

Five-mile road races in Los Altos a virtual repeat of N.Y. Marathon

By Keith Peters
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LOS ALTOS — The Runner's World men's and women's 5-Mile Invitational runs here Sunday morning were just like the 1980 New York Marathon

The fields were similar, the winners — Alberto Salazar and Grete Waitz — the same and world records again were produced.

Salazar, 22, who set a world record for the fastest marathon debut with his 2:09.41 in New York last year, eclipsed his own five-mile mark of 22:13 set in 1979 by leading a world-class field across the finish line in 22:04.0.

Waitz, 27, who lowered her world marathon record to 2:25.42 in New York, ran away from a top field of runners Sunday in 25:21.4. Her old five-mile mark was 25:27.

"I was a bit uncertain before the race because my indoor race wasn't as good as I hoped," Waitz said, referring to her failure to lower her 3,000-meter record at Friday's indoor meet at the Cow Palace. "I just tried to find my pace."

Waitz paced herself to a pair of 5:05 miles and was still on a world-record pace after three miles, at 15:18. At that point, "I knew I could beat the record," she said later.

The slim Norwegian star did so by running unopposed throughout the race. Whenever her bright red uniform came into view, there was not another runner in sight.

Runner-up Debbie Scott finished almost a full minute behind Waitz in 26:20 and Joan Hansen clocked 26:41 for third.

Former Olympian Francie Larriou was fifth, Stanford freshman Ellen Lyons was ninth and Boston Marathon winner Jacqueline Gareau was 12th.

Waitz, who has not lost a race longer than 3,000 meters since she began national competition in 1970

and has been her country's top female runner since she was 12, has won three years straight in Los Altos and set world records twice.

She would have had another last year, but was given wrong directions and ran an extra 160 yards. Also, the course later was found to be 37 yards short of five miles.

Salazar, who didn't run in last year's race but set his world mark the year before, ran away from a field considered one of the finest ever assembled for a road race.

Left behind in Salazar's record-breaking effort were Olympians Dave Moorcroft and Nick Rose of England, New Zealand's Rod

Dixon, Kenya's Mike Muysoki and Wilson Waigwa, South Africa's Sydney Maree and America's Steve Scott, Don Paige, Frank Shorter and Duncan Macdonald of Menlo Park, who took sixth.

Moorcroft (22:07.8) and Rose (22:13.1) finished second and third, also bettering the old world record. But there was no catching Salazar.

"I knew if I went out fast I could get the record," Salazar said. "I knew there were a lot of kickers in the race and I didn't want to leave it until the end."

And he didn't, running the first mile in a blistering 4:13 and two miles in 8:36. Three miles produced

a 13:02 time and Salazar was well on his way to a world record.

The race was Salazar's first since his New York Marathon triumph. Had he been able to continue his pace, he would have been in the vicinity of a world-class 27:30 for 10,000 meters — bettering his personal mark by 19 seconds and coming within one second of the American record.

In the men's Open five-miler Sunday, Rudy Munoz, 22, registered a victory in 24:31 over Chuck Cathey, Bill Gautier, Joe Rubio and 16-year-old Mike Regan.

In the women's division, Denise Bigelow, 19, defeated her mother, Vicki, by three seconds in 29:07.

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**RUNNER'S WORLD 5-MILE
at Los Altos****Women's Invitational**

Top 20 finishers — Grete Waltz, Norway, 25:21.4 world record, old mark 25:27 by Waltz in 1979; Debbie Scott 26:20; Joan Hansen 26:41; Regina Joyce 26:50; Francie Larrieu 26:57; Lynn Kanuka 27:05; Chris Bankes 27:11; Laurie Binder 27:15; Ellen Lyons 27:21; Patsy Sharples 27:26; Ruth Caldwell 27:55; Jacqueline Gareau 28:28; Judy Fox 28:40; Marilyn Taylor 29:32; Sue Vinella Brusher 30:07; Diane Gong 30:18; Dana Hooper 30:22; Carol Stroud 30:28; Bev. Marx 30:38; Joan Dahikoetter 30:57.

Men's Invitational

Top 20 finishers — Alberto Salazar, USA, 22:04.0 world record, old mark 22:13 by Salazar in 1979; Dave Moorcroft, Great Britain, 22:07.8; Nick Rose, Great Britain, 22:13.1; Tom Hunt 22:14; Adrian Royal, Great Britain, 22:32; Duncan Macdonald 22:35; Pete Pfltzinger 22:46; Mike Muysoki, Kenya, 22:47.1; Terry Colton, British Isles, 22:47.6; Peter Butler, Canada, 22:48; Mark Nenow, 22:49; John Moreno 22:50; Steve Scott 22:57; Rod Dixon, New Zealand, 23:00; George Malley 23:02; Sydney Maree, South Africa, 23:07; Wilson Waigwa, Kenya, 23:09; Dan Aldridge 23:11; Paul Stemmer 23:13; Ray Wicksell 23:16.

Men's Open 5-mile

Top 15 finishers — Rudy Munoz 24:31; Chuck Cathey 24:48; Bill Gautier 24:59; Joe Rubio 25:14; Mike Regan 25:26; James McGehee 25:33.1; Peter Churney 25:33.9; Dan McCann 25:35; Rich Kimball 25:37; Mike Duncan 25:38; Tony Munoz 25:51.5; Bill Meinhardt 25:51.9; Gordon Haller 25:54; Tim Rostege 25:58; Marty Kruger 26:02; Kevin Ryan 26:11; Andy Takaha 26:16; Kevin McCusker 26:20; Mike Livingston 26:23; Mike Edelstein 26:24.

Women's Open 5-mile

Top 15 finishers — Denise Bigelow 29:07; Vicki Bigelow 29:10; Debbie Campbell 29:58; Mal. Fabiola 30:27; Paula Ramirez 30:39; Bonnie Storm 30:41; Heidi Perham 31:03; Kerry Brogan 31:47; Juane Stavolone 31:56; Joy Kieschke 32:23; Heidi Hansen 32:31; Connie Buckler 32:43; Kelly Brogan 33:28; unknown 34:07; Barbara Bennett 34:13.