

ALL-TIME NORTHERN CALIFORNIA TRACK & FIELD LISTING

By Plato Yanicks

Thru '75

This survey is an attempt to list by mark the most outstanding athletes to perform in Northern California High School Track & Field. Since this survey is an all-time list, it is possible that there may be omissions or errors. I would appreciate any corrections or additions to this list. Please contact me at my home (363 Ruth Ave. Mt. View, Ca.)

By Northern California, I mean geographically from Merced to the Oregon border. The following CIF sections are included in this list: NCS, CCS, North, San Joaquin, S.F., Oak.

100 YARD DASH:

9.4	James Jackson	Alameda	'54
9.4QT 9.5	Jerry Williams	Berkeley	'63
9.4	Jim Hines	McClymonds	'64
9.4	Mel Gray	Montgomery	'67
9.4QT 9.5	Mike Farmer	Wilson	'73
9.4w 9.6	Keith Taylor	Piedmont Hills	'75
9.5	Travis Williams	Ells	'63
9.5	Jerry Bradley	Hogan	'63
9.5	J.D. Hill	Edison (Stock)	'66
9.5	Dave Masters	El Cerrito	'67
9.5	Warren Edmonson	Oakland	'68
9.5	Sammy Burns	El Cerrito	'70
9.5	Vince Brown	Pittsburgh	'71
9.5	Antonio Watkins	McClymonds	'72
9.5	Mike Shavers	Albany	'72
9.5	Carl McCullough	Sacramento	'72
9.5	Howard Redmon	Sacramento	'73
9.5	Millard Hampton	Silver Creek	'74

220 YARD DASH: (turn)

20.4w 20.5	Jerry Williams	Berkeley	'63
20.7	Mel Gray	Montgomery	'67
20.8	Carl McCullough	Sacramento	'72
20.8	Mike Farmer	Wilson	'74
20.9	Jim Hines	McClymonds	'64
20.9	Dave Masters	El Cerrito	'67
20.9	Millard Hampton	Silver Creek	'74
21.0	Mike Shavers	Albany	'72
21.2w	Chuck Bonmarito	Crestmoor	'71

440 YARD DASH:

46.9	Lee Evans	Overfelt	'65
47.0	Ron Whitaker	Wilson	'73
47.1n	Ollie Matson	Washington S.F.	'48
47.1	Rick Brown	Los Altos	'70
47.3	John Ware	Sacramento	'75
47.4	Anthony Lawson	Pittsburgh	'72
45.5n	Frank Hughes	Cupertino	'68
47.7	Ron Connors	Cardova	'74
47.8	Carlos Tan	St Ignatius	'56
47.8n	Jim Andrew	Los Altos	'70

880 YARD RUN:

1:48.5	Dale Scott	El Cerrito	'72
1:50.3	Dan Aldridge	Petaluma	'67
1:50.6	Rick Brown	Los Altos	'67
1:50.9n	George Coon	Miramonte	'68
1:51.0	Conrad Suhr	Leigh	'67
1:51.5	James Robinson	McClymonds	'67
1:52.1n	Bob Lee	San Mateo	'66
1:52.2	Doug Parker	Chico	'66
1:52.2	Mike Tyrell	Saratoga	'67
1:52.2n	Randy Carlson	Westmont	'67
1:52.2	Bob See	Del Valle	'67
1:52.2	George Alfaro	Pittsburgh	'68
1:52.3	Don Bowden	Lincoln S.J.	'54
1:52.3	George Cagle	Novato	'74

MILE RUN:

4:02.4	Rich Kimball	De La Salle	'74
4:09.0	Clifton West	Kennedy, Sacto.	'68
4:09.3	John Johnson	Skyline	'75
4:09.5	Mike Ryan	Wilcox	'65
4:09.6	Rusty Nahireny	Washington, Fre.	'74
4:10.0	Morgan Groth	Alhambra	'61
4:10.7n	Steve Miller	Carlmont	'72
4:11.1n	Klaus Hoffman	St Ignatius	'68
4:11.1	Eugenio Amaya	Burlingame	'69
4:11.3n	Steve Crowley	Gunn	'68
4:12.3	Manny Mahon	Lynbrook	'72
4:12.4	Dale Scott	El Cerrito	'72
4:12.8	Robin Ruble	Los Altos	'63

TWO MILE RUN:

