

REGION IV FINALS

At Hartnell College

Boys

Teams — Palma 91½, Seaside 58½, Gilroy 58, Salinas 40, Hollister 38, Stevenson 30, Monterey 28, King City 26, Watsonville 25, Aptos 18.

100 — Watson (Stevenson) 10.9, Quintana (Monterey) 11.0, Price (Seaside) 11.1.

200 — Watson (Stevenson) 21.9, Price (Seaside) 22.1, Roth (Palma) 22.2.

400 — Weaver (Hollister) 49.6, Shirley (Aptos) 50.3, (tie) Miller (Gilroy) and Montelongo (Gilroy) 50.5 (runoff Tuesday at Gilroy to determine final CCS qualifier).

800 — Vasquez (Watsonville) 1:55.5, Aldape (North Salinas) 1:57.0, Peggs (Seaside) 1:57.8.

1600 — Guaracha (Hollister) 4:19.8, Aldape (North Salinas)

4:21.3, Gutierrez (Watsonville) 4:22.2.

3200 — Guaracha (Hollister) 9:23.3, J. Scattini (Palma) 9:24.5, Vasquez (Hollister) 10:05.4.

110 HH — Seanez (Gilroy) 14.1, Quintana (Monterey) 14.5, Anderson (King City) 14.5.

300 LH — Seanez (Gilroy) 36.2, Coleman (Palma) 37.9, Green (Salinas) 38.1.

400 relay — Palma 42.7, Stevenson 43.0, Gilroy 43.2.

1600 relay — Gilroy 3:20.6, Palma 3:21.4, Seaside 3:22.2.

HJ — Greenwell (Seaside) 6-4, Jones (Seaside) 6-4, Bentley (Soquel) 6-2.

PV — Allred (King City) 13-10, Moelter (Salinas) 13-6, Anacleto (Gilroy) 13-0.

LJ — Scaroni (King City) 21-6, LeKander (Palma) 21-5¾, Morales (North Monterey County) 20-11.

TJ — Greenwell (Seaside) 44-1, Moelter (Salinas) 43-3, LeKander (Palma) 43-3.

SP — Swedlund (San Lorenzo Valley) 54-9½, Thomas (Palma) 51-1¾, Ryan (Palma) 50-0½.

DT — Ryan (Palma) 156-2, Whitham (Valley Christian) 154-6, Powser (Salinas) 146-5.

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Girls

Teams — Seaside 98, Salinas 55, Santa Catalina and Soquel 50, Gilroy and King City 38, Hollister 18, Santa Cruz 13, Marelo 12, Aptos 10.

100 — Johnson (Seaside) 12.4, Dee (Santa Catalina) 12.5, Compton (Marelo) 12.7.

200 — Johnson (Sea) 25.4, Dee (SCat) 25.5, Compton (Marelo) 25.8.

400 — Carroll (Seaside) 58.2, Dee (SCat) 58.3, Grenier (Soq) 58.6.

800 — Choy (Salinas) 2:18.0, Cantoni (Aptos) 2:21.4, Markert (Salinas) 2:22.0.

1600 — T. Wilkinson (KC) 5:12.7, Choy (Sal) 5:12.9, Hill (Redwood Christian) 5:28.7.

3200 — T. Wilkinson (KC) 11:19.5, Muth (Soq) 11:30.0, Radford (Sea) 11:34.5.

100 LH — Horn (Soquel) 14.3, Eck (Soquel) 14.9, Carolan (Carmel) 15.8.

300 LH — Horn (Soq) 45.3, Hodges (Santa Cruz) 46.5, Archer (Gil) 47.3.

400 relay — Seaside 49.6, King City 50.5, Gilroy 51.1.

1600 relay — Seaside 4:00.6, Soquel 4:02.3, Salinas 4:05.1.

HJ — Roach (SCat) 5-2, Knauff (Gil) 5-0, Wyer (Sea) 5-0.

LJ — Will (Sea) 16-7½, Kessinger (Sal) 16-7, Dee (SCat) 16-6½.

SP (4 kg) — Roach (SCat) 38-0¾, Manaea (Sea) 37-6½, Klauer (Hollister) 34-0½.

DT — Manaea (Sea) 125-0, Archer (Gil) 120-5, Hale (San Lorenzo Valley) 116-2.

Region IV Track

Soquel Girls Pace SCCAL Varsity Athletes

SALINAS — Soquel High's girls' varsity placed third overall and San Lorenzo Valley's boys' frosh-soph was fourth at the Region IV Track and Field Championships Saturday at Hartnell College.

In all, 19 Santa Cruz County Athletic League athletes qualified for the Central Coast Section meet in 21 different events.

Leading the SCCAL charge was Soquel's Kim Horn, who set a pair of Region IV girls' varsity records in winning both the 100-meter (14.26) and 300-meter (45.32) low hurdles to qualify for the CCS in both events.

San Lorenzo Valley's Jon Swedlund was the only other varsity winner with his 54-9½ effort in the boys' shot put.

