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# Washington Track Times

THE WASHINGTON STATE HIGH SCHOOL TRACK AND FIELD NEWSLETTER  
EDITOR: ED HOPFNER, 1808 s. 311th, #6, Federal Way, Wa. 98003

## STATE TRACK & FIELD CHAMPIONSHIPS

AAA

### BOYS

#### 100 Meters

1. Eugene Haynes/Foss 10.8
2. Lee Gordon/MI 10.9
3. David Ellis/Gar 11.0
4. Scott Miller/MR 11.0
5. Darrell Robinson/Wil 11.0
6. Tim Kramer/Cas 11.0

#### 200 Meters

1. Calvin Kennon/Wil 21.9
2. Craig Williams/Haz 22.1
3. Darrell Robinson/Wil 22.1
4. Jeff DeGallier/Kel 22.2
5. Scott Miller/MR 22.2
6. Kevin Scott/Rog-P 22.2

#### 440 Yards

1. Calvin Kennon/Wil 48.3
2. Darrell Robinson/Wil 48.9
3. Brad Kendrick/Foss 49.0
4. Rikk Harris/Fer 49.0
5. Calvin Harris/Lks 49.1
6. Jeff DeGallier/Kel 49.5

#### 880 Yards

1. Jeff Knowlton/Bell 1:52.6
2. Hugh Hazelquist/Wil 1:54.3
3. Reggie Whitted/Lin-T 1:56.3
4. Andy Chambers/Kel 1:57.1
5. Brian Gore/ Roos 1:57.5
6. Tim Meecham/Mead 1:58.0

#### Mile

1. Hugh Hazelquist/Wil 4:17.3
2. Yannick Kiefert/Wil 4:19.4
3. Scott Drennen/K-M 4:19.9
4. Jim Morgan/Haz 4:20.2
5. Tracy Hatch/Bal 4:20.2
6. Todd Johnson/Shc 4:20.8

#### 2-Mile

1. Jim Coombes/NC 9:16.4
2. Bill Cammarano/Bell 9:27.8
3. Bruce Overstreet/Ev 9:28.5
4. Paul Haupt/NC 9:32.7
5. Zane Prewitt/Cur 9:33.2
6. Ken Velasquez/Haz 9:34.5

#### 110 High Hurdles

1. Lamar Hurd/Gar 14.0
2. Jim Mahan/Mdwdl 14.5
3. Mike Kinney/Fer 14.5
4. Brian Bertsch/JFK 14.6
5. Tim Predmore/Beth 14.6
6. Steve Erickson/Bv 14.7

#### 300 Low Hurdles

1. Mike Kinney/Fer 37.2
2. Brian Bertsch/JFK 37.2
3. Lawrence McFarland/Foss 37.6
4. Jon Moren/Shwd 38.2
5. Chris Bidleman/FtV 38.5
6. Willie Stewart/Foss 38.5

#### 4x110 Relay

1. Hazen 43.0
2. Lakes 43.3
3. Fort Vancouver 43.6
4. Shorewood 43.9
5. University 44.5
6. Nathan Hale 45.5

#### 4x440 Relay

1. Lakes 3:18.1
2. Wilson 3:18.1
3. Foss 3:19.2
4. Clover Park 3:24.0
5. Ferris 3:24.8
6. Hazen 3:24.8

#### High Jump

1. Brent Harken/CV 7-1  
(meet record; old MR 7-0 by Nelson 79)
2. Chip Riley/HB 6-9
3. Stan Watson/Gar 6-8
4. James Cunningham/Lks 6-7
5. John Underhill/CR 6-7
6. Tony Smith/Lin-T 6

#### Long Jump

1. Lamar Hurd/Gar 23-7 $\frac{1}{2}$
2. Cal Loveall/Ken 23-2  $\frac{3}{4}$
3. Dave Warren/Kam 23-1  $\frac{3}{4}$
4. Joe Fenbert/FW 23-1 $\frac{1}{2}$
5. John Hurtin/Sum 23-1
6. Michael Collins/FtV 22-8  $\frac{3}{4}$

#### Triple Jump

1. Lamar Hurd/Gar 48-5  $\frac{3}{4}$
2. Mike Tsai/New 48-1 $\frac{1}{2}$
3. Cal Loveall/Ken 48- $\frac{1}{2}$
4. Ben McLean/Lin-T 48-0
5. Michael Collins/FtV 47-4  $\frac{3}{4}$
6. Kelly Weston/Foss 47-3  $\frac{3}{4}$

#### Pole Vault

1. Steve Erickson/Bv 14-6
2. Steve Starkei/Rog-P 14-0
3. Lo Grant/ML 13-6
4. Kevin Lewis/SP 13-6
5. Steve Semanskee/Ingr 13-6
6. Brian Olson/Kam 13-0

#### Shot

1. Joe Phillips/CR 60-2
2. Ron Schultz/Juan 56- $\frac{1}{2}$
3. Jim Gylling/Ever-S 54-8 3,
4. Dan Fennissee/MR 53-6  $\frac{3}{4}$

5. Dean DeMulling/TJ	53-2½
6. Ty Graham/KM	53-¼

Discus

1. Joe Phillips/CR	173-6
2. Tim Shannon/Snohomish	165-9
3. Neal Knelp/SP	165-2
4. Dan Oaks/Dav	164-5
5. Aaron Alleneder/Univ	164-0
6. Dan Eennissee/MR	162-9

Javelin

1. John Burrus/Pas	197-0
2. Mike Heelan/Cap	196-7
3. Mark Jarvis/Kel	192-8
4. Brian Shaw/NC	190-10
5. Chuck Martin/Seh	184-5
6. Brian Hill/SP	184-4

