

Top CCS Track, Swim Marks

4-5-79

Boys' track

(Top marks through Saturday)
w—wind-aided
n—non-winning

440 relay—Monterey 43.0, Mt. Pleasant 43.3n, Yerba Buena 43.9n, Menlo-Atherton 44.0, South San Francisco and Del Mar 44.0n.

100—Montgomery (S. San Francisco) 9.8, McCray (Leigh) and Bonner (Seaside) 9.9, A. Nicholson (Menlo-Atherton), Thompson (Branham) and Bummer (Gunderson) 10.0, Leberherz (Gilroy) 10.0n.

220—Harris (Independence) 21.6, Montgomery (S. San Francisco) 21.9n, Mitchell (Lynbrook) 22.0n, Bonner (Seaside) 22.2n.

440—A. Nicholson (Menlo-Atherton) 49.3, Fank (Gunn) 49.7, Harris (Independence) 49.9n, McCracken (Buchser) 50.3n, McCray

(Leigh) and Cary (Westmont) 50.4, Collins (Monterey) 50.4n.

880—Springer (Mtn. View) 1:56.6, Trujillo (Gilroy) 1:56.8n, Hudson (Mills) 1:57.3n, Larcher (Westmoor) 1:58.0n, Ross (Buchser) 1:58.9n.

Mile—O'Connor (Carlmont) 4:23.2, Mellquist (Carlmont) 4:24.0n, Ramirez (Yerba Buena) 4:26.2, Trujillo (Gilroy) 4:27.7n, Hoch (Menlo-Ath) 4:28.0n.

2-mile—Balderas (San Jose) 9:26.5, Cooper (Willow Glen) 9:26.5n, Bergkamp (Leigh) 9:32.8, Ramirez (Yerba Buena) 9:35.0n, Demo (Homestead) 9:35.6.

120HH—McPherson (Mt. Pleasant) 14.4, Swain (Carlmont) 14.8, Hicks (North Salinas) 14.8n, Floyd (Oak Grove) 14.9, Brown (Terra Nova) 14.9w, 15.0, Chukes (Santa Teresa) and Barbaro (Riordan) 15.0, Whyte (Seaside) 15.0n.

330LH—Swain (Carlmont) 38.6, Broussard (St. Francis) 39.5, McPherson (Mt. Pleasant) and Walk-

er (Aragon) 39.6, Dietrich (Carlmont) 39.6n.

Mile relay—Yerba Buena 3:27.9, Buchser 3:28.3, Gunn 3:28.5n, Carlmont 3:28.8n, Mt. Pleasant 3:28.9n.

Shot—Krueger (Los Altos) 59-2½, S. Aimonetti (Campbell) 58-6, Small (Cupertino) 56-10, Weyers (Awalt) 55-8n, Morton (Menlo School) 54-6¼.

Discus—McEnroe (Seaside) 167-10, Small (Cupertino) 167-9, Horn (Cupertino) 167-0, Dewerk (Gunn) 166-3, Hunter (Carlmont) 163-1.

HJ—Hicks (N. Salinas) 6-10¼, Stuart (Gunn) and Iliff (Palma) 6-8½, Spivey (Woodside) 6-7¼, Crudo (St. Ignatius) 6-6¼.

LJ—Skinner (Lick) 22-8¼w, 21-6, P. O'Hare (St. Francis) 22-6wn, 21-4, Lundy (Independence) 22-5½, Porter (Willow Glen) 22-3, Allen (Mt. Pleasant) 22-3n.

TJ—Thompson (Carlmont) 46-10½, Sample (Yerba Buena) 46-10, Marc. Bass (Del Mar) 46-

6¼w, 46-3¼n, Collins (Monterey) 46-4½, Marshall (Mt. Pleasant) 45-11¾n.

PV—Ellis (Menlo-Atherton) 15-0, Jaques (Del Mar) 14-8, Devlin (Westmont) 14-8n, Kenison (Mills) 14-6, Crumpler (Menlo-Atherton) and Worthoe (Carlmont) 14-4n, Norris (Del Mar) 14-4.

