

CENTRAL COAST SECTION  
TRACK AND FIELD CHAMPIONSHIPS  
FRIDAY - MAY 26, 1978

SAN JOSE CITY COLLEGE  
SAN JOSE, CALIFORNIA

A SPECIAL "THANK YOU" TO SOME GOOD FRIENDS

The Meet Directors, CCS Commissioner and Staff, and participating schools wish to acknowledge the support and assistance of the following organizations, without whose help this meet would not be held . . . . .

The Community Services Office, San Jose City College for the use of these outstanding facilities.

The Athletic Department, San Jose City College for their assistance in meet preparation.

The Volunteer Officials from the A.A.U. and Santa Clara Valley Officials Association for their help in conducting the meet.

The Central Coast Section Track and Field Committee for their guidance and organization of the meet.

It is the voluntary spirit of people such as the above who make sport events possible and enjoyable for participants and spectators. THANK YOU . . . . .

COMMISSIONER'S MESSAGE

Congratulations to the outstanding group of young men and women who have met the test of competition to reach the C.C.S. Championships. While only one will wear the crown of Champion in each event, there is no question but that each student participating today is a Champion in his own right. The hours of dedication to self determined goals, the sacrifices required for physical preparation, and the emotional control required for mental preparation for this meet, set this group of young men and women apart from their peers. We will witness at this meet those qualities of excellence which form the basis for inter-scholastic athletics. I wish each of you the best of fortune in this meet. I know that the lessons learned in your preparation and participation will follow you throughout your lives.

A SPECIAL "THANK YOU" TO SOME GOOD FRIENDS

The Meet Directors, CGS Commissioner and Staff, and participating

ORDER OF EVENTS AND TIME SCHEDULE

RUNNING EVENTS - TRIALS

3:00	440 Relay	Varsity, Frosh/Soph.
3:20	120 High Hurdles	Varsity
3:35	70 High Hurdles	Frosh/Soph.
3:50	100 Yd. Dash	Varsity, Frosh/Soph.
4:20	220 Yd. Dash	Varsity, Frosh/Soph.

RUNNING EVENTS - FINALS

6:00	110 Yd. Low Hurdles	Girls Final
6:30	440 Relay	Varsity, Girls, Frosh/Soph.
6:50	120 High Hurdles	Varsity
7:00	70 High Hurdles	Frosh/Soph.
7:10	880 Yd. Run	Varsity, Girls, Frosh/Soph.
7:35	100 Yd. Dash	Varsity, Girls, Frosh/Soph.
8:00	440 Yd. Dash (5 Sections)	Varsity-2, Girls, Frosh/Soph-2
8:25	Two Mile Run	Varsity, Girls, Frosh/Soph.
9:15	330 Yd. Low Hurdles (4 Sections)	Varsity-2, Frosh/Soph-2
9:55	220 Yd. Dash	Varsity, Girls, Frosh/Soph.
10:20	Mile Run	Varsity, Girls, Frosh/Soph.
10:45	Mile Relay (2 Sections)	Frosh/Soph. - 2
10:55	Mile Relay (3 Sections)	Girls, Varsity - 2

OFFICIALS

ORDER OF EVENTS AND TIME SCHEDULE, CONTINUED

FIELD EVENTS

3:00	Shot Put	Varsity to completion
	Long Jump (Pit A)	Varsity to completion
	High Jump	Varsity to completion
	Discus (Pit A)	Girls to completion
(unlighted)	Pole Vault (Pit A)	Frosh/Soph to completion
"	Discus (Pit B)	Frosh/Soph to completion
"	Triple Jump (Pit B)	Frosh/Soph to completion

Upon completion of the preceding Field Events scheduled at 3:00, the Varsity Discus (Pit B) and Frosh/Soph Long Jump will begin.

	Discus (Pit B)	Varsity to completion
	Long Jump (Pit B)	Frosh/Soph to completion
7:00	Triple Jump (Pit A)	Varsity to completion
	Pole Vault (Pit A)	Varsity to completion
	Shot Put	Frosh/Soph to completion
	High Jump	Frosh/Soph to completion

Upon completion of the following events scheduled at 7:00 p.m., the Girls' Long Jump, High Jump and Shot Put will begin.

	Long Jump (Pit A)	Girls to completion
	High Jump	Girls to completion
	Shot Put	Girls to completion

AWARDS

WILL COMPTON  
TOM WEINER  
TOM RYAN  
HOWARD WILLMAN

GIRLS' PROTEST COMMITTEE

RAY DYER  
SANDY HUBERT  
LINDA JOHNSON  
MARY LASAGNA  
CAROL SHELTON

O F F I C I A L S

MEET DIRECTOR . . . . . KEN JOHNSON

GIRLS' MEET DIRECTORS: . . . . . CAROL SHELTON  
LINDA JOHNSON

REFEREE: . . . . . CHARLES SULLIVAN

GIRLS' REFEREE . . . . . RAY DYER

STARTER . . . . . ROBERT PODKAMINER

RECALL STARTER . . . . . JOHN ROUTH

CLERK OF COURSE . . . . . MIKE GUNION

CLERK OF FINISH . . . . . ROZ SULLIVAN

HEAD FIELD JUDGE . . . . . DON BELL

GIRLS' HEAD FIELD JUDGE . . . . . MRS. ROSS BRAY

ANNOUNCER . . . . . DAVE DICKERSON

SCOREKEEPER . . . . . DENISE FLETCHER  
CATHY WICKERSHAM

MARSHALL . . . . . ROY LIST

SECURITY . . . . . SAN JOSE CITY COLLEGE LAW ENFORCEMENT

WEIGHTS AND MEASURES . . . . . DON BELL

WIND JUDGE . . . . . GENE ARNOLD

ACCUTRACK . . . . . ED HICKS

AWARDS . . . . . WIL CONKLIN  
TOM NEIMILLER  
TOM RYAN  
HOWARD WILLMAN

GIRLS' PROTEST COMMITTEE . . . . . RAY DYER  
SANDY HAUPERT  
LINDA JOHNSON  
MARY LASAGNA  
CAROL SHELTON

FIELD EVENTS

BOYS

GIRLS

LONG JUMP

JOE TENNA  
MIKE EUSTIS

LESTER BONDS

HIGH JUMP

BARBARA ERICKSON  
BOB BURCH

JOANN RUSSELL  
D. KINNEAN

SHOT PUT

AL DUNASKY  
ALDO BALBIANI

LAHSEN AKKA

DISCUS

FRED NEIMANN  
RON UYEDA  
MARTY SAMMON

KEN FERRIS

TRIPLE JUMP

RICHARD BARBOUR  
JEPSON FULLER

POLE VAULT

JIM JOHNSON  
KEN HIAB

TIMERS

HEAD TIMER: WALLY BURR

BOB WILSON  
GEORGE BERGNA  
PAUL GOEDIG  
L. LUNDBERG

MIKE THIBAUT  
STEW FOWLER  
MARK SERVAES  
CLIFF HARRIS

BOB HUGHEY  
DON JOHNSON  
PAUL CASTORO

JUDGES

HEAD FINISH JUDGE: TOM REYNOLDS

DICK SERVAES  
BRUCE SPRINGBETT  
CURT WILSON  
BILL SMITH

GARY CAYTON  
MARGE POWELL  
CLAY HENRY  
JOE ZELENKA

HENRY WESTON  
FRANK SULLIVAN  
MIKE NUNZIATA  
RICHARD DE LA ROSA

INSPECTORS

HEAD INSPECTOR: ROBERT ANDERSON

RUSS PERRY  
JACK KUNKEL

BOB WATSON  
JIM ROARK

GEORGE HALBLIEB  
JERRY SCOTT

HURDLE CREW

WILLOW GLEN HIGH SCHOOL TRACK AND FIELD TEAM

HIGH JUMP - VARSITY

CCS RECORD: John Radetich, San Carlos, 1966, 6'9 3/4"

