

Prep Notes

blasted 10.6 (into 2.05mps) and an amazing 21.39 (4 mps against) sprint victories. At day's end, Henry returned to anchor a 3:13.86 (day's fastest) 1600 Relay group. The Cougar Women cranked 46.66 and 3:49.49 Relay times, with Kim Grant equalling Thomas's victory total with her 12.00w-25.11 sprint wins.

Gayle Kellon (Walnut) usually starts her peak here, and she let no one down with 41:46 300mLH and 54:39 400m triumphs. Her low time is the fourth best prep clocking ever, and Gayle looks ready for a lowering of her National Record with a consistent, aggressive race in the next few weeks. Lisa Winston (Jordan, Long Beach), among the nation's best sprinters, screamed towards her showdown with Grant of a Sacramento's Monica Taylor with 11:64w, 23.97w sprint victories at the 4A level.

3200 Meter stars, Eric Reynolds (Camarillo) and Tania Fischer (Chaminade, Canoga Park), were impressive. Reynolds, totally by himself after a short time, cruised through a 4:27, 1600 on the way to an 8:49.88 4A title. Fischer, running in the heat of mid-day in her race, rocketed out through a 4:59.0 1600, then cruised on in at 10:20.57. Gladys Prieur (Le Lycee Francais, LA) seems over some mid-season injury problems, as she cruised through a 67 opening lap on the way to a 4:47.23 solo 1A 1600 win.

photo by Burt Davis



Bryan Casey

High-Jumpers Kenny Burke (Westlake) and Denise Yamada (Dos Pueblos, Goleta) jumped well. Burke joined a couple of others who raised the bar to 7½ after making 6-9, and surprisingly Kenny sailed over on his first attempt. Burke's clearance is a Sectional soph All-Time best. Yamada sailed over the second best mark in Section history with her 5-10½ 4A win. Mike Anderson (Rubidoux, Riverside) followed up a fine season of marks with a 24-5 PR here in the 4A Long Jump.

Danny Harris (Perris) led his team to a 1A title with a hand in four wins. He clocked 14-39 and 36.62 in the Hurdles, then anchored mighty quick (and solo) 41.39-3:14.83 relays. Second in the 400 Relay was 43.62 and the Perris group won by ten seconds over the longer distance. Muir (Pasadena) clocked quick 41.14 and 3:14.17 Relays in taking 4A races.

Middle distance star Kerri Zaleski (Millikan, Long Beach) continues to look

sharper and sharper, here cruising a solo 2:08.54 in the 4A division 800 Meters. Suzy Hensei (Valencia, Placentia) edged past rising star Julie Seleine (University, Irvine) 2:09.62-2:09.63 in the 3A 800. Seleine returned for a 4:51.66 1600 win. Moore League rivals, Tyrone McCullough (Poly, LB) and Walter Tilque (Compton) battled in the Men's 4A 800, with the Poly star narrowly winning 1:52.22-1:52.78. Brian Casey (Righetti, Santa Maria) outfinished a 3A group in his 1:52.78. Ron Harris (Eisenhower, Rialto) raced right at 60.0 for the final lap in his 4:11.39 4A 1600 win, while Ruben Esparza (El Modena, Orange) raced 60.7 for the final go-round in a 4:12.69 3A victory.

Other top field event marks went to Triple Jumpers. Carole Jones (Chino) had the top Women's mark at 38-6½, while improving Newport Harbor star Sheldon Blockburger at 48-8½ edged Damien's (La Verne) improving Thomas Henley (48½). Mike Moya (Desert, Edwards) had the top Men's SP mark at 59-2, and Todd Stoney (San Marcos, Santa Barbara) took the marathon Vault competition at 14-6. Marathon it was, because it took 11-6 to place in the 1A, and remember you had 36 vaulters. Long Beach Wilson's Michelle Motley, the daughter of Football star, Marion Motley, spanned 18-6¼ for the top Women's Long Jump.

Other quick Men's times went to Indio's George Thomas, who caught one of the friendly zephyrs at 1.95 mps (barely under the 2.00 legal limit), in a 10.4 2A 100m win, Long Beach Poly's Mark Howard, with what seems like his 15th seasonal clocking under 48.0, with a 47.15 4A 400 meter win, and James Ferreira (North Torrance), who seems over leg ailments, in his 14.46-36.54 4A hurdle wins.

Other team titles went to: Men's 4A-Compton, Women's 4A-Millikan (Long Beach) with the Moore League taking the top three spots, 2A Men's-Cabrillo, 2A Women's Ganesha, 1A Women's-Louisville (Woodland Hills).

100m — 4A: Evans (Compton) 10.5w, Ray Brown (Muir) 10.52, Williams (Lakewood) 10.5w, Combs (Dos Pueblos) 10.5w. **3A:** Thomas (Hawthorne) 10.6. **2A:** Thomas (Indio) 10.4, Merriweather (San Dimas) 10.6, Hale (Monrovia) 10.6.

200m — 4A: James (Eisenhower) 21.61, Hedgepeth (Channel Islands) 21.95, Combs (Dos Pueblos) 21.93, Gregory (Dominguez) 21.95, Schmidt (Torrance) 22.03. **3A:** Thomas (Hawthorne) 21.39, McGee (Hawthorne) 22.00. **2A:** Thomas (Indio) 21.86. **1A:** Flenaugh (Perris) 21.80.