Girls' track

440 relay—Carlmont 50.4, Fremont and San Mateo 50.9, Salinas 51.1, Hill and Branham 51.6.

100—Lauer (Terra Nova) 11.1w, 11.3, Rockwell (Gunn) 11.4, Milligan (Carlmont), Sullivan (Ayer), Snyder (Camden) and Hendy (Wilcox) 11.5.

220—Woods (Jefferson) and Milligan (Carlmont) 25.8, Sullivan (Ayer) and Robinson (Branham) 26.5, Stewart (Salinas) 26.6, Schweickardt (Branham) 26.6n.

440—Jungsten (Carlmont) 59.7, Stewart (Salinas) 60.0, Miller

(Fremont) 60.1, Bolton (Hill) 60.4, Venable (Sunnyvale) 60.7.

880—King (Ayer) 2:14.8n (2:14.0n 800 meters), Weber (Lynbrook) 2:20.5, Regan (Camden) 2:21.2, Bier (Independence) 2:22.2, Foianini (Carlmont) 2:22.3, Jungsten (Carlmont) 2:22.3n.

Mile—Bier (Independence) 4:59.2 (4:37.0 1,500 meters), Weber (Lynbrook) 5:02.3, Brogan (Los Altos) 5:12.1n (4:49.0n 1,500 meters), Bray (Los Altos) 5:12.2n (4:49.1n 1,500 meters), King (Ayer) 5:12.4.

2-mile—Bier (Independence) 10:33.4 (9:47.0 3,000 meters), Brogan (Los Altos) 11:09.0n (10:20.0n 3,000 meters), Hamilton (Capuchino) 11:10.0, Harper (Prospect) 11:12.0, Bray (Los Altos) 11:13.1n (10:23.8n 3,000 meters).

110 LH—Crevell (St. Francis) and Harman (Awalt) 15.2, Reimann (Saratoga) 15.3, Thomas (Cubberley) 15.4n, Solo (Gilroy) 15.6.

Mile relay—Carlmont 4:07.1, Branham 4:11.9, Menlo-Atherton 4:14.5, Cupertino 4:14.8n, St. Francis 4:18.3.

Shot—Springer (Salinas) 44-7, Barker (Sequoia) 42-11, Bishop (Los Altos) 38-6, Thompson (Campbell) 37-7, Brown (Independence) 37-5½.

Discus—Springer (Salinas) 143-7, Ju. Bergman (Monta Vista) 127-1n, Woodbeck (Cupertino) 121-10, Pianavilla (Santa Cruz) 117-2, Stasio (Homestead) 114-6.

HJ—King (Menlo-Atherton) 5-7½, Pfeifer (Independence) and Robinson (Fremont) 5-7, Craig (Monta Vista) 5-5n, Raugust (Salinas) 5-4, Broussard (Independence) and Davidson (Lynbrook) 5-4n.

LJ—Rockwell (Gunn) 19-3, Pfeifer (Independence) 17-10½, Campbell (Lynbrook) 17-8, Jacobs (Lick) 17-1¾wn, Campbell (Del Mar) 17-1.

Swimming

200 MR—Lynbrook 1:40.3, Pioneer 1:41.1, Bellarmine 1:42.5, Los Gatos 1:42.6n, Awalt 1:44.0.

200 free—Trowbridge (Lynbrook) 1:43.7n, C. Cavanaugh (Lynbrook) 1:43.9, Jo. Scott (Harbor) 1:46.7, Steiner (Los Gatos) 1:47.1, Holshevnikoff (Westmont) 1:47.4.

200 IM—Coran (Lynbrook) 1:57.4, C. Cavanaugh (Lynbrook) 1:59.2, Hatch (Santa Cruz) 1:59.3, B. Lum (Monterey) 1:59.4n, Welborne (Cupertino) 2:01.7n.

50 free—C. Cavanaugh (Lynbrook) 21.1, R. Armstrong (Lynbrook) 22.0, Freeman (Leigh) and Weeks (Gunn) 22.2, Roy (Santa Clara) 22.4, Tiger (Lynbrook) 22.4n.

