

SEVENTH ANNUAL PACIFIC COAST ATHLETIC ASSOCIATION TRACK & FIELD CHAMPIONSHIPS AT LONG BEACH STATE

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LONG BEACH--Final day results of the Seventh Pacific Coast Athletic Association Track & Field Championships, hosted Friday and Saturday by Long Beach State University.

Long Jump: 1. Dan Carter (SJ) 25-7 (MR, Old 25-5 $\frac{1}{4}$ by Arnie Robinson of SDS in 1971, and Curtis Davis of SJS in 1975); 2. Greg Magee (LB) 24-5 $\frac{1}{4}$; 3. Allen Hollis (LB) 24-3 $\frac{1}{4}$; 4. Stanford Brewer (LB) 24-1 $\frac{1}{4}$; 5. Don Finley (SJ) 23-10 $\frac{1}{4}$; 6. Mark Givens (LB) 23-2 $\frac{1}{4}$.

~~440-Yard~~ ^(Brewer) Relay: Long Beach State (Williams-Grace-County ~~40.2~~) 40.2; San Jose State 40.2; 5. San Diego State 41.6; (Fresno State did not finish).

110 Meter High Hurdles: 1. Dady Cooper (SJ) 13.6; 2. James Austin (SJ) 14.0; 3. Johnny Peterson (LB) 14.0; 4. Paul White (LB) 14.3; 5. Craig Durck (LB) 14.3.

400 Meter Dash: 1. Steve Campbell (FS) 46.2; 2. Jose Madruga (SD) 46.6; 3. Hubert Beasley (LB) 46.7; 4. Albert Shorts (LB) 46.8; 5. Derrick Cox (LB) 46.9.

1500 Meter Run: 1. Russ Nahiray (SJ) 3:49.9; 2. Bryan Foley (FS) 3:50.6; 3. Rick Lord (SD) 3:51.1; 4. Richard Aguirre (FS) 3:51.8; 5. Mike Haniger (SJ) no time.

Shotput: 1. Ron Senkiw (SJ) 63-9 $\frac{1}{2}$ (MR, Old 59-8 by Greg Born of SJS in 1972; PCAA Rec., Old 60-9 by Greg Born of SJS in 1972); 2. Mike Weeks (SJ) 58-6 $\frac{1}{4}$; 3. Fritz Coffman (LB) 56-6 $\frac{1}{4}$; 4. Jean Beaudry (SD) 53-11 $\frac{1}{4}$; 5. Tim Haag (SD) 51-0; 6. Ken Watkins (FS) 50-4 $\frac{1}{4}$; 7. Mark Stevens (SD) 49-9.

800 Meter Run: 1. Odie Huffman (SD) 1:51.0; 2. Gary McManus (FS) 1:52.8; 3. Alfredo Ybarra (LB) 1:53.5; 4. Robert Harrell (LB) 1:54.0; 5. Mike Kasser (SJ) 1:54.2.

Javelin: 1. Mike Packer (SD) 228-9; 2. David Krogh (SJ) 228-8; 3. Bill Staengel (SJ) 209-7; 4. Steve Zotovich (LB) 205-9; 5. Mike Selman (SD) 199-11 $\frac{1}{2}$.

100 Meter Dash: 1. Harold Williams (SD) 10.4; 2. Mike Farmer (SJ) 10.5; 3. Jeff Williams (LB) 10.5; 4. Ron Whitaker (SJ) 10.5; 5. Greg County (LB) 10.6.

400 Meter Intermediate Hurdles: 1. Quentin Wheeler (SD) 49.4; 2. Dady Cooper (SJ) 49.5; 3. Otis Fisher (LB) 49.4; 4. James Wyatt (SJ) 52.6; 5. Paul White (LB) 59.0.

200 Meter Dash: 1. Harold Williams (SD) 20.8; 2. Ron Whitaker (SJ) 21.2; 3. Jeff Williams (LB) 21.2; 4. Bob Triplett (SJ) 21.5; 5. Greg County (LB) 22.0.

5000 Meter Run: 1. Dan Gruber (SJ) 14:26.6; 2. Rich McCandless (LB) 14:29.9; 3. Howard Burgess (LB) 14:36.1; 4. Grover Prowell (SJ) 14:37.7; 5. Richard Aguirre (FS) 14:39.2.

Mile Relay: 1. San Diego State (Wheeler-Miller-Williams-Madruga) 3:11.7; 2. Long Beach State 3:15.8; 3. Fresno State 3:16.1; 4. San Jose State 3:22.6.

High Jump: 1. Dwight Stones (LB) 7-2 $\frac{5}{8}$ (MR ~~Res.~~ Res., Old 7-2 by Ron Livers of SJS in 1975); 2. Tie Bill Heitchew (LB) and James Geddes (SD) at 7-0 $\frac{1}{4}$; 4. Keith Nelson (SJ) 6-8; 5. Tom Malvino (SJ) 6-6.

Decathlon: 1. Joe Hippensteel (FS) 6,965; 2. Tom Byron (FS) 6,650; 3. Dave Bayless (LB) 6,020; 4. Rich Browne (LB) 6,052; 5. Dave Gaeta (FS) 6,020.

FINAL SCORE: LBS 112 $\frac{1}{2}$, SJS 100, SDS 59 $\frac{1}{2}$, FSU 53

SEVENTH ANNUAL PCAA TRACK AND FIELD CHAMPIONSHIPS AT LONG BEACH STATE

EVENT: High Jump -- Final

1. Dwight Stones (LB) 7-2 5/8
2. Bill Heitchew (LB)
James Geddes (SD) 7-0 3/4
3. Keith Nelson (SJ) 6-8
5. Tom Malvino (SJ) 6-6

RECORDS SET: Meet. ~~Established~~ Old 7-2 by Ron Livers (SJS) in 1972

COMMENTS FROM DWIGHT STONES (LBS), WINNER OF HIGH JUMP (7-2 5/8):

"I was flat today, because of my hard workout on Thursday. My workout routine got fouled up and I did W my Wednesday workout on Thursday, and so I wasn't in it today.

"I'll break the world record at the NCAA meet. I'm going to jump 7-7.

"I really wanted to win this meet, and for the team to win the championship. It really does mean something even though I ~~am~~ didn't jump very high.

"I quit at 7-3/4, because of the bad wins, and because there is no use in getting hurt."

Event
Started
12:45?

2:00pm

May 22, 1976

Long Beach Airport

15 mph from SW

5.1 miles from
L.B. Airport to L.O.S.U.

Beaufort Wind Scale

0 calm less than 1 mph

(4) Moderate 13-18 mph

5- Fresh Breeze 19-24 mph

6- Strong Breeze 25-31 mph