400m — 4A: Howard (LB Poly) 47.15, Schmidt (Torr) 47.30, Johns (N. Torrance) 47.59, Miller (Muir) 47.62, James (Eisenhower) 48.38, Boyd (Esperanza) 49.45. **3A:** James (Beverly Hills) 47.91, Roach (Laguna Hills) 48.23.

800m — 4A: McCullough (LB Poly) 1:52.22, Tilque (Compton) 1:52.28. **3A:** Sims (Dana Hills) 1:53.84, Nesbitt (West Covina) 1:53.94. **2A:** Casey (Righetti) 1:52.25, J. Trevithick (La Canada) 1:52.62, Gallivan (Mater Dei) 1:52.2, Saggau (Royal Oak) 1:53.34.

1600m — 4A: Harris (Eisenhower) 4:11.39, Gutierrez (Pasadena) 4:12.98 (scratched Regional), Diaz (Cerritos) 4:13.56, Battenfield (Millikan) 4:14.77, Graves (Lakewood) 4:15.35, Morton (Westminster) 4:16.07. **3A:** Esparza (El Modena) 4:12.69, Anderson (Corona Del Mar) 4:14.27, Valen (El Modena) 4:16.07.

3200m — 4A: Reynolds (Camarillo) 8:49.88, Junkermann (Los Alamitos) 9:01.15, Gutierrez (Pasadena) 9:01.39, Quinonez (Huntington Beach) 9:07.42. **2A:** Ortiz (Barstow) 9:05.81, Eddy (Mater Dei) 9:06.81, Loud (Charter Oak) 9:09.98. **1A:** Yuster (Brentwood) 9:13.96.

110H — 4A: Ferreira (N. Torr) 14.46, R. Martinez (Claremont) 14.80, B. Martinez (Claremont) 14.87. **3A:** M. Young (Hawthorne) 14.71. **2A:** Johnson (Blair) 14.70, Damron (Servite) 14.83. **1A:** Harris (Perris) 14.39.

300m Low Hurdles — 4A: Ferreira (N. Torr) 14.46, McCullough (LB Poly) 36.65, R. Martinez (Claremont) 36.88, Coates (Compton) 37.04. **3A:** R. Young (Hawthorne) 36.49, Bugg (W. Covina) 36.81, M. Young

(Hawthorne) 37.03. **1A:** Harris (Perris) 36.37, Flenaugh (Perris) 36.62.

400m Relay — 4A: Muir 41.14, Compton 41.30, Eisenhower 41.66, Rolling Hills 42.11, Dominguez 42.11. **3A:** Hawthorne 40.89, Morningside 41.80. **1A:** Perris 41.39.

1600m Relay — 4A: Muir 3:14.17, LB Poly 3:14.94, N. Torrance 3:15.54, Compton 3:16.73, Eisenhower 3:18.10. **3A:** Hawthorne 3:13.86, West Covina 3:17.53. **1A:** Perris 3:14.84.

Long Jump — 4A: Burke (Westlake) 7½, (Ile) Syrjanean (Glendale) & Patchett (Arcadia) 6-7. **3A:** Dreibelbis (Foothill) 6-9, Leary (El Toro) 6-7, Hodgert (Redondo) 6-7. **2A:** Bryant (Palos Verde) 6-9, Mudy (Notre Dame, SO) 6-7.

Long Jump — 4A: Anderson (Rubidoux) 24-5. **3A:** Blockburger (Newport Harbor) 23-3½. **2A:** Hale (Monrovia) 23-8, Calloway (Cabrillo) 23-6½, Smith (Serra) 23-5½, Williams (Indio) 23-4½, Green (Inglewood) 23-3¼, Jordan (Righetti) 23-2½w.

Pole Vault — 4A: 1. Stoney (San Marcos) 14-6, Taylor (Upland) 14-0. **3A:** Altkenhead (Mission Viejo) 58-1, Turco (Whittier) 56-9¼, Walshe (Foothill, Santa Ana) 55-4¼. **2A:** Thornton (Loyola) 56-2¼, Lord (S. Pasadena) 55-9. **1A:** Moya (Desert) 59-2.

Triple Jump — 4A: 1. Henley (Damien) 48¼, 2. Mathis (Millikan) 47-10¼, Combs (Dos Pueblos) 47-4¼, White (Lynwood) 46-11. **3A:** Blockburger (Newport Harbor) 48-6½, Countryman (Beverly Hills) 47-6½, McGovney (El Modena) 46-8¼. **2A:** Green (Inglewood) 48-2½.

Discus (combined divisions) — Lord (S. Pasadena) 173-10, Francine (Villa Park) 169-10, Holden (Hart) 168-1, Torres (Hart) 166-11, Sergeant (El Toro) 164-9, Mraz (Glendora) 162-11, Winter (Valencia) 160-8, Moya (Desert) 160-0.

Women's Divisions

100m — 4A: Winston (LB Jordan) 11.64w, Boulware (Millikan) 11.99w, Roberts (Cerritos) 11.99w, Young (Muir) 12.05, Ready (LB Poly) 12.05. **3A:** Grant (Hawthorne) 12.00w. **2A:** Robinson (La Puente) 12.14. **1A:** Johnston (St. Anthony) 12.14.