100 fly—Coran (Lynbrook) 52.3, Trowbridge (Lynbrook) 52.6, Freeman (Leigh) 53.1, Okawa (Lynbrook) 54.5n, B. Lum (Mon-

terey) and Welborne (Cupertino) 54.7.

100 free—C. Cavanaugh (Lynbrook) 47.0, Steiner (Los Gatos) 48.5, R. Armstrong (Lynbrook) 48.5n, Roy (Santa Clara) 48.6, King (Leland) 48.6n.

500 free—Schmidt (Leland) 4:40.6, Trowbridge (Lynbrook) 4:41.7, Obreno (Silver Creek) 4:46.3, Holshevnikoff (Westmont) 4:46.4, Carter (Leigh) 4:48.4.

100 back—Thomas (Del Mar) 55.1, Jaegers (Leigh) 56.5, Hatch (Santa Cruz) 56.8n, Maryatt (Prospect) 57.1, Steiner (Los Gatos) and Coran (Lynbrook) 57.3.

100 breast—Hatch (Santa Cruz) 1:01.2, T. Wu (Lynbrook) 1:02.5, Tiger (Lynbrook) 1:02.7n, Eischen (Lynbrook) 1:02.9n, Samuels (Awalt) 1:03.0.

400 FR—Lynbrook 3:18.5, Westmont 3:20.5, Monterey 3:22.5, Leland 3:23.3, Leigh 3:24.2.

(Coaches with additions or corrections may call 289-5354.)

Top CCS Track & Field Marks

5/16/79

Boys' track

(Top marks through Saturday)
w—wind-aided
n—non-wind

Note: Times in 100ths electronically timed—start and finish. Preference is given to electronic times over hand-stopwatch times when they conflict. Conversions for auto times are as follows: 100, 220, 120MH, 110LH — -0.24; 330LH, 440 — -0.14. Converted times always taken up to next tenth, not rounded off. Thus, converted electronic times rated ahead of hand-stopwatch times in some cases.

440 relay—Cubberley 42.3, Monterey and Independence 43.0, Mt. Pleasant 43.0, Silver Creek 43.2n, Westmont 43.3, South San Francisco 43.4, Hill 43.4n, Menlo-Atherton and Cupertino 43.5, Lynbrook 43.5n. State best—Richard 41.66 (41.40 400 meters). National best—Ball—Galveston, Texas 41.02 (40.76 400 meters).

100—B. Green (Cubberley) 9.4, 10.59 100 meters, A. Nicholson (Menlo-Atherton) 9.6w, 9.8, Montgomery (S. San Francisco) 9.8, 10.95n 100 meters, Thompson (Branham) 9.8, Harris (Independence) 9.8w (10.6w 100 meters), 10.16n (11.01n 100 meters), Flowers (Milpitas) 9.8w, 10.1, McCray (Leigh), Bonner (Seaside), Creighton (Cupertino), Mitchell (Lynbrook), Pacaldo (St. Ignatius) and Sterling (Silver Creek) 9.9, Lister (Mt. Pleasant), Christy (Del Mar), Washington (Woodside) and Peoples (Silver Creek) 9.9n, Miller (Menlo-Atherton) and H. Campbell (Mt. Pleasant) 9.9w. State best—Ron Brown (Baldwin Park, L.A.) 9.61 (9.4), Michael Sanford (Cubberley) 9.4. National best—Sunder Nix (Phillips, Chicago) 9.3w, Sanford, Brown, Green, Carlton Young (Central, Philadelphia), Robert Humphrey (Estaca-

do—Lubbock, Texas) and Vincent Courville (Ball—Galveston, Texas) 9.4, Kelly Johnson (Carlsbad, New Mexico) 9.4w.

