



Dartmouth College

ALUMNI GYMNASIUM • HANOVER • NEW HAMPSHIRE • 03755

INDOOR TRACK AND FIELD 1980-81

(Hanover, N.H.) March 11, 1981
Track and Field Release:

Big Green Track & Field Team Finishes a Stunning Season

Keith Hampton IC4A scorer:

With seven new varsity indoor school records, four freshman school records, countless personal best performances, and a competitive young squad, the Big Green track and field team capped off the season with outstanding performances in the Heptagonals and IC4A's.

Five of the seven school records came at the Heptagonal Championships on Feb. 28th where Dartmouth was sixth overall and fourth in the Ivies. Keith Hampton (Snowmass Village, Co.) was the Dartmouth standout at the IC4A's where he broke his own school record with a scoring 8:14.37 for the 3000 meter run. Hampton has been an outstanding performer all season long for the Big Green. He has been victorious in all of his individual dual meet appearances and was also the runner-up at the 42nd Annual Heptagonal Championships in his 3000 meter specialty.

Brad Light '83 (Lima, Ohio) was Dartmouth's individual champion in the Pole Vault at the Heptagonals. Brad's 15'7" effort established a new school record. Brad was the leader of an outstanding group of pole vaulters. Steve Kelley '81 (Richmond, Va) 15'6"; Dean Lodmell '81 (Olympia, WA) 15'5"; and David Peale '83 (Rochester, NY) 14'6" scored big points for the Dartmouth track team all season.

Shawn O'Neal '84 (Oceanside, CA) had quite a season. This standout freshman established school records in the 1500 meters with a fourth place effort in the Heptagonal Championships. Shawn's 3:49.19 qualifies him as Dartmouth's best miler ever.

Peter Fenn '84 (Rutland, VT.) came on the scene this year and has established himself as one of the best middle distance men that Dartmouth has seen in a long time. Fenn holds the school record in the 1000 meters. He set this at the Heps with a 2:28.03 runner-up performance.

Steve Ryan '81 (Briarcliff Manor, NY) has been involved in every middle distance and distance record set this year. Ryan has set school records in the 1000M, 1500M, and 3000M but they were all broken in the weeks that followed. Ryan's most impressive performance was a 3:49.36 Heptagonal scoring performance on February 28th.

Paul Keefe '82 (Andover, Mass.) set his school record in the high jump. Paul was victorious in all of the Big Green's dual meets except for Boston College. Paul's 6'10½" jump qualifies him as one of the best jumpers in the Heps.

Turner Stauffer '82 (Hamilton, NY) was Dartmouth's outstanding long distance runner this indoor season. Turner's 14:45.2 performance in the 5000 meter was good enough to break his own school records. He was followed closely by two juniors - John Gaudio (14:48.7) and Dan McEvoy (14:47.8)

Patrick Lavery '84 (Arlington, Mass.) led an outstanding group of young quarter milers. A new frosh school record was established by Lavery and his three classmates. Matt Lopes, Mark Lewis, and Leroy Lockhart posted a 3:21.52 effort in the one mile relay. Lavery's first year was an impressive one. He established his own frosh record in the 500 meters (1:04.9) and was the 440 leg (48.5) on the IC4A finalist Distance Medley. Martin Duncan '84 and Rich Borroff '84 added the necessary depth all season long in these events.

Pacey Pat '82 and Dean Lodmell '81 captained this year's squad with outstanding leadership and impressive performances. Both field men qualified for the IC4A Championships and had great progress this season. Pacey Pat tossed the shot 55'5" and was the third place finisher in the Heps. Dean Lodmell cleared 15'5" in the vault and established himself as one of the top vaulters in New England.

Other Noteworthy Items:

Kwabena Gyasi-Twum '82 was our best 880 man with a 1:53.72 to his credit. He led an outstanding group of middle distance men like Martin Weinstein '81 1:54.44 and Jay Miller '82 1:54.25.

Matt Jurkoic '82 was our best 35 lb. weight thrower. He leads a new and upcoming group of weightmen like Bill Best '82 and Greg Toothaker '83.

Andrew Lynch '82 was our best long jumper/triple jumper but injuries kept him from reaching his full potential this season. He led a fine group of jumpers in Doug Kingsley '84, Jim Wooster '84 and Jim Valles '81.

Charles Cairns '82 (Chapel Hill, N.C.) in his first indoor track and field season posted an 8:23.07 3000 meters, a 3:56.12 for 1500 meters and was the 1320 leg on the winning distance medley at the Dartmouth Relays. Chuck will be looking to combine his endurance and athletic ability in the 3000 meter steeplechase during the spring season.

