

# TRACK & FIELD UPDATE

WOMEN'S TRACK & FIELD.....Cal State University....Hayward....bulletin #6.....March 27, 1982

Bettors NCAA Div. I qual. mark by 5 feet!

# 162-10 \* FORD

Bettors NCAA Div. I mark second time...

# 155-4 OSWALT

# CASTRO 2:09

# 62:74 HALPIN

# WARD, BANKS, SULLIVAN, HALPIN - .47.34 re

# 5-6 1/2 SCONIERS ~ 43-6 3/4 ~ 41-9 1/4 FORD / OSWALT

# 2:17.4 BOWERS

# 144-11 SUNDBY

# 10:04.0 WAY

# 56.33 BANKS

# Banks, Castro, Bowers, Halpin 3:54.1

# Golden Bear Meet of CHAMPIONS

Running against the likes of U. WASHINGTON, STANFORD, CAL POLY SLO, NORTHRIDGE STATE, B.Y. U., MONTANA, MONTANA STATE, CAL, U. OREGON, and U. TENNESSEE...the

Pioneers were rewarded with some really fine seasonal marks...the most notable being the 162-10 effort of junior GLENDA FORD...All of her throws were in excess of 155-0. No score was kept in this meet as the emphasis was placed on performance and quality. Our athletes responded well.

Cal State HAYWARD's 4 year old school mark for the 400 meter relay of :47.5 went by the boards with a FAT clocking of 47.34...and one could plainly see that a low 46 or high 45 clocking could eventually be ours as we get into the final portion of the 1982 season. Qwen WARD's lead off leg helped to get us off in fine fashion. FRANNY CASTRO placed 4th in the fast section of the 800, finishing just .62 behind her early season nemesis, Louise Reno of Cal. Joetta Clark of Tennessee was the winner. KATHY WLY took 6th in the first section of the 3000 running 10:04.0, for her second sub 10:05 effort in a week. DELPHINA BANKS had a rip roaring 400 going with a 25.7-40.1 breakdown but the monkey climbed her back over the final 60 for a :18.0 final 100! She came back with a 55.3 lead off in the 1600 relay however. KATHY HALPIN, our fine first year prospect not only won her section of the 400 hurdles, but finished in 8th place over-all with an NCAA Div. 2 mark of 62.76 FAT. Pam BOWERS brought her seasonal best in the 800 down to 2:17.4 while Debbie MORRIS, Ann HAMILTON, and Carole STOTHERS ran 4:53.6, 5:01.8 and 5:10.2 in the 1500 following a little bit of stopping-hopping, etc. over a fallen runner...Funzees!!! Teresa JACOBSON qualified for the GSC in the 5000 with an 18:53 mark (5:49-6:07-6:14). Patti ORCURRE hit 16.72 in the 100HH and our 1600 mtr relay team concluded the days activities with a 3:54.1 (Banks 55.3, Castro 57.3, Bowers 61.7, and Halpin 59.7) for a 5th place finish. ELAINE SUNDBY returned to action with a sold toss in the javelin as Carol SHQAPP hit 117-0 in the same event. DIANE OSWALT hit a pr. on her final toss in the finals of the discus as she nailed a 155-4 mark...what a freshman!!! GLENDA FORD finished in 5th place in the finals and was a finalist in the shot with a 43-7 effort (she was eclipsing 46 in between the trials and finals.) Frankie SCONIERS hit 5-6 1/2 after a 2 weeks layoff and Jennifer HOWARD cleared 5-1 1/2