Starting Height: 6'0"

Starting Time: 3:00

FLIGHT I

	<u>Name</u>	<u>School</u>	<u>Reg. Qual. Time</u>
1	Mahoney, Harry	Monterey	5'10"
2	Hamby, Tim	Palma	6'1"
3	Mackenzie, Jeff	Mills	6'2"
4	Young, Chris	Serra	6'2"
5	Sells, Benny	N. Salinas	6'2"

FLIGHT II

1	Ward, Lewis	Andrew Hill	6'4"
2	Skilling, Chris	James Lick	6'4"
3	Alexander,	Los Altos	6'4"
4	McFadden, Lathay	Serramonte	6'4"
5	Tinsley, Lewis	Serramonte	6'4"

FLIGHT III

1	Hannah,	Lynbrook	6'6"
2	Rocca, Tom	Live Oak	6'6"
3	Graber,	Los Altos	6'6"
4	Wright, Doug	Live Oak	6'10"
5	Spivey,	Woodside	6'10"
6	Wyrick, Joel	Mt. Pleasant	6'10"

PLACINGS AND MARK

1.	_____	_____
2.	_____	_____
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CCS RECORD: True, Monte Vista, 1971, 5'6"

HIGH JUMP - GIRLS: FINALS

CCS RECORD: Pam Blackburn, Cubberly, 1976, 5'8"

Starting Time: Follows Frosh/Soph High Jump which starts at 7:00 - (approx. 9:00)

Reg. Qual.

	<u>Name</u>	<u>School</u>	<u>Reg. Qual.</u>	<u>Mark</u>
1	Sparks, Kathy	Ayer		5'3"
2	Craig, Wendy	Monta Vista		5'3"
3	Boyle, Barbara	Carlmont		5'3"
4	Newman, Bonnie	Mills		5'3"
5	Martin, Toni	San Lorenzo		5'3"
6	Broussard, Reina	Independence		5'5"
7	Raugist, Kathy	Independence		5'6"
8	Phifer, Angela	Independence		5'6"

FLIGHT III

1	Averill, Mark	Valley Christian		5'0"
2	Cliff, Dan	Palm		5'1"
3	Quirk, Jim	Piedmont Hills		5'2"
4	Shaeffer	Sunnyvale		5'3"
5	Davis, Jim	S. San Francisco		5'4"
6	Thinn, Rory	Silver Creek		5'4"

PLACINGS AND MARK

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HIGH JUMP - FROSH/SOPH

CCS RECORD: True, Monte Vista, 1971, 6' 6"

Starting Height: 5' 7"

Starting Time: 7:00

FLIGHT I

	<u>Name</u>	<u>School</u>	<u>Reg. Qual. Distance</u>
1	Wilson, Corey	N. Salinas	5'10"
2	Bartek, T.J.	Westmont	5'10"
3	Robinson, Jock	San Jose	6'0"
4	Eaton,	Palo Alto	6'0"
5	Raines, Vaughn	Mt. Pleasant	6'0"

FLIGHT II

1	Hollenbeck,	Monta Vista	6'0"
2	Lopez, Alex	Riordan	6'0"
3	Haysbert, Adam	San Mateo	6'0"
4	Sexton,	Lynbrook	6'0"
5	Richardson, Todd	San Mateo	6'0"

FLIGHT III

1	Averill, Mark	Valley Christian	6'0"
2	Cliff, Dan	Palma	6'1"
3	Quirke, Jim	Piedmont Hills	6'2"
4	Shaeffer	Sunnyvale	6'3"
5	Davis, Jim	S. San Francisco	6'3 1/2"
6	Flint, Rory	Silver Creek	6'4"

PLACINGS AND DISTANCE

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POLE VAULT - VARSITY

CCS RECORD: Roger Martin, Camden 1971, 15' 5 3/4"

Starting Height: 12' 0"

Starting Time: 7:00

FLIGHT I

	<u>Name</u>	<u>School</u>	<u>Reg. Qual. Mark</u>
1	Videli, Jeff	Riordan	12'6"
2	Rapp, Jay	Bellarmino	12'6"
3	Stireman, Russ	King City	13'0"
4	Baulp, Bob	Soquel	13'0"
5	Green, Bob	Camden	13'0"

FLIGHT II

1	Landess, Garry	Ayer	13'0"
2	Field, Tyler	San Mateo	13'0"
3	Roache, Paul	St. Ignatius	13'0"
4	Dodds, Don	Camden	13'6"
5	Blantor, Mike	Overfelt	13'6"

FLIGHT III

1	Wells, J.D.	King City	13'6"
2	Hollandsworth, Chuck	Awalt	14'0"
3	Kibort, Mark	Fremont	14'0"
4	Preciado, Mitch	Homestead	14'6"
5	McAlexander, Ross	Monta Vista	14'11 3/4"
6	Tardieu, Bert	Del Mar	15'0"

PLACINGS AND MARK

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POLE VAULT - FROSH SOPH      FINALS ONLY

CCS RECORD: Mich Preciado, Homestead, 1976, 13'10 1/2"

Starting Height: 10'6"

Starting Time: 3:00 (Pit A)

FLIGHT I

	<u>Name</u>	<u>School</u>	<u>Reg. Qual.</u>
			<u>Mark</u>
1	Pallas, Gene	Capuchino	11'0"
2	Liberati, Jack	San Mateo	11'0"
3	Torres, James	Hollister	11'0"
4	Wilson, Corey	N. Salinas	11'6"
5	Delantoni, Mark	Serra	11'6"

FLIGHT II

1	Cox, Mike	Hillsdale	11'6"
2	Chambers, John	Santa Teresa	12'0"
3	Janke, Alan	Ayer	12'0"
4	Allred, Deron	King City	12'2"
5	Phillips (Either/ Goetz or	Carlmont Cupertino	12'4" 12'4"

FLIGHT III

1	Lunt, Jeff	Westmont	12'6"
2	Sakazaki, Bryron	Camden	12'6"
3	Crumpler	Menlo Atherton	12'10"
4	Bahl	Awalt	13'5 1/4"
5	Jaques, Warren	Del Mar	13'6"
6	Ellis,	Menlo Atherton	13'9"

PLACINGS AND MARK

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LONG JUMP - VARSITY

CCS RECORD: John Johnson, Pacific Grove, 1964, 25' 3 1/4"

Starting Time: 3:00 (Pit inside track)

FLIGHT I

	<u>Name</u>	<u>School</u>	<u>Reg. Qual. Mark</u>
1	Sells, Benny	N. Salinas	19'11 1/4"
2	Brundage, Randy	N. Salinas	20' 4 3/4"
3	Chauous, Ed	Seaside	20'9 1/2"
4	Campbell, Tom	Branham	20'9 3/4"
5	Smith, Bob	Leland	21'1"

FLIGHT II

1	Sampson, Brian	St. Ignatius	21'3 3/4"
2	Lundy, Chris	Independence	21'6 1/4"
3	Lawson, Abe	Serramonte	21'7 1/2"
4	Porter, Myron	Willow Glen	21'8"
5	Rosinski, John	El Camino	21'10 1/4"