Dartmouth Relays: were sponsored by Saucony Shoes and it attracted 3000 athletes in all divisions and has been clearly recognized as one of the major meets in the east. In our own meet we were victorious in the Distance Medley Relay 10:04.2 and Keith Hampton, Shawn O'Neal, Peter Fenn, and Steve Ryan established a new school record in the four mile relay. The 17:05.2 performance is the best four mile relays for a Dartmouth team either indoors or outdoors.

Millrose Games saw the Dartmouth team post a 7:42.3 two mile relay effort. This is the first appearance by a Dartmouth team since 1976.

Our Dual Meet record was 8 wins and 4 losses and 19 IC4A qualifying performances were achieved throughout the season.

Coaches Carl Wallin and Vin Lananna are very proud of both the Cross Country (3rd in the Heps, an NCAA Qualifying team, 2nd in New England) and the Indoor Track and Field Season. The coaching staff and the team look to the outdoor season with optimism. The Spring '81 campaign opens with the Tallahassee Springtime Meet and the Florida Relays during the Spring trip to Florida later this month.

Hanover, N.H. - December 1, 1980

Cross Country Release: Second in the NCAA District Meet - Qualifies for the
NCAA Division I Meet in Wichita, Kansas.
Third in the HEPS.

Under the helm of first year Coach Vin Lananna, the Dartmouth College men's cross country team had one of its most successful seasons ever as it qualified a full team to represent New England in the NCAA Cross Country Championships in Kansas.

Personal best performances were turned in by virtually every member of the team and the Van Cortlandt Park and Hanover Golf Course record boards were re-written.

Art Switchenko '81 (Willimantic, Ct.) was Dartmouth's outstanding performer this year by virtue of his course records at Bates College and the University of Connecticut. He led the team as an individual victor over Harvard, Brown, Northeastern, University of Massachusetts and the University of Connecticut. Art's 29:57 clocking was good for a fifth place finish in the District One Qualifier over Franklin Park's 10,000 meter course.

Keith E. Hampton '82 (Snow Mass Village, Co.) was Dartmouth's first finisher in the 5 mile race at the Heps with a 24:59 fifth place All-Ivy Performance. Hampton was the recipient of Dartmouth College's Most Valuable Performer for his cross country season and he will be the 1981 Cross Country Team Captain.

Charles B. Cairns '82 (Chapel Hill, N.C.) was the Big Green's third man most of the season. His best races came in the Championship races near the end of the season. Chuck ran 30:24 for Franklin Park's 10,000 meter course and was 17th in the Heps. He was Dartmouth's Most Improved runner this cross country season.

J. Turner Stauffer '82 (Hamilton, N.Y.) was a consistent top performer for the Big Green all season. He fluctuated from the second man to the fifth man throughout the season. Turner's best race came in the Heptagonals at Van Cortlandt Park where he ran 25:35 for the five mile course.

John Gaudioso '82 (Morristown, N.J.) was Dartmouth's team captain for the '80 campaign and a consistent varsity scorer. John's best race was a 30:46 10,000 meter clocking for the Franklin Park's course in the NCAA District Qualifier.

Daniel McEvoy '82 (Pearl River, N.Y.) was the clutch performer all season long for the harriers. Can came through as Dartmouth's fifth man in some of the tightest races. His best roles came in the Heps, the NCAA Qualifier, and the Harvard dual meets.

Stephen Ryan '81 (Briarcliff Manor, N.Y.) rounded out the "top seven" varsity scorers all season as he had best cross country season at Dartmouth. Steve fluctuated from the Big Green's third to seventh man and provided the backup performances in every race. His best race was his 30:51 clocking for 10,000 meters at Franklin Park in the NCAA District Meet.

Kwabena Gyasi-twum '82, Randy Burd '82, and Dave Lawlor '83 broke into the varsity scorers throughout the season and provided the necessary depth for a successful cross country season.

Shawn O'Neal '84 and Peter Fenn '84 represented a strong freshman class this cross country season. They performed on a varsity level all season and make the future of cross country at Dartmouth look very bright. O'Neal and Fenn are primarily middle distancemen yet they turned in outstanding performances all season over the 5 mile and 6.2 mile courses.

Gary Bremer '84 led the J.V. squad this year to an undefeated season. Many middle distance and long distance underclassmen supplied the force to keep an unblemished record intact all season. Chris Koller, Mike Harrell, Al Pokorny, and R.W. Satterthwaite rounded out the top scorers in the J.V. Martin Weinstein '81 and Jay Miller '82 as part of their middledistance training provided the guidance and tough performances for clutch victories over Harvard, Brown, Columbia, and Yale's J.V. squads.

Coach Lananna looks to his '82's to provide the leadership and experience to take next year's juniors and sophomores to the top. A good class of '85 will provide just what the doctor ordered to improve upon an outstanding 1980 Cross Country Season.

