

Detwiler (Roseville) threw the discus 183-8.

Wyman (Wooster, Reno, Nevada) put the shot 61-7.



Janet Whitney

★ **CAPITAL CITY INVITATIONAL**

Hughes Stadium, April 24—The Berkeley 4x200 meter team of Ruth Whitehead 24.8, Lana Rice 23.4, Yvette Bates 25.7, and Nedrea Rodgers 23.3 ran the second fastest time ever at 1:37.2. They also ran a national season best of 46.2 for the 4x100.

Rodgers edged Monica Taylor (Grant, Sacramento) in the 100 meters—11.6w to 11.7w. There was a wind gauge present, but it wasn't used. Rodgers ended her spectacular day by winning the 200 meters in 23.4w with Rice second in 24.2w. Taylor false-started.

Jessica Spies (Livermore) won the 1500 meters in 4:32.4. Her splits were 69.7, 2:23.5 (73.8), 3:38.7 (75.2). Then a couple of hours later she ran the 800 meters in 2:10.05.

★ **LEIGH-WEST VALLEY RELAYS**

West Valley Junior College, Saratoga, April 24—Rod Green (Palo Alto) became the new state leader in the 120 yard high hurdles with 13.7. Another junior Erick Montgomery (Independence, San Jose) was second in 14.1.

Junior Mike Kibort (Saratoga), part of a vaulting family, pole vaulted 15-6.

Mike Livingston (Willow Glen, San Jose) won the demanding three mile in 14:41.2.

★ **HIGH SCHOOL GIRL KILLED BY JAVELIN**

New Rockford, North Dakota, April 24—A high school girl from Tolna, North Dakota, died Saturday from injuries suffered when she was struck by a javelin during a track and field meet.

Rockelle Harding, 17, a senior at Tolna High School, had been called to another event from the javelin area. She cut across the high school athletic field and was struck in the left shoulder and chest.

★ **KENNEDY RELAYS**

Contra Costa College, Richmond, April 24—Miguel Wingo (Albany) long jumped 24-2 to defeat the state leader in the high jump Maurice Crumby (Balboa, San Francisco) by ten inches.

The El Cerrito girls' sprint medley team of freshman Shelly Fortier 220, freshman Niccie Ervin 220 (54.0), junior Ronnie Samuels 440 (60.4), and senior Helen Lehman 880 (2:20.2) won in 4:14.6.

The Piedmont girls' 4 x mile team ran 23:04.7, an average of 5:46.2 per leg.

★ **REDWOOD INVITATIONAL**

Visalia, April 30—Junior Tonya Mendonca (Mt. Whitney, Visalia) set a meet record of 5-8 1/4 in the high jump. That jump equalled her 1981 best.

★ **FRESNO CITY MEET**

Fresno, April 30—Janet Whitney (Fresno) improved her seasonal best in the discus to 148-5.

★ **REEDLEY INVITATIONAL**

Reedley, May 1—Kim Shakir (Clovis West, Clovis) set a new meet record in the discus of 142-6. The old record of 131-11 1/2 was set by Miller (Sanger) in 1980.

★ **TOP 8 CENTRAL COAST SECTION**

Los Gatos High School, May 1—Rod Green (Palo Alto), no relation to Bill Green, won the 110 meter high hurdles in a new meet record of 13.9. The previous record of 14.2 was set by Ron Seanez (Gilroy) last year.

Mike Kibort (Saratoga) set a new meet record in the pole vault at 15-6. The previous record of 15-0 was set by Ben Mahoney (St. Francis) in 1980.

Sophomore Wendy Brown (Woodside) triple jumped 38-2 and set a meet record in the long jump of 19-2 1/2, the leading mark in the state. The previous record was 17-7 by Karla Schwelckardt (Branham) in 1981.

Cindy Durchslag (San Carlos) improved both her meet records in the shot put (42-10 1/2) and the discus (149-2). Her previous marks from last year were 41-5 1/2 and 144-8.

Junior Sharon Yaninek (Presentation, San Jose) edged Mary Jo Barry (Leigh, San Jose)—2:11.8 to 2:12.0.

Esther Berndt (Gunn, Palo Alto) won the two mile in 10:57.4 with a 10:16.0 split at 3000 meters.

Roberta Eccles (Gunderson, San Jose) won the 330 yard low hurdles in 44.7.

★ **MITCHELL INVITATIONAL**

California State University Sacramento, May 1—Junior Melvin "Sky King" Hempstead (Valley, Sacramento), who is already one of the best black vaulters of all-time,

cleared 15-7 for a new Sac-Joaquin Section record. The best black high school vaulter of all-time was Bob Pullard (Los Angeles), who vaulted 16-7 in 1969.

