

the "field" was excellent - narrow misses at national records in hj & pv - f.b.

GOLDEN GATE CONFERENCE RELAYS

(At West Valley College, Saratoga) 3/5/77 - hot & calm (no gauge but all apparently ok)

3000 Meter Steeplechase--1. Dave Hull (CSM) 9:34.3; 2. Mike Smith (Chabot) 9:35.6; 3. Kevin Searls (DVC) 9:40.4; 4. Bill Joseph (SJ) 10:02.0.

5000--1. Paul Mello (CSM) 15:13.3; 2. Mitch Kingery (CSM) 15:14.1; 3. Mike Plummer (Chabot) 15:28.0; 4. Dave Parrish (SJ) 15:39.0.

Distance Medley Relay--1. CSM (Ron Sherrin 49.7, Shay Sodek 1:57.0, Eric Benson 3:08.8, Kurt Dicus 4:21.5) 10:17.7; 2. De Anza 10:19.8; 3. Chabot 10:28.4; 4. SJCC 10:29.3.

Tuquail

440 Relay--1. CCSF (Mike Haynes, Willis, Ron Haynes, Brian Cody) 41.6; 2. DVC 42.5; 3. Laney 42.5; 4. WVC 43.1. (SJCC won in 41.0 but disqualified.)

Sprint Medley Relay--1. CSM (Mike Greggans 21.7, Greg Russell 23.2, Bob Foulke 48.1, Brian Hurdal 1:58.1) 3:31.1; 2. Foothill 3:32.4; 3. CCSF 3:47.3; 4. WVC 3:48.5.

Two Mile Relay--1. Chabot (Mark Molina, Tom Smith, Rich Judy, Dave Emery) 7:51.8 meet record; 2. SJCC 7:57.1; 3. De Anza 8:03.3; 4. WVC 8:09.7.

880 Relay--1. SJCC (Horace Berry, Eugene Rachal, Sherman Jones, Ken Meriwether) 1:26.0; 2. Laney 1:28.0; 3. CCSF 1:29.9; 4. DVC 1:30.4. (Chabot 1:30.7, WVC 1:30.9).

High Shuttle/Hurdles--1. Chabot (Greg Veatch, Larry Jackson, Mike Martin, Mike McRae) 60.5; 2. CSM 62.0; (SJCC disqualified.)

Four Mile Relay--1. ~~XXXXXXXXXX~~ CSM (Kurt Dicus 4:23.8, Eric Benson 4:31.8, Rick Pincombe 4:33.4, Mitch Kingery 4:15.4) 17:44.4; 2. Chabot 18:02.1; 3. SJCC 18:04.0; 4. WVC 18:06.0.

110 Meter HH--
-------1. Scott Monroy (SJCC) ~~XXXXXXXX~~ 14.2; 2. Gordon Bliss (CSM) 15.1; 3. Larry Jackson (Chabot) 15.2; 4. Mike Perrin (DA) 15.9.

100 Meter Dash--1. Ernest Lewis (DVC) 10.6; 2. Sherman Jones (SJCC) 10.6; 3. Mike McRae (Chabot) 10.6; 4. Mike Greggans (CSM) 10.8.

Mile Relay--1. SJCC (Eugene Rachal, Greg Johnson, Fred Harvey, Russell Harris) 3:15.3; 2. Laney 3:16.3; 3. CSM 3:18.2; 4. CCSF 3:20.7; 5. WVC 3:23.5.

ggc relays 3/5/77 at west valley

SP--1. SJCC (Dave Laut 59-7, Bill Traugher 46-6 $3/4$, Scott Gre 46-4 $3/4$) 152-6 $\frac{1}{2}$;

2. De Anza 147-8 $\frac{1}{4}$ (Lee Foster 51- $\frac{1}{2}$); 3. CSM 146-11 $\frac{1}{2}$ (Mike Smith 52-3 $\frac{1}{2}$).
(Top individual: Dave Laut, 59-7.)

LJ--1. Chabot (~~Gregg Tafralis 22-10, Larry Jackson 21-2, M. Martin 21-3, J. Evans 66-5~~)
(Larry Jackson 23-9, M. Martin 21-5 $\frac{1}{4}$, J. Evans 21-3 $\frac{1}{2}$) 66-5 $3/4$;

2. CSM 63-7 $\frac{1}{4}$ (Skip Peterson 21-10 $\frac{1}{4}$); 3. DVC 63-4 (Joe Tleimat 21-3 $3/4$).
(Top individual: Larry Jackson, 23-9.)

DI--1. De Anza (Mark Dugan 148-3, Bill Perry 148-1, Mike Gough 146-10) 443-2;

2. CSM 433-10 (Gregg Tafralis 155-0); 3. Foothill 414-2. (Top individual: Tafralis, 155)

IJ--1. Chabot (Mike McKae 50-11 $\frac{1}{2}$, Larry Jackson 48-6, M. Martin 41-1) 141-3 $\frac{1}{2}$;

2. Foothill 137-7 $3/4$; 3. DVC 132-11 $3/4$. (Top individual: McKae, 50-11 $\frac{1}{2}$).

HJ--1. CCSF (Randy Turner 7-0, ^{Charles} Hatch 6-6, Moore 6-4) 19-10 (meet record);

2. CSM 19-4 (Bob Dillard 6-8); 3. Chabot 19-2. (Top individuals: Mark Wilson, DVC,
and Randy Turner, CCSF, 7-0).

PV--1. WVC (Steve Oravitz 16-7, Doug Searle 16-0, Jerry Mulligan 14-6) 47-1
meet record; 2. SJCC 40-6; 3. CSM 26-6 (Kim Black 13-6) & and Diablo Valley 26-6.
(Top individual: Steve Oravitz, 16-7.)

JT--1. SJCC 520-7. (Hart 177-3, Kennedy 174-5, Harrison 168-11).

(Top individual: Costa, Foothill, 193-8)