

# INDOOR Action

## ALI

by ELISE HART

January 6

As a newcomer to the world of California track, I have been overwhelmed by the myriad of the running phenomenon in this state. I had idolized the California runner from afar, having been brainwashed to believe that the sport had its beginnings on Golden State soil. But alas, I have not been disappointed and consider it one of life's greater blessings to have witnessed first hand the performance of certain California track stars.

Upon arrival at the Long Beach Arena, a casual observer may have presumed that I was to be a contestant as I "ran" about overcome with anticipation.

The assemblage of excited fans created an atmosphere conducive to top performances by the athletes. Though the crowd may have felt letdown that certain expected Kenyan runners did not show, they would eventually depart with fulfilled spirits.

Micki Gorman, once again, displayed a seemingly effortless stride to break her own U.S. record with a 4:49.5 time in the women's Masters 1500 Meter Run.

I would challenge all of you winter shut-ins, road runners and track fans to attend an indoor meet this season. You will be guaranteed an exciting evening and it will no doubt put zest into your own ground-grabbing efforts.

Note: An excellent informational article to read on indoor track is, "A Night at the Races," Malcolm Robinson. *RUNNER'S WORLD*, January 1979.

### MEN

60—1. Glance (Auburn), 6.62; 2. Riddick (Phila. Pioneers), 6.63; 3. S. Williams (Athletic Attic), 6.64; 4. Merrick (Florida YMCA), 6.68; 5. McTear (Muhammad Ali C), 6.74 (6.67 in heat)

60-METER HURDLES—1. Nehemiah (Maryland), 7.5; 2. Cooper (San Jose St.), 7.5; 3. G. Foster (MATC), 7.6; 4. C. Foster (Phila. Pioneers), 7.6; 5. Bethel (Phila. Pioneers), 7.7.

400—1. Smith (Athletic Attic), 47.2; 2. Sanford (USC), 47.8; 3. Dale (Villanova), 49.0; Hassan (Oregon St./Sudan) finished first but disqualified

500 (Race One)—1. Frazier (Phila. Pioneers), 1:01.2 (world record, old mark, 1:01.3, Frazier, 1978); 2. Tufarillo (Villanova), 1:01.8; 3. Walker (Auburn), 1:01.8; 4. B. Brown (unat), 1:02.0. (Race Two)—1. Beasley (Athletes in Action), 1:02.9; 2. Bethany (USC), 1:04.1; 3. Harris (Muhammad Ali TC), 1:04.3.

800—1. Belger (Athletic Attic), 1:48.1 (meet record, old mark, 1:48.7, Villanova, 1978); 2. Enyeart (Pacific Coast Club), 1:48.6; 3. Masterson (Muhammad Ali TC), 1:48.4; 4. McLean (Phila. Pioneers), 1:48.9; 5. Schappert (Athletic Attic), 1:52.0.

1,500—1. Walker (New Zealand), 3:37.4 (world record, old mark, 3:37.8, Norpoth, West Germany, 1971); 2. Cummings (PCC), 3:37.6 (American record, old mark, 3:39.8, Tony Waldrop, North Carolina, 1974); 3. Maree (Villanova), 3:38.2; 4. Flynn (Mason-Dixon TCC/Ireland), 3:39.4; 5. Liquori (Athletic Attic), 3:41.5; 6. Buerkle (unat), 5:32. Note: Records may be unacceptable due to absence of a curb

3,000—1. Rose (Mason Dixon TC), 7:58.8; 2. Buerkle (unat), 8:04.8; 3. E. Leedy (Ireland), 8:07.6; 4. Burns (Athletic Attic), 8:24.5; 5. Malley (unat), 8:36.2.

SHOTPUT—1. Laut (UCLA), 64-4¾

## SUNKIST

January 20

The mile was billed as a "biggie" and that it was. Ireland's Eamonn Coghlan raced to a meet record 3:56.1 victory before 11,000 cheering fans at the Los Angeles Sports Arena. Five men broke four minutes in the hot race, in which former UC Irvine star Steve Scott provided the biggest challenge and held on to second place with a 3:56.7. Scott's former UC Irvine teammate Larry Greer, provided the rabbit pace pulling the pack through 58.7 and 1:58.6.

Eddie Hart showed he is still serious about his comeback by convincingly winning the 60 yard dash in 6.22 over

photo by Bill Leung, Jr.



the likes of NCAA and AAU outdoor champion Clancy Edwards. A big surprise in the sprint this season is Steve Brodie of Cal State Northridge who placed third behind USC's Kevin Williams.

Debbie Heald of the Golden Bear Track Club won the women's mile from West Germany's Ellen Wessinghage in a meet record 4:34.3, breaking the mark of 4:37.2 set by Francie Larrieu in 1976.