FLIGHT III

1	Leberz, Alvin	Gilroy	21'11 1/2"
2	Grolle,	Los Altos	21'11 3/4"
3	Hoskins, Dennis	S. San Francisco	22'1 1/2"
4	Lopez,	Sunnyvale	22'3"
5	Bruce,	Menlo Atherton	22'6 1/2"
6	Finley	Cupertino	22'7 1/2"

PLACINGS AND MARK

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GIRLS' LONG JUMP

CCS RECORD: Kim McDonald, St. Francis 1977, 18'3"

Starting Time: Follows Varsity Triple Jump which starts at 7:00  
(approx. 9:00)

FLIGHT I

	<u>Name</u>	<u>School</u>	<u>Reg. Qual.</u>	<u>Mark</u>
1	Costello, Kim	El Camino		17'2 1/2"
2	Campbell, Kristy	Lynbrook		17'2 3/4"
3	Wise, Patty	Awalt		17'2 3/4"
4	Soto, Veronica	Gilroy		17'3"
5	Harmon, Janet	Awalt		17'5"
6	Crawford, Barbara	Watsonville		17'5 1/2"
7	Alexander, Diola	Independence		17'7 1/2"
8	Lundy, Charlene	Aptos		17'9"

PLACINGS AND MARK

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LONG JUMP - FROSH/SOPH

CCS RECORD: Steve Bennett, Lynbrook, 1975, 22'7"

Starting time: Approx 5:00 (Pit B)

FLIGHT I

	<u>Name</u>	<u>School</u>	<u>Reg. Qual.</u> <u>Distance</u>
1	Abrams, Vernon	Riordan	19'5"
2	Wilkenson, Scott	Palma	19'5 3/4"
3	Caroll, Larry	Oak Grove	19'8"
4	Dowdell, Keith	Westmoor	19'8"
5	Nicholsoa,	Palo Alto	19'10 1/2"

FLIGHT II

1	Zamilich,	Monta Vista	19'11 1/2"
2	Walker, Dave	Salinas	20'1"
3	Molina, Richard	Blackford	20'2"
4	Jackson, Chris	Del Mar	20'3 1/4"
5	Poree, Anthony	Mt. Pleasant	20'3 3/4"

FLIGHT III

1	Wilson, Corey	N. Salinas	20'4 1/2"
2	Ostio, Rosauro	Terra Nova	20'6"
3	Fletcher,	Sunnyvale	20'10 1/2"
4	Dietrich,	Carlmont	20'11"
5	Haysbert, Adam	San Mateo	21'
6	Willis, Brian	Yerba Buena	21' 1/2"

PLACINGS AND MARK

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TRIPLE JUMP - VARSITY

CCS RECORD: Myrt Easley, Woodside, 1975, 49' 8"

Starting Time: 7:00 (Pit inside track)

FLIGHT I

	<u>Name</u>	<u>School</u>	<u>Reg. Qual.</u> <u>Mark</u>
1	Christian, Jim	S. San Francisco	42'10 1/2"
2	Chauous, Ed	Seaside	43'4"
3	Smith, Kevin	Serramonte	43'4"
4	Koplowitz, Bob	Westmoor	43'9 1/2"
5	Kratter, Andy	Mills	44'0"

FLIGHT II

1	Collins, Kelvin	Monterey	44'
2	Whyte, Phil	Seaside	44'4 3/4"
3	Paz, Don	Yerba Buena	44'9"
4	Porter, Myron	Willow Glen	44'9 1/2"
5	Threets, Marco	Silver Creek	44'11"

FLIGHT III

1	Clanagen, Jeff	Silver Creek	45'
2	Wyrick, Joel	Mt. Pleasant	45'2 1/2"
3	Thompson,	Carlmont	45'3"
4	Grolle	Los Altos	45'5 1/4"
5	Linerep,	Saratoga	45'7 1/2"
6	Zoppi,	Wilcox	45'8 1/4"

PLACINGS AND MARK

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TRIPLE JUMP - FROSH/SOPH

CCS RECORD: Jim Rossi, Palma, 1975, 46'4"

Starting Time: 3:00 (Pit B)

FLIGHT I

	<u>Name</u>	<u>School</u>	<u>Reg. Qual. Distance</u>
1	Eng,	Monta Vista	39'7"
2	Solano,	Cupertino	39'7"
3	Mitchell, Eugene	Monterey	40'1 3/4"
4	Riggs, Ron	N. Salinas	40'6"
5	Mason, Alex	Monterey	40'11"

FLIGHT II

1	Norman, Mike	St. Francis	41'3 1/2"
2	Osofio, Ross	Terra Nova	41'6"
3	Dietrich,	Carlmont	41'8"
4	Radovich, Chuck	Hillsdale	41'8 1/4"
5	Shafer, Keith	Los Gatos	42'1"

FLIGHT III

1	Willis,	Menlo Atherton	42'4 1/4"
2	Torres, Victor	Silver Creek	42'6 1/2"
3	Franks, Don	Serramonte	43'2 1/4"
4	Sample, Don	Yerba Buena	43'1"
5	Knott, Brad	Los Gatos	43'3 1/2"
6	Marshall, Greg	Mt. Pleasant	46'7"

PLACINGS AND MARK

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SHOT PUT - VARSITY

CCS RECORD: Bob Brannon, Los Gatos, 1965, 63'9"

Starting Time: 3:00

FLIGHT I

	<u>Name</u>	<u>School</u>	<u>Reg. Qual.</u>
1	McEnroe, Steve	Seaside	49'6"
2	Edwards, Rick	Monterey	49'10 1/2"
3	Cremin, Jack	St. Ignatius	51'8 1/2"
4	Stelick, Greg	Live Oak	52' 1/4"
5	Bright, Mike	Mills	52'7"

FLIGHT II

1	Pijomaki, Russ	Serramonte	53'2"
2	Greer, Dennis	Branham	53'9 3/4"
3	Abruzzini, Randy	Gilroy	54'1"
4	Mortem,	Menlo-Atherton	54'2 3/4"
5	Weyers,	Awalt	54'3 3/4"

FLIGHT III

1	Small,	Cupertino	55'2"
2	Peterson, Tom	N. Salinas	55'3"
3	Aimonetti, Steve	Campbell	56'1 1/4"
4	Sorenson	Sunnyvale	56'9 1/4"
5	McKee, Ron	Camden	60'9 1/4"
6	Parker, Bruce	St. Ignatius	62'3"

PLACINGS AND MARK

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SHOT PUT - GIRLS

CCS RECORD: Maria Garcia, Harbor, 1976, 43'9"

Starting Time: (Following Frosh/Soph Shot-approx. 9:00)

<u>Lane</u>	<u>Name</u>	<u>School</u>	<u>Reg. Qual. Mark</u>
1	Richards, Karen	Lynbrook	37'10"
2	Jernigan, T.	Independence	38' 1/4"
3	Kerrigan, Kelly	Buchser	37' 5"
4	Robinson, Cheryl	San Mateo	39'2 1/2"
5	Pollock, Peggy	Cupertino	39'4 1/4"
6	Barker, Jodie	Sequoia	39'4 1/2"
7	Michelli, Wendi	Gunderson	41'10 1/4"
8	Springer, Sue	Salinas	44'6 1/2"

PLACINGS AND MARK

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SHOT PUT - FROSH/SOPH

CCS RECORD: Gary Bersano, Los Gatos, 1973, 61'6"