200m — 4A: Winston (LB Jordan) 23.97w, Roberts (Cerritos) 24.05w, Watson (Compton) 24.63w, Simpson (Dos Pueblos) 25.12w, Aubuchon (Esperanza) 25.15w. **3A:** Grant (Hawthorne) 25.11. **2A:** Robinson (La Puente) 24.28, Crawford (Leuzinger) 25.17.

400m — 4A: Bialock (Compton) 54.80, Watson (Compton) 56.04, Hall (LB Poly) 56.53, Rainey (Edison) 56.54, Jordan (Camarillo) 56.58. **3A:** Kellon (Walnut) 54.39, Hall (Hawthorne) 55.28. **2A:** Taylor (Ganesha) 55.95.

800m — 4A: Zaleski (Millikan) 2:08.50, Harrington (Rolling Hills) 2:10.83, Quezada (St. Lucys) 2:11.98, Long (Corona) 2:14.34. **3A:** Hensei (Valencia) 2:09.82, Seleine (University) 2:09.83, Biggers (El Toro) 2:13.24, Chapel (Irvine) 2:15.09. **2A:** Prieur (Le Lycee Francais) 4:47.23.

3200m — 4A: O'Hara (Palos Verdes) 10:44.75, Pianta (Ventura) 10:57.09, McCracken (Westminster) 10:59.21. **3A:** Scott (Tustin) 11:01.09. **2A:** Brazel (Chino) 10:54.41, Almendez (St. Monica) 10:55.10, Unruhe (Nordhoff) 11:00.47. **1A:** Fischer (Chaminade) 10:20.57.

100m Low Hurdles — 4A: Hall (Millikan) 14.66w, Rosemead (Ventura) 14.75, Yamada (Dos Pueblos) 14.77. **3A:** Kellon (Walnut) 14.67, Noton (Sunny Hills) 14.67, Lee (Irvine) 14.78. **2A:** Jones (Chino) 44.66.

400m Relay — 4A: LB Poly 47.78, Compton 47.90, Millikan 48.12, Pasadena 48.24, Muir 48.43, Moreno Valley 48.69. **3A:** Hawthorne 46.66, Walnut 48.13.

1600 Relay — 4A: Compton 3:49.50, Edison 3:49.62, Millikan 3:50.98, LB Poly 3:51.75. **3A:** Hawthorne 3:49.49, Canyon 3:50.86. **2A:** Ganesha 3:52.82.

High Jump — 4A: Yamada (Dos Pueblos) 5-10½, Wiegmann (Crescenta Villy) 5-8. **3A:** Cooks (HH Wilson) 5-6, Williams (Western) 5-6, Maldonado (Hawthorne) & Bedell (Villa Prk) 5-4, McMillan (El Modena) 5-4. **2A:** Jackson (Westlake, LA) 5-4.

Long Jump — 4A: Motley (LB Wilson) 18-6¼, Roberts (Cerritos) 18-1, Burditt (Paramount) 17-7. **3A:** Humphries (Beverly

Hills) 18-2¼, Compton (Rosemead) 18-0, Franklin (SA Vily) 17-9. **2A:** Sellers (Ganesha) 18-2¼, Mitchell (Diamond Bar) 17-7.

Shot Put — 3A: Kaalawahia (Fullerton) 53-7¼ (National Record), Alexander (Arlington) 43-4, Saylor (Quartz Hill) 41-9¼, Williams (SA Vily) 40-8¼, Van Boxel (Anaheim) 38-3, Day (Beverly Hills) 37-6¼. **2A:** Gloudock (Montclair) 38.5¼, Garcia (San Luis Ob.) 37-6.

Discus (Divisions combined) — Kaalawahia (Fullerton) 164-8, Lutjens (Righetti) 154-1, Barnes (Burroughs) 151-6, Williams (SA Vily) 137-9, Saylor (Quartz Hill) 137-4, Thobe (Edison) 124-8, Paquette (Rancho Alamitos) 124-6, Hernandez (Montebello) 121-3.

Los Angeles City Sectional Championships

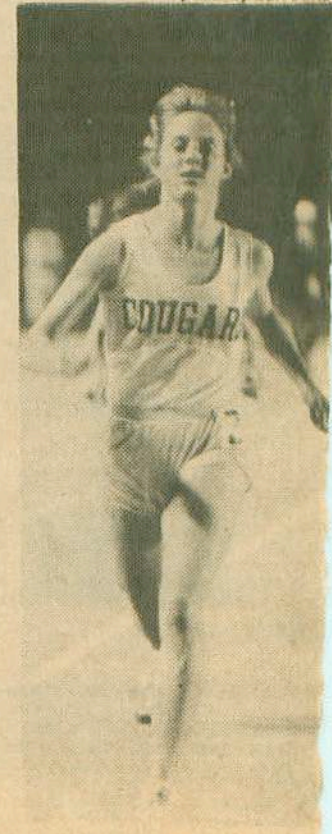
By Doug Speck

May 20. "Tom Bradley Stadium" at Birmingham High School (Van Nuys).

