



(Above) (L-R) Kelia Bolton, Kris Costello & Freida Cobbs at the San Jose Relays. All three are ranked in the sprints and Bolton leads 100, while Costello leads hurdles. (Right) Mike White leads Jim Schneider (Skyline) & Randy Hale (Stagg) and has NorCal's best mark. (Below) Bob Love leads Carlos Carrasco at San Jose Relays... finish was reversed as they lead 2 Mi. /Conning/

The top six finishers in the girls' 880 at the San Jose Relays also have the top six slots in NorCal as of Apr. 26 (L-R) Roxanne Bier, Pam Bowers, Cheri Williams, Marquita Belk, Ann Regan & Diane Figliomeni (all girls run for SJ Cindergals). /Conning/

Some top NorCal talent went to the Arcadia Invitational in SoCal on April 28: Dave Porath continued his fine efforts with a 204-11 fling (4th all-time). Mike O'Reilly of San Rafael clicked off a very quick 1500m to win in 3:57.5 (about equivalent to a 4:10 mile). Skyline produced a 10:16.2 distance medley effort behind Lakewood's 10:15.7. Porath also annexed the shot with a 63-7/8 effort. Berkeley's Freida Cobbs moved up to the one-lapper and produced a fine 55.80m behind Valerie Brisco (Locke, LA), who took the national lead with a great 53.70. Berkeley took a narrow win (47.3 to 47.4) over Westchester (LA) to grab the one-lap relay (400m).

In other action down south, Mt. Pleasant's Carlos Carrasco took third (8:31.3) in the 3000m at the Eisenhower Invit. behind Chuck Assumma's 8:25.1 and Jeff Hildebrandt (South Salem, Ore.), who did 8:28.

HIGHLIGHTS

In the future (and in this issue) we are going to concentrate more on seasonal lists and highlights. We will list very few actual meet results, as there simply is not enough space to adequately cover them in depth. We would like feedback from our readers on this. We will do in-depth coverage of the major end-of-season meets (Sections, State, etc.).

PITTSBURG RELAYS (Apr. 1, Pittsburg): 440R: Oakland 42.1; 100: Benard/Gal 9.6; HH: Cowling/Sac 14.0; /GIRLS/ Mile: Tani/Mont 5:17.1; 440R: Oak Tech 49.8. /Keith Conning/

VANDEN RELAYS (Apr. 8, Fairfield): HH: Newsom/Vaca 14.2m, Cowling/Sac 14.4, Ragster/Sac 14.6; MR: Pittsburg 3:22.6; TJ: Lambertson/Frfd 47-11, Stewart/Van 46-9; 440R: Sac'to 42.6, Johnson 42.9; HJ: Baldwin/Frfd 6-9; LJ: Palmer/Vaca 23-2; 100: Wright/Johnson 9.8; /GIRLS/ 100: Parker/Oc 10.8; MR: Pittsburg 4:08.0. /Keith Conning/

MARTINEZ RELAYS (Apr. 8, Martinez): DMR: (Berry/Redw 4:17.0r); DT: Murdock/CV 166-10; /GIRLS/ 440R: Berkeley 47.9, Oak Tech 49.7, Tam 50.0; MR: Berkeley 3:57.6, Tam 4:04.3. /Conning/

SACRAMENTO INVIT. (Apr. 9, Sac'to): 100: Mosley/Norte 9.8; 220: Mosley 21.5, Taylor/Ovfl 21.6, Washington/Bur 21.6; HH: Johnson/Stagg 14.0, Valentine/Cor 14.1, White/Rich 14.4; 440: Maiocco/Lib 48.9, Porter/Highlands 49.1, Mike White/Rich 49.7; 880: Mike White 1:54.0, O'Reilly/SRaf 1:54.6; Mi: Hale/Stagg 4:20.2, Millar/McAteer 4:21.6, Mackey/Dav 4:21.6; DT: Porath/Atw 200-3 1/2, Coughlin/BV 161-5; SP: Porath 64-2, Strange/MLoma 58-3; LJ: Miller/DA 23-10 1/2, Briseno/Lib 22-10 1/2; /GIRLS/ 100: Webster/DA 11.0; 220: Webster 25.2; 440: Fortune/Cor 59.1; Mi: Bowers/Amer 5:13.9, Bain/RAM 5:15.0, Nieto/Merc 5:21.3; 880: Saia/Drake 2:17.0, Bowers 2:18.1.

W.E. MITCHELL INVIT. (Apr. 22, Rancho Cordova): DT: Porath/Atw 191-2; HH: Cowling/Sac 14.3, Newson/Vaca 14.3, Valentine/Cor 14.6; 440R: Sac'to 42.5; SP: Porath 61-7 1/2; 440: Porter/Hghlds 49.0; PV: Milota/EG 14-3; LH: Cowling 37.8; 220: Washington/Bur 22.0. /Keith Conning/

CORDOVA GIRLS INVIT. (Apr. 22, Rancho Cordova): 880: Seibel/SJuan nt; 2 Mi: Nieto/Merc 11:24.3, Roberts/RA 11:26.1; MR: Cordova 4:04.8; LH: Milton/Frfd 15.2; Mi: Nieto/Merc 5:14.9; 440: Fortune/Cor 58.6; DT: Bunton/RA 115-4. /Conning/

