

1976 PACIFIC-8 CHAMPIONSHIP RESULTS
(May 14-15, University of California, Berkeley)

100 M

1. James Gilkes, USC, 10.5
2. Joel Andrews, USC, 10.5
3. Al Davis, Washington, 10.5
4. Gary Minor, Washington St, 10.6
5. Wesley Walker, California, 10.7
6. James Owens, UCLA, 10.7
7. Dotson Wilson, UCLA, 10.7
8. Chris Brathwaite, Oregon, 10.7

200 M

1. James Gilkes, USC, 21.1
2. Ken Randle, USC, 21.3
3. Wesley Walker, Cal, 21.4
4. Joe Andrews, USC, 21.4
5. Gary Minor, Washington St, 21.5
6. Chris Brathwaite, Oregon, 21.5

400 M

1. Ken Randle, USC, 46.0
2. Bennie Myles, UCLA, 46.2
3. Rod Connors, USC, 46.2
4. Claude Brown, USC, 46.7
5. Dacre Bowen, Oregon, 46.7
6. Trevor Campbell, USC, 47.4

800 M

1. James Robinson, California, 1:49.1
2. Rayfield Beaton, USC, 1:49.2
3. Dale Scott, Washington St., 1:49.6
4. James Brewster, Wash. St., 1:49.8
5. Mark Perry, Oregon, 1:55.3
6. Conrad Suhr, UCLA, 2:05.7

1500 M

1. Peter Spir, Oregon, 3:42.0
2. Matt Centrowitz, Oregon, 3:42.0
3. Randall Markey, Oregon, 3:48.7
4. Dan Aldridge, USC, 3:48.7
5. Tom Charouhas, Washington, 3:49.2
6. Gary Sievers, Oregon, 3:49.2

5,000 M

1. John Ngeno, Washington St., 13:51.2
2. Dave Taylor, Oregon, 13:51.2
3. Samson Kimombwa, Wash. St., 13:59.6
4. Don Clary, Oregon, 14:10.0
5. Joshua Kimeto, Wash. St., 14:14.8
6. Randy Brown, Oregon State, 14:16.8

10,000 M

1. Tony Sandoval, Stanford, 28:55.6
2. Samson Kimombwa, Wash. St., 29:00.2
3. John Ngeno, Wash. St., 29:14.2
4. Joshua Kimeto, Wash. St., 29:34.8
5. Steve Surface, Washington, 30:03.0
6. Terry Williams, Oregon, 30:27.2

3,000 Meter Steeplechase

1. Graham Barr, Washington, 8:56.0
2. Jose Amaya, Oregon St, 8:56.0
3. Gary Gustafson, Washington, 8:59.2
4. Devon Flynn, Washington, 8:59.6
5. Jack Bellah, Stanford, 9:00.4
6. Gary Barger, Oregon, 9:10.8

110 M Hurdles

1. Robert Gaines, Washington, 13.9
2. Mike Johnson, USC, 13.9
3. James Owens, UCLA, 13.9
4. Fred Shaw, USC, 14.0
5. Carl Florant, California, 14.1
6. McKinley Mosley, California, 14.1

400 M Hurdles

1. Tom Andrews, USC, 49.9
2. Phillip Mills, UCLA, 50.9
3. Rich Graybehl, USC, 51.3
4. Grant Niederhaus, UCLA, 52.3
5. Rich Roesky, California, 52.3
6. Brian Mondschein, Washington, 52.6

400 M Relay

1. USC, (Mike Simmons, Joe Andrews, Ken Randle, James Gilkes) 39.9
2. UCLA, 40.0
3. Washington, 40.4
4. California, 40.4
5. Oregon, 40.6
6. Washington State, 40.7

1600 M Relay

1. USC, (Rod Connors, Trevor Campbell, Claude Brown, Rayfield Beaton) 3:08.6
2. UCLA, 3:10.8
3. California, 3:11.5
4. Stanford, 3:12.3
5. Washington State, 3:14.2
6. Washington, 3:15.9

1976 Pac-8 Championships, cont.

Long Jump

1. John Okoro, Oregon State, 25-2½
2. Willie Banks, UCLA, 24-9 3/4
3. Gerald Hardeman, USC, 24-6
4. James Lofton, Stanford, 24-3½
5. Jerry Herndon, UCLA, 23-4 3/4
6. Ted Farmer, Oregon 22-11½

Triple Jump

1. Tom Cochee, USC, 53-9
2. Ray Kimble, Wash. St., 53-5
3. Willie Banks, UCLA, 51-10½
4. Dan Jackson, USC, 50-2½
5. Darryl Winchester, OSU, 49-10 3/4
6. Wayne Hinkley, Wash., 49-8½

Shot Put

1. Russ Vincent, Wash., 63-9 3/4
2. Jim Neidhart, UCLA, 62-8
3. Mike Budincich, USC, 61-5½
4. Dave Voorhees, Oregon, 58-6 3/4
5. Ralph Fruguglietti, USC, 56-6½
6. Orestis Rossides, WSU, 56-5½

Discus

1. Borys Chambul, Wash., 196-4
2. Darrell Elder, USC, 194-11
3. Ralph Fruguglietti, USC, 190-10
4. Rich Gunther, UCLA, 185-3
5. Dave Voorhees, Oregon, 183-10
6. Ray Burton, Oregon, 181-8

Javelin

1. Rod Ewalikeo, Washington, 265-3
2. Jeff Carter, Oregon, 244-0
3. Duncan Atwood, Washington, 232-8
4. Gene Lorzenson, WSU, 225-2
5. Mike Helsby, USC, 220-5
6. Doug Hinkins, Oregon St., 212-2

High Jump

1. Jason Meisler, UCLA, 7-1
2. Lee Braach, WSU, 7-1
3. Tom Murphy, California, 6-11 7/8
- Rod Connors, USC, 6-11 7/8
- Greg Fries, Oregon, 6-11 7/8
6. Don Rasmussen, WSU, 6-10

Pole Vault

1. Scott Fisher, Oregon State, 17-0½
2. Tom DiStanislao, USC, 17-0½
3. Larry Hintz, California, 17-0½
4. Tie between Russ Rogers (USC) and Mike Tully, UCLA, 16-8
6. John Kwan, USC, 16-0

Hammer Throw

1. Scott Nallsen, Washington, 209-6
2. Rich Perkins, Oregon, 197-10
3. Dwight Midles, WSU, 194-10
4. Marl Murray, WSU, 180-8
5. Ray Burton, Oregon, 162-10
6. Orestis Rossides, WSU, 159-2

Decathlon

1. Steve Alexander, UCLA 7386
2. Ed Miller, California 7369
3. Bengt Larsson, OSU 7176
4. Stan Vegar, Washington 6659
5. Jim Smith, Oregon 6551
6. Carl Johnk, Stanford 5649

FINAL TEAM SCORING SUMMARY

<u>School</u>	<u>1st</u>	<u>2nd</u>	<u>3rd</u>	<u>4th</u>	<u>5th</u>	<u>6th</u>	<u>TOTAL PTS</u>
Southern California	7	6	5	6	2	2	180
Washington	6	0	4	2	2	3	99
UCLA	2	6	2	3	1	2	95
Washington State	1	3	4	5	3	4	88
Oregon	1	4	1	3	6	6	77
California	1	1	4	1	3	1	53
Oregon State	2	1	1	0	1	2	38
Stanford	1	0	0	2	0	1	21