

NPL spikes bow to injured Montgomery

By RICK EYMER
Times Correspondent

Terra Nova High's Ross Osotio was in an expansive mood after setting a North Peninsula League record in the long jump at the NPL finals at Terra Nova Friday night.

His 22-5/4 beat the old mark by six inches and put him into the Central Coast Section Regional I meet next week at Hillsdale High (Trials Tuesday, Finals Thursday).

Osotio had also qualified for the 100, going 10.3 to place fourth.

But Osotio, in a fine display of sportsmanship, forfeited his spot in the 100 to South San Francisco sprinter Carl Montgomery.

"Hey, he has a better shot at a title than me," Osotio said. "I gave it to him because he runs a 9.5."

Montgomery, who had suffered a pulled leg muscle in a meet with Serramonte two weeks ago, was feeling better and felt he could have run in the meet. However, after not competing in the trials, he didn't feel he could run in the finals.

"The leg feels okay," Montgomery

said. "I could have run tonight, but I'll be ready for the regionals."

After his fifth-place finish in both the 100 and 220 in the state meet last year, no one feels like arguing with him.

Osotio, meanwhile, was ecstatic about his long jump. "I just started working hard a couple of days ago," he said. "Then my coach got me out here early today for a workout. I felt very good."

And the cold wind didn't affect him. "It's perfect weather for me," he said.

Serramonte runners, except for the relay teams, had excellent runs. Virgil Roseborough ran a 10.0 in the 100 and 22.46 in the 220 to qualify first in both events, and Eric Jones ran a 49.3 split in his leg of the mile relay. In the 440, Mark Jones ran just a tenth of a second slower than the NPL mark. Jones had a 50.01.

"I think I can at least go the CCS finals in the 100 and 220," Roseborough said. "I've been running a long time this season, and all I can do is get out there and run. I finished fourth in the league last year and

wanted to do better, so I started training right after basketball season was over.

"I wanted to race Montgomery because he makes me run faster, just trying to keep up with him. It takes time for a pulled muscle to heal, and I just hope to God he gets to the regionals."

Roseborough felt a 21.0 would be good enough to make the state meet, and he has a shot at it, having gone 21.4 in a Santa Cruz meet. The times won't be nearly as good at the regionals (on a dirt track) as they will be at CCS finals in an all-purpose track at San Jose City College). In the 100, Roseborough feels he can run 9.7 on the San Jose track.

High jumper Jim Davis of South City tied a league mark at 6-3, and Roseborough was two-tenths of a second off the mark in the 220. Westmoor's Henry Hall had a fine double in the discus and shot put. Terra Nova's Tracy Willoughby reached 12-0 in the pole vault for the best in that event in the NPL this season. Other winners included Jefferson's Robert Thompson in both hurdle

races, Don Franks of Serramonte in the triple jump, Ed Goulet of Oceana in the 880, Westmoor's Ricky Sanchez in the mile and Brent Rushing of Terra Nova in the two mile.

"It's the best group I've seen in the four years I've been here," said assistant track coach Kevin Adams of Serramonte. "They have been highly supportive of each other, and have worked hard all year to get this far." In the girls' meet, it was all Westmoor.

Only the girls' meet was scored, since both frosh-soph and varsity men titles are decided in the regularly-scheduled dual meets. And Westmoor ran away with the girls' crown, outscoring second-place South San Francisco 119-64.

Renee Jackson had a fine triple win for the Rams, grabbing a first place in the long jump, 100 and 220.

"I'm shooting for everything," said Jackson. "I had a bad day in the 220 one day, and I wanted to make up for that loss. In the 100, I got off to a bad start and had to push. But I think I have the best chance to make

state in the long jump. I felt good about that mark."

After the 100 was run, Jackson suffered a cramp in her leg.

"I think it was the cold," she said. "And maybe I didn't stretch enough before the race."

Ram teammate Carolyn Perkins broke league marks in both the shot put and discus. Her shot went 40-8, putting her near the top of the CCS, and her 122-6 in the discus broke the old NPL mark by 16 feet.

Terra Nova's Kerry Lauter established a new league mark in the 880, going 2:21.1, and Oceana's mile relay team set a league mark of 4:15.4. Westmoor's Cindy Lee won the low hurdles, Oceana's Patty Patrick, who also ran the anchor in the mile relay, won the 440, Terra Nova's Nola Barber took first in the two-mile. Jefferson's Valerie Woods won the high jump and Audrey Bettencourt of Half Moon Bay won the mile.