LEIGH-WEST VALLEY RELAYS (Apr. 22, Saratoga): DT: Struble/Svle 173-9, Green/Fre 172-11 1/2, Slattery/DM 168-7 1/2; PV: McAlexander/MV 15-0, Preciado/Hom 14-6, Tardieu/DM 14-6, BauTd/Soq 14-6; LJ: Bruce/M-A 23-5; HJ: Wyrick/MP 6-10 1/8; SP: McKee/Cam 55-7, Sorenson/Svle 55-6 1/2 (Parker/SI 57-3, not officially entered); TJ: Cunningham/Bal 47-5 1/2, Wyrick 46-11 1/2, Linerud/Sar 46-7 1/2; 4MR: MSJ 17:35.3, Skyline 17:36.9, Leigh 17:43.5; 440R: Overfelt 42.93, Mt.Pleasant 42.98; MR: San Carlos 3:21.52, Overfelt 3:22.95. /Keith Conning/

ALL-COMERS (Apr. 23, Northridge): 100m: Ashford/UCLA 11.3, Parker/Oc 11.4, Brown/Muir 11.7, Bolton/Hill 11.8; 200m: Bolton 24.3... (4) Parker 24.7. /Keith Conning/

WEST COAST RELAYS (May 5, Fresno): PV: Tardieu/DM 16-1 3/4, McAlexander/MV 15-0, Kibort/Fre 15-0; HH: Cowling/Sac 14.29, Crossley/Bal 14.41, Johnson/Stagg 14.52, Lewis/Srmt 14.66 (wind-aided); 100:(w) Thomas/Hanf 9.69, Benard/Gal 9.71, Lester/Okld 9.85, McNeil/Okld 9.91; LJ:(w) Fermon/Linc-SF 23-0 1/2, Jackson/Okld 22-10 1/2, Briseno/Lib 22-10 1/2; 440R: Edison-Fresno 42.01, Oakland 42.28, Pittsburg 42.31; SMR: Richmond 3:33.6, Pittsburg 3:37.8, St.Pat/Vallejo 3:41.0; DMR: MSJ 10:36.5, (3) Skyline 10:41.6; 2MR: Stagg 8:08.6; DT: (2) Peterson/NSal 182-6, (4) Green/Fre 176-11; SP: Parker/SI 61-7 1/2, (3) Sorenson/Svle 57-10 1/2; TJ: Cunningham/Bal 49-2 1/2, (3) Moore/Linc-SF 48-8 3/4w; 2 MT: Strangio/MSJ 9:18.6, Conover/Mir 9:22.0, Baker/Stagg 9:23.8, Millar/McAteer 9:24.1; /GIRLS/ Invt. Mile: Williams/Liv 4:53.3, Bier/Ind-SJ 5:00.7, Goen/NBak 5:01.3, Ortiz/TulareW 5:05.7

NOTE: - Any and all high school results should be sent to Keith Conning directly at the address listed below. Please send wind information on applicable events if known.

Nor-Cal Prep Marks

COMPILED BY KEITH CONNING--Marks below and on next page are those received thru April 22-23 weekend. Our apologies for not having more up-to-date marks...your editor has been swamped and is late with this issue. -- All additions/corrections should be sent to: Keith Conning, 2235 Browning, Berkeley 94702.

BOYS

100 YARDS

*U.S. - 9.4--Cleveland (Pasadena) & four others.
9.6 Lester (Oakland)
Benard (Galileo, S.F.)
McNeil (Oakland)
Threatt (Pittsburg)
9.7 Farley (Stagg, Stockton)
Jackson (Pittsburg)
Mosley (Norte)
9.7w Taylor (Overfelt, San Jose) 9.8
9.8 Green (Cubberley, Palo Alto)
T. White (Richmond)
Wright (Johnson, Sacramento)

220 YARDS

*U.S. - 21.2--Marshall (Ariz.)
*Cal. - 21.3--Carran (Creepi)
21.5w Mosley (Norte)
21.6w Taylor (Overfelt) 22.0
Washington (Burbank, Sac.) 22.2
21.8 Threatt (Pittsburg)
21.9 Green (Cubberley, Palo Alto)
22.0 McNeil (Oakland)
22.0w Grant (Grant, Sac'to) 22.1
22.1 Jackson (Emery)
22.2 Burris (La Sierra, Sac'to)
Oravillo (Sequoia, Rwd. City)

440 YARDS

*U.S. - 47.33--Jimerson (Oklahoma)
*Cal. - 48.7--Bethany (Fontana)
48.8 Green (Cubberley, Palo Alto)
48.9 Maiocco (Liberty, Brentwood)
49.0 Porter (Highlands)
49.1 Clark (Westmont, San Jose)
49.4 Stapleton (Lincoln, S.F.)
49.5 Mende (Del Mar, San Jose)
49.7 Nicholson (Menlo-Atherton)
Mark White (Richmond)
49.8 Grant (Grant, Sacramento)
49.9 Peterson (Terra Nova)
Thompson (Woodside)



WEST COAST RELAYS

by RICH LANGFO

Like other big track meets held on dirt running surfaces, the West Coast Relays are experiencing difficulties in attracting both big name athletes and the large crowds that come with them. This meet, however, is hardly on its death bed. In spite of competition from the Pepsi-UCLA meet on the same weekend, the two day affair drew a crowd of about 7,000 on Friday and almost 12,000 on Saturday. The spectators were not disappointed by the performances of the competitors. Tom Woods led a host of high jumpers with a national best for the outdoor season of 7-5½. The weight men broke meet records in three of the four throwing events, and Eddie Hart made a triumphant return to the sprint scene.