On Friday evening, May 20th, the 49 school Los Angeles Section came together for its forty-ninth annual Championship Meet. With a number of the state's top athletes involved there were a number of fine marks and solid competition. After years on the dirt track of East LA College, the Section moved to the very good looking track donated by the ARCO Oil Company as part of its Olympic Games preparation project—the all-weather surface here made for many super times.

Highlighting the Meet was the continued return to form of Hamilton's Antonio Manning in the Men's Sprints. Having suffered an ankle injury in mid-April's Arcadia Invitational, Antonio has been under the care of the "magical-fingers" man, Dr. Leroy Perry. Treatments on the ankle have been augmented with little running, but swimming to keep up

photo by Burt Davis



Paula Bresnan

conditioning. It must be working, because Manning put together three fine efforts here. Antonio lifted his 400 relay team to a new City Record with a 41.34 clocking, got rolling after about 60 meters in the 100 in a 10.63 MR win there, and finished the day off with a strong final 100 in a 20.95w (6.5 mph) 200 triumph. Manning led his team to victory with 30 points.

Over in the Ladies division it was the middle distance running of Westchester's Trescia Palmer, Kennedy (Granada Hills) star Paula Bresnan, and all-over-the-place running of Choo-Choo Knighten (Locke). Trescia, in the 800 totally soloed 29.2-61.2-1:34.4 splits on the way to a 2:06.57 MR and state-leading clocking. The duel between Miss Palmer and a strong Kerri Zaleski (Millikan, Long Beach-Southern Section) should be interesting. Paula Bresnan, an Illinois transfer a couple of years back, led her Kennedy squad to the team title with two victories. After a solo 4:50.0 1600 in the previous week's qualifying, Paula seemed content with a 5:00.62 win here. A 3200 win for Paula was surprising, as she easily handled Katie Dunsmlir (Palisades) 10:47.24-10:50.10. Dunsmlir had raced 10:27.6 in qualifying, but had suffered a rotated meniscus of the right knee since that time, and was definitely at less than 100 percent when Bresnan eased by with 300 meters to go in the race. Sophomore Chewaukii (Indian name) Knighten of Locke is something else. She was 2nd in the 100M to Robin Simmons (Crenshaw) 11.86-11.96, took the 100MLH in a quick 14.04, raced to a 54.14 400M win, and brought her 1600M Relay squad from last to 2nd with a 52.4 relay leg.

Robin Simmons (Crenshaw) had a hand in two other wins, as her 24.21 took improved Monica Phillips (Kennedy, GH) 24.37 over 200M, and Robin's super anchor leg helped her team past Dorsey's super stork walk and Phillip's strong last leg in a 46.73 (C), 47.00 (K), and 47.01 (D) exciting 400M Relay. Crenshaw also took the 1600 Relay at 3:51.19, with the other top female efforts being Kim Hall's 5'6" high jump for Kennedy, Rose Faamal (Kennedy) 41'1/2" shot put win, and Melissa King (Fremont soph) who went 43.75 over 300M LH.

Daymon Lee (South Gate) led the rest of the Men's events with a well-paced 47.88 400M win. Manual Arts middle distance runners Ed Daily (1:53.19 800M win) and Darryle Peoples (4:17.91 1600M win) both showed excellent pacing and tactics in their victories. Belmont soph Roman Gomez was 2nd over 1600M (4:20.21) and returned to win the 3200M at 9:28.71. Darnell Christman (Locke) powered a city-record 36.74 300M LH, Anthony Reynolds (Fremont) took the Highs at 14.56, and Banning (Wilmington) took the 1600 Relay at 3:15.67.

Top four advance to SoCal Regional Prelims. Results:

BOYS

- 100m: 1. Antonio Manning (Hamilton) 10.63, (meet record), 2. Gaston Green (Gardena) 10.88, 3. Joe Payne (Westchester) 10.89, 4. Ronald Frost (Crenshaw) 10.96.
 200m: 1. Manning (Hamilton) 20.95, (meet record), 2. Green (Gardena) 21.47, 3. Geoffrey Price (Banning) 21.54, 4. Jeff Chappel (Fremont) 21.88.
 400m: 1. Daymon Lee (South Gate) 47.88, 2. Ben Green (Kennedy) 48.31, 3. Gerald Bolee (Dorsey) 48.31, 4. Brandon Smith (Banning) 48.50.
 800m: 1. Ed Daily (Manual Arts) 1:53.19, 2. Tyrone Brooks (Palisades) 1:54.52, 3. Pascual Garride (Bell) 1:54.69, 4. David Williams (Manual Arts) 1:54.89.
 1600m: 1. Darryle Peoples (South Gate) 4:17.91, 2. Roman Gomez (Belmont) 4:20.21, 3. Paul Mora (Garfield) 4:20.40, 4. Jim Tyner (University) 4:21.64.
 3200m: 1. Gomez (Belmont) 9:28.71, 2. Waian (Eagle Rock) 9:29.18, 3. Aparicio (Rosevelt) 9:31.08, 4. Ingram (Granada Hills) 9:33.2.
 110 HH: 1. Anthony Reynolds (Fremont) Edwin Phillips (Dorsey) 14.5, 3. Kirk Williams (Polytechnic) 15.1, 4. Mario Quintero (Eagle Rock) 15.28.
 300 LH: 1. Darnell Christman (Locke)

36.74 (meet record), 2. John Anon (San Fernando) 37.32, 3. Kevin Dangerfield (Belmont) 37.82, 4. Gary Hein (Taft) 38.11.