Starting Time: 7:00

FLIGHT I

	<u>Name</u>	<u>School</u>	<u>Reg. Qual.</u> <u>Distance</u>
1	Clark, Rick	Silver Creek	46'8 1/4"
2	Dogillo, Jessie	Silver Creek	47'1 1/2"
3	Wilson, Loron	Soquel	47'10"
4	Mays	Menlo Atherton	48'1 1/4"
5	Linder, Greg	San Lorenzo Valley	48'1 1/2"

FLIGHT II

1	Marler, Jay	Del Mar	49' 1/4"
2	Hall, Henry	Westmoor	49'3 1/2"
3	Mendinzabel, Ray	Gunderson	50'7 3/4"
4	Sansone,	Monte Vista	51'10 1/2"
5	Taran, Sam	Harbor	52'2"

FLIGHT III

1	Egigian, Tom	Terra Nova	52'3"
2	Harris	Menlo Atherton	52'6 3/4"
3	Feliciano, Rich	Riordan	53'1"
4	Bauter, Brain	Aragon	53'2 1/2"
5			
6			

PLACINGS AND MARK

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DISCUS - VARSITY

CCS RECORD: Scott Overton, Los Altos, 1972, 191'0"

Starting Time: (Following F/S Discus approx. 5:00)

FLIGHT I

	<u>Name</u>	<u>School</u>	<u>Reg. Qual.</u> <u>Time</u>
1	Baccioco, Mike	Mills	141'11"
2	Lewis, Scott	Woodside	152'
3	McKee, Ron	Camden	152'2"
4	Parker, Bruce	St. Ignatius	152'2"
5	Slattery, Jim	Del Mar	154'4"

FLIGHT II

1	Forsman, John	Salinas	155'2"
2	Valine, Kurt	Blackford	158'4"
3	Payson, Brad	Silver Creek	158'4"
4	Niland, Mike	Riordan	160'10"
5	Turner, Bill	Leland	162'5"

FLIGHT III

1	Awbrey	Menlo Atherton	164'2 1/2"
2	McEnroe, Steve	Seaside	165'2"
3	BillGreen,	Fremont	166'5"
4	Davis, Steve	San Mateo	167'8"
5	Peterson, Tom	N. Salinas	172'2"
6	Struble,	Sunnyvale	174'10"

PLACINGS AND MARK

1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____
5.	_____	_____
6.	_____	_____

DISCUS - GIRLS

DISCUS - VARSITY

CCS RECORD: Sue Springer, Salinas, 1977, 136'7"

Starting Time: 7:00 (Pit A)

FLIGHT I

	<u>Name</u>	<u>School</u>	<u>Reg. Qual. Mark</u>
1	Kerrigun, Kelly	Buchser	118'5"
2	Rost, Amy	Palo Alto	118'5"
3	Stasio, Diane	Homestead	120'2"
4	Bergman, Julia	Monta Vista	121'3"
5	Wood, Beck	Cupertino	121'8"
6	Richards, Karen	Lynbrook	123'9"
7	Michelli, Wendi	Gunderson	127'5"
8	Springer, Sue	Salinas	133'6"

FLIGHT III

1	Wesley	Kenia Atherton	
2	McNroe, Steve	Seaside	
3	Millgreen	Premont	
4	Davis, Steve	San Mateo	
5	Forrest, Tom	W. Salinas	
6	Strubbe	Sunnyvale	

PLACINGS AND MARKS

	<u>PLACINGS AND MARKS</u>
1.	_____
2.	_____
3.	_____
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5.	_____
6.	_____

DISCUS - FROSH/SOPH - FINALS ONLY

YTI29AV - YAJER GRAY 094

CCS RECORD: Craig Watkins, Mitty, 1973, 157'11"

Starting Time: 3:00 (Pit B)

FLIGHT I

	<u>Name</u>	<u>School</u>	<u>Reg. Qual.</u> <u>Mark</u>
1	Christensen, Eric	Bellarmine	127'9"
2	Feliciano, Rich	Riordan	130'1"
3	Smith, Sam	Jefferson	130'1"
4	Hernandez, Ramon	Live Oak	133'10"
5	Harris	Menlo Atherton	134'8 1/2"

FLIGHT II

1	McKeon	Lynbrook	135'1 3/4"
2	Whitcher, Calvin	Riordan	135'8 1/4"
3	Althouse, Howard	Independence	135'8 1/2"
4	Kulper, Jerry	Salinas	136'3"
5	Cowell	Gunn	137'4"

FLIGHT III

1	Marler, Jay	Del Mar	139'6"
2	Davidson, Dan	Los Gatos	140'
3	Magengast, Dave	Del Mar	140'9"
4	Wilson, Loren	Soquel	140'10"
5	Barnum, Marc	Salinas	150'5"
6	Dewerk,	Gunn	152'6 3/4"

PLACINGS AND MARK

1.	_____	_____
2.	_____	_____
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440 YARD RELAY - VARSITY

CCS RECORD: WOODSIDE, 1975, 41:6

Two Heats, Top 4 in each qualify for final

HEAT I

<u>Lane</u>	<u>School</u>	<u>Reg. Qual. Time</u>
1	Cupertino	43.3
2	Gilroy	43.0
3	Cubberley	42.4
4	Mt. Pleasant	42.21
5	Serramonte	43.3
6	Soquel	43.5
7	Watsonville	43.9
8	Yerba Buena	43.5

HEAT II

1	Independence	43.37
2	Sequoia	43.0
3	Overfelt	42.8
4	Carlmont	42.4
5	Monterey	43.0
6	St. Ignatius	43.4
7	Hillsdale	43.4
8	Mills	43.9

PLACINGS AND TIME

1.	_____	_____
2.	_____	_____
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440 YARD RELAY - GIRLS

CCS RECORD: Silver Creek, 1977, 48.4

440 YARD RELAY - PROSPECTIVE TWO HEATS

CCS RECORD: April, 1975, 48.3

Two Heats (Top 4 qualify for final)

<u>Lane</u>	<u>School</u>	<u>Reg. Qual. Time</u>
1	Mt. Pleasant	50.34
2	Leland	50.06
3	Camden	49.83
4	Hill	48.28
5	Lynbrook	49.45
6	Piedmont Hills	49.99
7	Sequoia	50.16
8	Harbor	50.83

HEAT II

1	Argon	45.7
2	Garmon	45.2
3	San Mateo	44.9
4	S. San Francisco	44.3
5	Woodside	44.7
6	N. Salinas	43.0
7	Palma	42.8
8	Cupertino	42.7

PLACINGS AND TIME

PLACINGS AND TIME

1.	_____	_____
2.	_____	_____
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440 RELAY - FROSH/SOPH: TWO HEATS

CCS RECORD: Ayer, 1975, 43.2

Two Heats (Top 4 qualify for finals)

HEAT I

<u>Lane</u>	<u>School</u>	<u>Reg. Qual. Mark</u>
1	Branham	44.4
2	Andrew Hill	44.1
3	Mt. Pleasant	43.8
4	Silver Creek	43.54
5	Seaside	44.8
6	Cupertino	45.0
7	St. Ignatius	45.7
8	Yerba Buena	44.5

HEAT II

1	Aragon	45.7
2	Carlmont	45.2
3	San Mateo	44.9
4	S. San Francisco	44.3
5	Woodside	44.7
6	N. Salinas	45.0
7	Palma	45.6
8	Cubberly	45.7

PLACINGS AND TIME

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120 YARD HIGH HURDLES - VARSITY

