

West Coast Relays

by Keith Conning

May 9, 1980. Radcliffe Stadium, Fresno, California.

Don Ward (St. Mary's, Berkeley) was selected as the outstanding performer in the high school division. He set a new record in the 110 meter high hurdles with 13.95. He also ran on two winning relay teams.

Berkeley won the team title with 48½ points. Hiram Johnson of Sacramento was second with 26 and Oakland was third with 17.

Berkeley started off with a third in the distance medley, and followed with a first in the 400 relay, second in the triple jump, first in the two-mile relay, third in the high jump, and finished with a victory in the mile relay.

Gerald White, a junior from McClymonds of Oakland, won the 100 meters in 10.94. Kenny Robinson of Berkeley did not run, because the Berkeley bus did not arrive in time. Apparently the team took too long at a rest and refueling stop in Los Banos. But Robinson will get another chance next year to win the outstanding athlete award.

Mike Vail (Mira Loma, Sacramento) won a competitive two-mile in 9:12.73. The first seven runners all went under 9:25.

Don Ward (St. Mary's, Berkeley) upset Henry Andrade (Johnson, Sacramento), when Andrade hit the last hurdle and couldn't recover.

Leon Hanson (Antioch) won the pole vault at 14-9¼, but there were four competitors that cleared that height.

Sophomore Ken Frazier (Mission, San Francisco) won both the long and triple jumps as expected.

Junior Dennis DeSoto (Santa Rosa), the son of head coach Gene, won the shot put at 59-¾. Two great names out of the past were also in the field. Dave Maggard (Acalanes, Lafayette), the son of the Cal athletic director, placed fifth, and Beau Babka (Stagg, Stockton), the son of Rink, placed seventh in the competition.

Paul Bender (Shafter) edged Steve Colvin (Lowell, San Francisco) on his last throw of the competition—183-4 to 183-0.

Helke Skaden (Encina, Sacramento), the finest female long distance runner in Northern California, broke the five minute mile with 4:59.20. She easily defeated a fine field of outstanding runners, as she did at the Jenner Classic.

The Berkeley girls showed why they are such a strong team by completely dominating the 400 meter relay in 46.64, a new record by over a second. They also set a new record in the mile relay at 3:53.29.

Debbie Corley (Garces, Bakersfield) won the 4 kilo shot put at 43-8, which surpassed the old record of 41-2¼ by Rita Banks (Delano) last year.

Su-Mei Lee (Eisenhower, Rialto) placed fourth in the Open Women's 1500 on Saturday with 4:41.91.

no) 9, McClymonds 8, Mira Loma (Sacramento) 6, Antioch 6, St. Mary's (Berkeley) 6, Shafter 6, Cordova 6, San Joaquin Memorial 6, Santa Rosa 6, Yuba City 4, Sanger 4, Woodside 4, Bakersfield 4, Lowell (San Francisco) 4, Armijo 4, Galileo (San Francisco) 4, Highland (Bakersfield) 4, Hayward 4, Clovis 3½, El Cerrito 3, Mt. Eden 3, Menlo-Atherton 3, Lemoore 3, Skyline 3, McClane 3, Corcoran 2, Castlemont 2, Northgate 2, Mt. Pleasant 2, Amador Valley 2, West of Bakersfield 2, Silver Creek 2, El Camino (Sacramento) 2, Carl Mott (San Carlos) 1.

Girls WCR

MILE RELAY

1. North, Bakersfield, (Carrie Tillef, Dana Smith, Kara Ragland, Cathy Wilson) 4:00.56; 2. Foothill, Bakersfield, 4:05.20; 3. Hoover 4:06.30; 4. Hiram Johnson 4:09.00; 5. Pittsburg 4:12.0.

MILE

1. Helke Skaden, Encina, 4:49.20; 2. Liz Sirangio, Mission, San Jose, 5:05.83; 3. Karen VanVogelen, Clovis West, 5:06.48; 4. Lori Shanoff, Petaluma, 5:06.68; 5. Marcia White, Miramonte, 5:06.90.

400 RELAY

1. Berkeley (Nedra Rogers, Sharon Ware, Tonava King, Judy Young) 46.64 (Meet record, old record 47.77, Edison, 1978); 2. Cordova 49.18; 3. Edison 49.19; 4. Logan 49.75; 5. McClymonds 49.87.

SHOT PUT

1. Debbie Corley, Garces, 43-8 (Meet record, old record 41-2¼, Rifa Banks, Delano, 1979); 2. Laura DeSnoo, Washington, Fremont, 41-10; 3. Wendy Phillips, Mira Loma, 39-10¼; 4. Wendy Fortner, Liberty, 38-9½; 5. Laree Tinnin, Bishop O'Dowd, 38-9½.

HIGH JUMP

(Exhibition) 1. Tonya Mendonca, Mt. Whitney, 5-7; 2. Lauri Dew, Lemoore, 5-6; 3. Cabrini Leathers, South, Bakersfield, 5-4¼; 4. Denise Miller, West, Bakersfield, 5-4; 5. Leanna Roberts, Tulare Western, 5-2.

100 METERS

1. Gerald White, McClymonds, 10.91; 2. Eric Washington, Woodside, 10.99; 3. Melvin Watkins, Bakersfield, 11.01; 4. Ken Lawson, Castlemont, 11.03; 5. Tony Wyatt, Edison, 11.06.

110 HH

1. Don Ward, St. Mary's Col, 13.95 (Meet record, old record 14.85, Jim Swain, Castlemont, 1979); 2. Henry Andrade, Hiram Johnson, 14.04; 3. Frank Williamson, Skyline, 14.54; 4. Hiram Mack, McClymonds, 14.59; 5. Ron McCov, Edison, 14.97.

