

too late for TN
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N o r w e g i a n C h a m p i o n s h i p s :

"KING'S CUP" TO GRETE WAITZ AND LEIF ROAR FALKUM.

This year's Norwegian Championships in Askim (Aug. 13.-15.) did not produce too many fine performances. Sunny and warm weather and a rather dry dirt track hampered the distance runners. The "King's Cup" to the outstanding performer of the Championships, were given to Leif Roar Falkum among the men and to Grete Waitz on the women side. Falkum and the young Terje Totland made the high jump to the best event. Falkum eventually won by clearing 7-2 1/4, thus matching his own Norwegian record. For the fourth time in a row Grete Waitz became the best female performer. Her time over 1500 meters was 4.09,5.

Knut Hjeltnes can point to a fine series of discus results this season. This time he won the discus (203-11) and the shot put (60-7 1/2) by a great margin. But he did surprise everybody by taking third place in the javelin, improving his PR from a modest 232-5 in 1972 up to 255-5. I don't think anybody has shown his versatility in the the throws in one season: 64-10 1/4 in the shot put, 212-1 in the discus and now also 255-5 in the javelin. By the way, Knut now also has the "family record" in the javelin. His older brother Nils threw 254-4 back in 1967.

Askim, Aug. 13(a),14(b),15(c). Norwegian Champ. (warm,sunny,dirt track).

100(b), Garshol 10,5; 2. Haugen 10,6. 200(a), Haugen 21,3; 2. Garshol 21,4 (track too short, rerun later). 400(c), Agledal 48,7. 800(b), Smith 1.51,8. 1500(c), Kaupang 3.45,8; 2. Høydahl 3.47,0. 5000(a), K. Kvalheim 13.41,4; 2. Børø 13.42,4; 3. A. Kvalheim 13.59,0; 4. Dahl 14.04,2.

10 000(c), K. Kvalheim 28.53,6; 2. Børø 29.10,8. St(b), Sørnes 8.47,2; Gresløs 8.51,2; 3. Risa 8.51,4. HH(a), Fimland 14,5. IH(b), Gjengedal 52,7. HJ(a), Falkum 7-2 1/4 (2,19)(=NR); 2. Totland 7-1 1/2 (2,17); 3.

Anthonsen 6-9 1/4 (2,06). PV(b), Sorteberg 15-5 (4,70). LJ(c), Fløgstad 24-3 3/4 (7,41). TJ(a), Fløgstad 52-2 (15,90); Langeland 50-11 3/4 (15,54). SP(b), Hjeltnes 60-7 1/2 (18,48); Bang Andersen 58-3 1/4 (17,76). DT(c),

+62,16/Hjeltnes 203-11. HT(b), Busterud 209-1 (63,74); 2. Lothe 208-2 (63,46). JT(a), Thorslund 268-2 (81,74); 2. H. Lorentzen 257-0 (78,34); 3. Hjeltnes 255-5 (77,86); 4. Grimnes 254-11 (77,70). SwedishR(c), Urædd Porsgrunn 1.57,8.

Women, 100(c), Bjørkli 11,9. 200(a), Evjen 24,9. 400(c), Qvale 56,3. 800(b), Waitz 2.07,1; 2. Bjelland 2.08,5. 1500(c), Waitz 4.09,5. 3000(a), Kleppe 9.36,2; 2. Mosling 9.38,6; 3. Vien 9.44,4. 100H(a), Stor-sveen 14,2. 400H(c), Hemstad 63,6. HJ(a), Tveit 5-11 (1,80). LJ(b), Benserud 19-0 (5,79). SP(a), Tiedeman Hansen 48-1 1/2 (14,67). DT(c), Hagen 147-0 (44,82). JT(b), Harby 164-7 (50,18). SwedishR(c), Fana 2.13,4.

REDUCED SWEDISH TEAMS EASILY BEAT NORWAY

Sweden won the international matches against Norway. At the end it stood 115-97 for the men and 88-69 for the women. The Swedes would normally have won even greater, but they missed some of their best as Gärderud, Högberg, Isaksson, Bruch and Linda Haglund did not start.

The best performances came in the throws. A fine fight in the shot put ended with victory for Hans Högglund with 66-8 1/2 ahead of Hans Almström with 66-3 1/4. Knut Hjeltnes was impressing in the discus, heaving the plate 206-8 without a favorable wind. And Terje Thorslund again showed his consistency at a high level this season in the javelin. His winning mark was 272-11. Another really consistent performer is the Swedish high jumper Rune Almen. He managed 7-2 3/4 this time, leaving his Norwegian opponent Terje Totland at 7-1 3/4. The bar was raised to 7-4 1/2, a Swedish record height, but Almen missed all three times. Almen has now cleared 7-2 3/4 or more in 7 consecutive meets!

