

CALIF. COMMUNITY COLLEGE TRACK COACHES ASSOC. - OFFICIAL WOMEN'S STATE LEADERS - 4/16/79

WOMEN'S LIST

100 METERS

- 11.9w Celeste Martyn, CUESTA, 2/27  
 11.9w(3/30), 12.1(3/9)  
 Allen, LACC  
 12.0w Denice Robinson, ANT. VAL, 4/2  
 12.19 Tina Gibbs, SAN JOSE, 4/14  
 12.1 Yvette Evans, EL CAMINO, 3/9  
 12.1w Eloise Mallory, SAN JOSE, 4/4  
 12.1w Dot Ramirez, MODESTO, 3/30  
 12.1w Diana Macias, FRESNO, 3/30  
 12.21 DeDe Nash, CERRITOS, 4/14  
 12.2 Tessie Flores, SO. WESTERN, 3/23  
 12.2w Beverly Johnson, WEST LA, 4/12  
 12.2w Cynthia Wren, COMPTON, 4/2

200 METERS

- 24.6w Celeste Martyn, CUESTA, 4/7  
 24.9 Eloise Mallory, SAN JOSE, 3/21  
 25.0w Arleen Vanwarmerdam, DELTA, 4/7  
 25.0w Yolanda Garcia, SO. WESTERN, 3/16  
 25.2w Gwen Kennedy, SKYLINE, 4/7  
 25.3w T. Green, MARIN, 3/23  
 25.2 Tina Gibbs, SAN JOSE, 4/4  
 25.4w T. Philopena, S. ROSA, 3/30  
 25.5 Yvette Evans, EL CAMINO, 3/9  
 25.5w Donna Kesterson, YUBA, 4/7  
 25.5w Jan MacFarlane, YUBA, 4/7

400 METERS

- 56.7 Teresa Philopena, S. ROSA, 3/30  
 56.7 Joselyn West, SAN JOSE, 4/4  
 57.4 Gwen Kennedy, SKYLINE, 4/7  
 57.5 Ruth Caldwell, CITRUS, 3/8  
 57.8 Laura Held, ORANGE CST, 3/18  
 57.8 Yolanda Garcia, SO. WESTERN, 2/27  
 58.0 Donna Kesterson, YUBA, 4/7  
 58.2 Tommie Gonzales, MONTEREY, 4/7  
 58.3 Debbie Zwick, FOOTHILL, 3/30  
 58.3 Eloise Mallory, SAN JOSE, 3/30  
 58.5 Arleen Vanwarmerdam, DELTA, 3/20  
 58.6 Liz Douglas, DE ANZA, 4/4

800 METERS

- 2:08.1 Ruth Caldwell, CITRUS, 3/23  
 2:17.4 Joselyn West, SAN JOSE, 3/30  
 2:18.5 Dawn Baske, CITRUS, 3/23  
 2:18.8 Tammy Gonzalez, MONTEREY, 4/7  
 2:19.5 Connie Hester, FRESNO, 3/24  
 2:20.6 Park, BUTTE, 3/16  
 2:20.9 Pam Bowers, WEST VALLEY, 2/24  
 2:21.2 Donna Machado, CITRUS, 3/23  
 2:22.6 Jackie Little, ORANGE C, 3/31  
 3:22.8 Suzanne Blevins, DIABLO, 3/16  
 3:22.8 Lyrne Newton, CITRUS, 3/23

1500 METERS

- 4:25.2 Ruth Caldwell, CITRUS, 3/23  
 4:43.1 Connie Hester, FRESNO, 4/6  
 4:44.5 Sabrina Peters, MONTEREY, 4/7  
 4:45.7 Lita Whiteman, GROSSMONT  
 4:47.0 Karry Robinson, DELTA, 4/7  
 4:50.7 Suzanne Blevins, DIABLO, 3/30  
 4:51.5 Irene Crowley, SAN JOSE, 3/30  
 4:51.6 Sheila O'Donnell, CUESTA, 4/7  
 4:52.6 Stacy Kearns, YUBA, 4/7  
 4:52.6 Diane Bateman, DIABLO, 3/30  
 4:52.9 Kathy Perkins, WEST VAL, 3/30

3000 METERS

- 9:59.0 Ruth Caldwell, CITRUS, 2/9  
 10:12.5 Karey Robinson, DELTA, 4/7  
 10:21.9 Sabrina Peters, MONTEREY, 4/7  
 10:28.2 Tina Moran, GLENDALE, 3/30  
 10:32.8 Diane Karg, HARBOR, 3/9  
 10:35.8 Sherry Simmons, HARBOR, 3/9  
 10:37.6 Suzanne Blevins, DIABLO, 3/30  
 10:38.4 Kathy Perkins, WEST VAL, 3/16  
 10:40.6 Sheila O'Donnell, CUESTA, 4/7  
 10:42.0 Diane Bateman, DIABLO, 3/22  
 10:33.6 Irene Crowley, SAN JOSE, 3/16

