

Top prep track marks

TOP PREP TRACK MARKS

(The following are the top prep track marks reported thus far in the Central Coast Section this year compiled by Dan Bertelotti.)

440 RELAY — Independence 43.8c; Menlo-Atherton 44.8; Mitty, SSF, Riordan, 45.1.
120 HH — Montgomery (Independence) 14.8; Carter (Leigh), Cole (Los Gatos) 14.9; Cox (Westmoor) 15.1; Gerome (N. Monterey) 15.5.
800 — Fitzgerald (St. Ignatius) 1:56.8; Loftus (St. Ignatius) 1:58.8; Jones (Leigh) 2:01.6; Blanzo (Del Mar) 2:01.7c; Moura (M-A) 2:02.3.
100M — Gaines (Independence) 10.7; Miller (Riordan) 10.9; Albert (Fremont), Myles (N. Monterey), Sakamoto (Mitty), Latu (Aragon), Hudson (M-A) 11.2.
440 — Myles (N. Monterey), Sledge (Mitty) 50.4c; Windling (Los Gatos) 50.7; Suffer (Saratoga) 51.2; Fitzgerald (St. Ignatius) 51.5.
2 Mile — Armstrong (Carlmont) 9:38.7; Brannen (N. Monterey) 9:51.0; Heskett (Westmont) 10:04.2; LaFoce (Los Gatos) 10:05.6; Only marks under 10:06.0.
330 IH — Cox (Westmoor) 41.3; Mahan (Independence) 41.5c; Carter (Leigh) 41.7; Kolotouros (Lynbrook) 42.3; Only marks 42.5 and under.
220 — Gaines (Independence) 21.7c; Myles (N. Monterey) 22.7c; Miller (Riordan) 23.0c;

Lindsey (V. Christian), Wilson (Jefferson), Hudson (M-A) 23.1.
MILE — LaForce (Los Gatos) 4:28.3; Heskett (Westmont) 4:35.1; Loftus (St. Ignatius) 4:39.0; Scalfini (Palma) 4:41.0; Only marks 4:43.0 and under.
MILE RELAY — Menlo-Atherton 3:25.7; Independence 3:28.3c; Only marks 3:37.0 and under.
LJ — Coverson (Riordan) 22-0; Chung (Gunn) 20-11; White (Carlmont) 20-6½; Kern (St. Francis), Atkins (Mitty) 20-3.
TJ — Callanta (Fremont) 43-9; Quahico (St. Ignatius) 42-11; Brahy (San Mateo) 41-11; Wooster (Serra) 41-8½; Cox (Westmoor) 41-8.
HJ — Novitzky (Mills) 6-11¾; Allen (Riordan) 6-8¼; Proctor (Willow Glen) 6-4; O'Reilly (St. Ignatius), Patterson (Gunn), Moura and Rudolph (M-A) 6-0.
PV — Toney (M-A) 15-6; Arnet (Los Altos), Jackson (Del Mar) 14-0; Hernandez (Mills) 13-0; Carolan (St. Ignatius) 12-6.
SHOT — Anderson (M-A) 59-10; Bunnell (Gunn) 57-0; Comfort (St. Francis) 53-110; Lambert (Saratoga) 50-6½; Only marks 49-6 and over.
DISCUS — Anderson (M-A) 171-0½; Boone (Sequoia) 162-8; Rawles (Palma) 151-8½; Lang (St. Ignatius) 148-2; Comfort (St. Francis) 148-11½.

Top girls' track marks

TOP GIRLS' TRACK MARKS

(The following are the top prep girls' track marks reported thus far in the Central Coast Section this year as compiled by Dan Bertelotti.)

440 RELAY — St. Francis 50.5; Los Gatos 51.0; Aragon 51.3c; Westmoor 51.7c; Mills 52.6.
100M LH — Kuehnis (Los Gatos) 15.0; Only marks 16.7 and under.
800 — Clark (Min. View) 2:21.0; Chapman (Gunderson) 2:21.2; K. Sonner (San Mateo) 2:26.7c; Daley (Los Gatos) 2:27.3; Han (Westmoor) 2:29.0.
100M — Caine (Westmoor) 13.0; Kennedy (Jefferson) 13.2c; Jackson (St. Francis) 13.3; Kr. Windell (Aragon) 13.4c; Pearson (San Mateo) 13.4.
440 — R. Mack (St. Francis) 59.6; Guckenheimer (Westmont) 62.1; Parrish (Aragon) 62.3; Hodge (Jefferson) 62.7; Rexford (Los Gatos) 62.8.
2 Mile — Han (Westmoor) 11:37.1c; Adams (Gunderson) 11:53.8; Dailey (Los Gatos) 12:10.0; Manolakis (Aragon) 12:19.1; Kelly (Mitty) 12:26.0.
330 LH — Kuehnis (Los Gatos) 46.9; Su (Fremont) 50.9; Darbonne (Sequoia) 52.8; Only marks 53.0 and under.
220 — Carnero (N. Monterey) 27.0c; Whalley (M-A), C. Windell (Aragon) 27.6; Bickerstaff (Westmoor) 27.6c; Guckenheimer (Westmont), Coleman (Carlmont) 27.8.
MILE — Mahaffey (Carlmont) 5:47.7; Only mark 5:50 and under.
MILE RELAY — Gunn 4:22.7; Gunderson 4:29.0; San Mateo 4:30.8; Hillsdale 4:34.7; Only marks 4:35.0 and under.
LJ — Patteri (Gunn) 17-5; Patterson (Los

