

KEEPING track

According to Track & Field News UC Berkeley is the complete track & field stadia with the biggest seating capacity in the U.S. Berkeley has at least 8 lanes on a synthetic surface, can hold all field events on the infield, and can seat 22,000.The Tobias Striders of southern California have changed their name to the **Angels Flight Striders**.....USC women's coach **Sherry Calvert** (207-11 with the javelin) is making a comeback after three operations last year to repair a shoulder injury.....Women can now participate officially in the National Postal One-Hour Race Walking Championships, conducted annually, according to unofficial reports from the AAU Convention held in Las Vegas in November. Heretofore, only males had been considered official entrants, although some women have walked in these on their own.

We have received the results of the Skyton International/AAU Championship Marathon which took place on October 13, 1980. Overall winner was **Dave Smith** of Orangevale, California in 2:17:30. Another winner from California was **Ulrich Kaempf** of Los Altos in the 45-49 division with 2:36:24. **Joe Burgasser** of Rancho Palos Verdes was second in the 40-44 division with 2:31:24. **Ted Wurm** of Oakland placed 5th in the 60+ section with his 3:33:30. **West Valley Track Club** was the 40 and Over team champions with a team of **Ulrich Kaempf**, **Roger Bryan** 2:42:02, and **Doug Latimer** 2:43:14.

Sue Munday, winner of the Oakland & National AAU Marathons recently, didn't go back to school at Cal Poly SLO this year. Right now she is working for and training with sporting goods store owner **Gary Goettelman** and is looking forward to Boston. She may return to Cal Poly in the Fall, or is considering offers from UCLA and Northridge.....Gymnast **Kurt Thomas** has been selected as the AAU 1979 Sullivan Award winner. Second place in the balloting went to track and field's **Renaldo Nehemiah** and also receiving a large number of votes was **Evelyn Ashford**. San Diego state coach **Fred LaPlante** expects the hurdles to be one of the team's top events this year since wife and teammate **Deby LaPlante** is the American record holder; but SDS hurdle

stock went up even higher with the addition of Canadian freshman **Sue Bradley Kameli**, another world class athlete and member of the 1976 Canadian Olympic team.....The **Sub-4 Track Club** picked up another top distance runner when **Dan Aldridge** graduated from Cal Poly SLO after cross country.....Even though 1979 was sorta quiet for **Clancy Edwards** he is fully intending to be back at full speed in 1980, running some early season 400s to work on his strength. He's run 46.05 for 400.....**Dannon Yogurt**, sponsor and supporter of long distance running in many parts of the US, is coming to Southern California. Be looking for Dannon to be sponsoring and getting involved with some of the local running events.

Power Soler Sport Shoe Repair has announced their grand opening in California. They have a special program of discounts for track clubs. Contact **David Loring**, 9312 North Santa Margarita Rd., Atascadero 93422.....**Cal State Bakersfield** was all set to unveil its new all weather track at the February 16 Bakersfield Metric Meet; the only problem - it was rained out.....**Diablo Valley Track & Field Club** has just been awarded the 1980 National AAU Boys Age-Group Track & Field Championships. The meet will be held July 25-27 on Diablo Valley College's nine-lane Reslite track in Pleasant Hill. For additional information, contact **Dave Sutch**, 50 California St., Suite 2350, San Francisco 94111.

The **California Relays** scheduled for May 17th will finally have an all weather track and field facility. Meet director **Tom Moore** reports that the Modesto oval is being converted to a 9 lane 400 meter Chevron 400 surface. Work has already begun and is scheduled to be complete April 30th.....**California Track News** will be compiling 1980 track and field rankings to publish. Coaches and athletes please send best marks lists each week to California Track News, P.O. Box 6103, Fresno 93703.....**McDonald's** is sponsoring a track and field superstars clinic at UCLA March 22-23. The outdoor, "how-to" seminar features 27 world-class champions and coaches as instructors, including seven Olympic gold medalist ranging from sprinters **Donald Quarrie**

and **Harvey Glance** to long jump specialist **Randy Williams** and pole vaulter **Bob Seagren**. For more information contact **Ron Kirkpatrick**, **Bob Thomas & Associates, Inc.**, 835 Hopkins Way, Suite 505, Redondo Beach 90277. (213) 376-6978.....Another big clinic is being sponsored by **Knott's Berry Farm** on April 19-20. It also includes a host of Olympians and features a 10,000 meter run. For information contact **Knott's Berry Farm**, 8039 Beach Blvd, Buena Park 90620.

