

lease... News Release... News

FOR IMMEDIATE RELEASE
January 15, 1987

For further information
Contact: Larry Eder or
Ben Dunlap Jr.
215-967-5171

KRISTIANSEN AND BARRIOS NAMED "RUNNERS OF THE YEAR" BY RUNNER'S WORLD

Emmaus, PA—**Runner's World** magazine has named its "Runners of the Year" for 1986: Ingrid Kristiansen of Oslo, Norway, and Arturo Barrios of Mexico City share honors for the year's best running efforts. Winners were selected by **Runner's World** editors and are profiled in the magazine's February issue.

Ingrid Kristiansen

There was little doubt that Ingrid Kristiansen would be named woman "Runner of the Year." Within one year, she squeezed in so many achievements and monumental efforts that one could argue it was the greatest running season any woman ever had.

Never threatened, seldom approached, Kristiansen was unbeaten in 1986, going 28-0. Along the way, she set two world track records, won two major marathons and a European track championship. During the year she reclaimed her 5,000-meter world record from Zola Budd and for the second time in her career became the only runner in history to hold the 5,000, 10,000 and marathon world records simultaneously.

Arturo Barrios

Her male counterpart, Arturo Barrios, went from anonymous to unbeatable in just one year. Barrios had few running credentials outside the Southwest Conference when he began this year's blitz.

But not since Bill Rodgers in his glory days (when he racked up a 33-race winning streak in the late '70s) has anyone so thoroughly dominated the road-racing circuit as Arturo Barrios did in 1986. While he didn't quite go undefeated — there was the blemish of a fifth place at the Boston Marathon — he won everything else in sight.

Runner's World[®]

Emmaus, Pennsylvania 18049
(215) 967-5171
A Rodale Press Publication

*Note: More complete descriptions of the accomplishments of Barrios and Kristiansen can be found on pages 48 and 49 of the enclosed February issue of **Runner's World**. Their full race schedules and results for 1986 are attached.*

Runner's World[®]

A Rodale Press Publication

33 East Minor Street, Emmaus, PA 18049
215-967-5171

INGRID KRISTIANSEN 1986 RACE SCHEDULE

Race	Date	Location	Place	Mark
Orange Bowl 10-K	Feb 1	Miami	1	31:31
Gasparilla Distance Classic	Feb 8	Tampa	1	48:00
IAAF Road Relay 10-K split	Feb 23	Yokohoma		30:39
Boston Marathon	Apr 21	Boston	1	2:24:55
Norway 10-K	May 25	Bergen	1	30:47
L'Eggs Mini-Marathon 10-K	May 31	New York	1	31:45
Fana 3000-M	Jun 10	Fana	1	8:48.86
Swe-Swi-Nor 3000-M	Jun 21	Lucerne	1	8:47.03
Blankers-Koen Games 5000-M	Jun 27	Hengelo	1	14:58.70
Bislett Games 10,000-M	Jul 5	Oslo	1	<u>30:13.74*</u>
Nice Grand Prix 3000-M	Jul 15	Nice	1	8:35.88
Stockholm Games 5000-M	Aug 5	Stockholm	1	<u>14:37.33*</u>
Norwegian Champs 1500-M	Aug 10	Sandes	1	4:05.97
Weltklasse 3000-M	Aug 13	Zurich	1	8:34.10
European Champs 10,000-M	Aug 30	Stuttgart	1	30:23.25
Oslo Half-Marathon	Sep 13	Oslo	1	1:07:58
Denmark 10-K	Sep 21	Copenhagen	1	30:45
Norway Half-Marathon	Oct 5	Drammen	1	1:09:03
Tufts 10-K	Oct 11	Boston	1	31:40
America's Marathon	Oct 26	Chicago	1	2:27:08

*DENOTES WORLD RECORD

ARTURO BARRIOS
1986 RACE SCHEDULE

Race	Date	Location	Place	Mark
American Continental 10-K	Mar 1	Phoenix	1	<u>27:41</u> *
Jacksonville River Run 15-K	Mar 8	Jacksonville	1	43:18
Crescent City Classic 10-K	Apr 5	New Orleans	1	28:16
Boston Marathon	Apr 21	Boston	5	2:14:09
Bolder Boulder 10-K	May 26	Boulder	1	28:46
Steamboat Classic 4-Mile	Jun 14	Peoria	1	17:34
Cascade Run-Off 15-K	Jun 29	Portland	1	42:36
Pearl Assurance Games 2-Mile (track)	Jul 19	London	2	8:24.99
Paris 10,000-M (track)	Jul 22	Paris	1	27:50.28
La Coruna 5000-M (track)	Aug 6	La Coruna, Spain	3	13:25:83
London 3000-Meters (track)	Aug 8	London	4	7:48.22
Falmouth Road Race	Aug 17	Falmouth	1	32:17
Van Damme 10,000-M (track)	Sep 5	Brussels	3	28:09.74
Run For The Zoo 10-K	Oct 26	Denver	1	29:32

