

GENERAL COAST SECTION
TRACK AND FIELD CHAMPIONSHIPS
FRIDAY - MAY 25, 1979

SAN JOSE CITY COLLEGE
SAN JOSE, CALIFORNIA

COMMISSIONER'S MESSAGE

The young men and women participating in this Central Coast Section Championship Meet have learned that short-cuts, incomplete preparation, and inadequate commitment will not get the job done.

If these outstanding athletes carry this knowledge into their personal lives, and if their examples can help the rest of us learn or re-learn that success is the result of adequate goal setting, mental and physical preparation, and commitment to the task at hand, then the expenditure of time, energy, and money in support of interscholastic athletics will pay a huge dividend for all of us.

The future of our high school sports program is in jeopardy!

This is not a cry of "Wolf, Wolf". The Legislature of the State of California is determining this future right now. We are all familiar with the litany and rhetoric, suffice it to say that without significant, long range, permanent and adequate funding of education in this State, the high school athletic program that has been so important to hundreds of thousands of young men and women will be severely curtailed. If you believe in the value of the co-curricular aspect of education, I urge you to write personally to your legislators immediately.

A SPECIAL THANK YOU

The Meet Director, and the CCS Commissioner and Staff wish to acknowledge the support and assistance of the following:

The Community Services Office, San Jose City College

The Athletic Department, San Jose City College

The Volunteer Officials for their help conducting the meet

THANK YOU

MILE RELAY VARSITY

CCS RECORD: Los Altos, 1970, (Thompson, Davis, Brown, Andrews)

Finals Only, 2 sections, places determined by time

<u>SECTION I</u>		Reg. Qual.
Lane	School	Time
1	Cubberley	3:25.2
2	Watsonville	3:26.3
3	Gunderson	3:26.4
4	San Mateo	3:27.7
5	Buchser	3:25.3
6	Carlmont	3:25.8
7	Gunn	3:26.2
8	Seaside	3:26.4

<u>SECTION II</u>		Reg. Qual.
1	Mt. Pleasant	3:26.6
2	Monterey	3:27.1
3	Riordan	3:28.1
4	Aragon	3:28.4
5	Westmont	3:29.0
6	Andrew Hill	3:30.0
7	Live Oak	3:30.0
8	Terra Nova	3:30.8

PLACINGS AND TIMES

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MILE RELAY GIRLS

COS RECORD: Camden, 1978, 3:58.4 (Townsend, Snyder, Davis, Regan)

Finals, Only; 2 sections, places determined by time

<u>SECTION I</u>			Reg. Qual. Time
Lane	Name	School	
1	Garlmont		3:37.8
2	Camden		4:01.7
3	Soquel		4:04.0
4	Hillisdale		4:07.3
5	Sequola		4:04.3
6	Salinas		4:04.7
7	Saratoga		4:05.5
8	Brenham		4:05.8

SECTION II

1	Silver Creek		4:06.8
2	Jefferson		4:08.0
3	San Mateo		4:08.2
4	Premont		4:08.4
5	Mills		4:09.4
6	Westmont		4:10.5
7	Osk Grove		4:10.7
8	Hollister		4:13.4

PLACINGS AND TIMES

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ORDER OF EVENTS AND TIME SCHEDULE

RUNNING EVENTS - TRIALS THURSDAY

4:00	100 Yd. Dash	Varsity, Girls, Frosh/Soph.
4:30	120 High Hurdles	Varsity
4:45	70 High Hurdles	Frosh/Soph.
5:00	110 Low Hurdles	Girls
5:15	220 Yd. Dash	Varsity, Girls, Frosh/Soph.

RUNNING EVENTS - FRIDAY

6:00	440 Relay Fast-Slow Sections	Varsity, Girls, F/S
6:30	120 High Hurdles	Varsity
6:40	70 High Hurdles	Frosh/Soph
6:55	110 Low Hurdles	Girls
7:10	880 Yd. Run	Varsity, Girls, F/S
7:35	100 Yd. Dash	Varsity, Girls, F/S
8:00	440 Yd. Dash (6 Sections)	Varsity, Girls, F/S
8:25	Two Mile Run	Varsity, Girls, F/S
9:15	330 Yd Low Hurdles (4 Sect)	Varsity, Girls, F/S
9:55	220 Yd. Dash	Varsity, Girls, F/S
10:20	Mile Run	Varsity, Girls, F/S
10:45	Mile Relay (2 Sections)	Frosh/Soph
10:55	Mile Relay (4 Sections)	Girls, Varsity

MILE RELAY FROSH/SOPH

CCS RECORD: Cubberly, 1977, 3:26.0

Finals Only: 2 sections, Places determined by times

SECTION I

Lane	Name	School	Reg. Qual. Time
1	Palma Oak		3:30.4
2	Live Oak		3:32.7
3	San Mateo		3:34.4
4	Palo Alto		3:38.5
5	Overfelt		3:33.2
6	Verba Buena		3:35.3
7	Worht Salinas		3:36.2
8	Independence		3:36.7

SECTION II

1	Serramonte	3:37.0
2	Mt Pleasant	3:37.1
3	Hillsdale	3:37.4
4	Aptos	3:37.7
5	Carlmont	3:38.6
6	Oceana	3:38.7
7	Awalt	3:39.3
8	Gunn	3:39.4

PLACINGS AND TIMES

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ORDER OF EVENTS AND TIME SCHEDULE, CONTINUED

FIELD EVENTS

3:00 Shot Put Varsity to Completion
 Long Jump (Pit A) Varsity to completion
 High Jump Varsity to completion
 Discus (Pit A) Girls to completion
 Pole Vault (Pit A) Frosh/Soph to completion
 Discus (Pit B) Frosh/Soph to completion
 Triple Jump (Pit B) Frosh/Soph to completion

Upon completion of the preceding Field Events scheduled at 3:00, The Varsity Discus (Pit B) and Frosh/Soph Long Jump will begin.

7:00 Discus (Pit B) Varsity to completion
 Long Jump (Pit B) Frosh/Soph to completion
 Triple Jump (Pit A) Varsity to completion
 Pole Vault (Pit A) Varsity to completion
 Shot Put Frosh/Soph to completion
 High Jump Frosh/Soph to completion

Upon completion of the following events scheduled at 7:00, the Girls Long Jump, High Jump and Shot Put will begin.

