

# California's Community

by FRED BAER

## men

### 100 METERS

10.1	Greg Illorson (Bakers)	5/5
10.1w	Charles Truvillion (AHC)	4/6
10.2	Willie Jackson (S. CC)	5/5
10.2w	Phil Trask (Hartnell)	4/21
10.3	Chris Dailey (Sac CC)	5/5
10.3	Ferry Johnson (LBCC)	5/5
10.3w	Virgil Torrance (LBCC)	2/17
10.3w	Fat Croft (Los Medanos)	4/18
10.4	Jerome Miller (Pasadena)	5/5
10.4	Tim Foster (SJCC)	3/29
10.45	John Thomas (LA SoWest)	4/4

### 200 METERS

20.16w	Willie Jackson (SJCC)	5/11
20.45w	Phil Trask (Hartnell)	5/11
20.83	Larry Goldston (MSAC)	4/19
20.89	Greg Illorson (Bakers)	5/16
20.92	Ron Williams (LBCC)	5/16
21.0	Tony Fuller (Saddleback)	3/9
21.0	Derek Robinson (LBCC)	2/21
21.0w	John Thomas (LA SoWest)	4/27
21.1	Victor Trapps (Alameda)	4/28
21.12	Virgil Torrance (LBCC)	2/21
21.18w	Rod Burris (A. River)	5/11
21.19	Deven Lewis (LBCC)	5/16

photo by Dave Stock



1:50.6	John Sup (Monterey)	5/4
1:50.7	Hwa Wang (San Berdo)	5/26
1:50.8	Jon Cook (Saddleback)	5/16
1:50.9	Gary Hardwick (LBCC)	5/16
1:51.0	Larry Gonzales (COS)	5/26
1:51.6	Eddie Wright (Pasadena)	5/16
1:51.6	Dan Lodolo (Glendale)	4/28
1:51.62	Rocky Niederberger (ARC)	5/18
1:51.66	Antoine Shired (SRJC)	5/18
1:51.8	Dan Navarro (Sierra)	5/4

### 1500 METERS

3:45.8	Steve Ortiz (Grossmont)	5/16
3:45.9	John Sup (Monterey)	5/26
3:46.8	Vern Sallaz (Chabot)	5/26
3:48.0	Dan Navarro (Sierra)	5/18
3:49.54	George Lillig (Glendale)	4/28
3:50.0	Ivan Huff (Hancock)	5/16
3:51.4	Will Porter (Caryons)	5/16
3:51.0	Kevin Lundgren (Hancock)	4/28
3:52.3	Randy White (Bakers)	5/16
3:52.6	Ed Burns (Bakers)	5/18
3:52.6	Ron Cornell (LBCC)	3/31
3:52.9	Brady (Santa Monica)	5/12
3:53.6	Jim Christensen (Monterey)	5/11
3:53.7	Swift Katepa (COS)	5/11

### ONE MILE RUN

4:04.5	Steve Ortiz (Grossmont)	4/14
4:09.7	John Sup (Monterey)	1/13
4:12.93	Tim Nash (Grossmont)	2/16
4:13.01	Fat Carroll (Grossmont)	2/16
4:13.3	Mike Dyer (West Valley)	3/3
4:13.61	Rich Rose (Grossmont)	3/10
4:14.81	Manuel Guaderama (Gross)	2/16

### 3,000 METER STEEPLECHASE

9:00.8	Mark Lewis (Glendale)	4/7
9:01.1	Carmelo Rios (LBCC)	5/26
9:01.2	Mike Dyer (West Valley)	4/14
9:08.9	Pat Carroll (Grossmont)	5/16
9:10.2	Robert Lusitant (Gross)	5/16
9:11.5	Mark LaBonte (Saddleback)	5/16
9:14.9	Raul Agüero (Santa Ana)	4/28
9:16.0	Scott Mayfield (Hancock)	5/16
9:17.2	Bryon Turner (Alameda)	4/28
9:17.6	Ricardo Vargas (Hartnell)	4/7
9:18.8	Brian Parks (LA SoWest)	5/26
9:26.0	Ralph Kotoff (Cerritos)	4/14
9:26.4	Scott Gillis (S. Barbara)	4/14
9:26.8	Vance Eberly (W. Valley)	4/2

### 2 MILE RUN

14.2	Will Patterson (C. Costa)	4/28
14.22	Andre Frasier (Pasadena)	5/5
14.2w	Rick Hicks (Yuba)	4/7
14.2w	Greg Marjama (Butte)	5/4
14.32	Andre Phillips (SJCC)	5/26
14.3	John Kennedy (SJCC)	4/4
14.3	Darryl Davis (LBCC)	4/28
14.3	Clarence Dixon (Delta)	4/28

