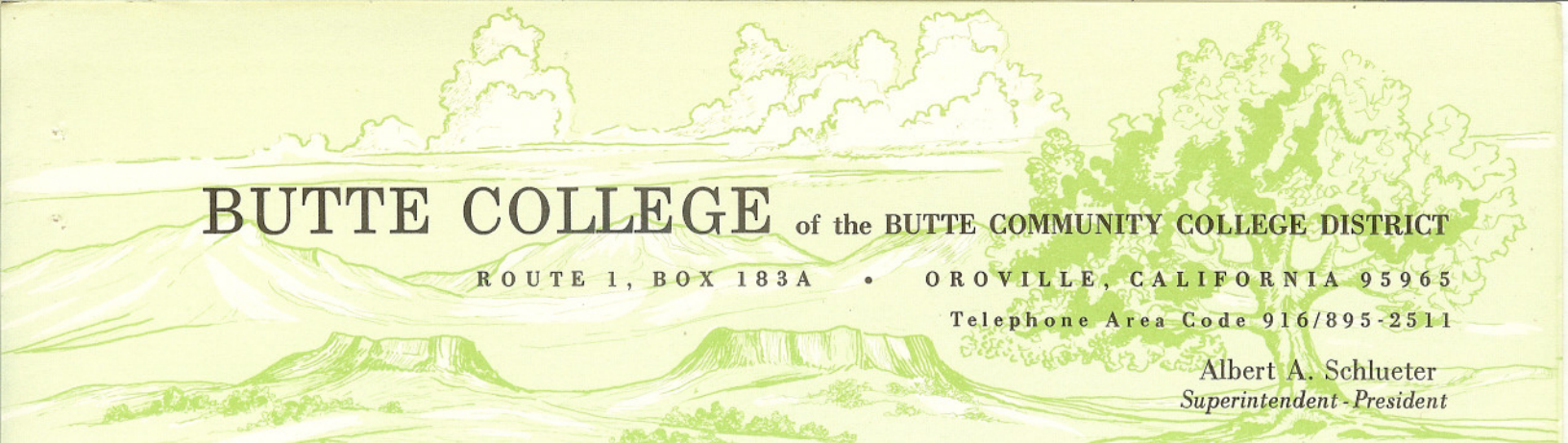




**1979
WOMEN'S
NOR CAL
TRACK AND
FIELD TRIALS**



BUTTE COLLEGE of the BUTTE COMMUNITY COLLEGE DISTRICT

ROUTE 1, BOX 183A • OROVILLE, CALIFORNIA 95965

Telephone Area Code 916/895-2511

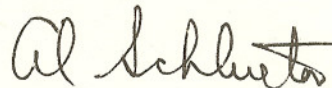
Albert A. Schlueter
Superintendent - President

We are pleased to welcome you to the Women's Nor-Cal Track and Field Trials, to be held on Saturday, May 12, 1979, from 12:00 noon to 4:00 p.m., which Butte College has the pleasure of hosting. We consider it an honor and privilege to host this initial event and to offer our facilities to this prestigious group.

I have served as a member of the Interim Committee on Women's Athletics during the past two years, and have been a strong supporter of women's athletic programs in the State. As Vice President of the Committee on Athletics for the State of California, it is extremely rewarding to see my efforts culminate in this third annual Track and Field activity, and to have it held at Butte College.

Please enjoy your visit to our campus and accept our invitation to return at any time you happen to be in this vicinity.

Very truly yours,



ALBERT A. SCHLUETER
Superintendent/President

AAS:ek

WOMEN'S NORTHERN CALIFORNIA
Track & Field Trials
Saturday, May 12, 1979
Butte Community College

Order of Events

FIELD EVENTS

12:00 p.m.	Javelin, Long Jump, Shot Put
1:30 p.m.	High Jump, Discus

RUNNING EVENTS

1:00 p.m.	440 Relay - 3 Heats
1:15 p.m.	1500 Meter - 3 Heats
1:35 p.m.	100 Meter Hurdles - 3 Heats
1:55 p.m.	400 Meter Dash - 3 Heats
2:10 p.m.	100 Meter Dash - 3 Heats
2:30 p.m.	800 Meter Dash - 3 Heats
2:40 p.m.	400 Meter Hurdles - 2 Heats
3:00 p.m.	200 Meter - 3 Heats
3:15 p.m.	3000 Meter - 2 Heats
3:45 p.m.	Mile Relay - 3 Heats

PARTICIPATING SCHOOLS

Alameda
American River
Antelope Valley
Butte
Cabrillo
Chabot
Contra Costa
Cuesta
DeAnza
Diablo Valley
Foothill
Fresno City
Hartnell
Lassen
Los Medanos
Marin
Modesto
Monterey Peninsula
Reedley
Sacramento City
San Joaquin Delta
San Jose City
San Mateo
Santa Rosa
Sequoias
Shasta
Sierra
Skyline
Taft
West Hills
West Valley
Yuba

LOCATION

Alameda
Sacramento
Lancaster
Oroville
Aptos
Hayward
San Pablo
San Luis Obispo
Cupertino
Pleasant Hill
Los Altos Hills
Fresno
Salinas
Susanville
Pittsburg
Kentfield
Modesto
Monterey
Reedley
Sacramento
Stockton
San Jose
San Mateo
Santa Rosa
Visalia
Redding
Rocklin
San Bruno
Taft
Coalinga
San Jose
Marysville

COACH

Jim Brown
Lyndell Gray
Austin Jordan
Carol Stanley
Chuck Wilkenson
Glen Malcolm
Phil Clifton
Darrell Rich
Molly Leabo
Mike Maramonte
Venessa Krollpfeiffer
Kathleen Bartels
Gary Shaw
Jim Lytjen
Henry Lawson
Tony Bailey
Tami LaCommare
Dave Stern
Vance Stanley
George Larson
Betty Johnson
Steve Haas
Rich Harris
Pat Ryan
Merle Flattley
Sharon Yox
Michele Wilson
Bob Lualhati
Doug Wells
Marion Stephens
Augie Augabright
John Orogren