Cal Poly SLO soph **Brian Faul** set a school record in the shot put with his 57-7¼ against Oregon State, even though the Mustangs lost to OSU 93-65.....In another meet against the OSU Beavers the UC Berkeley women came out ahead 87-63 with several new Cal records. Senior **Alice Trumbly** ran 2:07.8 in the 800; and **Shelly Craig** soared 5-4¼ for a record high jump. The 1600 relay also set a UCB mark with 3:44.75. A week earlier frosh **Cindy Schmandt** set the 3,000 standard with 9:28.0.....Speaking of school records, Long Beach State's junior shot putter, **Mike Smith**, heaved 60-10 to surpass the 13-year old school standard of 60-4½, set by **Jim Hannefield** in 1967.

Jim Fixx's second book of running is now out. It's called **Jim Fixx's Second Book of Running**. Billed as the all-new volume to "The Complete Book of Running," by Fixx. Bill Rodgers says of the book, "I enjoyed this book a great deal. Jim Fixx writes about running in a comfortable style and analyzes the sport like a surgeon....." Available from Random House, 201 East Fiftieth St., New York, NY 10022, for \$10.00.....**Azusa Pacific's Gary Wise** may be good for more than his 10 points for first in the decathlon at the NAIJA Nationals as he recently high jumped 7-0. His season best of 14.3 in the highs isn't too shabby, either.....1978 Point Loma College graduate **Cliff Schneider** died following a pole vaulting accident at San Diego State. He landed out of the pit, hitting his head on a concrete slab. Just a few days earlier Cliff had qualified for the USA Trials with a 17-3 vault at Mt. SAC.

Interested in the race walks? Then you'll enjoy reading the "Golden Gate Walker" published by the Golden Gate Race Walkers. Contact **Harry Siitonen**, 106 Sanchez St., Apt. 17, San Francisco 94114.....**Californian Raymond Threatt** has recorded sprint times of 10.3w and 21.1 as a frosh at the University of Arizona. Other Californians at Arizona are **Thom Hunt** with '80 bests of 8:38.5 in the steeple and 29:32 for 10,000; and **James Frazier** who's done 7-1¼ and 47-3¼.....Coach **Fred Hokanson's** Orange Coast College women's track and field squad wrapped up its second successive South Coast Conference dual meet championship with a 118-6 blitzing of Santa Ana College on March 27. The Pirates concluded South Coast dual meet competition with a perfect 6-0 record. The Bucs outscored their conference rivals in six dual meets, 622-131. In the three years that Orange Coast has fielded a women's track squad, the Pirates have logged a brilliant 17-2 dual meet record.....Fresno State assistant coach **Red Estes** will replace **Dutch Warmerdam** as head coach when Dutch retires in July. Red will have a "flying"

CLUB NEWS

Please send your club newsletter or news of your club to California Track News, P.O. Box 6103, Fresno, CA 93703. We are looking for an individual to serve as **Club Editor**. If interested, write for details.

CLOVIS RUNNING EXPRESS

The Clovis Running express is a new club in the Central San Joaquin Valley. The CRE was established to replace the now defunct Wild Women Track Club. The idea was to have a club open to men, too; and to put the emphasis on running.

In just their first month of operation the club has already recorded some impressive performances. In the January 5th Athletic World 7 Mile Run the CRE women runners took four of the top ten spots. **Sandy McPherson** placed the highest as she finished second with a time of 46:57.

On January 19th **John Hendry**, age 19, was the first junior college runner in the High Sierra Ten Mile Run with a 55:39 clocking.

During 1980 the club is hosting a series of 12 predication runs in addition to the popular Clovis Stampede 8 Kilo Race.

