



(Above) (L-R) Kelia Bolton, Kris Costello & Freida Cobbs at the San Jose Relays. All three are ranked in the sprints and Bolton leads 100, while Costello leads hurdles. (Right) Mike White leads Jim Schneider (Skyline) & Randy Hale (Stagg) and has NorCal's best mark. (Below) Bob Love leads Carlos Carrasco at San Jose Relays... finish was reversed as they lead 2 Mi. /Conning/

The top six finishers in the girls' 880 at the San Jose Relays also have the top six slots in NorCal as of Apr. 26 (L-R) Roxanne Bier, Pam Bowers, Cheri Williams, Marquita Belk, Ann Regan & Diane Figliomeni (all girls run for SJ Cindergals). /Conning/

Some top NorCal talent went to the Arcadia Invitational in SoCal on April 28: Dave Porath continued his fine efforts with a 204-11 fling (4th all-time). Mike O'Reilly of San Rafael clicked off a very quick 1500m to win in 3:57.5 (about equivalent to a 4:10 mile). Skyline produced a 10:16.2 distance medley effort behind Lakewood's 10:15.7. Porath also annexed the shot with a 63-7/8 effort. Berkeley's Freida Cobbs moved up to the one-lapper and produced a fine 55.80m behind Valerie Brisco (Locke, LA), who took the national lead with a great 53.70. Berkeley took a narrow win (47.3 to 47.4) over Westchester (LA) to grab the one-lap relay (400m).

In other action down south, Mt. Pleasant's Carlos Carrasco took third (8:31.3) in the 3000m at the Eisenhower Invit. behind Chuck Assumma's 8:25.1 and Jeff Hildebrandt (South Salem, Ore.), who did 8:28.

HIGHLIGHTS

In the future (and in this issue) we are going to concentrate more on seasonal lists and highlights. We will list very few actual meet results, as there simply is not enough space to adequately cover them in depth. We would like feedback from our readers on this. We will do in-depth coverage of the major end-of-season meets (Sections, State, etc.).

PITTSBURG RELAYS (Apr. 1, Pittsburg): 440R: Oakland 42.1; 100: Benard/Gal 9.6; HH: Cowling/Sac 14.0; /GIRLS/ Mile: Tani/Mont 5:17.1; 440R: Oak Tech 49.8. /Keith Conning/

VANDEN RELAYS (Apr. 8, Fairfield): HH: Newsom/Vaca 14.2m, Cowling/Sac 14.4, Ragster/Sac 14.6; MR: Pittsburg 3:22.6; TJ: Lambertson/Frfd 47-11, Stewart/Van 46-9; 440R: Sac'to 42.6, Johnson 42.9; HJ: Baldwin/Frfd 6-9; LJ: Palmer/Vaca 23-2; 100: Wright/Johnson 9.8; /GIRLS/ 100: Parker/Oc 10.8; MR: Pittsburg 4:08.0. /Keith Conning/

MARTINEZ RELAYS (Apr. 8, Martinez): DMR: (Berry/Redw 4:17.0r); DT: Murdock/CV 166-10; /GIRLS/ 440R: Berkeley 47.9, Oak Tech 49.7, Tam 50.0; MR: Berkeley 3:57.6, Tam 4:04.3. /Conning/

SACRAMENTO INVIT. (Apr. 9, Sac'to): 100: Mosley/Norte 9.8; 220: Mosley 21.5, Taylor/Ovfl 21.6, Washington/Bur 21.6; HH: Johnson/Stagg 14.0, Valentine/Cor 14.1, White/Rich 14.4; 440: Maiocco/Lib 48.9, Porter/Highlands 49.1, Mike White/Rich 49.7; 880: Mike White 1:54.0, O'Reilly/SRaf 1:54.6; Mi: Hale/Stagg 4:20.2, Millar/McAteer 4:21.6, Mackey/Dav 4:21.6; DT: Porath/Atw 200-3 1/2, Coughlin/BV 161-5; SP: Porath 64-2, Strange/MLoma 58-3; LJ: Miller/DA 23-10 1/2, Briseno/Lib 22-10 1/2; /GIRLS/ 100: Webster/DA 11.0; 220: Webster 25.2; 440: Fortune/Cor 59.1; Mi: Bowers/Amer 5:13.9, Bain/RAM 5:15.0, Nieto/Merc 5:21.3; 880: Saia/Drake 2:17.0, Bowers 2:18.1.