Fresno City College was rushed to complete the new high jump approach at Ratcliffe Stadium the week before the Relays, but the jumpers proved that the new surface was worth the effort. On Friday Joel Wyrick of Mt. Pleasant High School nipped Bob Churchill of Livermore on fewer misses at 6-8. Later that evening Dave Haber of Hayward State cleared 7-3 to set a college division meet record and win the college athlete of the meet award. On Saturday Thurlis Gibbs of San Jose City College leaped 7-3¼ to break Kyle Arney's national junior college record. Incredibly, Gibbs was followed by six other JC jumpers who cleared 7-0. Haber returned Saturday for the Open competition and improved to 7-3¾ for second place before missing three times at 7-5½. Woods cleared the height after the stadium lights failed for a period of 12 minutes. Said Woods, "I've learned to handle such interruptions. I just kicked back and waited." The mark was Woods best jump in three years.

Two Canadians led the weight men in a run on West Coast Relays records. Phil Olsen, competing for the University of Tennessee threw 280-8 in the javelin to better Bill Skinners 1971 mark and Scott Nielson, now throwing for the University of Washington threw 235-4 in the hammer to better George Frenn's old record of 226-4. In addition to the Canadian contribution, Ken Stadel set a meet record 216-9 in the discus and Al Feuerbach put the shot a solid 69-1½.

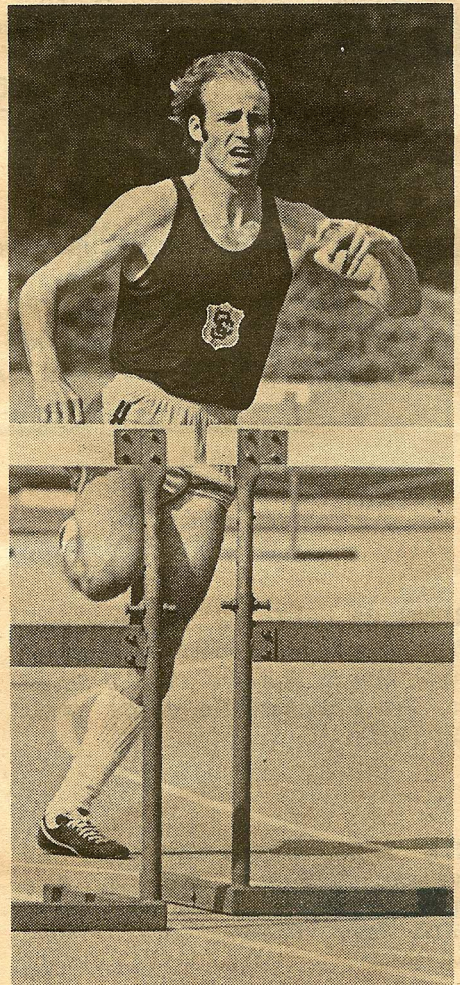
San Diego State dominated the open distance races as Bill St. John won the steeple in 8:52.2 and Brian Hunsaker pulled away from Fresno Pacific Track Club's Gary Romesser in the last lap of the 5,000 meter. Cal Berkeley's Andy Clifford used his usual strong finish to win the mile in 4:03.28. Bill Hurst of Modesto ran a very strong 8:51 to win the JC two mile in the heat of the day. Ruth Caldwell of Athletes in Action held on to win with 2:03.9 in the women's 800 meter after a fast 59 second

first lap. Cheri Williams of Livermore ran a state best 4:53.3 mile in the high school girls mile in Friday's very windy conditions.

In the 800 meter relay USC ran an excellent 1:21.63 but was disqualified for passing out of the zone. Unbelievably down on their luck USC was later disqualified for a false start in the 400 meter relay, leaving the race open for a win by Cal Poly of San Luis Obispo.

Eddie Hart ran a strong 100 meters to announce his return to competition after a long lay off. Hart's 10.21 electronic time was good enough to win over Joel Andrews of USC and Carl Farmer of Cal, and also gave him second spot on this year's U.S. list behind Joel Andrews 10.18. Hart, who coaches at Alameda JC and has never given up running totally but has not trained seriously for several year, demonstrated what he and others have discovered — at age 29 the problem for a runner is one of priorities rather than ability.

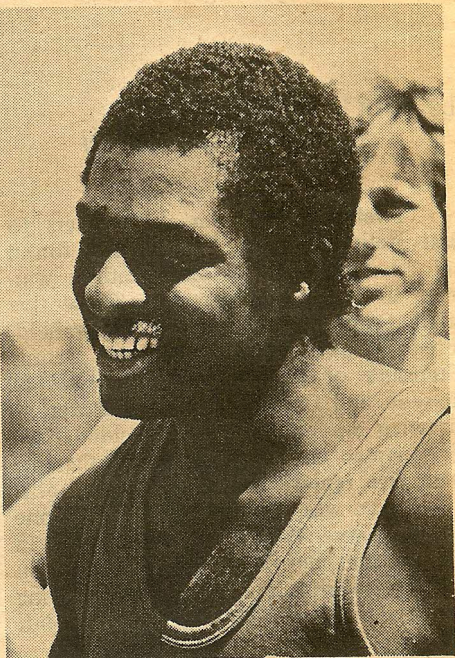
photo by Bill Leung, Jr.



