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## Ames leads tracksters to third place PCAA finish

by **Tim Hearden**  
*Daily Aztec sportswriter*

The San Diego State women's track and field team placed third in the Pacific Coast Athletic Association championship meet Friday and Saturday in Logan, Utah.

Fresno State won the event with 170 points, followed by UC Irvine with 125, SDSU with 106 and Nevada-Las Vegas with 91.

"We did an excellent job," SDSU coach Jim Cerveny said. "The best thing about this meet was the team effort. All four areas — jumps, throws, distance and sprints — scored in this meet."

The Aztecs were buoyed by the performance of Gaylen Ames. She competed in six events, doing well in all of them.

In the triple jump, Ames, whose mark of 41-9 1/2 three weeks ago qualified her for the NCAA Championships, set a stadium record Friday with a jump of 38-5, taking first in the event.

She placed fourth in the long jump Saturday with a mark of 18-5 1/2 inches.

She recorded personal bests in the 100- and 400-meter hurdles. Her time of 14.03 in the 100 was good for second place, as was her 59.03 in the 400.



**JIM CERVENY**

She ran a leg in the 4x100 relay, and the foursome finished third in 47.40.

She ran a leg in the 4x400 relay, running 55.94 as the Aztecs took fifth with a time of 3:53.47.

"She had a hell of a day," Cerveny said. "She was our most valuable runner and competitor."

Friday, Diane Collier took second in the javelin with a throw of 151-8, a personal record.

In the long jump, Angela McKnight finished second with a mark of 19-1 1/2, and Karen Nilson recorded a lifetime best with a fifth-place finish in the 400 with a time of 55:41.

In the heptathlon, Kartsie Leppaluoto missed first place by 24 points, finishing second with 4,324, behind UNLV's Deanne Moyle.

The surprise points for the Aztecs came in the 3,000-meters, Cerveny said. Jennifer Sheffo was third with a time of 10:37, Cynthia Sullivan fourth in 10:44 and Kim Currie fifth in 10:44.

Please see PCAA on page 10.

## SPORTS

# PCAA

Continued from page 7.

"This was a good meet for us," Cerveny said. "We as a young team scored more than last year (92 points in 1987), and we have more people coming back.

"It wasn't like the Irvine meet, where 96 out of our 125 points came in the 800- to the 3,000-meters."

In the high jump, Veronica Wuerfel finished fourth with a jump of 5-7  $\frac{1}{4}$ , and Lora Stowe tied a lifetime best of 5-5.

Two Aztecs achieved lifetime

bests in the shot put. Laura Standing finished fourth with a throw of 42-8, and Louise Joubert took eighth with a throw of 39-9  $\frac{1}{4}$ .

"I don't think it came down to any one person," Cerveny said. "It was a team effort. That's the good part of it."

If the Aztecs' meet had come down to one event, though, it might have been the triple jump, in which SDSU was first, second and fourth. Sharie Green was second with a jump of 38-4  $\frac{1}{4}$ , and McKnight was fourth with a mark of 37-6  $\frac{1}{2}$ .

"Although the distances weren't up to par, it was pouring rain," SDSU coach Gary Stathas said. "Gaylen hasn't jumped all year, and all you have to do is tell her something during the meet and she does it."

Another athlete who impressed SDSU coaches was Leppaluoto in the heptathlon. Her 17-2 long jump was a lifetime best, while her 114 in the javelin was a season best. She also ran a 3:43.6 in the 800-meters.

"Kartsie was impressive," Stathas said. "She was having a hamstring fatigue and was icing it the night before the meet, but she put it out of her mind."

SDSU distance coach Tom Lux said he was impressed with the Aztecs' performances in the 3,000-meters. Along with the third, fourth and fifth-place finishers, SDSU got an eighth-place performance from Kristen Peterson.

"The best we thought we'd get was a fifth," Lux said. "They're all underclassmen. They ran especially well today."