Arto Bryggare, a 20-year old Finn who will enroll at USC this month, stunned two-time Sunkist 60-yard hurdle champion Dedy Cooper by winning the high barriers in 7.24.

Another surprise came in the triple jump where UC Berkeley's Mike Marlow won with a meet record equalling 54-6¼ over Ron Livers, Rayfield Dupree and James Butts.

In the junior college ranks the mile relay was a real burner with three teams under the meet record of 3:23.4 set by San Diego Mesa in 1974. Long Beach won in 3:20.7 with Mt. SAC right behind in 3:21.5. Mt. SAC was without the services of Larry Goldston who ran in the open 500 meter with a 58.7. Goldston is a transfer to Mt. SAC from UCLA.

A big surprise also came in the high school boys 1000 where the seeded race was supposed to be the big race of the evening, as the first 3 finishers from last year's State 880 were in the field. However as it turned out, it was Phil Shirey who was in the rated (below top notch) race who posted the fastest time of the meet.

Unfortunately, there was a sour note



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Harvey Glance of Auburn powered a 6.62 time for 60 meters, having been declared the winner by way of a photo timer nudging past Steve Riddick. And where was Houston McTear, considered to be the world's fastest human? Much to the chagrin of the crowd and the man himself, he got caught in the block as a result of a probable held starter.

The Ali Meet welcomed back in action Francie Larrieu to a justified position following a battle over her amateur status. Francie, serious and somewhat nervous, ran a smart 800 meter race energizing off the turns with long strides overcoming Wendy Knudsen at the halfway mark with a triumphant time of 2:05.4.

As an associate member of the "Debbie Heald Fan Club," the highlight of this reporters evening was meeting and talking with Debbie. After numerous injuries Debbie is on the rebound and in top condition as exemplified by her victorious 1500 meter time of 4:17.2, a big ten seconds ahead of second placer, Michelle Bush.

Pandemonium paramounted for the world record runs of New Zealander John Walker (1500 meter 3:37.4) and the Philadelphia Pioneers' Herman Frazier (500 meter 1:01.2). Unfortunately, neither records are likely to be accepted because the unique Ron Davis 200 meter track has no curb.

Walker professed, "Pride and satisfaction" in capturing another record but stated that, "I run for a purpose, not world records." It was Walker's first time indoors in two years, working to gain confidence following arterial problems in his left foot. Walker has a long term goal of competing in the 5000 in Moscow in 1980.

1:01.8; 4. B. Brown (unat), 1:02.0 (Race Two)—1. Beasley (Athletes in Action), 1:02.9; 2. Bethany (USC), 1:04.1; 3. Harris (Muhammad Ali TC), 1:04.3.

800—1. Belger (Athletic Affic), 1:48.1 (meet record, old mark, 1:48.7, Villanova, 1978); 2. Enyeart (Pacific Coast Club), 1:48.6; 3. Masterson (Muhammad Ali TC), 1:48.4; 4. McLean (Phila. Pioneers), 1:48.9; 5. Schappert (Athletic Affic), 1:52.0.

1500—1. Walker (New Zealand), 3:37.4 (world record, old mark, 3:37.8, Norpoth, West Germany, 1971); 2. Cummings (PCC), 3:37.6 (American record, old mark, 3:39.2, Tony Waldron North Carolina, 1974); 3. Marae (Villanova), 3:38.2; 4. Flynn (Mason-Dixon TCC/Ireland), 3:39.4; 5. Liquori (Athletic Affic), 3:41.5; 6. Buerkle (unat), 53.2. Note: Records may be unacceptable due to absence of a curb

3000—1. Rose (Mason Dixon TC), 7:58.8; 2. Buerkle (unat), 8:04.8; 3. E. Leedy (Ireland), 8:07.6; 4. Burns (Athletic Affic), 8:24.5; 5. Malley (unat), 8:36.2.

SHOTPUT—1. Laut (UCLA), 64-43/4; 2. Gordien (unat), 62-11/2; 3. Almstrom (Texas El Paso), 61-33/4; 5. D. Fuller (Long Beach St.), 54-81/4.

LONG JUMP—1. Haynes (U.S. Army), 25-73/4; 2. R. Williams (Tobias Striders), 25-7; 3. King (UC Irvine), 24-53/4; 4. A. Robinson (SD Southeast Ghetto Striders), 24-21/4; 5. Calhoun (Maryland), 22-01/2.

POLE VAULT—1. Ripley (PCC), 17-0; 2. Tully (PCC/UCLA), 17-6; 3. Jesse (Phila. Pioneers), 17-6; 4. Brown (UCLA), 16-6; Mulligan (USC) and Bell (PCC), no height.

TRIPLE JUMP—1. Haynes (U.S. Army), 54-1 (meet record, old mark, 53-11, Banks, UCLA, 1978); 2. Butts (Muhammad Ali TC), 54-0; 3. Livers (Phila. Pioneers), 52-21/2; 4. Ivory (Maryland), 52-11/4.