HIGH DESERT RUNNING CLUB

The High Desert Running Club is a new club serving the Lancaster area. Club president is **Charlie Horn**, and vice president is **Larry Wells**. Club workouts are held every Saturday and Sunday at Lane Park at 7 am; every Tuesday and Thursday at Lane Park at 5:15; and every Wednesday at Apollo Park.

Jack Powell ran a 2:59:45 in the Mission Bay Marathon on January 13th; and on only 40 miles a week. **Ken Hamrick** recorded a 2:55 marathon at Paul Masson on January 27. **Charlie Horn** placed 15th with a PR of 1:17:20 in the Bakersfield Half Marathon on February 2. **Darrell LaRue** placed 9th in the 40+ Bakersfield Marathon with 3:04; and **Marv Powers** took 3rd in the 40+ with 3:14.

TEAM INSIDE TRACK

Team Inside Track operates out of Ventura. They are working hard to host the District and National 25 Kilo Championships on March 2. Along with the race a spaghetti feed and running clinic is being planned for the night before.

Team Inside Track runners have been competing all over the state. On December 31st, at the Westlake 20 Mile, **David Mineau** ran 1:56:39 finishing 5th, **Delbert Pearce** was 60th in 2:20:49, and **Reg Wood** was 134th in 44:40.

At the Runners World 15K, **Gary Tuttle** finished 7th in 44:40. **Fred Nagelschmidt** became national champion for the 15K in 45:00.

Dennis Parrish, the Tujunga Turtle won the 35-39 with a 31:03 over the uphill 4 mile climb. **Dick Durant** won the 50-59 in 33:37.

Top STC'er at the December 30 Westlake 20 Mile Run was **Joe Toledo** who placed 3rd overall in 1:55:10. **Andy Levinson** was 9th in 1:59:23. **Jim Knerr** won the 40+ with 2:00:29. **Gene Pickering** was the 50+ winner in 2:16:44. **Judy Kewley** won the women 30-39 in 2:36:07; **Linda Burke** the women 40-49 in 2:41:25.

At the January 20 Redondo Beach Super Bowl Sunday 10KM **Joe Burgasser** was the first STC'er across the finish line with 34:05; followed closely by **Dave Holland** in 34:35. **Ann Bensch** was the first STC woman to finish in the good time of 41:54.

EXCELSIOR TRACK CLUB

Club member **Rich Locksvey**, running only his fourth marathon knocked over 10 minutes off his best with a 2:29 clocking at the Fiesta Bowl Marathon. **Bill Sevald** led, **Greg Jewett** and **Karl Macheschefs** to PR's at the California 10 in Stockton on January 6. Bill's time was 52:27, Greg's 53:18, and Karl's 54:30. At the Run for the Cookies 10K **Greg Jewett** broke 32 minutes for the first time on his way to 2nd place with 31:53.

At the Paul Masson Marathon **Ernie Rivas** recorded a PR and club record 2:21:16. Also recording life time bests were **Mike Conroy** 2:30:41 and **Karl Macheschefs** 2:39:01. At the February 3rd Avenue of the Olives Marathon the third place runner was some two minutes behind **Bill Sevald** and **Greg Jewett** as they both smashed last years course record set by **Ron Nabers**. Bill's time was 2:24:54 and Greg's was a life time best of 2:27:33.

At the February 3rd Fort Point Run the dynamic duo of **Jim Tracy** and **James Moore** placed 2nd and 3rd on the 3.8 mile course. At the West Valley Marathon (2-10) **Bob Darling** bettered his marathon time by almost two minutes with a time of 2:25:56. On February 16 at the Kennedy Drive Run **Karl Macheschefs** and **Terry Casey** put it to the test. They placed 1st and 4th respectively with times of 24:19 and 24:56.

