

1988 California BEST MARKS LIST



By DOUG SPECK & MIKE KENNEDY

The following are believed to be the best marks achieved by California Preps during the 1988 Track & Field season. - = senior, * = junior, ** = sophomore, *** = frosh. "c" following a mark means a time that is converted from the yard or metric equivalent distance.

Left to right: Gordon Johnson, Darius Frelix & Mark Senior.
Fine Flicks by Don Gosney

MEN

100 Meters

10.48	-Quincy Watts (Taft, Woodland Hills)
10.49	*Barry Smith (Mission, San Francisco)
10.55	-Brian Bridgewater (Washington, LA)
10.58	**Donovan Burks (Washington, LA)
10.61	*Curtis Conway (Hawthorne)
10.63	-Dan Dinkins (Carson)
10.64	*Jeff Laynes (Oakland)
10.65	-Darren Stringer (Vacaville)
10.76	*Beno Bryant (Dorsey, LA)
10.77	-Benari Burroughs (Independ., SanJose)
10.77	*Leslie Haymon (Edison, Fresno)

Wind-Aided:

10.28	-Brian Bridgewater (Washington, LA)
10.42	-Benari Burroughs (Independ., SanJose)
10.52	-Darren Stringer (Vacaville)
10.53	**Donovan Burks (Washington, LA)
10.53	*Anthony Crouts (Yerba Buena, SanJose)
10.54	-Bonzell Jenkins (Silver Crk, San Jose)
10.56	-Tony Miller (Riordan, San Francisco)
10.60	-Ron Harris (Valley Christian, San Jose)

200 Meters

20.53	-Brian Bridgewater (Washington, LA)
20.67	-Quincy Watts (Taft, Woodland Hills)
21.20	-Benari Burroughs (Independ., SanJose)
21.22	*Curtis Conway (Hawthorne)
21.31	-Michael Stevenson (Morse, San Diego)
21.36	*Barry Smith (Mission, San Francisco)
21.37	**Donovan Burks (Washington, LA)
21.43	-Ron Harris (Valley Christian, San Jose)

21.47	-Darren Stringer (Vacaville)
21.48	*Jeff Laynes (Oakland)
20.78	Wind-Aided:
21.10	*Barry Smith (Mission, San Francisco)
21.10	-Benari Burroughs (Independ., SanJose)
21.44	-Bonzell Jenkins (Silver Crk, San Jose)

400 Meters

46.67	-Quincy Watts (Taft, Woodland Hills)
46.84	-Travis Hannah (Hawthorne)
47.22	-Michael Stevenson (Morse, San Diego)
47.41	-Ferric Webster (Morningside, Inglewd)
47.49	-Frank Jones (Hoover, Fresno)
47.67	-Khelvin Pratt (Crenshaw, LA)
47.90	*Beno Bryant (Dorsey, LA)
48.00	*Simon Jones (Washington, LA)
48.05	*Nate Wright (Oakland)
48.0	-Tony Miller (Riordan, San Francisco)

800 Meters

1:50.25	-Mark Senior (Mt. Miguel, Spring Valley)
1:50.75	-Joe Amendt (Lick, San Jose)
1:51.69	*Gordon Johnson (Piedmont)
1:51.75	-Scott Smoot (Vacaville)
1:51.96	-Darius Frelix (Washington, LA)
1:52.22	*Eric Smith (Redlands)
1:52.55	*Frances O'Neill (San Pasqual, Escond)
1:52.56	-Edgar Montes (Nogales, La Puente)
1:52.7	-Derrick Miller (Johnson, Sacramento)
1:52.9	-Luis Luna (Vacaville)
1:52.92	-John Carrow (Esperanza, Anaheim)

One Mile

4:10.24c	-Reggie Williams (River City, W.Sacto)
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4:10.43	-Jim Geerlings (Newport Harbor)
4:11.12c	-Ian Alsen (Granada Hills)
4:11.87c	-Joe Devine (Saugus)
4:12.21c	-Jim Robbins (Corona del Mar)
4:12.51c	**Coley Candaele (Carpinteria)
4:12.81c	-Brian Ochs (MissCollPrep, SanLuisOb)
4:13.48c	-Kevin Berko (Covina)
4:14.68	-Steve Zirkelbach (Concord)
4:15.32c	*Frances O'Neill (San Pasqual, Escond)