NORTH PENINSULA LEAGUE TRACK FINALS RESULTS Varsity

440 Relay—Westmoor (Dowdell, Allen, Jones,

Williams) 44.93; UUU 440 Relay—Westmoor (Dowdell, Allen, Jones, Williams) 44.93; 'La-Forge (TN). TJ—Franks (S) 43-8; Ostotio (TN) 42-10; Jones Dowdell (W). 100—Roseborough (S) 10.0; Adams (SSF) 10.3; Earl (SSF) 10.3. 440—Jones (S) 50.01; Hall (O); Pierce (SSF). D—Hall (W) 158-2; Smith (J); Soliata (SSF). HJ—Davis (SSF) 6-3; Tutsch (TN) X (O); Warner (HMB). 2 mile—Rushing (TN) 9:44.5; Bauer (SSF); Sanchez (S). FV—Willoughby (TN) 2-0; Meyers (HMB); Ayon (OO). 330 LH—Thompson (J) 39.42; LaForge (TN); Piliwa (OW). 220—Roseborough (S) 22.46; Adams (SSF); Allen (W). Mile—Sanchez (W) 4:36.8; Bauer (SSF); Rushing (TN). Mile Relay—Oceana (Svozil, Clavbon, Goulet, Hall) 3:27.9; Serramonte; Westmoor.

Girls

Team SCORES: Westmoor 119, South San Francisco 64; Half Moon Bay 53; Serramonte 40. Terra Nova 39; Jefferson 35; Oceana 32; El Camino 13.

440 Relay—South San Francisco (Baker, Leveroni, Hilliard, Webster) 51:01; Jefferson. Oceana. SP—Perkins (W) 40-8; Pemberton (HMB); Wertenaue (HMB). 880—Lauer (TN) 2:21.1; Bettencourt (HMB); Spaargren (W). 110 LH—Lee (W) 17.31; Ponds (S); Louie (W). LJ—Jackson (W) 17-2 3/4; Perez (EC); Holmes (SSF). 100—Jackson (W) 1:36; Tucker (SSF). Ponds (S). 440—Patrick (O) 60.76; Andrews (S). Lee. 2 mile—Barber (TN); Soria (SSF); Rachel Anderson (Meridian West). HJ—Woods (J) 4-8. Russi (TN); Leveroni (SSF). D—Perkins (W) 122-6; Cross (HMB); Mulitalo (J). 220—Jackson (S). 26.43; Tucker (SSF); Andrews (S). Mile—Bettencourt (HMB) 5:30.4; Spaargren (W). Stupi (SSF). Mile Relay—Oceana (Pratt, Roiz, O'Kourke, Patrick) 4:54; Westmoor; Serramonte.

Good marks for NPL qualifiers

Considering the uncommonly cool spring weather, there were still some fine marks in Tuesday's North Peninsula League track trials at Terra Nova High.

Sprinter Virgil Roseborough of Serramonte, Henry Hall of Westmoor and hurdler Robert Thompson of Jefferson were all double winners in the meet.

Roseborough took advantage of South City star Carl Montgomery's absence. Montgomery is sidelined due to a pulled muscle, and through a hardship case decision, has been seeded directly into the upcoming Region I meet.

Roseborough won the 100-yard dash in 10.0 and the 220 in 22.9.

Hall eased up on his opposition with a 158-2 discus throw and a 47-7 shot put. Thompson had nice times in both hurdle races, 14-6 in the highs and 40.8 in the lows. Serramonte's Donald Franks also won two events, with a 22-4 long jump and a 42-10 triple jump.

In the girls' competition, Oceana's Ambrosia Patrick and Westmoor's Carolyn Perkins were the only double winners. Patrick won the 220 in 26.7 and the 440 in 60.3. Perkins was tops in the shot put at 40-8 and the discus at 122-6.

The NPL finals are scheduled for Friday night at Terra Nova, with the field events commencing at 6 p.m.