MEET OFFICIALS

Meet Referee:	Lou Vasquez	
Meet Director:	Carol Stanley	
Clerk of the Course:	Tom O'Connor	
Trainer:	A. D. Johnson	
Announcer:	Russ Torres	
Inspector:	Bruce Lodge	
Starter:	Gene Howard	
Recall Starter:	Pat Haley	
Scorer:	Donna Carroll	
Typist:	Ruth Arruda	
Finish Judge:	Chuck Sheley	
Head Timer:	Norm Hughart	
T-Shirts:	Dru Russell	
Timers & Judges:	Curt Williams Dave Chinchin Eddie Carey Bob Hastings	Rick Bowersox Bart McLean Mike Miles Ron Hofhenke
Runner:	Diane Demeyer	
Long Jump:	Kelley Churchill Russ McLaughlin	Jerry Hawkins Jeff Holland
High Jump:	Diane Hull	
Javelin:	Randy Jahn	Val Ritchie
Shot Put & Discus:	Dale Edson	
Blocks:	Dave Alaways	
Hurdles:	Paradise High School Distance Runners	
Protest Committee:	Phil Clifton Tami LaCommare Darrell Rich	John Orogren Gary Shaw Lou Vasquez
Seeding Committee:	Gary Shaw Tami LaCommare	John Orogren Carol Stanley

WOMEN'S NOR CAL TRACK & FIELD

TRIALS & FINALS RECORDS

<u>EVENT</u>	<u>ATHLETE</u>	<u>SCHOOL</u>	<u>TIME/DISTANCE</u>	<u>YEAR</u>	<u>LOCATION</u>
440 Relay		Alameda	47.8	1978	San Jose
1500 M	Anne Wotherspoon	West Valley	4:44.9	1978	San Jose
100 M Hurdles	Stella Edwinson	San Mateo	14.58	1978	San Jose
400 M	Diane Stohr	Chabot	56.34	1978	San Jose
100 M	Cynthia Johnson	Alameda	12.19	1978	San Jose
800 M	Anne Wotherspoon	West Valley	2:11.5	1978	San Jose
400 M Hurdles	Stella Edwinson	San Mateo	61.53	1978	San Jose
200 M	Viola Johnson	Alameda	24.57	1978	San Jose
3000 M	Anne Wotherspoon	West Valley	9:52.44	1978	San Jose
Mile Relay	D. Santa Maria D. Stohr S. Ratcliff K. Honour	Chabot	3:55.64	1978	San Jose
Discus	Denise Holloway	West Valley	145'	1978	San Jose
Shot Put	Kathy Kuchta	Hartnell	44'2"	1978	San Jose
Javelin	Arlene Mears	DeAnza	136'8"	1978	Butte
Long Jump	Dorthea Gaffney	Sequoias	19'3 3/4"	1978	Butte
High Jump	Natalie Vogel	DeAnza	5'7"	1978	San Jose

NINE ADVANCE TO FINALS
THREE HEATS - TOP THREE IN EACH HEAT

TIME: TRIALS - 1:00 P.M.

440 RELAY

	<u>Lane</u>	<u>College</u>	<u>Time</u>
<u>Heat 1</u>	3	Santa Rosa	49.2 49.7
	4	Sequoias	49.8 50.5
	5	Antelope	51.8
	6	Marin	52.0
	7	DeAnza	51.06
	8	Alameda	48.0 49.3
<u>Heat 2</u>	2	Sacramento	49.1
	3	Delta	50.0
	4	American River	51.1 50.0
	5	Monterey	50.8 50.6
	6	San Mateo	51.6
	7	Foothill	52.4
	8	Modesto	48.2 48.5
<u>Heat 3</u>	2	Yuba	50.4
	3	Fresno	48.4 49.2
	4	Chabot	51.12
	5	W. Valley	50.29 49.7
	6	San Jose	48.5 42.0
	7	Cuesta	54.3
	8	Contra Costa	51.2

1,500 METERS

<u>Heat 1</u>				<u>Heat 2</u>			
<u>Lane</u>	<u>Athlete</u>	<u>College</u>	<u>Time</u>	<u>Lane</u>	<u>Athlete</u>	<u>College</u>	<u>Time</u>
1	M. Trujillo	Hartnell -4:57.0	4:54.3	1	S. Blevins 5:06	Diablo	4:47.6
2	K. Perkins	W. Valley -4:51.8	4:48.6	2	S. O'Donnell 5:01	Cuesta	4:57.9
3	C. Hester	Fresno -4:51.1	4:43.1	3	P. Gozales 5:09	Chabot	4:52.0
4	D. Spurrier	Diablo ✓	4:54.3	4	S. Locke	Marin	5:13.3
4a	Brown	American River ✓	5:13.4	4a	H. Fong	Sacramento	5:19.3
5	S. Webb	Yuba -4:52.1	4:49.5	5	S. Kearns	Yuba	4:53.6
6	J. Duff	W. Valley 5:14	5:10.2	6	S. Chung	Monterey	5:26.4
7	J. Harrosh	Santa Rosa ✓	5:27.2	7	J. Hendrickson	W. Valley	5:09.0
8	B. Minton	Sierra ✓	5:14	8	L. Hoegh	Modes to	5:26.4
9	C. Crain	San Mateo ✓	5:09.1	9	P. Bowers -5:01.2	W. Valley	4:43.2

Heat 3

<u>Lane</u>	<u>Athlete</u>	<u>College</u>	<u>Time</u>
1	K. Hardy	Cabrillo	5:07.0
2	M. Griffin	Antelope	5:23.8
3	N. Lee	Monterey	5:12.5
4	D. Bateman	Diablo	4:52.5 4:59.9
4a	S. Domingues	Fresno	4:53.3 4:53.6
5	S. Peters	Monterey	4:44.7 4:46.8
6	J. Rivers	Marin	5:06.8
7	C. Garza	Reedley	5:12.0
8	A. Wotherspoon	W. Valley	4:45.2 - 4:53.2
9	C. McBride	Alameda	5:25.4

395-1320

P
80

NINE ADVANCE TO FINALS
THREE HEATS - TOP THREE IN EACH HEAT

TIME: TRIALS - 1:35 P.M.