GIRLS

100 Meters

1. Donna Dennis/CP	12.2
2. Liz Mohler/MtT	12.2
3. Lisa Gant/Mead	12.3
4. Denise Davis/Lks	12.3
5. Linda Lynch/TJ	12.3
6. Lori Brock/Lynn	12.4

200 Meters

1. Leslie Coaston/Gar	25.0
2. Linda Lynch/TJ	25.2
3. Lisa Gant/Mead	25.2
4. Elaine Martin/Rich	25.2
5. Annie Barrett/MI	25.6
6. Debbie Campbell/Kr	25.6

440 Yards

1. Annie Barrett/MI	57.2
2. Gail Conway/CP	57.8
3. Gina Castagna/Haz	58.1
4. Sandi Gordon/CP	58.3
5. Jill York/Cas	58.4
6. Cheryl Krieg/CV	59.1

880 Yards

1. Linda Jacobsen/Samm	2:16.0
2. Mary Gladstone/WS	2:16.0
3. Laurie Bannik/Aub	2:17.1
4. Kari Jonassen/Both	2:17.6
5. Cynthis Highins/L&C	2:18.8
6. Kris Katterhagen/Bell	2:21.6

Mile

1. Lisa Mitchell/Samm	4:54.7
2. Lauri Shansby/Shc	4:58.6
3. Missi Nelson/MI	4:58.8
4. Linda Mitchell/Samm	4:59.1
5. Wendy Thomas/Gar	4:59.3
6. Sherrie Crang/HB	5:00.3

2-Mile

1. Leanne Buckley/Both	10:48.7
2. Adrienne Lorvick/Shc	10:56.6

3. Pam Paudler/Red	11:00.9
4. Maureen Popp/Lin-T	11:04.8
5. Geri Volk/Ball	11:07.8
6. Cathleen Cassidy/Ev	11:18.2

100 Meter Hurdles

1. Sue Burrus/Samm	14.2
2. Leslie Coaston/Gar	14.2
3. Flo Brown/Ren	14.3
4. Isabell McQuarter/Kr	14.5
5. Val Johnson/Cap	14.6
6. Caroline Newell/Lin-T	14.8

300 Meter Hurdles

1. Isabell McQuarter/Kr	44.4
2. Annette Helling/CV	45.0
3. Sue Burrus/Samm	45.2
4. Cathy Chalik/Lin-T	45.5
5. Chris Grant/ML	46.1
6. Michele Helwig/Ren	46.6

440 Relay

1. Kentridge	48.5
2. Lincoln-Tac	49.1
3. Wilson	49.4
4. Nathan Hale	49.5
5. Mead	49.7
6. Oak Harbor	50.1

880 Relay

1. Clover Park	1:42.8
2. Kentridge	1:43.0
3. Lakes	1:43.9
4. Garfield	1:46.8
5. Oak Harbor	1:48.5
6. Walla Walla	1:49.3

Mile Relay

1. Hazen	3:53.9
2. Kennedy	4:00.0
3. Lincoln-Tac	4:00.4
4. Aberdeen	4:01.7
5. Cascade	4:03.3
6. Kamaikin	4:05.5

High Jump

1. Debra Larsen/Aber	5-8
2. Kristy Dees/Puy	5-7
3. Gail Conway/CP	5-6
4. Jami Rathjen/Ike	5-4
5. Yvette Henry/Beth	5-4
6. Andrea Ross/WW	5-4

Long Jump

1. Isabell McQuarter/Kr	19-0
2. Julie Wilson/CP	18-10
3. Laura Miller/Lin-T	18-7
4. Lynn Saalfeld/K-M	18-6½
5. Antonette Blythe/OH	18-2
6. Debra Larsen/Aber	18-1½

Shot

1. Quenna Beasley/Pas	45-8½
2. Sherryl Dodge/CV	43-2½
3. Vera Ville/Ev-Sea	43-1½
4. Tanya Prescott/Ingr	42-8½
5. Diane Schultz/Mead	40-10½
6. Lynn Brinkman/SK	40-10½

Discus

1. Quenna Beasley/Pas	149-5
2. Gwenn McAdams/Wil	137-11
3. Bonnie Van Peursen/MI	133-6
4. Karen Hansey/Seh	131-7
5. Chris Van Pelt/Bv	129-11
6. Sherryl Dodge/CV	126-8

Javelin

1. Mylissa Coleman/Gonz	147-11
2. Linda Kuzmak/Davis	141-11
3. Lynn Palmer/Wen	138-6
4. Dianna Lenning/Shel	133-2
5. Kris Weitz/Pas	130-7
6. Janice Waller/Rog-Sp	121-11

TEAM SCORING: Wilson 92; Garfield 66; Kennedy 55; Clover Park 52; Lincoln-Tacoma, Sammamish 40; Foss 30; Lakes 35; Mercer Island, 32 Pasco 32; Central Valley 28 ....  
 BOYS: Wilson 78; Garfield 42; Foss 30; Lakes 25; Hazen 24; Columbia River 23; Bellarmine, Ferris, North Central 18; Kelso 15; Kennewick 14; Kennedy 12; Mount Rainier, Bellevue, Fort Vancouver, Lincoln-Tacoma, Shadle Park 11; Central Valley, Pasco 10 .... Mercer Island 8  
 GIRLS: Clover Park 46; Kentridge 43; Sammamish 40; Lincoln-Tacoma 29; Mercer Island, Garfield 24; Pasco 22; Central Valley 18; Mead, Shorecrest 16; Aberdeen 15; Bothell, Wilson 14; Lakes, Jefferson 10 ...  
 Mercer Island 24!