### 400 METER INTERMEDIATES

50.8	Andre Phillips (SJCC)	5/26
51.4	Rapoan Grubbs (Pasadena)	5/16
51.7	Tom Bobertz (Skyline)	4/14
51.9	Greg Marjama (Butte)	5/26
52.0	Terry Richardson (Pasa)	5/26
52.6	Tony Amezcua (Cerritos)	5/12
52.6	Doug Lalicker (Fullerton)	4/28
52.68	David Jackson (Cosumnes)	5/5
52.7	Darryl Davis (LBCC)	4/19
52.76	Mark Stryker (Santa Rosa)	5/18
52.78	Rodney Love (Pierce)	5/5
52.8	Ralph Johnson (SDCC)	5/16
52.9	John Hogan (OCC)	5/16
52.9	Oscar Moore (Pasadena)	5/12

### HIGH JUMP

7-2 1/4	Doug Nordquist (Full)	4/28
7-2	Jerry Sanders (LBCC)	5/5
7-0 1/2	Mark Anderson (MSAC)	3/2
7-0	Kerry Meyers (Alameda)	5/5
7-0	Phil Chapman (Yuba)	5/5
7-0	Bill Hice (Merritt)	5/5
7-0	Rod Smith (Pasadena)	5/5
6-11 1/4	Scott Cox (Glendale)	4/13
6-11	Dean Sears (Cerritos)	4/12
6-10 3/4	Kelly Gordien (MSAC)	4/19
6-10 3/4	Marlon Wagner (S. Mon)	4/4
6-10 3/4	Steve Cox (Saddleback)	5/16
6-10 3/4	Paul Lee (Moorpark)	5/16
6-10 3/4	Alex Williams (M. Costa)	5/16
6-10 3/4	Randy Wallace (Gross)	5/16
6-10 3/4	Mike Edwards (Merced)	5/26
6-10 3/4	Joel Wyrick (SJCC)	5/26

### POLE VAULT

16-6	Bert Johnson (El Camino)	5/16
16-6	Mark Newton (Grossmont)	5/26
16-1 1/2	Dave Kerby (MSAC)	4/7
16-1	Brian Binaw (SJCC)	4/20
16-0	Ross McAlexander (DeAnza)	5/11
16-0	Brian Friend (Riverside)	3/9
16-0	Robert Thayer (Gross)	4/12
16-0	David Kenworthy (Gross)	4/12
16-0	Jim Sidler (O. Coast)	4/28
15-6	Leon Roach (G. West)	3/2

### DISCUS THROW

178-3	Scott Reid (Chabot)	3/30
172-11	Bruce Mondello (Fuller)	4/7
171-3	Tim Bennett (Fresno)	5/18
170-6	Jeff Voorhees (S. Rosa)	4/18
170-5	Jay Kovar (Bakers)	5/16
164-3	Kevin Goode (SJCC)	4/4
161-10	Matt Gauthier (Grossmont)	3/10
161-9	Chris Sorenson (S. Rosa)	5/18
161-9	Les Serpa (Delta)	4/28
161-5	Walt Frazier (Reedley)	4/25
159-4	Chris Doble (Fullerton)	2/23
157-4	Eric Weinrich (Delta)	4/28
156-10	Rogers (DVC)	3/16
156-6	John Morris (Modesto)	3/2

### JAVELIN THROW

238-3	Matt Fuchs (Pasadena)	4/7
237-3	Ross Parish (W. Valley)	3/10
226-4	Louie Romero (Desert)	5/16
225-2	Steve Roller (Skyline)	5/11
223-10	Dave Rider (San Mateo)	3/21
218-4	Van Wiese (Harbor)	5/16
218-3	Chris Hurtubise (S. Ros)	3/30
215-9	Tom Peterson (Hartnell)	4/7
213-8	Craig Fenwick (MSAC)	4/12
210-8	Jasmel Singh (COS)	5/26
210-5	Kevin Goode (SJCC)	3/21
209-10	Mark Anderson (MSAC)	5/16
209-4	Kevin O'Reilly (Fresno)	4/28
207-7	Riley (Pasadena)	5/16

### HAMMER

141-7	Tim Bennett (Fresno)	5/18
134-10	Mike Songer (Cosumnes)	5/26
132-8	Steve Rohovit (Chabot)	5/26
129-3	Larry Sciacqua (Fresno)	5/26
128-1	Jerome Franey (Bakers)	5/26
126-6	Steve Futujama (Oxnard)	5/26
123-10	Bob Hise (Glendale)	5/16
123-9	Tim Thompson (De Anza)	5/18
117-2	Steve Lanza (De Anza)	5/18
111-1	Valoy (Bakers)	5/16

### DECATHLON

7555	Mark Anderson (MSAC)	5/1
7174	Tim Gelonek (Shasta)	6/2
6925	Robert Thayer (Grossmont)	6/2
6881	Bill Davis (Citrus)	6/2
6740	Rodney Love (Pierce)	4/6
6563	Sean Giblein (Sac CC)	6/2
6445	Ron Weckbacher (Glendale)	6/2
6412	Scott Kegans (Citrus)	6/2