Kevin Willhite (Cordova) won both the 100 meters (10.4) and 200 meters (21.3). Pablo Hendricks (Valley, Sacramento) jumped the gun in the 100 and was disqualified.

Harold Kuphaldt (Bella Vista) won the 3000 meters in 8:22.7, the second best time in the U.S. behind Charles Alexander's (Richmond, Virginia) 8:22.2. Alexander is headed for Stanford. Alexander defeated Kuphaldt in the Kinney National Cross Country Championship last fall.

Karen Nickerson (Cordova) threw the discus 159-2 with Mary Dentinger (El Camino, Sacramento) second at 140-6.

Inga Thompson (Reno, Nevada) won the 3000 meters in 10:03.6.

★ **QUICKSILVER CLASSIC**

San Jose City College, May 8—Junior Mary Boyd (St. Marys, Berkeley) upset state leader Rod Green (Palo Alto) in the 110 meter high hurdles in 14.11.

The Berkeley girls' 400 meter relay team ran 46.71.

Freshman Leslie Maxie (Mills, Millbrae) edged the national leader Yvette Bates (Berkeley) in 13.99w in the 100 meter low hurdles.

Kevin Willhite (Cordova) won the 200 in 21.0w.

Nedrea Rodgers (Berkeley) set a meet record of 54.98 in the 400 meters with Maxie second in 55.49.

Natalie Spinks (Skyline, Oakland) won the 330 yard low hurdles in 44.61 with Roberta Eccles (Gunderson) second in 44.91.

Karen Nickerson (Cordova) won the discus at 153-8.

Wendy Brown (Woodside), the girl athlete of the meet, triple jumped 39-7 1/4 w. She barely fouled a 20-8 1/4 long jump.

Dan Katches (Mills, Millbrae) became the third best California discus thrower this

continued on next page...



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Prep Notes

season, with a toss of 190-7. He broke his own meet record of 181-7.

Ken Frazier (Mission, San Francisco), the boys athlete of the meet, triple jumped 50-6¼w. Frazier, who is going to Arizona State, set a meet record in the long jump of 23-8½. That breaks his old mark of 23-7 set last year.

★ VANDEN RELAYS

Travis Air Force Base, May 8—John Morris (Fairfield) cleared 7 feet in the high jump, to become the third Californian over that height this season. Clyde Carpino, the head track coach, provided the news.

★ WEST COAST RELAYS

Lemoore High School, May 8—Harold Kuphaldt ran his anchor mile in 4:07 to pace Bella Vista to a 10:08.17 distance medley. This places them 29th on the all-time U.S. list.

Another big meet record was the 5-9 high jump by Mt. Whitney's (Visalia) Tonya Mendonca. Mendonca, a junior, had only been jumping a few weeks following knee surgery.

★ RICHMOND-BERKELEY ATHLETIC LEAGUE

El Cerrito High School, May 13—The Berkeley boys' 4x110 yard relay, the fastest team in the North Coast Section at 41.7m, dropped the baton when lead off runner, sophomore Don Davis, fell at the first hand off to Stoney McCree.

Yvette Bates (Berkeley) set a new league long jump record of 19-½, the second best jump in the state.



Tonya Mendonca

Mt. SAC Relays High School Section

By DOUG SPECK

Two National Records in relay events by the Polly Plumer-led University of Irvine distance girls, a flock of top efforts by the Muir guys, and a number of other excellent competitive marks highlighted the High School section of the Mt. SAC Invitational. The high school events were spread out over Friday and Saturday, April 23 and April 24, with the bulk of the action on Saturday. Running the Invite 4x1500 relay on Friday gave some good teams a chance to also come back on Saturday for distance medley or other action. University of Irvine took advantage of this by putting Laura Sauerwein 4:48.7, Polly Plumer 4:28.1, Judy McLaughlin 4:55.2, and Theresa Barrios 4:40.5 together in the 4x1500 in 18:52.5 to blast their old National mark of 19:57.8 from last year. The only regret is that the first ever chance for a girls squad to get real close to 20:00 for the 4x1600 distance was missed when this strange distance was run. On Saturday afternoon Sauerwein led off the distance medley in 3:40.7, Kenya Thornburg raced 60.8, McLaughlin 2:17.8, and Plumer 4:44.2 to lower Summit of New Jersey's 11:50.7 with an 11:43.53. The pressure was interestingly on Plumer, as she took the baton right around 7:00 and pressed alone to record-land. These records should calm doubts about who is the top group of high school distance running girls in the nation (ever?).