Marathon which took place on October 1980. Overall winner was **Dave Smith** of Orangevale, California in 2:17:30. Another winner from California was **Ulrich Kaempf** of Los Altos in the 45-49 division with 2:36:24. **Joe Burgasser** of Rancho Palos Verdes was second in the 40-44 division with 2:31:24. **Ted Wurm** of Oakland placed 5th in the 60+ section with his 3:33:30. **West Valley Track Club** was the 40 and Over team champions with a team of **Ulrich Kaempf**, **Roger Bryan** 2:42:02, and **Doug Latimer** 2:43:14.

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At the Runners World 15K, **Gary Tuttle** finished 7th in 44:40.

Fred Nagelschmidt became national champion for the age 55-59 in the 50 Mile Track Championships with 6:24.

Some of the club members at Mission Bay Marathon were: **Andy Black** 2:32; **George Berg** 3:13; **Alma Paige** 4:20; **Darline Bjornstad** 4:36; and **Joan Wysong** 5:00.

SENIORS TRACK CLUB

The Seniors Track Club of Southern California reports that their yearly banquet was a big success at the San Pedro Elks Lodge. The gal in charge at the Lodge is reported to have commented that she had never seen such amounts of food consumed per individual before.

The 1980 officers were elected and are reported as follows: **John Duhig** - president; **Heiko Peschel** - vice-president; **Mike Froman** - treasurer; **Ed Lowell** - secretary; **Joe Burgasser** - publications; **Milt Nelson** - program; **Emson Grimm** - track & field; **Gene Blankenship** - long Distance; **Alice Bensch** - women; **Bob Holguin** - under 40; **Ray Bensch** - 40+; **Ron Hanson** - track captain.

Three members won division titles at the December 16 Mt. Thom Hill Climb.

Breakers winners in the Question Corner column. The source, of course, was the Bay to Breakers authority **Len Wallach's** book, **The Human Race**....**Jim Ryuun**, **Wyomia Tyus**, **John Kelley**, **Bruce Jenner** and **Dave Albritton**, five stars of American track from the Olympics to the Boston Marathon, will be inducted this year into The National Track and Field Hall of Fame of the United States in Charleston, West Virginia. The ceremony will take place August 15-16, 1980....Several Californians are competing for Boise State University in Idaho. Senior **Scott Blackburn** from Simi (3:50.9); **Ron Harvey** frosh from Oakland (7-0); **Dave Kerby** junior

January 6. Bill's time was 52:27; Greg's 53:18, and Karl's 54:30. At the Run for the Cookies 10K **Greg Jewett** broke 32 minutes for the first time on his way to 2nd place with 31:53.

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FRESNO TRACK CLUB

The club welcomed 22 new members in January. The most notable of which is **Steve Hardison** a 17-6 pole vaulter attending the Mennonite Bretheran Biblical Seminary in Fresno.

At the Madera Mini Marathon on December 9th., Corcoran High team member **Shawn Smallwood** was the overall winner with a 1:10:42 for the 13.1 miles. **Craig Elia** ran 1:13:24 in winning the Open Division.

At the December 15th Clovis Stampede Fresno Track Club had 4 division winners: **Jim Hartig** was the Open and overall winner over the 8 kilometer course with 25:05. **Mark Hemphill** won the 30-39 in 27:44; **Frank Delgado** nailed the 40-49 with 28:36; and **Karen VanWaggenen** took the women's 14-17 in 32:35.

Presently the club is in a fund raising drive to send member **Tony Ramirez** to the Olympic Trials Marathon in Buffalo, New York. Tony ran 2:16 at the Fiesta Bowl Marathon.

who attended Mt. SAC (16-2); and **Steve Sosnowski** a junior from Salinas....San Diego State's womens track team boasts a coaching staff of eight: **Fred LaPlante** head coach, **Joe Briski** assistant, **Allen Hazard** assistant, **Ted Mahr** assistant, **Cathy Clark** assistant, **Barbara Buchan** assistant, **Philip Dufrere** nutrition consultant, **Peter Dufrere** sports psychology consultant....Cal Poly SLO women's star **Maggie Keyes** recently won the AAU championship in the indoor mile with a 4:39.3 on February 29, in Madison Square Garden and also tied the women's collegiate indoor record in the 1,500 meters with a clocking of 4:13.4.

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