21.0w	Derek Robinson(LBCC)	4/27
21.0w	John Thomas(LA SoWest)	4/28
21.1	Victor Trapps(Alameda)	4/28
21.12	Virgil Torrance(LBCC)	2/21
21.18w	Rod Burris (A. River)	5/11
21.19	Deven Lewis(LBCC)	5/16

photo by Dave Stock



**RICK ROSE**

**400 METERS**

45.4	Ron Williams(LBCC)	5/16
45.78	Larry Goldston(MSAC)	5/26
46.69	Chris Whitlock(SRJC)	5/26
46.7	Joel Ngetich(Foothill)	5/26
46.71	Deven Lewis(LBCC)	5/16
46.94	Sam Caesar(LBCC)	5/16
46.98	Randall Woodson(Fuller)	5/16
47.4	Pat Croft(Los Medanos)	4/28
47.58	James Bradley(Cosumnes)	5/11
47.6	Phil Trask(Hartnell)	3/9
47.6	Pat Holcombe(SJCC)	3/29
47.7	Tony Fuller(Saddleback)	3/2
47.80	Monty Callender(Fuller)	4/28

**800 METERS**

1:49.4	John Gray(Sta. Monica)	5/16
1:50.1	Vern Sallaz(Chabot)	5/26
1:50.3	Pat Holcombe(SJCC)	4/14
1:50.5	Boyd(Bakers)	5/16

**3,000 METER STEEPLECHASE**

4:00.8	Mark Lewis(Glendale)	4/7
4:01.1	Carmelo Rios(LBCC)	5/26
4:01.2	Mike Dyer(West Valley)	4/14
4:08.9	Pat Carroll(Grossmont)	5/16
4:10.2	Robert Lusitant(Gross)	5/16
4:11.5	Mark LaBonte(Saddleback)	5/16
4:14.0	Raul Agüero(Santa Ana)	4/28
4:16.0	Scott Mayfield(Hancock)	5/16
4:17.2	Eryon Turner(Alameda)	4/28
4:17.6	Ricardo Vargas(Hartnell)	4/7
4:18.8	Brian Parks(LA SoWest)	5/26
4:26.0	Ralph Kotoff(Cerritos)	4/14
4:26.4	Scott Gillis(S. Barbara)	4/14
4:26.8	Vance Eberly(W. Valley)	4/2

**2 MILE RUN**

8:41.01	Steve Ortiz(Grossmont)	2/16
9:04.3	Greg Hitchcock(Sierra)	5/5
9:04.3	Dan Navarro(Sierra)	5/5
9:08.0	Mike Dyer(West Valley)	5/5
9:11.8	Danny Grimes(DeAnza)	2/24
9:12.1	Mike Lohr(Grossmont)	3/17
9:13.2	Rick Rose(Grossmont)	4/14
9:15.1	Dan Will(A. River)	3/23
9:15.1	Malcolm Maxwell(A. River)	2/3
9:15.5	Carmelo Rios(LBCC)	5/5

**5,000 METER RUN**

14:00.9	Steve Ortiz(Grossmont)	2/24
14:22.7	Greg Hitchcock(Sierra)	5/26
14:25.9	Rick Rose(Grossmont)	2/24
14:29.8	Clark Cox(LBCC)	4/28
14:37.5	Tim Holmes(Modesto)	5/26
14:42.0	Ron Cornell(LBCC)	4/28
14:42.1	Ricky Perez(SD Mesa)	3/23
14:43.0	Pat Carroll(Grossmont)	4/14
14:43.7	Phil Hendrick(SDCC)	5/16
14:45.0	Mike Lohr(Grossmont)	4/28
14:45.0	Nick Eller(Glendale)	4/7
14:45.6	Terry Gibson(Glendale)	3/21
14:46.0	Dave Dahl(Cypress)	5/16

**10,000 METER RUN**

30:09.7	Tim Varley(Grossmont)	4/7
30:11.8	Ricky Perez(SD Mesa)	4/7
30:12.9	Rick Rose(Grossmont)	3/18
30:19.7	Terry Gibson(Glendale)	4/7
30:20.0	Danny Grimes(De Anza)	4/6
30:24.5	Carmelo Rios(LBCC)	5/11
30:30.2	Greg Parks(LA Valley)	5/11
30:37.7	Jeff Shaver(S. Monica)	4/7
30:39.6	Chris Schallert(Valley)	2/24
30:40.3	Greg Hitchcock(Sierra)	5/4
30:42.9	Steve Ortiz(Grossmont)	3/18
30:46.7	Jeff Day(Orange Coast)	4/7
30:48.5	Paul Sechrist(SJCC)	4/6

**110 METER HIGH HURDLES**

14.0	Derek Robinson(LBCC)	5/5
14.0	Malcolm Diman(Foothill)	3/30
14.0	Tom Bobertz(Skyline)	3/31
14.1	Byron Carmichael(SJCC)	5/5
14.1	Claude Grady(Hartnell)	3/30
14.2	Tony Gilbert(SBCC)	5/5