Muir of Pasadena has a very talented group of young men this 1982 season. Bernard Mathis edged San Diego Kearney's Paul Day 10.59w (2.86 mps) to 10.63w in the Invite 100, and then came in ahead of the two Browns (Gary of Bishop Amat and Rex of Ocean View) at 21.41w (3.56 mps) to 21.70w for the Browns in the 200. Mathis

also ran key legs on 41.62 (400) and 3:15.55 (1600) relay winners. Terry Parks of Muir soloed 47.89 in the Invite 400 and blazed a 47.0 anchor in the four-lap relay.

Steve Kerho (Mission Viejo) at 13.7w (3.59 mps) HH and 53.21 for the 400 intermediates, and Troy's Ken Williams (50-11½w) and 50-3½ legal in the triple jump were also very impressive. Natalie Kaalawahia of Fullerton doubled at 50-11 in the shot and 169-6 for the discus in the top women's individual efforts.

The amazing and versatile depth of Coach Terry McFate's Manual Arts 1982 women's squad is shown in a meet like this. With a crew that can all run well from the 200 on up to the 800, they won the 800 relay (1:39.1), the 1600 (3:43.5), and 3200 (9:15.8). Dorsey's sprinters were also sharp, decked out in their green body suits, they flashed an excellent 46.55 400 relay.

The men's 800, 1500, and 3000 were excellent races. Don Young (St. Josephs, Santa Maria) is a real horse and he withstood a couple of challenges during the second lap to edge in at 1:52.81 in the 800 over 1:52.84 for Bishop Amat's Jim Fischer and Foothill's Jeff Williams at 1:53.02. Jose Manual (Kearney, San Diego) ripped the last 150 in winning the 1500 (3:54.17) over San Luis Obispo's Scott Bishop (3:56.13) and Sean Nugent (3:56.26). In the 3000 a star was born as soph Jesus Guttierrez (Pasadena) hung a ways behind pacesetter George Yuster (Brentwood) until the last two laps, then edged away in an excellent 8:32.5-8:32.9 win. Coach Mark Evans has done a fine job with the Pasadena distance crew, and Jesus returned with his teammates to easily win the 3200 relay on Saturday in 7:51.4 (the Bulldogs have four underclassmen under 2:00).

It was ditto for the women's distances—quality. Ganesha (Pomona) freshman Michelle Taylor looked super in an 800 triumph at 2:11.78 over Long Beach Poly's

Jackie King (2:12.82). On Friday Tania Fischer (Chaminade) outlegged Tustin's Shannon Stryker 9:48.4-10:03.2 in the 3000. Saturday, Tania hooked up with Vickie Cook over the 1500 meter distance. Alemany's Cook edged away in the last lap in a 4:34.0-4:36.9 win over Fischer.

In other men's relay action, El Modena (Orange) ran a fine 16:25.5 4x1500 relay on Friday, and returned on Saturday in the sprint medley to win in a fine 3:27.33 off Ruben Esparza's 1:51.8 anchor. Eisenhower's Ron Harris anchored in 4:16 as his team took the distance medley at 10:17.48 over Westchester's 10:17.6. Serra of San Diego raced 1:27.81 to take the 800 relay. Hawthorne won the shuttle high hurdles in 1:01.0.

The two girls hurdles races were won by Cece Chandler (Elsinore) at 14.30 (100 meters) and Walnut's Gayle Kellon 63.6 (400 meters). West Torrance set a meet record in winning the girl's shuttle hurdles in 1:03.1.

Girls' sprint action was hot. Gervaise McGraw (Ganesha, Pomona) edged Lisa Winston (Jordan, Long Beach) 11.5w (3.15) for both in the 100, and McGraw ran 23.68w (2.42 mps) to win over Muir's Diane Pullins 24.08w. Dorsey's Andrea Rolfe edged Edison's Liz Rainey 55.22-55.48 in the 400.

Other girls field events were taken by Gayle Wadsworth (Hawthorne) at 18-½ in the long jump, and Elisa Cooks (Wilson, Hacienda Heights) at 5-6 in the high jump on misses over Denise Yamada (Dos Pueblos, Goleta).

A shot put upset by Blair's Cesari at 57-4 over Chaffey's Bruce Parks 57-0 and discus win by Rick Luiten (Monrovia) 179-10 were the top men's field event efforts. Long Beach Poly's Joe Casey was the long jump winner at 21-6¼, Edison's Rick Forsyth and Northview's White went 14-6 in the pole vault, and a flock of jumpers were over 6-6 in the high jump.

continued on next page...