220—B. Green (Cubberley) 21.0, Harris (Independence) 21.6, Mitchell (Lynbrook) 21.8, Montgomery (S. San Francisco) 21.9n, Pacaldo (St. Ignatius), Bonner (Seaside) and Tucker (Monterey) 21.9, A. Nicholson (Menlo-Atherton) 22.0, Sterling (Silver Creek) 22.0w, H. Campbell (Mt. Pleasant) 22.3w. State and national best—Bill Green (Cubberley) 21.0.

440—B. Green (Cubberley) 47.8, Harris (Independence) 48.3, Grimes (Hill) 48.8n, Fank (Gunn) and A. Nicholson (Menlo-Atherton) 49.2, Collins (Monterey) 49.7 (49.4 400 meters), Creighton (Cupertino) and Diaz (Jefferson) 49.9, Cary (Westmont) 50.0, McCracken (Buchser) and R. Green (Cubberley) 50.3n. State best—David Mack (Locke, L.A.) 47.78 (47.7), National best—Melvin Bryant (Eastern Hills—Ft. Worth, Texas) 47.3. (Bill Green, Cubberley, had 46.84 400 meters while ineligible).

800—Springer (Mtn. View) 1:56.6, Marquez (Ayer) 1:56.7, Trullio (Gilroy) 1:56.8n, Maloney (Leigh) 1:56.8, Larcher (Westmoor) 1:56.9, Hudson (Mills) 1:57.0, Nunes (Westmont) 1:57.1n, Garcia (Gilroy) 1:57.4n, Lemis (Bellarmine) 1:57.5, Samario (Leigh) 1:57.6n. State and national best—Jeff West (Crenshaw, L.A.) and David Mack (Locke, L.A.) 1:50.6 (1:49.9 800 meters).

Mile—Maloney (Leigh) 4:18.6, O'Connor (Carlmont) 4:21.5, Bergkamp (Leigh) 4:22.1, Vasquez (Watsonville) and Springer (Mountain View) 4:23.8, Mellquist (Carlmont) 4:24.0n, Ramirez (Yerba Buena) 4:24.3, Ifland (Soquel) 4:24.9n, Spiele (Westmont) 4:26.2n, Hernandez (Independence) 4:26.4n. State and national

best—Paul Medvin (University, L.A.) 4:05.6.

2-mile—Balderas (San Jose) 9:14.8n, O'Connor (Carlmont) 9:23.1n, Maloney (Leigh) 9:24.6n, Soto (Mt. Pleasant) 9:25.0n, Cooper (Willow Glen) 9:26.2n, Knott (Leland) 9:27.6n, Mellquist (Carlmont) 9:28.6n, Demo (Homestead) 9:28.9n, Rembao (Santa Cruz) 9:30.6, Trullio (Gilroy) 9:31.4n. State and national best—Jeff Nelson (Burbank) 8:36.3 (national record).

1200H—McPherson (Mt. Pleasant) 14.2w, 14.3, 14.58, Chukes (Santa Teresa) 14.4w, 14.5n, Bradley (Campbell) and Swain (Carlmont) 14.5, Davenport (Jefferson) 14.5w, Hicks (North Salinas) and Whyte (Seaside) 14.6, Walker (Aragon) 14.7, Robinson (Yerba Buena) 14.7n, Anelua (Seaside) and Moore (Westmont) 14.8n. State best—Archie Carter (Locke, L.A.) 13.9w, 14.2, Jim Scannella (San Ramon, Danville) 14.0w, Henry Andrade (Johnson, Sacramento) 14.0. National best—Rod Wilson (Bartram, Philadelphia) 13.5.

330LH—Swain (Carlmont) 37.6 (37.4 300 meters), Chukes (Santa Teresa) and Magno (Watsonville) 38.4, McPherson (Mt. Pleasant) 38.5, Daley (Los Galos), Bradley (Campbell) and T. Smith (Cubberley) 38.7, Moore (Westmont) and C. Campana (Woodside) 38.7n, Cummings (Mt. Pleasant) and Deoney (Los Altos) 38.8n. State best—Pat Nash (Escondido) 37.2. National best—Darin Hill (Middleton, Ohio) 36.1 (35.9 300 meters).