W.E. MITCHELL INVIT. (Apr. 22, Rancho Cordova): DT: Porath/Atw 191-2; HH: Cowling/Sac 14.3, Newson/Vaca 14.3, Valentine/Cor 14.6; 440R: Sac'to 42.5; SP: Porath 61-7 1/2; 440: Porter/Hghlds 49.0; PV: Milota/EG 14-3; LH: Cowling 37.8; 220: Washington/Bur 22.0. /Keith Conning/

CORDOVA GIRLS INVIT. (Apr. 22, Rancho Cordova): 880: Seibel/SJuan nt; 2 Mi: Nieto/Merc 11:24.3, Roberts/RA 11:26.1; MR: Cordova 4:04.8; LH: Milton/Frfd 15.2; Mi: Nieto/Merc 5:14.9; 440: Fortune/Cor 58.6; DT: Bunton/RA 115-4. /Conning/

LEIGH-WEST VALLEY RELAYS (Apr. 22, Saratoga): DT: Struble/Svle 173-9, Green/Fre 172-11 1/2, Slattery/DM 168-7 1/2; PV: McAlexander/MV 15-0, Preciado/Hom 14-6, Tardieu/DM 14-6, BauTd/Soq 14-6; LJ: Bruce/M-A 23-5; HJ: Wyrick/MP 6-10 1/8; SP: McKee/Cam 55-7, Sorenson/Svle 55-6 1/2 (Parker/SI 57-3, not officially entered); TJ: Cunningham/Bal 47-5 1/2, Wyrick 46-11 1/2, Linerud/Sar 46-7 1/2; 4MR: MSJ 17:35.3, Skyline 17:36.9, Leigh 17:43.5; 440R: Overfelt 42.93, Mt.Pleasant 42.98; MR: San Carlos 3:21.52, Overfelt 3:22.95. /Keith Conning/

ALL-COMERS (Apr. 23, Northridge): 100m: Ashford/UCLA 11.3, Parker/Oc 11.4, Brown/Muir 11.7, Bolton/Hill 11.8; 200m: Bolton 24.3... (4) Parker 24.7. /Keith Conning/

WEST COAST RELAYS (May 5, Fresno): PV: Tardieu/DM 16-1 3/4, McATexander/MV 15-0, Kibort/Fre 15-0; HH: Cowling/Sac 14.29, Crossley/Bal 14.41, Johnson/Stagg 14.52, Lewis/Srmtc 14.66 (wind-aided); 100:(w) Thomas/Hanf 9.69, Benard/Gal 9.71, Lester/Okld 9.85, McNeil/Okld 9.91; LJ:(w) Fermon/Linc-SF 23-0 1/2, Jackson/Okld 22-10 1/2, Briseno/Lib 22-10 1/2; 440R: Edison-Fresno 42.01, Oakland 42.28, Pittsburg 42.31; SMR: Richmond 3:33.6, Pittsburg 3:37.8, St.Pat/Vallejo 3:41.0; DMR: MSJ 10:36.5, (3) Skyline 10:41.6; 2MR: Stagg 8:08.6; DT: (2) Peterson/NSal 182-6, (4) Green/Fre 176-11; SP: Parker/SI 61-7 1/2, (3) Sorenson/Svle 57-10 1/2; TJ: Cunningham/Bal 49-2 1/2, (3) Moore/Linc-SF 48-8 3/4w; 2 MT: Strangio/MSJ 9:18.6, Conover/Mir 9:22.0, Baker/Stagg 9:23.8, Millar/McAteer 9:24.1; /GIRLS/ Invt. Mile: Williams/Liv 4:53.3, Bier/Ind-SJ 5:00.7, Goen/NBak 5:01.3, Ortiz/TulareW 5:05.7

NOTE: - Any and all high school results should be sent to Keith Conning directly at the address listed below. Please send wind information on applicable events if known.

Nor-Cal Prep Marks

COMPILED BY KEITH CONNING--Marks below and on next page are those received thru April 22-23 weekend. Our apologies for not having more up-to-date marks...your editor has been swamped and is late with this issue. -- All additions/corrections should be sent to: Keith Conning, 2235 Browning, Berkeley 94702.