JUNIOR COLLEGE: 60 (Race One)—Torrance (LBCC), 6.88; 2. W. Jackson (San Jose), 6.93; 3. Trapps (Alameda), 6.99. (Race Two)—1. Foster (San Jose), 6.96; 2. Robinson (unat), 6.99; 3. Johnson (Triton College), 7.08.

**WOMEN**

60 (Race 1)—1. Carney (LA Mercurettes), 7.32 (equals meet record, Morehead, Tennessee St., 1978); 2. Morehead (Tenn. St.), 7.32; 3. Hoglund (Sweden), 7.51; 4. Brady (Arizona St.), 7.53. (Race 2)—1. Brown (LATC), 7.52; 2. Fleetwood (Mt. San Antonio), 7.57.

400—1. Jiles (New Orleans Superdames), 54.2; 2. Clagon (Morgan St.), 54.7; 3. Briscoe (Los Angeles TC), 55.2; 4. Gardner (LA Mercurettes), 55.4; 5. Jackson (Prairie View A&M), 55.6.

800—1. Larrieu (PCC), 2:05.4 (meet record, old mark, 2:06.1, Knudsen, Colorado Int'l, 1978); 2. Knudsen Athletes International), 2:07.8; 3. Weston (Oregon St.), 2:09.7; 4. Ballenger (Colorado), 2:10.1.

1500—1. Heald (unat), 4:17.2; 2. Clark (Columbia HS, Maplewood, N.J.), 4:27.2; 3. Bush (Rolling-Hills HS), 4:30.4; 4. Vigil (New Mexico), 4:32.6; 5. Graham (West Valley TC), 4:32.8.

1,600 RELAY—1. Prairie View (Melrose), 56.3; Kelley, 53.5; Dudley, 55.7; Jackson, 53.8), 3:39.3; 2. Morgan St., 3:40.9; 3. LA Mercurettes, 3:43.6; 4. Atoms TC, 3:43.4.

LONG JUMP—1. McMillen (Tennessee St.), 20-8; 2. Griffith (Adelphi/Guyana), 20-61/4; 3. Loud (LA Mercurettes), 19-31/4; 4. Keating (unat), 18-93/4.

**HIGH SCHOOL**

60—1. M. Sanford (Pasadena), 6.74; 2. Person (LB Poly), 6.81; 3. Cole (Gary), 6.85; 4. Hawkins (Warren), 6.85.

1500—1. Mack (Locke), 3:50.8; 2. West (Crenshaw), 3:50.9; 3. Nelson (Burbank), 3:52.3; 4. Medvin (LA University), 3:53.3; 5. C. Assumma (Eisenhower), 3:54.4.

1,600 RELAY—1. LB Poly, 3:23.0; 2. Pasadena, 3:24.6; 3. Fontana, 3:28.0; 4. Fremont, 3:30.3.

winning the 60 yard dash in 6.22 over

photo by Bill Leung, Jr.



JEFF NELSON

under the meet record of 3:23.4 set by San Diego Mesa in 1974. Long Beach won in 3:20.7 with Mt. SAC right behind in 3:21.5. Mt. SAC was without the services of Larry Goldston who ran in the open 500 meter with a 58.7. Goldston is a transfer to Mt. SAC from UCLA.

A big surprise also came in the high school boys 1000 where the seeded race was supposed to be the big race of the evening, as the first 3 finishers from last year's State 880 were in the field. However as it turned out, it was Phil Shirey who was in the rated (below top notch) race who posted the fastest time of the meet.

Unfortunately, there was a sour note to the seeded boys 2 mile race. The person counting laps fell asleep and lost count right at the close of the race. Jeff Nelson was then told at the gun lap he had 2 laps to go. Jeff then put on a tremendous kick for the last lap only to find out it had been run for naught. The officials then had to call people out of the stands who had watches on the race to help determine the correct times.

Nelson was impressive, however. His 8:55.1 won by 35 yards over Chuck Assumma of Eisenhower, the State two-mile champion two years ago as a sophomore.

State 100 and 200 champion Michael Sanford of Pasadena did not fare so well in the 60. He finished fourth as Leon Reed of Banning won in 6.39. Sanford earlier anchored a winning Pasadena 640-yard relay team and a mile relay team that placed second.

Four high school girls from Long Beach Poly set a meet and national prep record of 1:14.1 in the 640-yard relay in a race so close that second

**MASTERS**

1,400 RELAY (Race 1)—1. Southern (Johnson, August, Cummings, Isaac), 3:11.4; 2. Texas Southern, 3:13.1; 3. Howard, 3:16.7. (Race 2)—1. Philadelphia Pioneers (Taylor, 47.4; McClain, 46.7; Solomon, 46.6; Darden, 47.0), 3:08.6; 2. Villanova, 3:08.8; 3. Arizona St., 3:09.2.

