

# WEST COAST RELAYS

by KEITH CONNING & BILL COCKERHAM

The high school portion of the 52nd annual West Coast Relays was held on Friday, May 4th and featured several state-wide stars: sprinter Bill Green (Cubberley, Palo Alto), triple jumper Henry Ellard (Hoover, Fresno), miler Linda Goen (North, Bakersfield), shot putter Don Mosebar (Mt. Whitney, Visalia), two miler Rob Wentworth (Livermore), and the Richmond sprint relay team.

The Sigma Alpha Epsilon Fraternity Award winner was Green. He won the 100 meters in 10.59, anchored his team to first in the 1600 meter relay 3:16.66, and anchored his team to second in their section of the 400 meter relay 42.41. There was a balanced start in the 100 meter dash, Raymond Threatt (Pittsburg) was out first. Green took the lead at 50 meters and held to the finish. Ted White moved into 3rd over the last 20 meters. "I felt pretty good about my race," Green said, "I came out behind some of the faster starters, but I know that if I can stay with them at the beginning I can win. I was looking forward to running in this meet," he said. The 6-0 senior said he has no definite college and then just block everything else out. I wasn't worried about anybody else. I knew I was going to win." This is the first time Ellard has competed in track at Ratcliffe Stadium. "The crowd really pushes me. They really gave me a lift today. I really enjoyed jumping here. The wind didn't bother me at all." Ellard also palced sixth in the long jump with a wind-aided 21-7½.

Linda Goen won the one mile run in 4:55.3, which was just two seconds over Cheri Williams record set last year. She led from the start. She came by the first lap in 70.0 followed closely by Rene Ortiz (Tulare Western) and Shelly Nieto (Merced). Goen continued to lead at the half in 2:28.7 with Ortiz and Nieto about a yard back. At the 1320 Goen and Ortiz were at 3:46.1, with Nieto eight yards back and Jennifer Heaton (Clovis West) another six yards back. Goen broke the race open over the last 150 yards to win "Goen away." (Thanks to Donna Skow for that quote.) Goen also anchored her 1600 meter relay team to victory with a 400 meter split

Don Mosebar set a new record of 63-8% in the shot put, which surpassed the mark of 62-9% set by Brad Vassar

photo by Ken Isaak



BOB FEUERBACH

Wentworth ran a half mile leg in 1:57 about one hour before his two mile. "I was confident I would win but I didn't think I'd have that big a lead," he said. "I went out slow and I knew I'd have to set my own pace. The last three laps I was hanging on." Wentworth said he thinks he's in better shape than he was three weeks ago when he ran a 9:08.2 in San Jose. He says he hopes to run an 8:55 or better at the state meet.

The Richmond Oilers won the team title with 23 points by 3 points over Highlands (North Highlands). Sprinter Ted White anchored the Richmond 400

West Coast Relays discus record with the best throw in the world this year - 223 feet, 6 inches -- and it might have been further had it not hooked sharpley.

Tuokko's throws were smooth as he twice broke the meet record of 216-9 and exceeded 214 feet five times. He used a borrowed discus because his was found to be too light. "I'm quite satisfied," Tuokko, 27, said of this third throw, which bettered his 220-6 national record.

Canadian Phil Olsen in the javelin and Richard Graybehl in the 400 meter hurdles successfully defended their West Coast Relays titles. Olsen's winning throw of 272-3, second best in the United States this year, came after he bruised or broke the little toe on his right foot as he landed wrong on an earlier toss. Graybehl, the former USC runner, now with the Pacific Coast Club, won the intermediate hurdles in 50.76.

After a promising beginning the weather turned ugly Saturday afternoon when winds gusting to 35 miles per hour spoiled a number of events and prompted some athletes to scratch from others.

The biggest disappointment for the smallest WCR crowd in years, 6,230, was the withdrawal of the University of Southern California's 800-meter relay team, which had been billed as primed for a dash at its world record in the two lapper. USC also pulled out of the 1600 meter relay, two of its standouts (David Omwansa, James Walters) missed the flight to Fresno and did not run in the invitational 800 meters, world 100 leader James Sanford scratched from that race and teammate Kevin Williams, who ran a qualifying heat, elected to bypass the final.

The University of Tennessee, however, had little difficulty makking all of its scheduled events and Stan Huntsman's Vols also made a sweep of the relays -- 400, 800 and 1600 -- in the blustery conditions.

There were a number of other no-shows by notable performers for one reason or another and, if that weren't enough, the Accutrack automatic timing system failed during the 100 heats. All races therefore, not eligible for world record consideration. Despite the obvious problems, WCR Director Dutch Warmerdam took an optimistic overview,



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back. Goen broke the race open over the last 150 yards to win "Goen away." (Thanks to Donna Skow for that quote.) Goen also anchored her 1600 meter relay team to victory with a 400 meter split of 58.6.

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KEN THOMAS

plans at present.