100 METER HURDLES

- 14.9w Diana Macias, FRESNO, 3/30  
 15.0w Karen Kendall, SIERRA, 4/7  
 15.3 Redican, MT. SAC, 2/16  
 15.3 Felton, S. MONICA, 3/9  
 15.3w Jami Blake, WEST VAL, 4/4  
 15.3w L. Robinson, ANT. VAL, 3/23  
 15.4 Laura Held, ORANGE C, 2/16  
 15.5 Liz Carroll, GOLDEN WEST, 3/2  
 15.5 Nancy O'Connell, CHABOT, 3/30  
 15.7 Lofton, ORANGE C, 2/16  
 15.7w Heidi Hansen, FOOTHILL, 4/7  
 15.8w Donna Hunerlach, BUTTE, 3/9  
 15.8w Betsy Bunelcourt, SO. W., 3/23

400 METER HURDLES

- 60.0 Celeste Martyn, CUESTA, 3/23  
 65.0 Nancy O'Connell, WEST VAL, 3/30  
 65.9 Cathy Hohmann, WEST VALLEY, 3/22  
 66.8 Heidi Hansen, FOOTHILL, 4/7  
 66.9 Diana Macias, FRESNO, 3/30  
 67.4 Cathy Thurber, SIERRA, 3/9  
 67.7 Held, ORANGE COAST, 2/16  
 68.2 Davis, LOS ANGELES CC, 3/9

HIGH JUMP

- 5-7 Dearne Neff, SANTA ROSA, 3/30  
 5-6 Redican, MT. SAC, 2/16  
 5-6 Phyllis Blumtson, EL CAMINO, 2/16  
 5-4 Pam Blackburn, FOOTHILL, 4/7  
 5-4 Carole Sanders, COMPTON, 4/2  
 5-4 Joanne Teteak, S. BARBARA, 3/24  
 5-4 J. Achan, ALAMEDA, 3/30  
 5-4 Liz Bordenkircher, YUBA, 4/2  
 5-4 Kaizer, BAKERSFIELD, 2/9  
 5-2 Yvette Evans, EL CAMINO, 2/16  
 5-2 Pam Banks, GOLDEN WEST, 3/2  
 5-2 Vicki Marquez, VENTURA, 3/24  
 5-2 Elaine Taylor, VENTURA, 5  
 5-2 Jackie Little, ORANGE C, 2/9  
 5-2 Sandi Tyler, LONG BEACH, 2/9  
 5-2 Michele Morst, CERRITOS, 3/30

LONG JUMP

- 18-9w N. Smith, ALAMEDA, 3/30  
 18-2w Michele Tornquist, MODESTO, 3/30  
 18-134 Debbie Wilford, SO. WESTERN, 3/9  
 17-11w Donna Hunerlach, BUTTE, 2/23  
 17-10 1/2 Yvette Evans, EL CAMINO, 2/9  
 17-6w Deanne Neff, SANTA ROSA, 3/30  
 17-4w Ora Perry, MODESTO, 3/30  
 17-2w D. Green, CONTRA COSTA, 3/2  
 17-1w Liz Bordenkircher, YUBA, 2/23  
 17-1 w Gaffney, SEQUOIAS, 3/16  
 17-0 Aleta Sperling, LONG B., 3/16  
 17-0 Mary Rowell, HARBOR, 3/9  
 17-0w Lori Watson, DELTA, 3/30

SHOT PUT

- 43-1 1/4 Peggy Pollock, DE ANZA, 4/4  
 42-11 Erickson, SHASTA, 4/6  
 41-1 1/2 Julie Flynn, GLENDALE, 3/16  
 40-10 Michelle Morse, CERRITOS, 3/23  
 39-11 1/2 Roxann Kasparian, FRESNO, 3/16  
 39-6 1/2 Wendi Mitchell, S. JOSE, 3/9  
 39-3 1/2 Sondi Binnis, MODESTO, 3/2  
 39-2 Ana Ulugaono, HARBOR, 3/9  
 39-1 Wendy Robinson, BUTTE, 2/23  
 39-0 Carmen Yates, CON. COSTA, 3/2  
 38-9 1/4 Eppnie Dasse, ORANGE C, 2/16  
 38-2 Carbonero, DE ANZA, 3/16  
 38-0 Gaye Anderson, VENTURA, 3/24