Two Mile

9:02.29	-Reggie Williams (River City, W.Sacto)
9:02.70c	-Ian Alsen (Granada Hills)
9:04.73c	*Scott Hempel (Walnut)
9:05.55c	-David Scudamore (Palos Verdes)
9:06.08c	*Eddie Lavelle (Corona del Mar)
9:06.24c	*Jim Rodriguez (Santa Ana Valley)
9:06.57c	-Jeff Gilkey (Arroyo, El Monte)
9:06.75c	-Shannon Winkelman (Marina, Hunt Bch)
9:09.66c	**Bryan Dameworth (Agoura)
9:09.94c	-Javier Barrera (Dana Hills)

110 Meter High Hurdles

13.95	-Ron Copeland (Dorsey, LA)
14.25	-Darrell Thompson (Cerritos)
14.29	-John Montgomery (Independ., San Jose)
14.29	*William Henry (Arroyo Grande)
14.33	-Zack Uribe (Capuchino, San Bruno)
14.35	-Diatori Gildersleeve (Grant, Sacto)
14.38	-Chris Gordon (Jefferson, Daly City)
14.44	-Bryan Addison (Chatsworth)
14.46	*Dean Dunbar (Hawthorne)
14.46	-Sylvester Barron (Crenshaw, LA)
14.46	-Eric Kieling (Crespi, Encino)

High School Best Marks List

Wind-Aided

13.88 -John Montgomery (Independ., San Jose)
 14.37 -Martin Greer (Silver Crk, San Jose)
 14.40 -Dion Phillips (Silver Crk, San Jose)

300 Meter Intermediate Hurdles

36.43 -John Montgomery (Independ., San Jose)
 36.44 -Kevin Jones (Mt. Miguel, Spring Valley)
 37.08 *Nate Wright (Oakland)
 37.17 -Diatori Gildersleeve (Grant, Sacto)
 37.25 -John Berry (Ygnacio Valley, Concord)
 37.37 -Anthony Hale (Garden Grove)
 37.3c -Kevin Dallas (Pasadena)
 37.4 -Marcus McFarland (Castlemont, Oak)
 37.70 -Zack Uribe (Capuchino, San Bruno)
 37.80 -Bryan Addison (Chatsworth)
 37.6 -Ron Copeland (Dorsey, LA)

400 Meter Relay

41.05 Washington, Los Angeles
 41.14 Oakland
 41.22 Hawthorne
 41.25 Taft, Woodland Hills
 41.40 Poly, Long Beach
 41.46 Tulare
 41.49 Crenshaw, LA
 41.50 Fontana
 41.54 Independence, San Jose
 41.57 Eisenhower, Rialto

1600 Meter Relay

3:10.46 Hawthorne
 3:13.69 Dorsey, LA
 3:14.0 Independence, San Jose
 3:15.18 Morningside, Inglewood
 3:15.23 Poly, Long Beach
 3:15.55 Oakland
 3:15.93 Crenshaw, LA
 3:16.10 Washington, LA
 3:16.11 Mt. Miguel, Spring Valley
 3:16.33 Silver Creek, San Jose

High Jump

7-2 -Reggie Betton (Antelope Vly, Lancaster)
 7-1 -Andre LaCoste (Lakewood)
 6-11 *Mark Wilson (Charter Oak, Covina)
 6-10.75 -Craig Short (Santa Fe, Sante Fe Sprgs)
 6-10.25 -Colman Conroy (St. Ignatius, San Fran)
 6-10 **Ruben Hendrix (South Bakersfield)
 6-10 *Ricky Pickett (Clovis)
 6-10 *Kevion Keane (De la Salle, Concord)
 6-9.25 -Ed Cogan (Notre Dame, Sherman Oaks)
 6-9.25 ?Brian Negrette (El Cajon)

Pole Vault

17-0.75 -Matt Warwick (Hesperia)
 16-9.5 -Tom Parker (Notre Dame, Sherman Oaks)
 16-6 -Tom Richards (San Marcos, SantaBarb)
 16-4 -Dave Noel (Edison, Huntington Bch)
 15-9 -Mike Dietch (Arroyo, El Monte)
 15-8 -Jay Bettinger (Chatsworth)
 15-7 -Matt Lehman (San Dieguito, Encinitas)
 15-6 -Rick Lotterer (San Pasqual, Escondid)
 15-4 -Mike Guevara (Clovis West, Clovis)
 15-3 -Andrew Curran (Crespi, Encino)
 15-3 -R.W. Henson (Newport Harbor)

Long Jump

25-2.75 -Diatori Gildersleeve (Grant, Sacto)
 23-10.75 *Glen Reyes (Orange Glen, Escondido)