3,200 RELAY—1. Villanova (England, 1:52.8; Hunter, 1:51.2; Kipkorir, 1:51.2; Paige, 1:50.8), 7:25.2; 2. Auburn, 7:29.1; 3. Adelphi, 7:30.8; 4. Long Beach St., 7:34.4.

HIGH JUMP—1. Joy (Canada), 7-5; 2. Gibbs (San Jose St.), 7-6; 3. Arney (unat), 7-6; 4. Fields (Phila. Pioneers), 6-10.

MEN: 60 (40-50)—Dennis (Corona del Mar TC), 7.18 (55 and over)—Jordan (CdMTC), 7.75. 60M—Henry (CdMTC), 8.5. 1,500—Brennan (Santa Barbara TC), 4:13.8. WOMEN: 1,500—Gorman (unat), 4:49.5.

*Elise Hart is a junior physical education major at Fresno Pacific College; and is a member of the women's cross country team. Her current training is pointing toward the marathon.*





photo by Bill Leung, Jr.

EAMONN COGHLAN pulls away from STEVE SCOTT

**MILE (Rated) (Race 1)**—1. Vanderbooms (Mission Viejo), 4:18.8; 2. Fields (Granada Hills), 4:18.8; 3. Leibovitch (Chatsworth), 4:21.9. (Race 2)—1. Cathey (Saugus), 4:21.4; 2. Sappenfield (Santa Barbara), 4:22.4; 3. Harris (Eisenhower), 4:22.8.

**MILE**—1. Hess (South Eugene), 4:11.8; 2. Medvin (University, LA), 4:12.0; 3. Clarke (Australia), 4:12.2; 4. Roberts (SD Morse), 4:15.4; 5. B. Shirley (Notre Dame, SO), 4:21.6.

**TWO MILE (Rated) (Race 1)**—1. Lubsen (Millikan), 9:20.6; 2. Jones (Chatsworth), 9:22.9. (Race 2)—Biaty (Marina), 9:11.0 (rated meet record, old mark, 9:12.6; Tillman, Valencia, 1974); 2. Whatcott (Burbank), 9:14.0; 3. Gonzales (St. John Bosco), 9:16.7; 4. Brennard (San Marcos, SB), 9:22.0.

**TWO MILE (Seeded)**—1. Nelson (Burbank), 8:55.1 (seeded meet record, old mark, 8:54.4; Hunt, Patrick Henry, SD, 1976); 2. Assumma (Eisenhower), no time; 3. Downs (Skyline, Oakland), 9:09.5; 4. Ernst (El Dorado), 9:09.6; 5. M. Ebner (Bishop Amat), 9:18.5.

**640 RELAY (Race 1)**—1. Pasadena, 1:06.5; 2. Jefferson, 1:07.9; 3. Bakersfield, 1:08.4. (Race 2)—1. Chatsworth, 1:07.7; 2. LB Poly, 1:08.0; 3. Marshall, Pasadena, 1:09.4. (Race 3)—1. Compton, 1:06.7; 2. Crenshaw, 1:07.2; 3. Monroe, 1:07.0. (Race 4)—1. Gardena, 1:07.0; 2. Garey, 1:07.4; 3. Fremont, LA, 1:08.4.

**MILE RELAY (Race 1)**—1. Fontana, 3:33.1; 2. Crenshaw, 3:33.3; 3. Bakersfield, 3:36.1. (Race 2)—1. Locke, 3:29.7; 2. Pasadena, 3:33.1; 3. Garey, 3:34.4. (Race 3)—1. Fremont, LA, 3:31.1; 2. Muir, 3:32.9; 3. Cabrillo, 3:35.7. (Race 4)—1. LB Poly, 3:28.8; 2. Newport Harbor, 3:28.9; 3. Beverly Hills, 3:36.1.

**TWO MILE RELAY**—1. Foothill, Santa Ana, 8:14.5; 2. Burbank, 8:20.0; 3. Upland, 8:23.7; 4. Loara, 8:27.1.

**POLE VAULT**—1. McIntyre (Los Alamitos), 15-0; 2. Elliot (Bellflower), 14-6; 3. Wilson (Indie), 14-6; 4. McTee (Arcadia), 14-6.

**HIGH JUMP**—1. Steelman (Yucaipa), 6-10 (equals meet record, Stones, Glendale, 1972, and Olson, El Camino Real, 1977); 2. Balkin (Glendale), 6-10; 3. Fairman (San Pedro), 6-8; 4. Schiefer (Madison, SD), 6-8.

**TRIPLE JUMP**—1. Eillard (Hoover, Fresno), 49-0; 2. Portie (Clovis), 47-5; 3. Falson (Benning, LA), 46-3/2; 4. Cowan (Fountain Valley), 44-3/2.