400 Relay: 1. Hamilton (Ernie Brown, Myron Lilley, Brian Hawkins, Antonio Manning) 41.34 (meet record), 2. Crenshaw 41.87, 3. Carson 42.03, 4. Polytechnic 42.04.

1600 Relay: 1. Banning (Brandon Smith, Geoffrey Price, Carl Cooper, Billy Nelson) 3:15.67, 2. Polytechnic 3:16.43, 3. Locke 3:16.81, 4. Fremont 3:19.19.

Long Jump: 1. Anthony Bailous (Canoga Park) 23'1/2, 2. Jamie Williams (Carson) 22'4'1/2, 3. Michael Pringle (Kennedy) 22'4'1/2, 4. Richards (San Fernando) 22'1/4.

Triple Jump: 1. Eric Moses (Grant) 46-11'1/2, 2. Bailous (Canoga Park) 46-4'1/2, 3. Eddie West 45-11'1/2, 4. Otis Hopkins (Marshall) 45-8.

High Jump: 1. Franco Amar (Eagle Rock) 6-6, 2. Victor Whitaker (University) 6-6, 3. Eric Moses (Grant) 6-5, 4. Jeff Johnson (Taft) 6-5.

Pole Vault: 1. David Samborn (South Gate) 13-9, 2. Richard Campos (Birmingham) 13-6, 3. David Silbererg (El Camino) 13-0, 4. Kevin Hughie (Gardena) 12-6.

Shot Put: 1. Mike Fine (Granada Hills) 54-2'1/2, 2. Mordcael Assio (University) 53-4'1/2, 3. Darrell McIntyre (Kennedy) 53-2, 4. Alain Greer (Polytechnic) 51-4'1/2.

GIRLS

100m: 1. Robin Simmons (Crenshaw) 11.86, 2. Chewaukii Knighten (Locke) 11.98, 3. Monica Phillips (Kennedy) 12.19, 4. Diane Pullens (Dorsey) 12.23.

200m: 1. Simmons (Crenshaw) 24.21, 2. Phillips (Kennedy) 24.37, 3. Pullins (Dorsey) 24.45, 4. Laura Culliver (Locke) 24.72.

400m: 1. Knighten (Locke) 54.14, 2. Trescia Palmer (Westchester) 55.21, 3. Andrea Dolfe (Dorsey) 56.03, 4. Myra Mayberry (Reseda) 56.91.

800m: 1. Trescia Palmer (Westchester) 2:06.57 (meet record), 2. Sharon Smith (Crenshaw) 2:16.20, 3. Debbie Hite (Palisades) 2:16.39, 4. Carmelita Dulin (Manual Arts) 2:16.61.

1600m: 1. Paula Bresnan (Kennedy) 5:00.62 (meet record), 2. Janine Walther (Chatsworth) 5:04.65, 3. Jennifer Liu (Monroe) 5:04.86, 4. Michelle Garb (Hamilton) 5:08.78.

3200m: 1. Bresnan (Kennedy) 10:47.24, 2. Katie Dunsmlir (Palisades) 10:50.10, 3. Walther (Chatsworth) 11:03.89, 4. Liu (Monroe) 11:05.28.

100 LH: 1. Knighten (Locke) 14.04, 2. Melissa King (Fremont) 14.52, 3. Nancy Young (Banning) 14.54, 4. Michelle Kendrick (Fremont) 14.85.

300 LH: 1. Melissa King (Fremont) 43.75, 2. Majorie Johnson (Monroe) 44.82, 3. Kendrick (Fremont) 45.61, 4. Demetria McGray (Locke) 46.21.

400 Relay: 1. Crenshaw 46.73, 2. Kennedy 47.00, 3. Dorsey 47.01, 4. Fremont 48.04.

1600 Relay: 1. Crenshaw 3:51.19, 2. Locke 3:52.1, 3. Dorsey 3:53.51, 4. Kennedy 3:54.93.

Long Jump: 1. Joyce Austin (Hollywood) 17-2, 2. Jones (Kennedy) 17-2, 3. Renita Robinson (Manual Arts) 17-0'1/2, 4. Angelina Green (Gardena) 16-9'1/2.

High Jump: 1. Hall (Kennedy) 5-6, 2. Holguin (Huntington Park) 5-3, 3. Blackwell (Gardena) 5-2, 4. Robinson (Palisades) 5-1.

Shot Put: 1. Faamal (Kennedy) 41'1/2, 2. Barnes (Narbonne) 36-3, 3. Pasquarella (Birmingham) 35-4, 4. Eskridge (Monroe) 35-3'1/2.

Triple Jump: Not held.
 Discus: Not held.

Central Section

May 20. Lemoore. Valley Championships.

Boys Divisions

- 440 Relay: 1. Edison (Cowings, Woods, L. Walker, Wheeler) 41.20 (meet record, old record 41.61, Edison 1968), 2. McLane 41.46, 3. Delano 42.59, 4. Hanford 43.05, 5. Foothill 43.11, 6. Washington 43.35.