100 METER HURDLES

	<u>Lane</u>	<u>Athlete</u>	<u>College</u>	<u>Time</u>
<u>Heat 1</u>	2	C. Thurber	Sierra	16.5
	3	D. Coleman	Sequoias	15.6
	4	J. Boriola	Santa Rosa	16.0 15.6
	5	D. Collier	Monterey	16.4
	6	S. Harris	Yuba	17.4
	7	N. O'Connell	W. Valley	15.69 15.6
	8	D. Macias	Fresno	14.9 14.8
	9	C. Williams	Los Medanos	16.1
<u>Heat 2</u>	2	S. Tompkins	W. Valley	16.38
	3	H. Wenzel	Antelope	16.5
	4	J. Johnson	Hartnell	17.1
	5	K. Kendall	Sierra	15.0 15.2
	6	D. Hunerlach	Butte	15.5 15.3
	7	H. Hansen	Football	15.8
	8	L. Watson	Delta	16.0
	9	K. Shreve	Modes to	16.2 16.3
<u>Heat 3</u>	2	L. Robinson	Antelope	15.4 15.6
	3	A. Bess	Marin	16.3
	4	P. Nishida	Reedley	16.3
	5	B. Walker	Fresno	16.0 - 15.9
	6	J. Blake	Chabot	15.3 15.0
	7	J. Achan	Alameda	17.1
	8	C. Hohmann	W. Valley	15.88
	9	D. Green	Contra Costa	17.1

NINE ADVANCE TO FINALS
THREE HEATS - TOP THREE IN EACH HEAT

TIME: TRIALS - 1:55 P.M.

400 METERS

	<u>Lane</u>	<u>Athlete</u>	<u>College</u>	<u>Time</u>	
<u>Heat 1</u>	2	T. Gonzalez	Monterey	58.2	
	3	D. Macias	Fresno	53.6	58.3 1
	4	J. Hummell	Cuesta	62.2	
	5	C. Jones	Contra Costa	59.8	
	6	B. Nellis	Antelope	63.8	
	7	D. Kesterson	Yuba	58.0	58.4 2
	8	K Allyns	W. Valley	59.37	59.2 3
<u>Heat 2</u>	3	T. Philopena	Santa Rosa	55.1	1 58.4
	4	Snyder	American River	59.2	
	5	L. Kaveney	Marin	60.4	
	6	T. Beach	Chabot	60.1	
	7	G. Kennedy	Skyline	57.4	2 57.9
	8	D. Zqick	Foothill	58.23	3 58.8
<u>Heat 3</u>	3	J. West	San Jose	56.64	2 56.8
	4	A. Vanwarmerdam	Delta	56.4	1 56.0
	5	R. McGree	Alameda	58.5	
	6	L. Douglas	DeAnza	58.5	3 58.2
	7	C. Cook	Butte	60.3	
	8	D. Girard	Sequoias	60.2	

NINE ADVANCE TO FINALS
THREE HEATS - TOP THREE IN EACH HEAT

TIME: TRIALS - 2:10 P.M.

100 METER DASH

	<u>Lane</u>	<u>Athlete</u>	<u>College</u>	<u>Time</u>
<u>Heat 1</u>	2	Carley	American River	11.8 1 12.1
	3	J. Hodnick	San Mateo	12.4
	4	K. Kendall	Sierra	12.7
	5	O. Perry	Modesto	12.1 3 12.5
	6	A. Wright	Contra Costa	12.7
	7	D. Hampton	San Jose	12.1 2 12.5
	8	A. Dutton	Shasta	12.4
	9	E. Woodson	Monterey	12.9
<u>Heat 2</u>	2	T. Pence	DeAnza	12.4
	3	L. White	Monterey	12.6
	4	G. Maul	Sierra	12.9
	5	P. Green	Marin	12.1 3 12.3
	6	J. McDaniel	Sacramento	12.4
	7	D. White	Alameda	11.9 1 12.1
	8	E. Mallory	San Jose	12.1 2 12.3
	9	J. Blake	Chabot	12.76
<u>Heat 3</u>	2	J. Macfarlane	Yuba	12.3
	3	T. Gibbs	San Jose	12.11 1 12.2
	4	B. Morgan	Alameda	12.6
	5	D. Ramirez	Modesto	12.1 2 12.4
	6	L. Robinson	Antelope	12.8
	7	C. Martyn	Cuesta	12.2 3 12.5
	8	T. Braman	Sequoias	12.8
	9	S. Adams	Sacramento	12.6

NINE ADVANCE TO FINALS
THREE HEATS - TOP THREE IN EACH HEAT

TIME: TRIALS - 2:30 P.M.

800 METER RUN

<u>Heat 1</u>	<u>Lane</u>	<u>Athlete</u>	<u>College</u>	<u>Time</u>
	1	C. Matthews	Monterey	2:27.6
	2	Norton	American River	2:24.0
	3	C. Hester	Fresno 2:19.6	2:19.5
	4	P. Bowers	W. Valley 2:22.0	2:19.1
	5	P. Valentine	Antelope	2:27
	6	D. Pappas	Yuba 2:19.0	2:23.5

Heat 2

	1	Garza	Reedley	2:27.8
	2	J. Lombard	Butte	2:25.4
	3	J. Hummel	Cuesta	2:44.0
	4	T. Gonzalez	Monterey 2:19	2:18.8
	5	J. Rivers	Marin	2:26.6
	6	S. Domingues	Fresno 3-2:20.2	2:23.2
	7	L. Park	Butte 11 2:16	2:19.7

Heat 3

	1	G. Mandy	Butte	2:27.9
	2	K. Tyksinsky	Alameda	2:25.8
	3	H. Haggard	Delta 3-2:24.2	2:28.0
	4	S. Blevins	Siablo 1-2:22.7	2:17.4
	5	C. McManus	W. Valley	2:26.1
	6	J. Smith	DeAnza	2:22.7
	7	D. Neff	Santa Rosa 2-2:22.9	2:22.3

San Jose
58.15
63.29
57.89
59.75

NINE ADVANCE TO FINALS
TWO HEATS - TOP FOUR IN EACH HEAT
AND FASTEST FIFTH

TIME: TRIALS - 2:40 p.m.