**LONG JUMP**—1. K. Fowler (Fontana), 25-0/2; 2. Evans (South Gate), 22-5/2; 3. Bennett (Chaffey), 22-1/2; 4. Lee (LB Poly), 21-10.

**Girls**

**500 (Race 1)**—1. White (Berkeley), 1:08.2; 2. Smith (LB Poly), 1:09.4; 3. Burkhart (Estancia), 1:11.1. (Race 2)—1. Belk (Morgan Hill, Live Oak), 1:08.0; 2. L. White (Manual Arts), 1:09.9; 3. Harper (Fremont, LA), 1:10.0.

**880 (Rated)**—1. Patcha (Valencia), 2:20.4; 2. Ringer (Edison), 2:22.2; 3. Lee (Castro Valley), 2:22.6.

**880 (Seeded)**—1. Goen (North, Bakersfield), 2:20.4; 2. Kneeshaw (Foothill, Santa Ana), 2:22.2; 3. Demmelmeier (Lynbrook, San Jose), 2:22.6; 4. Kenny (Novato), 2:23.0.

**MILE (Rated) (Race 1)**—1. Deegan (Alemany), 5:05.4 (rated meet record, old mark, 5:08.5; Cheri Williams, Livermore, 1978); 2. Ortiz (Western, Tulare), 5:08.0; 3. Torrans (El Camino Real), 5:08.9. (Race 2)—1. Spotts (Redondo), 5:15.8; 2. Karamatsos (Right-1), 5:15.9; 3. Bray (Los Altos, Central Coast Section), 5:19.1.

**MILE (Seeded)**—1. Goen (North, Bakersfield), 4:56.9 (meet record, old mark, 4:59.7; Denz, Blair, 1978); 2. Cook (Chaminade), 4:59.6; 3. Bush (Rolling Hills), 4:59.8; 4. Flowers (Valhalla), 5:01.5.

**MEN**

**COMMUNITY COLLEGE MILE RELAY**—1. Long Beach, 3:20.7 (meet record, old mark, 3:23.4; SD Mesa, 1974); 2. Mt. San Antonio, 3:21.5; 3. LACC, 3:22.5; 4. Bakersfield, 3:24.5; 5. Compton, 3:25.4.

**At Long Beach St.**

**35-POUND WEIGHT THROW**—1. Frenn (Maccabi TC), 67-5; 2. Galle (Maccabi TC), 66-1; 3. Berry (Maccabi), 65-8; 4. Meyer (Chicago TC), 63-0; 5. Arcaro (Maccabi TC), 55-7.

**WOMEN**

**640 RELAY**—1. LB Comets, 1:15.7; 2. Southern Cal Cheetahs, 1:15.7; 3. Los Angeles TC, 1:15.8.

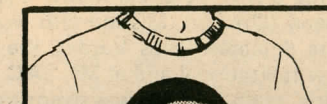
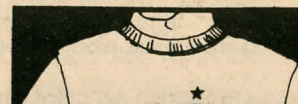
**880**—1. Knudson (Athletes Int.), 2:11.5; 2. Vigil (New Mexico), 2:12.2; 3. Rösser (Fresno Pacific TC), 2:12.3.

**HIGH SCHOOL**

**Girls**

**640 RELAY (Race 1)**—1. Crenshaw, 1:15.8; 2. Westchester, 1:17.1; 3. Jordan, LA, 1:19.5. (Race 2)—1. LB Poly (Miles, Rambo, Paige, Randolph), 1:14.1 (national and meet record, old mark, 1:16.1; Crawford, SD, 1978); 2. Berkeley, 1:14.1; 3. Fremont, LA, 1:15.6. (Race 3)—Compton, 1:06.7; 2. Crenshaw, 1:07.2; 3. Monroe, 1:07.0. (Race 4)—1. Gardena, 1:07.0; 2. Garey, 1:07.6; 3. Fremont, LA, 1:08.4.

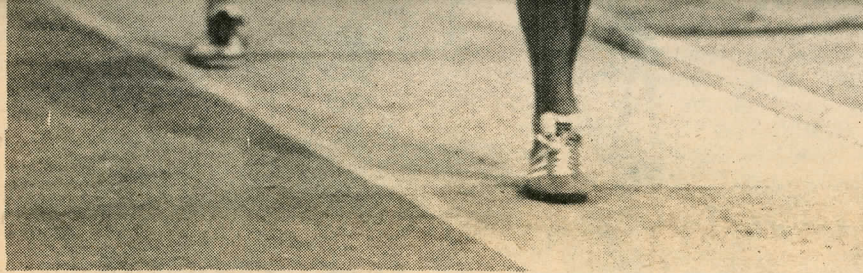
# t-shirts for runners



place Berkeley High was given the same

**HIGH JUMP**—1. Frazier (Arizona).





EAMONN COGHLAN pulls away from STEVE SCOTT

place Berkeley High was given the same time. Some observers felt Berkeley was the winner but a late rush by Poly's Jackie Randolph caught the judge's eye.