DISCUS THROW

- 145-2 Cecilia Sandoval, MODESTO, 3/30  
 135-11 Wendy Robinson, BUTTE, 4/6  
 134-0 Paling White, LOS MEDANOS, 4/7  
 134-0 Bonnie Dasse, OR. C, 3/31  
 133-6 Lauri Jones, MPC, 3/24  
 133-5 Julie Flynn, GLENDALE, 2/9  
 133-5 L. Hunter, TAFT, 2/23  
 132-0 Roxann Kasparian, FRESNO, 4/6  
 127-6 Nadeen Ramirez, DE ANZA, 4/4  
 126-3 Lori Watson, DELTA, 4/7  
 125-11 Wendi Mitchell, SAN JOSE, 3/30

JAVELIN THROW

- 155-4 Donna Mayhew, GLEND, 3/24  
 138-1 Lauri Jones, MPC, 3/24  
 136-4 K. Middlebrooks, TAFT, 2/16  
 134-11 Joann Walker, COMPTON, 2/23  
 132-5 Elaine Sundby, FOOT, 3/30  
 129-3 Bonnie Dasse, OR. CST, 3/31  
 125-10 Tippy Borrego, CERRITOS, 3/8  
 121-3 Ginochio, YUBA, 3/9  
 119-1 Sondi Binnis, MODESTO, 3/30  
 118-8 Gaye Anderson, VENT, 3/2  
 118-6 Belinda Rice, BAKERS, 3/24  
 118-5 Lynn Harrison, DIABLO, 4/4

440 RELAY (1 = 400 meters + .2)

- 48.5 - SAN JOSE CC, 3/9  
 48.7 EL CAMINO, 4/7  
 49.3 LOS ANGELES CC, 3/30  
 49.6 COMPTON, 3/18  
 49.6 MODESTO, 3/20  
 50.0 SOUTHWESTERN, 2/27  
 50.0 FRESNO CC, 4/6  
 50.3 VENTURA, 3/2  
 50.3 SANTA ROSA, 3/30  
 50.3 SEQUOIAS, 3/16  
 50.4 YUBA, 4/7  
 50.5 ALAMEDA, 3/30  
 50.8 SIERRA, 4/7  
 51.0 MONTEREY PENINSULA, 4/7  
 51.1 WEST VALLEY, 3/30  
 51.1 PASADENA, 3/16

MILE RELAY (1 = 1600m + 1.1)

- 4:02.7 FRESNO CC, 4/6  
 4:04.6 WEST VALLEY, 3/22  
 4:06.1 YUBA, 4/7  
 4:07.2 SANTA ROSA, 3/10  
 4:07.4 VENTURA, 3/24  
 4:07.5 CITRUS, 3/8  
 4:07.7 SOUTHWESTERN, 2/27  
 4:08.1 MONTEREY PENINSULA, 4/7  
 4:09.1 SAN JOSE, 3/29  
 4:09.4 CUESTA, 4/7  
 4:10.4 MODESTO, 3/30  
 4:11.2 BUTTE, 4/6

800 METER RELAY

- 1:46.0 FRESNO CC

880 YARD MEDLEY RELAY

- 1:50.4 SANTA ROSA

NOTICE: ALL COLLEGES SHOULD REPORT MARKS DIRECTLY TO THE JC ATHLETIC BUREAU. INCLUDE DATES & SITES - PLUS WIND CONDITIONS (Marks for which no wind data is reported are listed as "w".

\_\_\_ = missing name or date, please submit. w = wind-aided.  
 1 = mark converted (meters to yards for relays).

FOR RELAYS: Include individual names & available splits.

MEN'S LIST

100 METERS

10.3 Willie Jackson, SAN JOSE, 3/29  
 10.3w Virgil Torrance, LONG BEACH, 2/17  
 10.4 Tim Foster, SAN JOSE, 3/29  
 10.4w Perry Johnson, LONG BEACH, 2/17  
 10.4 Larry Goldston, MT. SAC, 2/16  
 10.5 Harold Williams, MT. SAC, 2/16  
 10.5 Chris Dailey, SACRAMENTO, 3/10  
 10.5 Jerome Miller, PASADENA, 2/9  
 10.5 Greg Iverson, BAKERSFIELD, 2/23  
 10.5 John Thomas, LA SCOUTWEST  
 10.5w Ceron Early, CERRITOS, 3/17  
 10.5w V. Trapps, ALAMEDA, 3/30  
 10.5w Phil Trask, HARTNELL, 2/17  
 10.5w Pat Croft, LOS MEDANOS, 3/23  
 10.5w Daryl Sidney, LONG BEACH, 2/17  
 10.5w Terry Wyatt, CUESTA, 3/30  
 10.5w Rennie Jones, WEST LA, 3/16  
 10.5w Anthony Lockhart, COMPTON, 3/2