POLE VAULT

1. Leon Hanson, Antioch, 14-9¼; 2. Tony Faber, Yuba City, 14-9¼; 3. Greg Ellis, Menlo-Atherton, 14-9¼; 4. Jeff Brooks, Lemoore, 14-9¼; 5. Mike Phillips, Castlemont, 14-3.

DISCUS

1. Paul Bender, Shafter, 183-4; 2. Steve Colvin, Lowell, 183-0; 3. Jeff Budwig, McLane, 178-6; 4. Eric Olsen, Northgate, 172-6; 5. Otis Tolbert, Lemoore, 168-3.

LONG JUMP

1. Ken Frazier, Mission, S.F., 22-8; 2. Eric Wright, Armijo, 22-6; 3. Ron McCov, Edison, 22-3¼; 4. Anthony Allen, Galileo, 21-8¼; 5. Gerald Nails, Oakland, 21-5.

400 METERS

(Class C) 1. St. Mary's, Berkeley (Dave White, Tony Joseph, Ron Thompson, Don Ward) 43.27 (Meet record, old record 43.86, Albany, 1977); 2. DeLaSalle 44.44; 3. Coalonga 44.88; 4. Yosemite 45.14; 5. Strathmore 45.29.

400 METERS

(Class B) 1. Grant, Sacramento (John Sherron, Steve Wilson, Joe Ellis, William Crayton) 43.20; 2. McClymonds 43.33; 3. East Bakersfield 44.00; 4. Washington 44.12; 5. Serra 44.65.

SPRING MEDLEY RELAY

(Under 1,500) 1. Christian Bros., Sacramento (David Jackson, David Cooke, Ernie Quinto, Mark Rasmussen) 3:32.86; 2. Lemoore 3:34.64; 3. St. Mary's Col, 3:35.48; 4. Seaside 3:35.58; 5. Foothill 3:36.73.

DISTANCE MEDLEY RELAY

1. Mission, San Jose (Dirk Duffer, Greg Thompson, Rich Reed, Jay Marden) 10:22.18; 2. Oakland 10:22.78; 3. Berkeley 10:26.48; 4. Sanger 10:28.54; 5. Corcoran 10:30.90.

400 RELAY

(Class A) 1. Berkeley (Homer Dotson, Ken Robinson, Ulysee Walker, Tommy Ford) 41.45; 2. Hiram Johnson 42.17; 3. Cordova 42.48; 4. Edison 42.76; 5. Mt. Pleasant 42.84.

TRIPLE JUMP

1. Ken Frazier, Mission, S.F., 48-3¼; 2. John Bailey, Berkeley, 48-0; 3. Byron Criddle, El Cerrito, 48-8¼; 4. Victor Torres, Silver Creek, 46-3¼; 5. Alton Henry, Bakersfield, 45-10.

SHOT PUT

1. DeSoto, Santa Rosa, 59-0¼; 2. Eric Martin, Highland, Bak., 58-3¼; 3. Rodney Cupp, Mt. Eden, 58-2¼; 4. Randy Arvey, West, Bak., 57-4½; 5. Dave Maggard, Acalanes, 57-3¾.

2-MILE RELAY

Berkeley (Eden McAuliffe, Jeff Charleston, Andre Preston, Pete Richardson)



Debbie Corley

7:59.73; 2. Pittsburg 8:01.56; 3. Highlands, N. Highland 8:02.22; 4. Hiram Johnson 8:05.12; 5. Amador Valley 8:05.56.

HIGH JUMP

1. John Reich, Memorial, 6-6; 2. James Modkins, Pittsburg, 6-6; 3. (tie) Ricky Caldwell, Berkeley; Jess Richards, Colvin, 6-6; 5. James Wilson, Hayward, 6-6.

2 MILE

1. Mike Vail, Mira Loma, 9:12.73; 2. Tito Torres, Hiram Johnson, 9:13.39; 3. Bob Lohse, Hanford, 9:19.92; 4. Jeff Scott, El Camino, Sacramento, 9:21.94; 5. Gary Gonzales, Clovis, 9:23.00.

MILE RELAY

1. Berkeley (Dotson, Richardson, Walker, Robinson), 3:16.72; 2. Oakland, 3:18.44; 3. Hiram Johnson (Sacramento), 3:19.70; 4. Highlands (North Highlands), 3:21.0; 5. Galileo (San Francisco), 3:22.83.

TEAM SCORING

Berkeley 48½, Hiram Johnson 26, Oakland 17, Mission (San Jose) 12, Mission (San Francisco) 12, Pittsburg 12, Highlands (North Highlands) 10, Edison (Fres-

Mt. Carmel Invitational

by Keith Conning

April 19, 1980. San Diego, Calif. Alemany of Mission Hills set a new national record in the women's 4 x Mile Relay with 21:14.3.

Arete West Twilight Girls Invitational

by Bill Taylor, Drake Coach

April 22, 1980. College of Marin. Well, it wasn't the record, but these four girls—Dykstra, Zeigler, Martin, and Geoffrion—still ran the 5th fastest time in the history of U.S. high school track for the 4 x Mile as recorded in the "Women's All-Time Outdoor List" of High School Track 1980. The Drake (San Anselmo) team of Katie Dykstra, Julie Zeigler, Theresa Martin and Gigi Geoffrion clocked 21:45.0. Katie Dykstra was the star. She ran 5:14.0 to break Lori Saia's school record in the mile. The story of track and field is about people, dreams, courage, disappointment, and sometimes joy and celebration.

Where Are the Howards Going?

According to Ralph Wiley, writing in the Oakland Tribune, the Howard sisters have expressed the desire to continue their relay and scholastic careers at Stanford.