6-10 <sup>1</sup> / <sub>4</sub>	Marion Wagner(S. Mon)	5/7
6-10 <sup>1</sup> / <sub>4</sub>	Steve Cox(Saddleback)	5/16
6-10 <sup>1</sup> / <sub>4</sub>	Paul Lee(Moorpark)	5/16
6-10 <sup>1</sup> / <sub>4</sub>	Alex Williams(M. Costa)	5/16
6-10 <sup>1</sup> / <sub>4</sub>	Randy Wallace(Gross)	5/16
6-10 <sup>1</sup> / <sub>4</sub>	Mike Edwards(Merced)	5/26
6-10 <sup>1</sup> / <sub>4</sub>	Joel Wyrick(SJCC)	5/26

**POLE VAULT**

16-6	Bert Johnson(El Camino)	5/16
16-6	Mark Newton(Grossmont)	5/26
16-1 <sup>1</sup> / <sub>2</sub>	Dave Kerby(MSAC)	4/7
16-1	Brian Binau(SJCC)	4/20
16-0	Ross McAlexander(DeAnza)	5/11
16-0	Brian Friend(Riverside)	3/9
16-0	Robert Thayer(Gross)	4/12
16-0	David Kenworthy(Gross)	4/12
16-0	Jim Sidler(O. Coast)	4/28
15-6	Leon Roach(G. West)	3/2
15-6	David Morales(MSAC)	3/30
15-6	Ken Alexander(G. West)	4/12
15-6	Kevin O'Reilly(Fresno)	4/19
15-6	Bob White(Glendale)	4/28
15-6	Larry Rivers(Desert)	5/4

**LONG JUMP**

25-0 <sup>1</sup> / <sub>4</sub>	Derek Robinson(LBCC)	5/5
24-10 <sup>1</sup> / <sub>4</sub>	Paul Bates(Alameda)	5/18
24-10 <sup>1</sup> / <sub>4</sub> w	Willie Alexander(Fres)	5/5
24-10	Tony Pitts(Santa Ana)	5/5
24-9 <sup>1</sup> / <sub>4</sub>	Gerald Wilhite(A. River)	5/18
24-3 <sup>1</sup> / <sub>4</sub>	Tony Zawinul(Pasadena)	4/28
24-2 <sup>1</sup> / <sub>4</sub> w	Ken Brooks(Grossmont)	
24-0 <sup>1</sup> / <sub>2</sub>	Charles Crews(SDCC)	5/16
24-0w	Gary Williams(LBCC)	2/17
23-9w	Clyde Frost(Reedley)	4/21
23-8 <sup>1</sup> / <sub>2</sub> w	Tim Gelonek(Shasta)	
23-8 <sup>1</sup> / <sub>2</sub> w	Tom Cameron(Sierra)	
23-7 <sup>1</sup> / <sub>2</sub> w	Don Boardingham(Sierra)	
23-7 <sup>1</sup> / <sub>2</sub> w	Anthony Glover(C. Costa)	

**TRIPLE JUMP**

52-4 <sup>1</sup> / <sub>4</sub>	Paul Bates(Alameda)	5/26
51-6 3/4	Lonnie Sanders(Cosum)	5/18
51-5 3/4	Gary Williams(LBCC)	5/26
51-1 3/4	Tony Gilbert(SBCC)	4/19
50-9	Norm Alston(Fresno)	2/17
50-6 <sup>1</sup> / <sub>2</sub> w	Ernie Fisher(Santa Ana)	4/14
50-2	Mark Slaton(Merced)	5/18
49-11	Paul Jones(Pasadena)	5/5
49-10 <sup>1</sup> / <sub>4</sub>	Nat Wilford(S. Western)	5/26
49-7 3/4w	Joel Wyrick(SJCC)	4/14
49-6 3/4w	Clyde Frost(Reedley)	5/5
49-5 <sup>1</sup> / <sub>2</sub> w	Lorens Lebherz(Skyline)	5/11
49-5	Fred Humphrey(Saddleback)	4/19

**SHOT PUT**

59-7 <sup>1</sup> / <sub>2</sub>	Jeff Voorhees(S. Rosa)	5/11
56-8 <sup>1</sup> / <sub>2</sub>	Mike Smith(San Mateo)	4/28
56-0 3/4	Bruce Mondello(Full)	4/19
55-1 <sup>1</sup> / <sub>2</sub>	Matt Fuchs(Pasadena)	4/19
53-5	Henry Scarborough(Pasa)	5/26
53-3 3/4	Ron McKee(SJCC)	5/5
53-2 <sup>1</sup> / <sub>4</sub>	Matt Gauthier(Grossmont)	3/9
53-2 <sup>1</sup> / <sub>4</sub>	Ken Pole(Grossmont)	3/23
53-0	Leonard Larson(Bakers)	4/28
51-9 <sup>1</sup> / <sub>4</sub>	Randy O'Rourke(A. River)	5/11
50-9 <sup>1</sup> / <sub>4</sub>	Marshall Newson(Menlo)	
50-6 3/4	Tom Merlo(Fresno)	4/19
50-2 <sup>1</sup> / <sub>2</sub>	Lawrence Priffin(Hartn)	
50-1	John Rade(Modesto)	