RICH GREYBEHL

DAST S

photo by Diane Johnson



JAMES BUTTS

photo by Don Gosney



TIM BENNETT

WCR Prep Results

120 High Hurdles

FINALS — 1. Larry Cowling, Sacramento, 14.29; 2. Peter Crossley, Balboa-San Francisco, 14.41; 3. John Johnson, Stagg-Stockton, 14.52; 4. Chico Lewis, Serramonte, 14.66; 5. Dan Rhodes, Fresno, 14.80.

100-Yard Dash

FINALS — 1. Kenny Thomas, Hanford, 9.69; 2. Wallace Benard, Galileo, 9.71; 3. Dino Lester, Oakland, 9.85; 4. Wendell McNeil, Oakland, 9.91; 5. Ted White, Richmond, 9.98.

Mile Relay

1. Highlands-North Highlands (Ron Andrews, Dave Shiro, Mike Barger, John Porter) 3:18.33; 2. Pittsburg 3:20.34; 3. Bakersfield 3:21.03; 4. Oakland 3:22.73; 5. Richmond 3:25.43.

2-Mile

1. Steve Stranglo, Mission San Jose, 9:18.6; 2. Mark Conover, Miramonte, 9:22.0; 3. Jeff Baker, Stagg-Stockton, 9:23.8; 4. Brian Miller, McAteer, 9:24.1; 5. Craig Hochhaus, Clayton Valley-Concord, 9:25.2.

440 Relay Open Class

1. Edison-Fresno (George Timmons, Roy Sears, Ozell Thompson, Tony Watt) 42.01; 2. Oakland 42.28; 3. Pittsburg 42.31; 4. Bakersfield 42.33; 5. Galileo-San Francisco 42.47.

Class B

1. Lemoore (Horace Herring, Kurt Strain, Gary Cleaves, George Gaffney) 43.64; 2. Washington Union-Fresno 44.42; 3. Dublin 44.61; 4. Bishop O'Dowd-Oakland 44.64; 5. McClymonds-Oakland 45.07.

Class C

1. Chowchilla (Fred Williams, Duayne Allen, Raymond Arnold, Fred Gaines) 44.11; 2. San Joaquin Memorial-Fresno 45.45; 3. DeLaSalle 45.46; 4. Emmanuel-Reedley 45.68; 5. St. Joseph-Alameda 45.76.

Sprint Medley Relay Class B

1. Richmond (Mark White, Chris Lee, Ted White, Mike White) 3:33.55; 2. Pittsburg 3:37.75; 3. St. Patrick's-Vallejo, 3:40.99; 4. Shafter 3:42.34; 5. Washington Union-Fresno 3:46.09.

Distance Medley Relay

1. Mission San Jose (Scott Ruffing, Dirk Deffner, John Marden, Steve Stranglo) 10:36.5; 2. Highlands-North Highlands 10:40.1; 3. Skyline-Oakland 10:41.6; 4. West-Bakersfield 10:42.2; 5. Bullard-Fresno 10:43.9.

2-Mile Relay

1. Stagg-Stockton (Wayne Perry, Chris Munoz, Jeff Baker, Randy Hale) 8:08.58; 2. Lemoore 8:12.59; 3. Clayton Valley-Concord 8:18.39; 4. Roosevelt-Fresno 8:19.53; 5. McLane-Fresno 8:28.20.

Girls Mile

1. Cheryl Williams, Livermore, 4:53.3 (WCR Record); 2. Roxanne Bier, Independence-San Jose, 5:00.7; 3. Linda Goen, North-Bakersfield, 5:01.3; 4.

Rene Ortiz, Tulare Western, 5:05.7; 5. Julie Hayes, Dublin, 5:09.0.

Girls 440 Relay

1. Edison-Fresno (Sharon Babcock, Roxanne Wright, Irene McArn, Mona Yates) 47.77 (WCR Record); 2. Bakersfield 49.04; 3. South-Bakersfield 49.54; 4. Madera 49.85; 5. McLane-Fresno 50.05.

Pole Vault

1. Bart Tardieu, Del Mar-San Jose, 16-1 $\frac{3}{4}$ (WCR Record); 2. Ross McAlexander, Monte Vista-Danville, 15-0; Mark Kibort, Fremont, 15-0; 4. Tie, Brad Pollard, Highland-Bakersfield, and Brian Folmar, Sanger, 14-0.

Discus

1. Tim Bennett, Kingsburg, 184-2; 2. Tom Peterson, North-Salinas, 182-6; 3. Stacy Thomas, McLane-Fresno, 178-6; 4. Bill Green, Fremont, 176-11; 5. Don Mosebar, Mt. Whitney-Visalia, 176-4.

Long Jump

1. Eric Fermon, Lincoln-San Francisco, 23- $\frac{1}{2}$ w; 2. Alonzo Jackson, Oakland, 22-10 $\frac{1}{2}$ w; 3. Homer Briseno, Liberty-Brentwood, 22-10 $\frac{1}{2}$; 4. Marvin Shelly, Edison-Fresno, 22-7w; 5. Kevin Redd, Bakersfield, 22-6 $\frac{1}{2}$.