CCS RECORD: Ron Kennedy, Serramonte, 1975, 13.8

Two Heats, top 4 in each qualify for finals

<u>HEAT I</u>			
<u>Lane</u>	<u>Name</u>	<u>School</u>	<u>Reg. Qual. Time</u>
1	Curry, Tim	Mt. Pleasant	14.8
2	Spencer,	Carlmont	14.6
3	Lewis, Chico	Serramonte	14.6
4	Guthrie,	Cupertino	14.0
5	Whyte, Phil	Seaside	15.2
6	Gilmore, Rich	Watsonville	15.3
7	Verduzco, Jim	Soquel	15.3
8	Durrant, Fred	Branham	14.8

<u>HEAT II</u>			
1	Wheat,	Mt. View	15.0
2	Sykes, Steve	Hillsdale	14.7
3	Dixon, Malcom	Sequoia	14.6
4	Durio, Tony	Mt. Pleasant	14.3
5	Williams, Charlie	St. Ignatius	14.5
6	Gibert, Bret	Campbell	14.8
7	Wright, Doug	Live Oak	14.8
8	Mansfield, Neil	San Mateo	15.3

PLACINGS AND TIME

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110 YARD LOW HURDLES - GIRLS - FINALS

CCS RECORD: Kris Costello, Lynbrook, 1977, 14.3

Lane	Name	School	Reg. Qual. Time
1	Tomkins, Sue	Soquel	15.21
2	Crevelt, Mary	St. Francis	15.01
3	Costello, Kim	El Camino	14.64
4	Costello, Kris	Lynbrook	14.15
5	Kellen, Angel	Leland	14.26
6	Oliver, Rochelle	San Carlos	14.82
7	Soto, Veronica	Gilroy	14.92
8	Newman, Bonnie	Mills	15.22

PLACINGS AND MARK

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70 HIGH HURDLES - FROSH/SOPH - TWO HEATS

CCS RECORD: Washington, Salinas, 1970, 8.6

Two Heats, top 4 in each qualify for finals

<u>HEAT I</u>				<u>Reg. Qual. Time</u>
<u>lane</u>	<u>Name</u>	<u>School</u>		
1	Pirner, Randy	Gilroy		9.4
2	Thompson, Robert	Jefferson		9.3
3	Pickett, Paul	San Mateo		9.1
4	Rudiger,	Lynbrook		9.0
5	Aeuloa, Laisene	Seaside		9.3
6	Allred, Deron	King City		9.5
7	Amick, Dave	Watsonville		9.6
8	Hanson, Kendal	Del Mar		9.5
<u>HEAT II</u>				
1	Parrant, Ray	Mills		9.5
2	Wilson,	Santa Clara		9.3
3	Wright,	Carlmont		9.3
4	Leoy, Doug	Jefferson		9.1
5	Cummings, Richard	Mt. Pleasant		9.24
6	Livingston, Berry	Silver Creek		9.4
7	UnaDia, Jeff	Blackford		9.4
8	Harris,	Woodside		9.5

PLACINGS AND MARK

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880 YARD RUN -- VARSITY -- FINALS ONLY

CCS RECORD: Rick Brown, Los Altos, 1970, 1:50.7

Finals only, two to a lane, 2-turn stagger

<u>Lane</u>	<u>Only</u>	<u>School</u>	<u>Reg. Qual. Time</u>
1	Walker, William	Independence	1:55.67
2	Sperandeo,	Menlo Atherton	1:56.8
3	Larcher, Kurt	Westmor	1:56.8
4	Olivas, Nate	Palma	1:57.0
5	Trujillo, Benny	Gilroy	1:55.7
6	Ifland, Rick	Soquel	1:57.1
7	Escobar, Rick	Mills	1:57.5
8	Bailey,	Buchser	1:57.6
1A	Barnes, Tao	Santa Teresa	1:57.3
2A	Newton	Carlmont	1:58.2
3A	Lermos, Art	Bellarmino	1:59.6
4A	Christenson, James	Seaside	1:59.6
5A	Eric, Reisig	Gilroy	1:57.8
6A	Avila	Cupertino	1:58.3
7A	Tristani, Steve	St. Ignatius	2:01.4
8A	Sipiora, Dave	Leigh	1:58.4

PLACINGS AND TIME

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880 YARD RUN -- GIRLS

CCS RECORD: Ann Regan, Camden, 1977, 2:11.5

<u>Lane</u>	<u>Name</u>	<u>School</u>	<u>Reg. Qual. Time</u>
1	Belk, Marquita,	Silver Creek	2:13.57
2	Figliomini, Diane	Saratoga	2:14.55
3	Regan, Ann	Camden	2:14.88
4	Demorest, Margaret,	Buchser	2:18.5
5	Foianini, Paula	Carlmont	2:20.2
6	Blake, Rose	Oak Grove	2:19.79
7	Birkel, Pam	Gunn	2:22.74
8	Spence, Laurie	Soquel	2:23.60

PLACINGS AND TIME

<u>PLACINGS AND TIME</u>	<u>PLACINGS AND TIME</u>
1.	_____
2.	_____
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880 YARD RUN - FROSH/SOPH

CCS RECORD: Charles Jones, Ravenswood, 1973, 1:57.3

Finals only - Two to a lane

<u>Lane</u>	<u>Name</u>	<u>School</u>	<u>Reg. Qual. Time</u>
1	Marquez, Paul	Ayer	1:59.73
2	Miller, Al	Palma	2:00.2
3	Hudson, Jim	Mills	2:00.2
4	Hoch	Menlo Atherton	2:01
5	Acosta, Dennis	Oak Grove	2:00.5
6	Peterson, Alan	Terra Nova	2:01.9
7	Doolittle, Wallace	Pacific Grove	2:02.3
8	Gonzales,	Peterson	2:02.3
1A	Ellwood, Rob	Los Gatos	2:01
2A	Gilkey,	Homestead	2:02.6
3A	Thompson, John	St. Francis	2:02.6
4A	Mendez, Robert	Soquel	2:03.9
5A	Samario, Steve	Leigh	2:01.2
6A	Larrick,	Menlo Atherton	2:03
7A	Spranza, Charlie	Half Moon Bay	2:03.3
8A	Gilbert, Marshall	Mt. Pleasant	2:01.3

880 YARD RUN - FROSH/SOPH

CCS RECORD: Charles Jones, Ravenswood, 1973, 1:57.3

Finals only - Two to a lane

<u>PLACINGS AND TIME</u>	<u>Name</u>	<u>School</u>	<u>Reg. Qual. Time</u>
1.1	Marquez, Paul	Ayer	1:59.73
2	Miller, Al	Palma	2:00.2
2.3	Hudson, Jim	Mills	2:00.2
4	Hoch	Menlo Atherton	2:01
3.5	Acosta, Dennis	Oak Grove	2:00.5
6	Peterson, Alan	Terra Nova	2:01.9
4.7	Doolittle, Wallace	Pacific Grove	2:02.3
8	Gonzales,	Peterson	2:02.3
5.			
1A	Ellwood, Rob	Los Gatos	2:01
6.2A	Gilkey,	Homestead	2:02.6
3A	Thompson, John	St. Francis	2:02.6
4A	Mendez, Robert	Soquel	2:03.9
5A	Samario, Steve	Leigh	2:01.2
6A	Larrick,	Menlo Atherton	2:03
7A	Spranza, Charlie	Half Moon Bay	2:03.3
8A	Gilbert, Marshall	Mt. Pleasant	2:01.3