*DENOTES WORLD BEST, STANDARD COURSE

lease... News Release... News :

FOR IMMEDIATE RELEASE

January 15, 1987

For further information

Contact: Larry Eder or
Ben Dunlap Jr.
215-967-5171

WHO WERE THE 1986 TOP MONEY EARNERS IN RUNNING?

Rob de Castella and Ingrid Kristiansen Lead the Pack

There were few surprises among running's top money earners in 1986, said Amby Burfoot, Executive Editor of **Runner's World** magazine. Rob de Castella of Australia was top man with \$88,400 and Ingrid Kristiansen of Norway led the women with \$88,000.

"Kristiansen and de Castella were the top marathoners in the top prize-money races of the year," Burfoot explained. "And as such, it's only natural that they would walk away with the most money."

Interestingly, the top ten men won \$477,315 last year, while the top ten women earned \$476,850, just \$465 less than the men. This is partly explained by some of the top races, such as the Boston and Twin Cities marathons, offering equal prize money for men and women for the first time in 1986, Burfoot said.

In compiling these figures, Ken Young of Sports Rankings Systems counted only cash awards and did not include merchandise awards or any other non-cash method of compensation, appearance money, bonus money, team winnings or endorsement earnings.

Runner's World®

Emmaus, Pennsylvania 18049

(215) 967-5171

A Rodale Press Publication

1986 PRIZE MONEY EARNINGS
(through 22 December 1986)

MEN

\$88,400	Rob deCastella (AUS)
65,000	Toshihiko Seko (JPN)
50,000	Bill Donakowski (CA)
47,588	Arturo Barrios (MEX)
44,600	Ric Sayre (OR)
43,227	Ibrahim Hussein (NM/KEN)
37,500	Mike Musyoki (TX/KEN)
34,250	Don Janicki (AZ)
33,750	Paul Cummings (UT)
33,000	Jerry Kiernan (IRE)
	10
33,000	Orlando Pizzolato (ITA)
30,200	Mike O'Reilly (CO/GBR)
28,200	Antoni Niemczak (POL)
26,838	Peter Koech (NM/KEN)
26,500	Gianni Poli (ITA)
25,600	Thom Hunt (CA)
25,500	Agapius Masong (TAN)
25,000	Dean Matthews (FL)
25,000	Ahmed Saleh (DJI)
23,250	Art Boileau (OR/CAN)
	20
22,650	Gidamis Shahanga (TX/TAN)
22,100	Derrick May (NV/RSA)
22,000	Karel Lismont (BEL)
20,000	Hugh Jones (GBR)
20,000	Eloi Schleider (BRA)
20,000	Charles Spedding (GBR)

WOMEN

\$88,000	Ingrid Kristiansen (NOR)
70,700	Grete Waitz (NOR)
48,000	Laura Fogli (ITA)
47,450 M	Priscilla Welch (CO/GBR)
45,500	Lisa Martin (AZ/AUS)
39,150	Kellie Cathey (AZ)
35,650	Lorraine Moller (CO/NZL)
35,000	Carla Beurskens (HOL)
34,350	Deborah Raunig (MT)
33,050	Midde Hamrin (TX/SWE)
	10
32,695	Maureen Custy (CO)
32,300	Nancy Ditz (CA)
32,150	Kim Rosenquist (WA)
32,000	Christa Vahlensieck (FRG)
30,500	Gail Kingma (WA)
30,500	Elizabeth McElhinny (MA)
27,000	Connie Prince (IA)
25,226	Veronique Marot (GBR)
25,000	Rita Borralho (POR)
25,000	Maria Lelut (FRA)
	20
24,500	Anne Audain (ID/NZL)
22,500	Francie Larrieu-Smith (TX)
22,200	Jan Ettle (MN)
21,000	Sinikka Kesitalo (FIN)
20,000	Mary O'Connor (NZL)

M indicates masters runner

Source: Ken Young, Sports Rankings Systems