Henry Ellard won the triple jump and set a new record of 50-3½, which broke the old record of 50-0½ by Dave Tucker (San Joaquin Memorial, Fresno) set in 1969. Ellard had an outstanding series of jumps: 50-4(3.2 meters per second wind - 2.0 is maximum allowable), 50-3½(1.6), 49-0(3.3), 48-7½(3.3), 49-10(2.4), and 49-1(2.0). Ellard's worst jump was 10 inches better than Kevin Dye's (Highlands, North Highlands) best, who finished second. According to Ellard, "it feels real good" to be number one in the nation. "I just set my goal"

(Sonora) in 1975. His series was: 62-7¼, 63-8¼, foul, 62-8, foul, foul. In a two-man competition, Steve Aimonetti (Campbell) took the lead on his first toss in the fourth flight, only to have Mosebar come back in the second round for his meet-record effort. Mosebar also palced third in the discus with 167-1.

Rob Wentworth set a new record in the two mile of 9:06.7, which broke Tom Hale's (Campolindo, Moraga) mark of 9:08.0 set in 1971. Wentworth took the lead during the 2nd lap and ran away from the field to win by about 170 yards. His splits were: 67, 2:14.5, 3:22.1, 4:30.5, 5:38.7, 6:49.2, 8:00.8, 9:06.7.

Wentworth ran a half mile leg in 1:57 about one hour before his two mile. "I was confident I would win but I didn't think I'd have that big a lead," he said. "I went out slow and I knew I'd have to set my own pace. The last three laps I was hanging on." Wentworth said he thinks he's in better shape than he was three weeks ago when he ran a 9:08.2 in San Jose. He says he hopes to run an 8:55 or better at the state meet.

The Richmond Oilers won the team title with 23 points by 3 points over Highlands (North Highlands). Sprinter Ted White anchored the Richmond 400 meter relay team to first with a meet record of 41.40, which broke the old record of 41.89 set by Kennedy (Richmond) in 1975. The team was composed of Chris Lee, Mark Hill, James Wallace and Ted White, who are all seniors. Bakersfield had a slight lead over Richmond at the first exchange. Richmond took command on the next two legs to win going away. Ted White palced third in the 100 meters with 10.76 and teammate Chris Lee was eighth in 11.18. White came back in the 1600 meter relay to hold off all but superstar Bill Green.

In the 110 meter high hurdles all the competitors had an even start. Henry Andrade (Johnson, Sacramento) took a one yard lead at the fifth hurdle. Don Lonsinger (Highland, Bakersfield) moved into second over the last two hurdles.

Larry Clemons (Foothill, Bakersfield) won the long jump with a windaided 24-11/4 jump. His first jump in the third flight prelims survived as the winner. Kevin Dye's (Highlands, North Highlands) and Carlos Harrison's (Wasco) jumps for second and third came from the prelims as well. Clemons said: "When I hit the board I thought I was off (foul). But they told me I couldn't have hit it in a better spot. It was really a surprise for me. I hope I can get 25 feet for the Valley Meet." Last Wednesday in a dual meet against East High in Bakersfield, Larry thought he had jumped 24-111/2, but unfortunately he scratched by 1 inch.

The big excitement on Saturday in the open-college-and university divisions came from a couple of throwers. Finland's Markku Tuokko broke the

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Cal Poly's Bart Willimas, who has performed sensationally in the 1979 WCR, applied extra caution in winning the College Division 400 hurdles in 50.92. The man who has clocked 49.4 this year, third fastest in the world at this time, was disqualified here last year for wrapping his trailing leg around four hurdles.

Cal Poly ran away with the College Division team title and Mustang hurdlesprint star Bart Williams was named the top performer in that class, earning the California Raisin Advisory Board award.

Cal Poly rolled up 69 points to outdistance UC Irvine(45), Hayward State(35½), Los Angeles State(27), and defending champion Long Beach State (26).

In the Community College Division ranks it was Long Beach all the way as they rolled past co-favorite San Jose 75 to 42 in team scoring. Then followed Pasadena(40), Hancock(28) and Santa Rosa(20).

Much of the Long Beach burden was handled by Kereck Robinson who accomplished the unusual double victory in the long jump and 110 meter high hurdles. He also ran a leg on the first place 400 meter relay.

Other forces in the Viking win were Gary Williams who ran on the 400, 800 and 1600 meter relays as well as won the triple jump at 51-5½; and Jerry Sanders who won the high jump with a 7-2 leap.

photo

by

Don

This was the first time Long Beach had won the WCR since 1959; and on that team 20 years ago was Viking head coach Ron Allice.

There were other outstanding marks but it wasn't a day for records. Glendale's Mark Lewis set a WCR record in the 3000 meter steeplechase (9:00.2): Bakersfield's Greg Illorson, a West African, blazed to a national-leading 10.1 (hand timed) in the 100 meters, and Pasadena's Andre Frazier erased his own 110 high hurdles record with a 14.22 in a trial heat race.

In the two mile, Sierra teammates Greg Hitchcock and Dan Navarro did not go as far as holding hands but they purposely crossed the finish line together. both timing 9:04.3 in upsetting favored Carmelo Rios of Long Beach.

Bakersfield's Jay Kovar waited until his last throw of the day to win the discus at 169-5 and send Santa Rosa's Jeff Voorhees, who had held the lead since his second throw of 165-11, into a bout of frustration. But Voorhees frown turned into a smile later in the day when he increased his natinal leading mark in the shot put to 58-111/2. Afterward Voorhees conducted his own private workout and popped a 59-11. "I've been psyching myself for 60 feet all year and now it's getting near the end of the season."