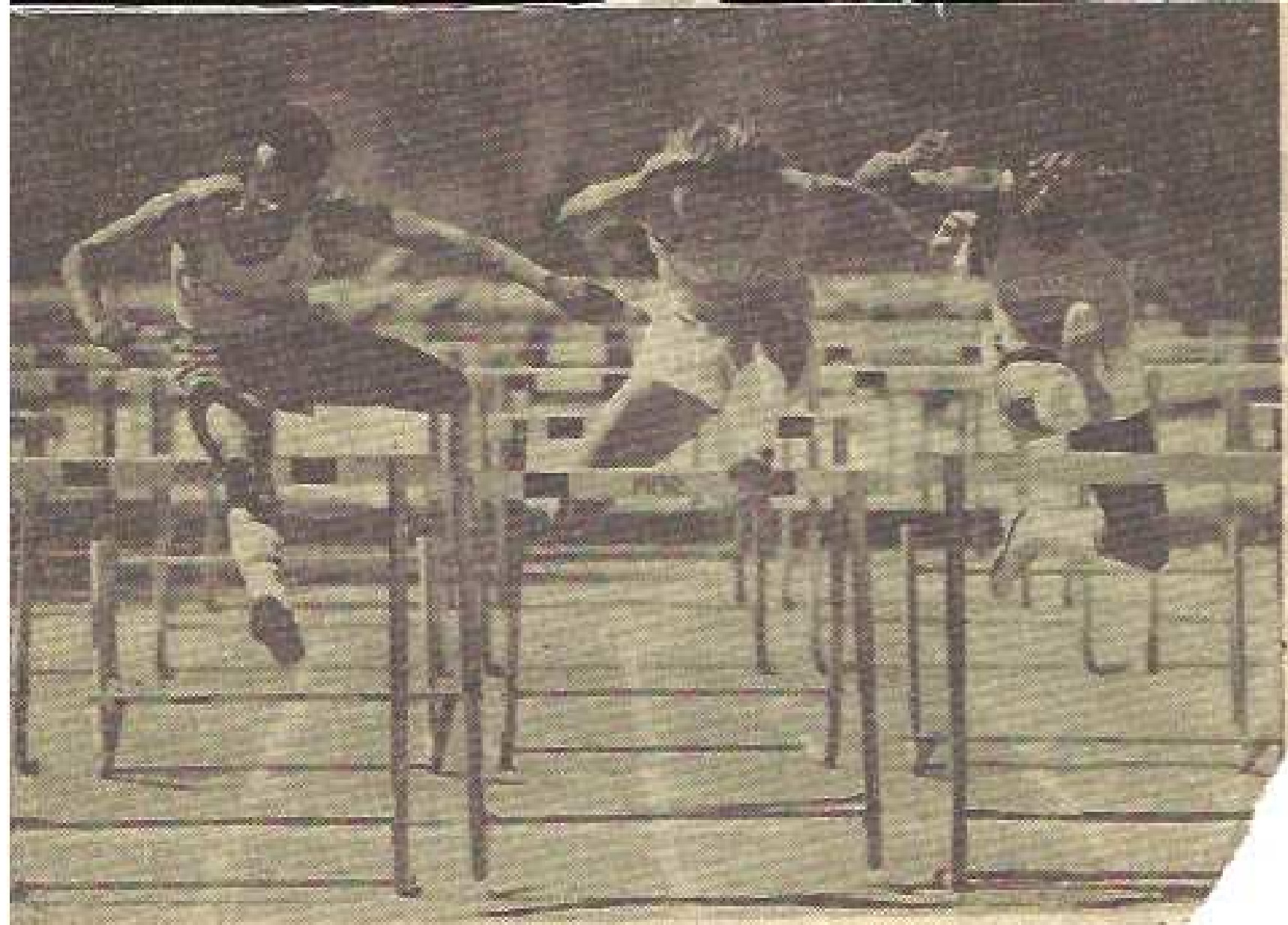
(0), Pierce (SSF), Mitchell (J), Rodgers (J). 330 LH — Thompson (J) 40.8, LaForge (T), Warner (H), Levy (J), Piliwaa (W). 880 — Goulet (O) 2:01.3, Burns (S), Sanchez (W), Waters (S), Torres (W). 220 — Roseborough (S) 22.9, Hall (O), Allen (W), Adams (SSF), Earl (S). Mile — Rushing (T) 4:33.9, Sanchez (W), Dangle (T), Slope (S), Thomas (J). Discus — Hall (W) 158-2, Smith (J), Zielenski (S), Hecht (H), Byrne (T). SP — Hall (W) 47-7, Hecht (H), Howard (W), Marin (O), Solaita (SSF). HJ — Davis (SSF) 5-6, Rand (SSF), Tutsch (O), Warner (H), Franks (S). TJ — Franks (S) 42-10, Branstrom (H), Woodworth (T), Bruno (W), Osofio (T). PV — Myers (H) 10-6, Willoughby (T), Sands (T), Arnot (W).

GIRLS

110 LH — Ponds (S) 17.3, Donnelly (W), Lee (W), Russi (T), Ling (SSF). 100 — Tucker (SSF) 11.5, Jackson (W), Pratt (O), Maconico (J), Ponds (S). 440 — Patrick (O) 60.3, Andrews (S), Murphy (SSF), Lee (W), Kerley (E). 220 — Patrick (O) 26.7, Webster (SSF), Andrews (S), Jackson (W), Tucker (SSF). Discus — Perkins (W) 122-6, Mulitalo (J), Cross (H), Pemberton (H), Koo (W). SP — Perkins (W) 40-8, Pemberton (H), Wertenauer (H), Mulitalo (J), Louis (W). HJ — Woods (J) 4-2, Siegman (H), Russi (T), Leveroni (SSF), Correll (T). LJ — Jackson (W) 17-1½, Perez, (E), Holmes (SSF), Bruno (W), Claybon (O).

NORTH PENINSULA LEAGUE TRIALS

120 HH — Thompson (J) 14.6, Levy (J), LaForge (T), Belland (T), Bruno (W). 100 — Roseborough (S) 10.0, Adams (SSF), Jones (S), Warner (H), Earl (S). 440 — Jones (S) 50.7, Hall



(Times Photo by Don)

UPSET BOUND

Robert Thompson of Jefferson High (left) en route to an upset win in the high hurdles during Thursday's CCS Region I meet at Hillsdale High. Thompson clocked 14.39 to beat favorite John Zukowsky of

Hillsdale (middle, here hitting the hurdle). Zukowsky turned in a 14.40. Reggie Hawkins (right) finished third. Zukowsky did not run in the high hurdles race, and ran on a winning relay.