

100 METER DASH

Accutrack = .24 (+)

11.2 (1)	Andrea Lynch (CSLB) 3/18
11.58 (1)	Evelyn Ashford (UCLA) 4/8
11.4 (1)	Sandra Howard (PTC) 4/1
11.87 (3)	Gail Douglas (USC) 3/18
11.7 (3)	Taylor (SDS) 3/18
11.9 (1)	Gloria Kennedy (UR) 3/18
11.9 (1)	Kim Robinson (LAM) 2/19
11.9 (1)	Nickson (CSUH) 3/18
12.14w (1)	Venessa Denniston (un) 3/12
11.9 (1)	Phyllis Elmore 3/8
12.0 (2)	Alice Brown (LAM) 2/19
12.0 (3)	Valerie Brisco (LAM) 2/19
12.0 (1)	Dollie Fleetwood (MSAC) 4/14
12.1 (1)	Phyllis Elmore (CC) 2/24

1500 METER RUN

4:08.9	(1)	Mary Decker(UC)	1/21
4:23.4	(1)	Kate Keyes(UCLA)	4/15
4:25.4	(1)	Ruth Caldwell(Cit)	2/26
4:30.5	(2)	Jeanne Abare(SDS)	4/15
4:31.7	(1)	J.J. Brown(CSUN)	3/11
4:35.1	(2)	Maggie Keyes(CPSLO)	3/11
4:35.5	(1)	Craven(Humboldt)	3/12
4:35.8	(1)	Kathy Chisam(UCLA)	2/18
4:38.4	(2)	Kathy Weston(LATC)	2/26
4:38.5	(3)	Kathy Costello(CSUN)	3/11
4:39.0	(2)	Sheila Ralston(UCLA)	2/18
4:40.3	(4)	Eileen Kraemer(CPSLO)	3/11
4:42.4	(1)	Lynn Hjelte(UCB)	4/22
4:42.5	(3)	Sally Metteer(CAL)	2/18

3,000 METER RUN

9:34.0	(1)	Sue Kinsey(LANTC)	2/19
9:38.4	(1)	J.J. Brown(CSUN)	2/25
9:53.5		Evelyn Kane(SMCC)	3/7
9:57.4	(1)	Linda Broderick(UCLA)	3/12,
9:57.4	(2)	Linda Heinmiller(UCLA)	3/12
10:01.6	(3)	Jeanne Abare(SDS)	3/18
10:06.4	(3)	Chris Troffer(LANTC)	2/19
10:09.8	(2)	Sally Metteer(Cal)	2/18
10:11.7		Tammy Johnson(SMCC)	3/7
10:12.6	(1)	Sue Munday(SJCC)	4/14
10:25.5	(TI)	Robertson(CSUN)	4/1
10:27.8	(1)	Kiki Lantry(LATC)	2/26
10:30.3	(2)	Lynn Hjelte(UCB)	4/22
10:33.1		Pat English(Mont)	
10:35.6	(2)	Sharon Hulse(un)	2/26
10:39.1	(1)	Kim Vollmer(PCP)	1/29

MARATHON

2:46:16(1)	Martha Cooksey(Or)3/19
2:57:42 (2)	Susan Peterson(SFVTC)1/21
3:05:00(17)	Joan Ulyot(WVTC)3/19
3:09:57 (21)	Penny DeMoss 3/19
3:11:47(25)	Leal-Ann Reinhart 3/19

100 METER HURDLES

-.24 auto = HT

13.43 (1)	Patty Van Wolvelaere(USC)
13.7	Stella Edwinston(SMJC)3/23
13.86 (1)	Modupe Oshikoya(UCLA)4/8
14.03 (4)	Mitzi McMillan(USC)3/18
14.1 (2)	Dolores Render(UNLV)3/18
14.2 (2)	Pat Shmock(SDS) 4/15
14.4 (1)	Jodi Anderson(CSUN)4/1
14.65 (1)	Marilyn Linsenmeyer(LATC)3/12
14.6	Yvonne Boone(Ala) 3/25
14.91 (2)	Denise Pemberton(CSLB)3/12
15.03 (3)	Lisa Gourdine(UCLA)3/12
15.3 (P)	Denise Cornell(LATC)4/2
15.3 (2)	Linda Hightower(MSAC)4/14
15.4 (3)	Laura Nigel(SWJC)4/14
15.5 (1)	Tawny Singleton(un)2/19
15.5	Diana Macias(FCC)3/17