Gatos) 17-0½; Rondez (N. Monterey) 16-2; Fairfield (Fremont) 15-4; Only marks 15-0 and over.
TJ — Beach (Gunn) 34-4; Lum (Aragon) 33-9; Darbonne (Sequoia) 33-7; Fairfield (Fremont) 33-4; Rondez (N. Monterey) 33-2.
HJ — Kennedy (Jefferson), Norbutas (Mitty) 5-0; Only marks 4-10 and over.
SHOT — Ruiz (Los Gatos) 38-5; Sexton (Mills) 38-3½; Afatasi (Sequoia) 34-3½; Jenkins (SSF) 34-0½; Bruno (N. Monterey) 33-2.
DISCUS — Sexton (Mills) 117-4; Bermudes (Fremont) 108-2; Crisler (Gunn) 103-10; Bruno (N. Monterey) 100-10; Only marks 100-0 and over.

3/19

3/20

Serra wins in track

Disqualification in relay helps to beat St. Francis

Serra High School capitalized on a disqualification of a St. Francis relay team to earn a 70-66 victory in a West Catholic Athletic League track meet Wednesday at Serra.

In the mile relay, a St. Francis runner left his lane too quickly after a handoff and bumped a Serra runner off the track. The Serra runner returned, but St. Francis was disqualified at that juncture.

Serra had three double-winners. Jon Restani won the 220- and 440-yard dashes; Rob Rush won the mile and two-mile; and Ken Wooster took the high jump and triple jump.

Serra freshman Dustin Donate placed second to teammate Parker Kelly in the 880 in 2:05.

Serra and St. Francis both have 1-1 WCAL records.

In another WCAL meet, double victories by Mark Callon, Rick Caccia and Jeff Sundquist paced Bellarmine (1-0) to a 113-23 victory over visiting Mitty.

Callon won the mile and two-mile;

Prep roundup

Sundquist took the 100 and 200; and Caccia won the 120 high hurdles and the 330 intermediate hurdles.

Bellarmine, 1-0 in the WCAL, also swept four events and won both relays. Mitty's Brant Atkins won the long jump and the triple jump.

Track

WEST CATHOLIC LEAGUE

Bellarmine 113, Mitty 23
 All running events in meters
400 relay — Bellarmine 44.3, Mitty; 100 — Sundquist (B) 11.3, Druel (B), Sakamoto (M); 200 — Sundquist (B) 23.0, Druel (B), Sakamoto (B); 400 — Sledge (M) 52.9, Robinson (B), Saglimbetti (B); 800 — Hernandez (B) 2:04.0, Murphy (B), Easter (M); Mile — Callon (B) 4:55.3, McKeann (B), Sox (B); 2 mile — Callon (B) 10:32, Reinhard (B), Fisher (B); 110 HH — Caccia (B) 15.2, Villegas (B), Lode (B); 300 IH — Caccia (B) 41.2, Londoan (B), Villegas (B); mile relay — Bellarmine 3:40, Mitty; SP — Robinson (B) 48-2½, Howard (B), Sherman (M); DT — McMahon (B) 149-2, White (B), Castanon (M); HJ — Esteveverena (B) 5-10, Byrne (M), Africa (B); LJ — Atkins (M) 20-1, Africa (B), Matlack (B); TJ — Atkins (M) 40-2½, Matlack (B), Granheart (B); PV — Caputo (B) 12-6, Dillon (B)

Serra 70, St. Francis 66

440 R — St. Francis 45.2, Serra; 100 — Quinn (SF) 10.4, Javier (SF), Reyes (S); 220 — Restani (S) 24.5, Kern (SF), Hanson (SF); 440 — Restani (S) 52.0, O'Connor (S), Delaney (SF); 800 — Kelly (S) 2:03.8, Donate (S), Conneely (S); mile — Rush (S) 4:41.8, Kelly (SF), Lewis (S); 2 mile — Rush (S) 10:03, Lewis, Rapp; 120 HH — Modeste (SF) 16.1, Sandorff (S), Peardon (SF); 330 IH — Peardon (SF) 43-0, Delaney (SF), Sandorff (S); mile R — Serra (O'Connor, Sandorff, Barrett, Restani) 3:40.0, no second.
 SP — Comfort (SF) 53-9½, Selna (SF), Czitanovich (S); DT — Czitanovich (S) 146-9, Cornfort (S), Sorenson (SF); HJ — Wooster (S) 5-6, Sanchez (S), (tie) O'Brien (SF), Nebozuk (SF), Deppmeter (SF); LJ — Quinn (SF) 20-1, Sanchez (S), Wooster (S); TJ — Wooster (S) 41-6, Tarr (SF), Rames (SF); PV — Martin (SF) 11-6, Siemenburg (SF), Malaspina (S).
 JV — St. Francis 89, Serra 47

8/15