A further sour note occurred when seven Japanese entrants, here to compete in the Sunkist meet, were banned from the meet late that evening when the International Amateur Athletic Federation suspended Japan from international competition for appearing in the Asian Games. The Japanese athletes were dressed and ready to compete when the IAAF ruling was received.

**MEN**

60—1. Hart (Bay Area Striders), 6:22; 2. K. Williams (USC), 6:27; 3. Brodi (CS Northridge), 6:37; 4. Marshall (Mesa, Ariz. CC), 6:37; 5. Gilkes (Tobias Striders), 6:38; 6. Edwards (Tobias Striders), 6:40.  
60 HH—1. Bryggare (Finland), 7:24; 2. Johnson (USC), 7:44; 3. Gregory (UC Irvine), 7:46; 4. Sial Sial (Cal Poly SLO), 7:41; 5. Cooper (San Jose St.), 7:45.

500 (Race 1)—1. Rodgers (Mission Viejo), 57.1; 2. R. Williams (LBCC), 58.0; 3. King (UC Irvine), 58.0. (Race 2)—1. Frazier (Phila. Pioneers), 56.7; 2. Brown (Athletes in Action), 56.8; 3. Erickson (unat), 57.1.

600—1. Hassan (Oregon St.), 1:10.1; 2. King (unat), 1:10.5; 3. Ongwa (New Mexico), 1:11.3; no fourth.

800—1. Robinson (Inner City AC), 1:52.2; 2. West (Inner City AC), 1:52.8; 3. Clary (Santa Monica TC), 1:53.9; 4. Omwansa (USC), 1:53.9; 5. M. White (California), 1:54.9.

MILE—1. Coghlan (Ireland), 2:56.1 (meet record, old mark, 3:59.2, Cummings, Tobias Striders, 1977); 2. Scott (UC Irvine TC), 3:56.7; 3. Wessinghage (West Germany), 3:57.9; 4. Loikkanen (Finland); 5. Lacy (Wisconsin), 3:58.8; 6. Sorenson (Finland), 4:02.4; 7. Jones (Santa Monica TC), 4:03.5.

TWO MILE—1. Rose (Britain), 8:27.3; 2. Sajazar (Oregon), 8:35.9; 3. Jirale (Santa Monica TC), 8:40.4; 4. Schankle (Cal Poly SLO), 8:42.0; 5. Clary (Oregon), 8:42.0.

TRIPLE JUMP—1. Marlow (California), 54-6/4 (equals meet record, Butts, Tobias Striders, 1977); 2. Livers (Phila. Pioneers), 54-2/4; 4. Dupree (Maccabi TC), 52-3/4; 4. Butts (unat), 51-1; 5. Tyler (Biola), 50-10/4.

HIGH JUMP—1. Frazier (Arizona), 7-4; 2. Arney (Arizona St.), 7-2; 3. Heber (Maccabi TC), 7-2; 4. Olson (Illinois), 6-10; 5. Owens (Arizona St.), 6-10.

POLE VAULT—1. Hintnaus (Oregon), 17-8; 2. Haynie (Tobias Striders), 17-4/4; 3. Taylor (Maccabi TC), 17-0; 4. Porter (Houston Hurricanes), 17-0; 5. Roberts (Athletic Affic), 16-6.

LONG JUMP—1. Robinson (SD Southwest Ghetto Striders), 25-3; 2. R. Williams (Tobias Striders), 25-1/4; 3. King (UC Irvine), 24-10; 4. Jackson (Arizona St.), 24-7/4; 5. Whitley (Maccabi TC), 24-4/4.

**WOMEN**

60—1. Ashford (Maccabi TC), 6:84; 2. Dawkins (LB Comets), 6:99; 3. Fleetwood (Southern Cal Cheetahs), 7:00.

60 HURDLES—1. LaPlante (San Diego St.), 7:01; 2. McMillin (Club International), 8:07; 3. Gourdine (UCLA), 8:22.

440—1. Bryant (Muhammad Ali TC), 54.5; 2. Emerson (Patriots USA), 54.8; 3. Howard (LA Mercurettes), 57.2.

3,000—1. Brown (Los Angeles TC), 9:23.5; 2. Cooksey (unat), 9:33.1; 3. Heinmiller (Santa Monica TC), 9:41.2.

MILE—1. Heald (unat), 4:34.4 (meet record, old mark, 4:37.2, Larriue, PCC, 1976); 2. Wessinghage (West Germany), 4:35.8; 3. M. Keyes (Cal Poly SLO), 4:44.9; 4. Williams (Oregon), 4:46.7.