23-10.5 *James Stallworth (Tulare)
 23-10 *Ed Stewart (Oroville)
 23-9.25 -Ron Martin (Chatsworth)
 23-9 -Brynee Hudson (Pomona)
 23-8 -Derrick Baker (Cerritos)
 23-6.75 -Charlie Tyler (Edison, Huntington Bch)
 23-6.5 -Billy Wright (Edison, Fresno)
 23-6 *William Dancy (Santa Ana Valley)

Wind-Aided

25-2.75 -Diatori Gildersleeve (Grant, Sacto)
 24-1 -Ken McKelvey (Independence, SanJo)
 23-11.25 -Frank Jones (Hoover, Fresno)
 23-9.25 -Ed Carbin (Washington, Fremont)
 23-7.75 -Tim Prince (Logan, Union City)
 23-7 -J.J. Cisneros (Los Alamitos)

Triple Jump

51-2.5 -Tim Prince (Logan, Union City)
 50-8 -Tyrone Scott (Mesa Verde, CitrusHts)
 50-5.5 -Damon Carson (San Diego)
 50-3.5 -Charles Huff (La Jolla)
 50-0.5 -Diatori Gildersleeve (Grant, Sacto)
 49-6 -Mingo Hosey (Pasadena)
 49-1.25 **Billy Ivey (Edgewood, West Covina)
 49-0.5 *Russell White (Crespi, Encino)
 48-11.5 *Patrick Scott (Wilson, Long Beach)
 48-11.5 *Lenny McGill (Orange Glen, Escondido)
 Wind-Aided
 51-3 -Tyrone Scott (Mesa Verde, Citrus Hts)
 50-11.75 -Diatori Gildersleeve (Grant, Sacto)
 50-0.25 *Tony Rogers (Johnson, Sacramento)
 49-8 *Lenny McGill (Orange Glen, Escondido)

Shot Put

64-0.5 -Kaleaph Carter (Edison, Huntingon Bch)
 62-3.5 **Brent Noon (Fallbrook)
 62-0.75 *Joe Hicks (San Benito, Hollister)
 61-6 -Rick Fuller (Arroyo, El Monte)
 60-5.5 -Jason Miller (Clovis West, Clovis)
 59-9 -Ro James (Enterprise, Redding)
 58-4 -Chris Carter (Jesuit, Sacramento)
 58-2.5 *Joe Bailey (Wilson, Long Beach)
 58-2 -John Wirtz (Leland, San Jose)

Discus Throw

199-10 -John Wirtz (Leland, San Jose)
 186-2 -Kaleaph Carter (Edison, Huntington Bch)
 178-11 -Damiean Jenkins (Saugus)
 177-11 -Rick Fuller (Arroyo, El Monte)
 177-4 **Brent Noon (Fallbrook)
 175-4 *John Fowler (Los Altos)
 174-2 -Mike Stubblefield (Taft)
 173-7 -Chris Carter (Jesuit, Sacramento)
 173-6 -Greg Hirschler (Lompoc)
 173-6 *John Gallagher (Palm Desert)

WOMEN

100 Meters

11.28 *Angela Burnham (Rio Mesa, Oxnard)
 11.64 **Inger Miller (Muir, Pasadena)
 11.80 -Simone Cain (Hueneme, Oxnard)
 11.99 -Deaudra Wheeler (Hawthorne)
 12.11 *Debra Hamilton (Locke, LA)
 12.13 *Annette Coleman (Carlmont, Belmont)
 12.18 -Sheri Bertell (Mission Viejo)
 12.20 **Kee-Sha Adams (Hawthorne)
 12.20 **Felicia Jones (St. Elizabeth, Oakland)
 12.22 *Chris Williams (Vallejo)

Wind-Aided

11.26 *Angela Burnham (Rio Mesa, Oxnard)
 11.43 **Inger Miller (Muir, Pasadena)
 11.66 -Deaudra Wheeler (Hawthorne)
 11.70 -Simone Cain (Hueneme, Oxnard)
 11.93 -Sheri Bertell (Mission Viejo)
 11.95 *Annette Coleman (Carlmont, Belmont)

200 Meters

23.45 *Angela Burnham (Rio Mesa, Oxnard)
 23.59 **Inger Miller (Muir, Pasadena)
 23.59 -Simone Cain (Hueneme, Oxnard)
 24.25 *Roslyn Mack (St. Francis, Mtn. View)
 24.41 *Chris Williams (Vallejo)
 24.45 -Crystal Irving (Poly, Long Beach)
 24.48 -Deaudra Wheeler (Hawthorne)
 24.54 *Tarsha Handy (Mitty, San Jose)
 24.55 -Sheri Bertell (Mission Viejo)
 24.63 *Annette Coleman (Carlmont, Belmont)