Cougar Jay Avenmarg paced the SLV boys' frosh-soph with first-place finishes in both the 800-meters (1:59.98) and 400-meters (52.15). Teammate Mike Rome ran to a victory in the 3,200-meters (10:06.77), while Aptos Mariner John Kaitz won the discus with a toss of 158-3½ — the best toss of the year in the CCS by a frosh-soph athlete.

The top three finishers in each event qualified for the CCS meet. Trials for the meet begin Friday at San Jose City College with the finals later in the day.

Other area qualifiers for the CCS include Aptos' Bill Shirley in the boys' varsity 200-meters. Shirley placed second in the event with a clocking of 50.25. Chris Bentley of Soquel leaped 6-2 in the high jump, good enough for third place and a trip to the section.

Keala Campton of Marelo Prep qualified in two girls' varsity events with third-place showings in both the 100-meters (12.41) and 200-meters (25.40).

Marianne Erk of Soquel placed second in the 100-meter low hurdles with a time of 14.87, while teammate Helen Muth was second in the 3,200-meters with a 11:30.3 clocking.

The Soquel mile relay team of Horn, Gabby Grenier, Stacey Stiller and Eck placed second in 4:02.29.

Grenier also qualified for the CCS with a third place in the 400-meters (58.80). SLV's Jackie Hale earned a trip to the CCS with a third in the discus (116-2), but missed out with a fourth in the shot put (33-6).

Kim Hodges of Santa Cruz made the CCS with a second place in the 300-meter low hurdles just behind Horn at 46.5.

Other boys' frosh-soph qualifiers included Aptos' Tony

Terzic with a second in the 400-meters (52.53); SLV's Mike Camacho with a second in the 3,200-meters (10:14.27); Al Wolverton with a second in the 300-meter low hurdles (40.97); and Soquel's mile relay team of Rod Brower, Shannon Monday, Dave Locke and Bruce Carum (3:35.25).

Other boys' varsity athletes who placed in the meet were Marelo Prep's Abdulatif Al-Sheteri in both the 100-meters (sixth, 11.2) and 200-meters (fifth, 22.78); Danny Orozco of Santa Cruz in both the triple jump (fourth, 43-1½, a school record) and long jump (sixth, 20-¾); Santa Cruz' Stefan Ruiz in the 3,200-meters (fourth, 9:56.5); Marelo Prep's 400-meter relay team (fourth,

45.7); Aptos' mile relay team (fourth, 3:26.48, a school record); Aptos' David Hill in the 800-meters (sixth, 2:01.3); Aptos' Kirk Salyer in the 300-meter low hurdles (sixth, 39.64); Soquel's Lance Dustin in the 1,600-meters (sixth, 11:34.03); and Soquel's John Geringer in the shot put (sixth, 47-6½).

Other girls' varsity athletes placing in the Region IV meet were SLV's Hale in the shot put (fourth, 33-6); Aptos' Char Sagar in the shot put (fifth, 33-3½); Santa Cruz' Danielle Howe in the 800-meters (fifth, 2:12.57); Harbor's 400-meter relay team (fifth, 51.47); and Hodges in the 400-meters (1:02.03).

Vyeda Column

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things stand out — the willingness outside the athletic department of people to run, and, second, the willingness of people to sponsor runners. People who aren't joggers are the ones who seem to be able to help you the most, financially. It's a tax deductible donation, and people realize that with the foundation, it's not money that is going to be frittered away."

The Cabrillo Athletic Foundation is built upon a sum of money, which is invested, producing interest which funds athletic teams, equipment, transportation and other items during the school year. The principle is not drawn upon, which in theory gives the college somewhat of a constant financial life-blood.

Yet, beyond the promotion and theory of the event, it all boils down to people — either running or donating. Cabrillo assistant track and football coach Sonny Stupek has been Murray's director of the event, having flown to Los Angeles to meet with Fund Raising Unlimited in preparation of the Jog-A-Thon.

It's expected that the average jogger runs 20 laps and has 10 sponsors at 50 cents per lap each. That translates to about \$100 per participant in the Jog-A-Thon, which would mean Cabrillo may raise about \$20,000. "That is the goal we are looking at," Murray

says, "the \$100 per runner figure."

One Cabrillo staff member who is doing far more than her share is Micki Allbee, of the adaptive physical education program. She's going to be running for about 90 sponsors, and one has pledged \$10 per lap. With the Jog-A-Thon to continue for an hour, she is about as good as gold to the athletic budget, Murray says.

Another potentially outstanding participant is Stupek's wife, Bev, who, Murray says, has been extremely successful gathering sponsors and should be in Allbee's range of total funds raised.

The real trick to it, Murray notes, is not how many laps one runs in an hour, but how much money he or she is getting per lap. University of Oregon distance specialist Rudy Chapa, for example, ran 52½ laps in an hour, but at Abeline Christian, Murray said, the college president ran 2½ miles — raising some \$16,000.

One of the best parts about it, Murray feels, is the involvement aspect within the college itself, as students and teachers will be working outside the classroom situation for a common goal. Even golf coach Ed Burda is getting into the act. He's got a Jog-A-Thon poster on the front door of the De-Laveaga Golf Course pro shop, with his name and phone number, with his own pledge that he'll make it through four laps around the track.

That's in a golf cart, of course.