200 METERS

20.6w Willie Jackson, SAN JOSE, 3/3  
 20.96w Larry Goldston, MT. SAC, 3/9  
 (21.3, 2/16)  
 21.0 Tony Fuller, Saddleback, 3/9  
 21.0 Derek Robinson, LONG BEACH, 2/21  
 21.1w Virgil Torrance, L. BEACH, 2/21  
 21.1w Phil Trask, HARTNELL, 4/7  
 21.2 John Thomas, LA SCWEST, 3/2  
 21.2 Harold Williams, MT. SAC, 2/16  
 21.2w Pat Croft, LOS MEDANOS, 3/23  
 21.2w Daven Lewis, LONG BEACH, 3/16  
 21.3 Tim Foster, SAN JOSE, 3/29  
 21.3w Dwayne Taylor, SAN JOSE, 2/16  
 21.3w Gene Doughty, DEPTA, 3/20

400 METERS

46.8 Larry Goldston, MT. SAC, 3/9  
 47.2 Randall Woodson, FULLERTON  
 47.2 Ron Williams, LONG BEACH, 2/21  
 47.6 Phil Trask, HARTNELL, 3/9  
 47.6 Tony Fuller, SADDLEBACK  
 47.6 Pat Holcombe, SAN JOSE, 3/29  
 47.6 Daven Lewis, LONG BEACH, 2/17  
 47.7 Pat Croft, LOS MEDANOS, 3/16  
 47.8 Sam Caesar, LONG BEACH, 2/17  
 48.0 Bradley, COSUMNES R, 3/20  
 48.2 Larry Venedice, OR. COAST, 3/9  
 48.3 Ramon Grubbs, PASADENA, 2/27  
 48.4 Jeff Garrett, LOS MEDANOS, 4/7

800 METERS

1:50.3 Pat Holcombe, SAN JOSE, 4/14  
 1:52.1 Vernon Sallaz, CHABOT, 4/4  
 1:52.4 Eddie Wright, PASADENA, 3/16  
 1:52.9 Jeff Maxwell, SKYLINE, 4/7  
 1:53.0 Randy White, BAKERSFIELD, 2/16  
 1:53.4 Gary Hardwick, LONG BEACH  
 1:53.6 John Sup, MONTEREY, 4/7  
 1:54.0 William Walker, SAN JOSE, 3/21  
 1:54.4 Tim Borland, SADDLEBACK, 4/4  
 1:54.5 Mark Celestin, SADDLEBACK, 4/4  
 1:54.8 Dan Lodolo, GLENDALE, 3/21  
 1:54.9 Terry Johnson, Chabot, 4/4  
 1:54.9 Rocky Niederberger, AMER. RIV, 2/10  
 1:54.9 Steve Ortiz, GROSSMONT, 3/23

1500 METERS

3:50.5 John Sup, MONTEREY PEN., 3/2  
 3:52.8 Ron Cornell, LONG BEACH  
 3:52.8 Randy White, BAKERSFIELD  
 3:52.8 Ed Burns, BAKERSFIELD  
 3:53.0 Vernon Sallaz, CHABOT, 4/4  
 3:53.8 Dan Navarro, SIERRA, 4/7  
 3:54.4 Ivan Huff, HANCOCK, 3/21

MILE

(1 = indoor mark)  
 4:04.5 Steve Ortiz, GROSSMONT, 4/14  
 4:12.9 Tim Wash, GROSSMONT, 2/16  
 4:13.0 Pat Carroll, GROSSMONT, 2/16  
 4:13.3 Mike Dyer, WEST VALLEY, 3/3  
 4:13.6 Rich Rose, GROSSMONT, 3/10  
 4:09.7 John Sup, MONTEREY, 1/13

DECATHLON--no reports received  
 (Include event breakdown.)

3000 STEEPLECHASE

9:00.8 Mark Lewis, GLENDALE, 4/7  
 9:01.2 Mike Dyer, WEST VAL, 4/14  
 9:15.4 Mark LaBonte, SADDLEBACK, 4/14  
 9:15.8 Raul Aguiro, SANTA ANA, 4/14  
 9:16.9 Pat Carroll, GROSSMONT, 3/10  
 9:17.6 Ricardo Vargas, HARTNELL, 4/7  
 9:19.3 Carmelo Rios, LONG BEACH, 2/17  
 9:23.5 Robert Lusitana, GROSSMNT, 2/24  
 9:26.0 Ralph Kotoff, CERRITOS, 4/14  
 9:26.8 Scott Mayfield, HANCOCK, 4/14  
 9:28.6 Vance Eberly, WEST VAL, 4/14  
 9:31.0 Brian Appell, OR. COAST, 2/24