Long Jump (Pit A) Girls to completion
 High Jump Girls to completion
 Shot Put Girls to completion

WILE RUN FROSH/SOPH

O F F I C I A L S

CCS RECORD: Conrad Suhtr, Bra nham, 1972, 4:23.6

Finals Only: 2 to a lane, 2 turn stagger

Lane	Name	School	Reg. Qual. Time
1	Purrlington, Jeff	Willow Glen	4:25.7
2	Gale, Scott	St. Francis	4:35.4
3	Zamiatyck, Brad	Homestead	4:36.9
4	Aldape, Manuel	North Salinas	4:39.3
5	Stefanisko, Dan	Santa Teresa	4:26.9
6	Johnson, Ken	Feberson	4:40.7
7	Kuhl, Tom	St. Francis	4:42.0
8	Smith, Jack	King City	4:43.8
1A	Dullin, Brian	Leigh	4:27.5
2A	Salazar, Jeff	Saratoga	4:41.1
3A	Kusa, Dave	St. Francis	4:46.7
4A	Falls, Eric	Soquel	4:48.0
5A	Torres, Jesse	Independence	4:28.0
6A	Bergstrom, Brian	Los Gatos	4:31.5
7A	Deugan, John	Lynbrook	4:43.5
8A	Thompson, Mark	Bellarmine	4:49.9

PLACINGS AND TIMES

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-46-

MEET DIRECTOR	KEN JOHNSON
GIRLS' MEET DIRECTOR	GAIL BALISLEY
REFEREE	VERNE THOMASBURG
STARTER	ROBERT PODKAMNER
RECALL STARTER	JOHN ROUTH
CLERK OF THE COURSE	MIKE GUNTON
	BILL PAYNE
HEAD FIELD JUDGE	DON BELL
ANNOUNCER	DAVE DICKERSON
SCOREKEEPER	DOT JOHNSON
	KENDRA JOHNSON
SECURITY	SAN JOSE CITY COLLEGE LAW ENFORCEMENT
WEIGHTS AND MEASURES	TOM BURR
WIND JUDGE	BERT BAVANNO
ACCUTRACK	WIL CONKLIN
	TOM NEITZLER
AWARDS	TOM RYAN
BOYS CCS TRACK CHAIRMAN	GENE LONG
GIRLS CCS TRACK CHAIRMAN	JIM CRAWFORD
CCS COMMISSIONER	LARRY RICE
HURDLE CREW	WILLOW GLEN TRACK TEAM

-3-

MILE RUN GIRLS

CCS RECORD: Vicki Bray, Los Altos, 1977, 4:53.0

Finals Only: 2 to a lane, 2 turn stagger

Lane	Name	School	Reg. Qual. Time
1	Bier, Roxanne	Independence	5:04.3
2	Weber, Tracy	Lynbrook	5:07.4
3	Choy, Tiffany	Salinas	5:19.8
4	Hamilton, Anne	Capuchino	5:24.0
5	King, Maria	Ayer	5:05.0
6	Brogan, Kerry	Los Altos	5:19.0
7	Wilkinson, Therse	King City	5:26.2
8	Schmidt, Becky	Half Moon Bay	5:29.0
1A	Harper, Amy	Prospect	5:05.2
2A	Gleason, Carol	Lynbrook	5:05.6
3A	Guelich, Gretchen	Soquel	5:27.0
4A	Zeischang, Monica	Capuchino	5:39.6
5A	Stearns, Aida	Silver Creek	5:09.6
6A	Thomas, Linda	Gunderson	5:16.1
7A	Bray, Vicky	Los Altos	5:28.1
8A	Bargstrom, Chris	El Camino	5:43.5

PLACINGS AND TIMES

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WILE RUN VARSITY

CCS RECORD: Mark Stillman, Willow Glen, 1977, 4:08.7

Finals Only: 2 to a lane, 2 turn sta Eger

Lane	Name	School	Reg. Qual. Time
1	Baleras, Fernando	San Jose	4:18.0
2	Iflame, Rick	Soquel	4:26.0
3	Igel, John	Homestead	4:26.1
4	Hudson, Jim	Mills	4:29.2
5	Bergkamp, Ken	Leigh	4:19.6
6	Vasquez, Angel	Watsonville	4:26.5
7	Hock, John	Menlo Atherton	4:27
8	Marsch, Dave	Mills	4:29.2
1A	Trujillo, Ben	Gilroy	4:20.0
2A	Delore, Eric	Premont	4:27.1
3A	Peterson, Allen	Terra Nova	4:30.6
4A	Seuterros, Alex	Watsonville	4:32.3
5A	Maloney, Denny	Leigh	4:20.0
6A	Marquez, Paul	Ayar	4:20.2
7A	Yeager, Roger	Premont	4:27.2
8A	Lemos, Art	Bellarmine	4:32.9

PLACINGS AND TIMERS

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HIGH JUMP VARSITY

CCS RECORD: John Radetich, San Carlos, 1966, 6'9 3/4"

Starting Height: 6'2"

Starting time: 3:00

Flight I

Name	School	Reg. Qual. Mark
1 Edwa rds, Ron	Leigh	6'7 1/2
2 Bergdower, Rob	Leiland	6'2
3 Dikson, John	Premont	6'2
4 Stuart, Jeff	Gunn	6'2
5 Davis, Jim	S. San Francisco	6'4

Flight II

1 Dierkes, Tim	Aragon	6'4
2 Norwood, Chris	Seaside	6'4
3 Ward, Louis	Andrew Hill	6'4
4 Johnson, Tim	Piedmont Hills	6'4
5 Strle, Bob	Monta Vista	6'4

Flight III

1 Mullins, Dave	Prospect	6'4
2 Young, Chris	Serra	6'6
3 Grudo, Tim	St. Ignatius	6'6
4 Spivey, Meshia	Woodside	6'8
5 Tiff, Dan	Palma	6'10
6 Hicks, Joe	N. Salinas	6'10

PLACINGS AND MARK

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HIGH JUMP GIRLS

CCS RECORD: Pam Blackburn, Cubberley, 1976. 5'8"

Starting Height: 5'0"

Starting time: Follows Frosh/Soph High Jump which starts at 7:00 (approx. 9:00)

Flight I

Name	School	Reg. Qual.
1 Spa rks, Kathy	Sa muel Ayer	5'0
2 Hauck, Julie	Pioneer	5'0
3 Bauman, Jennifer	Capuchino	5'0
4 Radnott, Toni	San Mateo	5'1
5 Metzger, Chris	Fremont Christain	

Flight II

1 Nicholas, Michelle	Westmont	5'2
2 Baumgardner, MARRANNE	Aragon	5'2
3 Peacock, Terri	King City	5'2
4 Arana, Debby	Terra Nova	5'2
5 Davidson, Dana	Lynbrook	5'4

Flight III

1 Robinson, Karen	Fremont	5'4
2 Phifer, Angela	Independence	5'4
3 Craig, Wendy	Monta Vista	5'4
4 Broussard, Uriannah	Indenpence	5'6
5 King, Trisha	Merlo Atherton	5'7 3/4
6 Raugust, Kathy	Salinas	5'8

PLACINGS AND MARK

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220 YARD DASH FROSH/SOPH

CCS RECORD: Dwayne Green, Ayer, 1975, 22.1

Two Heats: Top 4 in each qualify for finals

HEAT I

Lane	Name	School	Reg. Qual.
1	White, Maurice	Westmont	23.3
2	Flint, Rory	Silver Creek	23.2
3	Palmer, Aaron	James Eick	22.9
4	Brunner, Lewis	Cak Groove	22.4
5	Smith, Ken	Cubberley	23.9
6	Bodden, Darryl	Palo Alto	23.5
7	Hester, Mike	Carlmont	24.3
8	Steele, Tracy	Fremont	24.26

