menlo-Atherton	4'8"
	Linda Dale	James Lick	4'8"
	Bebe Bryans	Los Altos	4'8"
	Arletta Smith	Woodside	4'8"
	Karen Bobst	Pioneer	4'8"
<b>FLIGHT III</b>			
	Joann Atwell	Ravenswood	4'8"
	Louise Burket	N. Salinas	4'9"
	Delethia Davis	Andrew Hill	4'9"
	Verna Whilhite	Piedmont Hills	4'9"
	Gina Hendy	Wilcox	4'9"
	Joni Martin	San Lorenzo Valley	4'9"

**100 YARD DASH, continued**

Heat	Lane	Name	School
IV	1	Jana Macke	Lynbrook
	2	Kim Young	Menlo-Atherton
	3	Esther Hull	Mt. Pleasant
	4	Mary Ellis	Yerba Buena
	5	Sandra Rand	S. San Francisco
<b>QUALIFIERS</b>			
1			
2			
3			
4			
5			
6			
7			
8			

MILE RUN (Record: 5:41.0 - Brenda Drake, Salinas)

Heat	Lane	Name	School	Time
I	1	Carol Costarella	Samuel Ayer	5:55.9
	2	Liz Kemp	Saratoga	5:54.3
	3	Sue Richter	Cupertino	5:50.2
	4	Amy Huyck	Aptos	5:17.0
	5	Becky Barrett	Branham	5:48.0
	6	Sharon Furtado	Buchser	5:53.4
	7	Kathy Tarkington	Watsonville	5:55.0
	8	Carmen Chavez	King City	5:57.0
	1A	Sylvia Ballantine	Alisal	6:09.0
	2A	Lydia Zele	Woodside	6:06.7
	3A	Jennifer Smith	San Carlos	5:59.2
	4A	Elaine Seyman	Willow Glen	5:57.9
	5A	Paula Gusman	Gunn	5:58.2
	6A	Patti Prendegast	St. Francis	6:01.9
	7A	Karen Hardy	Aptos	6:04.7
	8A	Toni Rossell	Pioneer	6:09.5
II	1	Olga Santiago	San Jose	5:55.6
	2	Tamy Smith	Cupertino	5:55.0
	3	Karen Palmtag	Watsonville	5:52.3
	4	Sue Neary	Aptos	5:18.1
	5	Sue Muncy	Lincoln	5:28.0
	6	Marian Green	San Lorenzo Valley	5:53.3
	7	Dianne Tyson	Carlmont	5:55.5
	8	Valerie Sheetz	Samuel Ayer	5:57.2

LON	Black	17' 7"	3
	K.C.	17' 5 3/8"	2
	Buena	17' 2 3/8"	2
	MA	17' 1 1/8"	1
		16' 11 1/4"	1
	VB	16" 10"	2
		16' 7 3/8"	
	NS	16' 3"	
	PA	16' 3/4"	

LONG JUMP, continued

Name	School	Distance
Gigi Kinshlow	Andrew Hill	17' 7"
Sarita Johnson	Oak Grove	17' 5 3/8"
Jennifer Bradley	Willow Glen	17' 2 3/8"
Mary Riordan	Saratoga	17' 1 1/8"
Sharon Van Dyke	Piedmont Hills	16' 11 1/4"
Maribeth Brebcke	Cupertino	16' 10"
Vicki Riggins	Yerba Buena	16' 7 3/8"
Vicki Bogett	Palo Alto	16' 3"
Theresa Flaherty	San Carlos	16' 3/4"
Sharon Barthule	Leland	16' 3"