400 METER HURDLES

	<u>Lane</u>		<u>College</u>	<u>Time</u>	
<u>Heat 1</u>	1	J. Boriolo	Santa Rosa	1:04.5	2 1:02.9
	2	D. Hunerlach	Butte	1:02.8	1 1:02.7
	3	S. Tompkins	W. Valley	1:08.62	
	4	K. Hohmann	W. Valley	1:04.88	3 - 1:05.6
	5	B. Walker	Fresno	1:08.3	
	6	J. Johnson	Hartnell	1:11.3	
	7	D. Colleir	Monterey	1:12.6	
	8	H. Hansen	Football	1:05.9	
	9	C. Thurber	Sierra	1:06.1	4 - 1:06.1
 <u>Heat 2</u>	1	N. O'Connell	W. Valley	1:03.61	4 - 1:05.9
	2	A. Vanwarmerdam	Delta	1:05.3	1 - 1:03.6
	3	A. Nayandande	Sequoias	1:07.7	
	4	S. Ratcliffe	Chabot	1:04.0	2 1:03.8
	5	S. Finney	San Jose	1:08.54	5 1:07.4
	6	L. Moore	Modes to	1:09.7	
	7	L. Robinson	Antelope	1:10.7	
	8	D. Green	Contra Costa	1:13.1	
	9	D. Macias	Fresno	1:04.9	3 1:05.3

NINE ADVANCE TO FINALS
THREE HEATS - TOP THREE IN EACH HEAT

TIME: TRIALS - 3:00 P.M.

200 METERS

	<u>Lane</u>	<u>Athlete</u>	<u>College</u>	<u>Time</u>
<u>Heat 1</u>	2	P. Green	Marin	25.5
	3	D. Kesterson	Yuba	25.5
	4	D. White	Alameda	24.2
	5	T. Braman	Sequoias	26.1
	6	D. Hampton	San Jose	25.2
	7	K. Kendall	Sierra	26.2
	8	T. Philopena	Santa Rosa	24.9
<u>Heat 2</u>	2	J. Hodnick	San Mateo	26.0
	3	Carley	American River	24.8
	4	O. Perry	Modes to	25.4
	5	J. Macfarlane	Yuba	25.5
	6	G. Kennedy	Skyline	25.2
	7	T. Gibbs	San Jose	24.9
	8	T. Flick	W. Hills	28.7
	9	L. White	Mon terey	26.4
<u>Heat 3</u>	2	A. Dutton	Shasta	25.8
	3	N. Smith	Alameda	26.3
	4	C. Johanns	Fresno	25.9
	5	L. Douglas	DeAnza	25.4
	6	E. Mallory	San Jose	24.9
	7	T. Gonzales	Mon terey	26.9
	8	J. McDaniel	Sacramen to	25.2
	9	C. Martyn	Cuesta	24.9

TWELVE ADVANCE TO FINALS
TWO HEATS - TOP SIX IN EACH HEAT

TIME: TRIALS - 3:15 P.M.

3,000 METER RUN

	<u>Lane</u>	<u>Athlete</u>	<u>College</u>	<u>Time</u>
<u>Heat 1</u>	1	S. Peters	Monterey	10:16.9
	2	D. Kehres	Santa Rosa	12:28
	3	Daley	American River	11:30.1
	4	P. Burkes	Hartnell	11:02.7
	4a	K. Robinson	Delta	10:15.6
	5	N. Grossman	Skyline	11:08.6
	5a	S. O'Donnell	Cuesta	10:46.7
	6	D. Batman	Diablo	10:42.0
	7	R. Tracey	Antelope	11:41.9
	8	N. Lee	Monterey	11:41.9
	9	K. Perkins	W. Valley	10:09.5
<u>Heat 2</u>	1	L. Knedler	Shasta	10:37.3
	2	S. Chung	Monterey	11:38.9
	3	S. Locke	Marin	11:29.5
	4	A. Wotherspoon	W. Valley	10:12.1
	4a	V. Eberly	W. Valley	10:48.0
	5	I. Crowley	San Jose	10:12.0
	6	D. Williams	Yuba	10:47.6
	7	A. Olson	Fresno	11:41.2
	8	G. Mandy	Butte	11:22.9
	9	M. Trujillo	Hartnell	10:30.2

NINE ADVANCE TO FINALS
THREE HEATS - TOP THREE IN EACH HEAT

TIME: TRIALS - 3:45 P.M.

MILE RELAY

<u>Lane</u>	<u>Heat 1</u> <u>College</u>	<u>Time</u>	<u>Lane</u>	<u>Heat 2</u> <u>College</u>	<u>Time</u>
2	San Jose	3:56.5	2	Butte	4:00.8
3	Foothill	4:18.0	3	Santa Rosa	3:57.6
4	Conta Costa	4:11.4	4	Delta	4:11.8
5	Sequoias	4:09.5	5	Antelope	4:19.6
6	San Mateo	4:16.9	6	Monterey	4:07.0
7	Modesto	4:02.1	7	Marin	4:15.5
8	Fresno	4:01.6	8	Yuba	4:03.6

<u>Lane</u>	<u>Heat 3</u> <u>College</u>	<u>Time</u>
2	Chabot	4:13.0
3	DeAnza	4:05.76
4	Sierra	4:13.3
5	American River	4:05.5
6	Alameda	3:58.0
7	W. Valley	3:59.11
8	Hartnell	4:29.2
9	Cuesta	4:19.7

*McConnell - 59.4
Humboldt - 60.9
San Joaquin - 60.1
Alameda - 60.5*

LONG JUMPFlight I

1.	N. Smith	Alameda	18'9"
2.	V. Riggins	San Jose	17'1"
3.	M. Tomquist	Modesto	18'2"
4.	J. Blake	Chabot	17'½"
5.	L. Bordenkircher	Yuba	17'1"
6.	D. Neff	Santa Rosa	17'6¼"
7.	D. G. Green	Contra Costa	17'3"
8.	D. Hunerlach	Butte	18'3"

Flight II

1.	E. Woodson	Monterey	15'3"
2.	D. Zwick	Foothill	16'8½"
3.	G. Oatis	W. Hills	15'11"
4.	L. Robinson	Antelope	16'4"
5.	K. Wooten	Fresno	16'8½"
6.	P. Nishita	Reedley	16'6 3/4"
7.	D. Macias	Fresno	16'6"
8.	B. Sison	Hartnell	15' 9¼"
9.	L. Watson	Delta	17'0"