San Jose's gifted intermediate hurdler, Andre Phillips, successfully defended his WCR title in the one-lapper at 51.46. That still was slightly off his season's best of 51.1. In the javelin, West Valley's Ross Parish was nearly two and a half feet shy of his season best 237-3 but still won at 234-10. The pole vault never blossomed as Riverside's Brian Binau tied San Jose's Brian Friend at 17-6 before losing a jumpoff at 15-3.

Thanks to Kevin Lundgren's final drive to the finish with about 300 meters to go Hancock College won the distance medley from Long Beach timing 9:58.8.

The 52nd West Coast Relays are now history. As usual there were some big performances and a lot of excitement, both on the field and in the stands.

A lot of talk at the relays, however, was negative: "we're not getting the big names." "A six lane track isn't adequate" "The Pepsi meet is hurting us." "If we don't get an all-weather track in Ratcliffe Stadium soon the meet is dead." The most depressing talk was of a big high school meet brewing up north and a big community college meet down south all on the same weekend. Several observers felt that without the all weather track, plus the expense of travel to Fresno increasing, that next year would be the last year for the Relays in its present form.



GARY BLUME

I don't think the dirt track is that bad. Sure it would be nice to have an allweather one -- we are getting spoiled. But check the meet records out, they are as good or better than any meet around. The six lanes are a definite disadvantage but that problem has already been remedied - as construction is now in progress making Ratcliffe a nine lane oval. I encourage coaches and athletes to hang in there with the WCR - it's more than a track meet -- it's a happening

### **Junior College**

400-Meter Relay

1. Long Beach CC (Dereck Robinson, Duvin Lewis, Darryl Sidney, Perry Johnson), 40.74; 2. Pasadena CC 41.53; 3. Sacramento CC 41.56; 4. Tie, West LA and Santa Ana 42.04

Two-Mile

1. Hitchcock, Sierra, 9:04.3; 2. Navarro, Sierra, 9:04.3; 3. Dyer, West Valley, 9:08.0; 4. Rios, by, Mt. SAC, 15-6. Long Beach CC, 9:15.5; 5. Parks, LA Valley, 9:17.2.

1. Ross Parish, W. Valley, 234-10; 2. Dave Rider, San Mateo, 223-0; 3. Chris Hurtubise, Santa Rosa, 212-9; 4. Matt Fuchs, Pasadena CC, 212-2: 5. Ferwick, Mt. San Antonio, 211-3.

**Distance Medley Relay** 

dgren) 9:58.81; 2. Long Beach CC 10:05.26; 3. LA City 10:09.75; 4. Glendale 10:13.51; 5. San Jose CC 10:15.44.

- 1. Long Beach CC (Ron Williams, Lewis, Johnson, Sidney) 1:24.21; 2. San Jose CC 1:24.44; 3. Cosumnes River 1:25.83; 4. Pasadena CC 1:26.19; 5. LA Southwest 1:26.34.

Long Jump

1. Robinson, Long Beach CC, 25-1/4; 2. Willie Alexander, Fresno CC, 24-104; 3. Tony Pitts, Santa Ana, 24-10; 4. Paul Bates, Alameda, 23-11: 5. Tony Zawinul, Pasadena CC, 23-9.

400 Intermediates

Jackson, Cosumnes River, 52.63; 4. Rod Love. 9:30.2; 3. Mark Van Renassalear, Glendale. LA Pierce, 52.78; 5. Mark Stryker, Santa Rosa, 9:41.0; 4. Bob Luttrell, Santa Rosa, 9:43.6.

Pole Vault

1. Brian Friend, Riverside, 15-6; 2. Brian Binau, San Jose CC, 15-6; 3. Ross McAlexander, DeAnza, 15-6; 4. Bert Johnson, El Camino, 15-6; 5. Tie, Jim Sidler, Orange Coast, and David Ker-

1. Jay Kovar, Bakersfield, 169-5; 2. Jeff Voorhees, Santa Rosa, 165-11; 3. Kevin Goode, San Jose CC, 163-3; 4. Bruce Mondello, Fullerton. 161-7; 5. Les Serpa, San Joaquin Delta, 159-4. Triple Jump

1. Gary Williams, Long Beach CC, 51-51/2; 2. Bates, College of Alameda, 50-31/2; 3. Paul Jones. 1. Hancock (Hutchesen, Felle, Huff, Lun- Pasadena CC, 49-11; 4. Norm Alston, Fresno CC. 49-10%; 5. Mark Slaton, Merced, 49-9%.

100-Meter Dash

1. Greg Imlorson, Bakersfield, 10.1; 2. Willie Jackson, San Jose CC, 10.2; 3. Perry Johnson, Long Beach CC, 10.3; 4. Chris Daily, Sacramento CC, 10.3; 5. Jerome Miller, Pasadena CC, 10.4

**Shot Put** 

1. Voorhes, Santa Rosa, 58-11; 2. Mike Smith, College of San Mateo, 55-91/2; 3. Ron McKee, San Jose CC, 53-3%; 4. Bruce Mondello, Fullerton, 53-01/2; 5. Tommy Lister, Long Beach CC, 51-5.