Highlights in a capsule

Second Place in the District I NCAA Qualifier
Third Place in the Heps
Bates Invitational Championship
Victories over Harvard, Brown and Northeastern



Dartmouth College HANOVER · NEW HAMPSHIRE · 03755

Dartmouth College Athletic Council · TEL. (603) 646-2465

May 1981

Dear Coach:

One of our main responsibilities as Dartmouth coaches is to introduce both the college and our programs to those extremely gifted student-athletes who seek and deserve the best in both teaching and coaching. Dartmouth has a long and prestigious history of extraordinary accomplishments in both areas and continues each year to attract thousands of applicants. It is our serious concern, in spite of this deserved popularity, that many extremely gifted people, completing their high school years, are not aware of Dartmouth College and what it offers. To this group of excellent student-athletes who may not normally think of applying to Dartmouth or who do not know of the college, this letter, through you, is directed.

Dartmouth, with an enrollment of 4000, is a multi-faceted academic complex exploring the new frontiers of the mind and society. It is located in the unspoiled town of Hanover, N.H. on the east bank of the Connecticut River. It is a teaching institution where the emphasis is on attracting the best possible student body to its distinguished faculty. On campus intellectual life fills the spectrum from the arts to engineering, from medicine to business administration. Dartmouth Medical School is the fourth oldest in the nation. Dartmouth is also the home of the Thayer School of Engineering, founded in 1871, the Amos Tuck School of Business, the first graduate school of business administration when it was founded in 1900, and the graduate programs of the Faculty of Arts and Sciences. Though Dartmouth does not offer athletic scholarships, no student, whatever their financial situation, ought to discount Dartmouth whose financial reserves provide a most generous financial aid program on the basis of need.

Dartmouth College, however, is not for every student. Indeed, it is attractive, generally, only to a special type; those who have an unusual motivation to excel and who have demonstrated, in high school, that they are the academic and extra-curricular leaders of their school. It takes considerable talent, discipline, and determination to excel in the rigorous academic and athletic environment of Dartmouth. Accordingly, let us be quite specific in describing the type of student we are looking for.

First, and above all, academic excellence must have been demonstrated or the student would have little chance of being accepted in this college where the admissions standards are formidable (but please inquire with regard to students academically disadvantaged by geographical, financial, or minority conditions). Though no rigid rules or numerical absolutes operate it is recognized that with the exception of disadvantaged students one should have a combined total on college boards of 1150 or above to be seriously considered as well as a class rank in the top 10% of the class.

Secondly, for us to support an applicant in the admissions procedure, he or she should have already demonstrated athletic ability of an unusually high competitive order. This we can make quite easy for you. We can give an unqualified recommendation to only those athletes who as juniors (or certainly by the spring of their senior year) have met the following standards:

Standards for Women

| | | | | | | | |
|----------|-------|--------|-------|-----------|------|-----------|-----|
| 100 yds. | 11.3 | mile | 5:10 | shot | 40' | long jump | 17' |
| 220 yds. | 26.5 | 2-mile | 11:20 | discus | 115' | | |
| 440 yds. | 59. | 3-mile | 18:00 | javelin | 115' | | |
| 880 yds. | 2:19. | | | high jump | 5'2" | | |

Standards for Men

| | | | | | |
|--------------|------|--|--|-------------|-------|
| 100 yds. | 10.2 | | | shot put | 52' |
| 220 yds. | 22.8 | | | discus | 150' |
| 440 yds. | 51. | | | javelin | 170' |
| 880 yds. | 1:59 | | | hammer | 170' |
| Mile | 4:25 | | | high jump | 6' 2" |
| 2-Mile | 9:35 | | | pole vault | 13' |
| | | | | long jump | 21' |
| | | | | triple jump | 43' |
| 120 yd. HH | 15.2 | | | 60 yards | 6.5 |
| 330 yd. Int. | 40. | | | 600 yards | 1:15 |
| | | | | 1000 yards | 2:20 |

We would much appreciate learning of outstanding male and female athletes. Please fill out the enclosed cards; especially we are interested in academic and athletic achievements which can be written in the space under comments. Thank you.

Sincerely yours,

Carl Wallin

Carl Wallin
 Director, Cross Country,
 Track and Field

Vincent Lananna

Vincent Lananna
 Men's Head Cross Country Coach
 Assistant Track Coach

Peter Fox Smith

Peter Fox Smith
 Women's Head Coach of Cross Country
 and Track

lpd

Encs.

FIVE NAMED ALL-IVY AS TRACK AND FIELD TEAM ENTERS CHAMPIONSHIPS

With only the three championship meets remaining the outdoor track and field team enters the meets with enthusiasm and optimism. Head Track and Field Coach Carl Wallin is very pleased with the progress of his team thus far. The team was fourth in the Ivies and sixth in the Heps and countless personal records have been established thus far this spring.