BOYS

100 YARDS

*U.S. - 9.4--Cleveland (Pasadena) & four others.
9.6 Lester (Oakland)
Benard (Galileo, S.F.)
McNeil (Oakland)
Threatt (Pittsburg)
9.7 Farley (Stagg, Stockton)
Jackson (Pittsburg)
Mosley (Norte)
9.7w Taylor (Overfelt, San Jose) 9.8
9.8 Green (Cubberley, Palo Alto)
T. White (Richmond)
Wright (Johnson, Sacramento)

220 YARDS

*U.S. - 21.2--Marshall (Ariz.)
*Cal. - 21.3--Carran (Creepi)
21.5w Mosley (Norte)
21.6w Taylor (Overfelt) 22.0
Washington (Burbank, Sac.) 22.2
21.8 Threatt (Pittsburg)
21.9 Green (Cubberley, Palo Alto)
22.0 McNeil (Oakland)
22.0w Grant (Grant, Sac'to) 22.1
22.1 Jackson (Emery)
22.2 Burris (La Sierra, Sac'to)
Oravillo (Sequoia, Rdwd. City)

440 YARDS

*U.S. - 47.33--Jimerson (Oklahoma)
*Cal. - 48.7--Bethany (Fontana)
48.8 Green (Cubberley, Palo Alto)
48.9 Maiocco (Liberty, Brentwood)
49.0 Porter (Highlands)
49.1 Clark (Westmont, San Jose)
49.4 Stapleton (Lincoln, S.F.)
49.5 Mende (Del Mar, San Jose)
49.7 Nicholson (Menlo-Atherton)
Mark White (Richmond)
49.8 Grant (Grant, Sacramento)
49.9 Peterson (Terra Nova)
Thompson (Woodside)

880 YARDS

*U.S. - 1:53.4--Bryan (Texas)
 *Cal. - 1:54.0--White (Richmond)
 1:54.0 Mike White (Richmond)
 1:54.6 Hale (Stagg, Stockton)
 O'Reilly (San Rafael)
 1:55.9 Schmidt (Anderson)
 1:56.0 Avila (Cupertino)
 Lee (Castro Valley)
 1:56.6 Wilkins (Oakland)
 1:56.8 Sperandio (Menlo-Atherton)
 1:57.4 Walker (Independence, S.J.)
 1:57.7 Smith (Awalt)

ONE MILE

*U.S. - 4:11.0--Fricker (Hemet, CA)
 4:14.9 Berry (Redwood, Larkspur)
 4:19.5 Avila (Cupertino)
 Love (Carlmont, Belmont)
 4:19.9 Smith (Awalt)
 4:20.2 Hale (Stagg, Stockton)
 4:21.6 Mackey (Davis)
 Millar (McAteer, S.F.)
 4:21.8 Will (Encina)
 4:21.9 Maroney (O'Dowd, Oakland)
 4:23.0 Strangio (Mission San Jose)

TWO MILES

*U.S. - 8:53.6i--Soharsu (Ohio)
 *Cal. - 9:01.3i--C. Aseuma (Rialto)
 9:03.3i Berry (Redwood, Larkspur)
 9:06.2 Carrasco (Mt. Pleasant, S.J.)
 9:08.3 Love (Carlmont, Belmont)
 9:12.8 Strangio (Mission San Jose)
 9:14.0 Coulman (San Marin, Novato)
 9:16.6 Holladay (Gilroy)
 9:17.7 Hochhaus (Clayton Valley)
 9:21.8 Tom Downs (Skyline, Okld.)
 9:22.0 Marden (Mission San Jose)
 9:23.2 Baker (Stagg, Stockton)

120 YARD HIGH HURDLES

*U.S. - 13.5--McDaniel (Louisiana)
 13.5--Charles (Louisiana)
 *Cal. - 13.8--Johnson (Gardena)
 13.9w Dixon (Sequoia, Rwd City) 14.1
 14.0 Cowling (Sacramento)
 14.0w Johnson (Stagg, Stockton) 14.4
 14.1w Valentine (Cordova) 14.4
 14.2w Newsome (Vacaville)
 Ragster (Sacramento)
 Mark White (Richmond) 14.4
 14.3 Crossley (Balboa, S.F.)
 14.4 Luttrell (San Carlos)
 14.4w Guthrie (Cupertino) 14.9

330 YARD LOW HURDLES

*U.S. - 36.7 (IH)--Ruben (Texas)
 *Cal. - 36.8--Curran (Creepi)
 37.8 Cowling (Sacramento)
 Gaskins (Foothill, Sacramento)
 38.0 McNeil (Oakland)
 38.1 Ribera (Carlmont, Belmont)
 38.2 Sykes (Hillsdale, San Mateo)
 38.5 McNiven (Prospect, San Jose)
 38.6 Beigel (Amador)
 Flores (Piner, Santa Rosa)
 38.7 Luttrell (San Carlos)
 38.8 Doub (Placer)
 38.9 Rosenberg (Modesto)
 Williams (St. Ignatius, S.F.)