129-3	Larry Sciacqua(Fresno)	5/26
128-1	Jerome Franey(Bakers)	5/26
126-6	Steve Futujma(Oxnard)	5/26
123-10	Bob Hise(Glendale)	5/16
123-9	Tim Thompson(De Anza)	5/18
117-2	Steve Lanza(De Anza)	5/18
111-1	Valoy(Bakers)	5/16

**DECATHLON**

7555	Mark Anderson(MSAC)	5/1
7174	Tim Gelonek(Shasta)	6/2
6925	Robert Thayer(Grossmont)	6/2
6881	Bill Davis(Citrus)	6/2
6740	Rodney Love(Pierce)	4/6
6563	Sean Giblin(Sac CC)	6/2
6445	Ron Weckbacher(Glendale)	6/2
6419	Scott Kegans(Citrus)	6/2
6389	Lorens Lebherz(Skyline)	5/4
6368	Ken Terry(Pierce)	6/2

**440 YARD RELAY**

39.9	San Jose	5/26
40.15	Long Beach	5/26
40.8	Mt. San Antonio	4/14
41.00	Sac CC	5/11
41.16	Citrus	5/26
41.17	Santa Rosa	5/26
41.18	Hartnell	5/11
41.2	Pasadena	4/12
41.39	Cosumnes River	5/11
41.4	Santa Ana	4/28
41.68	Fresno	5/18
41.7	West Los Angeles	3/9
41.7	Contra Costa	4/16
41.76	Grossmont	5/16
41.76	Alameda	5/11
41.8	Butte	5/4
41.83	Delta	5/18

**880 YARD RELAY**

1:24.71	Long Beach	5/5
1:24.8	San Jose	4/14
1:25.2	Mt. San Antonio	4/7
1:26.13	Cosumnes River	5/5
1:26.69	Pasadena	5/5
1:26.8	Sacramento	4/14
1:26.84	LA Southwestern	5/5
1:27.0	Santa Rosa	4/14
1:27.1	LA City	4/7
1:27.3	Santa Ana	4/19
1:27.3	West LA	4/7
1:27.3	Alameda	4/7

**MILE RELAY**

3:07.07	Long Beach	5/26
3:08.49	San Jose	5/26
3:10.1	Mt. San Antonio	5/16
3:11.64	Foothill	5/18
3:13.0	Cosumnes River	5/26
3:13.3	Compton	5/16
3:13.6	El Camino	5/18
3:13.74	Santa Rosa	5/18
3:14.0	Pasadena	4/19
3:14.5	LA City	5/11
3:14.7	Fullerton	4/12
3:14.8	Los Medanos	4/28

# College TOP Marks 1979

3:15.2	Orange Coast	5/11
3:15.3	Sacramento	4/14
3:15.7	Contra Costa	5/18
3:15.7	Chabot	5/11

## 2 MILE RELAY

7:37.0	Long Beach	4/7
7:37.2	Chabot	4/7
7:39.0	Hancock	4/19
7:39.2	Bakersfield	4/7
7:41.6	LA City	4/19
7:42.8	Saddleback	4/19
7:43.0	Santa Monica	4/17
7:43.5	Glendale	4/7
7:44.6	Orange Coast	4/19
7:46.0	Pasadena	4/7
7:46.4	Moorpark	4/19
7:48.8	American River	4/14

## SPRINT MEDLEY RELAY

3:23.9	Long Beach	4/19
3:25.4	Compton	4/19
3:25.8	Chabot	4/14
3:27.5	Fullerton	4/19
3:29.4	Canyons	4/19
3:30.7	Santa Rosa	4/21
3:30.8	Bakersfield	4/19
3:31.2	San Bernardino	4/12
3:31.4	Glendale	3/24
3:31.4	Skyline	3/24

## DISTANCE MEDLEY RELAY

9:58.81	Hancock	5/5
10:03.6	Long Beach	4/19
10:07.8	Bakersfield	4/14
10:08.8	LA City	4/12
10:08.8	Chabot	3/24
10:09.0	Pasadena	4/14
10:10.0	San Jose	4/14
10:12.4	Saddleback	4/14
10:13.4	De Anza	4/14
10:13.51	Glendale	5/5
10:13.8	American River	4/14

2:14.50	Luann Park(Butte)	5/26
2:14.66	Tammy Gonzales(MPC)	3/23
2:15.5	Connie Hester(Fresno)	4/5
2:15.6	Dawn Baske(Citrus)	4/22
2:16.2	Emily Whitney(Glendale)	5/12
2:16.76	Suzanne Blevins(D. Val)	5/18
2:17.22	Scherzinger(Cypress)	5/16
2:17.4	Joslyn West(SJCC)	3/29
2:17.8	Jackie Little(O. Coast)	4/7
2:17.9	Lopez(Bakers)	5/12
2:18.00	Gould(Citrus)	5/16