After a hard fight with Åke Svensson Knut Kvalheim won the 1500 meters in 3.39,2. The Swedish 800 meters record holder got a fine new PR, also timed in 3.39,2. The next day Kvalheim had no troubles winning the 5000 meters in 13.31,8. Grete Waitz took a double win in the women's match, running the 800 meters in 2.03,8 and the 1500 meters in 4.07,6.

Oslo, Aug. 25(a), 26(b), Norway-Sweden.

100(a), Garpenborg (S) 10,5; 2. L.A. Eriksson (S) 10,6; 3. Haugen 10,7.
 200(b), Johansson (S) 21,2; 2. Haugen 21,8; 3. L.A. Eriksson (S) 21,8.
 400(a), Fredriksson (S) 46,5; 2. Johansson (S) 47,4; 3. Agledal 48,0.
 800(b), Nilsson (S) 1.48,0; 2. Svensson (S) 1.48,2; 3. Smith 1.50,8.
1500(a), K. Kvalheim 3.39,2; 2. Svensson (S) 3.39,2; 3. Kaupang 3.42,7;
4. Ekman (S) 3.43,3. 5000(b), K. Kvalheim 13.31,8; 2. Börö 13.39,8; 3.
 Björkqvist (S) 14.09,0. 10 000(a), Börö 28.51,6; 2. Holm (S) 29.25,2;
 3. Risa 29.31,8. St(b), Glans (S) 8.28,0; 2. Sørnes 8.40,2; 3. Gresslås
 8.49,8. HH(a), Olsson (S) 14,3; 2. Fimland 14,5; 3. Borg (S) 14,7. IH(b),
 Möller (S) 51,8; 2. (guest) Welander (S) 51,9; 3. Gråsbakken 52,2; 4.
 Carlgren (S) 52,7. HJ(a), Almen (S) 7-2 3/4 (2,20); 2. Totland 7-1 3/4
 (2,18); 3. Larsson (S) 7-1 (2,16); 4. Falkum 6-10 3/4 (2,10). PV(b),
 Jernberg (S) 16-1 (4,90); 2. Sorteberg 15-5 (4,70); 3. Aarskog 15-1 1/4
 (4,60). LJ(a), Haugen 25-2 (7,67); 2. Jarfeldt (S) 24-10 3/4 (7,59);
 3. (guest) Fransson (S) 24-9 (7,54); 4. Fløgstad 24-5 3/4 (7,46). TJ(b),
 Nyberg (S) 52-4 1/4 (15,96); 2. Langeland 51-9 1/4 (15,78); 3. Fløgstad
 51-9 1/4; 4. Mossberg (S) 51-3 3/4 (15,64). SP(b), Högglund (S) 66-8 1/2
(20,33); 2. Almström (S) 66-3 1/4 (20,20); 3. Hjeltnes 62-8 1/2 (19,11);
 4. Bang Andersen 58-5 1/4 (17,81). DT(a), Hjeltnes 206-8 (63,00); 2.
 Holmblad (S) 191-6 (58,38); 3. Andersson (S) 186-5 (56,82). HT(a), Lothe
 210-4 (64,10); 2. Busterud 208-11 (63,68); 3. Holmström (S) 207-9 (63,32).
 JT(b), Thorslund 272,11 (83,18); 2. Lundmark (S) 258-9 (78,86); 3. H.
 Lorentzen 244-10 (74,64). 400R(a), Sweden 40,7; 2. Norway 41,3. 1600R(b),
 Sweden 3.09,8; 2. Norway 3.11,4. Teams: Sweden 115, Norway 97.

Women, 100(a), Michaelsson (S) 12,0; 2. Möller (S) 12,0. 200(b), Evjen
 24,5; 2. Wallin (S) 24,7. 400(a), Malmström (S) 55,2; 2. Rönbrandt (S)
 55,8. 800(a), Waitz 2.03,8; 2. Bjelland 2.04,7 (Jr. R); 3. Lindh (S)
2.05,7; 4. Simonsson (S) 2.06,0. 1500(b), Waitz 4.07,6; 2. Mosling 4.17,5;
 3. Gustavsson (S) 4.18,1; 4. Hjalmarsson (S) 4.22,4. 3000(a), Gustavsson
 (S) 9.16,6; 2. Kleppe 9.27,8; 3. Vien 9.35,8. 100H(b), K. Tännander (S)
 14,1; 2. Benserud 14,4. 400H(a), Malmström (S) 60,6; 2. Aren (S) 60,8.
 HJ(b), A. Tännander (S) 5-11 1/4 (1,81); 2. Tveit 5-10 (1,78); 3. Karlsson
 (S) 5-10. LJ(b), Benserud 19-7 (5,97, Jr.R); 2. S. Moen 19-1 1/4 (5,82).
 SP(a), Wehmonen (S) 47-1 1/2 (14,36); 2. Johansson (S) 46-9 (14,25).
 DT(b), Wehmonen (S) 153-9 (46,86); 2. Johansson (S) 152-0 (46,32). JT(a)
 Harby 177-10 (54,20); 2. Westman (S) 167-7 (50,21).