TWO MILE

8:42.61 Steve Ortiz, GROSSMONT, 2/16  
 9:11.8 Danny Grimes, DE ANZA, 2/24  
 9:12.1 Mike Lohr, GROSSMONT, 3/17  
 9:13.2 Rick Rose, GROSSMONT, 4/14  
 9:14.6 Mike Dyer, WEST VALLEY, 3/16  
 9:15.1 Dan Will, AMERICAN RIVER, 3/23  
 9:15.1 Malcolm Maxwell, AMER. R., 2/3  
 9:18.0 Jim Christiansen, MPC, 4/14

5000 METERS

14:00.9 Steve Ortiz, GROSSMONT, 2/24  
 14:25.9 Rick Rose, GROSSMONT, 2/24  
 14:42.1 Ricky Perez, SD MESA, 3/23  
 14:45.6 Terry Gibson, GLENDALE, 3/21  
 14:49.0 Tim Holmes, MDESTO, 4/14  
 14:49.6 Greg Hitchcock, SIERRA, 4/14  
 14:51.4 John Sup, MONTEREY, 3/17  
 14:52.0 Raul Aguiro, SANTA ANA, 3/20  
 14:52.6 Carmelo Ribs, LONG BCH  
 14:52.8 Dennis Hamblin, GROSSM, 3/10  
 14:53.0 Jeff Day, ORANGE COAST, 3/30

10,000 METERS

30:09.7 Tim Varley, GROSSMONT, 4/7  
 30:12.9 Rick Rose, GROSSMONT, 3/18  
 30:19.7 Terry Gibson, GLENDALE, 4/7  
 30:20.0 Danny Grimes, DE ANZA, 4/6  
 30:42.9 Steve Ortiz, GROSSMONT, 3/18  
 30:51.5 Greg Parks, LA VALLEY, 2/24

110 METER HIGH HURDLES

14.0 Malcolm Dixon, FOOTHILL, 3/30  
 14.0 Tom Bobertz, SKYLINE, 3/30  
 14.1 Claude Grady, HARTNELL, 3/30  
 14.2 Byron Carmichael, S. JOSE, 3/10  
 14.2w Rick Hicks, YUBA, 4/7  
 14.35 Andre Frazier, PASADENA, 4/14  
 14.3 Andre Phillips, SAN JOSE, 3/21  
 14.3 John Kennedy, SAN JOSE, 4/4  
 14.3w Derek Robinson, LONG B, 2/27  
 14.4 Cornell Milloy, PASADENA, 4/14  
 14.4w Greg Marjama, BUTTE, 4/14  
 14.51 Will Patterson, C. COSTA, 4/14  
 14.5w Richard Clark, ALAMEDA, 3/23  
 14.5w Robert LeClain, GROSSM, 3/30

400 METER INT. HURDLES

51.1 Andre Phillips, SAN JOSE, 4/7  
 51.7 Tom Bobertz, SKYLINE, 4/14  
 52.4 Terry Richardson, PASADENA, 4/14  
 53.0 Ramon Grubbs, PASADENA, 4/14  
 53.0 Doug Lalicker, FULLERTON  
 53.2 Oscar Moore, PASADENA, 4/14  
 53.3 Curtis Sells, HARTNELL, 4/7  
 53.3 Tracy Taylor, GROSSMONT  
 53.4 Jackson, COSUMNES RVR, 3/20  
 53.4 Greg Marjama, BUTTE, 4/14

SHOT PUT

57-6 3/4 Jeff Voorhees, S. ROSA, 4/7  
 55-10 1/4 Mike Smith, SAN MATEO, 3/24  
 54-6 Bruce Mondello, FULLER, 3/9  
 53-2 1/4 Matt Gauthier, GROSSM, 3/9  
 53-2 1/4 Ken Pole, GROSSMONT, 3/23  
 52-1 1/4 Matt Fuchs, PASADENA, 2/9  
 52-9 1/4 Henry Scarborough, PASA, 3/9

MILE INTERMEDIATE HURDLES RELAY

3:45.6 GROSSMONT 3:52.0 GLENDALE  
 3:50.6 MORPARK 3:52.5 LACC

440 YARD RELAY

(1 = 400 meters + 0.2)  
 40.3 SAN JOSE, 4/14  
 40.4 LONG BEACH, 4/14  
 40.8 MT. SAN ANTONIO, 4/14  
 41.2 PASADENA, 4/12  
 41.2 SACRAMENTO, 4/14  
 41.7 WEST LOS ANGELES, 3/9  
 41.8 ALAMEDA, 3/16  
 41.9 HARTNELL, 4/7  
 41.9 CONTRA COSTA, 4/14  
 42.1 LOS MEDANOS, 4/7  
 42.1 CHABOT, 4/7  
 42.1 FOOTHILL, 3/22  
 42.1 FRESNO, 4/7  
 42.2 SANTA ANA, 3/30  
 42.3 MARIN, 3/23  
 42.3 LOS ANGELES CC, 3/30  
 42.3 GROSSMONT, 3/30  
 42.3 COSUMNES RIVER, 2/17