880 YARD RUN - FROSH/SOPH

CCS RECORD: Charles Jones, Ravenswood, 1973, 1:57.3

100 YARD DASH - VARSITY - TWO HEATS

CCS RECORD: Keith Taylor, Piedmont Hills, 1975, 9.6

Two Heats - Top 4 in each qualify for finals

<u>HEAT I</u>				<u>Reg. Qual.</u>
<u>Lane</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	
1.01	Lebherz, Joe	Gilroy	9.9	
1.02	Cooper, Tim	Willow Glen	9.9	
1.03	Oraullo, Andrew	Sequoia	9.9	
1.04	Taylor, Dwayne	Overfelt	9.6	
1.05	Brown, Terry	Salinas	10.2	
1.06	Rodgers, Del	N. Salinas	10.2	
1.07	Jenkins, Alex	Serramonte	10.3	
1.08	Stewart, Mark	Camden	9.9	

<u>HEAT II</u>				<u>Reg. Qual.</u>
<u>Lane</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	
2.01	Lopez, Angel	Sunnyvale	10.2	
2.02	Thompson, Mike	Woodside	10.0	
2.03	Dawkins, Rodney	Mt. Pleasant	9.9	
2.04	Green, Sam	Cubberley	9.8	
2.05	Jones, Darryl	Serramonte	10.1	
2.06	Lawyer, Mike	Hillsdale	10.2	
2.07	Wilkes, Andre	Santa Cruz	10.2	
2.08	Guterres, Chris	Terra Nova	10.3	

PLACINGS AND TIME

<u>PLACING</u>	<u>NAME</u>	<u>TIME</u>
1.		9.7
2.	F.O	9.8
3.		9.8
4.		10.0
5.		10.0
6.		10.0



100 YARD DASH - FROSH/SOPH - TWO HEATS

CCS RECORD: Dwayne Green, Ayer, 1975, 9.9

Two heats - top 4 of each qualify for finals

HEAT I

<u>Lane</u>	<u>Name</u>	<u>School</u>	<u>Reg. Qual. Time</u>
1	Robinson, Jock	San Jose	10.4
2	Monroe, Dan	Branham	10.4
3	Bolton, Von	Andrew Hill	10.3
4	Cristy, Troy	Del Mar	10.28
5	Bonner, Earnest	Seaside	10.4
6	Kajikami, Bob	Aragon	10.6
7	Clark, Royce	N. Salinas	10.7
8	Walker, Keith	Mt. Pleasant	10.4

HEAT II

1	Nomicos, Dino	St. Ignatius	10.8
2	Miller, Wood	Menlo Atherton	10.6
3	Johnston, Dan	N. Salinas	10.4
4	Montgomery, Carl	S. San Francisco	10.3
5	Fletcher, Jerry	Sunnyvale	10.4
6	Washington, Hill	Woodside	10.5
7	Dixon, Harry	S. San Francisco	10.6
8	Hockaday, Terry	Sequoia	10.8

PLACINGS AND TIME

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100 YARD DASH - GIRLS

CCS RECORD: Mary Ellis, Yerba Buena, 1975, 11.1

<u>Lane</u>	<u>Name</u>	<u>School</u>	<u>Reg.Qual.</u> <u>Time</u>
1	Sullivan, Tammy	Ayer	11.33
2	Milligan, Val	Carlmont	11.27
3	Lawson, Tina	Hill	11.2
4	Parker, Elaine	Oceana	10.9
5	Bolten, Kelia	Hill	10.93
6	Kellen, Angel	Leland	11.23
7	Woods, Vanessa	Jefferson	11.31
8	Hendy, Jackie	Wilcox	11.44

3<sup>rd</sup> 10.9

10.56

PLACINGS AND MARK

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440 YARD RUN - VARSITY

FAST/SLOW SECTIONS

CCS RECORD: Rick Brown, Los Altos, 1970, 47.1

Finals Only - 2 sections - places determined by time

SECTION I

<u>Lane</u>	<u>Name</u>	<u>School</u>	<u>Reg. Qual. Time</u>
1	Green	Cubberley	47.8
2	East, Robert	Soquel	49.0
3	Peterson, Randy	Terra Nova	49.1
4	Mende, Bob	Del Mar	49.5
5	Thompson,	Woodside	48.3
6	Nicholson,	Menlo Atherton	49.0
7	Hicks, Varick	Yerba Buena	49.6
8	Boots, Mark	Willow Glen	49.7

SECTION II

1	Owens, Richard	Overfelt	49.8
2	Harris, Tony	Independence	50.1
3	Williams	San Carlos	50.2
4	Collins, Kelvin	Monterey	50.5
5	Leon, Jess	Watsonville	50.8
6	Rader, Jim	San Mateo	51.7
7	Castro, Dave	Hillsdale	51.8
8	Hackritz, Sean	Terra Nova	52.2

PLACINGS AND TIME

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440 YARD RUN - GIRLS

FINALS

CCS RECORD: Marquite Belk, Silver Creek, 1976, 56.0

<u>Lane</u>	<u>Name</u>	<u>School</u>	<u>Reg. Qual. Time</u>
1	Phillips, Paula	Seaside	57.33
2	Regan, Ann	Camden	57.65
3	Peterson, Leslie	Harbor	57.67
4	Belk, Marquita	Silver Creek	58.04
5	Maclay, Kim	Wilcox	58.36
6	Douglas, Liz	Prospect	59.03
7	Focaning, Paula	Carlmont	59.24
8	Jungsten, Linda	Carlmont	59.74

<u>Placing</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1	Gibson, Mark	Greatport	58.3
2	Williams, David	Seaside	58.3
3	Hall, Chris	Oceans	58.3
4	Reed, Sam	San Carlos	58.4
5	Meyersburg, Randy	Palm	58.5
6	Green, Garry	Cumberland	58.6
7	Jackson, Gary	Hillside	58.8
8	Stephens, Stephen	Seaside	58.8

PLACINGS AND MARK

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6.	_____	_____

440 YARD DASH - FROSH/SOPH - TWO SECTIONS

CCS RECORD: Gonzales, Branham, 1970, 50.1

Finals Only - 2 sections, placings determined by time

SECTION I

<u>Lane</u>	<u>Name</u>	<u>School</u>	<u>Reg.Qual. Time</u>
1	Young,	Carlmont	50.8
2	Marshall, Greg	Mt. Pleasant	51.1
3	Gonzales, Hector	King City	51.5
4	Nelson, Steve	Aragon	51.8
5	Grimes, Reggie	Andrew Hill	51.4
6	Knott, Brad	Los Gatos	51.5
7	Sample, Don	Yerva Buena	51.7
8	Seegar, Kevin	Lincoln	52.0

SECTION II

1	Gibson, Mark	Crestmoor	52.3
2	Williams, David	Seaside	52.3
3	Hall, Chris	Oceana	52.3
4	Record,	San Carlos	52.4
5	Meyenberg, Randy	Palma	52.5
6	Green,	Cubberley	52.6
7	Jackson, Gary	Hillsdale	52.8
8	Stephens,	Sequoia	53.2

PLACINGS AND MARK

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TWO MILE RUN - VARSITY - FINALS ONLY