HEAT II

1	Davey, Tim	Live Oak	23.5
2	Hector, Bryon	S. San Francisco	23.38
3	Weaver, Allen	Hollister	23.5
4	Tonez,	North Salinas	22.9
5	Rogers, Reggie	Hillsdale	23.04
6	Walker, Kevin	St. Ignatius	23.28
7	Weaver, Brent	Alisal	23.5
8	Hawkins, Reggie	Hillsdale	23.54

PLACINGS AND TIMES

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220 YARD DASH GIRLS

CCS RECORD: Kalia Bolton, Andrew Hill, 1978, 23.9

Two Heats: Top 4 in each qualify for finals

HEAT I

Lane	Name	School	Reg. Qual. Time
1	Bolton, Anita	Andrew Hill	26.4
2	Brewer, Brenda	Hillsdale	25.15
3	Gladney, Dee Dee	San Mateo	25.45
4	Woods, Vanessa	Jefferson	24.85
5	Saunders, Dyllah	Monterey	26.7
6	Dee, Cathy	San Lorenzo Valley	26.7
7	Mahoney, Pat	Monterey	27.1
8	Robinson, Karen	Tremont	26.8

HEAT II

1	Donahue, Deidre	Los Gatos	26.5
2	Sullivan, Tamara	Samuel Ayer	26.3
3	Rockwell, Lola	Gunn	25.9
4	Robinson, Ronda	San Carlos	25.4
5	Jacobs, Joanne	James Lick	25.9
6	Green, Sheila	Andrew Hill	25.1
7	Miller, Sheryl	Premont	26.5
8	Middleton, Julie	San Mateo	26.76

PLACINGS AND TIMES

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HIGH JUMP FROSH/SOPH

CCS RECORD: True, Monte Vista, 1971, 6'6"

Starting Height: 5'8"

Starting Time: 7:00

Flight I

Name	School	Reg. Qual. Mark
1 Bentley, Chris	Soquel	5'8
2 Cardellini, Wayne	St, Francis	5'8
3 Alexander, Jim	Menlo Atherton	5'10
4 Warner, Doug	Half Moon Bay	5'10
5 Kornders, Mike	Buchser	5'10

Flight II

1 Wenrick, Mark	Independence	6'0
2 Besse, Mark	Aragon	6'0
3 Flint, Rory	Silver Creek	6'0
4 Lucier, John	Sacred Heart	6'0
5 Christensen, Allen	N, Salinas	6'0

Flight III

1 Raines, Vaughn	Mt. Pleasant	6'2
2 Owens, Bill	Los Altos	6'2
3 Bartel, T.J.	Westmont	6'2
4 Deguzman, Derek	Premont Christian	6'3
5 Sixton, Dan	Lynbrook	6'3
6 Washington, Steve	Independence	6'3

Placings and times

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220 YARD DASH VARSITY

POLE VAULT VARSITY

CCS RECORD: Millard Hampton, Silver Creek, 1974, 20.9

CCS RECORD: Roger Martin, Camden, 1971, 15'5 3/4"

Starting height: 12'6"

Starting Time: 7:00

Two Heats: Top 4 in each qualify for finals

FLIGHT I

Na me	School	Reg. Qual. Mark
1 Wilson, Corey	N. Monterey Co.	12'6
2 Delfino, Kurt	Crestmoor	13'0
3 Allred, Deron	King City	13'0
4 Kension, Mike	Mills	13'0
5 Chambers, John	Santa Teresa	13'6

FLIGHT II

1 Bahl, D.J.	Awalt	13'6
2 Dodds, Don	Camden	13'6
3 Hazel, Mark	Buchser	13'6
4 Sullivan, Mike	Aragon	13'6
5 Mahoney, Ben	St. Francis	13'6

FLIGHT III

1 Nemath, Rick	Los Gatos,	14'0
2 Jacques, Warren	Del Mar	14'0
3 Stireman, Russ	King City	14'1 3/4
4 Crumpler, Robert	Menlo Atherton	14'6
5 Janke, Alan	Samuel Ayer	14'6
6 Ellis, Greg	Menlo Atherton	15'4 3/4

PLACINGS AND MARKS

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HEAT I

Lane	Name	School	Reg. Qual. Time
1	Duncan, Chris	Del Mar	22.9
2	Ellis, Pat	Willow Glen	22.6
3	Mitchell, Stan	Lynbrook	22.4
4	Harris, Tony	Independence	21.7
5	East, Robert	Soquel	22.7
6	Norman, Jeff	Salinas	22.9
7	Tucker, Alan	Monterey	23.1
8	Raphael, Eric	Westmoor	23.3

HEAT II

1	Thomson, Mike	Branham	22.9
2	Nicholson, Art	Menlo Atherton	22.9
3	Lester, Bob	Mt. Pleasant	22.4
4	Montgomery, Carl	S. San Francisco	21.88
5	Green, Bill	Cuberley	22.0
6	Tyner, Darrell	Rioden	22.8
7	Diaz, Art	Jefferson	22.9
8	Young, Ron	Carlmont	23.2

PLACINGS AND TIMES

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330 YARD LOW HURDLES FROSH/SOPH

CCS RECORD: Harold Ross, Hillsdale, 1975, 38.7

Finals Only: 2 sections, places determined by time.

SECTION I

Lane	Name	School	Reg. Qual. Time
1	Stumpter, Ken	Independence	39.8
2	Tucker, Gary	Sequoia	39.4
3	Coleman, Dan	Palma	40.1
4	Seanez, Ron	Gilroy	39.2
5	Johnson, Reid	Palo Alto	39.3
6	Pickett, Paul	San Mateo	40.11
7	Ware, Jim	Carlmont	39.7
8	Willis, John	Menlo	40.2

SECTION II

1	Fobbs, Bill	Hillsdale	41.58
2	Copenhaver, Charles	Los Gatos	41.0
3	RanGel Rulino	Watsonville	41.0
4	Green, Steve	Salinas	40.7
5	Chaffin, John	Overfelt	40.8
6	Stafford, Ray	Los atos	41.0
7	Barrante, Ray	Mills	41.33
8	Barron, Duane	St. Francis	41.59

PLACINGS AND TIMES

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POLE VAULT FROSH-SOPH

CCS RECORD: Walt Wortage, Carlmont, 1977, 14'0"

Starting Height: 10'6"

Starting Time: 3:00 (Pit A)

FLIGHT I

Name	School	Reg. Qual. Mark
1 Treganza, Adam	Monterey	10'6
2 Cruz, Norman	Palma	10'6
3 Batschelder, Kim	Hillsdale	11'6
4 Diego, Don	Andrew Hill	11'6
5 Catterlin, Rob	Hillsdale	11'6

FLIGHT II

1 Meyers, Steve	Half Moon Bay	12'0
2 Masheroni, Rob	St. Ignatius	12'6
3 Phillips, Mike	Carlmont	12'6
4 Youngblood, Randy	Silver Creek	12'6
5 Stohman, Kevin	Lynbrook	12'6