SHOT PUTFlight I

1.	Martin	Fresno	37'8"
2.	P. Pollock	DeAnza	43'1 3/4"
3.	J. Greer	Sequoias	40'1"
4.	W. Michelli	San Jose	39'6 1/2"
5.	R. Kasparian	Fresno	39'11 1/2"
6.	W. Robinson	Butte	39'1"
7.	S. Binns	Modesto	30'3 1/2"
8.	P. White	Los Medanos	39'4 1/4"
9.	D. Erickson	Shasta	44'

Flight II

1.	M. Dew	Hartnell	34'2 1/2"
2.	J. Morales	Diablo	37'5"
3.	M. Knight	W. Hills	34'7"
4.	K. Corda	Santa Rosa	33'10 3/4"
5.	B. Lyster	Diablo	37'6 1/2"
6.	L. Hunter	Taft	32'7"
7.	L. Wilson	Shasta	37'2"
8.	S. Morgan	Sierra	36'6"
9.	L. Jones	Monte rey	37'3"

JAVELINFlight I

1.	C. Ginocchio	Yuba ^{120'}	124'
2.	K. Middlebrooks	Taft ^{141'9"}	125'6"
3.	L. Jones	Monterey	138'1"
4.	<u>E.</u> Sundby	Foothill ^{142'}	138'2"
5.	D. Harris	Hartnell	117'
6.	S. Birms	Modesto ^{120'}	125'1"
7.	L. Harrison ¹¹⁶	Diablo	122'3"
8.	T. Braman	Sequoias ^{120'}	120'

Flight II

1.	L. Watson ^{117'}	Delta	114'7"
2.	D. Deason	Butte ¹²⁰	115'3"
3.	J. Morales	Diablo	108'11"
4.	S. Davidson	Monterey ¹³⁰	111'5"
5.	M. Gillette	Lassen	108'8"
6.	C. Hale	Cabrillo	112'10"
7.	K. Hawes	Yuba	113'1"
8.	L. Canales	Fresno	111'11"
9.	K. Webb	DeAnza	114'10"

Flight III

1.	A. Johnson	Taft	106'5"
2.	W. Michelli	San Jose	107'6" ^{126'}
3.	L. Hunter	Taft	107'8"
4.	K. Corda	Santa Rosa	86'8"
5.	K. Kendall	Sierra	104'6"
6.	C. Sandoval	Modesto	101'10"
7.	S. Carmosino	Santa Rosa	84'8"
8.	M. Sumersville	American River	102'6"
9.	J. Olaeta	Monterey	106'3"

HIGH JUMPFirst Flight

1.	C. Quinn	Shasta	4'8"
2.	B. Sison	Hartnell	4'8"
3.	N. Jelaca	Shasta	4'6"
4.	H. Wenzel	Antelope	4'6"
5.	V. Suggs	Yuba	4'6"
6.	M. Knight	West Hills	4'4"
7.	L. Moore	Modersto	4'8"
8.	T. Louden	Chabot	4'8"
9.	K. Kuehter	Modersto	4'8"

Second Flight

1.	S. Tompkins	W. Valley	4'10"
2.	K. Kern	Antelope	4'10"
3.	J. Johnson	Hartnell	4'10"
4.	K. Gallo	Butte	4'10"
5.	J. Achan	Alameda	5'
6.	L. Harrison	Diablo	5'
7.	T. Lundergran	Sequoias	4'10"
8.	D. Hunerlach	Butte	5'
9.	D. Sexton	Chabot	4'10"

Third Flight

1.	L. Bordenkircher	Yuba	5'4"
2.	D. Neff	Santa Rosa	5'4"
3.	P. Pollock	DeAnza	5'2"
4.	K. Richards	DeAnza	5'2"
5.	S. Craig	DeAnza	5'2"
6.	L. White	Monterey	5'1"
7.	C. Matthews	Monterey	5'2"
8.	L. Mills	American River	5'
9.	N. Henderson	Sequoias	5'2"

DISCUSFlight I

1. N. Rameriz	DeAnza	140'6"
2. E. Sundby	Foothill	138'2"
3. C. Sandoval	Modesto	146'5"
4. W. Robinson	Butte	136'6"
5. L. Jones	Monterey	133'6 3/4"
6. P. White	Los Medanos	134'2"

Flight II

1. L. Hunter	Taft	132'0"
2. W. Michelli	San Jose	122'9"
3. L. Watson	Delta	126'8"
4. R. Kasparian	Fresno	132'0"
5. K. Daniel	Chabot	120'7"
6. L. Wilson	Shasta	119'4"
7. M. Burt	DeAnza	118'11"

Flight III

1. W. Goularte	Butte	112'11"
2. Greer	Sequoias	112'2"
3. D. Deason	Butte	112'11"
4. K. Richards	DeAnza	116'10"
5. K. Hawes	Yuba	110'10"
6. C. Reiter	Santa Rosa	99'3"
7. B. Cabrera	Hartnell	109'0"

DISCUSFlight I

1. N. Rameriz	DeAnza	140'6"
2. E. Sundby	Foothill	138'2"
3. C. Sandoval	Modesto	146'5"
4. W. Robinson	Butte	136'6"
5. L. Jones	Monterey	133'6 3/4"
6. P. White	Los Medanos	134'2"

Flight II

1. L. Hunter	Taft	132'0"
2. W. Michelli	San Jose	122'9"
3. L. Watson	Delta	126'8"
4. R. Kasparian	Fresno	132'0"
5. K. Daniel	Chabot	120'7"
6. L. Wilson	Shasta	119'4"
7. M. Burt	DeAnza	118'11"

Flight III

1. W. Goularte	Butte	112'11"
2. Greer	Sequoias	112'2"
3. D. Deason	Butte	112'11"
4. K. Richards	DeAnza	116'10"
5. K. Hawes	Yuba	110'10"
6. C. Reiter	Santa Rosa	99'3"
7. B. Cabrera	Hartnell	109'0"