3,000 Steeplechase

1. Mark Lewis, Glendale, 9:02.2 (WCR record: 1. Andre Phillips, San Jose CC, 51.46; 2. old record, 9:07.4, Joaquin Leano, Porterville, Ramoan Grubbs, Pasadena CC, 52.61; 3. Evid 9:07.4, 1977); 2. Scott Mayfield, Allan Hancock,

Two-Mile Relay

1. Allan Hancock (Mike Feeley, Huff, Robert-Tapia, Lundgren) 7:47.04; 2. San Jose CC 7:50.67; 3. Pasadena CC 7:52.99; 4. Orange Coast 7:53.14; 5. Santa Rosa 7:53.92.

High Jump

1. Jerry Sanders, Long Beach CC, 72: 2. Tie. Phil Chapman, Yuba; Billy Hice, Merritt; Kerry Miyers, College of Alameda, 7-0; 5. Rod Smith, Pasadena 7-0

110-Meter High Hundles

1. Robinson, Long Beach CC, 14.0; 2. Byron Carmichael, San Jose CC, 14.1; 3. Tony Gilbert, Santa Barbara, 14.2, 4. Andre Frazier, Pasadena CC, 14.4; 5. Darrell Davis, Long Beach CC, 14.5.

1,600-Meter Relay 1. Long Beach (Sidney, Sam Caesar, Lewis, Williams) 3:13.0; 2. Pasadena CC 3:15.6; 3. Los Medanos 3:16.1; 4. Los Angeles City 3:18.0; 5. Orange Coast 3:18.1.

**Team Scoring** 

Long Beach CC 75, San Jose 42, Pasadena 40, Allan Hancock 28, anta Rosa 20, Glendale 13, Bakersfield12, LA City 10, Sierra 10, West Valley 9, Cosumnes River 9, College of Alameda 9, Santa Ana 8, College of San Mateo 8, Orange Coast 61/2, Los Medanos 6, Riverside 6, Fresno City College 6, Sacramento CC 6, Fullerton 4. West LA 3, DeAnza 3, Santa Barbara 3, Yuba 3, Merritt3, LA Pierce 2, El Camino 2, LA Southwest 2, Mt. San Antonio 11/2, LA Valley 1, San Joaquin

## College

Distance Medley Relay

1. Cal Poly-SLO (Bart Williams, Fred Harvey, Jeif Small, Dan Aldridge) 9:50.54. 2. Fresno State 9:59.52. 3. UC Irvine 10:02:46. 4. UC Riverside 10:02.50, 5, Boise State 10:07.97

Long Jump

1. Ron Johnson, Long Beach State, 250. 2. John Havnes, CS Havward, 23-11. 3. Doug Garner, CS Hayward, 23-9 1/4. 4. Everett Forrest, UC Riverside, 5. Glenn Davis, LB State, 22-5 1/2.

110 High Hurdles

1. Wilbur Gregory, UC Irvine, 14.27. 2. Steve Irving, UC Santa Barbara, 14.48. 3. Lawrence Hill, CS Hayward, 14.62. 4. Scott Campbell, UC Davis, 14.67. 5. Jerome Reynolds, SF State,

Triple Jump

1. Doug Garner, CS Hayward, 53-8 1/4 (WCR record; old record: 51-7 1/2, Mohinder Gill, Cal Poly-SLO, 1969.) 2. John Haynes, CS Hayward, 51-10 3/4w, 3. Glenn Davis, Long Beach St., 50-2 3/4. 4. Anthony Frazier, Cal Poly-SLO, 50-1 3/4w. 5. Ron Johnson, Long Beach St., 50-3/4.

record; old record: 10.51, Kent, Cal Poly-SLO,

100-Meter Dash 1. Mark Kent, Cal Poly-SLO, 10.40. (WCR Jackson, CS Bakersfield, 10.65, 5, J.T. Carr, CS 41.0, 5, UC Riverside 41, 1 Los Angeles, 10.6.

1. Eric Huff, Cal Poly-SLO, 14:35.5. 2. Glen Borland, Humboldt St., 14:37.7. 3. Scott Peters. Humboldt St., 14:39.4. 4. Robert Traba, CS Northridge, 14:41.6. 5. Steve Alvarez, UC Riverside, 14:43.2.

Pole Vault

1. Tim McDonald, Cal Poly-SLO, 17-2 1/4 (WCR record; old record: 17-0, Dave Hamer, Cal Poly-SLO, 1974). 2. Kimmo Jokivartio, CS Los 55-7. Angeles, 16-2. 3. Bill Thilken, UC Irvine, 16-2. 4. Bob Olsen, CS Hayward, 16-2. 5. tie, Billy Pierce, Fresno St., knd Randy Ruzicka, CS Hayward, 15-

3,000 Steeplechase

1. John Embody, CS Hayward, 9:19.01. (WCR record, new event). 2. Tom Olson, Chico St., 9:25.62. 3. Dan Martinelli, SF State, 9:27.49. 4. Rick Hargaugh, Occidental, 9:33.01. 5. Glenn Owen, Chapman, 9:36.30.

