

# for Palo Alto's Green as USC beats Stanford

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## College track

BERKELEY — Track and field fans have a favorite word with a definition not found in a dictionary.

When a sprinter accelerates away from the opposition, he is "cooking."

Bill Green has this ability, even when he's not running.

The USC sophomore from Palo Alto, feeding opponents a steady diet of defeats on the track since his graduation from Cubberley High School, has taken to the kitchen to assure his own proper eating habits.

"I'm cooking my own food now," Green said Saturday afternoon at Berkeley's Edwards Stadium. "It's better than the dorm food."

Green is now an apartment dweller, forsaking the "lot of starch, no seasoning" dorm fare for his own culinary offerings.

While his menu may not assure world records on the track or get him an invitation to swap recipes with Julia Child, Green stressed the importance of eating well in keeping in shape.

Green was in fine fettle Saturday as he won the 100 and 200 meters in personal bests of 10.37 and 20.64, respectively, in addition to anchoring USC's 400-meter relay to victory in 39.68.

His performances helped the Trojans hold off upset-minded Stanford, 91-62, in half of Saturday's Pacific-10 Conference double-dual meet. In the other meet, UCLA defeated California, 87-67.

When Green returned from competing in Europe last summer, he had lost 15 pounds. He began to lift weights in hopes of rebuilding his strength and appetite, but found the lifting "tiring" and ineffective in producing the bulk he wanted for this season.

Green moved into an apartment and ran more often. Now, he says, "I think I have the strength, all I need is the speed."

To obtain that, Green varies his races as often as his menu.

Saturday, instead of running his customary 400 meters, Green won the 100 in a meet record and the 200 with a 2.1-mph aiding wind, a negligible one-tenth over the allowable.

Both winning times moved Green into USC's top 10 all-time performance list, with the 20.64 sixth in the 200 rankings.

"It's not a good idea to run too many quarters too early in the season," Green said. "It's like running distances. You can burn yourself out."

It will be easier to guard against too many races this year because USC is on NCAA probation and will not compete in either the Pac-10 Championships May 22-23 at Stanford or the NCAA finals in June.

The Trojans also have this week off before competing in the May 18 El Paso Invitational, a meet Green figures could bring him a personal best in the 400 meters.

There were a number of other personal bests Saturday, and Stanford had its share.

Dave Thomson led a Stanford sweep in the discus with a throw of 182-5, freshman Chris Patrick had his collegiate best in winning the high jump at 6-10 and sophomore Bill Graham ran a personal best 8:59.9 to pace the Cardinals' sweep of the 3,000-meter steeplechase.

Graham also won the 5,000 and teammate John Schaer led a sweep in the 800 and a one-two finish in the 1,500, but USC's superior talent prevailed once again.

With Stanford leading, 25-16,



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USC's Bill Green (right) of Palo Alto wins the 100-meter dash in a 10.37, a personal best, with Stanford's Darrin Nelson third. Second-place Mike Sanford is not shown. Green also had a personal best of 20.64 in the 200 and anchored USC's winning 400-meter relay team.

after five events, the Trojans outscored the Cardinals 41-3 in the next five events and 30-11 in the final five to run their winning streak over Stanford to 45.

The Cal-UCLA dual, meanwhile, was closer than the score indicated.

Menlo-Atherton graduate Paul Bates gave Cal an apparent victory in the long jump at 25-0¾ until UCLA's Dokie Williams matched the mark and won on the basis of a better second jump.

In the triple jump, Bates leaped 52-3½ to lead until Williams jumped 52-5½ to win. Eric Brown won the 100 and 200 and the Bruins took both relays to offset a record-breaking day for Cal's Dave Porath.

Porath eclipsed his own school

record in the shot put with a 64-8 winner, third-best outdoors by a collegian this year. He also set a meet record in the discus at 195-6.

Sunday in Berkeley, top-rated American Karin Smith of Cal Poly-San Luis Obispo tossed the javelin a meet record 204-6 and California used its depth to defend its team title in the California Women's Invitational.

Cindy Schmandt led the Bears, winning the 1,500 meters in a meet record 4:20.1 and the 3,000 meters in a school- and meet-record 9:26.1.

California had 104½ points, Cal Poly 83, defending AIAW champ Cal-Northridge 83 and Stanford 69.

Stanford's Carol Cady won the discus (164-8) and Kim Schnurpfeil

took the 5,000 meters (16:40.1).

Cal's Kristen Engle was second in the javelin at 154-5 and Stanford's Mary Osborne third at 153-9.

Lynnae Warren of Stanford won the long jump at 18-8½ and Pam Donald was third at 18-2¼. Stanford's Diane Gong and Pattisue Plummer were fourth and fifth in the 3,000 in 10:02.4 and 10:04.6.

In the Sun Angel Classic in Tempe, Ariz., San Jose State's Esodina Atchade was second in the long jump at 24-6.

SJS season bests included Bo Breigan's 1:48.44 in the 800; a 40.42 for seventh by the 400 relay team of Dewayne Greene, Virgil Torrence, Dewayne Taylor and Cleve Prince; and a 3:09.66 for fifth in the mile relay with Prince, Taylor, Breigan and Urs Kamber.