

Matt Weaver of Aptos won the 800 and the mile.

Santa Cruz and us were cutting into some of North County's points," said Watsonville Coach Jerry Loyola Watsonville finished third with 64 points, followed by Santa Cruz, 58½; Aptos, 55½; San Lorenzo Valley, 32; and Harbor, 18. Joining Borgstedt, Cornell and

Clarke in the winners' circle for Soquel was Randy Starbird, who won the long jump and finished second in the 300-meter intermediate hurdles.

the 300-meter intermediate hurdles.
Robert Myles had a big day for
North County, winning the 400 and
finishing second to Kurt Hodges in
the 200. "Myles is in his own
league," said Harbor assistant
Coach Gary McConnell "He's just
an incredible runner, he has a good
what adversagement the Central Coach shot at winning the Central Coast

Hodges? All he did Saturday was win the 100 and 200 and help Santa Cruz to a runner-up finish in the 400meter relay.

Hodges and Myles are developing quite a rivalry. They ran against each other for the fourth time this season in the 200 meters. "Myles has beaten me twice, and I beat him at Los Gatos," Hodges said. "It goes back and forth '

Hodges evened the series with a narrow win. He crossed the finish line in 22.2 — less than a tenth of a second ahead of Myles.

Matt Weaver of Aptos also won two events. He squeaked past Jamie Jones of North County to take the 800 in 1:58.7, and edged Jaime Marshall of Santa Cruz to capture the mile in 4:28.1

This meet had it all - even a little

Two shot-putters were disqualified for not being dressed in team-issued uniforms. Soquel's James Poli was scratched after he had already made three throws. That led to the dis qualification of Santa Cruz's Marcus

We just decided to follow the rules, said Gary McConnell. "At the region and section (meets), there's no leeway. Boom, you're out."

One sad note related to the mee was the death three weeks ago of former SLV track and cross-country coach Gordon Rash. The meet was dedicated to his memory



Wes Borgstedt won the discus and the shot put to help Soquel end NMC's streak.

Ilnicki, **Pirates** champs

Healthy star sparks league-meet crown

> By BOB LINNEMAN Sentinel Correspondent







Christian McCuen of Aptos skies 13 feet 6 inches to win the pole vault at the Santa Cruz Coast Athletic League championships Saturday. Soquel won the meet to end North County's string of five straight titles. Story on B2.

SOQUEL - Last year at this time, Harbor distance runner Kelly Ilnicki was injured and unable to compete in the Santa Cruz Coast Athletic League Track Championships

As a result, North Monterey County won its second consecutive league title by six points over ... you guessed it, Harbor.

This year, however, Ilnicki is healthy. How healthy?

Well, healthy enough to cross the finish line first three times, and healthy enough to run the third lan

Girls' track

on the Pirates' winning mile-relay team Saturday at Soquel High.

Ilnicki's performance led Harbor to an easy (40-point) win over second-place North County

It was a long afternoon for Ilnicki as she dominated the distance events, but she and the rest of the Pirates kept going and dethroned North County.

Just when she'd finish one long race, she discovered she didn't have the luxury of having any rest. "It's really hard," Ilnicki laughed. "You say, 'OK, now you've got it,' then coach says, 'All you've got left is the

Harbor also had other catalysts Ilnicki is one of four seniors who hold the Harbor team together. The Pirates might have been also-rans without the other three - Kristan Knight, Michelle Morse and Margaret Irvine - because each contributed significantly Saturday.

Ilnicki, Knight, Morse and Irvine accounted for seven of the Pirates' 10 victories. The others were re-corded by freshman Dina Moore (100



Harbor High, with Vickey Allegri taking the baton from Kristen Knight for the second leg of the race, won the 400-meter relay with a time of 50.1



Maria Shanle of Santa Cruz High nearly fell in the 100meter low hurdles, but she still managed to finish in third place with a school-record time of 15.7.

and 200) and Vickey Allegri (long

Moore was also in on both relay victories for Harbor, meaning that her part in the Pirates' team championship included four first places during the long afternoon.

"It is going to be nice having her for another three years," Harbor Coach Bob Enzweiler. "But basically, it was our four seniors that we counted on.'

Allegri was a big part of the Pirate blitz. She won the long jump, was second in the 200, third in the 400, and participated on a winning relay.

It was in the long jump that she really soared. She needed only one jump to win the event and break her own school record at the same time. sailing 17 feet 2 inches.

"I have been psyching myself up

for the past couple of days," Allegri said. "I really hit it well."

In all, the Pirates won eight out of the 10 running events. Plus the long jump and the 300-meter low hurdles. Knight won that event for the Pirates.

Second-place North County scored many of its points in the field events. The Condors' Christy Bruno won the discus with a throw of 112 feet, and teammate Angel Fowler won the triple jump with a jump of 34-4.

Santa Cruz High came in third place without the luxury of winning an event. The Cardinals set two school records, though. One in the 400 relay, and Beth Burns in the triple jump.

Lynette Mungai finished second in two events both times behind Ilnicki. "I'm was a little disappointed with my splits," Mungai said. "But overall, I'm real happy."

Racers were setting a torrid pace in the first lap of the mile. "We ran about a 75 (second) split, when we should have been running about 78," Mungai said

Soquel finshed third, while Watsonville and Aptos rounded out