61.6	Laura Held(O. Coast)	5/16
62.1	Cathy Hokmann(West Valley)	5/26
63.0	Jackie Boriolo(SRJC)	5/26
63.17	Nancy O'Connell(W. Valley)	5/18
63.4	Cathy Thurber(Sierra)	5/4
63.6	Arlene VanWarmerdam(Delta)	5/11
63.9	Lynn Davis(LA City)	5/12
64.0	Stephanie Ratcliffe(Chabot)	4/14
64.4	Carole Sanders(Compton)	4/28
64.9	Diana Macias(Fresno)	4/28

138-5	Wendy Robinson(Butte)	5/4
138-3	Bonnie Dasse(O. Coast)	5/16
134-2	Pauline White(L. Medanos)	4/7
133-6	Lauri Jones(Monterey)	3/24
133-5	Lynn Hunter(Taft)	2/23
132-8	Pat Shaw(O. Coast)	5/26
130-2	Elaine Sundby(Foothill)	4/28
129-2	Maureen Burt(De Anza)	5/18
128-2	Lori Wilson(Shasta)	5/26
127-6	Nadeen Ramirez(De Anza)	4/4
126-3	Lori Watson(Delta)	4/7
126-1	Laura Coombs(Bakers)	5/16
125-11	Wendy Michelli(SJCC)	3/30

## JAVELIN THROW

163-11	Donna Mayhew(Glendale)	4/6
146-8	Elaine Sundby(Foothill)	5/12
145-2	Joann Walker(Compton)	5/26
141-2	Laure Jones(Monterey)	5/13
136-4	K. Middlebrooks(Taft)	2/16
135-4	Bonnie Dasse(O. Coast)	4/27
135-2	Tippy Brrrego(Cerritos)	3/8
133-11	Gaye Anderson(Ventura)	5/16
126-6	Wendy Michelli(SJCC)	5/12
125-1	Sandi Binns(Modesto)	4/25
124-0	Carol Ginochio(Yuba)	3/23
122-3	Lynn Harrison(DVC)	4/14
120-0	Tracy Bramen(COS)	4/28

## 440 YARD RELAY

47.39	Alameda	5/26
47.46	San Jose	5/26
47.47	Compton	5/26
47.59	El Camino	5/26
48.2	LA City	5/26
48.2	Modesto	5/26
48.6	Fresno	4/28
49.01	Pasadena	5/16
49.2	Santa Rosa	4/28
49.3	Sacramento	4/28
49.6	Sequoias	5/18
49.67	Long Beach	5/12
49.7	Monterey Peninsula	5/18
49.7	West Valley	5/12
49.7	Ventura	4/28
49.7	West LA	4/28



photo by Dave Stock

[L to R]: Nash, Mallony, O'Connell, Gibs

## women

### 100 METERS

11.73	Yvette Evans(El Camino)	5/12
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### 1500 METERS

4:25.2	Ruth Caldwell(Citrus)	3/23
4:35.4	Pam Bowers(W. Valley)	5/26
4:35.9	Carleen Thom(Glendale)	4/22

### HIGH JUMP

6-0	Phyllis Bluntson(El Camino)	5/16
5-8 1/2	Dorothy Kaizer(Bakersfield)	5/26
5-8 1/2	Deanne Neff(SRJC)	5/18

### MILE RELAY

3:49.73	San Jose	5/26
3:51.74	Alameda	5/26
3:52.54	Santa Rosa	5/26
3:54.40	Butte	5/26
3:57.05	West Valley	5/18
3:58.26	Yuba	5/18
3:58.98	Ventura	5/16
3:59.23	St. San Antonio	5/16

10:07.8	Bakersfield	4/14
10:08.8	LA City	4/12
10:08.8	Chabot	3/24
10:09.0	Pasadena	4/14
10:10.0	San Jose	4/14
10:12.4	Saddleback	4/14
10:13.4	De Anza	4/14
10:13.51	Glendale	5/5
10:13.8	American River	4/14

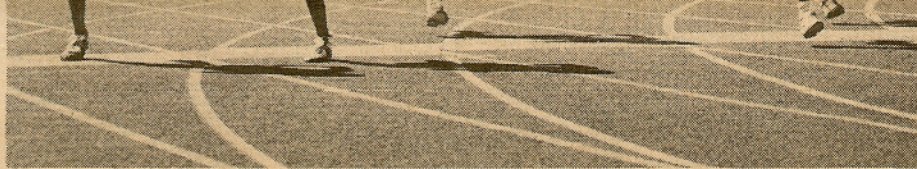


photo by Dave Stood

48.6	Fresno	4/28
49.01	Pasadena	5/16
49.2	Santa Rosa	4/28
49.3	Sacramento	4/28
49.6	Sequoias	5/18
49.67	Long Beach	5/12
49.7	Monterey Peninsula	5/18
49.7	West Valley	5/12
49.7	Ventura	4/28
49.7	West LA	4/28