LONG JUMPFlight I

1.	N. Smith	Alameda	18'9"
2.	V. Riggins	San Jose	17'1"
3.	M. Tomquist	Modes to	18'2"
4.	J. Blake	Chabot	17'½" 17'2"
5.	L. Bordenkircher	Yuba	17'1"
6.	D. Neff	Santa Rosa	17'6¼" 17'9½"
7.	D. G. Green	Contra Costa	17'3"
8.	D. Hunerlach	Butte	18'3"

Flight II

1.	E. Woodson	Monte rey	15'3"
2.	D. Zwick	Foothill	16'8½" 17¾"
3.	G. Oatis	W. Hills	15'11"
4.	L. Robinson	Antelope	16'4"
5.	K. Wooten	Fresno	16'8½" 16'10"
6.	P. Nishita	Reedley	16'6 3/4"
7.	D. Macias	Fresno	16'6" 16¾"
8.	B. Sison	Hartnell	15' 9¼"
9.	L. Watson	Delta	17'0"

SHOT PUT

Flight I

Flight II

1. Martin	Fresno	37'8"	1. M. Dew	Hartnell	34'2 1/2"
2. P. Pollock	DeAnza	43'1 3/4"	2. J. Morales	Diablo	37'5"
3. J. Greer	Sequoias	40'1"	3. M. Knight	W. Hills	36'1" 34'7"
4. W. Michelli	San Jose	39'6 1/2"	4. K. Corda	Santa Rosa	33'10 3/4"
5. R. Kasparian	Fresno	39'11 1/2"	5. B. Lyster	Diablo	37'6 1/2"
6. W. Robinson	Butte	39'1"	6. L. Hunter	Taft	32'7"
7. S. Binns	Modesto	30'3 1/2" 40'6"	7. L. Wilson	Shasta	37'2"
8. P. White	Los Medanos	39'4 1/4"	8. S. Morgan	Sierra	36'6"
9. D. Erickson	Shasta	44'	9. L. Jones	Monterey	37'6" 37'3"

JAVELINFlight I

1. C. Ginochio	Yuba	124'
2. K. Middlebrooks	Taft	125'6" ^{141'9}
3. L. Jones	Monterey	138'1" ^{141'2}
4. E. Sundby	Foothill	138'2" ^{146'8}
5. D. Harris	Hartnell	117'
6. S. Binns	Modesto	125'1"
7. L. Harrison	Diablo	122'3"
8. T. Braman	Sequoias	120' ⁶

Flight II

1. L. Watson	Delta	114'7"
2. D. Deason	Butte	115'3" ^{120'10}
3. J. Morales	Diablo	108'11"
4. S. Davidson	Monterey	111'5"
5. M. Gillette	Lassen	108'8"
6. C. Hale	Cabrillo	112'10"
7. K. Hawes	Yuba	113'1"
8. L. Canales	Fresno	111'11"
9. K. Webb	DeAnza	114'10"

Flight III

1. A. Johnson	Taft	106'5"
2. W. Michelli	San Jose	107'6" ^{126'6}
3. L. Hunter	Taft	107'8"
4. K. Corda	Santa Rosa	86'8"
5. K. Kendall	Sierra	104'6"
6. C. Sandoval	Modesto	101'10"
7. S. Carmosino	Santa Rosa	84'8"
8. M. Summersville	American River	102'6"
9. J. Olaeta	Monterey	106'3"

HIGH JUMPFirst Flight

1. C. Quinn	Shasta	4'8"	1. S. Tompkins	W. Valley	4'10"
2. B. Sison	Hartnell	4'8"	2. K. Kern	Antelope	4'10"
3. N. Jelaca	Shasta	4'6" <u>5'</u>	3. J. Johnson	Hartnell	4'10"
4. H. Wenzel	Antelope	4'6"	4. K. Gallo	Butte	4'10"
5. V. Suggs	Yuba	4'6"	5. J. Achan	Alameda	5'
6. M. Knight	West Hills	4'4"	6. L. Harrison	Diablo	<u>5'11"</u>
7. L. Moore	Modesto	4'8"	7. T. Lundergran	Sequoias	4'10"
8. T. Loudon	Chabot	4'8"	8. D. Huerlach	Butte	<u>5'</u>
9. K. Kuehter	Modesto	4'8"	9. D. Sexton	Chabot	4'10"

Third Flight

1. L. Bordenkircher	Yuba	<u>5'4"</u>
2. D. Neff	Santa Rosa	<u>5'4"</u>
3. P. Pollock	DeAnza	5'2"
4. K. Richards	DeAnza	<u>5'2"</u>
5. S. Craig	DeAnza	<u>5'2"</u>
6. L. White	Monterey	5'1"
7. C. Matthews	Monterey	<u>5'2"</u>
8. L. Mills	American River	5'
9. N. Henderson	Sequoias	<u>5'2"</u>

NINE ADVANCE TO FINALS
THREE HEATS - TOP THREE IN EACH HEAT

TIME: TRIALS - 1:00 P.M.

440 RELAY

	<u>Lane</u>	<u>College</u>	<u>Time</u>
<u>Heat 1</u>	3	Santa Rosa	(49.2) 49.7 2
	4	Sequoias	(49.8) 50.5 3
	5	Antelope	51.8
	6	Marin	52.0
	7	DeAnza	51.06
	8	Alameda	(48.0) 49.3 1
<u>Heat 2</u>	2	Sacramento	49.1
	3	Delta	50.0
	4	American River	51.1 (50.0 2)
	5	Monterey	50.8 (50.6 3)
	6	San Mateo	51.6
	7	Foothill	52.4
	8	Modesto	(48.2) 48.5 1
<u>Heat 3</u>	2	Yuba	50.4
	3	Fresno	(48.4) 49.2 2
	4	Chabot	51.12
	5	W. Valley	50.29 (49.7 3)
	6	San Jose	48.5 (48.0 1)
	7	Cuesta	54.3
	8	Contra Costa	51.2

1,500 METERS

Heat 1

Lane	Athlete	College	Time
1	M. Trujillo	Hartnell	4:54.3
2	K. Perkins	W. Valley	4:48.6
3	C. Hester	Fresno	4:43.1
4	D. Spurrier	Diablo	4:54.3
4a	Brown	American River	5:13.4
5	S. Webb	Yuba	4:49.5
6	J. Duff	W. Valley	5:10.2
7	J. Harrosh	Santa Rosa	5:27.2
8	B. Minton	Sierra	5:14
9	C. Crain	San Mateo	5:09.1