800: 1. Nunez (GW) 1:55.18, 2. Burton (McL) 1:55.56, 3. Perez (Sanger) 1:55.92, 4. Langer (BHS) 1:56.10, 5. Morales (Sanger).
 100: 1. C. Scruggs (McL) 10.78 (meet record; old record 10.8, Tyrone Henderson, EB, 1980), 2. Wheeler (Ed.) 10.93, 3. Cowings (Ed.) 10.93, 4. McKinney (Del) 11.08, 5. Bass (Wash) 11.10.
 110HH: 1. Simmons (Lem) 14.77, 2. Charles (Foot) 14.79, 3. Mal (BHS) 15.01, 4. Lee (Lem) 15.05, 5. Fredrickson (Clovis) 15.08.

3200: 1. Hill (Mon) 9:17.87, 2. Bahr (MW) 9:24.64, 3. Naranjo (Sang) 9:25.80, 4. Leal (Sang) 9:34.16, 5. Pimental (Del) 9:48.25.
 400: 1. Walker (Ed) 47.75 (meet record; old record 48.36, Tommy Barber, BHS, 1981), 2. McKinney (Del) 48.57, 3. Carr (Wash) 49.84, 4. Trevino (Del) 50.19, 5. Ellis (CW) 50.29.

200: 1. C. Scruggs (McL) 21.79 (meet record; old record 21.8, Mel Watkins, BHS, 1980), 2. McCree (Mad) 22.09, 3. Josephson (Port) 22.11, 4. T. Scruggs (McL) 22.13, 5. Edward (Tul) 22.50.
 300 LH: 1. Jenkins (Corc) 37.7, 2. Fredrickson (Clo) 37.8, 3. Recendez (Tul) 38.4, 4. Langer (BHS) 38.4, 5. Lantsberger (Sang) 38.6.

1600: 1. Nagel (MW) 4:22.18, 2. Smalley (Red) 4:23.58, 3. Tapia (Port) 4:24.30, 4. Ramos (McFar) 4:25.79, 5. Porter (Clo) 4:26.06.
 Mile Relay: 1. Edison (Cowings, Ireland, F. Walker, L. Walker) 3:20.17, 2. Bakersfield 3:21.26, 3. Hanford 3:21.76, 4. Tulare 3:23.40, 5. Delano 3:24.38.

HJ: 1. Mitchell (Tul) 6-9, 2. Taylor (We) 6-8, 3. Hill (BHS) 6-6, 4. Berberia, Hanf 6-4, 5. tie, Vaughn (Mad), Smith (CW), Kalakoff (Sang), Olson (SJM) 6-2.
 Discus: 1. Richardson (Shaf) 181-2, 2. Estes (CW) 175-5, 3. Allen (So) 185-8, 4. Swanning (Kings) 159-5, 5. Canetta (BHS) 158-10.

LJ: 1. Barr (McL) 23-6'1/2, 2. Harrison (MW) 23-5, 3. Sanders (BHS) 22-5, 4. McCullum (EB) 22-2, 5. Vaughn (Mad) 21-7'1/2.
 SP: 1. Bender (Shaf) 58-5, 2. Moore (BHS) 54-4, 3. Richardson (Shaf) 52-10, 4. Keck (Hanf) 51-0, 5. Reynolds (Clo) 50-4'1/2.
 TJ: 1. Barr (McL) 49-2'1/2, 2. Carr (Wash) 48-0, 3. Strong (BHS) 47-6'1/2, 4. Beavers (Del) 46-6'1/2, 5. Crawford (Tul) 46-4.

PV: 1. Fraley (CW) 15-0, 2. Decker (Clo) 15-0, 3. Shepard 15-0, 4. Rose (Lem) 14-0, 5. Wicks (BHS) 13-0.

300 LH: 1. Phillips (Ed) 45.2 (meet record; old record 45.3, Karen VanWagener (CW) 1981), 2. Lewis (Clo) 5:12.85, 3. Shaw (CW) 5:13.38, 4. Chavez (We) 5:14.77, 5. Orme (SJM) 5:28.05.
 Mile Relay: 1. Madera (Clark, McAlister, Saravia, Steens) 3:57.83, 2. Bakersfield 4:00.09, 3. Washington 4:08.20, 4. Edison 4:07.21, 5. North 4:10.02.