FLIGHT III

1 Moelter, Eric	Salinas	12'9
2 Davits, Jerry	Monte Vista	13'6
3 Gamara, Kevin	Del Mar	13'6
4 Anderson, Mark	Buchser	13'6
5 Lunt, Jeff	Westmont	13'6
6 Norris, Mitch	Del Mar	14'0

PLACINGS AND MARKS

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LONG JUMP VARSITY

CCS RECORD: John Johnson, Pacific Grove, 1964, 25' 3 1/2"

Starting Time: 3:00 (Pit A)

FLIGHT I

Name	School	Reg. Qual. Mark
1 Leberz, Al	Gilroy	20'9 1/2
2 Porter, Myron	Willow Glen	21' 1/2
3 Carr, Galvin	St. Francis	21' 1/2
4 Walker, David	Palma	21' 1/2
5 Zukowski, Jim	Hillsdale	21' 2
<u>FLIGHT II</u>		
1 Allen, Calven	Mt. Pleasant	21' 1/2
2 Narwood, Cris	Seaside	21' 4
3 Martin, Bryan	St. Ignatius	21' 1/2
4 Bonner, Ernest	Seaside	21' 7 3/4
5 Skinner, Don	James Lick	21' 10

FLIGHT III

1 Lundy, Chris	Independence	22' 1/2
2 Haysboort, Adam	San Mateo	22' 6 1/2
3 Thompson, Tim	Carlmont	22' 8 1/2
4 Bruce, Steve	Menlo Atherton	23' 2 1/2
5 Ngai, Trevor	Perterson	23' 3 1/2
6 Lumacted, Ralph	Buchser	23' 4

PLACINGS AND MARK

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330 YARD LOW HURDLES VARSITY

CCS RECORD: Andre Phillips, Silver Creek, 1977, 36.5

Finals Only: 2 sections, places determined by time.

SECTION I

Lane	Name	School	Reg. Qua Time
1	Smith, Terry	Cubberley	38.6
2	Broussard, Carl	St. Francis	37.86
3	Mango, Danny	Watsonville	38.3
4	Walker, Jim	Aragon	37.75
5	Cooke, Chris	Cubberley	38.3
6	Chukes, Mike	Santa Teresa	38.5
7	Dailley, Stan	Los Gatos	38.6
8	Kelly, Pat	Silver Creek	38.8

SECTION II

1	Moore, Steve	Westmont	39.4
2	Brown, Charlie	Hillsdale	39.17
3	Deeney, Tom	Los Altos	39.0
4	McPherson, Eric	Mt. Pleasant	38.9
5	Swain, Jim	Carlmont	39.0
6	Brown, Mike	Terra Nova	39.13
7	Nygard, Randy	North Salinas	39.3
8	Anecito, Mike	Soquel	39.8

PLACINGS AND TIMES

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TWO MILE RUN FROSH/SOPH

CCS RECORD: Gerry Emory, Gunn, 1973, 9:25.6
 Finals Only: 2 to a lane, Olympic scratch start

Lane	Name	School	Reg. Qual. Time
1	Stefanisko, Dan	Santa Teresa	9:32.2
2	Carter, Terry	Manlo Atherton	10:00.7
3	Torres, Jesse	Independence	9:37.7
4	Preciado, Rudy	Buchser	10:06.4
5	Gonzales, Ray	Lincoln	9:41.4
6	Apperson, Ken	Monta Vista	10:09.2
7	Bernal, Nelson	Westmont	9:44.1
8	Gillis, Mark	St. Ignatius	10:29.3
1A	Aldape, Manuel	North Salinas	9:48.1
2A	Field, Jason	Bellamline	10:11.0
3A	Seattini, Jim	Palma	9:48.8
4A	Giario, Ricky	Jefferson	10:18.8
5A	Aponte, Pedro	Seaside	9:55.3
6A	Thompson, Kelly	Terra Nova	10:20.1
7A	McCollum, Mike	Palo Alto	10:15.1
8A	Rubio, Joe	Willow Glen	9:51.5

PLACINGS AND TIMES

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GIRLS' LONG JUMP

CCS RECORD: Kim McDonald, St. Francis, 1977, 18'3
 Starting Time: (approx.) 9:00

FLIGHT I

Name	School	Reg. Qual. Mark
1 Mosley, Lynne	S San Francisco	15' 11
2 Witt, Deborah	Seaside	16' 2
3 Schmelckard, Karla	Branham	16' 4
4 Philfer, Angela	Independence	16' 6
5 Jackson, Rene	Westmoor	16' 7

FLIGHT II

1 Jordan, Tanya	Silver Creek	16' 7
2 Soarps, Roberta	Salinas	16' 7 3/4
3 Lundy, Charlene	Aptos	16' 11 1/4
4 Hatori, Ryeko	Capuchino	17' 3 3/4
5 Costello Lorie	El Camino	17' 5

FLIGHT III

1 Howlds, Terri	Peterson	17' 5 1/4
2 Harman, Janet	Avalt	17' 6 1/2
3 Green, Sheila	Andrew Hill	18' 1 1/4
4 Rockwell, Lola	Gunn	18' 2
5 Campbell, Melony	Del Mar	18' 4
6 Campbell, Kristy	Lynbrook	18' 6

PLACINGS AND MARKS

1	_____
2	_____
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TWO MILE RUN GIRLS

LONG JUMP FROSH-SOPH

CCS RECORD: Steve Bennett, Lynbrook, 1975, 22'7"

Starting Time: Approx. 5:00 Pit B

FLIGHT I

Name	School	Reg. Qual. Mark
1 Simms,	Overfelt	19'5
2 Klikovac, Steve	Salinas	19'11 $\frac{1}{2}$
3 Franks, Phil	Serramonte	20'3
4 Wilkenson, Scott	Palma	20'5
5 Wenrick, Mark	Independence	20'5 $\frac{1}{2}$

FLIGHT II

1 Laughlin, Sean	St, Ignatius	20'6
2 Palmer, Aaron	James Lick	20'8
3 Halten, Nate	N. Monterey Coun.	20'9
4 Smith, Ken	Cubberley	20'11
5 Smith, Shawn	Menlo Atherton	21'4

FLIGHT III

1 Sythe, Brian	Los Gatos	21'2
2 Peoples, Tim	Silver Creek	21'2 $\frac{1}{2}$
3 Diefenback, Mike	Bellarmino	21'3 $\frac{1}{2}$
4 Fenrick, Pierre	Homestead	21'4
5 Molina, Rich	Peterson	21'4 $\frac{3}{4}$
6 Cerquera, Joe	Westmoor	21'8 $\frac{3}{4}$

PLACINGS AND MARKS

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CCS RECORD: Roxanne Bier, Independence, 1978, 10:37.8

Finals Only: 2 to a lane, Olympic scratch start

Lane	Name	School	Reg. Qual. Time
1	Bier, Roxanne	Independence	10:33.3
2	Hamilton, Anne	Capuchino	11:14.0
3	Harper, Amy	Prospect	10:57.9
4	Van Housen, Linda	Woodside	11:31.9
5	Devine, Karen	Westmont	11:17.7
6	Zeischang, Monica	Capuchino	12:13.7
7	Kwong, Karen	Homestead	11:39.4
8	Fersell, Terry	Capuchino	12:40.9
1A	Brogan, Kerry	Los Altos	11:08.4
2A	Choy, Tiffany	Salinas	11:43.6
3A	Schmidt, Becky	Half Moon Bay	11:25.2
4A	Jacobsen, Kristi,	Sequel	11:52.7
5A	Bray, Wicky	Los Altos	11:33.0
6A	Saylor, Kathy	Pacific Grove	12:32.9
7A	Peters, Judy	Westmont	11:48.9
8A	Gustafson, Judy	Live Oak	11:49.8

PLACINGS AND TIMES

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TWO MILE RUN VARSITY

CCS RECORD: Gordon Macfitchell, Gunn, 1973, 9:01.6
 Finals Only: Two to a lane, Olympic scratch start.