Heat 2

Lane	Athlete	College	Time
1	S. Blevins	Diablo	4:47.6
2	S. O'Donne	Cuesta	4:57.9
3	P. Gozaves	Chabot	4:52.0
4	S. Locke	Marin	5:13.3
4a	H. Fong	Sacramento	5:19.3
5	S. Kearns	Yuba	4:53.6
6	S. Chung	Monterey	5:26.4
7	J. Hendrickson	W. Valley	5:09.0
8	L. Hoegh	Modesto	5:26.4
9	P. Bowers	W. Valley	4:43.2

Heat 3

Lane	Athlete	College	Time
1	K. Hardy	Cabrillo	5:07.0
2	M. Griffin	Antelope	5:23.8
3	N. Lee	Monterey	5:12.5
4	D. Bateman	Diablo	4:52.5
4a	S. Domingues	Fresno	4:53.3
5	S. Peters	Monterey	4:44.7
6	J. Rivers	Marin	5:06.8
7	C. Garza	Reedley	5:12.0
8	A. Wotherspoon	W. Valley	4:45.2
9	C. McBride	Alameda	5:25.4

3506
2

NINE ADVANCE TO FINALS
THREE HEATS - TOP THREE IN EACH HEAT

TIME: TRIALS - 1:35 P.M.

100 METER HURDLES

	<u>Lane</u>	<u>Athlete</u>	<u>College</u>	<u>Time</u>
<u>Heat 1</u>	2	C. Thurber	Sierra	16.5
	3	D. Coleman	Sequoias	15.6
	4	J. Boriola	Santa Rosa	16.0 (15.9) 3rd
	5	D. Collier	Monterey	16.4
	6	S. Harris	Yuba	17.4
	7	N. O'Connell	W. Valley	15.69 (15.6) 2nd
	8	D. Macias	Fresno	14.9 (14.9) 1
	9	C. Williams	Los Medanos	16.1
<u>Heat 2</u>	2	S. Tompkins	W. Valley	16.38
	3	H. Wenzel	Antelope	16.5
	4	J. Johnson	Hartnell	17.1
	5	K. Kendall	Sierra	15.0
	6	D. Hunerlach	Butte	15.5 (15.3)
	7	H. Hansen	Football	15.8
	8	L. Watson	Delta	16.0
	9	K. Shreve	Modesto	16.2 (15.3)
<u>Heat 3</u>	2	L. Robinson	Antelope	15.4
	3	A. Bess	Marin	16.3
	4	P. Nishida	Reedley	16.3
	5	B. Walker	Fresno	16.0 (15.7)
	6	J. Blake	Chabot	15.3 (15.0)
	7	J. Achan	Alameda	17.1
	8	C. Hohmann	W. Valley	15.88
	9	D. Green	Contra Costa	17.1

NINE ADVANCE TO FINALS
THREE HEATS - TOP THREE IN EACH HEAT

TIME: TRIALS - 1:55 P.M.

400 METERS

<u>Lane</u>	<u>Athlete</u>	<u>College</u>	<u>Time</u>
<u>Heat 1</u>	2 J. Gonzalez	Monterey	58.2
	3 D. Macias	Fresno	58.6 56.3
	4 J. Hummell	Cuesta	62.2
	5 C. Jones	Contra Costa	59.8
	6 B. Nellis	Antelope	63.8
	7 D. Kesterson	Yuba	58.0
	8 K Allyns	W. Valley	59.37
<u>Heat 2</u>	3 T. Philopena	Santa Rosa	55.1
	4 Snyder	American River	59.2
	5 L. Kaveney	Marin	60.4
	6 T. Beach	Chabot	60.1
	7 G. Kennedy	Skyline	57.4
	8 D. Zqick	Foothill	58.23
<u>Heat 3</u>	3 J. West	San Jose	56.64
	4 A. Vanwarmerdam	Delta	56.4 56.0
	5 R. McGree	Alameda	58.5
	6 L. Douglas	DeAnza	58.5 54.2
	7 C. Cook	Butte	60.3
	8 D. Girard	Sequoias	60.2

100 METER DASH

Heat 1

<u>Lane</u>	<u>Athlete</u>	<u>College</u>	<u>Time</u>
2	Carley	American River	11.8
3	J. Hodnick	San Mateo	12.4
4	K. Kendall	Sierra	12.7
5	O. Perry	Modesto	12.1
6	A. Wright	Contra Costa	12.7
7	D. Hampton	San Jose	12.1
8	A. Dutton	Shasta	12.4
9	E. Woodson	Monterey	12.9

Heat 2

2	T. Pence	DeAnza	12.4
3	L. White	Monterey	12.6
4	G. Maul	Sierra	12.9
5	P. Green	Marin	12.1
6	J. McDaniel	Sacramento	12.4
7	D. White	Alameda	11.9
8	E. Mallory	San Jose	12.1
9	J. Blake	Chabot	12.76

Heat 3

2	J. Macfarlane	Yuba	12.3
3	T. Gibbs	San Jose	12.11
4	B. Morgan	Alameda	12.6
5	D. Ramirez	Modesto	12.1
6	L. Robinson	Antelope	12.8
7	C. Martyn	Cuesta	12.2
8	T. Braman	Sequoias	12.8
9	S. Adams	Sacramento	12.6

NINE ADVANCE TO FINALS
THREE HEATS - TOP THREE IN EACH HEAT

TIME: TRIALS - 2:30 P.M.