440 YARD RELAY

*U.S. - 41.4--Lake Charles, LA
 *Cal. - 42.1--Oakland
 42.1 Oakland
 42.5 Sacramento
 42.6 Johnson (Sacramento)
 Pittsburg
 42.9 Mt. Pleasant (San Jose)
 43.0 Overfelt (San Jose)
 43.1 Berkeley
 43.2 Castlemont (Oakland)
 Norte
 Stagg (Stockton)
 Oakland Technical

MILE RELAY

*U.S. - 3:13.7m--Eastern Hills, TX
 *Cal. - 3:18.8--Banning
 3:19.8 Oakland
 3:21.6 San Carlos
 3:21.9 Pittsburg
 3:22.1 Carlmont (Belmont)
 3:22.2 Del Mar (San Jose)
 3:22.5 Richmond
 3:22.7 Highlands
 3:23.0 Overfelt (San Jose)
 3:23.3 Liberty (Brentwood)
 3:23.4 Sacramento

HIGH JUMP

*U.S. - 7'5"i--Olson (Illinois)
 *Cal. - 7'0"i--Fairman (San Pedro)
 6-10 $\frac{1}{2}$ Fernandez (Hill, San Jose)
 6-10 1/8 Myrick (Mt. Pleasant)
 6-10 Edwards (Terra Linda)
 6-9 Baldwin (Fairfield)
 (Continued next column)

HIGH JUMP (Continued)

6-8 Allstot (Nevada Union)
 Branch (American)
 Graber (Los Altos)
 Wright (Live Oak, Gilroy)
 6-7 3/4 Myers (Berkeley)
 Allen (Pinole)

POLE VAULT

*U.S. - 17'4 $\frac{1}{2}$ "--Curran (Creepi)
 15-10 Tardieu (Del Mar, San Jose)
 15-0 McAlexander (Monta Vista)
 Preciado (Homestead)
 14-6 $\frac{1}{2}$ Patterson (Piner, Santa Rosa)
 14-6 Bauld (Soquel)
 Hyatt (Vintage, Napa)
 Kibort (Fremont, Sunnyvale)
 Roace (St. Ignatius, S.F.)
 Tuggle (Independence, S.J.)
 14-5 $\frac{1}{2}$ Allen (Carlmont, Belmont)

LONG JUMP

*U.S. - 24'11 $\frac{1}{2}$ "--Williams (El Camino)
 23-10 $\frac{1}{2}$ w Miller (DeAnza)
 23-5 Bruce (Menlo-Atherton)
 23-2 Finley (Cupertino)
 Palmer (Vacaville)
 22-11 Fermon (Lincoln, S.F.)
 Jackson (Oakland)
 22-10 $\frac{1}{2}$ w Briseno (Liberty, Brentwood)
 22-9 3/4 Fernandez (Castro Valley)
 Marchbanks (Santa Rosa)
 22-8 Mosley (Norte)
 Sanders (Grant, Sac'to)
 Samas (Mira Loma)

TRIPLE JUMP

*U.S. - 51'0-3/4"--Williams (see Lr)
 48-7 Colter (Piner, Santa Rosa)
 48-6w Lambertson (Fairfield) 47-11
 47-11 Sanders (Grant, Sac'to)
 47-9 Marchbanks (Santa Rosa)
 47-1 Cunningham (Balboa, S.F.)
 47-0 $\frac{1}{2}$ Bass (Del Mar, San Jose)
 47-0 McGlory (El Cerrito)
 46-11 $\frac{1}{2}$ Myrick (Mt. Pleasant, S.J.)
 46-9 $\frac{1}{2}$ Stewart (Vanden)
 46-8 Van Essen (East Union)

SHOT PUT

*U.S. - 71'1 $\frac{1}{2}$ "--Carter (Texas)
 *Cal. - 64'2" $\frac{1}{2}$ --Porath (Atwater)
 64-2 Porath (Atwater)
 61-3 Strange (Mira Loma)
 59-10 $\frac{1}{2}$ Parker (St. Ignatius, S.F.)
 57-11 Van Paris (Napa)
 57-4 Cooper (Washington, S.F.)
 57-3 3/4 McKee (Camden, San Jose)
 56-11 $\frac{1}{2}$ Sorenson (Sunnyvale)
 56-9 Peterson (N. Salinas)
 56-7 Morton (Menlo-Atherton)
 56-6 Awbrey (Menlo-Atherton)