880 YARD RELAY

1:24.8 SAN JOSE, 4/14  
 1:25.1 LONG BEACH, 4/14  
 1:25.2 MT. SAC, 4/7  
 1:26.8 PASADENA, 4/14  
 1:27.0 SANTA ROSA, 4/14  
 1:27.6 ALAMEDA, 4/14  
 1:27.7 CHABOT, 4/7  
 1:27.7 FRESNO CC, 4/7  
 1:27.7 LOS ANGELES CC, 4/12  
 1:27.8 GROSSMONT, 4/12  
 1:27.9 SANTA MONICA, 4/12  
 1:28.0 AMERICAN RIVER, 3/10  
 (1 = 800 meters + 0.5)

MILE RELAY

3:09.3 LONG BEACH CC, 2/26  
 3:11.2 MT. SAC, 4/14 (Newbill  
 48.2, Jackson 49.7, Williams  
 47.3, Goldston 46.0)  
 3:12.6 SAN JOSE CC, 4/14  
 3:14.7 FULLERTON, 4/12  
 3:14.9 SANTA ROSA, 4/14  
 3:15.4 LOS MEDANOS, 4/14  
 3:15.4 LOS ANGELES CC, 4/12  
 3:15.9 EL CAMINO, 4/12  
 3:18.0 COMPTON, 2/24  
 3:18.1 CERRITOS, 4/12  
 3:18.2 SKYLINE, 4/7  
 3:18.2 PASADENA CC, 2/16  
 3:18.3 BUTTE, 4/14  
 3:18.5 CHABOT, 4/14  
 (1 = 1600 meters + 1.1)

TWO MILE RELAY

7:37.0 LONG BEACH CC, 4/7  
 7:37.2 CHABOT, 4/7  
 7:45.6 HANCOCK, 4/14  
 7:48.6 BAKERSFIELD, 3/26  
 7:48.8 AMERICAN RIVER, 4/14  
 7:50.2 SEQUOIAS, 4/14  
 7:51.0 SANTA ROSA, 4/14  
 7:52.0 SANTA MONICA, 4/12  
 7:55.5 SADDLEBACK, 2/24  
 7:58.8 GROSSMONT, 4/12  
 (1 = 3200 meters + 2.8)

FOUR MILE RELAY (1 = m + 7.0)

17:15.8 LONG BEACH, 4/12  
 17:23.7 GLENDALE, 4/7  
 17:30.5 S. DIEGO MESA, 4/12  
 17:32.0 GROSSMONT, 4/12  
 17:41.0 SANTA MONICA, 4/12  
 17:43.9 FULLERTON, 4/12  
 17:47.1 CERRITOS, 4/12  
 17:49.1 SAN JOSE, 3/10  
 17:49.4 WEST VALLEY, 3/10  
 18:00.2 MARIN, 4/14

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 INCLUDE DATES & WIND INFO.

Marks for which no wind  
 conditions are reported  
 are listed as "w".

REMINDER TO COLLEGES - Please circulate copies of enclosed to coaches of sports concerned & others interested.

--Please submit statistical updates. Thank you.

UPCOMING CALIF. COMMUNITY COLLEGE MEETINGS & CHAMPIONSHIPS

CALIF. COMMUNITY COLLEGE FOOTBALL COACHES ASSOC. CONF. REPS/BOARD (President Don Odishoo, Merced), Pacific Memorial Stadium, Stockton --Thursday, April 19 (1 p.m.) & Friday, April 20 (9 a.m.-noon).

CALIFORNIA COMMUNITY COLLEGE BASKETBALL COACHES ASSOC. CONF. REPS /EXECUTIVE COMM. (President Bob Bugalski, Cabrillo), Holiday Inn, Fresno Airport--Friday, April 20 (3 p.m.).

CALIF. COMMUNITY COLLEGE ATHLETIC DIRECTORS' ASSOC. STATE CONVENTION (President Herb Loken, Bakersfield), Lakeland Village, South Lake Tahoe--Sunday, April 22 (2 p.m. Executive Comm.; 4 pm Registration; 5:30 pm first session) & April 23 (8:30 am-6:30 pm).

CONFERENCE REPRESENTATIVES ORGANIZATION (Chairman Bill Kelly, Saddleback), Airport Marina, Burlingame--Wed., April 25 (2 pm).

CCJCA COMMISSION ON ATHLETICS (Chairman Dr. Robert Lombardi, Saddleback; Executive Secretary Vernon Warkentin, Reedley), Hyatt House, Burlingame--Thursday, April 26 (10 am) & Fri., Apr. 27 (9 am).