1. Cal Poly-SLO (Fred Harvey, Mark Kent,

1979) 2. Steve Brodi, CS Northridg e, 10.52. 3. Bart Williams, Mike Bush) 40.3. 2. CS Northridge Greg James, CS Northridge, 10.64. 4. Kevin 40.3. 3. Tie, CS Los Angeles and CS Bakersfield

1. Kris Lettow, UC Irvine, 187-6. 2. Scott Endler, Fwsno St., 183-8. 3. Paul Fuller, Long Beach St., 175-5. 4. Joe Staub, CS Northridge, 174-3. 5. Dave Albritton, Cal Poly-SLO, 169-4.

Shot Put

1. Joe Staub, CS Northridge, 60-6 1/2, 2 Kris Lettow, UC Irvine, 58-4 3/4. 3. Paul Toma, Cal Poly-SLO, 56-11. 4. Brian Faul, Cal Poly-SLO, 56-1 3/4. 5. Roy Schablaske, Fresno St.

1. Joe Phillips, Chapman, 7-0. 2. Joe Radan, Sacramento St., 7-0. 3. Gil Jenkins, CS Hayward, 6-10 1/4. 4. Doug Reinhart, CS Hayward, 6-10 1/4. 5. tie, David Henderson, Fresno St., and Mark Holland, NevLas Vegas, 6-8.

1.600 Relay

1. Cal Poly-SLO (Mark Kent, Mike Bush, Fred Harvey, Bart Williams) 3:08.92, 2, Long Beach State, 3:12.17, 3. CS Bakersfi eld, 3:12.42, 4. UC Irvine, 3:12.80. 5. Boise State, 3:13.34.

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#### **High School**

BOYS Pole Vault

1. Mike Kenison, Mills (Millbrae), 14-6; 2. Eddie Fast, Mt. Whitney, 14-6; 3. Warren Jaques, Del Mar (San Jose), 14-0; 4, Brian Folmar, Sanger, 14-0; 5, Thaddeus Sipes, Bakersfield, 14-0. Distance Medley Relay

1. Livermore (Jerry Lucas, Tom Boerger, Bruce Williams and Steve Loyd), 10:33.57; 2. Gilroy, 10:36.27; 3. Sanger, 10:37.42; 4. Las Lamas (Walnut Creek), 10:40.27; 5. Corcoran,

**Sprint Medley Relay** 

1. McClymonds (De Andre Jones, Gerald White, Michael Hagains and Clarence Middleton), 3:36.37; 2. Hiram Johnson (Sacramento), 3:36.44; 3. Lemoore, 3:37.16; 4. Edison, 3:38.58; 5. St. Mary's (Berkeley), 3:38.65. 110-Meter High Hurdles

1. Henry Andrade, Hiram Johnson (Sacramento). 14.47 (meet record; new event); 2. Don Lonsinger, Highland, 14.69; 3. Frank Williamson, Skyline (Oakland), 14.73; 4. Eric McPherson, Mt. Pleasant, 14.74; 5. John Sears, Edison, 14.91.

100 Meters

1. Bill Green, Cubberly (Palo Alto), 10.59 (meet record; new event); 2. Ray Threatt, Pittsburg, 10.68; 3, Ted White, Richmond, 10.76; 4. Keith Moore, Stagg (Stockton), 10.96; 5. Fred Williams, Norte Del Rio (Sacramento), 10.99.

Discus

1. Dave Troppy, Santa Rosa, 173-1; 2. Jeff Budwig, McLane, 167-2; 3. Don Mosebar, Mt. Whitney, 167-1; 4. Kevin Ashford, Sanger, 163-4; 5. Jeff Lutz, Lemoore, 162-7.

High Jump

1. James Wilson, Hayward, 6-10; 2. Ron Harvev. Skyline (Oakland), 6-10; 3. Don Allsman, North, 6-8; 4, Ken Bass, Madera, 6-8; 5. Tie, Joe Hicks, North Salinas and Dan Baker, Hoover, 6-6.

Long Jump
1. Larry Clemons, Footbill, 24-1%; 2. Kevin Dye, Highlands (North Highlands), 23-01/2; 3. Campolindo, Moraga, 1971); 2. Benny Trujillo, Carlos Harrison, Wasco, 22-11 %; 4. Tyrone Por- Gilroy, 9:31.36; 3. Ken Millouist, Carlmont (Reltee. Clovis, 22-83wr, 5. Ron McCoy, Edison, 21- mont), 9:34.32; 4. Bob Lohse, Hanford, 9:34.38;

400-Meter Relay Open Class

1. Richmond (Chris Lee, Mark Hill, James Wallace and Ted White), 41.40 (meet record; old record: Kennedy (Richmond), 41.89, 1975; 2. Edison, 42.20; 3. James Logan (Union City), 42.34; 4. Pittsburg, 42.36; 5. Bakersfield, 42.38. Class R

1. McClymonds (Alan Whitfield, Gerald White, Andre Jones and Michael Hagains), 42.85 (meet record; old record: Serramonte, Daly City, 42.92, 1977; 2. Lemoore, 42.88; 3. South San Francisco. 43.57; 4. East Bakersfield, 44.15; 5. Wasco.