TWO MILE RUN - FINALS

CCS Record: Gordon MacMitchell, Gunn, 1973, 9:01.6

Finals Only: Two to a lane olympic scratch start

<u>Lane</u>	<u>Name</u>	<u>School</u>	<u>Reg. Qual. Time</u>
1	Carrasco, Carlos	Mt. Pleasant	9:07.4
2	Rembao, John	Santa Cruz	9:39.0
3	Holliday, Ken	Gilroy	9:10.11
4	Rockford, Jim	Serra	9:45.3
5	Rameriz, Danny	Yerba Buena	9:30.1
6	Hannawalt, Jim	St. Ignatius	9:46.7
7	Hernandez, Danny	Independence	9:30.2
8	Pryor	Carlmont	9:52.3
1A	Love,	Carlmont	9:22.8
2A	Dean, Glenn	Jefferson	9:40.8
3A	Jones,	Menlo Atherton	9:40.6
4A	Soto, Jesus	Watsonville	9:57.9
5A	Mellquist,	Carlmont	9:43.5
6A	Vargus, Ed	Salinas	10:01.6
7A	Wagstaffe, Skip	Bellarmino	9:47.6
8A	Trujillo, Benny	Gilroy	9:36.1

PLACINGS AND MARK

PLACINGS AND TIME

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TWO MILE RUN - GIRLS

TWO MILE RUN - VARSITY - FEMALE ONLY

CCS RECORD: Roxanne Bier, Independence, 1977, 11:08.6

Finals only - Two to a lane, olympic start

<u>Lane</u>	<u>Name</u>	<u>School</u>	<u>Reg. Qual. Time</u>
1	Choy, Tiffany	Salinas	10:58.66
1A	Crowley, Irene	Overfelt	10:59.51
2	Harper, Amy	Prospect	10:59.88
3	Schmidt, Becky	Half Moon Bay	11:00.18
4	Schnurphel, Kim	San Mateo	11:00.19
5	Bier, Roxanne	Independence	11:00.29
6	Brogan, Kerry	Los Altos	11:15.07
7	Demnelmaier, Kathy	Lynbrook	11:20.36
8	Wolfe, Renay	Sequoia	11:25.93

PLACINGS AND TIME

PLACINGS AND MARK

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TWO MILE RUN - FROSH/SOPH

CCS RECORD: Gerry Emory, Gunn, 1973, 9:25.6

Finals only - Two to a lane, olympic start

<u>Lane</u>	<u>Name</u>	<u>School</u>	<u>Reg. Qual.</u> <u>Time</u>
1	Falderos, Fernando	San Jose	9:38.86
2	O'Conner,	Carlmont	9:40.2
3	Gonzales, Alex	Lincoln	9:40.2
4	Barazza, Sam	Watsonville	9:57.5
5	Soto, Felix	Mt. Pleasant	9:42.6
6	Aguirre, Rory	Hollister	9:58.2
7	Hubbard, Dave	Willow Glen	9:51.8
8	Sanchez, Rick	Westmoor	10:26.8
1A	O'Conner	Carlmont	9:40.2
2A	Moulton, Mike	Half Moon Bay	10:00.2
3A	Gonzalez,	Mt. View	9:42.6
4A	Bilinski, Tom	San Mateo	10:01.4
5A	Miller,	Fremont	9:46.8
6A	Perez, Fernando	Aragon	10:04.9
7A	Colvin,	Lynbrook	9:54.6
8A	Hellems, Andre	Independence	9:54.1

PLACINGS AND TIME:

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330 LOW HURDLES - VARSITY - TWO SECTIONS

CCS RECORD: Andre Phillips, Silver Creek, 1977, 36.5

Finals only - 2 sections - places determined by time

SECTION I

<u>Lane</u>	<u>Name</u>	<u>School</u>	<u>Reg.Qual.</u> <u>Time</u>
1	Kennon, Leon	Milpitas	
2	Wright, Doug	Live Oak	37.8
3	Verduzco, Jim	Soquel	38.2
4	Durio, Troy	Mt. Pleasant	37.57
5	Sykes, Steve	Hillsdale	37.9
6	Luttreu	San Carlos	39.1
7	Ribera,	Carlmont	37.9
8	Monroe, Carl	Overfelt	38.1

SECTION II

1	Vivarus, Andy	Sacred Heart	39.4
2	Magno, Danny	Watsonville	38.8
3	Guthrie,	Cupertino	38.4
4	Payton, Dennis	Silver Creek	38.2
5	Morono, Nick	Half Moon Bay	38.4
6	Dixon,	Sequoia	38.5
7	Williams, Charles	St. Ignatius	38.9
8	Agraan, Mike	N. Salinas	39.4

PLACINGS AND TIME

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330 LOW HURDLES - FROSH/SOPH - TWO SECTIONS

CCS RECORD: Harold Ross, Hillsdale, 1975, 38.7

Finals only - 2 sections - places determined by time

SECTION I

<u>Lane</u>	<u>Name</u>	<u>School</u>	<u>Reg. Qual. Time</u>
1	Seanz, Ron	Gilroy	41.0
2	Bronner, Cedric	Independence	40.7
3	Green, Steve	Salinas	40.8
4	Pickett, Paul	San Mateo	40.6
5	Findley, Dave	Gunderson	40.7
6	Boeker	Fremont	41.0
7	LaForge, Andre	Oceana	40.9
8	Pirner, Randy	Gilroy	41.0

SECTION II

1	Kaufman,	Gunn	41.8
2	Jackson, Joe	Monterey	41.6
3	Levy, Doug	Jefferson	41.6
4	Stafford, Ray	Los Gatos	41.26
5	Sumpster,	Mt. View	41.4
6	Evans, Dale	Seaside	41.6
7	Rudiger,	Lynbrook	41.7
8	Fobbs, Bill	Hillsdale	42.2

PLACINGS AND TIME

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220 YARD DASH - VARSITY - TWO HEATS

CCS RECORD: Millard Hampton, 1974, 20.9

Two Heats, Top 4 in each qualify for finals

HEAT I

<u>Lane</u>	<u>Name</u>	<u>School</u>	<u>Reg. Qual. Time</u>
1	Heale, Eric	Prospect	22.36
2	Rogers, Del	N. Salinas	22.2
3	Cooper, Tim	Willow Glen	21.95
4	Taylor, Dwayne	Overfelt	21.5
5	Jones, Darryl	Serramonte	22.4
6	Peterson, Randy	Terra Nova	22.9
7	Lawyer, Mike	Hillsdale	23.0
8	Stewart, Mark	Camden	22.36

HEAT II

1	Nicholson,	Menlo Atherton	22.5
2	Dawkins, Rodney	Mt. Pleasant	22.2
3	Thompson,	Woodside	22.1
4	Green,	Cubberley	21.7
5	Tucker, Alan	Monterey	22.0
6	East, Robert	Soquel	22.2
7	Beal,	San Carlos	22.5
8	Diaz, Art	Jefferson	23.2

PLACINGS AND TIME

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220 YARD DASH - GIRLS - FINALS

CCS RECORD: Kris Cotello, Lynbrook, 1977, 24.8

<u>Lane</u>	<u>Name</u>	<u>School</u>	<u>Reg. Qual. Time</u>
1	Costello, Kim	El Camino	25.38
2	Phillips, Paula	Seaside	25.27
3	Lawson, Tina	Hill	24.84
4	Bolten, Kelia	Hill	24.31
5	Parker, Elaine	Oceana	24.61
6	Sherrill, Leticia	Milpitas	25.31
7	Sullivan, Tammie	Ayer	25.31
8	Milligan, Val	Carlmont	25.7

HEAT II

1	Miller, Maria	Miller	25.8
2	Moore, Kim	Redmond Hills	25.3
3	Waters, Bob	Mc. Pleasant	25.1
4	Stewart, Charles	Silver Creek	25.8
5	Montgomery, Carl	S. San Francisco	25.1
6	Wynn, Harry	S. San Francisco	25.3
7	Sivertski, Tony	Homestead	25.6
8	Barrett, Tony	Harred Henry	24.8