Lane	Name	School	Reg. Qual. Time
1	Balderas, Fernando	San Jose	9:14.2
2	O'Connor, Kevin	Carlton	9:30.4
3	Hernandez, Dan	Independence	9:21.2
4	Windzrek, John	Hills	9:42.8
5	Soto, Felix	Mt. Pleasant	9:32.6
6	Perez, Fernando	Aragon	9:43.9
7	Cooper, Scott	Willow Glen	9:23.7
8	Kaspari, Jim	St. Francis	9:46.3
1A	Rambo, John	Santa Cruz	9:26.3
2A	Wegstafte, Skto	Ellertine	9:38.9
3A	Meiquist, Ken	Carlton	9:31.7
4A	Barazza, Sam	Watsonville	9:50.6
5A	Campoli, Bryan	Los Altos	9:35.5
6A	Hickens, Mike	Seaside	9:51.3
7A	Gonzales, Dan	Mt. View	9:38.4
8A	Knott, Steve	Leland	9:27.4

PLACINGS AND TIMES

1	_____
2	_____
3	_____
4	_____
5	_____
6	_____

TRIPLE JUMP VARSITY

CCS RECORD: Myrt Sasley, Woodside, 1975, 49'8"
 Starting Time: 7:00 P1t A

<u>FLIGHT I</u>		<u>FLIGHT II</u>		<u>FLIGHT III</u>	
Name	School	Name	School	Name	School
1 Calhoun, Blair	Serra	1 Grant, Darryl	Serramonte	1 Wayte, Phil	Seaside
2 Santiago, Bill	Hillside	2 Sklmer, Don	James Lick	2 Bass, Mark	Del Mar
3 Hatton, Curt	Awalt	3 Torres, Victor	Silver Creek	3 Collins, Kevin	Monterey
4 Taylor, Robin	Los Altos	4 Negi, Trevor	Peterson	4 Thompson, Tim	Carlton
5 Norwood, Chris	Seaside	5 Franks, Don	Serramonte	5 Porter Myron	Willow Glen
				6 Marshall, Greg	Mt. Pleasant

PLACINGS AND MARKS

1	_____
2	_____
3	_____
4	_____
5	_____
6	_____

440 YARD DASH FROSH/SOPH

CCS RECORD: Gonzales, Branham, 1970, 50.1

Finals Only: 2 sections, places determined by time

SECTION I

Lane	Name	School	Reg. Qual. Time
1	Luke, Steve	Woodside	51.1
2	White, Maurice	Westmont	51.7
3	Meyenberg, Randy	Palma	52.0
4	Shragie, John	Capuchino	52.3 ⁶
5	Gibbs, Lowell	Gunn	51.9
6	Sala, Scott	Buchser	52.0
7	Weaver, Brent	Alisal	52.1
8	Green, Mike	Hillsdale	52.4

SECTION II

1	Smith, Doug	Serra	52.41
2	Hopkins, Ken	Ayer	52.6
3	Smith, Shawn	Menlo Atherton	52.8
4	Jackson, Ralph	Independence	52.8
5	Lewis, Ken	Lewis	52.8
6	Stanley, John	Prospect	52.9
7	Turner, Ben	Monterey	53.0
8	Mitchell, Boris	Jefferson	53.29

PLACINGS AND TIMES

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____
- 6 _____

TRIPLE JUMP FROSH/SOPH

CCS RECORD: Jim Rossi, Palma, 1975, 46'4"

Starting Time: 3:00 Pst B

FLIGHT I

Name	School	Reg. Qual. Mark
1 Hatten, Nate	N. Monterey Coun.	41'2 ¹ / ₄
2 Atteberry, Steve	Westmont	41'2 3/4
3 Johns, Darren	Westmoor	41'3
4 Lekander, Gary	Palma	41'5
5 Diefenbeck, Mike	Bellarmino	41'5 3/4

FLIGHT II

1 Weldon, Larry	Silver Creek	42'1 ¹ / ₄
2 Ceguerra, Joe	Westmoor	42'4 ¹ / ₄
3 Sells, Wendell	North Salinas	42'5 ¹ / ₄
4 Lucier, John	Sacred Heart	42'7 ¹ / ₄
5 Smith, Ken	Gubberley	42'9 ¹ / ₄

FLIGHT III

1 Taylor, Ken	Yerba Buena	43'3
2 Chen, Fred	Awalt	43'10
3 Smith, Shawn	Menlo Atherton	43'10 ¹ / ₄
4 Wendrick, Mark	Independence	44'8 ¹ / ₄
5 Ellis, Gary	Monta Vista	44'9
6 Sample, Donnie	Yerba Buena	45'5 ¹ / ₄

PLACINGS AND MARKS

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____
- 6 _____

400 YARD DASH GIRLS

CCS RECORD: Margulite Belk, Silver Creek, 1978, 55.7
 Finals Only: 2 sections, places determined by time

SECTION I

Lane	Name	School	Reg. Qual. Time
1	Woods, Yvonnassa	Jefferson	56.71
2	Reagan, Ann	Camden	57.0
3	Miller, Sherill	Fremont	58.1
4	Gardespie, Maureen	North Salinas	60.6
5	Boiten, Anita	Andrew Hill	57.8
6	Polanini, Paula	Carlmont	58.5
7	Demorest, Margaret	Buchser	58.5
8	Laver, Kerry	Terra Nova	59.43

SECTION II

1	Jungsten, Linda	Carlmont	59.2
2	Quarles, Cindy	Leland	59.6
3	Blake, Lilla Rose	Oak Grove	60.1
4	Voss, Theresa	Westmont	60.2
5	Osterkamp, Kelly	Soquel	60.7
6	Wilkinson, Mary	King City	60.8
7	Andrews, Jeanne	Serramonte	61.2
8	Woods, Valerie	San Mateo	61.68

PLACINGS AND TIMES

1	_____
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6	_____

SHOT PUT VARSITY

CCS RECORD: Bob Brannon, Los Gatos, 1965, 63'9"
 Starting Time: 3:00

FLIGHT I

Name	School	Reg. Qual. Mark
1 Metisti, Mike	Hillsdale	49'7"
2 Belsey, _____	Aptos	49'0"
3 Mauluk, George	S. San Francisco	50'4"
4 Adley, Ben	Riordan	50'4"
5 McEnroe, Steve	Seaside	50'7"