Mile relay—Cubberley 3:17.8 (3:16.7 1,600 meters)—Cooke 49.5, R. Green 50.6, Je. Moss 50.0, B. Green 46.6, Independence 3:23.0, Mt. Pleasant 3:25.2, Gunn 3:26.0, Buchser 3:26.1n, Seaside 3:26.4 (3:25.3 1,600 meters), Carlmont 3:26.5 (3:25.4 1,600 meters), Monterey 3:26.5n (3:25.4n 1,600 me-

ters), Riordan 3:26.6, Westmont 3:26.8. State best—Locke (L.A.) 3:14.2 (3:13.1 1,600 meters). National best—Fairmont Heights (Chapel Oaks, Maryland) 3:13.0 (3:11.9 1,600 meters).

Shot—S. Aimonetti (Campbell) 61-10, Krueger (Los Altos) 60-1, Morton (Menlo School) 57-8, Weyers (Await) 56-11¼, Small (Cupertino) 56-10, Fontana (Saraloga) 56-7n, Cremen (St. Ignatius) 55-6, Paleologos (Woodside) 55-3¼n, Bellantoni (Del Mar) 55-0n, Salinas (Wilcox) 54-5n. State best—Don Mosebar (Mt. Whitney, Visalia) 63-8¼. National best—Mike Carter (Jefferson, Dallas) 77-0 (breaks own national record set this year).

Discus—McEnroe (Seaside) 189-2, Horn (Cupertino) 175-5, Nagengast (Del Mar) and Hall (Westmoor) 171-10, Weyers (Await) 171-4, Adley (Riordan) 170-4n, Dewerk (Gunn) 167-10, Small (Cupertino) 167-9, Heming (Monta Vista) 165-2, Cowell (Gunn) 164-8. State best—Steve McEnroe (Seaside) 189-2. National best—Mike Carter (Jefferson, Dallas) 204-8.

HJ—Hicks (N. Salinas) 6-10¼, Spivey (Woodside) 6-10, Stuart (Gunn) 6-8½, Hiff (Paima) 6-8¼, Crudo (St. Ignatius) 6-7, Rocca (Live Oak) 6-6½, Johnson (Piedmont Hills), Ward (Hill), Young (Serra) and Lopez (Riordan) 6-6. State and national best—Tim Politt (Alemany, Mission Hills) 7-3.

LJ—Lumactod (Buchser) 23-1¾, Bruce (Menlo-Atherton) 23-0¾, Skinner (Lick) 22-8¼w, 22-6¾n, Gradnigo (Independence) 22-7¾n, Fletcher (Sunnyvale) 22-7¾, P. O'Hare (St. Francis) 22-6w, 21-4, Lundy (Independence) 22-5½, Norwood (Seaside) 22-4½n, Pacaldo (St. Ignatius) 22-4, Portier (Willow Glen) and Ngai (Peterson) 22-3, Allen (Mt. Pleasant) 22-3n. State best—Clemens

(Foothill, Bakersfield) 24-1¼, National best—Andre Kearns (Northeast—Petersburg, Fla.) 25-2½.

TJ—Thompson (Carlmont) 48-0½n, Marshall (Mt. Pleasant) 47-5½, Gradnigo (Independence) 46-10½w, 46-1¾, Sample (Yerba Buena) and Porter (Willow Glen) 46-10, Collins (Monterey) 46-7¼, Munoz (Campbell) 46-6½, Marc. Bass (Del Mar) 46-6¼w, 46-3¼n, Whyte (Seaside) 46-1, Skinner (Lick) 46-0½. State and national best—Henry Ellard (Hoover, Fresno) 50-8½.

PV—Ellis (Menlo-Atherton) 15-4, Jaques (Del Mar) 14-8, Crumpler (Menlo-Atherton) 14-7n, Kenison (Mills), Hazel (Buchser), Cotton (Los Galos), Nemeth (Los Galos) and Bahl (Await) 14-6, Worthge (Carlmont) 14-4n, Norris (Del Mar) 14-4. State best—Tim McIntyre (Los Alamitos) 16-0. National best—Greg Duplantis (Lafayette, Louisiana) 16-6.