Shot Put

1. Bruce Parker, St. Ignatius-San Francisco, 61-7 $\frac{1}{4}$; 2. Don Mosebar, Mt. Whitney-Visalia, 60-5; 3. Joe Sorenson, Sunnysvale, 57-10 $\frac{1}{4}$; 4. Tom Merlo, Sanger, 56- $\frac{1}{2}$; 5. Chris Morton, Menlo-Menlo Park, 55-2 $\frac{1}{2}$.

High Jump

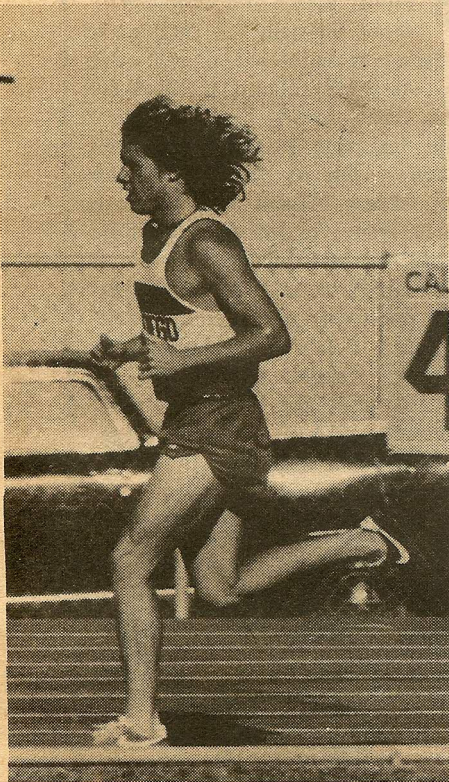
1. Joel Wyrick, Mt. Pleasant-San Jose, 6-8; 2. Bob Churchill, Livermore, 6-8; 3. Roy McClanahan, Sierra-Tollhouse, 6-6; 4. Tie, Doug Anderson, McLane-Fresno Dan Baker, Hoover-Fresno, Ken Bass, Madera, Pat Devitt, Northgate-Walnut Creek, 6-6.

Triple Jump

1. Fred Cunningham, Balboa-San Francisco, 49-2 $\frac{1}{4}$; 2. Tyrone Portee, Clovis, 48-3 $\frac{3}{4}$ w; 3. Marcellous Moore, Lincoln-San Francisco, 48-3 $\frac{3}{4}$ w; 4. Henry Ellard, Hoover-Fresno, 48-1 $\frac{1}{4}$ w; 5. Clyde Frost, Clovis, 47-8 $\frac{1}{4}$ w.

Team Scoring

Highlands-North Highlands 20, Edison-Fresno 18, Stagg-Stockton 18, Mission San Jose 18; Oakland 17, Pittsburg 14, Sacramento 12, Balboa-San Francisco 10, Lincoln-San Francisco 9, Lemoore 8, Clayton Valley-Concord 7, Bakersfield 7, Mt. Pleasant-San Jose 6, St. Ignatius-San Francisco 6, Kingsburg 6, Galileo-San Francisco 6, Hanford 6, Skyline-Oakland 6, Del Mar-San Jose 6, Mt. Whitney-Visalia 5, Clovis 5, McLane-Fresno 5, Roosevelt-Fresno 4, Monte Vista-Cupertino 4, West-Bakersfield 4, North-Salinas 4, Miramonte-Orinda 4, Livermore 4, Sanger 3 $\frac{1}{2}$, Liberty Union-Brentwood 3, Sierra-Tollhouse 3, Hoover-Fresno 3, Sunnysvale 3, McAteer-San Francisco 2, Fremont-Sunnysvale 2, Serramonte-Daly City 2, Bullard-Fresno 2, Highland-Bakersfield 1 $\frac{1}{2}$, Fresno High 1, Richmond 1, Madera 1, Northgate-Walnut Creek 1, Menlo-Menlo Park 1.



BRIAN HUNSAKER

photo by Don Gosney



CHERI WILLIAMS

Open Division Results

100 Meters

FINALS — 1. Eddie Harf, Bay Area Striders, 10.21; 2. Mike Farmer, Cal, 10.33; 3. Joel Andrews, USC, 10:35; 4. Norbert Payton, Bay Area Striders, 10:43; 5. Andrew Banks, Oregon, 10:44.

110-Meter High Hurdles

FINALS — 1. Carl Florant, Inner City AC, 14.08; 2. Steve Darkus, Tennessee, 14.10; 3. Tony Bolden, West Valley TC, 14.25; 4. Ray Smith, Cal, 14.29; 5. Derek Ligons, Tobias Striders, 14.34.

200 Meters

1. William Snoddy, Oklahoma, 20.92; 2. James Perry, San Diego St, 21.03; 3. George Reddick, Unatt, 21.70; 4. Larry Brown, Athletes In Action, 21.94; 5. Carl McCulliah, Unatt, 21.95.

400 Meters

1. Maxie Parks, Athletes In Action, 46.94; 2. Benny Brown, Athletes In Action, 47.25; 3. Steve Campbell, Athletes In Action, 47.51; 4. Rong-Hwa Wang, China, 48.18; 5. Cliff West, Bay Area Striders, 48.8.