8:46.6	Rich Kimball	De La Salle	'74
8:53.6n	Dave Taylor	Merced	'72
8:54.6n	Bob Grubbs	Washington, Fre.	'72
8:56.2n	Roy Kissen	San Ramon	'75
8:57.0n	Ralph Gamez	Berkeley	'66
8:57.2n	Tom Hale	Campolindo	'71
8:57.3	Mitch Kingery	San Carlos	'75
8:57.8	Mike Ryan	Wilcox	'65
8:57.8	Benton Hart	Modesto	'74
9:02.4	Steve Martin	Davis	'72

ALL-TIME NORTHERN CALIFORNIA TRACK & FIELD LISTING (CONTINUED)

120 HIGH HURDLES:

13.2	Dedy Cooper	Ellis	'75
13.3	Robert Gaines	Kennedy	'75
13.6	Carl Florant	Palo Alto	'73
13.6nw 13.7	Milt Turner	Castlemont	'73
13.7w 13.8	Ron Kennedy	Serramonte	'75
13.8	Mike Kirtman	Wilson	'73
13.8	Kerry Hampton	Poly	'68
13.8	Rich Graybehl	Los Lomas	'74
13.8w 14.1	Don Finley	Cupertino	'75
13.9	Mike Nealey	Edison, St.	'72
13.9n	Tony Hicks	Serramonte	'75

HIGH JUMP:

7'1½	Mark Wilson	Monte Vista, Dan.	'74
7'0	Don Pierce	Pittsburgh	'66
7'0	Mark Ridge	Merced	'74
7'0	Clarke Beedle	La Sierra	'74
7'0	Charles Hatch	Wilson	'74
6'11	Dave Bush	Campbell	'72
6'10½	Max Lowe	Awalt	'64
6'10½	Fred Jackson	Castlemont	'66
6'10	Tom Clyburn	Balboa	'66
6'10	John Lane	American	'75
6'10	Kirk Collins	Monterey	'75
6'10	Cort Owens	Castlemont	'75

330 LH: (Temporary event. No research done as the event was only held for one year. Next year we will probably go to the 330 intermediates).

440 RELAY:

41.0	Wilson	'73
41.1	El Cerrito	'71
41.2	Castlemont	'70
41.2	El Cerrito	'70
41.2	Wilson	'74
41.2	Ellis	'75
41.3	Wilson	'72
41.3	Wilson	'75
41.4	Kennedy, Rich.	'74
41.5	Pittsburgh	'70
41.5	Berkeley	'70
41.6	Castlemont	'68
41.6	Woodside	'75

LONG JUMP:

26'2½	Ken Duncan	Mc Clatchy	'72
25'10 3/4	Haulon Hewitt	Merced	'68
25'7¾w 24'1	Mal Gray	Montgomery	'67
25'5	Carl McCullough	Sacramento	'72
25'5 3/4	Johnny Johnson	Pacific Grove	'65
25'4½	Monte Upshaw	Piedmont	'54
25'2	Phil Quinet	Homestead	'68
25'0½w	Mark Cleghorn	Berkeley	'73
24'10	Lynn Swann	Serra	'70

TRIPLE JUMP:

50'10	Dan Johnson	Oakland	'75
50'7 3/4w	Harry Freeman	Santa Clara	'69
50'2½	Don Bryson	Oakland	'74
50'1½	Tom Cochee	Oakland Tech	'72
49'11 3/4w	Craig Conway	Cupertino	'71
49'8	Myrt Easley	Woodside	'75
49'5 3/4	Junior Rojas	Overfelt	'75
49'4½	Dale Krebs	Gunn	'71
49'4	Kevin Mc Carthy	Cupertino	'73

MILE RELAY:

3:13.2	Castlemont	'71
3:15.6	Los Altos	'70
3:16.0	Mc Clymonds	'72
3:16.8	Oakland Tech	'70
3:17.2	Castlemont	'70
3:17.6	El Cerrito	'72
3:18.2	Castlemont	'60
3:18.2	Berkeley	'68
3:18.4	Oakland Tech	'69
3:18.4	Richmond	'71
3:18.4	Berkeley	'73
3:18.4	Wilson	'73

POLE VAULT:

15'9	Roger Martin	Camden	'71
15'6½	Larry Hintz	Buchser	'73
15'6	Jim Lydon	San Mateo	'69
15'0 3/4	Wayne Meyers	Foothill, Sacto.	'66
15'0½	Scott Turner	Del Mar	'73
15'0	Russ Royal	Fremont, Sunny.	'69
15'0	Searle	Camden	'75
14'10	Carl Goldstone	San Mateo	'70
14'9	Fernside	Del Mar	'75
14'9	Bill Fosdick	Andrew Hill	'63