Girls' track

440 relay—Fremont 48.7, Hill 49.1, Carlmont 49.4, Sequoia 49.5n, Silver Creek 49.8n, Los Galos 49.9, Camden 50.1n, Saratoga 50.3n, Gunn 50.3, San Mateo 50.4n. State and national best—Berkeley 46.1 (45.9 400 meters).

100—Van. Woods (Jefferson) 10.5w, 11.2, Rockwell (Gunn) 10.9, 12.32 100 meters, Jacobs (Lick) 11.0, 12.38n 100 meters, Greene (Hill) 11.1n, Snyder (Camden) 11.1, 12.58n 100 meters, Lauer (Terra Nova) 11.1w, 11.3, Hedy (Wilcox) and Milligan (Carlmont) 11.2, Donahue (Los Galos) 11.2n, Giammona (Santa Teresa) 11.2w, 11.5, Thompkins (Hill) 11.2w. State and national best—Vanessa Woods (Jefferson) 10.5w, Sharon Ware (Berkeley) and Brenda Winston (San Geronio, San Bernardino) 10.6, Sherri Howard (San

Geronio, San Bernardino) and Gwen Loud (Westchester, L.A.) 10.6w.

220—Greene (Hill) 25.1w, 25.3, Edwards (Silver Creek) 25.2w, 26.0n, Jacobs (Lick) 25.3n, Miller (Fremont) and Van. Woods (Jefferson) 25.6, Milligan (Carlmont) 25.6w, 25.8, Rockwell (Gunn) and Robinson (Los Galos) 25.7, Pounds (Live Oak) 25.8, Bolton (Hill) 25.8n, Sullivan (Ayer) 25.8w, 25.9n. State best—Gwen Loud (Westchester, L.A.) 23.7w (23.27w 200 meters), 200 meters), Sherri Howard (San Geronio, San Bernardino) 23.77w (23.67w 200 meters), 23.9 (23.8 200 meters). National best—Green (Park—Pinellas, Florida) 23.5.

440—Regan (Camden) and Van. Woods (Jefferson) 57.4, Miller (Fremont) 57.5, Blake (Oak Grove) 57.9, Foianini (Carlmont) 58.0, Hedy (Wilcox) 58.2, Bolton (Hill) 58.4, Jungsten (Carlmont) 58.6n, Demorest (Buchser) 59.0, Striber (Mitty) 59.4n. State and national best—Sherri Howard (San Geronio, San Bernardino) 52.92n (52.66 400 meters).

800—Regan (Camden) 2:10.9n (2:10.2n 800 meters), Weber (Lynbrook) 2:11.9n, King (Ayer) 2:12.6n, Demmelmaier (Lynbrook) 2:16.6n (2:15.9n 800 meters), Hamilton (Capuchino) 2:17.0n, Miller (Fremont) 2:17.9n, Brogan (Los Altos) 2:18.7n, Blake (Oak Grove) 2:19.5n, Stearns (Silver Creek) 2:19.7n, T. Choy (Salinas) 2:20.2. State best—Arlise Emerson (Westminster) 2:10.9 (2:10.2 800 meters). National best—Joetta Clark (Columbia—Maplewood, N.J.) 2:04.2 (2:03.5 800 meters).

Mile—Bier (Independence) 4:51.4 (4:29.8 1,500 meters), 4:58.2n, Brogan (Los Altos) 4:58.5n, Weber (Lynbrook) 5:02.3, Regan (Camden) 5:04.4, Harper

(Prospect) 5:08.3n, King (Ayer) 5:09.0n, Bray (Los Altos) 5:12.2n (4:49.1n 1,500 meters), Hamilton (Capuchino) 5:14.0, T. Choy (Salinas) 5:16.4, Hicks (Los Galos) 5:20.9n. State and national best—Linda Goen (North, Bakersfield) 4:46.4.