400-Meter Intermediate Hurdles

1. Richard Greybehl, USC, 49.84 (WCR Record); 2. Lindsey Guerrero, Maccabi, 51.73; 3. Walter Pratt, Cal, 51.79; 4. Don Finley, San Jose St, 51.87; 5. Raphael Smith, Cal, 52.29.

1 Mile

1. Andy Clifford, Cal, 4:03.22; 2. Dan Aldredge, Cal Poly-SLO, 4:03.98; 3. Paul Cummings, Pacific Coast Club, 4:04.27; 4. Bill DeLatorre, Oregon St, 4:04.68; 5. Ed Arriola, Maccabi, 4:04.97.

3000-Meter Steeplechase

1. Bill St. John, San Diego St, 8:52.13; 2. Ken Hammer, Humboldt, 8:56.04; 3. Henry Perez, USC, 8:58.11; 4. Terry Crews, Army, 8:58.98; 5. Rich McCandless, Long Beach, 9:03.2.

5000 Meters

1. Brian Hunsaker, San Diego St, 14:01.05; 2. Gary Romesser, Fresno Pacific TC, 14:08.82; 3. Gary Niffi, Santa Monica TC, 14:14.8; 4. Tony Ramirez, Fresno Pacific TC, 14:22.4; 5. Tom Wysocki, Nevada-Reno, 14:28.8.

400-Meter Relay

1. Cal Poly-SLO (James Douglas, Bart Williams, Kevin Bush, Joe Sial Sial) 40.54; 2. Cal 40.89; 3. Army 41.83; 4. South Bay TC 42.55; 5. All American TC 42.90.

800-Meter Relay

1. Tennessee (Jason Grimes, Antone Blair, Jerome Morgan, Ronnie Harris) 1:23.41; 2. San Diego State 1:24.07; 3. Bay Area Striders 1:24.14.

1600-Meter Relay

1. Tennessee (Jerome Morgan, Al Horn, Ronnie Harris, Antone Blair) 3:08.43; 2. Pacific Coast Club 3:08.78; 3. Cal 3:10.10; 4. Stanford 3:11.42; 5. Oregon State 3:11.76.

2-Mile Relay

1. USC (James Walters, Lloyd Johnson, Rayfield Beaton, David Omwansa) 7:26.99; 2. Pacific Coast Club 7:28.24; 3. Maccabi Union 7:32.14; 4. Stanford 7:33.23; 5. Occidental 7:36.44.

Hammer

1. Scott Neilson, Washington, 235-4 (WCR Record); 2. David McKenzie, Unatt, 211-3; 3. Pete Galle, Maccabi, 202-9; 4. Tom Myers, Chicago TC, 187-8; 5. Scott Leishann, Army, 181-9.

Javelin

1. Phil Olsen, Tennessee, 280-8 (WCR Record); 2. Rod Bwalko, Club Northwest, 268-3; 3. Duncan Atwood, Washington, 256-11; 4. Yu-Shen Shen, China, 250-6; 5. Jim Pearce, Tobias, 241-8.

Discus

1. Ken Stadel, San Jose Stars, 216-9 (WCR Record); 2. Jim McGoldrick, Maccabi, 193-6; 3. Dan Gardner, Maccabi, 189-6; 4. Ben Plucknett, West Valley TC, 185-3; 5. Scott Endler, Fresno St, 174-9.

Shot Put

1. Al Feuerbach, Athletes West, 69-1½; 2. Bishop Dolegiewicz, Unatt, 65-3; 3. Steve Summer, Washington, 63-8¼; 4. Mike Weeks, Maccabi, 62-10½; 5. Russ Vincent, Club Northwest, 61-6½.

Pole Vault

1. Jeff Taylor, Club Northwest, 17-6; 2. Mark Lizotte, Puma TC, 17-0; 3. Ralph Haynie, Quest TC, 17-0; 4. Steve Orovetz, Washington, 17-0; 5. Tie, Jim Williams, Bay Area Striders, Larry Hintz, Cal, 16-6.

Long Jump

1. Charlton Ehzeulen, Maccabi, 26-6¼w; 2. James Lofton, Stanford, 26-4w; 3. Stanley Holmes, Tennessee, 25-10¼w; 4. Darrin Nelson, Stanford, 25-7½w; 5. Floyd Eddings, Cal, 25-6½w.

High Jump

1. Tom Woods, Pacific Coast Club, 7-5½ (WCR Record); 2. Dave Haber, Hayward, 7-3¾; 3. Reynaldo Brown, Athletes In Action, 7-0; 4. Mark Wilson, Bay Area Striders, 7-0; 5. Tim Walker, USC, 6-10.

Triple Jump

1. James Butts, Maccabi, 55-11; 2. Rayfield Dupree, Maccabi, 54-5¾; 3. Mike Marlow, Cal, 53-9; 4. Gregory Caldwell, Compton TC, 52-7; 5. Harry Freeman, San Jose Stars, 52-4.

College Division

400-Meter Intermediate Hurdles

1. Tony Hicks, San Diego St, 51.88; 2. Mike Bartlett, Cal Poly-SLO, 52.23; 3. Jamie Starmer, UC Santa Barbara, 52.49; 4. Lars Welander, Nevada-Reno, 53.06; 5. Andre Hargrove, Northridge, 53.48.