[L to R]: Nash, Mallony, O'Connell, Gibs

## women

### 100 METERS

11.73	Yvette Evans(El Camino)	5/12
11.8w	Donna Carley(A. River)	4/28
11.83	Debbie White(Alameda)	5/18
11.9w	Celeste Martyn(Cuesta)	2/27
11.9w	Allen(LA City)	3/30
11.96	Tina Gibbs(SJCC)	5/18
12.0w	Denice Robinson(A. Valley)	4/2
12.02	Eloise Mallory(SJCC)	5/18
12.03	Carole Sanders(Compton)	5/16
12.1	Della Hampton(SJCC)	4/20
12.1w	Dot Ramirez(Modesto)	3/30
12.1w	Diana Macias(Fresno)	3/30
12.1w	Theresa Philopena(SRJC)	4/12
12.1w	P. Green(Marin)	4/18
12.1w	Ora Perry(Modesto)	4/28

### 200 METERS

24.03	Yvette Evans(El Camino)	5/16
24.04	Debbie White(Alameda)	4/28
24.36	Karen Wise(Ventura)	4/22
24.39	Tina Gibbs(SJCC)	5/18
24.6w	Celeste Martyn(Cuesta)	4/7
24.8	Beverly Johnson(West LA)	4/28
24.8w	Donna Carley(A. River)	4/28
24.9	Eloise Mallory(SJCC)	3/21
24.9w	Theresa Philopena(SRJC)	4/18
24.97	Tanya Bowie(MSAC)	5/16
25.0w	Arleen VanWarmerdam(Delta)	4/7
25.0w	Yolanda Garcia(Southwestn)	3/16
25.06	Allen(LA City)	5/12

### 400 METERS

55.1	Teresa Philopena(SRJC)	4/14
55.79	Joslyn West(SJCC)	5/26
56.0	Arleen VanWarmerdam(Delta)	5/11
56.26	Yolanda Garcia(S.Western)	4/22
56.3	Diana Macias(Fresno)	4/28
56.4	Karen Wise(Ventura)	5/12
56.43	Tanya Bowie(MSAC)	5/16
57.1	Connie Hogan(SBCC)	5/26
57.34	Gwen Kennedy(Skyline)	5/18
57.4	Cynthia Wren(Compton)	4/28
57.5	Ruth Caldwell(Citrus)	3/8
57.8	Tina Gibbs(SJCC)	4/20
57.8	Laura Held(O. Coast)	3/18

### 800 METERS

2:08.1	Ruth Caldwell(Citrus)	3/23
2:13.58	Pam Bowers(West Valley)	5/26
2:14.25	Karen Moore(Moorpark)	5/26

### 1500 METERS

4:25.2	Ruth Caldwell(Citrus)	3/23
4:35.4	Pam Bowers(W. Valley)	5/26
4:35.9	Carleen Thom(Glendale)	4/22
4:37.4	Emily Whitney(Glendale)	5/12
4:37.7	Sabrina Peters(MPC)	5/18
4:41.3	Connie Hester(Fresno)	5/26
4:43.1	Ann Wotherspoon(W. Val)	5/18
4:44.4	Lopez(Bakersfield)	5/26
4:44.5	Sherry Simmons(Harbor)	4/6
4:44.9	Kathy Perkins(W. Valley)	5/18
4:45.2	Suzanne Blevins(D. Val)	5/26
4:45.6	Diane Karg(Harbor)	4/22
4:45.7	Lita Whiteman(Grossmont)	4/7
4:47.0	Kerry Robinson(Delta)	4/7
4:47.3	Luann Park(Butte)	4/27

### 3,000 METERS

9:55.7	Ann Wotherspoon(W. Val)	5/26
9:56.7	Kathy Perkins(W. Valley)	5/26
9:59.0	Ruth Caldwell(Citrus)	2/9
10:00.8	Sabrina Peters(MPC)	5/18
10:08.5	Diane Karg(Harbor)	5/26
10:09.6	Maria Trujillo(Hartnell)	5/18
10:10.2	Irene Crowley(SJCC)	5/18
10:12.5	Karey Robinson(Delta)	4/7
10:16.6	Jeanie Weber(El Camino)	4/6
10:17.3	Sherry Simmons(Harbor)	4/19
10:17.5	Beth Milewski(Ventura)	5/16
10:21.5	Connie Hester(Fresno)	4/14
10:26.1	Emily Whitney(Glendale)	4/19
10:28.2	Tina Moran(Glendale)	3/30

### 100 METER HURDLES

14.5	Diana Macias(Fresno)	5/18
14.52	Laura Nagel(Southwestern)	5/16
14.7	Karen Kendall(Sierra)	5/4
14.8	Liz Robinson(A. Valley)	5/4
14.83	Leach(LA Valley)	5/12
14.87	Jamie Blake(Chabot)	5/26
15.0w	Donna Hunerlach(Butte)	4/21
15.04	Laura Held(O. Coast)	5/16
15.1	Debra Coleman(COS)	4/28
15.19	Betsy Betancourt(Southwstn)	5/16
15.20	Theresa Lofton(O. Coast)	5/16
15.3	Redican(MSAC)	2/16
15.3	Felton(Santa Monica)	3/9
15.4w	Liz Carroll(Golden West)	4/27
15.5	Nancy O'Connell(W. Valley)	5/18