CHAMPIONSHIPS:

April 28--Calif. Community College Men's Gymnastics, Diablo Valley, (team, noon; individual, 7 p.m.)

May 3-5--Calif. CC Men's & Women's Swimming & Diving at Ohlone.

May 4-5--Calif. CC Women's Gymnastics at Long Beach CC.

IMPORTANT CALIF. COMMUNITY COLLEGE TRACK & FIELD DATES

APRIL 19--Mt. San Antonio Relays (JC Division) at Walnut.

APRIL 21--Merced Invitational; Woody Wilson Relays at UC Davis.

APRIL 24--Western State Conf. Prelims at Glendale, 1 pm

--Metropolitan Conference Women's Prelims at Pierce.

--Southern California Conference Prelims at Golden West.

--Mission Conf. Prelims at Citrus, 2:30 pm (includes Desert colleges)

APRIL 25--Carnegie Norte Conf. Trials at Santa Rosa, 2:30 pm.

--Golden Gate Conf. Trials at Diablo Valley, 2 pm.

--Valley Conf. Trials at Sequoias (Tulare), noon.

--Central Conference Prelims at Porterville, 1 pm.

--Metropolitan Conference MEN'S Prelims at El Camino.

--South Coast Conf. MEN'S Prelims at San Diego Mesa, 2:30 pm.

APRIL 27--Golden Gate Conference Finals at Diablo Valley, 3:30 pm.

--Central Conference Finals at Porterville, 5 pm.

--Metropolitan Conference WOMEN'S Finals at Pierce.

--Southern California Conference Finals at Golden West.

--Mission Conference Finals at Citrus, 2:30 pm.

APRIL 27-28--Golden Valley Conf. Championships at Redwoods (Friday 2:30 pm, Saturday noon).

APRIL 28--Coast Conference Finals at Skyline, 11 am.

--Carnegie Norte Conference Finals at Santa Rosa, 11 am.

--Western State Conference Finals at Glendale, 1 pm.

--Valley Conference Finals at Sequoias (Tulare), 1 pm.

--Metropolitan Conference MEN'S Finals at El Camino.

--South Coast Conf. MEN'S Finals at San Diego Mesa, 1:30 pm.

(All conferences except Metro & South Coast conduct combined men's and women's championships.) Add: South Coast Conference WOMEN'S Prelims April 24, 2:30 pm; Finals April 27, 1:30 pm--at SD Mesa.

MAY 4--DIV. II Statewide Invitational at Porterville, 5 pm.

MAY 5--West Coast Relays at Fresno.

MAY 11--Northern Calif. Trials (Men) at Delta, noon.

MAY 12--Northern Calif. Trials (Women) at Butte, 11 am.

--Southern Calif. Prelims at Bakersfield, tba.

MAY 18--Northern Calif. Finals (M&W) at Diablo Valley, 4:30 pm.

MAY 19--Southern Calif. Finals (M&W) at Bakersfield, tba (twilight).

MAY 26--Calif. CC Finals (M&W) at Bakersfield, 4 pm.

JUNE 1-2--Calif. CC Decathlon at Allan Hancock.

JUNE 9--Brooks Meet of Champions, UC Berkeley.

JUNE 14-16--National AAU T&F Championships at Mt. San Antonio.

June 23-24--National AAU Jr. T&F Champs at U. Indiana, Bloomington.

MEN'S HIGH JUMP

- 7-2 1/4 Doug Nordquist, FULLERTON, 4/7
- 7-1 1/4 Jerry Sanders, LONG BEACH, 2/27
- 7-0 1/4 Mark Anderson, MT. SAC, 3/2
- 7-0 Bill Hice, MERRITT, 3/10
- 6-11 Phil Chapman, YUBA, 4/7
- 6-11 Scott Cox, GLENDALE, 3/9
- 6-11 Dean Sears, CERRITOS, 4/12
- 6-10 1/2 Kelly Gordien, MT. SAC, 2/24 (9 at 6-10)

POLE VAULT

- 16-3 Mark Newton, GROSSMONT, 3/9
- 16-3 Bert Johnson, EL CAMINO, 4/7
- 16-0 1/4 David Kerby, MT. SAC, 4/7
- 16-0 Ross McAlexander, DE ANZA, 3/3
- 16-0 Brian Friend, RIVERSIDE, 3/9
- 16-0 Robert Thayer, GROSSMONT, 4/12
- 16-0 David Kenworthy, GROSSMONT, 4/12
- 15-6 Jim Sidler, ORANGE COAST, 3/23
- 15-6 David Morales, MT. SAC, 3/30
- 15-6 Brian Binau, SAN JOSE, 3/29
- 15-6 Leon Roach, GOLDEN WEST, 3/2
- 15-6 Ken Alexander, GOLDEN WEST, 4/12