PLACINGS AND MARK

<u>PLACINGS AND TIME</u>	<u>PLACINGS AND TIME</u>
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220 YARD DASH - FROSH/SOPH - TWO HEATS

CCS RECORD: Dwayne Green, Ayer, 1975, 22.1

Two Heats: First 4 in each qualify for finals

HEAT I

<u>Lane</u>	<u>Name</u>	<u>School</u>	<u>Reg. Qual. Time</u>
1	Polanco, James	Lincoln	23.6
2	Johnson, Don	N. Salinas	22.9
3	Gonzales, Hector	King City	22.7
4	Bonner, Earnest	Seaside	22.6
5	Young,	Carlmont	23.2
6	Washington,	Woodside	23.5
7	Katikami, Bob	Aragon	24.0
8	Farnsworth, Shane	Blackford	23.6

HEAT II

1	Miller,	Menlo Atherton	23.9
2	Moore, Ken	Piedmont Hills	23.3
3	Lister, Bob	Mt. Pleasant	23.1
4	Stewart, Charles	Silver Creek	22.82
5	Montgomery, Carl	S. San Francisco	23.1
6	Dixon, Harry	S. San Francisco	23.3
7	Sivorski,	Homestead	23.6
8	Baratta, Tony	Sacred Heart	24.6

PLACINGS AND TIME

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MILE RUN - VARSITY

ONE MILE RUN - GIRLS

CCS RECORD: Mark Stillman, Willow Glen, 1977, 4:08.7

FINALS ONLY - 2 to a lane, 1-turn stagger

<u>Lane</u>	<u>Name</u>	<u>School</u>	<u>Reg. Qual. Time</u>
1	Smith,	Awalt	4:14.3
2	Carrasco, Carlos	Mt. Pleasant	4:14.47
3	Christensen, James	Seaside	4:18.6
4	McCarthy, Phil	St. Francis	4:23.4
5	Bergkamp, Ken	Leight	4:16.7
6	Gruber, Tim	Aptos	4:20.5
7	Love,	Carlmont	4:22.3
8	Fuller, Kevin	Westmoor	4:27.5

HEAT II

1 A	Brewer, Paul	Leigh	4:18.4
2 A	Ifland, Rick	Soquel	4:23.7
3 A	Avila,	Cupertino	4:26.0
4 A	Schembri, Art	Westmoor	4:29.6
5 A	Richardson, Russ	Del Mar	4:22.0
6 A	Boyer,	Cubberley	4:26.1
7 A	Dean, Colenn	Jefferson	4:32.6
8 A	Moreton, Pat	Los Gatos	4:22.0

PLACINGS AND TIME

PLACINGS AND TIME

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ONE MILE RUN - GIRLS

MILE RUN - GIRLS

CCS RECORD: Vicki Bray, Los Altos, 1977, 4:53.0

CCS RECORD: 4:53.0

<u>Lane</u>	<u>Name</u>	<u>School</u>	<u>Reg. Qual. Time</u>
1	Weber, Tracy	Lynbrook	5:09.89
2	Bier, Roxanne	Independence	5:12.23
3	Brogan, Kerry	Los Altos	5:14.54
4	Schaurpfeil, Kim	San Mateo	5:15.06
5	Harper, Amy	Prospect	5:18.68
6	Crowley, Irene	Overfelt	5:18.94
7	Blake, Rose	Oak Grove	5:20.11
8	Wolff, Renay	Sequoia	5:21.44

4:19.8	Leigh	Brewer, Paul	1 A
4:23.7	Soual	Hiland, Kirk	2 A
4:26.0	Cupertino	Alta	3 A
4:28.8	Westmor	Schubert, Art	4 A
4:32.0	Del Mar	Richardson, Russ	5 A
4:34.1	Cupertino	Boyer	6 A
4:37.8	Jefferson	Dann, Colman	7 A
4:41.0	Los Gatos	Horizon, Pat	8 A

PLACINGS AND TIME

PLACINGS AND TIME

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ONE MILE RUN - FROSH/SOPH

CCS RECORD: Suhr, Franham, 1972, 4:23.6

FINALS ONLY - Two to a lane, 2-turn stagger

<u>Lane</u>	<u>Name</u>	<u>School</u>	<u>Reg.Qual.</u> <u>Time</u>
1	Vasquez, Angel	Watsonville	4:24.5
2	Marquez, Paul	Ayer	4:27.26
3	Springer,	Mt. View	4:27.8
4	Cowley, Sam	St. Francis	4:31
5	Balderos, Fernando	San Jose	4:29.7
6	Yeager,	Fremont	
7	Bauer, Mike	S. San Francisco	4:34.4
8	Green, Alan	N. Salinas	4:41.9
1A	Acosta, Dennis	Oak Grove	4:29.2
2A	deLore,	Fremont	4:30
3A	Torres, Paco	Westmoor	4:38.3
4A	Rodriguez	Gonzales	4:42.2
5A	O'Conner	Carlmont	4:30.1
6A	Gonzales, Alex	Lincoln	4:31
7A	Peterson, Alan	Terra Nova	4:40.7
8A	Stefanisko, Dan	Santa Teresa	4:32.7

PLACINGS AND TIME

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MILE RELAY - FROSH/SOPH

CCS RECORD: Cubberly, 1977, 3:26

FINALS ONLY - 2 Sections, placing determined by time

SECTION I

Lane	School	Reg. Qual. Time
1	Mt. Pleasant	3:27.0
2	Oceana	3:31.1
3	Seaside	3:34.8
4	Carlmont	3:35.8
5	Yerba Buena	3:38.0
6	Andrew Hill	3:28.0
7	San Mateo	3:31.4
8	Los Gatos	3:31.6

SECTION II

1	Leland	3:36.27
2	Crestmoor	3:36.3
3	Woodside	3:37.1
4	Capuchino	3:37.9
5	Cubberley	3:38.9
6	N. Salinas	3:39.4
7	Sequoia	3:40.2
8	Monterey	3:44.9

PLACINGS AND TIME

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MILE RELAY - GIRLS

CCS RECORD: Harbor, 1977, 4:00.4

<u>Lane</u>	<u>School</u>	<u>Reg. Qual. Time</u>
1	Sequoia	4:02.73
2	Saratoga	4:03.42
3	Camden	4:04.35
4	Carlmont	4:05.41
5	Soquel	4:05.85
6	Buchser	4:09.46
7	Salinas	4:07.91
8	Westmont	4:08.93

PLACINGS AND MARK

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VARSITY MILE RELAY -FAST/SLOW SECTIONS

CCS RECORD: Los Altos, 1970, Thompson, Davis, 3:15.5

FINALS ONLY - 2 sections - places determined by time

SECTION I

<u>Lane</u>	<u>School</u>	<u>Reg. Qual. Time</u>
1	Overfelt	3:20.3
2	San Carlos	3:21.9
3	Serramonte	3:23.1
4	Monterey	3:23.6
5	Mt. Pleasant	3:22.0
6	Carlmont	3:22.4
7	Independence	3:23.2
8	Mills	3:23.4

SECTION II

1	Del Mar	3:23.9
2	Soquel	3:25.8
3	Westmont	3:26.3
4	Sequoia	3:26.5
5	Terra Nova	3:26.7
6	Palma	3:26.8
7	Hillsdale	3:27.0
8	Woodside	3:28.2

PLACES AND MARKS

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