FLIGHT II

1 Valline, Kurt	Blackford	50'9"
2 Larson, Tom	Carmel	50'9"
3 Bellantoni, Ray	Del Mar	51'1"
4 Creman, Jack	St. Ignatius	51'10"
5 Mauga, Matua	Overfelt	52'4"

FLIGHT III

1 Mendizabal, Ray	Gunderson	54'11"
2 Fontana, Bob	Saraboga	55'4"
3 Small, Tim	Cupertino	55'8"
4 Kruger, Tom	Los Altos	56'11"
5 Weyers, Rick	Avalt	56'11"
6 Almonetti, Steve	Campbell	59'8"

PLACINGS AND MARKS

1	_____
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5	_____
6	_____

SHOT PUT GIRLS

CCS RECORD: Sue Springer, Salinas, 1978, 44' 11 3/4 "

Starting Time: Approx. 9:00

FLIGHT I

Name	School	Reg. Qual. Mark
1 Shauff, Carol	Burlingame	32' 1/2
2 Perkins, Carolyn	Westmor	34' 5
3 Gillette, Ronda	Gunderson	36' 0
4 Ramirez, Dianna	Andrew Hill	36' 12
5 Clay, Carla	S. San Francisco	36' 2

FLIGHT II

1 Jerigan, Tracy	Independence	36' 6
2 Redel, Chris	Mills	36' 8 1/2
3 Ostrander, Teresa	Garland	37' 0
4 Ferreira, Lisa	Santa Teresa	37' 10 1/2
5 Bishop, Diana	Los Altos	38' 2

FLIGHT III

1 Murray, Karren	Buchser	38' 5
2 McGuire, Patty	San Lorenzo Valley	38' 6 1/2
3 Crisler, Jill	Gunn	38' 8 1/2
4 Thompson, Geraldine	Campbell	38' 11 1/2
5 Springer, Sue	Salinas	43' 5
6 Barker, Dotie	Sequoia	43' 10

PLACINGS AND MARKS

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440 YARD DASH VARSITY

C.S RECORD: Rick Brown, Los Altos, 1970, 47.1

Finals Only: 2 sections, places determined by time.

SECTION I

Lane	Name	School	Reg. Qual. Time
1	Green Bill	Cubberley	46.7
2	Harris, Tony	Independence	48.4
3	McCracker, Bert	Buchser	49.3
4	Diaz, Arthur	Jefferson	50.48
5	Nicholson, Art	Menlo Atherton	47.8
6	Frank, Chris	Gunn	48.6
7	Grimes, Reggie	Andrew Hill	49.6
8	Cary, John	Westmont	49.9

SECTION II

1	Eash, Robert	Soquel	50.1
2	Collins, Kevin	Monterey	50.3
3	Knott, Brad	Los Gatos	50.4
4	Ellis, Pat	Willow Glen	50.5
5	Devine, John	King City	50.6
6	Reegley, Reggie	Rhoden	50.94
7	Nelson, Steve	Aragon	50.95
8	Edwinson, Paul	Westmoor	52.02

PLACINGS AND TIMES

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100 YARD DASH FROSH/SOPH

CCS RECORD: Dwayne Green, Ayer, 1975, 9.9

Two Heats: Top 4 of each heat qualify for finals

HEAT I

Lane	Name	School	Reg. Qual. Time
1	Peoples, Tim	Silver Creek	10.2
2	Williams, Ken	Mt. Pleasant	10.2
3	Palmer, Aaron	James Lick	9.9
4	Bruner, Lewis	Oak Grove	9.9
5	Toney, Anthony	N. Salinas	10.4
6	Weaver, Allen	Hollister	10.5
7	Weaver, Brent	Allisal	10.6
8	Armstrong, Emil	Sacred Heart	10.62

HEAT II

1	Tucker, Gary	Sequoia	10.5
2	Earl, Darnell	Oceana	10.48
3	Haynes, Lathel	Sequoia	10.3
4	Smith, Ken	Cubberley	10.2
5	Rogers, Reggie	Hillsdale	10.29
6	Walker, Kevin	St. Ignatius	10.4
7	Bodden, Darryl	Palo Alto	10.5
8	Flint, Rory	Silver Creek	10.5

PLACINGS AND TIMES

1	_____
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4	_____
5	_____
6	_____

SHOT PUT FROSH/SOPH

CCS RECORD: Gary Bersano, Los Gatos, 1973, 61.6"

Starting Time: 7:00

FLIGHT I

Name	School	Reg. Qual. Mark	
1	Turabonovic, Mark	Fremont	48.6
2	Swedlung, John	San Lorenzo Valley	48.7
3	Hall, Henry	Westmoor	48.11
4	Bernardasci, Lou	N. Salinas	49.0
5	Burket, Chuck	Soquel	49.2

FLIGHT II

1	Ray, Don	Hillsdale	49.4
2	Gillis, Paul	Gunderson	49.1
3	Brown, Cornell	Independence	49.5
4	Tanner, Kevin	Saratoga	49.9
5	Almonetti, John	Campbell	49.11

FLIGHT III

1	Glampett, Mark	Ivye Oak	50.7
2	Silva, Tim	Bellaire	51.5
3	Caryolakis, Pate	Woodsde	52.3
4	Sutro, Tim	Del Mar	53.0
5	Bautok, Brian	Aragon	54.2
6	Robinson, Rodney	Availt	55.1

PLACINGS AND MARKS

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6	_____

100 YARD DASH - GIRLS

DISCUS VARSITY

CCS RECORD: Scott Overton, Los Altos, 1972, 191'0"

CCS RECORD: Kelia Bolton, Andrew Hill, 1978, 10.4

Starting Time: Approx. 5:00

Two Heats: Top 4 qualify for finals

FLIGHT I

Name	School	Reg. Qual. Mark
1 Smith, Sam	Jefferson	133'9
2 Apostolas, Rolf	Westmoor	148'2
3 Valine, Kurt	Blackford	148'6
4 Wilson, Loren	Soquel	148'10
5 Melter, Mike	Terra Nova	149'1

FLIGHT II

1 Owen, Bruce	Silve Creek	152'6
2 Horn, Greg	Cupertino	158'6
3 Hemming, Aaron	Monta Vista	159'0
4 Nauge, Manta	Overfelt	159'11
5 Gorman, Greg	Westmont	161'4

FLIGHT III

1 Cowell, Dave	Gunn	161'6
2 Larson, Tom	Carmel	163'4
3 Adley, Ken	Riordan	163'10
4 Weyes, Rick	Awalt	163'10
5 Mendezabel, Ray	Gunderson	166'0
6 McEnroe	Seaside	168'6

PLACINGS AND MARKS

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HEAT I

Lane	Name	School	Reg. Qual. Time
1	Hendy, Jackie	Wilcox	11.3
2	Smartt, Felicia	Silve Creek	11.2
3	Jacobs, Jeanne	James, Lick	11.2
4	Rockwell, Lola	Gunn	11.0
5	Gladney, Dee Dee	San Mateo	11.42
6	Dee, Cathy	San Lorenzo Vally	11.6
7	Middleton, Julie	San Mateo	11.7
8	Jackson, Renee	Westmoor	11.82