400 Meters

53.95 **Tanya Dooley (Bret Harte, AngelsCmp)
 54.17 *Angela Rolfe (Dorsey, LA)
 54.48 -Crystal Irving (Poly, Long Beach)
 54.73 *Roslyn Mack (St. Francis, Mtn. View)
 54.93 -Andreen Alvarenga (Mitty, San Jose)
 55.1 -Simone Cain (Hueneme, Oxnard)
 55.48 -Tonya Irick (Apple Valley)
 55.49 **Jeanine Stewart (Duarte)
 55.62 *Kim McAllister (Locke, LA)
 55.5 *Debra Hamilton (Locke, LA)

800 Meters

2:11.0 *Kim McAllister (Locke, LA)
 2:11.62 -Courtney Clark (Las Lomas, WalCrk)
 2:11.89 *Tarsha Handy (Mitty, San Jose)
 2:12.0 -Kristina Hand (Fallbrook)
 2:12.11 *Kathi Roldan (Mt. Whitney, Visalia)
 2:13.26 -Kristi Bache (University, San Diego)
 2:13.31 ***Becky Spies (Livermore)
 2:13.63 -Andrea Sansom (Glendora)
 2:14.29*****Shalynn Carr (Elementary, LaVerne, CA)
 2:14.44 **Gina Westby (Torrey Pines, Del Mar)

One Mile Run

4:51.24c *Kira Jorgensen (Rancho Buena Vista, Vi)
 4:52.45c -Tracey Williams (Mtn. View, El Monte)
 4:52.63c **Karen Hecox (So Hills, West Covina)
 4:53.01c *Rayna Cervantes (Montebello)
 4:53.49c -Robbyn Bryant (Hesperia)
 4:54.41c -Janet bowie (Woodside)
 4:55.71 -Kristi Bache (University, San Diego)
 4:56.81c -Katy McCandless (Castilleja, Palo Alto)
 5:00.0 **Beth Bartholomew (Fremont, Sunnyvl)
 5:02.33c **Nicole Robbins (Hesperia)

Two Miles

10:19.74c **Karen Hecox (So Hills, West Covina)
 10:22.42c *Rayna Cervantes (Montebello)
 10:28.80c -Katy McCandless (Castilleja, Palo Alto)
 10:29.21c *Kira Jorgensen (Rancho Buena Vista, Vi)
 10:35.02c -Jennifer Ashe (Leland, San Jose)
 10:45.62c -Nicole Houle (Hesperia)
 10:48.96c *Jamie Park (Santa Barbara)
 10:50.81c *Ashley Black (Palos Verdes)
 10:51.09c -Tracey Williams (Mtn. View, El Monte)
 10:51.82c ***Deena Drossin (Agoura)

100 Meter Low Hurdles

13.81 *LaTanya Davenport (Locke, LA)

High School Best Marks List

13.86	-Michelle DeCoux (Bishop O'Dowd, Oak)
13.99	***Keri Sanchez (Santa Tera, San Jose)
14.00	**Felicia Lipscomb (Santa Monica)
14.01	-Sharon Edmonds (Hawthorne)
14.15	-Sharon Swift (Eisenhower, Rialto)
14.16	*Suzanne Kerho (Mission Viejo)
14.25	-Regina Weatherford (Locke, LA)
14.27	*Aldora George (Upland)
14.29	Lisa Hale (Riverside Poly)
Wind-Aided	
14.11	*Aldora George (Upland)
14.26	-Sharon Polley (El Molino, Forestville)
14.28	-Lisa Fisher (Gunn, Palo Alto)

300 Meter Low Hurdles

42.16	-Michelle DeCoux (Bishop O'Dowd, Oak)
42.78	-Regina Weatherford (Locke, LA)
42.96	***Keri Sanchez (Santa Teresa, San Jose)
43.47	*Cindy Byrne (Canyon, Canyon Country)
43.75	*Kim Young (Madera)
43.95	-Sharon Edmonds (Hawthorne)
44.00	-Ada Alger (Sequoia, Redwood City)
44.30	-Danielle Reaves (Esperanza, Anaheim)
44.1	*Kathi Roldan (Mt. Whitney, Visalia)
44.43	***Shanee Somerville (Palm Springs)