LONG JUMP—1. McMillin (Tennessee St.), 21-3; 2. Watson (Lake-wood Int.), 19-6/4; 3. Walker (Club Int.), 18-3/4.

**HIGH SCHOOL****Boys**

60—1. Read (Banning, LA), 6:38; 2. Mosley (Norie Del Rio), 6:40; 3. Hawkins (Warren), 6:41; 4. M. Sanford (Pasadena), 6:44; 5. K. Fowler (Fontana), 6:48.

60 HH—1. Love (Bell), 7:77; 2. Gallimore (Blair), 8:35; no third; Andrade (Johnson, Sacramento), fell.

500 (Rated) (Race 1)—1. Townsend (LB Poly), 58.9; 2. Carter (Locke), 60.0; 3. Patterson (Berkeley), 60.5. (Race 2)—1. Adkins (Bonita Vista, Chula Vista), 60.2; 2. Delemar (Pasadena), 60.4; 3. Gilkes (El Camino Real), 61.1. (Race 3)—Turner (Centennial), 58.8; 2. Perry (Fremont, LA), 62.1; 3. Gerdine (No-gales), 62.2.

500 (Seeded)—1. Green (Cubberly, Palo Alto), 57.9; 2. Banks (Morse, SD), 58.5; no third.

1,000 (Rated)—1. P. Shirley (Nefre Dame, SO), 2:16.5; 2. Piapp (Kennedy, LP), 2:17.5; 3. Steak (Newport Harbor), 2:18.4; 4. Reader (Arcadia), 2:19.2.  
1,000—1. West (Crenshaw), 2:16.7; 2. Mack (Locke), 2:16.7; 3. Quinoraz (Tulare), 2:18.8.

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# SUNKIST INVITATIONAL

Los Angeles, California, January 20: — Al Franken staged his annual Sunkist extravaganza at the Sports Arena and watched as the female athletes came through in all events with satisfactory but not outstanding performances. Probably the best mark of the evening was turned in by Kathy McMillan who hopped 21'3 to win the long jump over ageless Martha Watson (19'6¼).

Best event on the track was the mile which saw former world-record holder Debbie Heald in the lead all the way for a win in 4:34.33 win, bettering Larrieu's meet and arena record of 4:37.2. Heald did not have things her own way, however, as Germany's tiny Ellen (Tittel) Wessinghage would not give up and stayed with Heald all the way, clocking 4:35.72 for her runner-up honors.

Rosalyn Bryant scored an exciting win over young Arlise Emerson in the 440 in a good 54.5 to 54.8, and Wendy Knudson had things her own way in the 880 as she won in 2:11.5 over Susan Vigil.

Julie Brown got the meet off on the right foot when she won the opening event, the 3000 meters, in a good 9:23.5. Marty Cooksey ran tough most of the way and was a good second, ten seconds back.

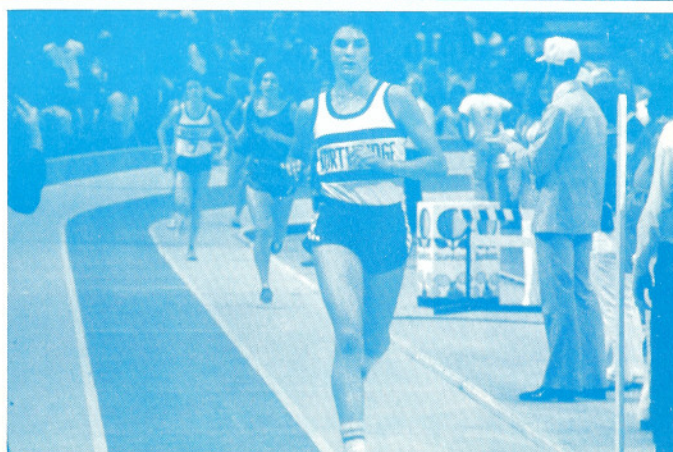
Evelyn Ashford whipped a weak field in the 60 in 6.84 and Debby LaPlante, who has been competing for ages but is now a freshman at San Diego State, did the same thing in the 60y hurdles in 7.81.