Class C

1. De La Salle, Concord (Joaquin DeTorres, Ray Gallagher, Dan Rosenberg and Jim Teicheria), 43.89; 2. San Joaquin Memorial, 44.74; 3. St. Joseph (Alameda), 45.25; 4. Coalinga, 45.44; 5. Firebaugh, 51.8.

Two-Mile Relay

1. Highlands, North Highlands (Rex Pugh, Dan Larsen, Gil Wheeler and Mike Barber), 8:05.24; 2. Corcoran, 8:11.96; 3. Lemoore, 8:14.95; 4. North Bakersfield, 8:15.40; 5. Sanger, 8:15.8.

Shot Put

1. Don Mosebar, Mt. Whitney, 63-81/4 (meet record: old record: 62-9%, Brad Vassar, Sonora, 1975; 2. Steve Almonetti, Campbell, 61-11/2; 3. Chris Morton, Menlo, 56-4; 4. Randy Ariey, West Bakersfield, 55-2; 5. Beau Babka, Stagg (Stockton), 54-10 1/2.

1. - Henry Ellard, Hoover, 50-4w; 50-31/2 legal (meet record; old record; 50-0%, David Tucker, San Joaquin Memorial, 1969); 2. Kevin Dye, Highlands (North Highland), 47-91; 3. Tim Thompson, Carlmont (Belmont), 47-7; 4. Larry Clemons, Foothill, 46-2%; 5. Anthony Trammell, Skyline (Oakland), 45-11/2

Two-Mile

1.- Rob Wentworth, Livermore, 9:06.71 (meet record: old record: 9:08.0, Tom Hale, 5. Gary Gonzales, Clovis, 9:34.68.

1,600-Meter Relay

1. - Cubberly, Palo Alto (Cook, R. Green, Moss and B. Green), 3:16.66 (meet record; old record; 3:17.4. Castlemont. Oakland, 1971); 2. Richmond. 3:18.68: 3. Edison. 3:19.27: 4. Antioch. 3:20.25; 5. Pittsburg, 3:20.2

400-Meter Relay

1. South Bakersfield (Terri McGough, Pauline Foreman, Phyliss Gupton and Constance Ward), 48.31; 2. Bakersfield, 48.75; 3. Andrew Hill (San Jose), 49.31; 4. Carlmont (Belmont), 49.9; 5. Clovis West, 50.0.

**Shot Put** 

1. Rita Banks, Delano, 41-21/4 (meet record, new event); 2. Dana Henderson, Taft, 40-10; 3. Chiketa Hill, Madera, 40-2; 4. Geraldine Thompson, Campbell, 39-3; 5, Maurice Smith, Delano,

1. Linda Goen, North Bakersfield, 4:55.3: 2. Rene Ortiz, Tulare Western, 4:59.2; 3. Jennifer Heaton, Clovis West, 5:07.3; 4. Shelly Nieto, Merced, 5:08.9; 5. Karen Van Wagenen, Clovis West, 5:12.7.

1,600-Meter Relay

1. North Bakersfield (Kara Ragland, Cathy Wilson, Lynette Wilson and Linda Goen), 3:55.68 (meet record; new event); 2. Carlmont (Belmont). 3:56.09: 3. Hiram Johnson (Sacramento) 4:06.53; 4. Castlemont (Oakland), 4:07. 64; 5. Clovis West, 4:08.78.

Team scoring - Richmond 23, Highlands (North Highlands) 20, Cubberly 18, Livermore 18, Edison 16, Mt. Whitney 13, Gilroy 12, Sanger 12, Corcoran 10, Skyline (Oakland) 8, Foothill 8, North Bakersfield 7, Lemoore 7, Hoover 61/2, Car-Imont (Belmont) 6, James Logan (Union City) 6, Hayward 6, Santa Rosa 6, Hiram Jehnson (Sacramento) 6, Pittaburg 6, Mills (Millbrae) 6, Antioch 4, Campbell 4, McLane 4, Highland (Bakersfield) 4, Los Lomas 4, Del Mer (San Jose) 3, Bakersfield 3, A.A. Stagg (Stockton) 3, Norte Del Rio (Sacramento) 3, Wasco 3, Clovis 3, Menlo 3, Hanlord 2. West Bakersfield 2. Madera 2. Mt. Pleasant (San Jose) 2, North Salinas 1/2.