400 Meter Relay

46.73	Hawthorne
47.07	St. Francis, Mountain View
47.35	Rio Mesa, Oxnard
47.42	Muir, Pasadena
47.66	Locke, LA
47.71	Dorsey, LA
48.01	Poly, Long Beach
48.08	Morse, San Diego
48.09	Crawford, San Diego
48.19	Esperanza, Anaheim

1600 Meter Relay

3:47.14	Locke, LA
3:47.32	Hawthorne
3:48.28	Corona del Mar
3:48.62	St. Francis, Mountain View
3:50.14	Muir, Pasadena
3:51.10	Mitty, San Jose
3:51.22	Pomona
3:51.57	Woodbridge, Irvine
3:53.14	Dorsey, LA
3:53.35	Poly, Long Beach

High Jump

6-0	-Celia Willis (Clovis West, Clovis)
5-11.25	*J.C. Broughton (Woodland)
5-10	-Karol Damon (Redlands)
5-10	**Crissy Mills (Campbell Hall, NoHollywd)
5-10	*Lynn Patrick (Serra, San Diego)
5-9.75	-Mary Prince (Paradise)
5-8	*Lori Svoboda (El Dorado, Placentia)
5-8	***Kari Gibbs (Glendora)
5-8	*Edwina Ammonds (Roosevelt, Fresno)
5-8	**Kris Kurras (Poway)
5-8	***Karyn Armstrong (TorPines, Del Mar)
5-8	*Melanie Clarke (El Cam Real, WoodHls)
5-8	*Marilyn Cragin (Miraleste, Palos Verdes)

Long Jump

19-5.75	-Tonya Conner (Barstow)
19-0	**Nicole Smith (Montclair Prep, VanNuys)
18-11	-Marlo Aubert (Milpitas)
18-8.75	*Annette Coleman (Carlmont, Belmont)

18-8.5	*Mariee Veltman (Leland, San Jose)
18-8	*Lynette Christian (Dorsey, LA)
18-5.75	**Yolanda Burton (McAteer, San Fran)
18-4	-Heidee Ruiz (Los Gatos)
18-4	-Melynee Bass (Vacaville)
18-3.5	*Kim Young (Madera)

Wind-Aided

19-4.5	*Annette Coleman (Carlmont, Belmont)
18-9.5	-Heidee Ruiz (Los Gatos)
18-5.5	*Rene Santibanes (Leigh, San Jose)
18-4.5	-Mary Bittner (Rio Mesa, Oxnard)
18-4	*Kim Young (Madera)

Triple Jump

40-9.75	-Althea Moses (Morningside, Inglewood)
40-8.75	*La Frania West (Grossmont, La Mesa)
39-9.5	***Keri Sanchez (Santa Teresa, San Jo)
39-6.5	-Carlene Turner (Muir, Pasadena)
39-2.75	*Marji Gilles (Burbank)
39-2	**Stacy Thompson (Morse, San Diego)
38-11.75	*Roshanda Glenn (West Covina)
38-7	*Rachelle Johnson (Patrick Henry, SanD)
38-6.5	**Lisa Fager (Mission Viejo)
38-6.5	*Ally Kolb (Monte Vista, Cupertino)

Wind-Aided

40-4.5	***Keri Sanchez (Santa Teresa, San Jo)
39-4	**Linda Fager (Mission Viejo)
38-6.25	-Lisa Gill (Alemany, Mission Hills)

Shot Put

48-2.5	**Dawn Dumble (Bakersfield)
45-7	-Tracy Wilson (Taft, Woodland Hills)
44-9.5	-Heidee Ruiz (Los Gatos)
44-8.5	-Jennifer Wheelchel (Agoura)
44-4	-Melanie Jones (Poly, Long Beach)
43-10.25	-Laura Hughes (Orange Glen, Escondido)
43-5	**Angie Arrington (Palmdale)
43-1.75	*Jennifer Viavia (Madison, San Diego)
42-3.75	**Melisa Weis (Bakersfield)
42-2.75	-Michelle Cortez (Delano)

Discus

163-0	**Melisa Weis (Bakersfield)
158-4	*Alison Franke (Canyon, Anaheim)
156-0	**Dawn Dumble (Bakersfield)
*154-8	*Jennifer Peters (Gunn, Palo Alto)
153-9	**Reneeka Williams (Nogales, LaPuente)
149-0	-Donna McKinnen (Yreka)
145-7	-Heidee Ruiz (Los Gatos)
145-0	**Candy Roberts (Don Lugo, Chino)
142-6	-Kelsey Allen (CapistrVly, Mission Viejo)
142-0	-Micheline Shaeffer (Carpinteria)



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