

Diehl wins state heptathlon

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BAKERSFIELD — College of San Mateo's Chris Diehl won the heptathlon with 4,417 points and Jennifer Ruff won the discus with a throw of 145-0 in the women's California Community College Track and Field Championships Saturday night.

In the men's meet, Kevin Marks placed in two events and Skyline's Jesse Carr placed in the 400 meters.

Diehl won the heptathlon by over 100 points. Second-place Tricia McGruder of Fresno CC accumulated 4,301 points. Diehl also placed in a fourth-place tie in the regular portion of the state meet high jump with a leap of 5-3, off her lifetime best (and school record) 5-7.

Ruff, a Sequoia High grad, won the discus by five feet. She also placed sixth in the shot put at 40-9.

Marks threw 52-4¼ to place third in the shot put and threw 148-10 to place sixth in the discus.

Carr finished fourth in the 400 in 47.0.

Taft's Harlan Davis was picked as the meet's outstanding male athlete. Davis won the 200 meters in 20.1 seconds, added a winning 45.9 in the 400 meters and anchored Taft's winning 400- and 1,600-meter relay teams.

JC STATE TRACK MEET At Bakersfield (Winners and local placers) all distances in meters

Men

100 — 1, Juan Tobin (Pasadena) 10.3; 200 — 1, Harlan Davis (Taft) 20.1; 400 — 1, Harlan Davis (Taft) 45.9; 800 — 1, Jesse Carr (Skyline) 47.0; 1,500 — 1, George Kersh (Taft) 1:49.1; 1,500 — 1, George Kersh (Taft) 3:51.4; 3,000 steeplechase — 1, Bill Lind (Long Beach) 9:28.2; 5,000 — 1, Steve Neubaum, Modesto, 14:51.5; 110 hurdles — 1, Carter Jefferson (Taft) 13.7; 400 hurdles — 1, Bernard Ellison (Shasta) 50.4; 400 relay — 1, Taft (Barry Bacon, Lincoln Townsend, Devon Goodlow, Harlan Davis), 38.9, meet record; old record 39.56, Pasadena, 1982; 1,600 relay — 1, Taft (Lincoln Townsend, Darryl Prevosti, Kevin Scott, Harlan Davis), 3:06.4; Hammer — 1, Scott Biber Thaler (Fresno) 189.5; SP — 1, Ken Lowther (Moorpark) 55-3¼; 3, Kevin Marks, San Mateo, 52-4½; LJ — 1, Juan Tobin (Pasadena) 25-1½; Javelin — 1, Craig Johnson (Grossmont) 215-1; TJ — 1, Marcus Hooks (Long Beach) 53-½; PV — 1, Pat Frederick (Taft) 16-6; HJ — 1, Derrick Moore (Long Beach) 7-1; DT — 1, Milton Hartogh (Diablo Valley) 153-6; 6, Kevin Marks, San Mateo, 148-10; Decathlon — 1, Shawn Wilbourn (Sequoias) 7,270 points.

Team scores — 1, Long Beach, 113. 2, Taft, 111. 3, Pasadena, 42. 4, San Diego Mesa, 30. 5, (tie): Sacramento, Fullerton, 22. 7, Mt. SAC, 21. 8, (tie): Sequoias, Riverside, 18. 10, Shasta, 17. 11, (tie): Grossmont, Sierra, 16. 13, (tie): San

Jose, L.A. Trade Tech, Glendale, 14. 16, Fresno; 12. 17, (tie): Bakersfield, Diablo Valley, Mira Costa, Modesto, Moorpark, 10. 22, Foothill, 9. 23, (tie): Merritt, San Joaquin Delta, 8. 25, (tie): San Francisco, San Mateo, Contra Costa, Cuesta, El Camino, Orange Coast, Porterville, Santa Monica, West Valley, 6. 34, (tie): Allan Hancock, Skyline, 4. 36, Yuba 2. 37, (tie): Santa Rosa, Siskiyous, Santa Barbara, 1.

Women

100 — 1, Dionne Gardner (Mt. SAC) 11.9; 200 — 1, Julia Turing (Cuesta) 23.7; 400 — 1, Julie Harris (Mt. SAC) 53.4; 800 — 1, Anette Ronnerman (Foothill) 2:10.8; 1,500 — 1, Kathryn Krieger (Cuesta) 4:37.2; 3,000 — 1, Janice Sellon (Mt. SAC) 10:05.3; 100 hurdles — 1, Candy Chen (Mt. SAC) 14.0; 400 hurdles — 1, Candy Chen (Mt. SAC) 1:02.76; 400 relay — 1, El Camino (A.D. Thomas, Scherice Heichen, Tami Allen, Cecilia Thomas), 45.5; 1,600 relay — 1, Mt. SAC (Shelby Adams, Dionne Gardner, Candy Chen, Julie Harrison), 3:42.9; Heptathlon — 1, Chris Diehl (San Mateo) 4,417 points; DT — 1, Jennifer Ruff (San Mateo), 145-0; HJ — 1, Janine Bonin (Delta) 5-10½, meet record; old record 5-10 by Kathy Raugust, Hartnell, 1981; 4, (tie) Chris Diehl, San Mateo 5-3; Javelin — 1, Heta Umufuke (Foothill) 155-4; LJ — 1, LaShawn Simmons (Mt. SAC) 18-11; SP — 1, Sheri Spertling (El Camino) 46-9¼; 6, Jennifer Ruff, San Mateo, 40-9; TJ — 1, Jackie Anderson (San Diego Mesa) 40-6.

Team scoring — 1, Mt. SAC, 114. 2, El Camino, 61. 3, Cuesta, 48. 4, San Diego Mesa, 44. 5, Foothill, 40. 6, San Mateo, 21¾. 7, (tie): Mira Costa, San Joaquin Delta, 16. 9, Fullerton, 14. 10, Long Beach, 13¾. 11, (tie): San Jose, Cerritos, 13. 13, (tie): Orange Coast, Saddleback, 12. 15, Santa Rosa, 11. 16, (tie): Chabot, Modesto, 10. 18, (tie): Diablo Valley, Fresno, San Diego, 8. 21, (tie): Contra Costa, Hartnell, 7. 23, American River, 6¾. 24, (tie): Bakersfield, Grossmont, San Bernardino, 6. 27, Sequoias, 5. 28, (tie): De Anza, Sacramento, 4. 30, Santa Monica, 3. 31, (tie): Kings River, Moorpark, Redwoods, West Valley, 2. 35, Ventura 1. 36, Marin ¾.