DISCUS THROW

*U.S. - 207'8"--Crowell (Iowa)
 *Cal. - 206'8"--Porath (Atwater)
 206-6 Porath (Atwater)
 188-8 Peterson (N. Salinas)
 181-7 Green (Fremont, Sunnyvale)
 174-7 Struble (Sunnyvale)
 173-4 Kilpatrick (Northgate)
 171-10 Ezerski (Cupertino)
 170-8 Frazee (Bella Vista)
 170-6 Abendroth (Lowell, S.F.)
 169-11 Sorenson (Sunnyvale)
 168-7 $\frac{1}{2}$ Slattry (Del Mar, San Jose)

GIRLS**100 YARDS**

*U.S. - 10.7--Brisco (Looke, L.A.)
 & Parker (Oceana, Pacifica)
 10.7 Parker (Oceana, Pacifica)
 10.7w Ware (Berkeley)
 10.8 Bolton (Hill, San Jose)
 10.9w Cobbs (Berkeley)
 11.0 Mallory (Silver Creek, S.J.)
 11.0w Webster (DeAnza)
 11.1 Costello (Lynbrook)
 Durnell (Redwood, Larkspur)
 Young (El Cerrito)
 11.1w Milton (Fairfield)

220 YARDS

*U.S. - 24.0--Brisco (Looke, L.A.)
 24.4 Bolton (Hill, San Jose)
 24.8 Parker (Oceana, Pacifica)
 24.9 Ware (Berkeley)
 25.1 Costello (Lynbrook)
 Young (El Cerrito)
 25.2 Webster (DeAnza)
 25.4 Sullivan (Ayer, Milpitas)
 25.4w Mallory (Silver Creek, S.J.)
 25.6 Fortune (Cordova)
 25.7 Lawson (Hill, San Jose)

440 YARDS

*U.S. - 55.1--Coleman (Texas) &
 Belk (Silver Creek, S.J.)
 55.1 Belk (Silver Creek, S.J.)
 56.9 Cobbs (Berkeley)
 57.5 Hawthorne (El Cerrito)
 Regan (Camden, San Jose)
 58.0 Bolton (Hill, San Jose)
 58.1 Williams (Livermore)
 58.6 Fortune (Cordova)
 58.8 White (Berkeley)
 59.3 Webster (DeAnza)

880 YARDS

*U.S. - 2:06.4--Coleman (Washington)
 *Cal. - 2:11.5--Regan (Camden, S.J.)
 2:11.5 Regan (Camden, San Jose)
 2:11.6 Belk (Silver Creek, S.J.)
 Williams (Livermore)
 2:14.5 Bowers (American)
 2:16.2 Figliomeni (Saratoga)
 2:17.0 Bier (Independence, S.J.)
 Saia (Drake)
 2:18.0 Weber (Lynbrook)
 2:18.4 Huyck (Aptos)
 2:19.2 Lee (Castro Valley)

ONE MILE

*U.S. - 4:39.0i--Jennings (Mass.)
 *Cal. - 4:59.0--Bier (Independence)
 4:59.0 Bier (Independence, S.J.)
 5:00.9 Williams (Livermore)
 5:09.4 Richter (Chico)
 5:13.7 Crisp (Downey, Modesto)
 5:13.9 Bowers (American)
 5:14.7 Schnurpfeil (San Mateo)
 5:14.9 Nieto (Merced)
 5:15.0 Schmidt (Half Moon Bay)
 5:15.1 Tain (Rio Americano)
 5:17.1 Bani (Montgomery, S. Rosa)

TWO MILES

*U.S. - 10:10.5i--Jennings (Mass.)
 *Cal. - 10:47.0--Meek (Palos Verdes)
 10:53.0 Williams (Livermore)
 10:54.8 Bier (Independence, S.J.)
 11:14.0 Hayes (Dublin)
 11:14.8 Flynn (Berkeley)
 11:20.0 Bowers (American)
 11:20.1 Crisp (Downey, Modesto)
 11:20.5 Brogan (Los Altos)
 11:23.0 Blevins (Campolindo)
 11:24.3 Nieto (Merced)
 11:26.1 Roberts (Rio Americano)