LONG JUMP

- 24-4w Willie Alexander, FRESNO, 3/30
- 24-2 1/2w Ken Brooks, GROSSMONT, 3/30
- 24-2w Paul Bates, ALAMEDA, 3/30
- 24-0w Gary Williams, LONG BEACH

TRIPLE JUMP

- 50-10 1/2w Paul Bates, ALAMEDA, 3/23
- 50-9w Norm Alston, FRESNO, 2/17
- 50-6 1/2w Ernie Fisher, SANTA ANA, 4/14
- 50-5 1/2w Tony Gilbert, S. BARBARA, 3/24
- 50-2 1/2w Gary Williams, LONG BCH, 4/14
- 49-10 1/2w Mark Slaton, MERCED, 4/7
- 49-7 3/4w Joel Wyrick, SAN JOSE, 4/14
- 49-3 3/4w Fred Humphreys, SADDLEBK, 4/14
- 49-3w Wafer, COSUMNES RIVER, 3/23
- 49-2 3/4 Wilford Nathan, SO. WESTRN, 3/30

DISCUS THROW

- 178-3 Scott Reid, CHABOT, 3/30
- 170-9 Bruce Mondello, FULLERTON, 3/30
- 164-3 Kevin Goode, SAN JOSE, 4/4
- 163-10 Jeff Voorhees, S. ROSA, 4/7
- 163-9 Jay Korvan, BAKERSFIELD, 4/14
- 161-10 Matt Gauthier, GROSSMONT, 3/10
- 160-3 Tim Bennett, FRESNO, 4/14
- 159-4 Chris Doble, FULLERTON, 2/23
- 157-10 Les Sepra, DELTA, 4/7
- 156-6 John Morris, MODESTO, 3/2

JAVELIN THROW

- 237-3 Ross Parish, WEST VALLEY, 3/10
- 223-10 Dave Rider, SAN MATEO, 3/21
- 218-3 Chris Hurtubise, S. ROSA, 3/30
- 216-2 Matt Fuchs, PASADENA, 3/9
- 215-9 Tom Peterson, HARTNELL, 4/7
- 215-6 Louis Romero, DESERT, 3/9
- 213-7 Craig Fenwick, MT. SAC, 4/14
- 213-6 Van Wiese, HARBOR,
- 213-3 Steve Reller, SKYLINE, 4/14
- 210-5 Kevin Goode, SAN JOSE, 3/11

HAMMER THROW

- 136-4 Tim Bennett, FRESNO, 2/10
- 123-10 Bob Hise, GLENDALE, 2/26
- 95-2 Tim Thompson, DE ANZA, 4/7
- 92-7 Lee Carbonaro, DE ANZA, 4/7
- 91-10 Larry Sciacqua, FRESNO, 3/2

DISTANCE MEDLEY RELAY

- 10:06.2 HANCOCK, 4/14
- 10:07.8 BAKERSFIELD, 4/14
- 10:09.0 PASADENA CC, 4/14
- 10:10.0 SAN JOSE CC, 4/14
- 10:10.3 CHABOT, 4/14
- 10:11.8 LACC 10:17.8 DIABLO
- 10:12.4 SADDLEBACK 10:19.1 GLENDALE
- 10:13.3 LONG BEACH 10:19.6 CERRITOS
- 10:13.4 DE ANZA 10:23.1 S. MATEO
- 10:13.8 AMER. RIVER 10:25.4 MOORPARK
- 10:17.7 GROSSMONT (1 = meters + 3.0)

PLEASE REPORT ALL RELAY NAMES & AVAIL. SPLITS.

= missing name or date.  
w = wind-aided (or no wind info reported as yet.)

440m/480y SHUTTLE HURDLES

- 58.4 PASADENA, 4/12 (National JC Record)
- 59.2 LONG BEACH, 4/12
- 60.0 CERRITOS, 2/24
- 60.2 CONTRA COSTA, 3/10
- 60.8 LOS ANGELES CC, 4/12
- 61.1 SANTA ROSA, 3/10
- 61.1 GLENDALE, 2/24
- 61.3 PIERCE, 4/12
- 61.9 FRESNO CC, 3/10

SPRINT MEDLEY RELAY

- 3:25.8 CHABOT, 4/14
- 3:29.1 LONG BEACH, 2/26
- 3:29.1 FULLERTON, 4/12
- 3:30.3 COMPTON, 3/18
- 3:31.2 S. BERNARDINO, 4/12
- 3:31.4 GLENDALE, 3/24
- 3:31.4 SKYLINE, 3/24
- 3:31.6 LOS MEDANOS, 4/14
- 3:31.9 SANTA ROSA, 4/12 (1 = metric time + 1.1)