**LONG JUMP** (Record: 17'6½" - Sandy Ferreira - King City)

<u>Name</u>	<u>School</u>	<u>Distance</u>
Denise Cornell	King City	17'7"
Sandy Ferreira	King City	17'4"
Kathy Trevisan	Menlo-Atherton	17'3½"
Jana Macke	Lynbrook	17'3½"
Cheryl Phifer	James Lick	17'
Laurel MacKenzie	Cupertino	16'10"
Ann Ottis	James Lick	16'7"
Pam Blackburn	Cubberley	16'6"
Debbie Kieler	Lynbrook	16'5"
Cathy Greenstreet	San Mateo	16'5"
Kim McDonald	St. Francis	16'4"
Kathie Gardner	Silver Creek	16'3"
Louise Burket	N. Salinas	16'2"
Pam Kershner	Pioneer	16'1"
Sharon Jordan	Ravenswood	16'1"
Becky Lowe	Salinas	16'¼"
Tina Pisetta	N. Salinas	16'
Diane Freitas	San Benito	15'10"

**MILE RUN, continued**

<u>Heat</u>	<u>Lane</u>	<u>Name</u>	<u>School</u>
II	1A	Irene Crowley	Overfelt
	2A	Amy Parker	Menlo-Atherton
	3A	Monica Rice	Menlo-Atherton
	4A	Beth Harrison	Los Altos
	5A	Julie Pardo	Aptos
	6A	Karen Matthieson	Palo Alto
	7A	Julie Schreiber	Carlmont
	8A		

**QUALIFIERS**

<u>Heat</u>	<u>Time</u>	<u>School</u>
1	23.7	Yerba Buena
2	23.3	Saratoga
3	23.0	Silver Creek
4	22.4	N. Salinas
5	21.8	Piedmont Hills
6	21.1	Carlmont
7	20.4	Overfelt
8		

**440 YARD RELAY (Record: 52.0 Menlo-Atherton)**

HEAT I	Lane	School	Time
	1	Salinas	53.2
	2	Lynbrook	52.7
	3	Aptos	52.3
	4	Harbor	51.4
	5	Menlo-Atherton	52.1
	6	Ravenswood	52.5
	7	Woodside	53.2
	8	Santa Clara	54.0

HEAT II	Lane	School	Time
	1	San Mateo	53.3
	2	James Lick	52.8
	3	Milpitas	52.4
	4	Branham	51.4
	5	King City	51.8
	6	Cupertino	52.5
	7	Pioneer	53.2
	8	Yerba Buena	53.7

HEAT III	Lane	School	Time
	1	Saratoga	53.3
	2	Silver Creek	53.0
	3	N. Salinas	52.4
	4	Watsonville	51.7
	5	Piedmont Hills	51.8
	6	Samuel Ayer	52.5
	7	Carlton	53.1
	8	Overfelt	53.4

QUALIFIERS	TIME
1	_____
2	_____
3	_____
4	_____
5	_____
6	_____
7	_____
8	_____

**8 lb. SHOT PUT, continued**

FLIGHT IV	Name	School
1	Marta Kuehl	N. Salinas
2	Sheila Pannell	Leland
3	Chris Chandler	Mt. Pleasant
4	Ruth Smith	Wm. Overfelt
5	Denise Burtis	Silver Creek
6	Kathy Kuchtia	King City
7	Marie Garcia	Harbor

QUALIFIERS	Distance	School
1	_____	_____
2	_____	_____
3	_____	_____
4	_____	_____
5	_____	_____
6	_____	_____
7	_____	_____
8	_____	_____

8 lb. SHOT PUT (Record: 33'-9½" Patty Mee, Menlo-Atherton)

FLIGHT I	Name	School	Distance
1	Maribeth Brebcke	Cupertino	31'
2	Norma Williamson	Lynbrook	31'
3	Karen Williams	Yerba Buena	31'3-3/4"
4	Julie Paul	Los Altos	31'5"
5	Liz Mee	Menlo-Atherton	31'7½"
6	Debbie Vargus	Yerba Buena	31'7-3/4"
7	Coralyn Bond	Leigh	31"

  

FLIGHT II	Name	School	Distance
1	Loretta Loeffler	Ravenswood	32'1"
2	Cecilia Tulloh	Aragon	32'3"
3	Vicki Boyett	Palo Alto	32'4"
4	Luan Sheldon	Salinas	32'6"
5	Stacey Bergstedt	Aragon	32'11"
6	Casie Walz	Samuel Ayer	33'3"
7	Kathy Kunimura	Gilroy	33'3½"