110 YARD LOW HURDLES

*U.S. - 13.9--Costello (Lynbrook)
 13.9 Costello (Lynbrook)
 14.6 Hawthorne (El Cerrito)
 14.8w Arana (Terra Nova, Pacifica)
 15.0 Reimann (Saratoga)
 Ruff (Berkeley)
 Venable (Sunnyvale)
 15.2 Costello (El Camino, SSF)
 Milton (Fairfield)
 15.3 Fleming (Northgate)
 Ng (Livermore)
 Oliver (San Carlos)
 Upshaw (Acalanes, Lafayette)

440 YARD RELAY

*U.S. - 47.4--Crawford (San Diego)
 47.6 Berkeley
 48.9 Silver Creek (San Jose)
 49.45 Hill (San Jose)
 49.5 Oakland Technical
 49.6 Lynbrook
 Tamalpais (Mill Valley)
 49.8 McClymonds (Oakland)
 49.9 Oakland
 50.1 Cordova

MILE RELAY

*U.S. - 3:53.8--Jefferson (Rohnd, VA)
 *Cal. - 3:57.6--Berkeley
 3:57.6 Berkeley
 4:03.9 Tamalpais (Mill Valley)
 4:04.8 Cordova
 4:05.6 Drake
 4:07.1 Carlmont (Belmont)
 4:08.0 Pittsburg
 4:10.5 Oceana (Pacifica)
 4:11.0 Branham (San Jose)
 Saratoga
 4:11.4 San Juan

HIGH JUMP

*U.S. - 5'10-3/4"--Gilliland (N.M.)
 *Cal. - 5'8 $\frac{1}{2}$ "--Ruso (Watsonville)
 5-8 $\frac{1}{2}$ Ruso (Watsonville)
 5-7 Phifer (Independence, S.J.)
 5-6 $\frac{1}{2}$ King (Menlo-Atherton)
 5-6 Alston (Chico)
 5-4 Boyle (Carlmont, Belmont)
 Craig (Monta Vista)
 Davidson (Lynbrook)
 Ellis (Summerville)
 Hurley (Lynbrook)
 Kochendorfer (So. Tahoe)
 Lysaght (St. Francis, Mt. Vw.)
 McLaughlin (Davis)
 Raugust (Salinas)

LONG JUMP

*U.S. - 19'9 $\frac{1}{2}$ "--Pollion (Tenn.)
 *Cal. - 19'5" $\frac{1}{2}$ --Loud (Westchester)
 18-3 McLaughlin (Davis)
 17-10 Ng (Livermore)
 17-9 Nicks (Ellis, Richmond)
 17-8 $\frac{1}{2}$ Costello (Lynbrook)
 17-8 Phifer (Independence, S.J.)
 17-7 $\frac{1}{2}$ Young (El Cerrito)
 17-6 Dolby (Branham, San Jose)
 17-5 Jordan (Ceres)
 17-4 Sanders (Oakland Technical)
 17-3 Canoven (Cupertino)

SHOT PUT

*U.S. - 49'6"--Albano (Washington)
 *Cal. - 44'3"--Springer (Salinas)
 44-3 Springer (Salinas)
 42-8 Barker (Sequoia, Redwood City)
 42-1 Erickson (Mt. Shasta)
 42-0 Pryor (Holy Names)
 41-5 Ford (Atwater)
 41-4 Bunton (Rio Americano)
 40-10 Alston (Chico)
 40-7 $\frac{1}{2}$ Michelle (Gunderson)
 40-6 Read (Alameda)
 40-3 $\frac{1}{2}$ Stampfli (Lassen, Susanville)

DISCUS THROW

*U.S. - 148'9"--Springer (Salinas)
 148-9 Springer (Salinas)
 145-4 Deniz (Gridley)
 142-2 Stampfli (Lassen, Susanville)
 131-9 Read (Alameda)
 130-6 Stasio (Homestead)
 129-1 Toman (Amador Valley)
 127-10 Ridenour (Yuba City)
 123-10 Ford (Atwater)
 123-4 $\frac{1}{2}$ Daniel (Newark)
 122-5 Pryor (Holy Names)



(Top) Rod Berry leads both mile and 2-mile lists and was top American Jr. at International X-C. /Jim Engle/
 (Bottom) Dave Avila holds down second place in the mile rankings. /Corning/