

# Life bests can't save Bulldog spikes from SJ

4/12/78

Five College of San Mateo athletes posted satisfying life bests, but only Paul Mello triumphed yesterday as the Bulldogs were overwhelmed in anticipated fashion, 93-48, by four-time unbeaten Golden Gate Conference champion San Jose.

Mello took the 5,000 meters on San Jose's oval in 14:44.3, second

in the state behind the 14:42.4 by Modesto's Bill Hurst in Saturday's CSM Invitational.

CSM coach Bob Rush, however, was equally enthusiastic by a 4:05.9 third in the 1,500 by Gary Thurston, improving freshman from Menlo-Atherton High. Rich Pincombe's 4:04.5 was second.

Gordon Bliss' wind-aided 14.6 high hurdles matched his life best behind SJ ace Andre Phillips. Ron Sherrin's 48.3 for third in the 400, Snay Sodek's 1:56.9 for second in the 800 and Steve Dollahite's 180-11 for third in the javelin were other high-caliber efforts for CSM.

SJ super star Ernest Lewis ran wind-aided 10.0 and 20.4 sprint clockings for state bests. He's expected to give Cerritos' world-famed Houston McTear a run for his money in the state finals.

Triple winner Stella Edwinson couldn't quite save CSM's women from a 61-57 loss to Hartnell in a low-key companion meet (SJ doesn't have a women's team).

#### SAN JOSE 93, CSM 48

440 rel. — SJ 41.1; 1,500 — Fabris (SJ) 3:59.1, 2. Pincombe 4:04.5, 3. Thurston 4:05.9; 110 HH — Phillips (SJ) 14.4w, 2. Bliss 14.8w, 3. Stifel 14.9w; 400 — Jackson (SJ) 48.1, 3. Sherrin 48.3; 100 — Lewis (SJ) 10.0w; 800 — Holcombe (SJ) 1:56.4, 2. Sodek 1:56.9, 3. Graber 1:59.1; 400 IH — Bliss (SM) 57.2, 2. Benson 57.7, 3. Kniffin 59.0; 200 — Lewis (SJ) 20.4w; 5,000 — Mello (SM) 14:44.3, 3. Baldocchi 15:20.9; Mile rel. — SJ 3:16.3.

LJ — Gibbs (SJ) 22-4, 2. Bates (SM) 21-5½; Jav. — Goode (SJ) 183-2, 3. Dollahite 180-11; PV — Foss (SJ) 15-3; HJ — Gibbs (SJ) 7-1, 2. Kniffin 6-0, 3. Stifel 5-10; SP — Traugher (SJ) 52-11½, 2. Smith 49-6, 3. Walters 49-6; TJ — Moreno (SJ) 48-7¼, 2. Bates 47-0½; Dis. — Walters (SM) 152-0.

#### WOMEN

##### Hartnell 61, CSM 57

100 LH — Edwinson (SM) 14.8; 3. Scott; 440 rel. — CSM (Otto, Luzzi, Sakelarios, Bry) 56.4; 1,500 — Regalado (H) 5:07.0, 2. Brucker 5:17.6; 400 — Regalado (H) 66.1, 3. Bry; 100 — Bry (SM) 14.2, 3. Luzzi; 800 — Regalado (H) 2:37.3, 2. Otto 2:45.3; 400 IH — McPharlin (H) 1:27; 200 — Bry (SM) 29.7; 3,000 — Regalado (H) 11:13.3, 2. Sakelarios 11:15.0, 3. Scott; Mile rel. — Hartnell 5:00.

SP — Kuchta (H) 42-4, 3. O'Conner 31-3½; LJ — Edwinson (SM) 16-2¼, 3. Luzzi; HJ — Edwinson (SM) 4-8; Jav. — Bangert (SM) 100-0, 2. Sakelarios; Dis. — Williams (H) 129-6, 2. O'Conner 111-0.