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 400: 1. Mitchell (BHS) 57.56, 2. Dawkins (McL) 58.18, 3. Jones (Clo) 58.95, 4. Anthony (So) 59.07, 5. Adams (Tul) 59.75.
 HJ: 1. Mendonca (MW) 5-6, 2. Brewer (Mad) 5-4, 3. Key (We) 5-4, 4. Rempel (Reed) 5-2, 5. Rhinesmith (We) 5-2.
 SP: 1. Lawsonson (CW) 39-7'1/2, 2. Merancio (Parl) 39-2, 3. Jones (Tul) 38-9, 4. Brewer (CW) 37-1, 5. Classen (Clo) 36-10.
 Discus: 1. Classen (Clo) 121-9, 2. Wilson (Wash) 118-11, 3. Hobbs (So) 114-9, 4. Williams (Arv) 113-7, 5. Lawsonson (CW) 112-6.
 200: 1. Steens (Mad) 25.24, 2. Watson (McL) 25.32, 3. Kirkland (BHS) 25.45, 4. Stevenson (Ed) 25.48, 5. Phillips (EB) 25.81.
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Lee (Lem) 15.05, 5. Fredrickson (Clovis) 15.08.
 3200: 1. Hill (Mon) 9:17.87, 2. Bahr (MW) 9:24.64, 3. Naranjo (Sang) 9:25.80, 4. Leal (Sang) 9:34.16, 5. Pimental (Del) 9:48.25.
 400: 1. Walker (Ed) 47.75 (meet record; old record 48.36, Tommy Barber, BHS, 1981), 2. McKinney (Del) 48.57, 3. Carr (Wash) 49.84, 4. Trevino (Del) 50.19, 5. Ellis (CW) 50.29.

200: 1. C. Scruggs (McL) 21.79 (meet record; old record 21.8, Mel Watkins, BHS, 1980), 2. McCree (Mad) 22.09, 3. Josephson (Port) 22.11, 4. T. Scruggs (McL) 22.13, 5. Edward (Tul) 22.50.
 300 LH: 1. Jenkins (Corc) 37.7, 2. Fredrickson (Clo) 37.8, 3. Recendez (Tul) 38.4, 4. Langer (BHS) 38.4, 5. Lantsberger (Sang) 38.6.

1600: 1. Nagel (MW) 4:22.18, 2. Smalley (Red) 4:23.58, 3. Tapia (Port) 4:24.30, 4. Ramos (McFar) 4:25.79, 5. Porter (Clo) 4:26.06.
 Mile Relay: 1. Edison (Cowings, Ireland, F. Walker, L. Walker) 3:20.17, 2. Bakersfield 3:21.26, 3. Hanford 3:21.76, 4. Tulare 3:23.40, 5. Delano 3:24.38.

HJ: 1. Mitchell (Tul) 6-9, 2. Taylor (We) 6-8, 3. Hill (BHS) 6-6, 4. Berberia, Hanf 6-4, 5. tie, Vaughn (Mad), Smith (CW), Kalakoff (Sang), Olson (SJM) 6-2.
 Discus: 1. Richardson (Shaf) 181-2, 2. Estes (CW) 175-5, 3. Allen (So) 185-8, 4. Swanning (Kings) 159-5, 5. Canetta (BHS) 158-10.

LJ: 1. Barr (McL) 23-6'1/2, 2. Harrison (MW) 23-5, 3. Sanders (BHS) 22-5, 4. McCullum (EB) 22-2, 5. Vaughn (Mad) 21-7'1/2.
 SP: 1. Bender (Shaf) 58-5, 2. Moore (BHS) 54-4, 3. Richardson (Shaf) 52-10, 4. Keck (Hanf) 51-0, 5. Reynolds (Clo) 50-4'1/2.
 TJ: 1. Barr (McL) 49-2'1/2, 2. Carr (Wash) 48-0, 3. Strong (BHS) 47-6'1/2, 4. Beavers (Del) 46-6'1/2, 5. Crawford (Tul) 46-4.

PV: 1. Fraley (CW) 15-0, 2. Decker (Clo) 15-0, 3. Shepard 15-0, 4. Rose (Lem) 14-0, 5. Wicks (BHS) 13-0.

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HIGH SCHOOL TRACK By Rich Ede

PENN RELAYS

State College, Pa--April 28/29: How'd you like to run 3:49.7 in a 1600R heat and not figure in the final? Happened to Hempstead at the Penn Relays when Gay Bullock came up lame in the 400R final in between (Hempstead still ran 47.41 in third). The quality of the final didn't suffer a lot though, since that 3:49 was only the FOURTH qualifier. Central (Seat Pleasant, Md) served notice with 3:43.2 in qualifying and then ran 3:42.1 in a magnificent final. Bernards, NJ, led 8 finishers under 9:20 in the 3200 relay, running 9:03.4 with Meg Waldron anchoring in 2:08.3. Sophomore Tonya Smolin (Randolph, NJ) took the high jump at 5'10", placed fifth in the LJ, and anchored her 400R team (48.4ht). The distance races were runaways over fine fields as Michelle Rowen (Washington Township, NJ-- 4:25.1) and Kim Ryan (New Palz, NY-- 9:44.0) won by margins of 7 and 19 seconds respectively. The presence of Jamaican "prep" teams in the sprint relays added an international flavor to the sprints.



