

NCS

Prep track

Meet of Champions

BERKELEY — Saturday's results from the North Coast Meet of Champions, which was held at Edwards Stadium. Race distances in meters. Top four advance to the State Championships at Cerritos College in Norwalk:

BOYS

Discus — Jason Sisneros, Logan, 166 feet, 4 inches; Joe Caspers, Pittsburg, 162-7; Chris Robinette, California, 160-4; Kamran Tazdel, Washington (Fremont), 157-1.

Triple jump — Tim Prince, Logan, 47 feet, 4¾ inches; Rich Laccay, Moreau, 45-5¾; Kevin Keane, De La Salle, 45-4; Marvin Brown, Pittsburg, 45-1¼.

400 — Dan Earls, Acalanes, 49.22; Angelo Sablo, Logan, 49.39; Andy Sample, Antioch, 49.46; Dingan Newson, Albany, 49.70.

1,600 — Steve Zirkelbach, Concord, 4:19.24; Dennis Hernandez, Mission San Jose, 4:19.84; Greg Crosley, Monte Vista, 4:22.92; Eric Bellamy, Moreau, 4:24.15.

Shot put — Chris Robinette, California, 56 feet, 1 inch; Lenny Gomes, Montgomery, 52-11; Tim Boerum, Redwood, 52-6¾; Brian Remington, Antioch, 51-8.

100 — Aaron Turner, Pittsburg, 11.24; Darrel King, Ygnacio Valley, 11.34; Tim Green, Acalanes, 11.34; James Robinson, Clear Lake, 11.44.

200 — Darrel King, Ygnacio Valley, 22.13; Aaron Turner, Pittsburg, 22.14; Marvin Samuels, Livermore, 22.23; Tim Green, Acalanes, 22.46.

800 — Gordon Johnson, Piedmont, 1:53.32; Scott Sutch, Acalanes, 1:54.83; Leon Rountree, O'Dowd, 1:55.70; Jeff Sorkness, Santa Rosa, 1:55.71.

110 HM — Eddie Carbin, Washington-Fremont, 14.74; Dennis Reading, Fortuna, 14.74; Matthew Wachowicz, De La Salle, 15.14; Rex Speer, Terra Linda, 15.24.

300 IM hurdles — John Barry, Ygnacio Valley, 37.33; Darrien Hawkins, St. Mary's, 37.95; Dennis Reading, Fortuna, 38.15; Eddie Carbin, Washington, 39.34.

High jump — Kevin Keane, De La Salle, 6-9; Gabe Manville, Santa Rosa, 6-8; Kwame Thompson, St. Mary's, 6-8; Tim Prince, Logan, 6-8.

400 relay — Ygnacio Valley, 42.10; Pittsburg, 42.13; Richmond, 43.12; Moreau, 43.20.

3200 — Steve Zirkelbach, Concord, 9:20.00; Rob Scott, San Ramon Valley, 9:23.44; Kevin Berkowitz, Hayward, 9:24.08; Matt Johanson, Castro Valley, 9:24.11.

1600 relay — Acalanes, 3:18.54; Ygnacio Valley, 3:20.26; James Logan, 3:20.37; Fortuna, 3:22.34.

GIRLS

High jump — Brooke Knight, Clayton Valley, 5 feet, 4 inches; Kim Cox, Granada (Livermore), 5-4; Renee Sandberg, Amador Valley, 5-3; Jackie Hurt, Analy, 5-1.

Long jump — Tara Didyk, California, 17 feet, 5½ inches; Cara Hullberg, Santa Rosa, 17-3; Allison Banks, Drake, 17-1; Danita Williams, Benicia, 16-11¾.

100 — Sharon Polley, El Molino, 12.48; Felicia Jones, St. Elizabeth, 12.67; Jenny Travis, Granada, 12.83; Angela Evans, Richmond, 12.91.

400 — Erin McLaughlin, Alhambra, 58.52; Celia Taylor, Encinal, 58.94; Stacey Alcott, Granada, 59.22; Tanisha Robinson, El Cerrito, 59.27.

400 relay — Logan, 49.79; Richmond, 49.84; Bishop O'Dowd, 49.88; Northgate, 49.93.

1,600 — Dana Bjornsen, Campolindo, 5:05.39; Melissa Pardini, Northgate, 5:06.50; Michelle Ferguson, Piner, 5:07.24; Sheila Burke, Marin Catholic, 5:11.29.

100 LH — Michelle De Caux, Bishop O'Dowd, 14.14; Sharon Polley, El Molino, 14.34; Andrea Swift, Benicia, 14.44; Bridget Taylor, Logan, 14.84.

200 — Sharon Polley, El Molino, 26.44; Rachel Buckner, California, 26.83; Stacy Alcott, Granada, 26.92; Kerry Gracia, San Marin, 26.92.

300 LH — Michelle DeCaux, O'Dowd, 43.0; Andrea Swift, Benicia, 45.37; Christie Boyd, Foothill, 45.64; Lori Hokerson, Clayton Valley, 46.32.

800 — Courtney Park, Las Lomas, 2:11.62; Becky Spies, Livermore, 2:13.31; Rosana Sansone, Marin Catholic, 2:16.59; Alicia Jones, Redwood, 2:17.09.

Shot put — Julie DeJarlais, Las Lomas, 38-2; Charmain Firl, Newark Memorial, 37-11½; Debbie Leatham, Logan, 37-3½; Michelle Stranaham, Liberty, 36-1¼.

3200 — Dana Bjornsen, Campolindo, 11:15.74; Michelle Ferguson, Piner, 11:18.54; Sarah Riley, Campolindo, 11:20.94; Jennie Dempsey, Analy, 11:21.54.

1600 relay — Bishop O'Dowd, 3:57.27; Kennedy-Richmond, 3:58.66; Northgate, 4:02.53; Logan, 4:03.55.

Triple jump — Stephanie Hanf, Ygnacio Valley, 36-3; Amey Mitchell, Rancho Colate, 35-11½; Bridgette Taylor, Logan, 35-11; Lynette Parker, Logan, 35-9¾.