2-Mile Relay

1. Occidental 7:36.44; 2. Cal Poly-SLO 7:36.95; 3. Irvine 7:37.20; 4. Davis 7:39.20.

Hammer

1. Mark Sawyer, Hayward, 197-10; 2. David Fullmer, Long Beach, 184-4; 3. Paul Fuller, Long Beach, 179-9; 4. Joe Briski, San Diego St, 178-10; 5. Larry Schrader, Irvine, 174-9.

Javelin

1. Mark Booth, Long Beach, 237-2; 2. Jon Mikkelsen, Nevada-Reno, 233-4; 3. Curt Eilenberg, Irvine, 223-6; 4. Norman Finks, Northridge, 210-6; 5. Mark Andrews, 198-4.

Team Scoring

Long Beach 94, Cal Poly-SLO 52, Hayward 38½, San Diego State 25, Northridge 19, Occidental 19, Fresno State 17½, Irvine 16, Nevada-Reno 6, Nevada-Las Vegas 5, Riverside 5, Davis 4, Los Angeles State 4, Northern Arizona 3½, UC Santa Barbara 3, Humboldt 3, Chapman 1½, Bakersfield 1, Stanislaus State 1.

WCR College Results

100 Meters

FINALS — 1. Ricky Jackson, Long Beach, 10.47; 2. Greg James, Northridge, 10.51; 3. Phil Pipersburg, Long Beach, 10.61; 4. Marly Krulee, San Diego St, 10.62; 5. Victor Trapps, Nevada-Las Vegas, 10.64.

110-Meter High Hurdles

FINALS — 1. Joe Sial Siai, Cal Poly-SLO, 13.83; 2. Mark Carley, Fresno St, 13.87; 3. Ned Armour, San Diego St, 14.26; 4. Tony Hicks, San Diego St, 14.56; 5. Charles Lucky, Stanislaus, 14.75.

Distance Medley Relay

1. Long Beach (Derrick Cox, Howard Keeley, Ron Cornell, Armondo Cendejas) 10:01.45; 2. Cal Poly-SLO 10:01.46; 3. Occidental, 10:02.86; 4. UC Irving 10:04.94; 5. Northern Arizona 10:09.0.

5000 Meters

1. Jim Schankel, Cal Poly-SLO, 14:39.70; 2. Colin McConnell, Northridge, 14:41.52; 3. Scott Peters, Humboldt St, 14:42.73; 4. Mike Garcia, Riverside, 14:44.0; 5. Steve Bitterly, Occidental, 14:48.1.

400-Meter Relay

1. Long Beach (Berry, Pipersburg, Grace, Jackson) 40.45; 2. Cal Poly-SLO 40.60; 3. Northridge 40.93; 4. Tie, Fresno State, Nevada-Las Vegas 41.0.

1600-Meter Relay

1. Long Beach (Conway, Beasley, Cox, Saunders) 3:11.04; 2. Cal Poly-SLO 3:12.08; 3. Fresno State, 3:12.73; 4. San Diego 3:14.14; 5. Northridge 3:14.37.

Long Jump

1. Ned Armour, San Diego St, 25-3/2; 2. Keith Taylor, Long Beach, 25-0w; 3. Marvin Wambie, Hayward, 24-23/4w; 4. Doug Garner, Hayward, 23-11w; 5. Ed Miller, Bakersfield, 23-10w.

Pole Vault

1. Steve Lawry, Long Beach, 16-6/2; 2. Craig Wilson, Long Beach 16-6/2; 3. Jeff Ferguson, Los Angeles St, 16-6/2; 4. Tie, Mike Morgan, Northern Arizona, Billy J. Pierce, Fresno St, 16-0.

Triple Jump

1. Keith Taylor, Long Beach, 53-11w; 2. Gerald Halcomb, Long Beach, 51-3/4w; 3. Ed Tate, Cal Poly-SLO, 51-2w; 4. Doug Garner, Hayward, 51-1/2w; 5. Sam Reed, Irvine, 49-7/4.

Discus

1. David Fuller, Long Beach, 192-4; 2. Scott Endler, Fresno St, 182-6; 3. Tony Williams, Hayward, 169-11; 4. Paul Fuller, Long Beach, 166-6; 5. Jon Sheppard, Irvine, 166-5.

High Jump

1. David Haber, Hayward, 7-3 (WCR Record); 2. Larry Wright, Hayward, 6-11; 3. Larry Flynn, Riverside, 6-11; 4. Tie, King Wiley, Hayward, Joe Phillips, Chapman, 6-9.

Shot Put

1. Mark Doll, Hayward, 59-23/4; 2. David Fuller, Long Beach, 58-5/2; 3. Mike Johnson, Hayward, 55-6; 4. Tony Williams, Hayward, 55-3; 5. Paul Toma, Cal Poly-SLO, 53-11.

Junior College Results

100 Meters

FINALS — 1. Derrald Harris, Alameda, 10.30; 2. Ardes Gardner, Fullerton, 10.56; 3. Mark Kent, Laney, 10.58; 4. Willie Jackson, San Jose CC, 10.60; 5. Eldon Walker, Laney, 10.63.

110-Meter High Hurdles

FINALS — 1. Andre Frazier, Pasadena, 14.18; 2. Andre Phillips, San Jose CC, 14.57; 3. Russell Higgins, El Camino, 14.64; 4. Carnell Austin, COS, 14.70; 5. Rick Hicks, Laney, 14.73.