HEAT II

1	Qualres, Cindy	Leland	11.5
2	Milligan, Valerie	Carlmont	11.3
3	Robinson, Ronda	San Carlos	11.2
4	Green, Sheila	Andrew Hill	11.0
5	Lambert, Regina	Salinas	11.2
6	Brewer, Brenda	Hillsdale	11.42
7	Saunders, Delilia	Monterey	11.7
8	Pounds, Gurtha	Live Oak	11.7

PLACINGS AND TIMES

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100 YARD DASH VARSITY

COS RECORD: Keith Taylor, Piedmont Hills, 1975, 9.6

Two Heats: Top 4 in each heat qualify for finals

HEAT I

La ne	Name	School	Reg. Qual. Time
1	Smith, Terry	Cubberley	10.1
2	Green, Jack	Cupertino	10.1
3	Mitchell, Stan	Lynbrook	10.0
4	Green, Bill	Cubberley	9.6
5	Brown, Terry	Salinas	10.2
6	Raphael, Eric	Westmoor	10.28
7	Tucker, Allen	Monterey	10.4
8	Bummer, Craig	Gunderson	10.3

HEAT II

1	Christy, Troy	Del Mar	10.2
2	Walker, Keith	Mt. Pleasant	10.2
3	Lester, Bobby	Mt. Pleasant	10.1
4	Montgomery, Carl	S. San Francisco	9.88
5	Thompson, Mike	Braham	10.0
6	Bonner, Ernst	Seaside	10.2
7	Redwood, Eric	Hillsdale	10.29
8	Kajikama, Bob	Hillsdale	10.29

PLACINGS AND TIMES

1	_____
2	_____
3	_____
4	_____
5	_____
6	_____

DISCUS GIRLS

COS RECORD: Sue Springer, Salinas, 146'5"

Starting Time: 7:00 P.M. A

FLIGHT I

Name	School	Reg. Qual. Mark	
1	Jezycki, Denise	San Mateo	95'1
2	Clay, Carla	S. San Francisco	100'8
3	Townsel, Stephanie	Silver Creek	108'5
4	McBride, Marcia	Mt. Pleasant	110'0
5	Shoaff, Carol	Burlingame	110'7

FLIGHT II

1	Gillette, Ronda	Gunderson	111'3
2	Redel, Chris	Hills	112'6
3	Thompson, Geraldine	Campbell	113'6
4	Dobrynski, Joann	Leland	115'8
5	Westfall, Susan	Hollister	117'4

FLIGHT III

1	Stasio, Diane	Homestead	118'7
2	Planavilla, Kim	Santa Cruz	121'10
3	Bergman, Julie	Monta Vista	121'5
4	Barker, Jodie	Sequoia	128'7
5	Woodbeck, Karen	Cupertino	138'0
6	Springer, Sue	Salinas	145'1

PLACINGS AND MARKS

1	_____
2	_____
3	_____
4	_____
5	_____
6	_____

DISCUS FROSH/SOPH

CCS RECORD: Craig Watkins, Mitty, 1973, 157'11"

Starting Time: 3:00 Pst B

FLIGHT I

Name	School	Reg. Qual. Mark
1 Power, Kevin	Salinas	119'2
2 Heintz, Paul	N. Salinas	130'7
3 Ray, Don	Hillsdale	132'10
4 Comfort, Steve	St. Francis	134'3
5 Thompson, James	Salinas	134'6

FLIGHT II

1 Katches, Dan	Mills	136'9
2 McGraw, Tom	Campbell	137'4
3 Tlkins, Dave	Sequoia	138'2
4 Banken, Dan	Los Altos	138'3
5 Satro, Tim	Del Mar	138'4

FLIGHT III

1 Tarabonovic, Mark	Fremont	139'9
2 Chaption, Rob	Honestead	141'6
3 Johnson, Samuel	Samuel Ayer	143'10
4 Clampett, Mark	Live Oak	145'7
5 Jackson, Del Mar	Del Mar	148'6
6 Hall Henry	Westmoor	149'10

PLACINGS AND MARKS

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3	
4	
5	
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880 YARD RUN FROSH/SOPH

CCS RECORD: Charles Jones, Ravenswood, 1973, 1:57.3

Finals Only: Two to a lane, 2 turn stagger

Lane	Name	School	Reg. Qual. Time
1	Miller, Al	Palma	1:56.7
2	Mendoza, Dan	Silver Creek	2:01.2
3	Johnson, Reid	Palo Alto	2:00.9
4	Torres, Paco	Westmoor	2:02.27
5	Krick, Ken	Aptos	2:01.9
6	Terry, Kerry	Overfelt	2:01.9
7	Naughton, Joe	Fremont	2:02.1
8	Jeffery, Brian	St. Ignatius	2:02.7

1A	Barber, Dave	Willow Glen	2:02.3
2A	Johnson, Ken	Peterson	2:02.9
3A	Holewinski, Greg	Palma	2:03.5
4A	Burns, Marcus	Serramonte	2:05.09
5A	Montelongo, Larry	Gilroy	2:03.3
6A	Green, Ron	Mt. Pleasant	2:03.9
7A	Sala, Scott	Buchser	2:04.0
8A	Hughes, Mike	St. Francis	2:05.69

PLACINGS AND TIMES

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3	
4	
5	
6	

880 YARD RUN GIRLS

CCS RECORD: Ann Regan, Camden, 1978, 2:10.3

Finals Only, Two to a lane, 2 turn stagger

LANE	Name	School	Reg. Qual. Time
1	Regan, Ann	Camden	2:11.7
2	Weber, Frecey	Lynbrook	2:12.1
3	Choy, Tiffany	Salinas	2:13.0
4	Gerik, Mary	Mills	2:27.41
5	Kings, Maria	Samuel Ayer	2:14.9
6	Palantina, Paula	Carlmont	2:17.7
7	Smith, Susan	San Lorenzo Valley	2:20.2
8	Whalley, Karen	Cepuchino	2:32.44
1A	Stearns, Arda	Silver Creek	2:18.6
2A	Flitowent, Diana	Saratoga	2:20.1
3A	Choy, Caron	Salinas	2:21.8
4A	Perez, Adrianna	Aragon	2:32.7
5A	Barry, Mary Jo	Leigh	2:18.8
6A	Mersigul, Jowan	Silver Creek	2:19.5
7A	Whipple, Karen	Lynbrook	2:23.5
8A	Guerra, Allyson	El Camino	2:33.77

PLACINGS AND TIMES

1	_____
2	_____
3	_____
4	_____
5	_____
6	_____

440 YARD RELAY VARSITY

CCS RECORD: Woodside, 1975, 41:6

Finals only - 2 Sections, Placings Determined By Time

SECTION I	Lane	School	Reg. Qual. Time
1	Lynbrook		42.4
2	Monterey		42.7
3	Mt. Pleasant		42.7
4	South San Francisco		43.1
5	Cubberley		42.9
6	Independence		43.1
7	Gunn		43.2
8	Aragon		43.3