MICHELLE ROWEN, Washington Townships HS (NJ) wins 1500 at Penn Relays in 4:25.1. (Victor Sailer photo)



High jump winner at Penn Relays was sophomore TONYA SMOLIN at 5'10. (Victor Sailer photo)

Results: 1500--Michelle Rowen (Washington Township, NJ) 4:25.1, 2. Madden (St. Claire, Mass) 4:32.8, 3. Harvey (Jefferson, Va) 4:34.3, 4. Veronica Haberl (Longwood, NY) 4:38.3, 5. Verinder (? , Va) 4:41.3, 6. Harbaugh (Pendergast/ Upper Darby, Pa) 4:41.4; 3000--Kim Ryan (New Palz, NY) 9:44.0, 2. Andrea Volpe (Lake Braddock, Va) 10:03.5, 3. Smith (Stevens, NJ) 10:13.3, 4. Kelly (Tottenville, NY) 10:25.6, 5. Thayer Plante (R&L/ Cambridge, Mass) 10:26.3, 6. Watson (East/ Cherry Hill, NJ) 10:27.9; 400R--Vere Tech (Jamaica) 46.13, 2. Central (Trenton, NJ) 47.27; 1600R--Central (Seat Pleasant, Md) 4:42.1, 2. Vere Tech 3:44.1, 3. Simon Gratz (Philadelphia) 3:46.6, 4. Columbia (Maplewood, NJ) 3:50.1 (3:48.9ht), 5. Concord, Del 3:53.8, 6. Padua, Del 3:53.9, 7. Wm. Penn (Philadelphia) 3:54.5 (Mt. Vernon, NY, finished 5th in 3:52.9 but disqualified for passing out of zone), heats--Hempstead, LI, NY 3:49.7, Maria Regina



KIM RYAN, New Palz HS (NY) won Penn Relays 3000 in 9:44.0. (Victor Sailer photo)

3:54.5, State College, Pa 3:54.8, Plainfield, NJ 3:55.9, King (Philadelphia) 3:57.3, Truman, Bronx, NY 3:55.6, Ramapao, NY 3:56.1, Mt. Vernon, NY 3:55.7; 3200R--Bernards, NJ 9:03.4, 2. Columbia 9:07.1, 3. Clarendon, Jamaica 9:09.4, 4. Ridgewood, NJ 9:10.3, 5. Bay Shore, LI, NY 9:11.6, 6. State College, Pa 9:14.8, 7. St. Croix, Virgin Islands 9:19.6, 8. Brooklyn Tech, NY 9:20.0; HJ--Tonya Smolin (Randolph, NJ soph) 5'10", 2. McGill (North/ Sachem, NY) 5'8"; LJ--Fox (McLean, Va) 19'11-3/4", 2. McDoer (Ramapao, NY) 19'2", 3. Connor (Rahway, NJ) 18'9-1/4", 4. Johnson (Asbury Park, NJ) 18'9-1/4", 5. Smolin 18'5"; SP--Lovellace (TC Williams, Va) 45'0-1/2", 2. Klein (Bellport, LI, NY) 44'5", 3. Sweet (Horseheads, NY) 43'5-3/4", 4. Weinthal (Westwood, NJ) 42'2", 5. Ross (Portsmouth, NH) 40'11", 6. Sorell (Williams) 40'3-1/2".

LOS ANGELES CITY

Birmingham HS, Los Angeles--May 20: Chewaukii ("Pretty Black Girl") "Choo-Choo" Knighten (Locke, soph, 15 years old). Remember it. Running on Birmingham High's new Olympic Training Track, she won the 100 hurdles (14.04 into a 4mps wind), the 400 (54.14), ran second in the 100 (11.98) and blasted a 52.4 anchor leg to take Locke (8th after the first exchange) to second in 3:52.10. All that wasn't the standout performance as Los Angeles' traditionally sprint-oriented championships showed their usual depth. Trescia Palmer (Westchester) broke her own 800 record (2:06.57) and was runner-up in the 400 (55.21). Robin Simmons (Crenshaw) took the sprint double (11.86/ 24.21w), and Paula Bresnan (Kennedy/ Granada Hills) won the 1600/ 3200 double (5:00.62/ 10:47.24).

Results: 100--Simmons 11.86, 2. Knighten 11.98, 3. Phillips (Kennedy) 12.19, 4. Diane Pullins (Dorsey) 12.23; 200--Simmons 24.21w, 2. Phillips 24.37w, 3. Pullins 24.45w, 4. Culliver (Locke) 24.52w, 5. Fletcher (Crenshaw) 24.89w, 6. Karen Purnell (Westchester) 25.07w; 400--Kinghten 54.14, 2. Palmer 55.21, 3. Andrea Rolfe (Dorsey) 56.03, 4. Mayberry (Reseda) 56.91, 5. Smith (Crenshaw) 56.92; 800--Palmer 2:06.57; 1600--Bresnan 5:00.62; 3200--Bresnan 10:47.24, 2. Katie Dunsmuir (Palisades) 10:50.10; 100H--Knighten 14.04, 2. King (Fremont) 14.52, 3. Nancy Young (Banning/ Wilmington) 15.54, 4. Kendricks (Fremont) 15.85, 5. Marjorie Johnson (Monroe) 14.94; 300H-- King 43.75, 2. Johnson 44.82, 3. Kendricks 45.61; 400R--Crenshaw 46.73, 2. Kennedy 47.00, 3. Dorsey 47.01; 1600R--Crenshaw 3:51.19, 2. Locke 3:52.10, 3. Dorsey 3:54.51, 4. Kennedy 3:54.93, 5. Manual Arts 3:58.50; HJ--Hall (Kennedy) 5'6"; LJ--Austin (Hollywood) 17'2"; SP--Faamai (Kennedy) 41'0-1/2"; Team--Kennedy 79, 2. Crenshaw 58.