2-mile—Bier (Independence) 10:33.4 (9:47.0 3,000 meters), 10:42.0, Brogan (Los Altos) 10:53.3 (10:07.3 3,000 meters), 11:15.0, Harper (Prospect) 11:00.9, Weber (Lynbrook) 11:07.7n (10:18.8n 3,000 meters), 11:15.0, Hamilton (Capuchino) 11:09.7 (10:20.6n 3,000 meters), 11:13.7, Bray (Los Altos) 11:13.1n (10:23.8n 3,000 meters), King (Ayer) 11:14.1n (10:24.7n 3,000 meters), Devine (Westmont) 11:19.9n (10:30.1n 3,000 meters), 11:31.6n, Schmidt (Half Moon Bay) 11:29.9, Fox (Homestead) 11:32.0. State best—Cindy Schmandt (Santa Barbara) 10:33.9. National best—Mary Shea (Gibbons—Raleigh, North Carolina) 10:03.5 (national record).

110 LH—Crevell (St. Francis) 14.8, Reimann (Saratoga) and Otto (Carlmont) 15.0, Demorest (Buchser) 15.1, O'Brien (Monta Vista) 15.1n, Harman (Await) 15.2, Soto (Gilroy), King (Menlo-Atherton), Luttrell (San Carlos) and Lewis (Gunn) 15.2n. State best—Judy Young (Berkeley) 14.22 (14.19 100 meters). National best—Candy Young (Beaver Falls, Pa.) 13.43 (13.45 100 meters).

Mile relay—Carlmont 3:57.2n (3:56.1n 1,600 meters), Camden 4:01.0, Branham 4:02.3n, Westmont 4:03.9n, Saratoga 4:04.7n, Fremont 4:06.1n, Silver Creek 4:06.1, Sequoia 4:06.6n, St. Francis 4:06.8, San Mateo 4:07.2. State best—San Geronio, San Bernardino 3:53.1 (3:51.9 1,600 meters). National best—Camden, N.J.

3:50.4 (3:49.2 1,600 meters).
Shot—Barker (Sequoia) 44-6, Springer (Salinas) 44-4¼, Thompson (Campbell) 40-7n, Ramirez (Hill) 39-5, Bishop (Los Altos) 39-4¼, Jernigan (Independence) 38-11, Pierce (Camden) 38-7n, Woodbeck (Cupertino) 38-6n, P. McGuire (San Lorenzo Valley) 38-2, Townsel (Silver Creek) 37-10½. State best—Susie Ray (Villa Park) 49-11½. National best—Jackie Henry (Lynnwood, Washington) 50-10½.

Discus—Springer (Salinas) 144-1, Woodbeck (Cupertino) 142-3, Ju. Bergman (Monta Vista) 128-11, Barker (Sequoia) 125-10, Stavio (Homestead) 125-6n, Pianavilla (Santa Cruz) 121-7, Townsel (Silver Creek) 120-3, Johnson (Menlo-Atherton) 119-9, Oswald (Los Galos) 119-6, Thompson (Campbell) 119-1. State and national best—Leslie Deniz (Gridley) 175-10 (national record).

HJ—Raugust (Salinas) 5-8, King (Menlo-Atherton) 5-7½, Phifer (Independence) and Robinson (Fremont) 5-7, Craig (Monta Vista) and Davidson (Lynbrook) 5-6, Broussard (Independence) 5-6n, Walker (Fremont), Hauck (Pioneer) and Riggle (Westmont) 5-4. State and national best—Sue McNeal (Carlsbad) 5-11¾.

LJ—Greene (Hill) 19-6½, Rockwell (Gunn) 19-4¼, Costello (El Camino) 18-9½n, Campbell (Lynbrook) 18-8, Phifer (Independence) 18-5, Witt (Seaside) 18-3, Bowlds (Peterson) 18-2w, 17-7n, Campbell (Del Mar) 18-1¾n, Soto (Gilroy) 17-8, Harman (Await) 17-8n. State best—Gwen Loud (Westchester, L.A.) 20-9¼w, 20-1¼. National best—Tommi Rucker (Washington, D.C.) 20-7¼.

(Coaches with additions or corrections may call 289-5354.)