  

FLIGHT III	Name	School	Distance
1	Marilyn Maida	Willow Glen	33'9½"
2	Sue Marisko	Hoodside	33'10"
3	Kathy Shelby	James Lick	34'
4	Fai Tuimavave	Mm. Overfelt	34'½"
5	Lorri Cuffaro	San Jose	34'10¼"
6	Brenda Jamrus	Oak Grove	35'2"
7	Denise Beacom	Watsonville	35'10¼"

220 YARD DASH (Record: 25.9 - Sue Hanley - Pioneer)

Heat	Lane	Name	School
I	1	Chris Tuggle	Piedmont Hill
	2	Barbara Finger	St. Francis
	3	Karen Rudolf	Pioneer
	4	Beverly James	Silver Creek
	5	Lezli Peterson	Harbor
	6	Debbie Kieler	Lynbrook
	7	Wendy Caspe	Ravenswood
	8		
II	1	Cathy London	Pioneer
	2	Gina Hendy	Wilcox
	3	Lynn Franceschi	Watsonville
	4	Peaches Palmer	Piedmont Hill
	5	Jane Dolliver	Menlo-Atherton
	6	Marsha Gallion	Samuel Ayer
	7	Christie Holmes	St. Francis
	8		
III	1	Kim Young	Menlo-Atherton
	2	Michelle Marisko	Watsonville
	3	Laura Wilbur	Branham
	4	Karen Taylor	Piedmont Hill
	5	Sonia Randolph	Milpitas
	6	Esther Hull	Mt. Pleasant
	7	Lori Depweg	Los Altos
	8		

220 YARD DASH

Heat	Lane	Name	School	Time
IV	1	Sher Smolensky	Gilroy	28.0
	2	Kelly Norwood	Alisal	27.8
	3	Robyn Heen	Woodside	27.4
	4	Kim McDonald	St. Francis	26.0
	5	Mary Ellis	Yerba Buena	26.4
	6	Leslie Turner	Lynbrook	27.4
	7	Karen Kirsch	Aptos	27.9
	8			

V	1	Lisa MacLean	Leland	28.0
	2	Debbie Lyman	Pioneer	27.8
	3	Susan McCarty	Gunn	27.4
	4	Laura Camacho	N. Salinas	26.2
	5	Leticia Sherrill	Milpitas	26.2
	6	Jill McPherson	Branham	27.4
	7	Gigi Kinslow	Andrew Hill	27.8
	8			

QUALIFIERS:

Heat	Time
1	_____
2	_____
3	_____
4	_____
5	_____
6	_____
7	_____
8	_____

TIME:

880 MEDLEY RELAY (Record: 1:56.0 Menlo Atherton)

Heat	Lane	School	Time
I	1	Camden	2:02.7
	2	Silver Creek	2:01.4
	3	Piedmont Hills	1:57.6
	4	Harbor	1:54.1
	5	Watsonville	1:57.5
	6	San Mateo	1:59.5
	7	Alisal	2:02.0
	8	Saratoga	2:03.9

II	1	King City	2:03.0
	2	Lynbrook	2:01.7
	3	Branham	1:58.1
	4	Milpitas	1:54.8
	5	Menlo-Atherton	1:56.0
	6	Cupertino	1:59.0
	7	Ravenswood	2:02.0
	8	Leland	2:03.7

III	1	Carlmont	2:03.3
	2	N. Salinas	2:01.8
	3	Salinas	1:58.2
	4	James Lick	1:55.5
	5	Aptos	1:55.6
	6	Pioneer	1:59.0
	7	Willow Glen	2:02.0
	8	Wm. Overfelt	2:03.3

QUALIFIERS:

Heat	Time
1	_____
2	_____
3	_____
4	_____
5	_____
6	_____
7	_____
8	_____