SECTION II

1	Menlo Atherton	43.3
2	Del Mar	43.4
3	Salinas	43.5
4	Gunderson	43.5
5	Westmont	43.5
6	St. Francis	43.9
7	Hillisdale	44.0
8	Sequel	44.5

PLACINGS AND TIME

1	_____
2	_____
3	_____
4	_____
5	_____
6	_____

4400 RELAY GIRLS

CCS RECORD: Andrew Hill, 1978, 47.7 (Bolten, Thomkins
Lawson, Reynolds)

Finals Only: 2 Sections, Placing Determined by Time

SECTION I

Lane	School	Reg. Qual. Time
1	Fremont	49.4
2	Salinas	49.5
3	Andrew Hill	49.6
4	Jefferson	51.01
5	Carlmont	49.5
6	San Carlos	50.2
7	Gunn	50.4
8	Leland	50.5

SECTION II

1	King City	50.6
2	Soquel	50.6
3	Live Oak	50.7
4	Los Gatos	50.7
5	Camden	50.7
6	South San Francisco	51.39
7	Oceana	52.21
8	Terra Nova	52.92

PLACINGS AND TIME

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5	_____
6	_____

980 YA RD RUN VARSITY

CCS RECORD: Rick Brown, Los Altos, 1970. 1:50.7

Finals only: two to a lane, 2 turn stagger

LANE	Name	School	Reg. Qual. Time
1	Larcher, Kurk	Westmoor	1:55.46
2	Trujillo, Ben	Gilroy	1:55.6
3	Springer, Mario	Mt. View	1:56.5
4	Itland, Rick	Soquel	1:58.8
5	Hutson, Jim	Mills	1:56.01
6	Garcia, Mike	Gilroy	1:56.5
7	Meyers, Jeff	Awalt	1:57.4
8	Dicks, Jeff	Soquel	2:00.0
1	A Lemos, Art	Bellarmino	1:56.4
2	A O'Neal, Ed	Independence	1:56.6
3	A Dereney, Tom	Los Altos	1:57.9
4	A Ewing, Mike	Monterey	2:01.2
5	A Marquez, Paul	Samuel Ayer	1:56.8
6	A Munez, Robert	Westmont	1:57.0
7	A Monahan, Kevin	Serra	1:59.19
8	A Kinzy, Scott	Homestead	1:59.9

PLACINGS AND TIMES

1	_____
2	_____
3	_____
4	_____
5	_____
6	_____

70 YARD HIGH HUDDLES FROSH/SOPH

CCS RECORD: Washington, Salinas, 1970, 8.6

Two Heats: Top 4 in each qualify for finals

HEAT I

Lane	Name	School	Reg. Qual. Time
1	Unadla, Jeff	Blackford	9.3
2	Barranti, Ray	Mills	8.97
3	Seanez, Ron	Gilroy	8.9
4	Willis, John	Menlo	8.8
5	Quitana, Tim	Monterey	9.2
6	Cunanan, James	North Salinas	9.4
7	Dlethner, Jeff	Palo Alto	9.4
8	Boyes, Dave	Carlimont	9.5

HEAT II

1	Gill, Howard	San Mateo	9.39
2	Sumpter, Ken	Independence	9.1
3	Thicker, Gary	Sequoia	8.9
4	Pickett, Paul	San Mateo	8.87
5	Raines, Vaughn	Mt. Pleasant	8.9
6	Hawkins, Reggie	Hillisdale	8.9
7	Cochetti, Vince	Palma	9.4
8	McGraw, Tom	Camden	9.4

PLACINGS AND TIMES

1	_____
2	_____
3	_____
4	_____
5	_____
6	_____

400 RELAY FROSH/SOPH

CCS RECORD: Ayer, 1975, 43.2

Finals Only: 2 Sections, Placings determined by time.

SECTION I

Lane	School	Reg. Qual. Time
1	Carlimont	43.6
2	Silver Creek	44.2
3	Hillisdale	44.6
4	Palma	45.1
5	Palo Alto	44.4
6	Saratoga	44.6
7	Sequoia	44.8
8	Los Gatos	45.1

SECTION II

1	Mt. Pleasant	45.6
2	Sacred Heart	45.72
3	North Salinas	45.8
4	Five Oaks	45.8
5	Soquel	45.9
6	San Mateo	45.98
7	Serramonte	46.0
8	Overfelt	46.3

PLACINGS AND TIMES

1	_____
2	_____
3	_____
4	_____
5	_____
6	_____

120 YARD HIGH HURDLES VARSITY

CCS RECORD : Ron Kennedy, Serramonte, 1975, 13.8

Two Heats: Top 4 in each Qualify for Finals

<u>HEAT I</u>			Reg. Qual. Time
Lane	Name	School	
1	Bradley, Kevin	Campbell	15.0
2	Chukes, Michael	Santa Teresa	14.6
3	Robinson, Leonard	Yerba Buena	14.5
4	McPherson, Eric	Mt. Pleasant	14.1
5	Walker, Jim	Aragon	14.81
6	Bortlittin, Dave	Hillsdale	14.92
7	Oliver, Mark	North Salinas	15.4
8	Zukowsky, John	Hillsdale	15.36

HEAT II

1	Moore, Steve	Westmont	15.0
2	Campana, Kirk	Woodside	15.0
3	Woodson, Steve	Menlo Atherton	14.7
4	Swain, Jim	Carlmont	14.4
5	Hicks, Joe	North Salinas	14.7
6	Whyte, Phil	Seaside	14.8
7	Thompson, Robert	Jefferson	15.21
8	Conner, John	Los Altos	15.1

PLACINGS AND TIMES

1	_____
2	_____
3	_____
4	_____
5	_____
6	_____

110 YARD LOW HURDLES GIRLS

CCS RECORD: Kim Costello, El Camino, 1978, 13.9

Two Heats: Top 4 in Each Heat qualify for Finals

<u>HEAT I</u>			Reg. Qual. Time
Lane	Name	School	
1	Otto, Elizabeth	Carlmont	15.7
2	Reimann, Kathy	Saratoga	15.4
3	Bowlas, Terri	Peterson	15.2
4	Soto, Veronica	Gilroy	14.6
5	Hattori, ryoleo	Capuchino	15.79
6	Costello, Lorrrie	El Camino	15.88
7	Herron, Julie	Hillsdale	16.08
8	Harley, Julia	Aragon	16.42

HEAT II

1	Broussard, Urainnah	Independence	15.8
2	Maino, Kathi	Los Gatos	15.7
3	Randolph, Jackie	Milpitas	15.3
4	Crevelt, Mary	St. Francis	15.0
5	Horn, Kim	Soquel	15.7
6	Eck, Marianne	Soquel	15.8
7	Haro, Tammy	hollister	16.0
8	Bortolussi, Kathleen	Campbell	15.9

PLACINGS AND TIMES

1	_____
2	_____
3	_____
4	_____
5	_____
6	_____