

# Track 12/24/78

All Comers Meet

at UC-Berkeley

## OPEN MEN

1500 Meters-Dwight Crocker, 4:09.8; 60-yard HH-Derrick Ligons, Chicago Track Club, 7.4; Javelin-Dave Rider, College of San Mateo, 195-10; 400 meters-Adrian Rodgers, 47.5; Shotput-Jeff Voorhees, Santa Rosa JC, 50-10 $\frac{1}{4}$ ; 60 yards-Eddie Hart, 6.2; 800 meters-Cliff West 1:50.8; Pole vault-Mike White, U.S. Air Force, 14-6; High jump-Kerry Myers, Alameda, 6-10; 200 meters-Adrian Rodgers, 21.5; Discus-Scott Reid, Chabot, 163-6; Long jump-Marion Anderson, West Valley Track Club, 23-7; 5000 meters-Bryan Millar, Pamakids, 15:45.2.

## High School (boys)

400 meter relay — Berkeley, 43.9; mile - John Wirdzek, Mills, 4:38.9; 60 HH - Frank Williamson, Skyline, 8.3; Shotput -Doug Mattern, Piner, 50.4; 400 meters -Tommy Ford, Logan, 50.9; 60 -Alonzo Jackson, Oakland, 6.4; Intermediate hurdles 330 -Tony Hansom 42.3; 800 meters Peter Erickson, Berkeley, 2:01.8; 200 meters -Tommy Ford, Logan, 22.4; Two-mile -David Brown, Berkeley, 10:05.3; Discus - Dave Troppy, Santa Rosa, 140-2; Long jump - Alonzo, Jackson, Oakland, 21-4.

## WOMEN

400 meter relay - Millbrae Lions Track Club, 50.8; Mile - Carol Manning, Orinda, 5:19.4; 60 yard LH - Gigi Hurley, Millbrae Lions TC, 7.5; Javelin - Laura DeSnoo, HATC, 92-7; Shotput, - Debra Pryor, Holy Name, 40-0; 400 meters Leslie Lyles, Berkeley East Bay TC, 58.9; 60 yards - Cynthia Miller, 7.3; 800 meters - Paule Clagon, 2:19.0; Discus - Kim Daniels, Chabot, 113-0; 200 - Paule Clagon, 24.9; Long jump - Sonya Mitchells, Millbrae Lions TC, 16-6 $\frac{1}{2}$ .

## Age 35

American Record (800 meters) - Ramsey Thomas, West Valley Track Club, 1:55.8 (Previous mark 1:56.0 by Ron Whitney)