400 METER HURDLES

-.14 auto = HT

61.7 (1)	Colette Winlock(CSH)4/1
63.33 (1)	Kathleen Murphy(UCLA)3/12
63.52 (2)	Patty Cape(CSLB)3/12
63.6	Hunnerlack(Butte)3/25
63.5 (1)	Debbie Bottomly(CSLB)4/1
64.0 (1)	Yvonne Boone(Ala)4/14
64.4 (2)	Stella Edwinston(SMJC)4/14
64.4 (1)	S. Niehues(SDS)4/15
64.5 (3)	Laura Nagel(SWJC)4/14
64.9	Heidi Aufdermaur(Mod)3/25
66.7 (1)	Snider(UCD)3/11
67.0 (4)	Dolores Render(UNLV)3/18
67.6 (1)	Marks (ElC)4/14
67.8 (1)	Lindenmeyer(UR)3/18
68.0	Linda Hightower(MSAC)2/23
68.0	Diana Macial(FCC)4/1
68.3 (2)	Osterland(UR)3/18
68.4 (1)	McElroy (CSUN)3/11

MILE WALK

7:55.5 (1)	Tracy Trisco(LATC)2/19
8:06.6 (1)	Sally McPherson(WVTC)1/8
8:28.2 (2)	Vicki Jones(CW)1/8
8:30.0 (1)	Autumn Bateson(PAT)1/29
8:43.0	Connie Rodewald(VCTC)12/10
8:57.5 (2)	Jane Janousek(un)1/29
9:12.1 (4)	Paula Mori (CW) 1/8
9:49.3 (5)	Jane Kennedy (CW)1/8

2 MILE RELAY

9:09.4 (1) UCLA 4/15
9:16.6 (1) CSUN 4/1
9:52.9 (2) SDS 3/18
9:59.5 (1) Humboldt St 3/12

DISTANCE MEDLEY RELAY

13:03.6 (1) SBCC 2/17
13:05.0 (2) Ventura CC 2/17
13:30.5 (3) Glendale CC 2/17
15:32.0 (4) Moorpark CC 2/17

JAVELIN

178-6 (1) Cathy Sulinski(CSH)4/1
169-10 (1) Dietrich(SDS)3/18
157-8 (1) Keri Camarigg(CSLB)3/12
149-4 (1) Bryant (UCSB)3/18
145-4 (1) Jackie Nelson(un)3/19
144-1 Lisa Van Benthem
144-0 (2) Lisa Vogelsang 3/18
142-4 (2) Charm Bishop (LATC)3/19
140-9 (3) Raedean Rona (CPP)3/19
136-7 (1) Regina Steele(USC)2/26
133-4 (1) Arlene Mears (DeAnza)4/14
130-11 (2) Marilyn White(LATC)3/12
130-9 Cindy Banks (SBCC)
130-2 (1) Stary (PP) 3/18

LONG JUMP

20-7 (1)	Jodi Anderson(CSUN)3/18
20-4 $\frac{1}{2}$ (1)	Modupe Oshikoya(UCLA)4/8
19-8 $\frac{1}{4}$ (2)	Sherron Walker(CSLB)3/12
19-4 3/4(2)	Mitzi McMillin(USC)3/18
19-2 $\frac{1}{2}$ (1)	Veronica Bell(SCC)3/12
18-10 $\frac{1}{2}$ (2)	Page (SDS) 3/18
18-10 (3)	Lanessa Jones(UNLV)3/18
18-10 (1)	Karen Elmore(UCB)4/22
18-8 3/4 (1)	Gwen Loud (LAM)1/29
18-6 3/4 (3)	Lisa Gourdine(UCLA)3/12
18-6 $\frac{1}{2}$ (1)	Dorthea Gaffney(COS)4/1
18-5 3/4(2)	Mag Files(LAM)1/29
18-2 $\frac{1}{2}$ (1)	Jeanette Smiley(LATC)3/12
18-1 (2)	Kim Moran(LATC)3/12