I. HUII JUINISUN, LUNG DOG John Haynes, CS Hayward, 23-11. 3. Doug Garner, CS Hayward, 23-9 1/4. 4. Everett Forrest, UC Riverside, 5. Glenn Davis, LB State, 22-5 1/2. 110 High Hurdles

Irving, UC Santa Barbara, 14.48. 3. Lawrence Hill, CS Hayward, 14.62. 4. Scott Campbell, UC Davis, 14.67. 5. Jerome Reynolds, SF State,

Triple Jump

1. Doug Garner, CS Hayward, 53-8 1/4 (WCR record: old record: 51-7 1/2. Mohinder Gill, Cal Poly-SLO, 1969.) 2. John Haynes, CS Hayward, 51-10 3/4w. 3. Glenn Davis, Long Beach St., 50-2 3/4. 4. Anthony Frazier, Cal Poly-SLO, 50-1 3/4w. 5. Ron Johnson, Long Beach St., 50-3/4. 100-Meter Dash

1. Mark Kent, Cal Poly-SLO, 10.40. (WCR record; old record: 10.51, Kent, Cal Poly-SLO,

400 Int. Hurdles

Welander, Nevada-Reno, 52.44, 3. Garry Little,

Boise St., 52.71, 4. Anthony Green, CS Los

Angeles, 52.85. 5. Scott Campbell, UC Davis,

Hammer Throw

1. Larry Schrader, UC Irvine, 193-0. 2. Paul

1. Bart Williams, Cal Poly-SLO, 50.92, 2. Lars

14:43 2

1. Wilbur Gregory, UC Irvine, 14.27. 2. Steve

1. Tim McDonald, Cal Poly-SLO, 17-2 1/4 (WCR record; old record: 17-0, Dave Hamer, Cal Poly-SLO, 1974). 2. Kimmo Jokivartio, CS Los Angeles, 16-2, 3, Bill Thilken, UC Invine, 16-2, 4, Bob Olsen, CS Hayward, 16-2, 5, tie, Billy Pierce, Fresno St., knd Randy Ruzicka, CS Hayward, 15-

3.000 Steeplechase

1. John Embody, CS Hayward, 9:19.01. (WCR record, new event). 2. Tom Olson, Chico St., 9:25.62. 3. Dan Martinelli, SF State, 9:27.49. 4. Rick Hargaugh, Occidental, 9:33.01, 5, Glenn Owen, Chapman, 9:36.30.

400 Relay

Fuller, Long Beach St., 190-5, 3, Scott Semar,

CS Bakersfield, 183-1. 4. Brad Long, Chapman,

177-10. 5. Rick Brunner, Cal Poly-SLO, 176-4.

Javelin Throw

Eilenberg, UC Irvine, 225-11. 3. Jorgan Persson.

CS Los Angeles, 223-9. 4. Ken Rodnick, UC

1. Brad Breen, Chapman, 239-11, 2. Curt

" OL, ITO'O. T. DUE SIDELL, GO MORIBRIDOS Humboldt St., 14:39.4. 4. Robert Traba, CS Nor-174-3. 5. Dave Albritton, Cal Poly-SLO, 169-4. thridge, 14:41.6. 5. Sleve Alvarez, UC Riverside, 1. Joe Staub. CS Northridge, 60-6 1/2, 2. **Pole Vault** Kris Lettow, UC Irvine, 58-4 3/4. 3. Paul Toma.

> 1. Joe Phillips, Chapman, 7-0. 2. Joe Radan, Sacramento St., 7-0. 3. Gil Jenkins, CS Hayward, 6-10 1/4. 4. Doug Reinhart, CS Hayward, 6-10 1/4. 5. tie, David Henderson, Fresno St., and Mark Holland, NevLas Vegas, 6-8.

Shot Put

Cal Poly-SLO, 56-11. 4. Brian Faul, Cal Poly-

SLO, 56-1 3/4. 5. Roy Schablaske, Fresno St.

High Jump

1,600 Relay

1. Cal Poly-SLO (Mark Kent, Mike Bush, Fred Harvey, Bart Williams) 3:08.92. 2. Long Beach State, 3:12.17, 3. CS Bakersfi eld, 3:12.42, 4. 1. Cal Poly-SLO (Fred Harvey, Mark Kent, UC Irvine, 3:12.80. 5. Boise State, 3:13.34.

**Team Scoring** 

Cal Poly-SLO 69, Irvine 45, Hayward 351; Los Angeles 27. Long Beach 26, Northridge 25, Fresno State 22. Bakersfield 16. Chapman 15. Santa Barbara 11, Riverside 10, Boise State 7, Humboldt State 7, Davis 5, San Francisco 5, Nevada-Reno 4, Chico 4, Sacramento 4, Occi-Davis, 211-4. 5. Kevin Gilmore, SF State, 208-10. dental 2, Nevada-Las Vegas 1/2

## Open

400 Int. Hurdles

1. Rich Graybehl, Pacific CC, 50.76, 2. Walt Pratt, Cal. 51.53. 3. Larry Cowling, Cal. 51.97. 4. Wendell Angel. US Army, 52.27. 5. Lloyd Guss, Cal. 52.50

Hammer Throw

1. Peter Galle, Maccabi, 212-3, 2. John Goldhammer, Agape, 196-10, 3, Ed Arcaro, Maccabi, 192-10. 4. Scott Leishman, US Army, 187-10. 5. Dave Thomson, Stanford, 186-5

Discus Throw

1. Markky Tuokko, Finland, 223-6 (WCR and Finnish national records: old WCR record: 216-9. Ken Stadel, 1978; old Finnish record: 220-6. Tuokko, 1979). 2. Ben Plucknett, West Valley TC. 205-9. 3. Dan Gardner, Maccabi, 198-3. 4. Jim McGoldrick, unat., 195-5. 5. Colin Sutherland, San Jose St., 180-11.