**RESULTS:** **60y**, 1-Evelyn Ashford (Maccabi TC) 6.84, 2-Latanya Dawkins (LB Comets) 6.99, 3-Dollie Fleetwood (SC Cheetahs) 7.00, 4-Alice Brown (LATC) 7.08, 5-Kelia Bolton (U Cal) 7.15, 6-Gwen Loud (LAM) 7.58; **440**, 1-Rosalyn Bryant (Ali TC) 54.5, 2-Arlise Emerson (Patriots USA) 54.8, 3-Sherrie Howard (LAM) 57.2, 4-Valerie Brisco (LATC) 57.2, 5-Yolanda Rich (SCC) 57.7,

6-Marie Nickson (MacTC) 61.1; **800**, 1-Wendy Knudson (AthInt) 2:11.5, 2-Susan Vigil (UnNM) 2:12.2, 3-Marcia Romesser (Fresno Pacific TC) 2:12.3, 4-Donna Fromme (U Redlands) 2:15.6, 5-Ann Regan (San Jose Cindergals) 2:15.7, 6-Cynthia Warner (UCLA) 2:16.4. (Splits 32.4, 65.6, 1:40.4); **One Mile**, 1-Debbie Heald (Golden Bear TC) 4:34.33 (68.6-2:16.7-3:25.9), 2-Ellen Wessinghage (West Germany) 4:35.72, 3-Maggie Keyes (CP/SLO) 4:44.9, 4-Cheri Williams (Oregon) 4:46.7, 5-Judy Graham (Aggie RC) 4:48.2, 6-Stacy Crystal (ColGold) 4:56.6, 7-Alice Trumbley (U Cal) 5:02.3, 8-Kathy Chisam (UCLA) 5:03.5, 9-Michelle Hopper (Premier TC) 5:04.9, 10-Nancy Pascal (LATC) 5:10.3; **3000m**, 1-Julie Brown (CS/Nor) 9:23.5, 2-Marty Cooksey (Un) 9:33.1, 3-Linda Heinmiller (Santa Monica TC) 9:41.2, 4-Suzie Meek (U Cal) 9:42.8, 5-Phyllis Olrich (SJC) 9:50.6, 6-Sue Monday (CP/SLO) 9:55.8, 7-Carol Cook (LATC) 9:56.1, 8-Roxanne Bier (SJC) 9:57.3, 9-Miki Gorman (San Fernando TC) 9:57.6, Kathy Mintie (Un) 9:57.9, 10-Tanya Fisher (SCRR) 10:20.4, (Splits — 70-2:36.6-3:51.6-5:07.0-6:22.0-7:36.8-8:51.8); **60yH**, 1-Deby LaPlante (SDS) 7.81, 2-Mitzie McMillan (Club International) 8.07, 3-Lisa Gourdine (UCLA) 8.22, 4-Patsy Walker (UCLA) 8.56; **4x1 lap relay**, 1-LB Comets 1:15.63, 2-SC Cheetahs 1:15.66, 3-LATC 1:15.81, 4-LAM "B" 1:16.6, 5-LAM "A" 1:16.8; **LJ**, 1-Kathy McMillan (TSU) 21'3, 2-Martha Watson (CI) 19'6¼, 3-Sherron Walker (CI) 18'3½, Modupe Oshikoya (MacTC) three fouls; exhibition Patsy Walker (UCLA) 18'8; **HS 880**, race 1, 1-Rhonda Patcha (Valencia HS) 2:20.4, 2-Kelley Rigner (HB Edison) 2:22.2, 3-Debbie Lee (Castro Valley HS) 2:22.6; Race 2, 1-Linda Goen (Bakersfield North) 2:20.4, 2-Staci Kneeshaw (Foothill) 2:22.2, 3-Cathy Dommelmeier (San Jose Linbrook) 2:22.6; **HS Mile**, 1-Linda Goen (Bakersfield North) 4:56.9, 2-Vicki Cook (Canoga Park) 4:59.6, 3-Michelle Bush (Rolling Hills) 4:59.8, 4-Vjeryl Flowers (Valhalla) 5:01.5, 5-Cindy Schmanst (Santa Barbara) 5:03.7, 6-Sharon Hulse (HB Edison) 5:09.3, 7-Kelly Wells (Quartz Hill) 5:25.0, 8-Andrea Kirkorn (HB Edison) 5:31.8; Race 2, 1-Diana Deegan (Alemany) 5:05.4, 2-Rense Ortiz (Tulare Western) 5:08.0, 3-Sherri Torrana (Woodland Hills) 5:08.9, 4-Su-Mei Lee (Eisenhower) 5:08.9; Race 3, 1-Margaret Spotts (Redondo) 5:15.8; **Age Group 4x1 lap relay**, 1-Pasadena Rosebuds 1:19.0, 2-West Vernon Jets 1:20.9, 3-LB Comets 1:21.2, 4-SC Cheetahs 1:21.6, 5-Central City Flyers 1:25.9.



Kathy McMillan, TSU, Sunkist Long Jump winner.



Julie Brown wins 3000m at Sunkist.





STEVE MCBRIDE PHOTO

Sunkist Mile winner Debbie Heald.



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Rosalyn Bryant advertising friend Muhammad.



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Donna Fromme (Redlands) and Ann Regan (San Jose Cindergals) in Sunkist 880.



STEVE MCBRIDE PHOTO

Rosalyn Bryant leads young Arlise Emerson in the Sunkist 440.