### 400 METER HURDLES

60.0	Celestye Martyn(Cuesta)	3/23
60.8	Donna Hunerlach(Butte)	5/26

### HIGH JUMP

6-0	Phyllis Bluntson(El Camino)	5/16
5-8 $\frac{1}{4}$	Dorothy Kaizer(Bakersfield)	5/26
5-8 $\frac{1}{4}$	Deanne Neff(SRJC)	5/18
5-8	Esther Schrezinger(Cypress)	5/16
5-7 $\frac{1}{4}$	Vicky Marquez(Ventura)	4/28
5-6	Liz Bordenkircher(Yuba)	5/18
5-6	Redican(MSAC)	2/16
5-5	Pam Banks(Golden West)	4/19
5-4	Sandy Tyler(LBCC)	5/16
5-4	Jeanne Teteak(SBCC)	3/23
5-4	J. Achan(Alameda)	3/30
5-4	Carole Sanders(Compton)	4/2
5-4	Pam Blackburn(Foothill)	4/7
5-4	Karen Richards(De Anza)	5/26

### LONG JUMP

19-7 $\frac{1}{2}$	Yvette Evans(El Camino)	5/26
19-6 $\frac{1}{2}$	Debbie Wilford(Southwestn)	5/16
19-4	Nellwyn Smith(Alameda)	5/18
18-9 $\frac{1}{2}$	Carole Sanders(Compton)	5/26
18-3 $\frac{3}{4}$	Donna Hunerlach(Butte)	5/18
18-3 $\frac{1}{2}$	Dorothea Gaffney(COS)	3/23
18-2w	Michele Tornquist(Modesto)	3/30
18-1 $\frac{1}{2}$	Lofton(MSAC)	5/16
17-11 $\frac{1}{2}$	Tanya Bowie(MSAC)	4/19
17-10	Constance Amble(Bakers)	5/26
17-7w	Ora Perry(Modesto)	3/30
17-6 $\frac{1}{2}$	Delgratia Green(C. Costa)	5/18
17-6 $\frac{1}{2}$ w	Deanne Neff(SRJC)	3/30
17-5	Jamie Blake(Chabot)	5/18
17-4	Tappin(Bakersfield)	5/16

### SHOT PUT

44-5	Julie Flynn(Glendale)	5/26
44-2 $\frac{1}{2}$	Donna Erickson(Shasta)	5/18
43-1 $\frac{1}{4}$	Peggy Pollock(De Anza)	4/4
42-1	Patty Shaw(O. Coast)	5/26
40-10	Michelle Morse(Cerritos)	3/23
40-1	Joan Greer(COS)	4/25
39-11 $\frac{1}{2}$	Roxann Kasparian(Fresno)	3/16
39-10	3/4 Wendy Robinson(Butte)	5/4
39-6	3/4 Wendy Michelli(SJCC)	5/18
39-5 $\frac{1}{2}$	Erin Lynch(Moorpark)	4/28
39-4 $\frac{1}{2}$	Pauline White(L. Medanos)	4/28
39-3 $\frac{1}{2}$	Sandi Binn(Modesto)	3/2
39-2	Ana Ulugacno(Harbor)	3/9
39-1 $\frac{1}{2}$	Bonnie Dasse(O. Coast)	5/16

### DISCUS THROW

146-5	Cecilia Sandoval(Modesto)	4/28
144-8	Julie Flynn(Glendale)	5/16
138-9	Roxann Kasparian(Fresno)	5/18

### MILE RELAY

3:49.73	San Jose	5/26
3:51.74	Alameda	5/26
3:52.54	Santa Rosa	5/26
3:54.40	Butte	5/26
3:57.05	West Valley	5/18
3:58.26	Yuba	5/18
3:58.98	Ventura	5/16
3:59.73	Mt. San Antonio	5/16
4:00.16	El Camino	5/16
4:02.7	Fresno	4/6
4:02.9	Citrus	5/12
4:03.2	LA City	5/12
4:03.2	Modesto	5/18
4:03.48	LA Southwest	5/16

### 880 YARD SPRINT MEDLEY

1:45.97	San Jose	5/5
1:46.77	Santa Rosa	5/5
1:47.5	El Camino	4/19
1:47.78	Compton	5/5
1:47.97	Alameda	5/5
1:49.12	Fresno	5/5
1:49.9	LA Southwest	4/19
1:50.2	Mt. San Antonio	4/19
1:51.0	Modesto	5/4
1:51.1	LA City	4/19
1:51.6	West LA	4/19
1:53.45	Cerritos	5/4
1:53.91	Chabot	5/4

### 880 YARD RELAY

1:42.1	San Jose	4/6
1:43.9	LA City	4/6
1:45.0	Fresno	4/14
1:50.7	Monterey Peninsula	4/14

### 2 MILE RELAY

9:30.5	Citrus	4/19
9:48.5	Monterey Peninsula	4/14
9:53.0	El Camino	4/19
10:02.7	Ventura	4/19

Please send all additions and corrections to Fred Baer, P.O. Box 5401, San Mateo, CA 94402. Be sure both *California Track News* and Fred Baer are receiving press reports.