400-Meter Intermediate Hurdles

1. Andre Phillips, San Jose CC, 50.75; 2. Jeff Boyd, LA Southwest, 51.85; 3. Clarence Hopper, Long Beach CC, 52.41; 4. Greg Marjama, Butte, 52.55; 5. Floyd Harris, COS, 53.48.

3000-Meter Steeplechase

1. Mark Lewis, Glendale, 9:15.75; 2. Chris Haner, Sierra, 9:20.73; 3. Eero Keranen, Hancock, 9:24.3; 4. Jack Betzchart, Sacramento CC, 9:26.89.

2-Mile

1. Bill Hurst, Modesto, 8:51.56 (WCR Record); 2. Kevin Durkin, LA Valley, 8:59.79; 3. Mike Gilligan, Yuba, 9:01.97; 4. Tom Farrell, American River, 9:03.46; 5. Paul Mello, San Mateo, 9:04.7.

400-Meter Relay

1. San Jose CC (Ronnie Anderson, Ernest Lewis, Willie Jackson, Eugene Rachal) 40.1; 2. College of Alameda 40.4; 3. Pasadena CC 40.9; 4. Laney 41.0; 5. Long Beach CC 41.2.

800-Meter Relay

1. San Jose CC (Dwayne Green, Ernest Lewis, Willie Jackson, Eugene Rachal) 1:23.96 (National Record); 2. College of Alameda 1:25.46; 3. Laney 1:25.51; 4. Pasadena CC 1:25.06; 5. LA Southwest 1:26.84.

1600-Meter Relay

1. San Jose CC (Eugene Rachael, Andre Phillips, Pat Holcombe, Fred Harvey) 3:10.2; 2. Laney 3:11.1; 3. Fullerton 3:12.5; 4. Long Beach CC 3:12.8; 5. Pasadena 3:15.0.

2-Mile Relay

1. Compton (Allen Jones, Rochester Hopeton, Mike Armbrister, Robert Williams) 7:43.09; 2. Chabot 7:43.87; 3. Pasadena CC 7:45.32; 4. American River 7:48.49; 5. Allan Hancock 7:49.82.

Distance Medley Relay

1. Mt. San Antonio (Jesse Garcia, Joe Duanes, Jim Carroll, Barry Boeticher) 10:03.83; 2. Sierra 10:04.28; 3. College of Sequoias 10:06.56; 4. Long Beach CC 10:10.67; 5. DeAnza 10:11.4.

Javelin

1. Tom Petranoff, Palomar, 232-1; 2. Matt Fuchs, Pasadena CC, 221-5; 3. Dan Jewell, Glendale, 211-9; 4. Mike Carli, Canyons, 205-1; 5. Chico Patton, Cosumnes, 199-0.

High Jump

1. Thurlis Gibbs, San Jose CC, 7-3/4 (National Record); 2. Doug Reinhart, San Diego CC, 7-0; 3. Willie Briscoe, LACC, 7-0; 4. Coart Owens, Alameda, 7-0; 5. Rod Smith, Pasadena CC, 7-0.

Long Jump

1. Kenny Hays, Pasadena, 25-4/4; 2. Greg Turner, Alameda, 24-11; 3. Paul Bates, Alameda, 24-2; 4. Willie Alexander, Fresno, 24-1; 5. Sidney Mitchell, Pasadena, 23-8/2.

Pole Vault

1. Bill Halverson, Mt. SAC, 16-4; 2. Doug Searle, West Valley, 16-0; 3. Randy Ruzicka, COS, 16-0; 4. Kim Black, San Mateo, 16-0; 5. Kevin O'Reilly, Fresno, 15-8.

Triple Jump

1. Adrian Richardson, Modesto, 50-10/4w; 2. Kenny Hays, Pasadena, 49-11/2w; 3. Glenn Woods, Alameda, 48-11/4w; 4. Ricky Nichols, Bakersfield, 48-1/2; 5. Mike Decaro, Glendale, 47-5/4w.

Discus

1. Gregg Tafrales, Skyline, 166-10; 2. Mark McNaughton, Fresno CC, 165-3; 3. Scott Reid, Chabot, 165-0; 4. Rich Steward, Cypress, 162-0; 5. Nick Angelopoulos, DeAnza, 158-9.

Shot Put

1. Paul Johnson, Fullerton, 56-13/4; 2. Gregg Tafrales, Skyline, 54-8/2; 3. Mike Smith, San Mateo, 54-4/4; 4. Stan Gardner, Canyons, 53-9; 5. Mike Self, Fullerton, 53-5/2.

Team Scoring

1. San Jose CC 54, Pasadena CC 40, Alameda 34, Laney 23, Mt. San Antonio 18, Fullerton 17, Long Beach CC 13, Modesto 12, Sierra 12, College of Sequoias 12, Compton 12, Chabot 11, Glendale 10, Skyline 10, Fresno CC 7, American River 6, San Mateo 6, Palomar 6, LA Southwest 6, Allan Hancock 5, LA Valley 4, College of the Canyons 4, LA City College 4, West Valley 4, El Camino 3, San Diego Mesa 3, DeAnza 3, Yuba 3, Bakersfield 2, Butte 2, Cypress 2, Sacramento CC 2, Cosumnes River 1.