800 METER RUN

<u>Heat</u>	<u>Lane</u>	<u>Athlete</u>	<u>College</u>	<u>Time</u>
<u>Heat 1</u>	1	C. Matthews	Monterey	2:27.6
	2	Norton	American River	2:24.0
	3	C. Hester	Fresno	2:19.5
	4	P. Bowers	W. Valley	2:19.1
	5	P. Valentine	Antelope	2:27
	6	D. Pappas	Yuba	2:23.5 <u>2:19.0</u>
<u>Heat 2</u>	1	Garza	Reedley	2:27.8
	2	J. Lombard	Butte	2:25.4
	3	J. Hummell	Cuesta	2:44.0
	4	T. Gonzalez	Monterey	2:18.8 <u>2:19.9</u>
	5	J. Rivers	Marin	2:26.6
	6	S. Domingues	Fresno	2:23.2 <u>2:20.2</u>
	7	L. Park	Butte	2:19.7 <u>2:16.9</u>
<u>Heat 3</u>	1	G. Mandy	Butte	2:27.9
	2	K. Tyksinsky	Alameda	2:25.8
	3	H. Haggard	Delta	2:28.0 <u>2:24.2</u>
	4	S. Blevins	Siablo	2:17.4
	5	C. McManus	W. Valley	2:26.1
	6	J. Smith	DeAnza	2:22.7
	7	D. Neff	Santa Rosa	2:22.3

NINE ADVANCE TO FINALS
TWO HEATS - TOP FOUR IN EACH HEAT
AND FASTEST FIFTH

TIME: TRIALS - 2:40 p.m.

400 METER HURDLES

	<u>Lane</u>		<u>College</u>	<u>Time</u>	
<u>Heat 1</u>	1	J. Boriolo	Santa Rosa	1:04.5	63.4
	2	D. Hunerlach	Butte	1:02.8	62.7
	3	S. Tompkins	W. Valley	1:08.62	
	4	K. Hohmann	W. Valley	1:04.88	
	5	B. Walker	Fresno	1:08.3	
	6	J. Johnson	Hartnell	1:11.3	
	7	D. Colleir	Monterey	1:12.6	
	8	H. Hansen	Football	1:05.9	
	9	C. Thurber	Sierra	1:06.1	
 <u>Heat 2</u>	1	N. O'Connell	W. Valley	1:03.61	
	2	A. Vanwarmerdam	Delta	1:05.3	63.6
	3	A. Nayandando	Sequoias	1:07.7	
	4	S. Ratcliffe	Chabot	1:04.0	63.8
	5	S. Finney	San Jose	1:08.54	67.4
	6	L. Moore	Modesto	1:09.7	
	7	L. Robinson	Antelope	1:10.7	
	8	D. Green	Contra Costa	1:13.1	
	9	D. Macias	Fresno	1:04.9	

NINE ADVANCE TO FINALS
THREE HEATS - TOP THREE IN EACH HEAT

TIME: TRIALS - 3:00 P.M.

200 METERS

	<u>Lane</u>	<u>Athlete</u>	<u>College</u>	<u>Time</u>
<u>Heat 1</u>	2	P. Green	Marin	25.5
	3	B. Kesterson	Yuba	25.5
	4	D. White	Alameda	24.2
	5	T. Braman	Sequoias	26.1
	6	D. Hampton	San Jose	25.2
	7	K. Kendall	Sierra	26.2
	8	T. Philopena	Santa Rosa	24.9
<u>Heat 2</u>	2	J. Hodnick	San Mateo	26.0
	3	Carley	American River	24.8
	4	O. Perry	Modes to	25.4
	5	J. Macfarlane	Yuba	25.5
	6	G. Kennedy	Skyline	25.2
	7	T. Gibbs	San Jose	24.9
	8	T. Flick	W. Hills	28.7
	9	L. White	Monterey	26.4
<u>Heat 3</u>	2	A. Dutton	Shasta	25.8
	3	N. Smith	Alameda	26.3
	4	C. Johanns	Fresno	25.9
	5	L. Douglas	DeAnza	25.4
	6	E. Mallory	San Jose	24.9
	7	T. Gonzales	Monterey	26.9
	8	J. McDaniel	Sacramento	25.2
	9	C. Martyn	Cuesta	24.9

3,000 METER RUN

	<u>Lane</u>	<u>Athlete</u>	<u>College</u>	<u>Time</u>
<u>Heat 1</u>	1	S. Peters	Monterey	10:16.9
	2	D. Kehres	Santa Rosa	12:28
	3	Daley	American River	11:30.1
	4	P. Burkes	Hartnell	11:02.7 10:46.6
	4a	K. Robinson	Delta	10:15.6
	5	N. Grossman	Skyline	11:08.6
	5a	S. O'Donnell	Cuesta	10:46.7
	6	D. Batman	Diablo	10:42.0
	7	R. Tracey	Antelope	11:41.9
	8	N. Lee	Monterey	11:41.9
	9	K. Perkins	W. Valley	10:09.5
<u>Heat 2</u>	1	L. Knedler	Shasta	10:37.3
	2	S. Chung	Monterey	11:38.9
	3	S. Locke	Marin	11:29.5
	4	A. Wotherspoon	W. Valley	10:12.1
	4a	V. Eberly	W. Valley	10:48.0
	5	I. Crowley	San Jose	10:12.0
	6	D. Williams	Yuba	10:47.6
	7	A. Olson	Fresno	11:41.2
	8	G. Mandy	Butte	11:22.9
	9	M. Trujillo	Hartnell	10:30.2

NINE ADVANCE TO FINALS
THREE HEATS - TOP THREE IN EACH HEAT

TIME: TRIALS - 3:45 P.M.

MILE RELAY

<u>Heat 1</u>			<u>Heat 2</u>		
<u>Lane</u>	<u>College</u>	<u>Time</u>	<u>Lane</u>	<u>College</u>	<u>Time</u>
2	San Jose	3:56.5	2	Butte	4:00.8 4:00.4
3	Foothill	4:18.0	3	Santa Rosa	3:57.6
4	Contra Costa	4:11.4	4	Delta	4:11.8
5	Sequoias	4:09.5 4:06.5	5	Antelope	4:19.6
6	San Mateo	4:16.9	6	Monterey	4:07.0
7	Modesto	4:02.1	7	Marin	4:15.5
8	Fresno	4:01.6	8	Yuba	4:03.6

<u>Heat 3</u>		
<u>Lane</u>	<u>College</u>	<u>Time</u>
2	Chabot	4:13.0
3	DeAnza	4:05.76
4	Sierra	4:13.3
5	American River	4:05.5 4:04.4
6	Alameda	3:58.0
7	W. Valley	3:59.11
8	Hartnell	4:29.2
9	Guesta	4:19.7