1. Phil Olsen, Vancouver OC, 272-3. 2. Bruce Kennedy, San Jose Stars, 248-11, 3. Mike Packer, Maccabi, 244-9, 4, Jon Mikaelson, Nevada TC, 234-2, 5, David Coffaro, Bruce TC, 232-0. Invitational 800 Relay

1. Tennessee (Jason Grimes, Albert Home Anthony Blair, Ronnie Harris) 1:24.0. 2. Maccabi

Union TC, 1:24.8. 3. Davis in Company, 1:26.5. (Note: CS Northridge disqualified for passing out of the zone) Invitational 400 Meters

1. Rod Bethany, USC, 47.7. 2. Steven Chepwony, San Jose St., 47.8. 3. Benny Miles, All American TC, 48.2. 4. Rod Pearsall, Boise St., 48.7. 5. Carl McCulloug h, Athletes in Action,

Two-Mile Relay

1. California (Robin Clark, Lloyd Guss, Mike White, Andy Clifford) 7:42.1.2. Fresno Pacific TC Union TC 40.8.5. Davis 'N Company 41.1.

7:46.1. 3 CS Los Angeles 7:46.5. 4. Fresno State 7:47.4. 5. South Bay TC 7:48.7.

100-Meter Dash

1. Ken Thomas, San Jose St., 10.2w, 2. Marion McCoy. All American TC. 10.3. 3. Mike Farmer, Cal. 10.4. 4. Mike Miller, Tennessee, 10.4. 5. Kevin Cole, San Jose St., 10.4

110-Meter High Hurdles

1. James McCraney, Maccabi, 13.6w. 2. Steve Darcus, Tennessee, 13.7. 3. Ray Smith, Cal. 13.7. 4. Wilbur Gregory, UC Irvine, 14.0. 5. Pete Austin, San Jose St., 14.1.

Long Jump

1. Charlton Ehizuelen, Maccabi, 25-9 w. 2. Stan Holmes, Tennessee, 25-6 w. 3. Ron Johnson, Long Beach St., 25-514w, 4. Essodina Atchade. San Jose St., 25-4 4 5. Stan Whitley. Maccabi, 25-0.

Shot Put

1. Reijo Stahlberg, Finland. 71-2 (WCR and Finnish national records; old WCR record: 69-1114, Al Feuerbach, 1973.) 2. Al Feuerbach, Athletics West, 66-7. 3. Russ Vincent, Salvation Army, 60-11 . 4. Bob Feuerbach, San Jose St., 60-814. 5. Bob Gummerson, unatt., 60-21:

3,000 Steeplechase

1. Sam James, Tennessee, 8:49.8. 2. Harrison Korosco, Maccabi, 8:56.1. 3. Gary Blume, Cal, 9:03.7. 4. Wayne Hurst, unatt., 9:11.5. 5. Pat Weiler, Santa Monica TC, 9:12.0.

Invitational 400 Relay

1. Tennessee (Jason Grimes, Darrym Wilson, Ronnie Harris, Mike Miller) 40.5. 2. Cal Poly-SLO 40.5. 3. Bay Area Striders 40.8. 4. Maccabi Invitational 800

1. Rick Brown, Tobias, 1:52.8, 2. Curt Brown, Athletes in Action, 1:56.5, 3, Terry Fink, UC Ir-

Invitational 5.000

1. George Mason, Athletes in Action, 14:20.2.2 Tony Ramirez, Fresno Pacific TC, 14:21 4, 3 Benton Hart, BYU, 14:23.2. 4. Tom Colley. SoCai Road Runners, 14:26.0. ? Juan Garcia, Fresno Pacific TC, 14:26.3.

Invitational 1,500

1. Dan Aldridge, Cal Poly-SLO, 3:46.0 2. Keith Young, Tennessee, 3:47.5, 3, Greg Partamian, Occidental, 3:51.5. 4. Roy Kissin, Stanford, 3:52.4. 5. Bryan Foley, Fresno St., 3:52.7.

1. Nat Derham, Athletes in Action, 176 1 4 2 Jon Warner, UCLA, 17-6 1/4, 3, Steve Hardison, Athletes in Action, 17-0, 4, Jerry Mulligan, USC, 17-0. 5. Kim Black, San Jose St., 17-0.

High Jump

1. Reynaldo Brown, Unnat., 7-2: 2. Dave Haber, Maccabi TC, 7-2; 3. Henry Boyd, South Bay TC, 6-10: 4. Thurlis Gibbs, San Jose State,

1.600-Meter Relay

1. Tennessee (Alburtos Horne, Mike Barlow. Ronnie Harris, Anthony Blair) 3:11.3; 2. Maccabi TC 3:11.7; 3. Cal 3:12.7; 4. Longr'Beach State 3:15.5: 5. Stanford 3:16.9.

1. Mike Marlow, Cal, 52-4; 2. Dave Quick. Unnat., 51-3; 3. Chuck Steffes, West Valley TC. 50-63-w; 4. Kenny Haves, USC, 50-21: 5. Gerald Bell, Unnat., 49-11%.