Beginning with a two-week spring break in Florida, the "Big Green" boasts a 4-1 dual meet record and a successful trip to the Penn Relays where the 4 x 1500 meter relay team shattered the school record.

Keith Hampton '82 has been Dartmouth's "big scorer" thus far. He is the Heps Champ at his 5000M specialty and has been victorious in all of his races this spring. Hampton was runner-up at the prestigious college Penn Relays 5000 and he is presently a top contender for the New Englands on May 16-17. Hampton gained All-Ivy honors both indoors and outdoors as well as Cross Country.

Pacey Pet '82 has been a consistent top scorer in the shot and discus this outdoor season. He has been victorious in all of his dual meet appearances thus far except for Northeastern where he was second. He was a scorer in the 47th Annual Heptagonal Championships and he presently has the best discus throw in New England. This junior co-captain will be looking for a scoring place in both the shot and discus in the New Englands and IC4A's.

Dean Lodmell '81 was the runner-up at the Florida Relays with a personal best school record jump of 16' $\frac{1}{4}$ ". This senior co-captain will graduate this year along with teammate Steve Kelley who held the previous school record of 15'6". Both Lodmell and Kelley have provided the one-two finish in all of our dual meets and have been providing the tutelage for sophomore David Peale who has cleared 14'9". These three vaulters are considered to be at the forefront of the field men in the New England area.

Shawn O'Neal '84 has certainly made his presence known loudly and clearly this outdoor season. His school record time of 3:48.9 qualifies this freshman as Dartmouth's best miler ever! He was named to the All-Ivy team both indoors and outdoors for the 1500 meters and will be a top contender for the New Englands and the IC4A's.

Peter Fenn '84 is Dartmouth's sleeper of the year. Fenn was fifth in this year's Heptagonal meet with a 3:49.4 1500 meter clocking. He was the runnerup in the Florida Relays Invitational 1500 and he has been a top scorer in the 800 as well this year for the Big Green. He joins forces with O'Neal and Steve Ryan '81 as the best middle distance men in the Heps. Ryan has had the stamina and flexibility to qualify for the IC4A's in both the 5000 and 1500 and he will be a contender for a scoring position in both events for the New Englands.

Kwabena Gyasi-twum '82 is Dartmouth's best half miler. He was third in an extraordinary 800 meters in the Heps and garnered the All-Ivy status for his performance in that meet. He is the leader of perhaps the best group of half-milers in Dartmouth's history. Jay Miller '82, Martin Weinstein '81, along with Fenn, O'Neal, and Ryan have been consistently competitive in every race.

Matt Lopes '84 is Dartmouth's best sprinter. Lopes has qualified for the IC4A's in the 200 meters with a 21.7 and has been the anchor man for the young mile relay. Randy Young '83, Mark Lewis '84, and Kwab Gyasi-twum have met the qualifying standard for the IC4A's with a 3:17.0 clocking.

Turner Stauffer '82 is Dartmouth's best 10,000 meter man by virtue of his 30:24 at the Heps. He and Jack Zaremski '82 have been consistent this spring for the long race. John Gaudioso '82 has posted a 14:34.5 for the 5,000 meters and he has been a big scorer for the Big Green in his specialty.

Charles Cairns '82 in his steeplechase debut was named to the All-Ivy team by virtue of his 9:18 scoring performance in the Heps. He will be a top contender for the bigger meets as he approaches the 9:00 barrier.

Matt Jurkoic '83 is Dartmouth's top hammer thrower this year as Coach Wallin develops his new group of anxious students in this event.

Peter Jones '82 rounds out a new group of discus throwers this year. His fifth place finish in the Heps indicates his rapid return from a back injury.

Paul Keefe '82 is our top high jumper with 6'10" to his credit. He will defend his New England title in his specialty on May 16-17. Tom VanZandt '84 is just coming into his own in the jump. He has cleared 6'6" and will be a jumper to look to next year.

Sam Cooper '82 and Ken Fox '83 have both tossed the javelin over 200' and will be looking for scoring performances in the IC4A's.

Drew Lynch '82 leads a young group of long jumper/triple jumpers with 23'4" and 47'4" jumps to his credit. Jim Wooster '84, Jim Valles '81, and Kevin Carson '84 will be fine jumpers next year.

Charles Williams '82 is our best high hurdler this year and he is backed up by three freshmen intermediate hurdlers in Rich Borroff, Martin Duncan, and A. J. Fredette. Ned Ferguson '83 is our best returning IH'er but a pre-season back injury has prevented him from reaching full potential.

Coaches Carl Wallin and Vin Lananna look to the upcoming championships with optimism and they are most encouraged by an undefeated Junior Varsity season and all of their returning lettermen for next year.